

Ferguson Times

Established 1894 Oct. 1999

CITY OF FERGUSON, MO.

October, 2014

Serving Ferguson and Surrounding Communities



Ferguson Farmers' Market

CELEBRATING OUR 12TH YEAR!

Note: All Events Subject to Possible Change

Saturday October 4th:

- Missouri Extension Office – Questions and Answers on Fall Harvesting
- Music: Maybelle the Cat Band 9-11AM

Saturday October 11th:

- Fall Festival:
 - Pumpkin Carving
 - Candy Apples Sales
 - Fall Flowers and Gourds
- Author's Fest:
 - T.W. Fendley – *Zero Time*
 - L.S. Murphy – *Reaper, Neighbors, One More Day & A Reason to Stay*
 - Connie Brown – *Simple Wisdom Nuggets, Encouragement*
- Music: Not Wired Right



Saturday, October 18th:

- Louie (St. Louis Blues Mascot) 9-11AM
- Music: BLUE GILL BUDDIES



Saturday October 25th:

- Halloween Party 9-11:30AM
 - Costume Contest
 - Trick or Treating at the Market
- Homemade Caramel Apple Sale
- Music: Terry Beck



Come Visit Us Saturdays thru October 8am - Noon
 20 S. Florissant, at the Victorian Plaza
 (just south of the train trestle)
 Check our our website, FergusonFarmersMarket.com
 "LIKE" us on facebook

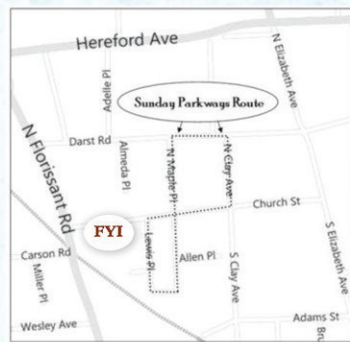


FERGUSON SUNDAY PARKWAYS & Teen Festival 2014

Old Ferguson East Neighborhood & FYI Backbay (110 Church St.)

it's free Sunday, October 12 1-4 pm

- Festivities will include:
- Live Bands
 - Basketball
 - Climbing Wall
 - Obstacle Course
 - Smoothies
 - Raffles
 - Food



www.livewellferguson.com www.fyiferyouth.org



The caption of this illustration is:
YOU CAN'T STOP TIME . . .
 but you can turn your clocks back one hour on Sunday, November 2nd at 2:00 a.m.
 This 2001 US public service advertisement reminded people to adjust clocks.

PRSRST STD
 U.S. POSTAGE
 PAID
 ST. LOUIS, MO
 PERMIT No. 05158

Food Truck Monday on the Walk Last one of the year!



MONDAY, OCTOBER 20 11am to 2 pm

Plaza @ 501 501 South Florissant Road

For all participating trucks go to: www.fergusoncitywalk.com

CITYWALK CONCERT SERIES

PLAZA AT 501
 Upcoming Shows...

Kingdom Brothers
 Blues
 Friday, October 10
 7:00 p.m. - 9:00 p.m.

SuperJam
 Rock
 Sunday, November 2
 5:00 p.m. - 9:00 p.m.
 Concert in partnership with the Ferguson Twilight Ramble.

Free Concerts. Bring a blanket or lawn chair. Coolers are permitted. No glass.
 Concessions available for purchase on-site.
 501 S. Florissant Rd.
 For more information call 314-524-5197 or email citywalk@fergusoncity.com
www.fergusoncitywalk.com

If You Have Items of Interest, Contact The Ferguson Times – 314-524-1958



Greetings from CityWalk

Be a Doer. . . Get Involved

Membership and participation is a continuous effort and it involves everyone to communicate to others the importance of the full involvement of businesses and citizens.

--David Pope, *Ferguson Focus*, May, 1989

As was yesterday, is today! Being a part of something that is bigger than an individual is the only way we can grow our community. It's always been that way and will always be that way.

Brian Fletcher has spearheaded the "I 'heart' Ferguson" campaign in an effort to show the metro area as well as the nation and world what Ferguson is all about. Fletcher and his group has helped our community come together to tell everyone why Ferguson is our 'Community of Choice.' If you don't have your yard sign or T-shirt, you will find someone at the Corner Coffee House to help you. Together, we can show the world what it means to be a community.

There are others that have stepped up. **Ferguson Proud** is a Face Book group that has been supporting all of the businesses in Ferguson. They not only back the businesses that have seen horrible things happen to their business location, but also the ones that have lost revenue because their customers do not want to get caught up in the middle of the commotion.

We are all in this together. If our local businesses are not able to operate as usual, they lose revenue. If they lose revenue, the city loses revenue from the lack of tax dollars being generated. If the city doesn't generate enough money from the businesses through their sales, our roads, parks and other infrastructure are neglected. It is up to us as citizens to remind our neighbors and friends that our community needs them to continue on our journey to make the place we live, the place we raise our children, the best place that it can be. Now is the time to get involved. We will bring Ferguson back to what it was! Let's take the time, step up and make it happen.

Every third Thursday of the month is The Ferguson Special Business District board meeting. We meet at 5:30pm in the offices of Pearce Neikirk and Associates located at 427 S. Florissant Road. Our next meeting is October 16 and all businesses in the downtown district are invited. All I am asking is that all businesses join together and help put Ferguson in a positive spotlight!

Until next month, I'll be walking 'The Walk,' taking the steps to move Ferguson forward! Would you like to join me?

Investing in Ferguson.



Maureen Zeugin
Financial Advisor

409 S. Florissant, Suite 101
Ferguson, MO 63135
314-524-6333

www.edwardjones.com
Member SIPC



Edward Jones
MAKING SENSE OF INVESTING

TWO NEW ASSISTANT PRINCIPALS AT MCCLUER HIGH SCHOOL

Ferguson-Florissant School District acting superintendent Lawrence Larrew has announced the appointments of Jennifer Andrade and Tracee Lewis as assistant principals at McCluer High School for the 2014-15 academic year. Both appointments were approved by the Ferguson-Florissant School District Board of Education.

Ms. Andrade has been employed by the District since 2002. She has served as a Vocal Music teacher as well as Dean of Students for Ferguson Middle School. She is a 2007 graduate of Lindenwood University, where she obtained a master's degree in Educational Administration.

Dr. Lewis, who has worked in the Ferguson-Florissant School District since 1997, began as a middle school English teacher before becoming a high school guidance counselor in 2004. She received a master's degree in School and Professional Counseling from Lindenwood University in 2003 and a master's in Educational Administration in 2011, also from Lindenwood. In 2013 she earned a doctor of education degree in Educational Leadership from Maryville University.

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net
Copy or ads for the paper must be received by the 15th of the month for insertion in the following month's paper.

The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

Leaves turning colors, days getting shorter, temperatures dropping, pumpkins showing up at the market, mums in full bloom, football owns network TV on the weekend, baseball playoffs in full swing. It must be October and time for the fall edition of the Plumbers. Crack.



One way this can be cured is to turn off the main water supply. Go to the lowest fixture and open the faucets. Do the same at the fixture at which you are hearing the knocking. When it's drained, close your fixtures and turn the main water supply back on. After it's filled go to all your faucets and slowly

open them slowly letting the air out. This will recharge your air chambers.

Yes my friends it's getting to that time of year again when things go from pretty to ugly and time to get ready for ugly on the plumbing side also. It's time to remove your hoses from those outside faucets. If you don't have an anti freeze hydrant be sure to shut off the water on the inside and drain it down on the outside. Leaves will be falling this month so make sure your outside drains stay clear of leaves and other debris. Keep gutters clear, especially when they tie into your drain system. Check your sump pump just like you do in the spring; make sure the outlet is clear of any debris. If you have storm windows install them now, especially ones near your water piping and fixtures. I'll try and remember your winter tips next month.

In recent years the plumbing code is now required that mechanical hammer arresters be installed. You put them on individual fixtures or put larger ones in for a group of fixtures. Or you can even put one on the incoming water line. So if you order a new dishwasher from a box store and they tell you they have to charge you extra when they get there to install it they are putting in a hammer arrester because the code calls for it. They are not ripping you off.

It's that time again. Yes, it's time for the word of the month. Here it is: AIR CHAMBER. It's a piece of pipe that extends your water line above the fixture it's serving and is capped .

One more thing I would like to go over briefly is pipe rattling or banging. First of all, don't bang your pipes you could hurt your hand and maybe your pipe. No, really, if you have a real heavy chattering that sounds like your house is falling apart you probably have a loose washer on your faucet or shut off valve. Or it could be your shut off valve is not open all the way which can cause it to vibrate.

Well my friends it's time to end another exhilarating issue of the Plumbers Crack. Hope you gained a little helpful knowledge or got to nod off for some well needed rest.

As always, more so now than ever, check on and get to know your neighbor. Check on the elderly and offer a ride if they need to get out. Hug and nurture your children and get involved in your city.

If you get a knocking noise your air chamber could be compromised.

God Bless You all Oh Baby

Premier Plumbing Solutions

P8563, D8563



Say "I Love Ferguson" When presented your bill and receive..... **\$10 OFF**

Dave Walters (Oh Baby)

Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222

IF YOU LIVE IN AN OLDER HOME AND YOU WANT TO HELP "MAINTAIN YESTERDAY FOR TOMORROW"

CALL BOB 524-1264



See Bob on Job column on Page 17

To the Ferguson Times Readers:

To all the emails, letters, and telephone calls that I have received in the last six weeks, I have a response:

The purpose of the *Ferguson Times* is to represent Ferguson and North County in a positive light; to showcase events and happenings that would attract and promote new businesses and residents to our area. It also is a means for the people of Ferguson to keep abreast of meetings and organizations, local ordinances and a way to introduce new and present residents to Ferguson City officials and services.

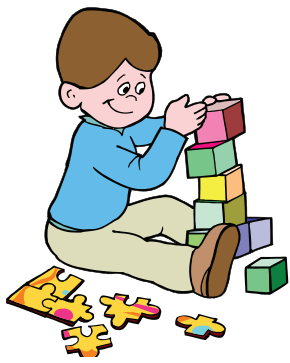
The paper was never meant to be an open forum for political or personal views. I know I have failed in this respect on many occasions, but I still stand by that position. As you can imagine, the last few weeks have been very difficult to keep the positive aspect front and foremost.

My only interest in continuing to publish the *Ferguson Times* is for the betterment of Ferguson. I am very proud of my city and its residents, and want to tell the world about the wonderful place I call my hometown.

Dorothy Sieter
Owner and Publisher for 15 years

Time for Two's

with Moms, Dads and Grandparents



Ferguson-Florissant School District
Early Education Building,
1005 Waterford Drive
Florissant, Missouri 63033

**Adult participates with
his or her child**
Tuesdays 9:30 – 11 a.m.
starting October 7th

Call Today! 506-9889
extension #7179

Emphasis is placed on activities involving the
senses:
tasting, feeling, smelling and hearing

City of Ferguson FLU SHOT CLINIC

Thursday, October 9, 2014
9:00 a.m. - 11:00 a.m.

City Hall, 110 Church Street
Council Chamber

In association with the Visiting Nurse Association (VNA)

Cost: \$30

Cash or Check if not covered by insurance.

Commercial Insurance Plans: Anthem Blue Cross Blue Shield
Health Plans, Coventry Health Care
Medicare Advantage Insurance Plans: Coventry Advantage
Plans, Essence, Humana, and Traditional Medicare Part B

- Due to new Missouri legislature, pregnant women or children less than 3 years of age can only receive Preservative Free flu vaccine which is given at the Creve Coeur VNA Clinic.
- Consult your physician if you have ever had an allergic reaction to the flu shot, eggs, egg/chicken products, Thimerosal, or latex products. You cannot receive a flu vaccine if you currently have a fever or respiratory illness, if you have ever had Guillain-Barre' syndrome, or if you currently have an active, uncontrolled neurological disease.
- All children 17 years and younger must be accompanied by a parent or grandparent.
- For a no-needle approach, VNA offers Flu Mist. (Restrictions may apply.)

Ribbons of Hope



Ribbons with encouraging words such as "Peace," and "Love," adorn the fence at Victorian Plaza. The idea was Dana Sebastian Duncan's. The Ferguson Youth Initiative also hung ribbons on the fence in front of the burned out Quick Trip on West Florissant. Ribbons are being collected from all around the St. Louis community. After word was put out to the American Art Therapy Association, ribbons have been arriving from Wisconsin, Texas, and Ohio, and more are coming from New York, D.C. and Florida.

A booth was set up at the Ferguson Farmers Market to make ribbons.

Save the Date 11/30/14

FERGUSON NORTHERN LIGHTS

Victorian Plaza
20 S. Florissant Rd.

For parade, vendor or sponsor application
call 314-524-5197
or go to www.fergusoncitywalk.com

Student Jordan Harden Wins NFTE Challenge

Jordan Harden, a student at McCluer South-Berkeley High School in the Ferguson-Florissant School District, took first place June 27 in the Network for Teaching Entrepreneurship (NFTE)'s St. Louis Regional Youth Entrepreneurship Challenge. Jordan will compete in the NFTE's National Youth Entrepreneurship Challenge on October 9, 2014 in Mountain View, Calif. (Silicon Valley), with a chance to win up to \$25,000 in prizes.



Jordan was one of 34 area students who attended the St. Louis Start It Up BizCamp June 16-25, which was offered through funding from MasterCard and partnerships with Saint Louis University's Center for Entrepreneurship, the St. Louis Science Center, College Bound, InspireSTL, the St. Louis Urban League, Ferguson Youth Initiative and the Riverview Gardens School District.

Jordan took first place honors and won \$500 with his idea, NeoStrings (magnetic shoelaces). He is one of two area semi-finalists who will advance to the national challenge in October, all expenses paid, where he will pitch his idea to a panel of business leaders and investors.

Ferguson Community News Page

Statement from Ferguson Police Chief Tom Jackson

As many of you know, my name is Tom Jackson and I'm the Chief of Police for the City of Ferguson. The unfortunate happenings in our city over the past month have not only sent shocks through our community, but all around the world. Overnight, I went from being the Chief of a suburban police department of approximately 50 officers; to being part of an international conversation about racism and issues of equality and how policing fits into that discussion.

As the Chief of Police in Ferguson, I want to be a part of that conversation and I want to be part of the solution. But, before we can participate in any further discussions about broader issues, I want to say something about the one single thing that brought us to this point – the death of Michael Brown.

I want to say this to the Brown family: no one else can know the pain that you feel. Personally, I am truly sorry for the loss of your son. I am also sorry for the time it took to remove Michael from the street. You have every right to be angry and upset. The time that it took involved the completion of the work of the investigators to preserve physical evidence and determine the facts, but four and half hours was simply too long. Please know that the investigating police never intended disrespect to Michael, to the Brown family, the Canfield neighborhood or the African American community. If that is the way it appeared to you or anyone else at the time, I personally apologize for that.

There were many people who were upset about what happened, who were grieving the loss of Michael Brown and who came to peacefully protest in Ferguson. Unfortunately, there were others who had different things in mind. I do want to say that I am sorry to any peaceful protestor who believes that I didn't do my best job of protecting people and supporting the Constitution and everyone's First Amendment rights to peacefully protest and publicly grieve here in Ferguson. The right of the people to peaceably assemble is what the police are supposed to protect. If anyone who was peacefully exercising that right is upset and angry, I feel responsible for that and I am sorry.

I am also aware of the pain and the feeling of disrespect that is felt among many members of the African American Community of Ferguson. This City belongs to all of us and we are all part of the same community. It is clear that we all have much work to do. As a community, a city and a nation, we have real problems to solve, not just in Ferguson, but in the entire region and beyond. For any mistakes I have made in any of this, I take full responsibility. It is an honor to serve the people of the City of Ferguson as Chief of Police. I am now and will continue to cooperate in any investigation. I will be ready to help if you will allow me to be part of the change that helps the City to move forward.

Thank you and I want to again apologize to the Brown family.

The Ferguson City Council will meet twice in September. The meetings will be held in the City Council Chambers at 110 Church Street.

The meeting dates are:
Tuesday, October 14 at 7:00 p.m.
Tuesday, October 28 at 7:00 p.m.

Ferguson Neighborhood Organizations Dates & times subject to change. Check www.fergusoncity.com

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Oct 7 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assc.	Oct 9 7 pm	Corner Coffee House 100 N Florissant	Kate Mazzacavallo katemazza@yahoo.com
Nesbit-Newton	Oct 23 7 pm	St Peters UCC 1425 Stein Rd	Paul Beins 314-869-5080
North Hills Neighborhood Assc.	Oct 7 6:30 pm Ferg Nite Out	Spring Valley Park 7486 Halpin Dr	Keith Kallstrom 314-524-1720
Northwest Ferguson Ferguson Hills, Ferguson Fields & Pauline Park	Oct 2 7 pm	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Corner Coffee House 100 N Florissant	Glenda Rickard 314-364-4306 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Oct 16 7 pm	Ferg Community Ctr. 1050 Smith	Vicki Salsman 314-522-3883
Robert-Superior Neighborhood Group	Oct 21 6 pm	Robert-Superior Park	Craig Kidd 314-522-3151
Southwest Ferguson Neighborhood Group	Oct 7 6-7 pm Ferg Nite Out	Our Lady of Guadalupe 17 Hawkesbury	Ken Barnadyn 314-524-5254
Wabash Neighborhood Assn.	TBA 7 pm	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com

Change Your Clocks – Change Your Batteries

As fall approaches the Ferguson Fire Department would like to remind you of the importance of having properly installed smoke detectors in your homes.

Why should I have a working smoke alarm?

A properly installed and maintained smoke alarm is the only thing in your home that can alert you and your family to a fire 24 hours a day, seven days a week. Whether you're awake or asleep, a working smoke alarm is constantly on alert, scanning the air for fire and smoke.

According to the National Fire Protection Association, almost two-thirds of home fire deaths resulted from fires in properties without working smoke alarms. A working smoke alarm significantly increases your chances of surviving a deadly home fire.

Install smoke alarms in key areas of your home

Install smoke alarms on every level of your home, including the basement. Many fatal fires begin late at night or early in the morning, so the U.S. Fire Administration recommends installing smoke alarms both inside and outside of sleeping areas.

Since smoke and many deadly gases rise, installing your smoke alarms at the proper level will provide you with the earliest warning possible. Always follow the manufacturer's installation instructions.

Smoke alarm maintenance

Is your smoke alarm still working? Smoke alarms must be maintained! A smoke alarm with a dead or missing battery is the same as having no smoke alarm at all. Remember to test them monthly and replace the batteries according to manufacturer's recommendation.

A smoke alarm that sounds while you're cooking or taking a shower with lots of steam is just doing its job. Disabling a smoke alarm or removing the battery can be a deadly mistake.

The Ferguson Fire Department is happy to provide the citizens of Ferguson with smoke detectors free of charge but supplies are limited. (Proof of residency required)

Have a safe and happy fall!

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Mark Byrne, Ward 1; Kim Tihen, Ward 1; Dwayne James, Ward 2; Tim Larson, Ward 2; Keith Kallstrom, Ward 3; David G. Conway, Ward 3. City Manager: John Shaw. Public Relations Intern, 314-524-5229.

City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Page

Be sure to get up to the Recreation Office to register or call us at (314) 521-4661.



The Ferguson Recreation Office has moved! The office is now located in the new Community Center at 1050 Smith Ave.

Community Center

The City of Ferguson is excited to offer a diverse range of programming at the newly opened community center including fitness classes, youth programming, teen programming, senior programming, and fun family activities. The building will consist of a fitness area, a game room, gymnasium, internet café, locker rooms, multi-purpose rooms, senior center, and a teen center. The building will be open Monday through Friday from 6:00 a.m. to 9:00 p.m., Saturday from 8:00 a.m. to 9:00 p.m., and Sunday from 1:00 p.m. to 5:00 p.m.

The Community Center will be available for rentals for special events, meetings, and parties as well as provide space for a variety of community groups such as neighborhood associations, civic groups, and other local organizations to meet. The multi-purpose rooms will be able to house a small meeting up to a larger event.

We have extended the promotional period until the end of October! Come in before Friday, October 31 and receive \$10 off of any single membership, \$20 off of any family membership, and also receive 13 months instead of the normal 12 month membership.

Media and Materials - Traditional Uses & Beyond

This series of art classes will teach techniques and allow for guided exploration of art media and materials. The overall objective of this series is to enhance artistic confidence and creative expression. Specific media explored will include Oil Pastel, Chalk, Paper Sculpture and Mixed Media. A final "Gallery Exhibition" will be planned following the class to celebrate this creative process. Each week will focus on a specific media, with one additional "Open Studio" class as an opportunity to fine tune chosen media and techniques.

Week 1: Oil Pastel

Week 2: Chalk

Week 3: Paper Sculpture

Week 4: Mixed Media

Week 5: Open Studio

Week 6: Exhibit

Age: Children's Class: ages 8-12 Adult Class- ages 19+

Date: Wed, Oct 15 (6 week session)

Time: Wed, 4:00 p.m. - 5:30 p.m. (Children)

Wed, 6:00 p.m. - 7:30 p.m. (Adult)

Location: Ferguson Community Center

Fee: \$120/Members; \$130/Residents; \$140/Non-Residents

Tiny Tot Tumbling

A wonderful opportunity for a child to learn simple steps and enjoy tumbling with other children.

Age: 3 ½ - 7

Date: Wed, Oct 8 (8 week session) Time: Wed, 6:00 p.m. – 7:00 p.m.

Location: Ferguson Community Center

Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Petite/Ballet Dance

A wonderful opportunity for a child to learn simple steps and routines including tap and ballet.

Age: 3 ½ - 7 years old

Date: Wed, Oct 8 (8 week session)

Time: Wed, 7:00 p.m. – 8:00 p.m.

Location: Ferguson Community Center

Fee: \$34/ Members; \$39/Residents; \$44/Non-Residents

Hip Hop/ Jazz Dance

Have fun while getting lots of exercise learning hip-hop and jazz techniques.

Age: 7-12 years old

Date: Wed, Oct 8 (8 week session)

Time: Wed, 8:00 p.m. – 9:00 p.m.

Location: Ferguson Community Center

Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Aerobics

This fitness program is designed for all skill levels. High Impact will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 18 years & up

Date: Ongoing 6 week sessions

Time: Mon & Wed 6:00 p.m. – 7:00 p.m.

Location: Ferguson Community Center

Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

Total Fit

"Constantly varied, high-intensity, functional movement." Come by and see for yourself.

Age: 18 years & up

Date: Ongoing 6 week sessions

Time: Sat 12:00 p.m. – 1:00 p.m.

Location: Ferguson Community Center

Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Yoga

Increase balance, ability to focus/concentrate, develop a strong core & powerful legs, build strength, and enhance muscle tone, circulation, flexibility, posture, coordination, & range of motion. Enhance body, mind & spirit through movement, meditation & deep breathing.

Age: 18 years & up

Date: Ongoing 6 week session

Time: Tues & Thurs 7:00 p.m. – 8:00 p.m.

Location: Ferguson Community Center

Fee: \$35/Members; \$40/Residents; \$45/Non-Residents

Tai Chi

The slow, dance-like speed of Tai Chi facilitates balance, flexibility, and calmness, with an emphasis on deep breathing. Tai Chi benefits your mind and body by relieving stress, improving balance, and promoting an active lifestyle. The cost for a 6 week Tai Chi session is \$34 for members, \$39 for residents, and \$44 for non-residents. Sign up today!

High Impact Aerobics

Want to improve your cardiovascular health and burn off those pounds? Our high-impact class involves exercises that get both feet off the ground to really get your heart pumping. Classes are offered three days a week. It's easy to get a routine started. So if you're ready to burn off those pounds, give high-impact aerobics a try. The cost for an 8 week session is \$19 for members, \$24 for residents, and \$29 for non-residents for one punch card.

Zumba

Latin inspired, dance-themed workout featuring aerobic & interval training with a combination of fast & slow rhythms that tone & sculpt the body. Ditch the workout and join the party!

Age: 18 years & up

Date: Ongoing 6 week session

Time: Mon & Wed 4:00 p.m. – 5:00 p.m.

Location: Ferguson Community Center

Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Fitness Challenge

Join this group and try to lose weight. Each participant weighs in weekly and tracks their weight loss goals.

Age: 13 years & up

Date: TBD Time: Weekly

Location: Ferguson Community Center

Fee: FREE/Members; \$2/Residents; \$5/Non-Residents

Tai Chi

The slow, dance-like speed of Tai Chi facilitates balance, flexibility, and calmness, with an emphasis on deep breathing and mental imagery. Tai Chi benefits your mind and body by relieving stress, improving balance, and promoting an active lifestyle.

Age: 60 years & up

Date: Ongoing 6 week session

Time: Tues & Thurs 1:30 p.m. - 2:30 p.m.

Location: Ferguson Community Center

Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Senior Fitness

Have fun and move to the music through a variety of exercises designed to increase cardiovascular health, muscular strength, and range of movement, balance, coordination, and activity for daily living skills. A chair is used for seated and/or standing support. MSROM means muscular strength & range of movement.

Age: 60 years & up

Date: Ongoing 6 week sessions

Time: Mon & Wed 10:00 a.m. – 11:00 a.m.

Location: Ferguson Community Center

Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Total Fit

"Constantly varied, high-intensity, functional movement." Come by and see for yourself.

Age: 18 years & up

Date: Ongoing 6 week sessions

Time: Sat 12:00 p.m. – 1:00 p.m.

Location: Ferguson Community Center

Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Ripped

High energy cardio exercise class that involves a variety of cardiovascular activities. This cardio class will help motivate you and challenge your existing workout.

Age: 14 years & up

Date: Ongoing 6 week sessions

Time: Mon & Wed 7:00 p.m. – 8:00 p.m.

Location: Ferguson Community Center

Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Continued on Page 6

Ferguson Parks and Recreation (Continued from Page 5)

Senior Fitness

Have fun and move to the music through a variety of exercises designed to increase cardiovascular health, muscular strength, and range of movement, balance, coordination, and activity for daily living skills. A chair is used for seated and/or standing support. MSROM means muscular strength & range of movement.

Age: 60 years & up Date: Ongoing 6 week sessions
Time: Mon & Wed 10:00 – 11:00 a.m. Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents

Tai Chi

The slow, dance-like speed of Tai Chi facilitates balance, flexibility, and calmness, with an emphasis on deep breathing and mental imagery. Tai Chi benefits your mind and body by relieving stress, improving balance, and promoting an active lifestyle.

Age: 60 years & up Date: Ongoing 6 week session
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Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Wayside Park Unleashed

This park is for the dogs, accompanied by responsible owners, to play without leashes. The facility offers a great opportunity for individuals to spend quality time with their dogs and friends while enjoying the park. The park features both small dog and large dog areas.

The park is open from 7:00 a.m. to 9:00 p.m. daily. Registration is required and can be completed at the recreation office. Owners will need to bring up-to-date shot records: rabies, DHPP and Bordetella. Half off for the remainder of 2014!
Yearly Fee: \$15 Residents; \$30 Non-Residents
\$5 per additional dog (three dogs per family).

3 on 3 Men's Basketball League

Grab 3 of your closest friends and join the Ferguson Recreation 3 on 3 men's basketball league. Teams are made of 4 players allowing for one substitution. There will be seven weeks of games with 1 week of playoffs.
Ages: 18 and up Days: Tuesdays
Times: 6:00 p.m. - 9:00 p.m. Location: Community Center

Adult Coed Kickball Tournament

Come out to Forestwood Athletic Complex and test your skills this fall at the Ferguson Parks and Recreation Kickball Tournament! Each team will receive a free shirt for each player on the team. All games will have an official umpire and players will be provided with refreshments. The winning team will receive a trophy! The tournament will be held on Saturday, November 22. All teams are guaranteed at least 2 games. For more information call the Recreation Office at (314) 521-4661.

Ages: 18 and up Date: Sat, Nov. 22 Location: Forestwood Park

Sunday Parkways

Run, walk, bike, and play in the Old Ferguson East Neighborhoods free of automobile traffic! Sunday Parkways are FREE community events hosted in Ferguson neighborhoods on Sunday afternoons from 1:00 p.m. – 4:00 p.m. Enjoy a variety of fun activities for all ages including rock climbing, tennis, dance classes, rocket building, life-size checkers, free helmets and much, much more!

Sunday, October 12th, 1:00-4:00 pm, Old Ferguson East, Free!

Twilight Ramble

The 5th Annual Twilight Ramble is returning to Ferguson on Sunday, November 2. 1 mile, 5 mile and 15 mile bicycle rides will begin at 3:00 p.m. and ramble on into the evening. Live entertainment, free helmets, and a healthy cookout will be provided at the Plaza at 501. Registration is free and required. For more information, contact the Recreation office at (314) 521-4661 or visit www.twightramble.com

Date: Sunday, November 2 Time: 2:00 p.m. Location: Plaza @ 501
Fee: Pre-Registration is required

Ferguson Trunk Treat Night

Please join us for a fun filled night of free popcorn, lemonade, puppets, trunk treat candy and a decorated walk through January Wabash Memorial Park with more candy!! Registration will be at the First Baptist Church. Please enter at the glass doors facing Florissant Rd. Come dressed and ready to have a great time! The Halloween Fest is for Ferguson children up to 12 and their parents. Families can choose to participate in the Parks Halloween walk activities or the Baptist church activities or both. All children must be accompanied by an adult. Volunteers are needed, call Jon at 521-4661 for more information.

Friday, October 31 6:00 - 8:00 p.m.
First Baptist Church/JW Park Free for Ferguson Residents

Doggie Wag n' Walk

The 2nd annual Doggie Wag n' Walk event will start at 2:00 p.m. at the Dog Park on October 26 and offers an open house along with two courses: a 2.5 (1.5 miles) & a 3.5 K (2.1 miles) course. Participants don't need to be a member of the Dog Park for the open house or the walk from 1:00 p.m. -4:00 p.m. Registration costs \$10 for the walk only, which includes a shirt and some giveaways. For additional info call 314-521-4661.

Date: Saturday, October 25 Time: 1:00 p.m. – 4:00 p.m.
Location: Wayside Park Unleashed Fee: \$10

Yahtzee

No need to know the rules; just come and expect a good time at our next Yahtzee scheduled at the NEW Ferguson Community Center. Great prizes,

good food and lots of laughter are in store. We'll start the afternoon chowing down to a great tasting lunch. After lunch, the excitement begins with 3 thrilling games of Yahtzee. Door-to-door transportation via the Jolly Trolley is available for Ferguson residents. Advance registration is required.

Date: Thurs, Oct 30 – Time: 11:30 a.m. - 2:30 p.m.

Location: Ferguson Community Center

Fee: \$8/Members; \$12/Residents; \$16/Non-Residents;

Cardinal Nation

Go Cards! Let's find out what all the hype is about at the New Ballpark Village with our 1st stop being a behind the scenes tour of the ballpark. On today's tour we'll visit the radio broadcast booth, see the World Series trophies in the Champions Club, and imagine you're a big leaguer in the dugouts. Then we head to the new Hall of Fame Museum that was created to honor the players and personalities who have had the greatest impact on the franchise. Next you choose from the many different eating establishments available (lunch is on your own).

Date: Tues, Oct 7 Time: 9:00 a.m. - 2:00 p.m.

Fee: \$40/Residents; \$45/Non-Residents

Branson, Missouri

Join us for a fall Branson get-away that includes accommodations at the Savannah House, featuring breakfast each morning and a warm treat each evening, 5 shows and a train ride. These 3 days are packed solid, so be ready! Shows include: Jonah, at the Sight and Sound Theatre, Red, Hot and Blue, Hughes Brothers, Dublin's Irish Tenors and Celtic Ladies plus Pierce Arrow. 5 meals are also included with this package.

Date: Thurs, Oct 9 - Sat, Oct 11 Time: 7:00 a.m. - 8:30 p.m.

Fee: \$480/Residents; \$505/Non-Residents (double-occupancy)

Isle of Capri – Booneville

Grab your good luck charms and join us for some super fun as we head to Booneville, Missouri to the Isle of Capri Casino for a great afternoon of gambling. Today we will enjoy a buffet lunch that is included at the Farmers Pick restaurant. Following lunch everyone will receive \$5 cash to get your gaming started. Before leaving town we will make a stop at the Russell Stover's Outlet Store where they have some awesome deals on chocolate and other delicious candy.

Date: Wed, Oct 15 Time: 9:00 a.m. - 6:00 p.m.

Fee: \$34/Residents; \$39/Non-Residents

Oktoberfest Alpine Helen, Georgia

Accommodations in the Heart of Helen Georgia, Admission to Oktoberfest Festival, Live Music and Celebrations throughout the village, Fantastic Bavarian Architecture and Shopping, tour of the countryside, Old Sauttee Store, Hofbrau House Restaurant and Store, and more!!! 4 Breakfasts, 3 Dinners

Date: Tues, Oct 21 - Sat, Oct 25 Time: 7:00 a.m. - 10:00 p.m.

Fee: \$810/Residents; \$835/Non-Residents (double-occupancy)

Village of the Blue Rose

Dine in a beautiful, rural setting with a breath-taking view of the Mississippi River! The food is delicious, the surroundings invite you to take your time and enjoy the calm, quiet setting and gentle caring staff. Perched on a hill in Pike County, Missouri the property is located on Highway 79 halfway between historic Clarksville and scenic Louisiana, Missouri. After a great visit we'll head to Clarksville for a bit of exploring before heading back to Ferguson.

Date: Wed, Oct 29 Time: 9:00 a.m. - 6:00 p.m.

Fee: \$58/Residents; \$63/Non-Residents

Gambling in Oklahoma/Downstream Casino

This overnight "Gambling Getaway" takes us along the OK-MO-KS border to a "Las Vegas Style" casino! Downstream Casino is unique in location. The casino is in Oklahoma. The hotel which is in the same building is in Missouri. The parking lot is in Kansas. You are in 3 states at the same time! On the way home we'll be stopping at the Indigo Sky Casino. Also on Thursday, a side trip will be included to Sandstone Gardens in Joplin, Missouri. Comps for this trip include: \$25 worth of slot play, 1 lunch and 1 dinner and \$3 off in the food court. This is the total between both casinos. Cost includes: motor coach transportation, lodging, taxes and gratuities.

Date: Wed, Nov 5 - Fri, Nov 7 Time: 7:00 a.m. - 8:00 p.m.

Fee: \$138/Residents; \$153/Non-Residents (double-occupancy)

Six Flags Fright Fest

Our Halloween adventures continue! Get ready for thrills, chills, and fun! Enjoy all the rides and attractions at Six Flags. Be sure to bring money for food and drink, spaces are limited so sign up early. Come join us for some scary fun!

Age: Teens 13-17

Date: Saturday, October 18 Time: 12:00 p.m. – 11:00 p.m.

Location: Ferguson Community Center

Fee: \$20/Residents; \$25/Non Residents

Bountiful Feast Bingo

For a cornucopia of fun, make plans to attend this fall's harvest-time lunch and bingo. A bountiful lunch consisting of roasted turkey and stuffing, green beans and pumpkin pie will be served. Then try your hand at bingo. We'll also have lots of attendance prizes with chances to win plus a bit of entertainment too!

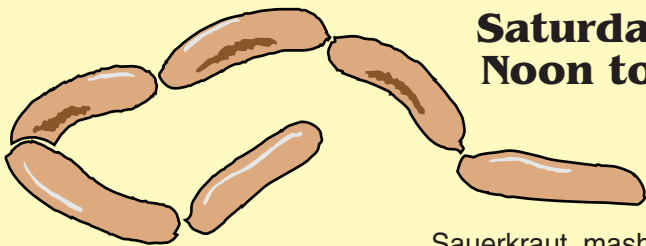
Date: Thurs, Nov 13

Time: 12:00 p.m. - 3:00 p.m.

Location: Ferguson Community Center

Fee: \$12/Members; \$17/Residents; \$22/Non-Residents

Immanuel Wurstmarkt



**Saturday, Nov. 1st
Noon to 7:30 p.m.**

Carry-Outs Available

All-You-Can-Eat – Family Style
\$10 Adults
\$5 Children

Sauerkraut, mashed potatoes, green beans, applesauce, pie and specially processed sausage

Dinner held in Fellowship Hall at Church and Maple Streets

Our Lady of Guadalupe Parish is...



YEARS OLD

Save the date to join us for a walk down memory lane.

**SUNDAY, OCT. 12
1:30 - 4:00 p.m.**

Our Lady of Guadalupe Catholic Church
1115 S. Florissant Road
Ferguson

Meals On Wheels Needs Volunteers

We are looking for volunteers to deliver hot meals to our community Seniors 60+ who are homebound. This service allows them to remain independent in their homes. Time commitment is 1-2 hours per week. Mileage is reimbursable.

Please call Theresa or Dave at 314-741-1930 to offer your services.

Financial Literacy Series



Your Ferguson Library is happy to offer a new Financial Literacy Series. Beginning October 1 at 7:00 p.m., Tony Dansberry of US Bank will discuss how to make the most of your bank. It's FREE, of course, and no RSVP is needed. Call 521-4820 for more information.

The Series will continue on the first Wednesday of each fiscal quarter with various topics and speakers. We thank Tony for volunteering to present and helping to develop this series.

Trunk or Treat



October 31st – 6pm-8pm

Ferguson Church of the Nazarene, 1309 N. Elizabeth Ave.

Trunk or Treat is a safe and family-friendly party on Halloween. Children enjoy trick-or-treating by going from trunk to trunk to receive candy from costumed car owners. Please come and join us!

For more information, call (314) 522-3388.

www.fergusonchurch.org

Facebook: Ferguson Church of the Nazarene
Ferguson Nazarene Kids

Ferguson Library
Pre-School Storytime
Come join us for stories, songs, Crafts and Fun
Every Monday at 10:00

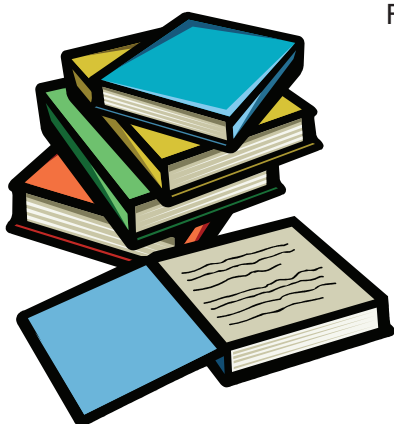
Fall Church RUMMAGE SALE

Friday, October 3rd 5:00 p.m. to 7:30 p.m.
and
Saturday, October 4th 8:30 a.m. to 1:00 p.m.

Lots and lots of great items at below "goodwill" prices! Clothes, books, collectibles, toys, shoes, small furniture, videos . . . you name it, we probably have it! Don't miss this sale . . . line forms early each day. Come and enjoy a long-standing tradition of bargains.

St. Stephen Church 33 No. Clay (corner of Darst and Clay)

These Books Need New Homes!



FLIERS (Friends of the Ferguson Library)

FALL BOOK SALE

**Friday, October 17
Noon to 5:30 pm**
and
**Saturday, October 18
9:00 am to 3:00 pm**

All proceeds go to the library and all workers are volunteers

**Library Auditorium
35 No. Florissant Road**

BLOOD DRIVE

**Immanuel United
Church of Christ**

221 Church Street – Fellowship Hall

Thursday, October 2

2:30 pm – 6:00 pm

For more information:

- Contact Krescene Beck at (314) 521-7324
- Go to www.bloodcenterIMPACT.org
- Use sponsor code: 10087

Last date to donate elsewhere: 8/7/2014

- Eat before donating
- Hydrate well
- Bring photo ID
- *New donors welcome!*

www.bloodcenter.org



MISSISSIPPI VALLEY
REGIONAL BLOOD CENTER

See additional community events on Page 15

Halloween Tips from the Ferguson Fire Department

Halloween is a fun and spooky time of year for kids. The Ferguson Fire Department wants to make trick-or-treating safe for your little monsters with a few easy safety tips from the National Fire Protection Association

When choosing a costume, stay away from billowing or long trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough they can see out.

Provide flashlights to carry for lighting or glow sticks as part of their costume

Dried flowers, cornstalks and crepe paper are highly flammable. Keep these and other decorations well away from all open flames and heat sources, including light bulbs and heaters.

It is safest to use a flashlight or battery-operated candle in a jack-o-lantern. If you use a real candle, use caution. When lighting candles inside jack-o-lanterns, use long, fireplace style matches or a

utility lighter. Be sure to place lit pumpkins well away from anything that can burn and far enough out of way of trick-or-treaters.

Remember to keep exits clear of decorations so nothing blocks escape routes

Tell children to stay away from open flames. Be sure they know how to stop, drop and roll if their clothing catches fire. Have them practice stopping immediately, dropping to the ground, covering their face with hands, and rolling over and over to put the flames out.

If your children are going to Halloween parties at others' homes, have them look for ways out of the home and plan how they would get out in an emergency

SMOKE DETECTORS

October is Fire Prevention Month so don't forget to check your smoke detectors! Any Ferguson resident who needs help with acquiring or installing smoke detectors should call the fire department at 314-522-1122

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Proud Ferguson residents, Jerol and Justin Enoch are shown in Colorado displaying their "I Love Ferguson" shirts.

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We want to thank Chief Tom Jackson and the men and women of the Ferguson Police Department for their dedication and courageous service to Ferguson and . . .



Mayor Knowles and all of the City of Ferguson staff in keeping things moving, through very trying times. Ferguson will prevail because of the efforts of the citizens and all of you . . . and



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The Ferguson Computer Corner

by Doug Neely



OCTOBER??? ALREADY??? can you hardly believe it? seems like we just got done with spring. where did summer go? well, summer is indeed gone, and a lot of you are already considering what to get others for Christmas. let's consider that a bit, ok?

LOTS OF FISH IN THE SEA, dept. there certainly are a lot of computers out there to choose from for a gift. find out what the beneficiary's needs are; in other words, find out what programs they will use. this will then indicate what kind of software & hardware must be inside the computer to do those tasks. also, give consideration to where and how much the computer will be used. notebooks (laptops) and netbooks are designed to be used sparingly, as opposed to desktops which are designed for a bit harder use. of course, you can't take the desktop with you when you leave

home, so if you need a better option, get either a business notebook, or a DTR notebook. the business notebook costs a bit more, and is not so "flashy", but is designed to be used for several hours a day by traveling business people (road warriors). if you need something with even more endurance, you need a DTR, or DeskTop Replacement. a DTR is the only notebook designed to be used like a desktop, and it will last.

no matter what you do get, you should find out how upgradeable it is. can you add ram? can you add a hard drive, a video card, etc. are there spare connectors inside the puter to connect them? is there even room to put the additional hardware? will the power supply handle the additional load? find out before you plunk down any dead presidents! generally speaking, a smaller puter, especially one which

is smaller than your monitor, will be lacking in these areas, because it, like most notebooks these days, are not designed for much, if any upgrading.

ME GO NOW! as with computers, and as with anything you care to name, one is wise to know what it is they are spending their hard-earned \$\$\$ for. same thing with God. i have chosen THE ONE TRUE GOD, because He loves me so, and He encourages me to love others the same as i love myself, using the same love that He has given to me, and to share with others. i can trust a God like Him, and i know what i am getting for my service to Him. who or what is your god, and what do you get out of it? are you at peace?

...it is now safe to turn on your computer!

If you would like to discuss your computer issue(s) with Doug, call him in the PM hours at *314*521*1789*. When emailing him, be sure to put the phrase "i need puter advice" into the subject

field, & include your local phone number. EMAIL:fergusoncomputer-corner@aol.com His puter advice, by phone or email, is FREE, and has been free for 14 years. God's blessings to you and to yours!
John 13:34 NIV

"Do not seek revenge or bear a grudge against anyone among your people, but love your neighbor as yourself. I am the LORD."
Leviticus 19:18

"For the entire law is fulfilled in keeping this one command: Love your neighbor as yourself." Galatians 5:14
i pray for God's Peace for us all.



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Lee Hamilton Teacher Wins \$500 Grant



Lee Hamilton Elementary School first-grade teacher, Mrs. Lindsay Williams, was recently awarded a \$500 grant from the Missouri Retired Teachers Association (MRTA); one of only 42 recipients out of 190 applications submitted to MRTA. The grant will be used to purchase new math games and math literacy books to provide fun, hands-on learning opportunities to help students improve their math logic thinking.

Pictured are Lee Hamilton first-grade students Isaiah and Leah with Williams and MRTA vice president, Mr. Charles Shelton.



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1- Based on internal wet braking test results versus Goodyear Assurance ComfortMax[®] touring tire size 185R15.
2- 90,000 mile warranty for H- and T-rated tires; 80,000 mile warranty V-rated tires. See MichelinMan.com for warranty details.
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Financial Focus

By Joan Cleaveland (consultjoan@att.net)
Business Manager for St. Joseph's Parish in Cottleville
Lindenwood University BA – Business Administration.

Diversity always seemed to be one of Ferguson's strengths, so it surprised me that the racial division had developed here. However, we can't ignore the economic problems affecting the poor who may feel isolated from the rest of the community. Last month I brought up that the violence and looting could taint an area causing more economic strife because of fear. In turn property values could decline because people and businesses may relocate because they prefer to be in an area where they feel comfortable. I also pointed out that property values have a connection to the quality of education because of where education funding comes from. Could the problems in Normandy School District and others nearby have something to do with the method used for distributing education funds?

So I checked further to find out just how the dollars for public education are distributed. What I found was a complicated and confusing set of formulas to help spread out the thin slice of funds set aside for education. If you look in the Missouri Statutes chapter 163 you can find the foundation formula created during the 2006-07 school year to eliminate some of the inequalities due to property values and to hopefully even out distribution more fairly. So while property taxes do affect the distribution this change helped, so I wasn't completely correct in suggesting that education funding may suffer. The method isn't easy to understand, however I did find a policy study by the Show-Me Institute which does a good job of explaining the calculations in just 25 pages.

In Missouri about 10% of educational funding comes from the Federal Government which also has its own set of formulas and measurements for distributing funds. Nearly 32% comes from the state and almost 60% comes from local taxes. The local taxes are mostly property taxes and sales tax both of which can be affected by the economic health of a community. To divvy up the state and local portion the foundation formula takes into account four basic components: Weighted Average Daily Attendance (WADA), the state adequacy target, the dollar value modifier and local effort.

The average daily attendance of a school district sounds fairly simple – it is the total number of hours students were in attendance divided by the total number of hours possible. The summer school hours approved are also divided by 1,044 (the state's requirement for a regular school year) and added to the first figure. The weighting of student numbers is the key to providing extra funding for districts with a higher percentage of students who may be more expensive to educate. There are three categories: students receiving free or reduced price lunches, students on Individualized Education Plans and those designated as Limited English Proficient. Not all of the students in these categories automatically mean more funds. The state also takes into account the districts with higher concentrations in these areas. Every other year a threshold mark in each of the three categories is determined and only those districts that have exceeded the thresholds will receive extra funding for every student over the threshold amount.

To determine the threshold amounts the state takes into account the average number of students in the three categories in all "performing" districts. These are the school districts that have met all the standards in the state's evaluation of school districts. So, more money will go to the districts with a higher percentage of special needs students than the average "performing" school. This sounds more equitable than how things were done before the 2006-07 school year.

The next component is the state adequacy target. This is supposed to be the amount of funding necessary to provide a quality education. Missouri determines this amount by determining which school districts are performing well based on the Annual Performance Report from the prior year. It will calculate the per pupil operating expenditures and then remove the highest and lowest districts as long as they don't exceed 5 percent of the total enrollment in all performing districts. For 2013-2014 the adequacy target was set at \$6716, however the state doesn't have the funding available, so the 2012 figure of \$6131 is still being used. So this is another method to ensure that all districts get adequate funding regardless of local property values. It is also stipulated that when this figure is recalculated every two years it can never go down even if the calculation were to come in lower. That seems like an interesting concept, although I don't believe it has ever gone down.

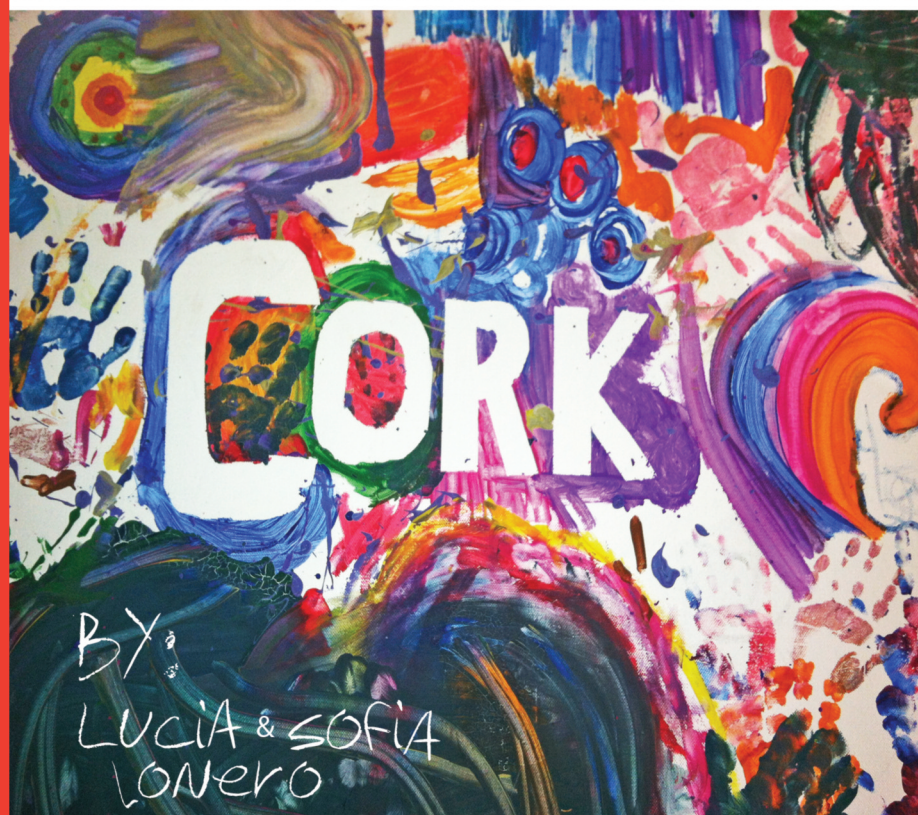
The next component is the dollar-value modifier (DVM) and here the state takes into account a higher cost of living and the lower purchasing power in certain areas. So this ratio is the average wage per job in a particular area compared to the state's median wage per job. The effect is to give more money to the districts with a higher cost of living without taking money away from those with lower costs. The actual calculation produces a percent and if you are interested you can find out the DVM for every school district in Missouri from the Department of Elementary and Secondary Education.

So the first three components provide information on how much a school district should spend per pupil and the last component determines how much of the funding can come from the local effort. This is where the property values really come into play. The state uses a set tax levy for state aid calculations and that is \$3.43 per \$100 of assessed value = 3.43%. So if a district has a lower tax levy they will have less money while an area with a higher tax levy would have more money. For these figures assessed values from 2004 are being used and unless legislative action changes this, the only updates will be if assessed values decrease, but not if they increase. So this means school districts with increasing local wealth will receive more state funding than they would if the

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levels were adjusted. The second main tax in the local effort is the sales tax which amounts to 1% and is distributed to the districts according to the WADA. This was passed by voters in 1982 as Proposition C. There are some other parts of generating funds locally, but these two are the main parts.

So after looking into this, I feel a little better knowing that we have a somewhat fair method of distributing educational funds. While it isn't perfect we also need to know that the money is being spent wisely. Even though Missouri doesn't spend as much as some other states, would more money really help? That's always a question and those who oppose any more taxation have a lot of company. As we continue to look for answers to improving relations in Ferguson, we need to keep in mind the decisions that are being made at the state level that will effect public education. As one who loves Ferguson, I want the world to see the type of community we all know is possible. Mayor Knowles brought up a list of changes to be addressed and among those was "working with schools to engage young people in the community" and it sounds like a great place to start. If you have comments or suggestions please e-mail consultjoan@att.net.

Vincenzo's

ITALIAN RISTORANTE



242 So. Florissant Rd. 314-524-7888



The Tucker family celebrating mom's 89th Birthday at Vincenzo's

Pictured from the left is friend Ian Clawson, Granddaughter Jennifer Straussner, daughter Laura Straussner, Patsy Tucker, son Jack Tucker, daughter Betsy Tucker, and son-in-law, Neil Straussner. Patsy Tucker, who is now in an assistant living facility, loves Ferguson and visits as often as she can.

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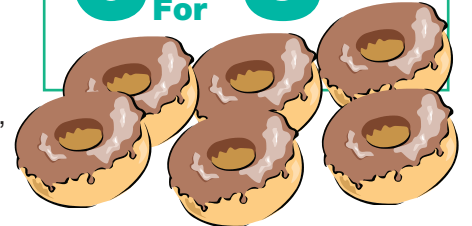
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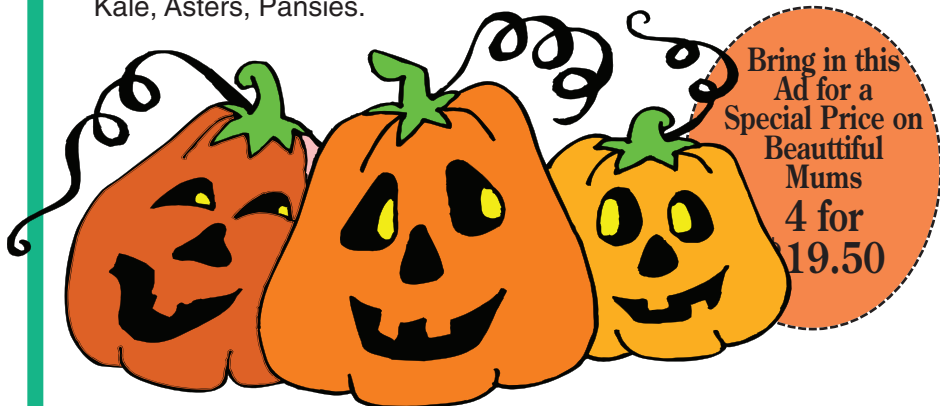
Pumpkin Land Is Now Open

Visit now thru Fri., Oct. 31st!
 Tues.-Sat. 9:00am to 6:00 pm
 Sundays 10:00 am to 5:00 pm
*Pumpkinland is closed on Mondays
but the farm is open*

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Ferguson, MO 63135

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www.marleysferguson.com

Kitchen Open Till 11:00pm

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Marley's Big Deck Happy Hour

Friday, October 3rd 2pm to 9pm
\$1.00 Off All Drinks

The Wandering Madman
 Performing On The Parking Lot 5pm to 9pm

DJ Red - 9pm to 1am

Marley's Halloween Party

Friday, October 31st

Halloween Drink Specials
Costume Contest At 10:30pm



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Ferguson by Foot

By: Margaret Wolfinbarger

It is not without a certain sense of sadness that I peruse the streets of Ferguson as of late. I'm a little less peppy, a lot more cynical, and filled with a loss of innocence I can't put words to. The number of walkers and joggers has visibly decreased and the parks are somewhat barren. I don't want to paint a bleak picture, but fall doesn't hold the excitement for me it normally does. Our lives are at the very least temporarily stained by the recent events in our city. To ignore this reality feels dishonest because I live here. Ferguson is my community and it is currently a city in great pain.

I have written many times in this column about how I have overcome immense personal adversity to emerge a stronger person. I like to say attitude has everything to do with success or failure and I believe the same is true for our small town. Each of us is responsible for our actions and reactions to our current predicament. I will admit I have practiced extreme self-control in some areas and a complete lack of control in others. Heightened emotions can lead to dramatic behavior and I have recently learned that sometimes it is wisest to remain silent and be considered wise than to verbalize my thoughts or feelings and be considered a fool.

I recently asked one of my neighbors if we could meet and discuss our feelings. She suggested we walk and I took her up on it. We met early on a Saturday morning, a block from our homes, and shared our stories about growing up in North County while we walked up Elizabeth Avenue. We went to the same high school in Florissant though she graduated a year before I did. We talked about the issues we faced as children and the issues our own children are now confronted with. We both wondered aloud how to parent in the midst of such trying times and what was the best way to care for our community. She listened patiently while I admitted that I felt wounded and uncertain. We didn't claim to have perfect answers but it was enough to talk, to listen, and to take solace in our shared concern for our families. I normally walk alone so sharing that time with my friend was precious. I have since wondered if that is where transformation of the human heart truly begins, in the care and consideration of my friend as I seek to know and understand her better. We shatter assumptions when we take the time to share our personal histories.

The media continues to profligate a narrative that I do not think is true about Ferguson, Missouri. For this reason I would like to share the things I have seen in the past month while I walked around our great city. I have walked down Florissant Road when BKM Fitness Bootcamp released one of its classes. I saw a large group of African American Women flood out of the building, sweaty and empowered. I felt their exultation at having accomplished something important as they wiped the perspiration from their foreheads. Though they didn't seem to notice me, I silently celebrated their successes.

I went to my local Aldi one evening only to find it had closed early because the staff was fearful for their safety. Not despairing, I returned the next day and expressed to the cashier how sad I was to see the business impacted. She apologized for the inconvenience and then smiled while expressing hope for a better tomorrow. The next visit I paid to the store I offered another customer a place in line ahead of me because he didn't have a cart and his arms were full. To my astonishment, the people behind me did the same for others. It seemed my neighbors were more invested in sharing a kindness than rushing through the line. These small moments of grace do more to strengthen our community than money by the barrel full. I am encouraged to know that hope thrives, even when conditions are not optimal.

The issues plaguing our community will not dissipate overnight but they are not insurmountable either. I am just one person, small and seemingly insignificant, but my heart is here. Because my love for this city is great and because this is my home, I choose to make Ferguson a better place even if I can only do that one person at a time. For more inspiration, follow me on my blog: <http://margaretwolfinbarger.blogspot.com/>

Good News About Ferguson



The long awaited Ferguson Community Center is finally open, and it is beautiful. Mayor James Knowles III is shown with the scissors at the ribbon cutting. On the left are Lions Patti and Jim Knowles, Ann Chisholm, the 2014 Citizen of the Year, Mayor James, Former Mayor Brian Fletcher and many Councilmen, Ferguson Lions, City Officials and well wishers.



A group representing the Ferguson Lions Club gathers in the Community Center's activity room with pool table, shuffleboard, ping pong and fuzzleball tables that they helped purchase. The Lions donated \$4,500 now, with a follow-up donation of \$5,000 and then a yearly donation to help maintain the equipment. The Lions Club operates the Ferguson License Office at 728 South Florissant Road, whose proceeds helps fund many community endeavors.

Get ready for cold weather now!

Fall Furnace Clean & Check \$74⁹⁵

Offer expires 10-31-12

Knowles Services Heating & Cooling
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And Now a Word from Our Planet



The alumium can you toss out your car window will still be there 500 years from now.

(This message is provided as a courtesy of the Ferguson Eco Team.)

Gutters, Facia, Soffit, Siding

Reattach winter damaged gutters. Replace or repair. We can save you money!

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210 Carson Rd., Ferguson

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St. Catherine
Retirement Community
Near Eagan Center

St. Catherine Retirement Community Events

The public is invited and welcomed – RSVP 314-838-3877

Exercise with Melanie-FREE classes

Classes are led by a licensed Physical Therapist with the use of weights & resistance bands that are provided! Mondays and Wednesdays 1:00 p.m. RSVP by calling 314-838-3877

Blood Pressure Clinic

Thursday Oct. 2 and 16 10:00 a.m. Refreshments served RSVP by calling 314-838-3877

Tai Chi for Seniors - FREE classes

Friday, October 3, 10, 17, 24, 31
NEW TIME! 10:00 a.m.
Reduce stress, strengthen joints, develop balance and coordination.
RSVP by calling 314-838-3877

Line Dancing with Minnie-FREE

Every Monday at 6:00 pm
Beginners welcome!
RSVP by calling 314-838-3877

Breast Cancer Awareness and Healthy Living

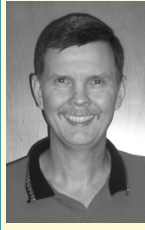
Sponsored by Premiere Home Health
Thursday, Oct. 16 at 9:30 a.m.
Complimentary Breakfast at 9:00 a.m.
RSVP by calling 314-838-3877

Halloween Happy Hour

Entertainment by Mr. K and Happy Hour 11:30 a.m.
Tuesday, October 28
Followed by Complimentary Lunch
RSVP by calling 314-838-3877

Project Hands

Volunteers needed to knit, crochet, and quilt for various children's org. the last Friday of every month
Friday October 31 2:00 p.m.
RSVP by calling 314-838-3877



Under The Hood With Robinwood

By Bob McGartland

Should I Repair or Replace My Old Car?

It may seem like a fine line between when your old, well-loved car is costing you more money than a new one would. Choosing the best option, should take some careful consideration. Part of the decision includes your personal situation, monthly vehicle expense budget, how many miles a year you drive, how you use your vehicle and the repair costs that are needed.

You should ask yourself how much you are willing to pay in repairs for your current vehicle? Also consider how long the repair will add to the life of your car. You should take into account if the repair is something that is only a once in awhile issue and if the repair will add a few years to the life of your car, make it safe and reliable, it may make sense to get it done. In your case, your car is paid off and completely yours. The only costs it will incur are fuel, insurance, and future maintenance. The average age of a car in the United States is 11 years old, higher than it has ever been before. Cars have been built better over the last 15 to 20 years. Doing the needed repairs, along with the maintenance that has been done to the car, yours can easily last as long or longer.

efficient, come with more safety features and no repair costs for at least the next 36 months or longer depending upon the manufacture's new car warranty. Along with a new car comes, monthly car payments, added interest expense, sales tax, insurance and personal property tax and normal maintenance cost. Of course there is no guarantee that a new vehicle would not break down or have some annoying little problem from coming off the assembly line, but the odds are it will not.

A word of caution; many dealers are offering car loans for 72 months. Financing a car for 6 years gives you a lower monthly payment which is a plus. But depending on the make and model, there can be some downsides to long term financing on a new car. I recommend you consult with your insurance agent and accountant before you sign the loan papers.

There are many benefits that come with owning a newer vehicle; ask yourself what will they cost me? Take the time to factor in what the overall monthly cost of owning a new vehicle is versus what it has been costing me per month with my old car. Then take both costs and divided them by the number of miles you drive in a year. This will help in making a good decision whether a new car is in your future, or if you should stick with your tried and true ride until the wheels fall off.

Please have a safe and enjoyable fall season. Continue to pray for our community.

Some of the benefits of buying a new vehicle; they are more fuel

As always visit us at robinwoodauto.com



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Ferguson Motor Service



Friday, November 7, 2014
Florissant Golf Club

Registration 10:00 a.m.
Shotgun Start - 11:00 a.m.

Four Person Scramble Format
\$300 per team - \$75 per golfer

Includes

- 18 holes of golf with cart
- Games & Contests
- Box Lunch on Cart
- Hot dogs, and Chili Dinner
- Raffle and Awards
- 2 Drink Tickets (rest is on your own)

16th Annual Chili-Dog Golf Tournament



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Our Lady of Guadalupe News



NEW KIDS ON NEW STEPS

Our Lady of Guadalupe School was pleased and proud to welcome several new students to our OLG family for the 2014-2015 school year. Our new children and our returning children were welcomed back to school by our staff on August 20. All of our families were happy to see that our building is looking better than ever, thanks to the generosity of two very special friends.

True Value Hardware Stores, through Mr. Jim Schulte at Schulte Hardware, supplied us with several gallons of paint. The stairwells were painted and are now clean, bright and beautiful.

Emerson Electric, a very good friend to OLG, provided us with a grant for new stair treads in our favorite school color: green. Our steps are now safe and comfortable for the many trips our students make up and down them each day.

The OLG Community is most grateful to Schulte Hardware and to Emerson Electric for their kindness and their wonderful support of our school.

Welcome Back Gifts for the OLG Kids

Our Lady of Guadalupe School students were so happy to receive a special "Welcome Back" pack from the students of St. Joseph's Academy. The students at St. Joe wrote "welcome back" notes and packed some surprises into an SJA bag.

Each student and staff member was welcomed back to school with style when St. Joe's Director of Technology, Mr. Travis Rogers, arrived with the surprises. Our Lady of Guadalupe School also receives help with our technology questions from our friends at St. Joseph's. Community partnerships help to make OLG a great place to grow and to learn.

Thus said the lord, Isaiah 54:17

No weapon formed against us shall prosper. And every tongue which uses against you in judgment you shall condemn.

Cheryl L. Whitaker

EarthDance Organic Farm School

www.earthdancefarms.org

233 S. Dade Ave. Ferguson, MO

(314) 521-1006



Congratulations!

Congrats, EarthDance Farm and Garden Apprenticeship Grads, Class of 2014!

Applications for the 2015 Farm and Garden Apprenticeship Program are now open!

Thank you!



Want to tour the farm?

for more information, email tours@earthdancefarms.org

Ferguson Wellness & Chiropractic

Dr. Robyn Lawrence
314-524-2580

111 Church Street, Ferguson
dr.robyn@getwellferguson.com
www.getwellferguson.com



Gluten Freedom

A healthy nerve system is required in order to have a healthy gastrointestinal system. For example, when you eat a meal the cells lining your stomach need to know how much gastric juice to secrete to aid in proper digestion. The cells lining your small intestine need to know how many enzymes to release in order to properly complete the digestive process. These processes, whose details are hidden from our conscious minds, take place under the guidance and direction of the nerve system. In fact, a healthy nerve system is required for healthy functioning of all your body systems.

Regular chiropractic care helps your nerve system to do its job effectively. Regular chiropractic care helps to keep your spinal column in top condition and helps to reduce muscle tension and other sources of nerve interference. By participating in maintaining a fully functioning nerve system, regular chiropractic care helps you achieve high levels of long-term health and well-being.

The concept of the value and benefit of gluten-free food has been gaining momentum for the last 10 years. Discussion related to gluten-free diets goes back to the mid-1950s, but those peer-reviewed articles were primarily focused on the treatment of celiac disease and related gastrointestinal disorders. Today gluten-free diets are being adopted as an overall health-promoting measure by broad segments of the population. Is this trend merely a fad or are there actual advantages for the average person in cutting down on gluten intake?

Gluten is a structural protein found in wheat that provides a glue-like property and helps dough stick together. Gluten-containing wheat works best for bread making, and a few thousand years ago gluten-containing wheat became the standard wheat crop. Similarly, the protein in barley and rye is predominantly gluten. Researchers posit that tens of thousands of years ago our digestive systems were optimized genetically to process a diverse diet of grains. But a modern diet is mostly composed of uniform, gluten-containing grains. Our digestive systems were not designed to process such a heavy load of gluten, and the result is the development of a range of gluten-sensitivity disorders and autoimmune diseases.

Gluten sensitivity has been proposed as a culprit in numerous conditions, including autism, attention deficit hyperactivity disorder, schizophrenia, rheumatoid arthritis, fibromyalgia, and infertility. The link to such conditions is not clearly understood, but case reports identifying gluten sensitivity as a causal factor have appeared in numerous professional journals for more than 10 years.

For children, adolescents, and adults with such disorders, it may be appropriate to adopt a gluten-free diet to eliminate a potential source of tissue inflammation. Other persons with various nonspecific digestive complaints may also benefit from a gluten-free nutrition plan. For example, if you experience frequent, or even periodic, upset stomachs or other gastrointestinal problems, consumption of gluten may be part of the clinical scenario. Two months on a gluten-free food plan should be sufficient to determine whether gluten protein is a contributing factor to such complaints.

Going gluten-free takes a lot of dedication, time, and effort. The first step is to learn which foods in your diet contain gluten. As noted, wheat, barley, and rye are primary sources of gluten protein. Quinoa, teff, buckwheat, millet, and amaranth are gluten-free replacements for gluten-containing grains. It's important to bear in mind that many foods contain wheat and represent hidden sources of gluten, including beer, potato chips, brown rice, sugar, soy sauce, and processed food such as deli meats, frozen burgers, and bread crumbs. Being gluten-free requires diligence, but the payoff may be substantial in terms of overall health and well-being.

Dr. Robyn's Office Hours:

*Monday, Wednesday, Thursday 10:00 am to 6:00 pm
& Friday, 10:00 am to 1:00 pm*

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Lindbergh High School Rotary Club
Fall Arts and Crafts Show
 Saturday, Nov. 19 • 9am to 4pm
 and
 Sunday, Nov. 20 • 10am to 4pm
You don't want to miss this one!



This is one of St. Louis' largest and most widely known arts and crafts shows, and features, among others, the well known *Sew Good and Trendy*. The show's a great place to find a unique holiday gift for that special person in your life!

Lindbergh High School, 5000 So. Lindbergh, Sappington

Zion Child Development Center invites you to a
MURDER MYSTERY AND DINNER THEATER
Saturday, October 25
 Doors open 5:30 pm, dinner starts at 6:00 pm
\$25 / person
 Call 314-524-7677
 Zion Lutheran Church
 Corner of Carson and Clark in Ferguson



Women's Fellowship Immanuel UCC
Cards & Luncheon
Thurs., October 9
 (doors open at 10:30 am)
 Lunch at noon
\$10.00 Donations
 Call Chris for tickets 522.1886
 or church at 521.7324
Ticket also available at door!




Raffle Tickets \$1.00 or 6 for \$5.00:
 Handmade Quilt, Afghan, Flower Arrangement, a Miniature and Hand Craft Wood Shelf.

Immanuel UCC, 221 Church Street, Ferguson

CALLING ALL TEENS!
 Your library needs you! We're convening a Teen Council to help guide the library's efforts in serving the teens and young adults of Ferguson.

Saturday, October 4th, Noon, at the library (35 N. Florissant)



You'll be forming a corps of volunteers to make decisions about what programs the library will offer, help put programs together, and offer advice on how the library can help you! And if you are looking for a good place to volunteer on a regular basis, we'll be talking about that, too.
 THANK YOU for making your Library and community better!

P.S. We will have FOOD!

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Neighbors helping Neighbors
Benevolent Brunch
 Proceeds to benefit the Benevolent Care Fund.

Come join us for a neighborly brunch and extend the hand of Christ to those in need. Help us raise funds for residents who outlive their ability to pay for care.



Tickets - \$15
 (children under 5 are free)

Sunday, November 9, 2014
10 a.m. - 2:30 p.m.
 Hidden Lake Senior Living Community
 11728 Hidden Lake Dr., St. Louis, MO 63138

- **Silent Auction**
- **Musical entertainment by Mr. Gary Bennett**, who is graciously donating his talents for the event.

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Thanks to an anonymous donor matching dollar for dollar.

For ticket information or to make a donation, contact: Becky Zimmer, Director of Stewardship
314.292.7546 HL14289



Fashion Show Fundraiser
Saturday, November 1
Orlando's in Maryland Heights
Tickets: \$25 / Person



Proceeds benefit women's and children's charities.
 Doors open at 11:30 a.m. and a buffet lunch will be served at 12:30 p.m.
 A cash bar will be available.

Soroptimist International of Greater St. Louis is dedicated to improving the lives of women and girls in local communities and throughout the world.

For more information please contact Cheri Nolle at 314.578.8510 or email cnoellejd@gmail.com

Orlando's
2050 Dorsett Village Plaza, Maryland Heights

Voter Suppression and the November Elections

How will voter suppression affect the federal mid-term elections?

Attorney Denise Liberman will address this issue at the October 20 meeting of the Ferguson-Florissant (North County) Branch, American Association of University Women.

Ms. Liberman has worked with this issue for a number of years. As former legal director of the American Civil Liberties Union of Eastern Missouri, she frequently was called upon to provide information on the effect of voter suppression. This responsibility also included testifying on the subject at hearings of the legislature in Jefferson City.

The AAUW meeting on October 20 will be held at Immanuel UCC Church, 211 Church Street, Ferguson at 7:00 PM. The meeting is free and open to the public. For more information, call 314-831-5350 or 314-831-6884.

Ferguson OnWatch News

as reported by Keith Kallstrom
keith.kallstrom@gmail.com



Community Resource Officer Tim Zoll opened the September 10th, 2014 meeting of the Ferguson On Watch, welcoming everyone. The crowd in attendance numbered about 20+ people, our regular sized crowd.

Town Hall Meeting
Officer Tim Zoll & Councilman Keith Kallstrom then held a mini-Town hall meeting. Officer Zoll began by asking what was going on in their neighborhoods. Some new neighbors discussed an event they had with a suspicious neighborhood visitor. He was advised to contact our policing services at 522-3100 to report suspicious persons in the neighborhood.

We also discussed how the Missouri Sunshine Law as similar to the Federal Freedom of Information Act, due to the forced release of videos to news organizations. We discussed how opportunists took advantage of the media coverage on West Florissant.

We also confirmed that St. Louis County & City used "Militarized" equipment during the Civil Disobedience. That was NOT Ferguson people or equipment being used against the protesters. We found out that subversive groups came to our town to protest. One of the most visible was the "Anarchists." One of the periods where they were most visible was when they appeared at the line of police at the police station. They were filming us as we were filming them with our

new donated body cameras. A photo of it appeared in the St. Louis Post Dispatch the next day.

We also heard about the medical examiner being shot at from the Canfield Apartments, and having to leave the body until the scene was confirmed as safe 4 hours later.

Officer Zoll told us about what happened in Cincinnati in 2000, and how they have bounced back from the civil disobedience that occurred there.

Finally, he asked the African-American people in attendance about what could be done to improve police responses, and was told that encouraging more African Americans to serve on the local police force would be seen as a good step.

Upcoming Calendar Items

Oct. 7: National Night Out will take the place of our regular Ferguson On Watch meeting.

Nov. 12: The next Ferguson Neighborhood Watch meeting scheduled at City Hall is at 7:00 pm on November 12th.

Cert Update:
We held refresher training at Fire House 1 on CPR and AED usage on our 2nd Saturday of the month training.

St. Peter's United Church of Christ presents . . . **ANGELA SCHULTZ** in Concert

An Award Winning Singer in her only 2014 St. Louis Appearance!
Featuring David Horstman at the piano

Sunday, October 5, 3:00 p.m.
This Event is FREE

Recommended for ages 10 and up

St. Peter's UCC
1425 Stein Road
at West Florissant
For more info call 314.521.5694



Florissant Wraps Up **SUMMER CONCERT SERIES**

SmashBand to appear Saturday, October 11th 7:00 p.m

Lawyers Building in the 100 block of St. Francois

The SmashBand concert was postponed due to weather on August 16, and has been rescheduled in Historic Old Town area of Florissant.

This is a great kickoff for the Fall Festival event held the next day.

Florissant Old Town Partners **Fall Festival**

Sunday, October 12th on Rue St. Francois 11:00 am to 5:00 pm

- Craft Fair
- Entertainment
- Hands on Crafts
- Chili Cook-off
- Fido Follies
- Pony Rides
- Art Fair
- Flea Market
- Historic Displays
- Re-enactors
- Food Booths
- Child ID
- Car Show



Blessed Teresa of Calcutta if celebrating its 10th Annual



Saturday, October 4th – Noon to 9:00 pm
150 North Elizabeth

- CHICKEN DINNER • BBQ • Games • Bingo • Inflatables
- Rock Climbing Wall • Raffles • DJ

Check Out the "Ferguson Times" Online:
FergusonCityWalk.com



What do you need?

- Cleaning • Decorating • Party Hosting • Organizing • Murals
- Staging • Packing • Unpacking • Painting • Landscaping



Meet Sonya

Sonya is a lifelong resident of Ferguson with 11 years of experience cleaning and organizing. She has a She is up for any challenge, large or small.

Call Sonya
314.971.0403

Gift Cards Birthday? Anniversary! Christmas!
Gift Cards are always the right size and color.

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- Local & Regional Art
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(314) 495-7452

Hours:
Tuesday-Friday 10am - 5pm
Saturday 10am - 2pm

Design and Desserts at Honey & Sweetie's

- www.facebook.com/DesignAndDesserts
- Custom Cakes
 - Custom Desserts
 - Holiday Treats
 - Cupcake Bouquets
 - Cookies
 - Handmade Candies
 - Greeting Cards
 - and so much more!

Honey & Sweetie's RESALE REPURPOSED HANDMADE

#10 Church St., Ferguson, MO 63135
(314) 942-9882 | www.facebook.com/HoneyAndSweeties
Hours: Wednesday-Saturday 10am - 5pm

- Furniture
- Repurposed Items
- Old & New Art
- Home Decor
- Jewelry
- Lighting
- Art Classes

Starting November 7th - Gallery Nights at Corners Frameshop and Honey & Sweeties every 1st Friday from 6pm to 9pm - Refreshments will be provided



Window Restoration

– by Bob McCarty

This month will be the last of the window restoration primer. We will install the window sash back into the frame and with a little maintenance, our windows will serve us for another 50, 60, 75 even 100 years.

What you will need for this part of the project is your hand tools, hammer, saw and screwdrivers. The materials needed include; new parting bead if the original broke upon removal, (Note; if you had previously stained your jamb, go ahead and stain the parting bead.), sash chain or rope and miscellaneous small nails and screws. If you've done any research on weather stripping, you will be installing that product as well.

The sash weight pulleys will need to be installed in the area of the jamb where they were removed; and before we start attaching the weights, I want to remind you to not forget your personal protection items. We will be entering areas that have not seen the light of day for many, many years. To attach the sash weights, you will need to find the access panel in the jamb, about 2/3 of the way down from the top on the inside part of the jamb. This panel may have a small screw holding it in place but more than likely there will be a nail. Remove the panel and remove the weights, there will be two on either side. Untie the rope or disconnect the chain and discard. If you had originally had rope and want to change over to chain, you will need to inspect the pulley to make sure the chain will not obstruct the pulley from doing its job. (This formula is for the amount of rope or chain needed for each window, half the height of the window plus two feet times four equals how much rope or chain you will need. I always add a little more just to be on the safe side.)

Feed the rope or chain through the pulley and make sure that you keep it from following itself right on through into the weight pocket. Attach the chain to the weight and place back into the pocket. Do this on both sides for the top sash and set the top sash into the bottom of the jamb. Pull the sash weight all the way to the pulley with the chain and let the weight fall approximately one inch back down. Secure the chain to the side of the sash using a small screw, through the chain, about 1/2 way from the top of the sash to the pocket where the end of the chain is attached. Insert the round metal, spring looking piece into the pocket, about 1/2 way along the side of the sash. We always fashion a screw through this piece to keep it from slipping out of the pocket and restricting the window from sliding in the track. Allow the sash to slip into the jamb, all the way up against the blind stop, at the outside of the jamb. Attach the sash weights for the bottom sash and place the panel to cover the weight pocket.

Next you will measure and cut the parting bead to fit into the slot next to the top of the upper sash and on both sides of the sash to the sill. You may need to cut a slight miter at the bottom of the side beads to follow the slope of the sill. We usually tack the parting bead in place with a few small nails. Install the bottom sash as described above.

Install the sash stops on the inside of bottom sash, clean the glass, step back, and enjoy your handiwork. And let me be the first to say, "Good Job." There you have it. Everything you need to know on how to restore your historical, original windows. If you followed this entire primer, you will know that this type of project is not hard to do, it's just tedious and very time consuming, but satisfying when all is done and complete.

If this is the type of project that you would like to get done and you don't have the time or patience, you can call us at 314-524-1264 and we would be happy to have a discussion with you about your windows, "the eyes to the soul of your house." Until next month, Bob is on the Job.



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Djeli Tales

By Mama Lisa Gage

Hola, Amigos!

Did you know that September 15 to October 15 is National Hispanic Heritage Month? One of the local kick-off activities left the crowd at the Missouri History Museum in high spirits (9/14/14). "A Celebration of Hispanic Culture" combined hands-on fun with visual art displays, music and dance.

An arc of national flags decorated the grand hall from Spain, Mexico, Central America, South America, and the Caribbean. Since 1968, presidential legislation helped to bring national awareness to the multitude of contributions by Americans of Latino and Hispanic descent. This special time span was chosen in honor of the independence celebrations of Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, Mexico, Belize, and Chile.

The staged presentations were numerous and far-reaching. Folk dances recognized the pageantry of Peru, Venezuela, Columbia, Puerto Rico, Mexico, Brazil, the Dominican Republic, Cuba, and Argentina. The light and funny antics of program moderator Jaime Torres cast the audience into a whimsical journey of travel and adventure. Mr. Torres, a retired Lt. Colonel of the USAF and chair of the Hispanic Scholarship Alliance of St. Louis, beams with pride as he speaks of his native Puerto Rico.

A mixture of recorded, accompanied and live music kept heads bobbing and knees knocking. The ensemble talents of Masillajta Musical Group blended heavenly melodic tunes on traditional instruments, while percussions and flute set a mystical aura to the Aztec dance done by the Eileen Wolfington Dance Company. My daughter Imani and I also played congas to fuse African and Spanish rhythms that spun hips in a frenzy.

Energetic, graceful and high stepping movements wowed patrons of young and old. From the sweet serenade of the Joropo and the elegance of the Cumbia to the sensation of the Samba, Grupo Atlantico anchored the show with delight upon delight. Dances from Peru and Argentina were featured by Ritmo Peru Dance Company, Natalia Kolk and Mike Tennant. Even this old lady popped in to 'shake a leg' for Brazil.

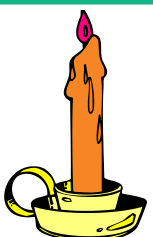


Mrs. Carmen Dence, Artistic director of Grupo Atlantic, and Associate Professor of Radiology at Washington University on the left with Mama Lisa.

Many of the program's intricate arrangements were done by Carmen Dence, artistic director of Grupo Atlantico. Mrs. Dence, also the Associate Professor of Radiology at Washington University, serves on the boards for Better Family Life, the Festival of Nations, and other cultural organizations. She is a true humanitarian and commits her life's works towards improving global partnerships and providing opportunities for students in the arts and sciences.

Take the time to pay tribute as well to fellow friends and neighbors of Hispanic heritage. Life is a mesh of wonderful experiences, so have one. Adios!

Check out <https://www.facebook.com/pages/GRUPO-ATLANTICO-ST-LOUIS-MO/184195797619>



Did you Know . . .

Decorations are the first thing to ignite in 900 reported home fires each year. Two of every five of these fires were started by a candle. BE SAFE

Pride of the City Winners September 2014

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Ward 3
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Dr. Todd Swanstrom Coming to Ferguson

Thursday, October 16th
Ferguson Community Center
1050 Smith Avenue – 7:00 p.m.
The Way Forward:

Asset-Based Community Development in Ferguson

Join us for an informative evening with Dr. Todd Swanstrom, currently the Des Lee Endowed Professor of Community Collaboration and Public Policy Administration at UMSL. Dr. Swanstrom is a nationally known authority often quoted in the Post-Dispatch. He has been a neighborhood planner for the City of Cleveland and Director of Strategic Planning for the City of Albany. He is the author of six books and has published articles on the prospects for alliances between central cities and distressed suburbs. Dr. Swanstrom has a wealth of information and research dealing with communities in the St. Louis area and what it takes for inner-ring communities to rebound after years of decline. He will look at Ferguson and analyze our city in relation to eight factors that appear to increase the likelihood of neighborhood success.

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Ask Grandma

Family Traditions

Do you ever wonder how family traditions are started?

A number of years ago one of my grandchildren turned 21 and asked his parents to take him to Fast Eddie's Bonair in Alton. You have to be 21 years old to even enter Fast Eddie's and apparently this grandson had always wondered what it was like to go inside. After that birthday, it became somewhat of a family tradition that when a grandchild turned 21, his or her parents would take that child (adult?) to Fast Eddie's on the Saturday closest to his/her birthday. Family members and friends would join the celebration throughout the day. Thus a "family tradition" was inaugurated. A grandson turned 21 just last week and fun was had by all.

Halloween is another tradition. Years ago my husband, Bud, began to bring the firepit out to the front yard and bring out all the lawn chairs we had. He invited neighbors to come down with their candy and make that part of Tiffin Avenue a one-stop trick-or-treat station. The costumed children loved it and it was a great way to meet and talk to their parents and to have our own mini block party. When I sold my house four years ago, my daughter and her husband bought it and have continued the Halloween Tradition.

An established "Thanksgiving" tradition is that the feast is always held at my house. I supply turkey and dressing . . . the rest of the meal is supplied by the attendees. The internet has made this planning much easier in the last few years. The youngest daughter makes out the menu, sends it out on the internet, and each member lists what he/she will bring. That way, there are few duplicates. However . . . as the family has grown (now with spouses, children, grandchildren, great grandchildren and boyfriends/girlfriends) the number of guests is close to 50. Obviously, we need more than 1 or 2 turkeys.

Last year, one of the daughters decided that the meal should be "sit down" instead of "buffet." The men moved all the furniture out of the family room and stacked it in my very small living room. Tables were set up in the family room with tablecloths, real dishes, real silverware and napkins. Guess where everyone sat? Almost everyone chose to sit in the wall-to-wall furniture room instead of at the tables. I hope that arrangement doesn't become a "family tradition."

I have mentioned before how the family "Christmas Exchange" tradition started. When my children were married and just starting out as young families, I knew that money was in short supply. Besides, the children always felt that they had to buy a gift for mother. We started by drawing family names. You would receive one present . . . and give one present. This was a great way to save money. And, I encouraged that the gift be homemade. If your gift was homemade, it would cost you little or no money, but did take extra thought and time. The homemade gifts were, and still are, some of the best gifts I've ever received. And, as an added bonus, it is always exciting to watch a gift that I made be opened (and appreciated?) by the recipient. Last Christmas the gift I made cost \$1.47 (it was a rock).

I haven't mentioned my favorite tradition. On Mother's Day the extended family comes to my house. The girls wash all my windows. The boys take care of maintenance issues and fix the meal. I love it!

So . . . the reality is . . . if something works, everyone wants to continue the practice. This is what tradition is all about.

Neely-Harris Wins Branson Sing-Off



Ferguson resident and inspirational singer Peggy Neely-Harris recently took first place at the Christian Action Ministries Sixth Annual Sing-Off at the Sight & Sound Theatres in Branson. Chosen as one of ten from a field of 75 competitors to participate in the August 31 event, she walked away with the grand prize and the opportunity to perform the next day at Silver Dollar City.

Neely-Harris is also a teaching specialist in drama for St. Louis City and County schools and works with the Center of Creative Arts (COCA) and the International Institute of St. Louis. In the past she has worked with Young Audiences of St. Louis, Metro Theatre Company and the Munny 1st Stage Touring Company. Her screen credits include roles in American Streetballers at the Mann Chinese Theatre in Hollywood and in the internet film series, Cancer Companions.Org.

Christian Action Ministries (CAM) is a 501(c)(3) nonprofit organization which fights hunger in Taney County with the mission to help people obtain the basic resources of food and to encourage self-sufficiency and independence through neighborly efforts in the community. The purpose of the annual sing-off is to uplift its ministry and its performing artists.

"Neely-Harris will be performing at the "Jammin' for Jesus" monthly concert series at the Doug Gabriel Theatre, in Branson on December 7, 2014 at 2:00 p.m. Her newly released CD, "Forward," can be purchased from the Tate Music Group Publishing House at <https://www.tatepublishing.com/bookstore/book.php?w=847726013774>. Purchases can also be made directly at iTunes, and Amazon.

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Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

Financial Series Begins – U.S. Bank	Wed., Oct. 1
Blood Drive, Immanuel UCC	Thurs., Oct. 2
St. Stephen's Rummage Sale	Fri., Sat., Oct. 3-4
Calling All Teens – Library	Sat., Oct. 4
Fall Festival – Blessed Teresa	Sat., Oct. 4
Angela Schultz in Concert – St. Peters	Sun., Oct. 5
Ferguson Night Out	Tues., Oct. 7
Time for 2s Begins	Tues., Oct. 7
Ballpark Village Trip	Tues., Oct. 7
Tiny Tots Tumbling Begins – Community Center	Wed., Oct. 8
Petite / Ballet Dance Begins – Community Center	Wed., Oct. 8
Hip Hop / Jazz Dance Begins – Community Center	Wed., Oct. 8
Flu Shots at City Hall	Thurs., Oct. 9
Branson Trip	Thurs.-Sat., Oct. 9-11
Cards and Luncheon – Immanuel UCC	Thurs., Oct. 9
CityWalk Concert Series – Kingdom Brothers (blues)	Fri., Oct. 10
SmashBand at Florissant Concert	Sat., Oct. 11
Florissant Fall Festival	Sun., Oct. 12
Our Lady Guadalupe Homecoming	Sun., Oct. 12
Isle of Capri Trip – Boonville	Wed., Oct. 15
Art Classes Begin – Community Center	Wed., Oct. 15
Dr. Todd Swanstrom Talk – Community Center	Thurs., Oct. 16
Library Book Sale	Fri., Sat., Oct. 17-18
Community Health Fair – Memorial Tabernacle	Sat., Oct. 18
Teen 6 Flags Fright Fest	Sat., Oct. 18
Kiwanis Pancake Breakfast – Savoy	Sun., Oct. 19
Food Truck Monday	Mon., Oct. 20
Voter and November Elections Seminar – Immanuel	Mon., Oct. 20
Octoberfest Alpine, Helens Georgia	Tues.-Sat., Oct. 21-25
Doggie Wag n' Walk – Wayside Park	Sat., Oct. 25
Murder Mystery Dinner – Zion Lutheran	Sat., Oct. 25
Village of Blue Rose Trip	Wed., Oct. 29
Yahtzee – Community Center	Thurs., Oct. 30
Ferguson Trunk and Treat – 1st Baptist & January Wabash	Fri., Oct. 31
Trunk and Treat – Church of the Nazarene	Fri., Oct. 31
Soroptimist Fashion Show	Sat., Nov. 1
Wurstmarkt – Immanuel UCC	Sat., Nov. 1
Turn Back Your Clocks (Daylight Savings ends)	Sun., Nov. 2
Twilight Ramble	Sun., Nov. 2
CityWalk Concert Series – SuperJam (rock)	Sun., Nov. 2
Gambling in Oklahoma	Wed.,-Fri, Nov. 5-7

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