Page 01_Layout 1 1/6/15 10:23 AM Page 1

Ferguson Times

January, 2015

Established 1894 — Oct. 1999

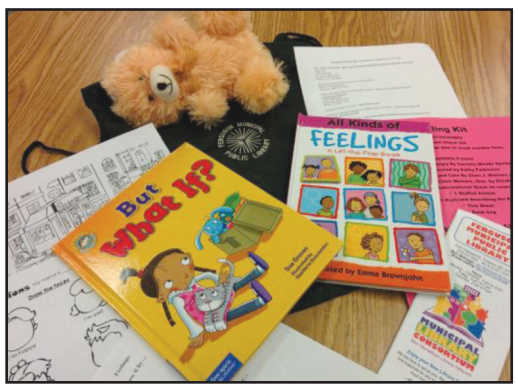
CITY OF FERGUSON, MO.

Serving Ferguson and Surrounding Communities

Ferguson Library Leads Community Towards Unity and Diversity

Due to the infusion of gifts received after the August 9th unrest, the Ferguson Municipal Library has been able to prepare special programs dealing with healing. Visit your library to learn more.

Available Now: Ferguson Library HEALING KITS



We at Ferguson Library want to do everything we can to help Ferguson area families, and especially our youngest patrons. With the aid of students from Forest Park Community College, we have made special Healing Kits available for checkout.

Each kit contains 2-3 children's books dealing with emotional health to help your child cope during this troubled time, an information sheet about where to find mental health help, activity pages, a list of the contents to help you keep track of everything, and a stuffed animal for the child to keep.

Each kit is available at the library for a two week checkout. The stuffed animal and the papers are yours to keep.

Though the primary goal of these is to help our smallest patrons, we hope these kits will bring some measure of comfort to all of our library family in the Ferguson and surrounding areas, young and old.

READINGS on RACE Book Club

Ferguson Municipal Public Library

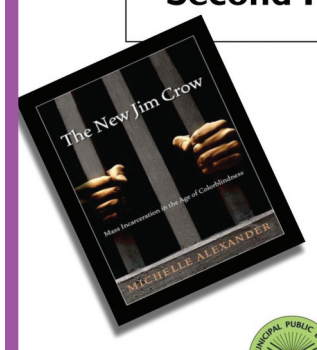
2nd Monday of each month

First Meeting: Monday, January 12, 2015
6:30pm

Join us as for this introductory session. We will discuss future book choices, and a handful of relevant articles. ***Links to the articles are included below and copies are available at the library.*** Feel free to read other articles and bring your own knowledge.

St. Louis American	St. Louis Post-Dispatch	Other sources
http://bit.ly/1A7KuEw	http://bit.ly/1stUSA5	http://wapo.st/1AfHns8
http://bit.ly/1uTclEk	http://bit.ly/1Gp3EaV	http://nyti.ms/12uAxEF

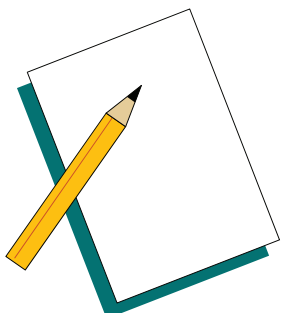
Second Meeting: Monday, February 9, 2015
6:30pm



The New Jim Crow by Michelle Alexander

Ferguson Municipal Public Library
35 North Florissant Road ◦ Ferguson, MO 63135
(314) 521-4820

Free Writer's Workshop at the Ferguson Library!



Everyone has a story they want to tell, whether that is from fiction or part of your life. In this 4 hour workshop on **Saturday, January 24th**, Hugo award-winning author Mary Robinette Kowal will walk you through how to write short stories using a combination of lecture and in class exercises. The session will cover economical prose, effective use of point-of-view and how plot works in short form. This is a chance for you to tell your story.

Register online at http://bit.ly/1zmAbMW to reserve your seat.

Financial Literacy Workshop

Join us!
We're learning about...
Mortgages

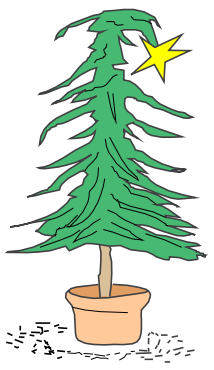
Learn the ins and outs of different mortgage options and services with local U.S. Bank specialist, Aleta Johnson.

FREE and OPEN TO THE PUBLIC!

Wednesday, January 7th, 2015
7pm
Ferguson Library Auditorium

Ferguson Municipal Public Library
35 North Florissant Road Ferguson, MO 63135
(314) 521-4820

PRSRT STD
U.S. POSTAGE
PAID
ST. LOUIS, MO
PERMIT No. 05158



Christmas Tree Recycling

The City of Ferguson will once again be offering a site to drop off your Christmas tree for recycling.

The drop site is located at 825 Ferguson Ave. at the Forestwood Sports Complex parking lot nearest the basketball court.

The site will be set up from December 26, 2014 through January 31, 2015.

City Hall News

The Ferguson City Council will meet twice in January. The meetings will be held in the City Council Chambers at 110 Church Street.
The meeting dates are:
Tuesday, January 13, 2015 at 7:00 p.m.
Tuesday, January 27, 2015 at 7:00 p.m.
Ferguson City Hall will be closed in observance of the Martin Luther King holiday on Monday, January 19, 2015.

If You Have Items of Interest, Contact The Ferguson Times – 314-524-1958

Greetings from CityWalk

It's a New Year, and time to make those New Year's Resolutions.

Of course, this year our resolutions will look different than the ones we've made in the past. With the hubbub everyone experienced this past year, we need to think about rebuilding our community. We, as business owners, cannot wait for the city to put everything back together.

Talk to your business neighbors and find out what they do and how you can help them get more business. This works both ways and with each other's help, everyone profits, even if the only result is that you get to know your neighbor better. We need to promote each other. Your customers may be able to use another business in town, and that customer tells a friend and they may become a new customer for you. We need to promote the area so that our customers will not be skeptical about coming into Ferguson. This will be a good starting point.

Get involved; work with the other businesses in town. By working with like-minded businesses owners, this will not be a daunting task. It will take some time, but together, we will be able to build our businesses and our community back to its former glory.

On a lighter note; our Northern Lights Festival was a smashing success, even though it was scaled back. The weather was perfect for mid-December and hundreds of Ferguson residents and their children enjoyed the event. There were plenty of crafts for the kids to work on and, as usual, there was lots of food, including free cookies and hot cocoa.

Some of our local children helped our Mayor, James Knowles, and Santa Claus, light the Christmas tree to cheers from the crowd. Chatting with Santa, he told me that he felt that he needed to be in Ferguson this year, even though it was only 10 days before his annual trek. So leaving his head elf to handle all of the last minute preparations in the work shop, Santa was able to help Ferguson spread the joy of the holiday.

(This section reserved for the General Membership Businesses of the FSBD.) Our board meeting is held every third Thursday of the month. We meet at 5:30 pm in the offices of Pearce Neikirk located at 427 S. Florissant Rd. Our next meeting is January 15th and all businesses located in the Downtown District are invited. We hope to see you at our meetings and if there is anything that you would like to share with your fellow district businesses, let us know; we'd be happy to help you get the word out.

Until next month, I would like to wish everyone a Happy and Healthy New Year. Introduce yourself to your neighbor and keep on walking, we're CityWalk!

Ferguson Fire Department & Police Host Kid's Christmas Party

50 children were treated to an early Christmas celebration in December called Ferguson Cops and Kids. Children from the Ferguson Florissant School District gathered at fire station number 1, where they were treated to a tour, a specially prepared lunch, and given coats, hats, and gloves by Santa. Kids also got lots of gifts from a toy store created inside the fire station. Ferguson Cops and Kids was made possible by the Fraternal Order of Police with contributions from the local community. Police dispatcher and organizer Shannon Dandridge said, "My day was complete when a kid looked up at me and said this was my best Christmas ever."

Ferguson Cops and Kids will now be an annual event in the city.

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter,16 Sandringham, Ferguson, MO, 63135
or by *e*mail: cider@att.net
Copy or ads for the paper must be received by the 15th of the month for insertion in the following month's paper.

The Plumber's Crack

By Oh Baby *bigohbaby@sbcglobal.net*

Gray skies, heavy coats and scarfs, people walking fast in a daze, television loaded with weight loss ads, city trucks running around town with plows on the front; BRRRRRR it must be January and time for a chilling version of the Plumbers Crack .

Well my loyal readers of the Crack, it's a new year but we are going to go back in time and talk about some old problems. We are going to start with drain cleaners. I have explained in the past that when the weather gets cold and the wind comes up, some of the cold air drafts down your vent pipes. That in turn causes the grease and detergents to harden and get sludgy.

Pouring liquid drain cleaners down your pipe will not help open that drain. The only time that junk works is if it's stopped up right in the trap under your sink. In that case you can take the old plumber's helper and plunge it once or twice – and bam – it's open. Remember if you can't open it with plunger, you can't open it with a liquid drain cleaner. They are bad for our Eco system and caustic enough to burn your skin and ruin sewer cables. Glad I got that off my chest .

Here is another flash from the past. Faucets. Remember, if you are wanting to change your faucet, read consumer reports, talk to your plumber or knowledgable hardware store person. I know sometimes looking pretty can over rule common sense, but don't order something out of a catalog that one or two years down the road you can't get parts for.

Even worse, if you can get parts, they cost as much as the faucet and it takes longer to repair than to install a new one.

It used to be a good rule of thumb that "if they didn't put their name on it, don't buy it." Now even some of the junk brands are putting their names on them.

Well that's about all Oh Baby has this month. I only mentioned the above because I've seen a rise of these problems in the last month.

I'll end this like I do every month especially with the cold weather – please check on the elderly and offer to pick up something at the store, or see that they are warm and comfortable. Talk to your neighbors and look out for each other. Hug and nourish them children – they are our most precious asset. Have a happy New Year and God Bless you all.

Oh Baby

Support the hard-working small business owners and employees in our community

SHOP FERGUSON

DELLWOOD • FERGUSON • JENNINGS

shopfergusonmo.com
#ShopFerguson

P8563, D8563

Premier Plumbing Solutions

Say "I Love Ferguson"
When presented your bill and receive..... $10 OFF

Dave Walters (Oh Baby)
Master Plumber / Drain Layer / Licensed / Bonded
• No Service Charge • Free Estimates
• 10% Senior Discount (Maximum of $50)
• Compare our Price on Water Heaters

524-0222

If you live in an older home and you want to help "Maintain Yesterday for Tomorrow"

Call Bob 524-1264

Painted Effects Contracting llc

See Bob on Job column on Page 17

Page 03_Layout 1 1/6/15 10:24 AM Page 1

City of Ferguson
Candidate Petitions Available
Election Notice – April 7, 2015

The City of Ferguson, Missouri, will hold an election on Tuesday, April 7, 2015, for the offices of Council Member Ward 1, Council Member Ward 2, and Council Member Ward 3 for 3 year terms. Any person wanting to file a declaration of candidacy for this office must also submit a petition signed by at least 50 and not more than 75 registered voters. The petition forms are now available in the City Clerk's office and may be picked up at any time during regular office hours.

The petitions may be submitted upon the filing of a declaration of candidacy but must be submitted no later than 5:00 p.m. CST on January 20, 2015, and must be accompanied by a $10.00 filing fee, which will be returned if the candidate receives at least 5% of the votes in the election.

The petitions and declarations of candidacy must be filed with the City Clerk at Ferguson City Hall, 110 Church Street. Under State Law, declarations of candidacy will be accepted starting on the opening date for filing and will not be accepted after the last date for filing. Candidate filing for the Ferguson City Council will open at 8:00 a.m. on Tuesday, December 16, 2014, which date is the sixteenth Tuesday before the election. Candidate filing will close at 5:00 p.m. on Tuesday, January 20, 2015, which date is the eleventh Tuesday before the election.

For further information, please call the City Clerk at 524-5152.

CITY OF FERGUSON, Megan Asikainen, City Clerk

Ferguson-Florissant School District
Board of Education

Declarations of Candidacy

Two three-year terms for the office of Director on the Ferguson-Florissant School District expire in April 2015.

Declarations of Candidacy may be picked up in the Office of the Superintendent at 1005 Waterford Drive, Florissant, Missouri from 7:30 a.m. to 4:00 p.m. on days the district is open. Under Missouri law, the first day to file as a candidate is Tuesday, December 16, 2014. Filing closes at 5:00 p.m. on Tuesday, January 20, 2015. School district offices will be closed Monday, December 22, 2014 through Friday, January 2, 2015.

The annual election for the Board of Education is Tuesday, April 7, 2015. A person who wishes to file for candidacy for the Board of Education must be:

1. A citizen of the United States
2. At least 24 years old
3. A resident taxpayer of the school district
4. A resident of the state of Missouri for at least one year

In addition, the candidate must follow these procedures:

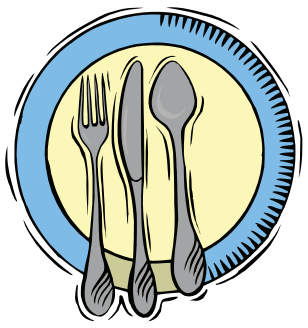
1. File a declaration of candidacy
2. Line up for filing pursuant to district Policy 4013

Does The Mid-Winter Blues Have You Down???

Well, then grab your family and friends and come on down to our

8th Annual Entertainment and Dining

to benefit the St. Louis chapter of
Handicapped Encounter Christ (HEC)
at the
Savoy Banquet Center at 119 S. Florissant Road, Ferguson
Friday, February 6th, 2015
6:00 pm
Tickets are $20/person for Dinner & Entertainment
$30/per couple



"Free-Will Offering" for Entertainment only
For Tickets, family rates, or more Information, please contact:
Dwain at: 314-522-1857
Jeff at: 314-524-0500
Pat at: 314-570-3409

New Year's Resolution:
Stay alert to any person who appears to need help or assistance and place a priority taking the time to do whatever you can to make that person's day and life better.

Give the Gift That Keeps On Giving

Parents as Teachers.

Give your child a gift that will keep on giving for a lifetime. Your baby was born to learn. Give your child the best possible start in life by enrolling in the Parents as Teachers program.

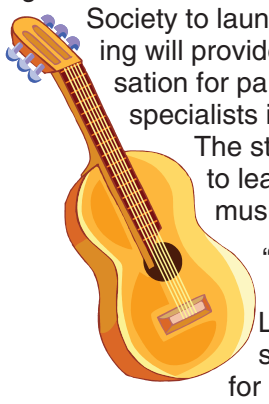
The Parents as Teachers program works with parents to provide them support and information on their developing child. Parents as Teachers is designed to foster strong, loving relationships between parents and their children.

Free program services include: personal visits, parent-child activities in a group setting, developmental screenings, and assistance with community resources.

Call the Ferguson-Florissant School District's Parents as Teachers program, 314-506-9069, to enroll. Upon completion of your first personal visit a certified parent educator will present your child with a free book.

Ferguson-Florissant School District Students to Learn to Play the Classical Guitar

Fifth and sixth graders from Central and Johnson-Wabash Elementary Schools in the Ferguson-Florissant School District will soon be strumming melodious sounds thanks to the Saint Louis Classical Guitar Society. The Augustine Foundation of New York City is donating $20,000 to the Guitar Society to launch Phase One of its Ferguson Guitar Initiative. Funding will provide for high quality classical guitars, additional compensation for participating classroom teachers, and educational specialists in the classrooms compliments of the Guitar Society. The students will meet twice weekly, in groups of up to 15, to learn to play the classical guitar and perform beautiful music with their peers.



"We know that music motivates and prepares students for higher achievement," said Lawrence W. Larrew, acting superintendent of the Ferguson-Florissant School District. "This is a wonderful opportunity for our students."

Phase One of the initiative is scheduled to begin in January and continue through the fall. A new on-line curriculum developed by Austin Classical Guitar will be utilized in the classes, and professional development sessions on the curriculum will be offered to interested teachers in the district for future expansion of the initiative. Additional funding is being sought to continue the program into spring 2016 and to expand the reach of the program into six additional Ferguson-Florissant schools.

For additional information, contact Saint Louis Classical Guitar Society President William Ash at 314-569-3299.

Ben (Bud) Sanders
1928-2014

Benjamin Harrison "Bud" Sanders, age 86, passed on Monday, December 15, 2014.

Beloved husband for 65 years of the late Betty Jean (nee Ivester) Sanders. Loving father of Andree Sanders, Yates W. Sanders and Ivan (Andie) Sanders. Father-in-law of the late Cheryl Sanders. Dear grandfather of Megan, Elizabeth, Benjamin, Julian, and Yates H. Sanders. Dearest brother, brother-in-law, uncle and friend.

Bud was born in 1928 in Marietta, SC, found love in Detroit, MI and was married to the late Betty Jean on May 16, 1947. Bud and Betty Jean raised 3 loving children in Detroit, St. Louis and New Jersey. After working for Greyhound Bus Lines for 43 years he settled back in St. Louis in 1992 to enjoy grandchildren, family & friends.

Bud was also very active at St. Mark's United Methodist Church as well as the Ferguson 4th of July Committee. In fact he insisted upon not only cooking the chicken and

dumplings for the 4th of July fund raiser held just 3 months ago, but he also insisted on donating all the ingredients and then manning the cash register the evening of the event.

Whether it was selling papers for Old Newboys, or shopping for the food pantry, Bud was a tireless worker and volunteer. "I love living in Ferguson," said Bud. "I've made a lot of nice friends and am constantly meeting great people. It is the best community I've ever lived in."

Ferguson Community News Page

Progress is the Ferguson "Normal"

By Mayor James W. Knowles III

"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us."
— Hal Borland, American Author/Journalist – 1900-1978

Over the past several months, as the unrest dragged on and both businesses and personal lives were disrupted, I heard residents constantly ask the question, "When will things get back to normal?" That was a question I had no answer to, because normal is not the same for everyone. Normal by definition is "the usual, average, or typical state of condition." For many people who were content with their daily lives in Ferguson, getting back to normal meant getting back to living the pleasant life they chose, in the community they chose to live in. After all, for over a decade, many residents recognized the tremendous strides the community has made in economic and community development, working to make the city a "Community of Choice", as our motto proudly states.

But what is a normal, everyday, or ordinary occurrence for some, is not the experience they chose or would find pleasant. While many are content with those everyday "normal" experiences, others experience a normal that they actively work to change. Since August, we've heard from many citizens that are looking for something different than their normal lives, something different than they experience day in and day out. The outcry of these citizens has brought to light a number of issues that have previously gone unnoticed or unaddressed. These citizens aren't looking to return to "normal", they are looking for something else.

I've heard people talk about how the events here in Ferguson have changed the community forever. Many people say the community will never return to normal, but will instead exist differently in a "New Normal." That's the buzzword that media pundits, activists, and residents have thrown around to describe what will be the typical state of things in Ferguson after the unrest. By definition a new normal would be different than we are used to, but it is unclear what that state of things would be.

While many residents talk of their longing to return to normal, others decry that we can never return to normal, because for them normal didn't work. It seems quite the conundrum. How can we reconcile a situation where segments of our community moved here, purchased homes, or invested in businesses because of what Ferguson is, while other segments of our community wish to change it or re-create it into something different? Is it possible the old can exist alongside the new?

This community has seen a lot of change over the past 120 years. A drive from one end of town to the other will take you past century old Victorian homes across from more modern ranch-style houses, and through a bustling historic main street on your way to a modern shopping plaza. We have a community center where our seniors have a dedicated space directly across from where our teen center is located. We are a community where lifetime homeowners live next door to newly arrived residents. We have festivals, neighborhood associations, and city programs where people of all ages, races, creeds, and backgrounds, come together in a sense of community that is unlike many other places. Change has been normal in Ferguson, but we have always found ways to accommodate both the old and the new.

People like to talk of change, but I prefer to talk of progress. Change doesn't signify a direction; it just indicates something will be different. Progress is about moving forward, and progress in Ferguson is about moving forward for all people. The future of Ferguson is one of progress, with a healthy homage to our past as we work toward a brighter future. As a community we have been changing for a long time, and as we begin this new year, let's rededicate ourselves to making "progress" the Ferguson "normal".

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Jan 7 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assc.	Jan 8 7 pm	Corner Coffee House 100 N Florissant	Kate Mazzacavallo katemazza@yahoo.com
Nesbit-Newton	Feb 26 7 pm	St Peters UCC 1425 Stein Rd	Paul Beins 314-869-5080
North Hills Neighborhood	TBA	Spring Valley Park 7486 Halpin Dr	Keith Kallstrom 314-524-1720
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Corner Coffee House 100 N Florissant	Glenda Rickard 314-364-4306 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Jan 15 7 pm	Corner Coffee House 100 No Florissant	Vicki Salsman 314-522-3883
Robert-Superior Neighborhood Group	As Needed	Robert-Superior Park	Craig Kidd 314-522-3151
Southwest Ferguson Neighborhood Group	Jan 12 7 pm	Our Lady of Guadalupe 17 Hawkesbury	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
Hudson Hills Neighborhood	TBA	St Peters UCC 1425 Stein Rd	Mary Simmons hudsonhills63135@gmail.com

Snow Removal

The City of Ferguson crews work 24/7 to clear approximately 150 (lane miles) of pavement to keep traffic moving. As a resident, the number one thing you can do to assist snow removal crews is to not park on the street whenever snow is in the forecast. If you must park on the street, please make certain that you don't park directly across from another vehicle. This makes it almost impossible for our snowplows to safely pass. Please remember to always stay clear of snowplows.

Residents can also help protect their property and keep streets clear by following these guidelines:

- Don't push snow into the street. Placing any materials, yard waste, or snow on a public street is against city ordinance and may result in a fine.
- Clean your own driveway, sidewalk, mailbox, and parking lots. Residents and Business Owners are required to keep their own driveways, sidewalks, mailboxes, and private streets clear of ice and snow.
- Clear the road. No service will be provided if the crews feel they cannot safely plow your street because of parked cars or other obstructions.
- Cul-de-sac's – over the course of the last few years, it has become increasingly difficult for crews to effectively plow cul-de-sacs. Parallel parking is the only approved parking for cul-de-sacs. If cars are parked in any other fashion, we will not be able to plow these cul-de-sacs. It's difficult to plow a Cul-de-sac even when cars are parked correctly; so it's better if no cars are parked in the street at all.

The City of Ferguson is responsible for most streets within the Ferguson City Limits including Florissant Road from Thoroughman to Brotherton. There are several private streets the City does not plow. MoDOT and St. Louis County are responsible for several streets within the City; a list can be found at the bottom of this article.

When snow begins to accumulate, snow removal crews are dispatched. To keep traffic moving, the city emphasizes clearing primary streets such as Florissant Road, Frost, January, Dade, Carson, Suburban, Forestwood, Powell, Church, Woodstock, Paul, Ferguson Avenue, etc. first. After this is completed, we move on to secondary streets (all remaining streets in the City). Keep in mind the City has four separate snow route crews, and depending on where your street falls in that route, it could be a few hours until your street is plowed. Rest assured, we will be there to plow your street.

For more information on the Ferguson Snow Removal process, please call the Public Works Department, Street Maintenance Division at (314) 521-8373.

The Missouri Department of Transportation (MoDOT) is responsible for clearing the following federal and state roads; Florissant Road north of Thoroughman, New Halls Ferry, and Pershall Road. St. Louis County is responsible for; Bermuda, Elizabeth, Hudson, Airport / Hereford / Chambers, and West Florissant. The City of Ferguson cannot clear these areas. If you have questions or concerns about these roads, please contact MoDOT at (314) 275-1500 or St. Louis County at (314) 615-1111.

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.
City of Ferguson City Council: James W. Knowles,III, Mayor; Mark Byrne, Ward 1; Kim Tihen, Ward 1; Dwayne James, Ward 2; Tim Larson, Ward 2; Keith Kallstrom, Ward 3; David G. Conway, Ward 3. City Manager: John Shaw. Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Page

Be sure to get up to the Recreation Office to register
or call us at (314) 521-4661.

Community Center
The City of Ferguson is excited to offer a diverse range of programming at the newly opened community center including fitness classes, youth programming, teen programming, senior programming, and fun family activities. The building will consist of a fitness area, a game room, gymnasium, internet café, locker rooms, multi-purpose rooms, senior center, and a teen center. The building will be open Monday through Friday from 6:00 a.m. to 9:00 p.m., Saturday from 8:00 a.m. to 9:00 p.m., and Sunday from 1:00 p.m. to 5:00 p.m.

The Community Center will be available for rentals for special events, meetings, and parties as well as provide space for a variety of community groups such as neighborhood associations, civic groups, and other local organizations to meet. The multi-purpose rooms will be able to house a small meeting up to a larger event.

PROGRAMMING

Children's Tumbling
This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet
Age: 3 ½ - 7
Date: Wed, Jan 14 (8 week session) Wed, Mar 11 (8 week session)
Time: Wed, 6:00 p.m. – 7:00 p.m.
Location: Ferguson Community Center
Fee: $34/Members; $39/Residents; $44/Non-Residents

Children Tap and Ballet
A wonderful opportunity for a child to learn creative movement along with simple dance steps and tap and ballet routines. Tap and ballet shoes, leotard, and tights are highly recommended but not required. No jeans, baggy clothes, tennis shoes, or bare feet.
Age: 3 ½ - 7 years old
Date: Wed, Jan 14 (8 week session) Wed, Mar. 11 (8 week session)
Time: Wed, 7:00 p.m. – 8:00 p.m.
Location: Ferguson Community Center
Fee: $34/ Members; $39/Residents; $44/Non-Residents

Hip Hop or Jazz Dance
High energy class starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes, or bare feet.
Age: 3 ½ - 7 years old
Date: Wed, Jan 14 (8 week session) Wed, Mar 11 (8 week session)

FITNESS

Core and More
This class will firm your stomach, trim your waistline, tighten your gluts, and target your entire midsection.
Age: 18 years and up
Date: Tues, Jan 13 Thursday, Jan 15 (Ongoing six week sessions)
Time: 6:00 p.m. – 7:00 p.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Aerobics
This fitness program is designed for all skill levels. High Impact will improve your heart rate, increase energy levels, as well as improve strength and flexibility.
Age: 18 years & up
Date: Mon, Jan. 26 – Wed, Jan. 21 – Fri, Jan. 23
(Ongoing 6 week sessions)
Time: 6:00 p.m. – 7:00 p.m.
Location: Ferguson Community Center
Fee: $25/Members; $30/Residents; $35/Non-Residents

Total Fit
"Constantly varied, high-intensity, functional movement." Come by and see for yourself.
Age: 18 years & up
Date: Sat, Jan 17 (Ongoing 6 week sessions)
Time: 12:00 p.m. – 1:00 p.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Yoga
Increase balance, ability to focus/concentrate, develop a strong core & powerful legs, build strength, and enhance muscle tone, circulation, flexibility, posture, coordination, & range of motion. Enhance body, mind & spirit through movement, meditation & deep breathing.
Age: 18 years & up
Date: Jan, 20 – Jan, 22 (Ongoing 6 week session)
Time: Tues & Thurs 7:00 p.m. – 8:00 p.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Tai Chi
The slow, dance-like speed of Tai Chi facilitates balance, flexibility, and calmness, with an emphasis on deep breathing. Tai Chi benefits your mind and body by relieving stress, improving balance, and promoting an active lifestyle.
Age: 18 years & up
Date: Jan, 22 – Mar, 5 (Ongoing 6 week session)
Time: Tues & Thurs 1:30 p.m. - 2:30 p.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Zumba
Latin inspired, dance-themed workout featuring aerobic & interval training with a combination of fast & slow rhythms that tone & sculpt the body. Ditch the workout and join the party!
Age: 18 years & up
Date: Jan 17 (Ongoing 6 week session)
Time: Sat 9:00 a.m. – 10:00 a.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Senior Fitness
Have fun and move to the music through a variety of exercises designed to increase cardiovascular health, muscular strength, range of movement, balance, coordination, and activity for daily living skills. A chair is used for seated and/or standing support. MSROM means muscular strength & range of movement.
Age: 60 years & up
Date: Mon, Jan 12 – Wed, Jan 14 (Ongoing 6 week sessions)
Time: Mon & Wed 10:00 a.m. – 11:00 a.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Ripped
High energy cardio exercise class that involves a variety of cardiovascular activities. This cardio class will help motivate you and challenge your existing workout.
Age: 14 years & up
Date: Mon Jan 12 – Wed Jan 14 (Ongoing 6 week sessions)
Time: Mon & Wed 7:00 p.m. – 8:00 p.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Youth Sports Conditioning
A cardiovascular focused class geared toward kids. Instructors will focus on sport minded drills and activities to build kids strength, endurance, and agility.
Age: 8-14 years old
Date: Mon, Jan 12th (Ongoing 6 week session)
Time: Sat 9:00 a.m.
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

TEENS

Hidden Valley Ski Trip
Get ready for fun in the snow! Join us for the annual ski trip to the Hidden Valley Ski Area. Whether you have never skied, have skied, or think you are a semi-professional, this trip is for you. Instructional classes for beginners and refresher classes for the experienced will be available. Please bring additional money for food and drink. Sign up early as this trip fills up fast.
Date: Saturday, January 31
Time: 8:00 a.m. - 5:00 p.m.
Fee: $32 Residents; $37 Non-Residents

DOG OBEDIENCE

Puppy Pre-School
Get your puppy off on the right paw with classes that encourage good behavior while helping you establish a strong bond with your new arrival.
Date: Fri, Feb 6
Time: 6:15 p.m. – 7:30 p.m.
Location: January Wabash Park
Fee: $49/Residents; $54/Non-Residents

Beginner/Advanced Dog Obedience
Covers commands such as: heel, sit, down, stay and come. Introduction to agility and socialization with other dogs and people. Class then expands on all beginner level instruction with further development for your dog to learn behaviors involving distance, duration, and distractions.
Date: Fri, Feb 6
Time: 7:30 p.m. – 8:45 p.m.
Location: January Wabash Park
Fee: $49/Residents; $54/Non-Residents

Page 06_Layout 1 1/6/15 10:25 AM Page 1

Ferguson Parks and Recreation (Continued from Page 5)

Wayside Park Unleashed

This park is for the dogs, accompanied by responsible owners, to play without leashes. The facility offers a great opportunity for individuals to spend quality time with their dogs and friends while enjoying the park. The park features both small/ large dog areas.

The park is open from 7 a.m. to 9 p.m. daily. Registration is required and can be completed at the Recreation Office. Owners will need to bring up-to-date shot records: rabies, DHPP and Bordetella.
Yearly Fee: $15 Residents; $30 Non-Residents
$5 per additional dog (three dogs per family).

ATHLETICS

Women's Adult Volleyball

Calling all teams for women's volleyball! Come on out and show your stuff for either our Monday or Thursday Leagues!
Ages: 18 and up
Date: Monday January 5; Thursday January 8
Times: 6:30 p.m. - 9:30 p.m.
Location: Ferguson Middle School
Fee: $180/Residents; $195/Non-Residents

3 on 3 Men's Basketball League

Grab 3 of your closest friends and join the Ferguson Recreation 3 on 3 men's basketball league. Teams are made of four players allowing for one substitution. There will be seven weeks of games with one week of playoffs.
Ages: 18 and up 40 and up
Dates: Men's Tues, Jan 27 – March 17 Senior's Thurs, Jan 29 - March 19
Times: 6:00 p.m. - 9:00 p.m.
Location: Ferguson Community Center
Fees: $140/ Members; $150/Residents; $160/ Non-Residents

Walking Program

It's a New Year! Enjoy the new Fitness Walking Program. Enjoy yourself while walking the hall of the new Community Center in consistent temperature during the winter.

- Hall Walk, 4 laps = 1 mile
  - Reduce Stress, Live Longer, Lose Weight, Become Healthy, Socialize, Boost Energy

Age: All ages
Date: Begins Jan. 12
Time: 7:00 a.m. – 9:00 a.m.
Location: Ferguson Community Center
Fee: $1/Residents; $3/Non-Resident; Membership/Free

EXCURSION

Tunica

Odds are you'll love Tunica – with lots of casinos and gaming activities: you choose from one-arm bandits (slot machines), reaching the magical "21" in Blackjack, or winning a poker hand. You can bet you are sure to have a winning time on this trip. So if you love the gaming experience, don't miss out on trying your luck in this gambling town. The cost will include motorcoach transportation, two nights lodging, seven buffet meals, luggage service, plus driver gratuities.
Date: Tuesday, March 24 – Thursday, March 14
Time: 7:00 a.m. - 8:30 p.m.
Fee: TBD

THARP
Cleaning Is Our Specialty
SEWER & DRAIN
DRAIN CLEANING
$73
Over 25 Years Experience
ELECTRIC SEWER CLEANING
426-1758
423-5931
EVENINGS & WEEKENDS
EVENINGS & WEEKENDS

Curves | jenny CRAIG

CURVES HAS SOME BIG NEWS...
JENNY CRAIG IS NOW A PART OF THE FAMILY!

Now, you have **three ways** to reach your goal:

JENNY CRAIG MEMBERSHIP
- One-on-one support from your personal consultant
- Delicious Jenny Craig food that's perfectly portioned
- Guaranteed results or your monthly fees back

CURVES MEMBERSHIP
- Strength training for a full body workout in just 30 mins.
- Fact-to-face coaching on the circuit

CURVES + JENNY CRAIG MEMBERSHIP
- The complete weight loss solution with special savings

JOIN TODAY AND SAVE $100
STOP BY OUR OPEN HOUSE JANUARY 5-15
TO BE ENTERED TO
WIN A FREE MEMBERSHIP

1817 Dunn Road Florissant, MO 63033
314.839.0077

†Lose 12 lbs. in 12 weeks or your first three month's fees back. $90 (US) / $95 (CA) minimum food purchase per week for 12 consecutive weeks required. New members only. 12 consecutive consultations required. Clients following our program, on average, lose 1-2 lbs per week. Restrictions apply.

*Plus the cost of food. Plus the cost of shipping. Offer only valid when you enroll in both Curves and Jenny Craig All Access programs for a 12 month membership at participating locations. $100 in savings is comprised of a $50 discount on $198 enrollment plus $50 food savings applied to first food purchase with a minimum of $270 US/ $285 CAN, exclusive of shipping costs. Enrollment and monthly fees required. No cash value. Offer expires 1/31/15. Not valid with any other Curves offer or Jenny Craig offer or discount. New members only. Restrictions apply.

**No fee to enter. Plus the cost of food. Plus the cost of shipping, if applicable. Prize is one (1) All Access Curves plus Jenny Craig membership for 12 months, including enrollment fee and monthly membership fees. Time and date of drawing subject to location. Must be redeemed within two weeks of notification of winning. Drawing to be held no later than January 31, 2015.

Jenny Craig® is a registered trademark under license. © 2014 Curves International, Inc (1501)

Saturday, January 17th
Ferguson Indoor Farmers' Market

The indoor market, located at St. Stephen's Church at the corner of Darst and Clay, is open through April 18th, then beginning on the first Saturday of May, the market will be located outdoors at the Victorian Plaza. Find friendly farmers, meat vendors, specialty baked goods, teas, olive oils, coffees, made-to-order omelets, and other natural goodies.

St. Stephen's Church
33 North Clay
9:00 am to noon

We have endured together.

We have been astonished, hurt, angry, sad, shocked, and stressed. We have questioned everything we know about Ferguson. We have become a little more polite with strangers and a lot less tolerant of media and politicians. We disagreed with each other - even as we united against unfair outside attacks.

I am running for the Ward 1 Ferguson City Council. I have struggled with the same questions as you, and I believe I have some of the answers. They are common sense measures to encourage more cultural, economic, and civic ties between two very different parts of town.

These solutions aren't expensive or retaliatory. They target underlying conditions that preceded the unrest and will continue if we do nothing.

There are thousands of residents in a high-crime corner of town most of us never see. They don't feel like part of the community, and we can fix that. Please visit my web site to see how.

Doyle McClellan
www.fergusonward1.com
"Good neighbors are the key."
Paid for by Doyle McClellan

Attentive In-Home Health Care

Need help?
If you have Medicaid, it can be FREE!
Where Attention is Given to Every Detail
Bonded, Licensed & Insured

Emma Miles
Office: *(Located in Ferguson)*
314.522.6678
Fax: 314.522.6681
aihhc@att.net

4th Annual
ACKERMAN SCHOOL TRIVIA NIGHT
JANUARY 17, 2015

$15 / PERSON
TEAMS OF 8

Florissant Civic Center
1 James J. Eagan Dr.
Florssant, MO 63033

Doors open at 6:15 pm
Games starts at 7:00 pm

Free snacks and soda/water

BYOB/wine/food

Raffle Baskets

Reservations: Jennifer Siem 314.989.7247
JASiem@ssdmo.org
All proceeds benefit Ackerman School and
Special Olympics of Missouri

Karen Knotts
TIED UP IN KNOTTS
A DAUGHTER'S TRIBUTE TO A FUNNY and TERRIFIC DAD

Tied Up in Knots is a must – see for kids of the '50s, '60s, and '70s who grew up laughing at Don Knotts as Barney Fife on the Andy Griffith Show. It's a true father-daughter story about growing up in a celebrity 'Diva' world with the love of Mayberry. Karen Knotts tells stories about her legendary comedian dad, Don Knotts. Karen Knotts one - woman show engages the audience with comedy, music, characters, and stories about her dad, Don Knotts.

"Her regard for her father is one of warm and considerable affection, and it is obvious that she considers her late dad to have been a great guy." Karen says, "When my father passed away in February 2006, I wanted to pay tribute to him in the way I knew him best: as an amazing loving dad. It's true that Don Knotts was one of the greatest and most beloved character actors to hit the stage and screen in America, with five Emmy Awards to his credit! However, in my one-woman show, *Tied Up in Knotts*, I try to capture the essence of Don, the man, because I always thought he was the funniest when he was just being himself."

The Florissant Fine Arts Council will host *Tied Up in Knotts* on **Sunday, January 11 at 2:00 p.m. at the beautiful Florissant Civic Center Theatre**, at Parker and Waterford Drive as part of their Applause/Applause Series which features professional national and international companies. Tickets are $28 for adults and $26 for seniors and students. Group rates are available also. Call the box office at 314-921-5678 for tickets and information or go online at www.florissantfinearts.com

The Florissant Fine Arts Council presents the Applause/Applause series with financial support from our members, the Regional Arts Commission, Missouri Arts Council, a state agency, the Employees Community Fund of Boeing and the City of Florissant.

Free Introduction to Modern Western Square Dancing

for couples and singles of all ages.
Begins Tuesday, February 3 and 10, 2015, 7:00-8:30
at Trinity Lutheran Church, 14088 Clayton Rd.,
southeast corner of Clayton Rd and Hwy 141.
Following the free introduction, the program continues on Tuesdays for $5 per person.
Children ages 8-18 are free with paying adult.
No experience necessary.
Wear casual clothes. Good fellowship and great fun!

Contact Jack and Mary Ann Marincel at 314-894-2567, momarincel@gmail.com or visit www.westcountyspinners.com.

Oak Hill Baptist Church
Food and Clothing Pantry
Open every 3rd Saturday of the Month (January 17)
1:00 p.m. to 3:00 p.m.
Church is located at 2166 Pershall Road
(directly behind the Burger King and Krispy Kreme off West Florissant

Pantry is open to the General Public and is well stocked with donated items. Spead the word about this free community esource sponsored by Oak Hill Baptist Church where "There is a place for everyone"

Feel free to join us for Sunday service at 10:40 a.m.

Blessed Teresa of Calcutta Trivia Night

When: Saturday, January 24th, 2015
Where: Incarnate Word Academy
Time: Doors open at 6pm, Trivia starts at 7pm
Cost: $160/table of eight

For reservations: email trivia@btc-school.org
or call Shawntee at 314-496-0813

Proceeds benefit Blessed Teresa of Calcutta School

NORTHWEST CHAMBER OF COMMERCE Since 1951

Membership Meeting
Thursday, January 8th

Renaissance St. Louis Airport Hotel

Annual Meeting
Awards Banquet & 2015 Board Installation

Set Aside this Date...
Sunday, April 12
Members of the St. Louis Symphony will appear
WHERE YOU WORSHIP
at
Our Lady of Guadalupe

Support our local businesses and keep your tax money in our community
SHOP and DINE IN FERGUSON FIRST

FERGUSON ECOLOGY TEAM HOSTS FOURTH WINTER/SPRING FILM SERIES

The first film of the winter/spring film series hosted by The Ferguson Ecology Team will be "The Wisdom to Survive—Climate Change, Capitalism and Community", **Tuesday, January 27, 2015, 7:00 PM, St. Stephen's Episcopal Church Parish Hall** (33 N. Clay (at Darst), Ferguson, MO 63135). The film asks the question: Will we have the wisdom to survive? It features thought leaders and activists in the realms of science, economics and spirituality discussing how we can evolve and take action in the face of climate disruption. They urge us to open ourselves to the beauty that surrounds us and get to work on ensuring it thrives.
The film is free and open to the public.

Live to Muddle in Life on the Edge of Hope

On Nov. 30th Bill McClellan wrote an article about us “flawed people” who may be bothered by the eruptions in Ferguson for a while, but then after a passing of appropriate time, we go back to muddling like before. (Back to the “same Ole, Same Ole”, which is my grasp of what it meant?)

I remember reading somewhere that the Pocono Mountains in Pennsylvania are the oldest mountains in the Continental United States. The mountains now raise only 1,600 feet, but at one time they were probably taller than the Rocky Mountains that stand around 14,500 feet, almost three miles high. Rain, snow, winds and erosion has leveled the Pocono Mountains over 300,000,000 years. They say the same thing will happen to the Rockies over time. It is in this setting that I would like to draw attention to the gift of God’s Love in our midst.

God didn’t send His Son for us to muddle around in life, but rather to be filled with His power, grace and love. We, through the surrendering of our hearts in baptism of water or desire, have become his agents of change and transfiguration, more powerful then Mother Nature. We, as believers, always live on “the edge of hope”.

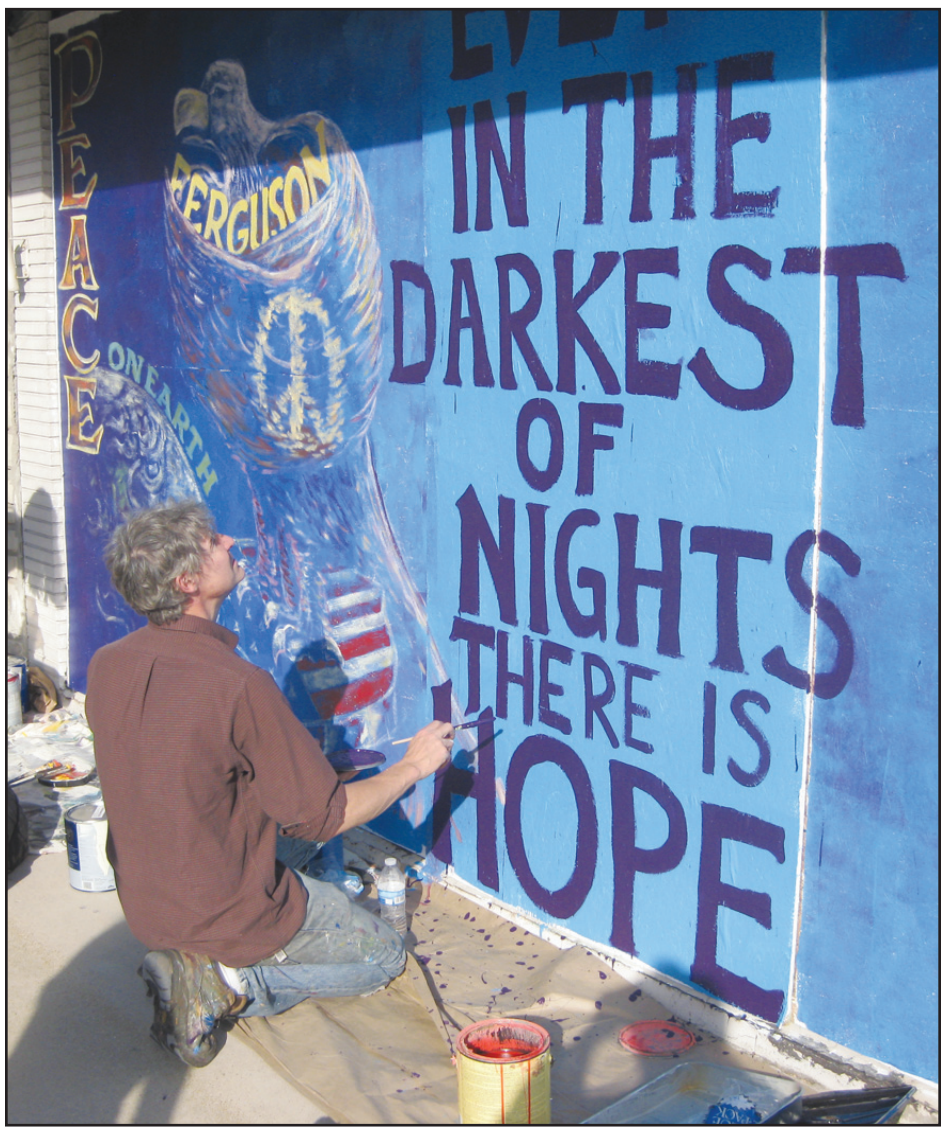
A couple of days after the riots and fires in Ferguson of November 24th, I was sitting in church with a wounded and saddened heart when I opened the scriptures to Isaiah. He spoke about God coming into our midst with His power, His justice and His peace, making all things new. My heart quickened with a renewed spark of hope knowing that the forces of evil will never win overall. God has sent His son, Jesus, the very feast day we just celebrated, and his coming turned our world upside down. Evil, although it shows its ugly head in many ways, has already lost the war in the long run. Jesus said He has initiated the Kingdom and it is here now and yet, to come. Jesus didn’t muddle and he didn’t call forth the disciples to go out and muddle. He told them to go out with His love and tell the world the Good News by your lives. Loving each other and ministering to others in His name. “See how they love one another.”

If Mother Nature can wear down a mountain of 14,500 feet to 1,600 feet over time, I believe we, living on the edge, can change the hearts of others by the Love that God has planted in us. This love faces hate, anger, apathy, mistrust and despair & violence head on and it wins every time. (This is God’s word, not mine.)

As we Lean In, hearing the stories of others and letting them hear our stories, our stony hearts are worn away and we will see and experience each other as brothers and sisters. For us Christians, Jesus is the model for our daily way of life and he wants us to live on the edge of hope.

Father Rosy

Inspirational Message



The weekend after the rioting of August 24 and 25, the businesses that were boarded up were painted with messages of peace, hope and renewal. If you’re feeling depressed, just take a ride, or better yet, a walk, along North and South Florissant Road and see the positive messages by the businesses that have lost so much in the last few months.
Not all boardups were broken windows . . . some were precautionary efforts.

Now Serving the Ferguson and Florissant Communities

	Class Type	Instructor	Time	Location
Monday	Yoga for 50+	Pat	9:00am	Florissant
	Vinyasa Flow	Angie	10:00am	Ferguson
	Chair Yoga	Pat	10:30am	Florissant
	Yoga Express	Angie	11:45-12:30	Ferguson
	Zumba	Charmain	6:00pm	Florissant
	Restorative Yoga	Angie	7:30pm	Florissant
Tuesday	Rise N Shine Yoga	Tracy	6:00am	Ferguson
	Yoga-Pilates	Nancy	9:00am	Florissant
	Yoga Express	Martha	11:45-12:30	Ferguson
	Yoga for Beginners	Jennifer	5:30pm	Ferguson
	Yoga Fusion	Angie	6:00pm	Florissant
	Yoga- All Levels	Karen	7:30pm	Florissant
Wednesday	Vinyasa Flow	Angie	10:00am	Ferguson
	Yoga- All Levels	Pat	5:30pm	Florissant
	Total Body Toning	Charmain	7:00pm	Florissant
	Belly Dancing	Tracy	7:30pm	Ferguson
Thursday	Rise N Shine Yoga	Tracy	6:00am	Ferguson
	Yoga Express	Martha	11:45-12:30	Ferguson
	Hatha Restorative	Suzette	5:00pm	Florissant
	Yoga for Beginners	Jennifer	5:30pm	Ferguson
	Total Body Toning	Charmain	7:00pm	Ferguson
	Yoga- All Levels	Karen	7:30pm	Florissant
Friday	Yoga for 50+	Pat	9:00am	Florissant
	Yoga Express	Angie	11:45-12:30	Ferguson
Saturday	Yoga- All Levels	Angie	7:00am	Florissant
	Rise N Shine Yoga	Tracy	8:00am	Ferguson
	Yoga- Beginners	Angie	8:30am	Florissant
	Yoga-All Levels	Martha	10:00am	Ferguson
	Zumba	Charmain	10:00am	Florissant

Sign up online at www.omturtleyoga.com. Arrive 10 minutes before class starts.
No admittance after class has begun. Super Bendy Body NOT Required!

OmTurtle Yoga
“Super Bendy Body Not Required”

$10 Yoga Drop In ($80 /10 class pass)

$5 Fitness Drop In ($40 / 10 class pass) (Zumba, Belly Dancing, Total Body Toning)

Unlimited Monthly Membership $50 a month All Classes (Normally $100)

Unlimited Buddy Pass for 2 $80 a month
All Classes (Normally $130)

Private Lesson for 1-2 $60 for 1 hour

Private Parties $10 per person per hour
(12 person min)

All memberships and passes good for both locations.

OmTurtle 1
2742 N. HWY 67
Florissant, MO 63033

OmTurtle 2
415 S. Florissant Suite B
Ferguson, MO 63135

Email:
omturtleyoga@icloud.com
Website:
www.omturtleyoga.com

Page 09_Layout 1 1/6/15 10:26 AM Page 1

The Ferguson Computer Corner

by Doug Neely. PRAYER CHANGES THINGS, AND JESUS LOVES YOU!!! TO HIM BE ALL THE GLORY FOREVER AND FOREVER! AMEN AND AMEN!!! So when they continued asking him, he lifted up himself, and said unto them, he that is WITHOUT SIN among you, let him first cast a stone at her. John 8:7, KJV

HERE WE GO AGAIN!
it's January...again! let's start 2015 off right, & begin it with a loving attitude. if you don't speak of love & show your love towards your fellow man, YOU ARE THE PROBLEM, & YOU NEED TO GET WITH THE PROGRAM!

DID ANYONE NOTICE? DEPT.
Windows 8/8.1 is now 1 year old! (actually, 1 year and a couple months if you count the October 2014 release to manufacturers!) i would say: "Happy Birthday!", but i don't see anyone celebrating 8's birthday. how about you? are you happy with 8? let me know. if you want, i'll put your short reply in this column; i'll even put your name to it if you like. (then your name can appear in the FERGUSON TIMES! YIPPIE!) i also think it would be cool if we could see how many of you are using which operating system(XP, VISTA, 7, or 8.) maybe i can think on that a bit. maybe there is some way to find out. hmmm....!

LET ME SHARE SOME LOVE WITH YOU!, DEPT.
you may have noticed that i did not, as i usually do, offer a HALF-PRICE rate on my labor during these last months. well, i'm not gonna do that now! INSTEAD, i am gonna offer you a $10.00/HOUR RATE ON ALL MY LABOR FOR THE MONTHS OF JANUARY, FEBRUARY, & MARCH!* LET'S SEE THE BIG BOYS DO THAT! :) yes, that's right! if i work on your puter these 3 months, it will be only $10/hour! WHY?, you ask? because i LOVE you, & i want to share His love with YOU!
(*for individuals AND businesses!!!...the regular rate is $30/hr. for individuals, & $50/hr. for businesses.) so THERE!!! :)
AND IF YOU THINK THAT IS A GREAT OFFER, READ ON!

ME GO NOW!
i thank GOD that my protective efforts, thus far, have been unused! and that just goes to show you that HE is in control! and now, for HIS offer! GOD will fill you up (till you can't take any more, & then give you more until HE thinks you have had enough) of His love! can you even IMAGINE THAT??? (how can you say no to that?) I AM SPEAKING TO THOSE OF YOU WHO NEED TO HAVE YOUR ATTITUDE ADJUSTED! put your $$$ where your MOUTH is, like i have done! think YOU can do better? just try! i WILL beat your price! put up or shut up! :) (let GOD adjust you! He KNOWS how! are we having FUN yet?) i need to go & get ready for YOUR call/email, now!

...it is now SAFE to turn on your puter AND live in Ferguson again!!! GOD WILL MAKE it so; ONLY BELIEVE & be baptised in JESUS, the ONLY name, under heaven, whereby you *WILL* be SAVED!!!

If you have ANY issue, INCLUDING a puter issue(:)), that you would like to discuss with Doug, please call him at: *314*521*1789*. When emailing him, use this address: fergusoncomputercorner@aol.com Please include your phone #, and BE SURE to put:
"i need puter advice" into the subject line!

May God bless you & yours this New Year!
AMEN & AMEN!!! GOD IS LOVE!!!

Dr. Martin Luther King Jr.

Martin Luther King, Jr. was an American pastor, activist, humanitarian, and leader in the African-American Civil Rights Movement. He is best known for his role in the advancement of civil rights using nonviolent civil disobedience based on his Christian beliefs.

He led the 1955 Montgomery Bus Boycott and helped found the Southern Christian Leadership Conference. King also helped to organize the 1963 March on Washington, where he delivered his famous "I Have a Dream" speech. There, he established his reputation as one of the greatest orators and civil rights leaders in American history. We celebrate his life on Mon., Jan. 19.

Trinity Catholic High School Offering $2,000 Incentive to Prospective Freshmen

Trinity Catholic High School, the only Archdiocesan high school in North St. Louis County, is offering a $2,000 incentive to prospective freshman students for the 2015-16 school year. The incentive will carry over through four years provided registration deadlines are met each year.

Interested students and their parents have until February 19, 2015 to register to attend Trinity Catholic to take advantage of the offer, a savings of nearly 25 percent. Tuition and fees for the 2015-16 school year at Trinity Catholic will be $9,000 for Catholic students and $9,575 for non-Catholic students. The new rate also will include a $500 decrease for current students.

“Our school’s academic standards rank among the best of any public, private or Archdiocesan high schools in the greater St. Louis area,” said Sister Karl Mary Winkelmann, president of Trinity Catholic High School.

“This incentive will make our annual tuition, already comparatively less than virtually any other non-public school in the St. Louis area, even more affordable for families who want their children to receive a first-class high school education to help prepare them for their careers,” she added.

Consistently 99 percent of Trinity Catholic graduates go on to post-secondary education at selective and highly selective universities, colleges and trade schools

Trinity’s 9-to-1 student-teacher ratio also puts it on par with or better than most private Catholic and secular high schools in the St. Louis region.

Additionally, Trinity requires that each of its students complete a minimum of 100 service hours, including at least 50 that must be performed in the greater St. Louis area.

For more information about the tuition incentive, prospective students and their parents can contact Trinity development director Dan Grumich at dgrumich@trinitycatholichigh.org or 314-741-1333. For information about Trinity Catholic High school, visit www.trinitycatholichigh.org.

Sanders Tree Service
Trees Trimmed, Removed and Stumpgrinding
Call Jim:
524-8154

ODD JOBS THAT NEED TO GET DONE?

Bill Garvey
The Handyman
(314) 521-9781
(314) 458-9929
Carpentry, Painting, Plumbing, Home Repairs, Yard Work
No job too small
Quality, Reliable, Honest

6 Reasons Why You Should Call a Locksmith
- Broken off key
- Sticky locks
- Loose locks
- Change your locks (just moved in?)
- Rekey your locks (cheaper than lock change)
- Check all your locks (to feel more secure)

Jim Alexander
314.550.0517

ANDY WURM TIRE & WHEEL
Specializing in Tire & Wheel Packages
201 S. Florissant Rd. • Ferguson, MO 63135
(314) 522-3040
Over 10,000 Tires in Stock!
Over 400 Wheels on Display!
TPMS Experts!
ASE CERTIFIED
www.andywurm.com
Mon. - Fri. 7:30 - 6:00 • Sat. 7:30 - 2:30

Page 10_Layout 1 1/6/15 10:27 AM Page 1

Financial Focus

By Joan Cleaveland (consultjoan@att.net)
Business Manager for St. Joseph's Parish in Cottleville
Lindenwood University BA – Business Administration.

Recently when together with family and friends we got on the subject of jobs that don't exist anymore. My granddaughter is a senior in high school and of course, all the relatives keep asking where she is going to college or what plans she has after graduation. So when it came up that "elevator operator" used to be a job, it brought a chuckle to those young people. They were imagining getting on an elevator and having someone sitting there just to push a button. A friend explained that at one time operating an elevator wasn't quite so easy. In some cases a wooden gate would need to be closed and a crank turned to move the elevator. There was always a stool for the operator to rest on because it was hard to stand all day. As the years went by things got easier. And while the job had its ups and downs, the operators didn't require much training. By the time most of our children can remember there was no need for someone to operate the elevator.

As we continued to talk someone mentioned that a service station attendant is another job from a bygone era. Recalling the movie "Back to the Future" we were able to explain how it used to be when you pulled into a "Service Station." Now we call them gas stations because that's about all you do there is get gas and maybe snacks or food from a fast food restaurant attached to the station. At a service station they would check the air in your tires and take a look under the hood. Someone else mentioned that they thought it was illegal to pump your own gas in the State of Washington because it was eliminating too many jobs. What a thought we joked! Maybe we can stop this new industrial revolution and keep the jobs that seem to be disappearing. Look at the checkout lanes more and more are offering self- service. At least 4 registers are under the watchful eye of one employee to assist if needed. We may be seeing more of these in the coming years. And banks still have tellers, but they have shrunk in numbers as most people never even come into a bank choosing to use the "ugly teller" instead.

So what if we could really stop all these jobs from disappearing, would that help our country prosper?

I checked on-line to find out about the comment earlier about it being illegal to pump gas in Washington. Turns out that only Oregon and New Jersey remain "Pump for Me" states. While initially it was considered a safety issue an Oregon State University economist, Patrick Emerson cited the creation of jobs as the main justification by voters and legislators for keeping the law. He also commented that it may actually be a drag on the economy because it increases the costs by a few cents meaning businesses and people have less money and time to spend on creating better jobs. Others dispute this claim because gas in Oregon doesn't really cost more than neighboring states and the 9,800 jobs provide work for those who may not have the skills for other jobs. I am sure there are positive spins for both opinions and looking at history we can see a similar dilemma that our country faced during the 18th and 19th centuries.

Think about the Industrial Revolution and what it did for America. The jobs that disappeared during that time period were phenomenal, yet the new jobs that came to life required new skills and knowledge. The standard of living for the middle class and wealthy increased quickly, while unfortunately the poor working class families suffered. Those without skills had trouble finding work and often were so easy to replace that even the factory jobs created were not very secure. Working conditions were poor and child labor was rampant. Industrialization affected many areas of our economy. Transportation and communication are two of those which can easily be compared to what is happening today. The automobile industry is very different than it was just a few decades ago, we have robots to perform the work previously done by men and the sophistication of the computer system in an automobile isn't something a low skilled worker can handle. Computers have become our new revolution.

And if we look at communications, change is happening so quickly it is hard to keep up. There are no longer positions for "town crier" – today we have Facebook and everyone can be a town crier. Look at our phones and the way we communicate with each other. A switchboard operator is something from the past. Today we just need the right kind of phone and the correct numbers or codes to talk to anyone in the world.

So while we may yearn for the days of old when jobs seemed plentiful, we really must look forward and recognize the new jobs that we wouldn't have dreamed would exist just a few years ago. At the family gathering we had a young man in his early twenties who had been repairing cell phones, I-pads and tablets from his home. When he started a couple of years ago, I don't think anyone thought he would be successful. Yet he announced that he just rented a shop and will be opening a storefront location soon. Who would have dreamed of that type of job twenty years ago? And the father of this guy's girlfriend is now thinking what a bright young man he is.

On a recent Sunday Morning show I saw the story of how playing video games has turned into a real sport. And I don't mean just a sport to play, but a sport that also pays. A young man in the program explained how his mother used to hide the remote controls because she thought he was spending too much time on video games. He had extra remotes and continued to play constantly. He just became a champion winning a big game which came with a million dollar prize. He never really explained what Mom might be saying now, but I'll bet she is proud. That brought to mind the way I have been feeling about the amount of time my grandson spends playing video games and creating things with Mine Craft. After hearing this story I am not sure I need to be too worried about his future. He is probably learning more about the jobs that will be created soon.

Many of the young people who have made a career in this new economy have done so without a college degree and this brought up another thought about getting an education. Is college really worth it? To do anything well we must always be learning and perhaps our educational system needs some revamping. Just like the problems experienced during the Industrial Revolution, today we are seeing the effects of our current computerized world on the poor and less skilled workers. Those who are finding success without college are typically from more affluent backgrounds. They have the experience because they are able to experiment with computers and other tools they can learn from because these things are more available to them at home or school. So it's time all schools have the ability to provide these tools to more young people.

And last, but certainly not least, another tool that must come in everyone's education involves dealing with others effectively and respectfully. Today manners and conduct seem to be lacking for many young people and sadly we know that some parents need help in getting this point across. So it was quite refreshing to see a story on the front page this past week-end about the boys at Gateway Elementary School that earn the right to wear a tie by displaying integrity. Over the past several years, we've seen so much about the importance of self-esteem. Schools in poor neighborhoods that are successful have used uniforms and stricter dress codes to drive home the point that you can improve academics and conduct by dressing for success. So I have a great deal of respect for Jim Triplett, the fifth grade teacher at Gateway Elementary, we need more teachers like him. If you have comments or suggestions please e-mail consultjoan@att.net.

CORK
wine bar
423 S. FLORISSANT RD. • FERGUSON, MO 63135
(314) 521-WINE

GOOD TIMES
GREAT FOOD & COCKTAILS
LIVE MUSIC FRIDAY & SATURDAY NIGHTS

OAK CHURCH PEWS FOR SALE

The City has acquired these pews when purchasing the property for the new Community Center. They are currently disassembled and in storage.

Please contact the Public Works Department at 314-524-5191. Purchaser responsible for loading and hauling pews from the site.

Cose Dolci

www.cose-dolci.com • beth@cose-dolci.com

425 South Florissant Road

Pastry Menu:
- Breakfast Treats • Cookies • Sweet Breads • Bars & Squares
- Candy • Dessert Trays • Gift Cookie Boxes
- Pies, Tarts & Tortes • Cakes & Cupcakes

Hours:
- Tuesday thru Friday 10:00 am to 6:00 pm
- Saturday: 8:00 am to 4:00 pm
- Closed Sunday and Monday

314.799.2157

Corner Coffee House
100 N. Florissant, Ferguson, MO
521-4600

Now Serving BREAKFAST All Day!

All menu items available all day

Hours: Mon. Tues. Wed. 7am-9pm
Thurs. Fri. 6am-3pm Sat.-Sun. 7am-3pm

SPENCER'S BAKERY

100 Church Street
521-0259
Dine In or Carryouts

Breakfast Special $4.60
(2 eggs, 2 bacon or 3 sausages, hash browns, toast or biscuits)
Also serving: French toast, Pancakes Sandwich Combos

Hours:
Tues. thru Sun. 5am to noon
Closed Monday

DONUTS 6 For $3.25

Glazed, Raised and Long Johns, Muffins, Danish, Turnovers and Cookies

SAVOY

We Welcome Wedding Receptions, Reunions, Birthdays & Other Celebrations

Savoy Banquet Center is known for creating the perfect package that will leave you and your guests with special memories that will last forever. We are a full service banquet center.

Savoy Banquet Center
119 So. Florissant Road • 521-4500
savoybanquetcenter.com Join us on Facebook

Easy Corn Chowder

4 slices Oscar Meyer Ready to Serve Bacon
1 10 3/4-ounce can Campbell's Classics Cream of Potato soup
1 cup low-fat or whole milk
1 11-ounce can Green Giant Corn Niblets
Oyster crackers
Preparation

Heat the bacon for 20 to 30 seconds in the microwave; set aside. Pour the cream of potato soup into a sauce-pan. Add the milk and corn. Break up the cooked bacon into small pieces, then stir it into the sauce-pan. Heat for 5 minutes or until the soup reaches a simmer. Serve with the oyster crackers.

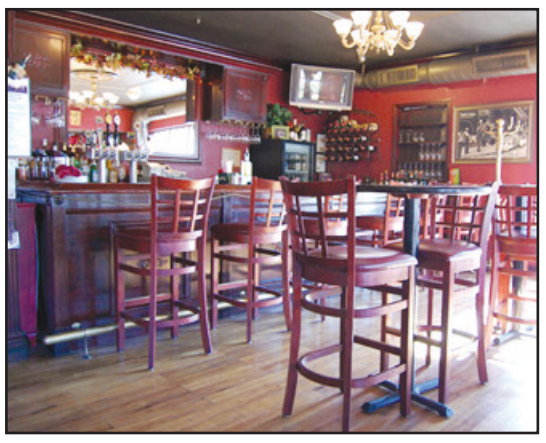
We Are BTC!
Open House
Grades PreK - 8
January 25, 2014
12:30 - 3:00pm
Join Us!

Blessed Teresa of Calcutta Catholic School
150 North Elizabeth Ave
Ferguson, MO 63135-2456
(314) 522-3888
www.BlessedTeresaSchool.org

Preserving the Past.
Building the Future.
One Child at a Time.

Vincenzo's Italian Ristorante

242 So. Florissant Rd. 314-524-7888



Serving delicious, freshly made Italian food in a friendly, casual setting, Vincenzo's offers a cozy atmosphere that's perfect for lunch or dinner. The restaurant specializes in Old World style recipes using only the finest ingredients.

Vincenzo's boasts an extensive wine list, a full-service bar, a down-stairs party room, and outdoor dining in season.

OPEN FOR LUNCH & DINNER
• T-TH 11am to 9 pm
• FRI 11am to 10pm • SAT 4pm to 10 pm • SUN 4pm to 9pm
CLOSED ON MONDAYS www.vincenzosstl.com

Loaded Potato Soup

4 (6-ounce) red potatoes
2 teaspoons olive oil
1/2 cup chopped onion
1 1/4 cups fat-free, lower-sodium chicken broth
3 tablespoons all-purpose flour
2 cups 1% low-fat milk, divided
1/4 cup reduced-fat sour cream
1/2 teaspoon salt
1/4 teaspoon freshly ground black pepper
3 bacon slices, halved
1.5 ounces cheddar cheese, shredded (about 1/3 cup)
4 teaspoons thinly sliced green onions

Preparation

1. Pierce potatoes with a fork. Microwave on HIGH 13 minutes or until tender. Cut in half; cool slightly.

2. While potatoes cook, heat oil in a saucepan over medium-high heat. Add onion; sauté 3 minutes. Add broth. Combine flour and 1/2 cup milk; add to pan with 1 1/2 cups milk. Bring to a boil; stir often. Cook 1 minute. Remove from heat; stir in sour cream, salt, and pepper.

3. Arrange bacon on a paper towel on a microwave-safe plate. Cover with a paper towel; microwave on HIGH for 4 minutes. Crumble bacon.

4. Discard potato skins. Coarsely mash potatoes into soup. Top with cheese, green onions, and bacon.

Page 12_Layout 1 1/6/15 10:29 AM Page 1

Ferguson by Foot

By: Margaret Wolfinbarger

For many people, January is a month for new beginnings. They herald in the New Year with a multitude of self promises from changing behaviors to spending more time with family. Forming new habits is a noble venture and a worthwhile one, and I could ramble on about that, but let me tell you how I really feel about January. It stinks!

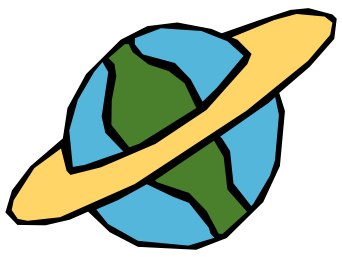
The holidays are over and all I'm left with is an extra ten pounds. Every year the cookies and fudge get me. No matter how many times I tell my mother not to give us treats, she somehow manages to guilt me into taking some home where I inevitably gobble them all down until my pants don't fit anymore. Then I stand in front of the mirror, sigh, and put on my now-too-small workout clothes, before beginning to torture myself back into shape. What can I say about a society whose biggest problem is having too much to eat? But I digress, the first month of the year is always the hardest for me. The days are cold and short, the sky is generally gray and crabby, and I have nothing to look forward to other than summer and I may as well be on Jupiter because that's how long it's going to take me to get there.

The other big problem I have with January, since I'm already complaining about it, is how my children respond to it. They generally like to play outside but since freezing rain and snow tend to frequent Ferguson this time of year, they are just as housebound as I am. Rather than sit and pout about it, however, they take to torturing each other and me by proxy. Before you can say Texas Chainsaw Massacre, everyone is crying and my hair is falling out in tufts. What's a Wolfinbarger to do?

If you said go for a walk you'd be right. Sure, it's downright chilly but that's no excuse. The fresh air does a body good, even if it does nip at my nose. I'll admit I do a lot of my walking in the dark in the winter, but you'll also see me out on the weekends soaking up every minute of sunlight. I struggle with seasonal affective disorder just as much as the next person and I have to get my requisite vitamin D. While out on a walk recently, I was enjoying the bright blue skies but grieving the barren trees. Tree city feels terribly naked in the winter. With no green tresses to adorn them, the branches are like disjointed bones. But as I walked beneath one particularly spindly tree I noticed something miraculous, buds! Yes, the leaves have fallen and been carried away with the wind, but in their place are thousands of tiny nubs just waiting for a breath of warm weather to bring them to life again. I realized that from a distance those trees looked dead, but they really aren't. They're only sleeping. For some reason that thought made me so glad. Hope is like that. In our darkest moments, when we think all is dead or lost, looking at our problems in a different way can put a light in our hearts.

January may be my least favorite month of the year but I do my best to enjoy the city. I'm not big on resolutions but I enjoy talking to my neighbors, sharing a smile with strangers, and tickling my children. I love to build a roaring fire and cuddle with my husband while sipping a cup of sugar free hot chocolate. The Ferguson Library is filled with wonders just waiting for the casual observer to stop in and satisfy their curiosity. The Ferguson Brewhouse tempts passersby with the tantalizing aroma of barbecue and freshly brewed beer. And if we're really lucky, we'll get six good inches of snow and I can pull out the sleds and wear out the hill at Robert -Superior Park. When I look at January that way, it sparkles in a way I hadn't previously considered. Maybe the first month of the year isn't so bad after all.

Now I'm off to build some new, healthier habits. Maybe this year I'll cure my cookie addiction or discover that miracle fruit I see advertised on the internet that supposedly melts off fat. But even if I don't, even if I have to exercise when I don't feel like it or skip dessert when I really want it, my one resolution for 2015 is to always look on the bright side of things. Ferguson needs little glimmers of hope, and the best place to begin is always with me.



And Now a Word from Our Planet . . . .

Glass never wears out. It can be recylced forever.

(This message is provided as a courtesy of the Ferguson Eco Team.)

ROBYN L. STRANQUIST
Attorney at Law
101 Darst Road • Ferguson, MO 63135
314-521-1401

Ferguson Christmas Decorations Winners

Winner of Ward 1, Chandler Residence, 900 Cheri Heights Ct.

Winner of Ward 2, Ellerman Residence. 850 N. Elizabeth.

Winner of Ward 3, Murphy Residence. 115 Ruggles

Now More Than Ever...

Ferguson Neighborhood Associations offer a great opportunity for residents to get to know one another, enjoy a sense of belonging in the community, and become more knowledgeable and engaged in the workings of our government.

If you happen to live in an area of Ferguson that does not have a neighborhood association and have been considering starting one or joining an adjacent association, you are not alone. A number of Ferguson residents have contacted City Hall in the hopes of doing just that. The value of neighborhood associations has never been greater than now with all the challenges facing our city.

Effective associations provide a special opportunity for neighbors from all walks of life to get to know one another, strengthen and develop respectful communication between residents, and allow members to take part in the decision making that directly affects their neighborhood. At neighborhood meetings, there is usually a Ferguson City Council member and a police officer in attendance, providing residents with direct communication with City government and the police department. Residents have the opportunity to ask questions, voice concerns, and share ideas. This communication goes both ways in that City officials also inform residents of local procedures, crime statistics, codes and policies and upcoming events. We in Ferguson are so fortunate in that we have City Council members, City staff, and police officers actively involved in our neighborhood meetings and their respective activities!

It is the hope of the Neighborhood League, an organization made up of the leaders of all the neighborhood associations in the City of Ferguson, that residents take the opportunity to be involved in their community and support their own association. We have a wonderful city, one that is working hard to improve and grow, and one we all want to be proud to call our home town. You can find the meeting dates and contact information of Ferguson's neighborhood associations featured in the Ferguson Times. If you want to start a new neighborhood association, or join an already established association by having that association expand its borders to include your area, contact Ken Barnadyn, Ferguson's Planner/Zoning Administrator at 521-7721. By working together we can make Ferguson a more vibrant and thriving city.

We Offer:
- 1 & 2 Bedrooms
- Dining Services
- Full Service Amenities
- Convenient Location
- Secure Setting
- Our team of experts will help you make your move with ease

Call today for our move-in specials and start enjoying worry-free living

Friends, Fun and Laughter Await You Here With Us

St. Catherine

Retirement Community
Near Eagan Center

3350 St. Catherine Street
Florissant, MO 63033
314.838.3877
A Non-Profit Retirement Housing Foundation Community

St. Catherine Retirement Community Events

The public is invited and welcomed – RSVP 314-838-3877

Exercise with Melanie/ANN-FREE classes
Classes are led by a licensed Physical Therapist with the use of weights & resistance bands that are provided!
Mondays and Wednesdays 1:00 p.m.
RSVP by calling 314-838-3877

Blood Pressure Clinic
Thursday January 8, 15, 22, 29-10:15 a.m.
Refreshments served
RSVP by calling 314-838-3877

Tai Chi for Seniors - FREE classes
Friday, January 9, 16, 23, 30 10:00 a.m.
Reduce stress, strengthen joints, develop balance and coordination.
No class on January 2
RSVP by calling 314-838-3877

Line Dancing with Minnie-FREE
Every Monday at 6:00 pm
Beginners welcome!
RSVP by calling 314-838-3877

Trivia with MAXIM
Thursday, January 8 9:30 a.m.
Complimentary Breakfast at 9:00
RSVP by Jan 2nd 314-838-3877

Trivia with AW Healthcare
Thursday, January 15 9:30 a.m.
Complimentary Breakfast at 9:00
RSVP by Jan 9th 314-838-3877

Let's Have a Ball Happy Hour
Entertainment with Stephanie and TJ
10:30 a.m.
Happy Hour 11:30 a.m.
Tuesday, January 27
Followed by Complimentary Lunch
RSVP by Jan 23rd - 314-838-3877

Healthy Blood Pressure
With Premiere HHC
Thursday Jan 29th 9:30 a.m.
Complimentary Breakfast at 9:00 a.m.
RSVP by Jan 23 – 314-838-3877

Project Hands
No meeting in January

Dennis L. Callahan
ATTORNEY AT LAW

Lifelong Ferguson Resident
33 years in Private Practice

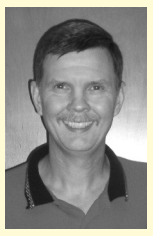
Personal Injury • General Business
Estate Planning • Probate Administration
Real Estate • Municipal Law
Serving the legal needs of Missouri and Illinois clients

275 North Lindbergh Blvd.
St. Louis, Missouri 63141-7809
Tel (314) 993-4261
e-mail: dlcallahan@callahanlaw.net

EMISSIONS TEST $18
(Reg. $24)
Only at Ferguson Motors
coupon expires 1-31-15

32 North Florissant Rd.
Ferguson MO 63135
314-522-0013
Ferguson Motors has been in business since the early 1920's.
Locally owned and operated.
Call Jesse or Kevin

$10 OFF
Any service over $100
Only at Ferguson Motors
coupon expires 1-31-15



Under The Hood With Robinwood

By Bob McGartland

Signs that Your Vehicle Needs a Wheel Alignment

Before I get to my monthly topic I want to report back about our December Shoeboxes for Seniors drive. WOW! Describes what happen. I must say we had a great outpouring of generosity from the community. People brought in individual items, food gift certificates, empty boxes and money. Others brought in shoeboxes already filled with goodies. We pull it all together and distributed a100 shoeboxes to our local seniors. Thank you very much to all of you who help send a message of kindness and joy to our seniors.

In today's mobile society, owning a vehicle is a necessity. Our vehicle gets us to work, school, and shopping, as well as family and social functions. Remember it is important to keep in mind that an automobile must be maintained in order to keep it functioning properly, especially during the winter weather driving conditions.

Two areas that all of us tend to overlook are the condition of our tires and the wheel alignment of our vehicle.

Tires can be inspected visually. You can use a coin to measure your tread depth. Just make sure you get a good look at the inside tread of the tires. The inner section can be worn to the cord while the outside of the tire tread still has rubber remaining. Checking your vehicle's alignment requires the right equipment. Good tires and proper wheel alignment work together to keep the vehicle operating in a safe and straight direction.

If the vehicle is pulling to the left or the right while driving on a straight section of the road can indicate an alignment problem. In many cases, even a new vehicle may require a wheel alignment, as it is very easy to damage the alignment while driving. Simply hitting a pothole or a curb can alter the alignment of any vehicle. Other factors that can cause the vehicle to pull to one side are under inflated tires, a tread separation in the tire or worn suspension components. Even a problem in the braking system can affect how straight the vehicle will drive down the road.

If you are uncertain whether or not your vehicle needs an alignment, the best thing to do is to have a certified trained technician perform a complete inspection of the steering, suspension and braking systems; along with a close up inspection of your tires. Proper wheel alignment of a vehicle has the benefits of easy steering effort, increase tire life, increase fuel mileage and the peace of mind your vehicle is safe. Have a wheel alignment check once a year. Proper maintenance for the vehicle can help prevent issues in the future and avoid costly repairs.

Please have a safe and peace filled New Year. As always, if we can be of service, just give us a call or visit us at robinwoodauto.com.

Library Receives Amazing Support

We are flabbergasted, yet heartened by the amazing support that the Ferguson Municipal Public Library District has received. We have gotten hundreds of books and nearly $400,000 from over 12,000 donors. Gifts have come from here in St. Louis, from across the entire country, and from around the world. They have come from individuals, large and small companies, libraries, universities, publishing companies, and well-known authors of both fiction and non-fiction. We are excited by all the wonderful possibilities this opens up to help the people of Ferguson.

The Library's Board has formed a strategic planning committee to judiciously allocate funding for the good of our community, within the Library's mission. Our first priority is to bring in a full-time Children's Librarian, which will radically enhance our ability to help the people of Ferguson. We also hope to initiate some much needed capital improvements like new carpeting.

The remarkable support that we have received will enable the Ferguson Library to continue our mission to support continuing education, promote cultural literacy and serve as a nexus for our community. We gratefully and humbly thank all of our supporters. You are amazing!

Library Director Scott Bonner and the Board of Trustees for the Ferguson Municipal Public Library District

Ferguson Twilight 5K/10K & FUN RUN MAY 16, 2015

#RunWithFerguson

Since 2010, the Ferguson Twilight Run has brought together friends, neighbors, families, runners and walkers from throughout the community – men, women, children, black, white, young, old, rich, poor – to cross the finish line. At this time, our hearts are hurting for one another. There are deep wounds that cannot be healed by a finish line medal, but the Ferguson Twilight Run helps us all take a step together in the right direction.

As we all work to rebuild our trust among one another and rebuild our community, we ask that you plan to join us in encouraging our friends, family, neighbors and strangers to conquer the finish line on Saturday, May 16, 2015. Our community is faced with challenges that are larger than any of us can solve on our own, however, as we work together to better our Ferguson community, let's work together to better ourselves through health, wellness and fitness.

The Ferguson Twilight Run is the definition of a community event, led by our neighbors for our neighbors. The people who walk, run, wheel in a chair, or ride in a stroller in the Ferguson Twilight Run are an economically and racially diverse group. We all train hard to cross the finish line. We encourage our family, our friends and ourselves to lead healthier lifestyles. We sponsor school teams so that young people can train together and cross the finish line together. And we donate to the causes of community champions so that residents of North St. Louis County can have safe, convenient and enjoyable opportunities to be physically active.

From the first race in 2010, Ferguson Twilight Run has donated proceeds to support the community. The original proceeds benefited youth scholarships for summer programs at the Emerson YMCA. Last spring, we opened the beneficiary program to local non-profit organizations that represent the purpose and mission of Live Well Events to reach more members of the community.

This year, in memory of our friend and Ferguson Twilight Run planning committee member, we renamed the beneficiary award to the Donnie White Sr. Memorial Ferguson Twilight Run Award. Donnie passed away in September 2014. We are humbled and honored by his leadership and support for the race over the years. With the blessing of his family, we are grateful to share his spirit with the non-profit organizations in our community that support children and young adults.

In 2015, we ask for your continued support in joining us on race day as we cross the finish line together and inspire one another to live healthy, active, respectful and trusting lifestyles.

Register to walk or run in the 6th Annual Ferguson Twilight Run at www.fergtwilightrun.com Race day is Saturday, May 16, 2015 at 5:00 p.m. at Plaza at 501. Team rates are also available.

Organizations seeking to apply for the Donnie White Sr. Memorial Award can find an application at fergtwilightrun.com/live-well-events

Follow us on social media:
Twitter @FergTwilightRun and #RunWithFerguson
Facebook – Ferguson Twilight Run

The "Ferguson Times" may be viewed online. Go to . . .

FergusonCityWalk.com

STEPHENS FINANCIAL GROUP, INC.

Tax • Accounting • Insurance • Financial Planning
Representing: Safeco • Travelers • AAA • Progressive • Electric • Blue Cross

Stephens & Co. CPA's
Taxes prepared by CPA's at less than discount chain prices
cpas@stephenscpas.com
(314) 838-2900

Meadow Park Insurance
Auto • Home • Life • Business
We are in the business of insuring families. Call today!
kents@stephenscpas.com
(314) 838-5145

910 So. Florissant Rd. • Ferguson, MO 63135

Ferguson Wellness & Chiropractic

Dr. Robyn Lawrence
314-524-2580
111 Church Street, Ferguson
dr.robyn@getwellferguson.com
www.getwellferguson.com

Dr. Robyn's Office Hours:
Monday, Wednesday, Thursday
10:00 am to 6:00 pm
& Friday, 10:00 am to 1:00 pm

Our community is hurting and needs our help!

If your house was on fire who would you call? The fire department of course!

Who do you call if your car's check engine light comes on? The mechanic of course!

Who do you call if you have a toothache? The dentist of course!

Who did you call when your health issues didn't resolve the way you thought they would? Perhaps the MD, or PT or the orthopedic? Perhaps you asked your friends and family who they would call. Someone said call the Chiropractor, some one told you about Dr. Robyn Lawrence at Ferguson Wellness and Chiropractic!

Thank goodness they did, imagine your life not knowing about chiropractic and the amazing things that have happened for you and your family.

Now is the time to pay forward that information, Dr. Robyn's calendar can fill up quickly with community events, so if you belong to a club, group or organization that invites in guest speakers let them know about her and her about them.

You are a part of the Ferguson Wellness Tribe, become warriors for good and spread the message of goodness to those you love. We know you don't want them to suffer unnecessarily.

Like the sign outside her office says, "Pain Is Not A LIfestyle"

Dr. Robyn believes that you were born to be healthy, and that the body is self-healing and self-regulating, and any body signal can be traced back to the cause and corrected!

So get the word out and let's fill up her calendar with community events! You can share your groups with her or Dee. Share her posts from Facebook, Twitter and Linked In.

Together we can raise the health, wealth and vitality of our community!

Dr. Robyn is available to speak to your group. Just give her a call.

EarthDance Organic Farm School

www.earthdancefarms.org
233 S. Dade Ave. Ferguson, MO
(314) 521-1006

Are You Ready to Get Your Hands Dirty?

Become an Apprentice in 2015!

The EarthDance Farm and Garden Apprenticeship is an opportunity to gain the skills of organic gardening and small farm operation, close to home!

As an apprentice at EarthDance, you will:
- Grow food
- Learn from experienced farmers
- Challenge yourself
- Enjoy the fruits of your work
- Sell at Farmers Markets
- Network with other farmers
- Become part of a supportive network
- Savor delicious experiences
- Preserve the harvest
- Plan your future agricultural endeavors

For more details and application information, visit
earthdancefarms.org/what-we-do/grow-farmers

Want to tour the farm? for more information, email tours@earthdancefarms.org

Page 15_Layout 1 1/6/15 10:30 AM Page 1

Robotics, For a Better World?

"What would you have your robot do?" The instructor asked?

"Something to make a better world," the little boy promptly replied.

Robots will likely influence how we live in the future, but it is the bright young minds of today's children that will make them real—children like the fifth and sixth graders in the Ferguson -Florissant School District (FFSD) who participate in the PAKT After-school Robotics program.

Sponsored by PAKT COMMUNITY RESOURCE, LEARNING and TRAINING CENTER'S, STEM+Art programming, DESE's, 21ST CENTURY Program and GIRL SCOUT OF EASTERN MISSOURI'S, (GSEM) STEM program, under the guidance of PAKT president J. Toni Burrow, 40 students from Duchesne and Walnut Grove Elementary Schools take part in PAKT's Robotics program, now in its fourth year.

"These are low-income, at-risk children," said Burrow. "…"In my opinion, in 2014, all students are at risk. Participation in our S.T.E.M. +Art programming provides children and youth with a safe place learning and recreational environment during after school and bridges the gap during summer break."

Along with mathematics, technology and computer skills, Robotics stresses leadership, teamwork and the ability to explain and communicate clearly. Classroom teachers and parents alike report renewed interest in achievement, better math skills, and more focus on studies.

PAKT and GSEM Robotics team members, back-up members, coaches and mentors were all prepared to compete in this year's First Lego League (FLL) competition, on Sunday, November 22nd, but made the decision to cancel because of unrest in the Ferguson community. The decision was made by PAKT, in conjunction with FFSD and GSEM council, for the safety of our children. Plans are being made for the PAKT Robotic team to be on exhibition throughout the 2015 school year. Access the PAKT website at www.paktcenter.org, for an up to date schedule.

The S.T.E.M.+Art programming will continue to provide the opportunity for dedicated students to pursue robotics through middle school, high school and in the future. Members of Ferguson Florissant Branch of the American Association of University Women volunteer as mentors for the students and will serve as reading coaches for those who need to improve reading ability along with math skills.

"We are filling the need for a chance to succeed," said Burrow. "We are building hope for a brighter future, all while preparing each student to compete in a global society."

We have a great need for financial and technological support. We extend to you an opportunity to help fill the need. Thank you, in advance, for considering this opportunity to partner with our organization in bringing healing and growth to our communities. If you have any queries regarding our organization, our fund management policy, or the programming we provide, please contact: J. Toni Burrow, President, PAKT Community Resource Learning and Training Center, Inc., 500 Airport Rd., Ferguson, MO, 63135, 314-524-2710, www.paktcenter.org

Another Inspirational Message

Heartland® | Hospice Care

VOLUNTEER WITH YOUR HEART IN 2015

AND BRING COMFORT INTO SOMEONE'S LIFE

Everyday people say "I would like to be a part of helping someone" and just don't know where to start…you can start here!! Hospice is a special kind of care designed to provide sensitivity and support for people in the final phase of a terminal illness. Heartland Hospice's goal is to provide palliative and supportive services to meet physical, psychological, social and spiritual needs of patients and their families in a health care facility or other residential settings. Volunteers can provide one-on-one attention to residents who are lonely or cut off from their families, thereby reducing feelings of isolation and contributing to their sense of belonging. Veterans dedicated to visiting with other Veterans are also needed in our hospice care. The benefits are endless when one can make a "DIFFERENCE".

Volunteers are the heart of the Hospice Team.

We depend on our Hospice volunteers to help us provide the extra love and care our clients and their families need at this time in their life. Heartland volunteers offer support, companionship and practical, caring help to this special group of people. Staying with the patient so family members can take a break, reading scripture to patients, or holding their hand. The help and support our volunteers give is returned to them in countless ways. You can make a DIFFERENCE. All assignments are in close proximity to your home, work or school. You can donate as little or as much of your time as you desire. Please contact Virginia at 314-453-0990 if you would like to bring something special into someone's life. Be sure to inquire about our next Training Class.

FREE PUPPIES

Mother is a Kennel Club registered German Shepherd. Father is a Super Dog able to leap tall fences in a single bound.

Snow Route Streets

No one wants to think about snow yet, but the Ferguson Public Works Department's snow removal crews are already making plans for the upcoming winter weather season. One of the main issues our crews encounter during snow removal is trying to properly clear our streets of snow and ice with vehicles obstructing the truck's passage. To alleviate this issue, the City has designated a number of streets as snow routes.

When a street is on a snow route, all vehicles must be removed from that street if there is an accumulation of snow and/or ice. It is best if residents remove vehicles if there is a forecast or threat of snow and/or ice to assure their vehicle does not block the snow plow. If a vehicle is parked on the street when snow and/or ice accumulate, the vehicle owner will be issued a summons and the vehicle will be towed.

We ask all residents and motorists to cooperate during inclement weather so our crews can make the streets passable and safer for all citizens and motorists. Safety is our first concern.

The following streets have been designated as snow routes:

Street	Side
Arline	west
Averil	east
Ballman (Robert to Royal)	west
Bayview Court	north, circle and court
Briarwood	entire circle
Castro (7475 to 7495)	north
Estelle (S. Harvey to Georgia)	south
Forest (Millman to Hartnett)	north
Halpin (Dupree to Blanton)	north
Lamotte	east
Laurette (Blanding to Castro)	west
Millman (Robert to Royal)	west
North Clay (Robert to Thoroughman)	west
Palace Court	north
Plaza (North to Graf)	west
Roberta	north
Ronbar Place	east
Rowles	South
Shirley	west
Superior (Robert to High)	west
Teston	west
Vershire	South and circle
Willman Court (1050 to Woodstock)	east
Wylin Court (1032 to Woodstock)	east

What is suspicious activity?

Suspicious activity is anything that makes you look twice:

- ***Sounds***...breaking glass, vehicle/residential alarms, gunshots, verbal disagreements, and/or shouts for help
- ***Sights***….people loitering, solicitors, vehicles idling, and/or subjects who appear to be tampering with vehicles

Three lessons to live by:

- Trust your instincts...if an event or situation appears suspicious to you, it probably will to us, too. Don't assume that someone else will call; YOU make the call!
- Don't put yourself in harm's way...report the suspicious activity; give the dispatcher as much information as you SAFELY can (location, circumstances, physical descriptions, any weapons involved, etc.)
- It's YOUR job to be concerned...it's THE POLICE'S job to be nosey and investigate things further.

The police's non-emergency number is 314-522-3100. The emergency number is 911. An emergency is considered a crime in progress or a life-threatening situation. If you are unsure if a situation is an emergency, be on the safe side and call the emergency number.

Remember, a call that turns out to be nothing is better than no one calling at all.

Cor Jesu Academy Send Peace Chair to Our Lady of Guadalupe

Cor Jesu Academy extended the hands of friendship to the students at Our Lady of Guadalupe School this December. The Cor Jesu students sent the children at OLG a Peace Chain filled with inspiring quotations about living peacefully. They also provided hats and gloves for the boys and girls and lots of food for the OLG Food Pantry.

The OLG students were thrilled to receive this kind gesture and continue to be amazed at the many friends we have in all parts of St. Louis. The OLG students and staff are most grateful to our new friends at Cor Jesu!

HELP WANTED

Part time order taker / cashier wanted.
Flexible hours
(located in Dellwood)

Please send resume to
tigerman6866@yahoo.com

Wishing all a Happy, Prosperous New Year!

Provident's 2014 Annual Dinner Client Stories of Hope

Over 250 Guests Attend the Event at Windows on Washington on Nov. 19

When Pat Harkins lost her son, Alex, to suicide in 2009, her life was paralyzed. She was numb with grief. A friend suggested that she attend one of Provident's weekly Survivors of Suicide meetings, for those who have lost a loved one to suicide. Pat decided to go. She was amazed to see attendees laughing and smiling. How could they possibly be feeling happy? With time, she realized that it's possible to work past the devastation and get your life back. She is now one of the group facilitators. "And though the pain of losing your child is always in your heart, you can achieve normalcy and feel joy and happiness again," expressed Pat. Her story was one of several that were told during Provident's 2014 Annual Dinner.

The evening began with a welcome from Honorary Chair, James Buford, former President of the Urban League of Metropolitan St. Louis. The inaugural Jackie Kaiser Volunteer Award was then awarded to Shelli Kastin for her nine years of dedication as a peer facilitator for the weekly Survivors of Suicide (SOS) support groups.

Jackie Kaiser, who passed away in 2012, founded the SOS groups almost 30 years ago, in response to her brother's death by suicide. Many of her family members were in attendance.

The Dinner drew over 250 guests, including many Provident Board members such as Stuart Greenbaum, Board Chair and former Dean, Olin School of Business; Barbara Abbett, Vice Chair and retired FleishmanHillard Executive; Larry Thomas, Principal, Edward Jones; and Michael Girsch, Assistant General Manager, St. Louis Cardinals.

In addition to cocktails and dinner, a silent auction was held which included four Field Box tickets to a 2015 Cardinals game along with passes to batting practice and the Championship Club; an autographed T.J. Oshie Blues jersey and a Sonoma, California Spa and Winery Package, among others.

Provident is grateful for all who attended and for the generous donations that were made to support our mission … helping individuals and families to a brighter future through mental health counseling, suicide prevention and community outreach.

Serving the St. Louis Area since 1860, Provident is an accredited, nonprofit, United Way-funded agency that helps individuals and families to a brighter future through counseling, suicide prevention, and community outreach.

For more Information, contact:
Janet Frain Manager, Communications Direct: 314.802.2629
jfrain@providentstl.org

Meet Sonya

Sonya is a lifelong resident of Ferguson with 11 years of experience cleaning and organizing. She has a Bachelor's Degree in Fine Arts and is able to transform your home or office into a functional area that is also attractive.
Sonya is up for any challenge, large or small.

• Cleaning • Decorating • Party Hosting • Organizing

Gift Cards

Birthday? Anniversary?
Gift Cards are always the right size and color.

Call Sonya 314.971.0403

Check out Sonya's website sonyassolutions.com

BOB ON JOB

By Bob McCarty

As we embark on the journey that is known to us all as the year, 2015, we find ourselves dwelling in our older homes. And, if you love your older home as much as I do, you are diligently seeking that pesky gust of cold air that just went down your collar! So, this month, we'll search the house for the culprits that have allowed those gusts to put the shivers in our timbers.

We will inspect all of the exterior walls and see what may be allowing those cold drafts inside.

The receptacles on these walls have probably never been sealed. A real easy fix for this problem is to install a piece of foam between the box and the plate. If you were to check out your local hardware store, they should carry pre-cut insulating foam pieces that are just for this culprit. Just remove the plate, install the insulator, and re-install the plate.

Check all of your trim, especially around the windows and doors. If you see a crack where two pieces of wood meet or where the trim meets the wall; these areas could also be suspect. While we're at it, let's check the baseboard. If there's a will, there's a way that that cold air has infiltrated the interior.

Caulk. That's what you need, caulk. Inspect the area you plan to caulk for loose or flaking paint. If you were to score the area with a putty knife before you start to caulk, most of the debris will be cut out with this motion. Wipe the area with a damp rag before caulking. Get yourself a decent caulk gun. Stay away from the cheap ones, because if you have ever caulked, you know why! And don't shy away from using a better caulk. You want something that is flexible. I use a caulk named 'Big Stretch,' because it does.

On average, a tube of caulk will fill 50 feet at ¼ inch deep. You can figure at least one tube per room.

Cut the end of the tube at a 45 degree angle and with constant pressure, pull the tube along the area being filled and slowly release the pressure at the end of the run. You may notice an excess of caulk along the trim and wall. You will use your moistened finger and pull it along the route that the caulk just followed, wipe your finger on a wet rag and repeat sequence on another area.

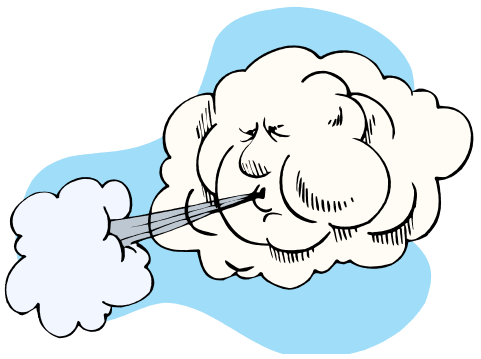
If the cracks are pretty tight and not opened, you should be able to do approximately a wall every ½ to one hour.

Another area you want to inspect is the sill plate which is the board that sits atop the foundation wall. (The floor joists are secured to this board.) This is an area that will allow that fugitive air right in, to penetrate the floors, into your living space. There, did you feel it? Brrr!

In these areas, caulk all areas where one board meets the next. You may find it easier to use 'Great Stuff,' an expanding foam caulk for this project. If you do use the expanding foam, use the product for windows and doors. It doesn't expand as much as the other 'Great Stuff.' If you touch the expanding foam before it dry's, be sure to clean yourself up before it sets because it is hard to remove from your person.

That should get us started shoring up the house and preventing too much of that cold air infiltrating our shawls.

With an old house, you can bet that you



will not ever have a totally draft free house, but we can make it comfortable. Next month we'll delve into finding more areas that could be taxing your energy budget.

If there is a subject, in regards to older home/building maintenance you would like for me to touch upon, let me know, or if you need someone to help batten down the hatches in your home, my contact info is paintedeffects@sbcglobal.net with a subject of BobonJob or by phone at 314-524-1264.

Until next month, Bob is on the Job and would like to wish a Happy and Prosperous New Year to all.

Chicken Noodle Soup

Eating a bowl of steaming chicken noodle soup provides more than just comfort when you have a terrible cold.

In 2000, University of Nebraska researcher Dr. Stephen Rennard published findings in *Chest*, the journal of the American College of Chest Physicians, showing chicken soup contains anti-inflammatory agents that can ease a cold's symptoms. Dr. Mehmet Oz agrees. "Start with a bowl of Mom's chicken soup," he has said. "Research has yet to show how it works (and how the heck Ma knew), but we do know that a nutrient-rich diet builds your immune system and fights inflammation."

Taken from Readers Digest

Sun-Mon.
11am-9pm
Tues. & Thurs.
11am-11pm
Fri.-Sat
11am-12am

FERGUSON BREWING COMPANY
RESTAURANT & PUB

Ferguson CITYWALK
Just North of Ordinary

Joe Buck stopped at the Brewing Company to show his support for Ferguson!

418 So. Florissant Road 314-521-2220
fergusonbrewing.com
Visit us on Facebook & Twitter

HOLY HUMOR

During these serious and troubled times, people of all faiths should remember these four great religious truths:

1. Muslims do not recognize Jews as God's Chosen People
2. Jews do not recognize Jesus as the Messiah
3. Protestants do not recognize the Pope as the leader of the Christian world
4. Christians do not recognize each other at the liquor store

GET A NEW CAR FOR CHRISTMAS?

NO, IT'S OUR OLD CAR. WE JUST GOT IT BACK FROM

LONERO'S AUTO BODY
3776 PERSHALL ROAD, FERGUSON
314-524-8006

Page 18_Layout 1 1/6/15 10:32 AM Page 1

Djeli Tales

By Mama Lisa Gage

A New Year, a New Legacy…

The start of 2015 calls for a clear and distinct vision towards laying the groundwork for continuing to brand a better Ferguson. January is National Mentoring Month. Why not use this special time of year to recommit to time-honored moments spent in reflection with children, students, and young adults.

In 2002, advocates for mentoring campaigned that its effects impact families and communities in lasting, positive ways. It became increasingly necessary for individuals, schools, government agencies, nonprofits, worship agencies and businesses to volunteer time and resources towards mentoring. Mentees not only gained greater esteem and confidence in tackling personal challenges, but also developed a deeper appreciation and understanding of their roles as emerging leaders. (http://www.nationalmentoringmonth.org/)

The events of August 9, 2014 have changed the lives of Ferguson residents and the world forever. Yet like a phoenix rising, a new legacy sits on the horizon. Mentoring becomes a pivotal link towards creating lasting activism and ongoing engagement. Global media has provided ample documentation on the world's response. During recent travels to places outside of Missouri, my family and I have received raised eyebrows and heartfelt remarks from fellow travelers and service providers whom learned that we were from Ferguson. As a parent and educator, I, too, seek to seize upon life's teachable moments.

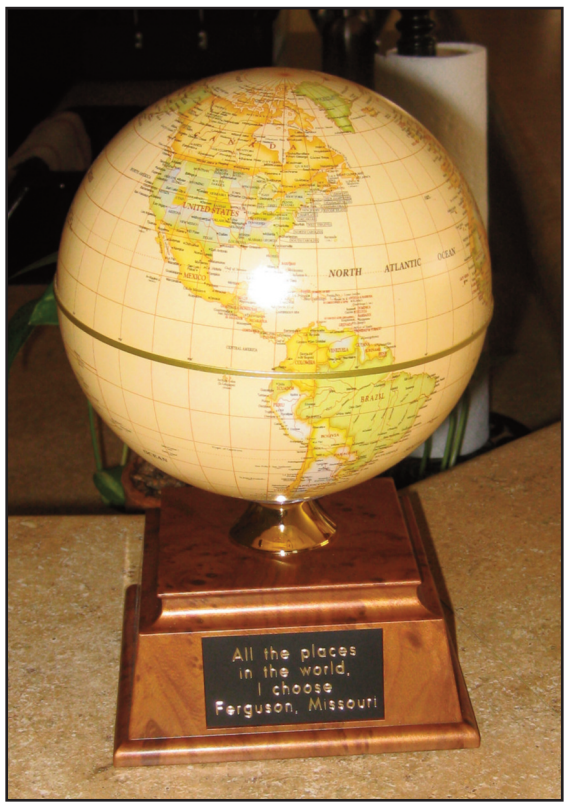
Mentoring is a great way to pass down transformation strategies regarding peace building and reconciliation. It is important that the youth do not inherit old habits of harboring sweeping animosities towards groups of people that seem to fester for generations. They must learn to assess situations, policies, and procedures with a critical eye in order to negotiate and resolve conflicts aimed at a peaceful coexistence guaranteeing fair and equal safety and security for everyone.

As children, students, and young adults are learning to 'walk the walk' that their elders 'talk', let's ensure that the 'talk' is one that teaches and inspires. On Monday, January 19, 2015, America will commemorate Dr. Martin Luther King, Jr.'s legacy of nonviolent protest. Since many local opportunities have given our youth first-hand experiences dealing with community action, we must not fall short on continuing with additional steps which involve journaling, history linking, civic reasoning and goal-setting. These concepts will give the youth chances for personal reflection and valued self-evaluation.

Great mentors recognize that their mentees agree to participate in a variety of activities. (http://www.amtamassage.org/mentor/Ten-Tips-for-a-Successful-Mentor-Mentee-Relationship.html) As mentees gain knowledge and advice from their mentors, many will venture to show their gratitude. Acts of appreciation may range from small, informal gestures of kindness to elaborate gifts and celebrations.

So choose to take part in building a lasting legacy for Ferguson. Take the time to mentor several teens and young adults this month. Remember to mentor with a smile. The hard lessons being learned in Ferguson will be a journey long remembered by young ones whom were trained well on how to apply the wisdoms of their elders. Enjoy a prosperous and peaceful New Year.

A Christmas Present



Just in case you can't read the inscription, it says, "All the places in the world, I choose Ferguson, Missouri."

PRAYER, HEALING, AND YOU!

Explore how God's love brings healing

- Discover that the solutions we're looking for are found in a deeper understanding of God's loving, spiritual nature.
- Hear how God's love is with us right now, right where we are. He is always tenderly taking care of us and as we understand this fact, it becomes apparent in our lives.

"God's Love Answers All Your Needs"

Saturday, January 31, 2015, 10:30 a.m.

Ferguson Public Library
35 N. Florissant Rd.
Ferguson, Mo. 63135

Child care available.

This lecture is sponsored by First Church of Christ, Scientist, Creve Coeur, MO.
For more information please call: Patti Fox at 919-606-1786.

Wesley Bell Announces Bid for Ferguson City Council Seat

Educator Aims to Build Community and Repair Trust in Ferguson

Contact: Wesley Bell, wesleyjcbell@yahoo.com or (314) 292-9321

Wesley Bell formally filed for candidacy in the race for Ferguson City Council – Ward 3. A North St. Louis County native, Bell says, "We are running an inclusive campaign to rebuild public confidence in Ferguson." If elected, Bell would become only the second African-American on City Council.

Ward 3 includes the area surrounding the Canfield Gardens Apartments where teenager Michael Brown was shot and killed in August. "I am very sensitive to the fact that Mr. Brown lost his life in my ward, and in this time of turmoil and grief in our community, I recognize a need for engagement and honest conversation, not only in Ward 3 but in all of Ferguson."

Professor Bell, whose father is a retired police officer, aims to work to build trust between citizens and law enforcement through strengthening community ties. "Many members of the Ferguson community feel disconnected and disrespected by law enforcement. Many do not see police as allies but as adversaries. We must repair that emotional tear in the social fabric of this community, and we must address it now."

Bell serves as a Board Member for the Ferguson Youth Initiative (FYI) and previously served on the Emerson YMCA Advisory Board. A full-time professor, the candidate is also Program Coordinator for Criminal Justice and Legal Studies at St. Louis Community College - Florissant Valley. Since founding a private firm in St. Louis in 2003, Bell has continued to practice law in the area. In addition to his experience in higher education and public service, Bell serves as Municipal Court Judge in Velda City and Prosecutor for the Village of Riverview.

Bell is a graduate of Hazelwood East High School. He went on to earn bachelor's degrees in Political Science and Public Management from Lindenwood University and a Juris Doctorate from the University of Missouri-Columbia School of Law.

Oak Hill Baptist Church

Food and Clothing Pantry

Open every 3rd Saturday of the Month (January 17th)
1:00 p.m. to 3:00 p.m.
Church is located at 2166 Pershall Road
(directly behind the Burger King and Krispy Kreme off West Florissant

Pantry is open to the
General Public and is well stocked with donated items. Spead the word about this free community esource sponsored by
Oak Hill Baptist Church where "There is a place for everyone"

Feel free to join us for Sunday service at 10:40 a.m.
<rls11nqtr@aol.com>

Leaf Vacuuming Service!

You bring your leaves to the curb (not in the street) and then give us a call. We will vacuum and dispose of them.
You have no backaches, no bags.

RAUCH'S LAWN SERVICE

Ferguson business for 25 years!

314-524-8297

We ♥ Ferguson

Ferguson resident for 55 years!

Page 19_Layout 1 1/6/15 10:35 AM Page 1

Ask Grandma

Fires

A recent incident reminded me of the time that I decided to rake and burn the leaves in my parents backyard.

I don't remember how old I was but I know I was married and did not live with my parents at the time. Dad used to come home from lunch and I told him I was going to rake some leaves. He cautioned me about burning them . . . just rake them into the ravine he reminded me. Of course I had no intention of putting them in the ravine, although his next door neighbor had to call the fire department the week before because he could not contain his leaf fire.

I'll be extra careful, I thought. I raked a pile of leaves, and then a 10 or 12 foot path all around the pile. I got the hose and wet down the cleared path just in case the fire got out of control. I left the hose running, just in case.

I lit the fire and immediately it jumped the path and began burning the rest of the leaves in the yard. Did I mentioned that my parents lived on 3 acres of trees.

I got the hose, stomped on the leaves and fought for at least an hour to get the fire out. Now what? How was I going to hide the evidence from my father? I worked the next two hours alternating hosing down the leaves and then covering the burned spots with new leaves . . . all the while hoping that there wasn't a sudden flare-up.

My dad came home and he looked out at the backyard. "I didn't have time to rake the leaves, Dad." But you could smell the leaves, even if they weren't burning. I wonder if he ever suspected.

Now, what brought this incident to mind is something that happened the Sunday before Christmas this year.

I was working on the January "Ferguson Times" and was trying to come up with something unusual for the paper.

So I walked outside and saw my I Love Ferguson sign that the wind had torn and the frame that was almost bent in half. I thought if I set the sign on fire and let it be singed just a little, it would be a great picture to print with the caption, "Lest we Forget."

So I propped the sign up in the backyard and tried to burn it. To my surprise, it was plastic and wouldn't catch on fire. I kept trying to just burn it a little bit, but it was no use. Finally, giving up hope, I pulled up the sign and stomped on a few embers that had fallen to the ground.

I went inside and resumed working on the paper. I started smelling smoke and thought, someone must have built a fire in their fireplace. As that thought crossed my mind the doorbell rang. It was my next door neighbor, Scott, yelling that my backyard was on fire.

The two of us raced to the backyard and began stomping out the fire. I started stomping next to the shed because the tiny fires were very close to the siding. It was just burning on the edges and it was fairly easy to put out until we noticed that it kept reigniting. It was like those birthday candles that you keep blowing out but they start burning again.

When the fire truck pulled up (Scott had called them . . . thanks Scott) and the firemen and woman arrived in the backyard, I looked up and saw that it had continued burning next to the shed and started melting the siding. The Fire Department put out the spreading fire and pulled up the siding on the shed and squirted foam up under it to be sure that the fire was completely out.

"Were you burning your grass?" asked the fire woman. No, no, I replied and was almost too embarrassed to tell her that I was burning an I Love Ferguson sign.

I kept apologizing for my stupidity, and felt terrible that of all the horrible and disheartening events that our Fire and Police Departments have had to face these last few months, that I had caused them to come help me.

Thanks heaven for the quick response from the people who have been maligned so badly recently.

Stay In The Neighborhood

We have been serving North County Residents with 24-hour nursing care for over 66 years.

Exceptional Service At Reasonable Rates

MEDICARE / MEDICAID CERTIFIED

Private and Semi-Private Rooms Available

Oak Knoll Nursing & Rehabilitation Center

37 N. CLARK – FERGUSON

314-521-7419

Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

New Years Day	Thurs., Jan. 1
Women's Adult Volleyball Begins	Mon., Jan. 5
Financial Literacy Workshop – Library	Wed., Jan. 7
Northwest Chamber of Commerce Membership Meeting	Thurs., Jan. 8
Tied Up in Knotts – Florissant Civic Center	Sun., Jan. 11
Readings on Race Book Club – Library	Mon., Jan. 12
Senior Fitness Classes Start	Mon., Jan. 12
High Energy Cardio Exercises Begin	Mon., Jan. 12
Youth Sports Conditioning Begins	Mon., Jan. 12
Walking Program Begins	Mon., Jan. 12
Core and More Classes Begn	Tues., Jan. 13
City Council Meeting – Council Chambers	Tues., Jan. 13
Children's Tumbling Begins	Wed., Jan. 14
Children's Tap and Ballet Starts	Wed., Jan. 14
Food and Clothing Pantry Open – Oak Hill Baptist Church	Sat., Jan. 17
Zumba Classes Begin	Sat., Jan. 17
Total Fitness Classes Begin	Sat., Jan. 17
Ferguson Indoor Farmers' Market	Sat., Jan. 17
Ackerman School Trivia – Florissant Civic Center	Sat., Jan. 17
Dr. Martin Luther King Celebration	Mon., Jan. 19
City Council Candidate Filing Closes	Tues., Jan. 20
Yoga Begins	Tues., Jan. 20
Tai Chi Classes Start	Thurs., Jan. 22
Writer's Workshop – Library	Sat., Jan. 24
BTC Trivia Night – Incarnate Word Academy	Sat., Jan. 24
Aerobics Start	Mon., Jan. 26
City Council Meeting – Council Chambers	Tues., Jan. 27
3 on 3 Men's Basketball League Begins	Tues., Jan. 27
Climate Change Movie – St. Stephen's Church	Tues., Jan. 27
Teen Hidden Valley Ski Trip	Sat., Jan. 31
"Prayer, Healing & You" – Library	Sat., Jan. 31
Handicapped Encounter Christ – Savoy	Fri., Feb. 6
Puppy Pe-School	Fri., Feb. 6
Beginner/Advanced Dog Obedience	Fri., Feb. 6

Nu Way

**Heating,
Air Conditioning,
& Generators**

Jeff Westermann

314.521.1144

For all your Generator needs!

bryant

Licensed, Bonded and Insured

"Don't Scrap It, Sharpen It"

Carter's Superior Sharpening Service

(314) 591-7902

Lawn Mower Blades, Chain Saws, Carbide and Steel Blades, Drills, Knives, Scissors and Hand Saws

---

Gutters, Facia, Soffit, Siding

Reattach winter damaged gutters.
Replace or repair.
We can save you money!

LM Contracting Services

314.327.3981

DIVERSIFIED

PAINTING and CONTRACTING LLC

Residential / Commercial
Power washing
Water and fire damage repaired
Kitchen & bath remodeling available
Paint / Drywall / Plaster / Stucco
Fully Licensed and Insured
Free Estimates
diversifiedpaintingllc@gmail.com

Give us a call 314.203.7587

OPEN MAIN SEWER AND DRAINS

Prices starting at $55.00

Free Estimates on
Plumbing Repairs
Office 521-5590 Cell 346-0153

GOLD CANYON CANDLE CO. The World's Finest

Kathy McCourt

Ferguson, Missouri

**Phone:
314-524-3437**

www.kathymccourt.mygc.com

Need a fresh look?

TLC Construction and Remodeling, LLC

No job too BIG, no job too small

314-265-7145

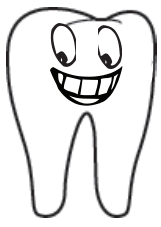
COUPON EXPIRES 1-31-15

ROBINWOOD AUTOMOTIVE & TIRE

Suspension & Brake Inspection, PLUS
Wheel Alignment and Tire Rotation.....

Normal Value $120
$69.95

Most vehicles, align kits extra
803 So. Florissant Road, Ferguson • 314-524-3440
www.robinwoodauto.com



FERGUSON DENTAL

• Family Dentistry • Implants
• Orthodontics (including Invisalign®)

314.522.6300

46 South Florissant Road
Downtown Ferguson
Free Orthodontics Consultations

KENNEDY FENCE

8632 WABASH AVE.* ST. LOUIS, MO 63134 * 521-0936
JERRY KENNEDY, PRESIDENT

Charles A. James
Attorney at Law

Clients may meet in Ferguson by appointment

314•521-1888

cajesq@mac.com

• Wills • Trusts • Power of Attorney
• Estate Planning • Corporations
• Taxes • Partnerships
• General Business • Limited Liability Companies
• Contracts • Real Estate • Traffic

"Your North County Realtor"

POPE REALTORS

Established in Ferguson Since 1959

2 So. Florissant **521-6666**

One & Two Bedrooms Available

A+ rating BBB

HOME IMPROVEMENT SERVICE

Repairing & Remodeling Specialists

• Carpentry • Plumbing • Electrical • Painting • Roofing • Siding • Ceramic Tile
• Windows • Doors • Decks • Tuckpointing • Concrete • Gutters • Wood Flooring
• Kitchens • Bathrooms • Basements • Leafproof Gutter Protection
Serving all of North County – SENIOR DISCOUNTS

Established in 1977

Big or Small We do it All! ***Licensed & Insured***

MARK & JOE RUFFINO

Phone 868-4122
Cell 740-2176

MasterCard VISA

ONE HOUR - ONE DAY EXPRESS LAB

Ferguson Optical

SERVICE AND QUALITY FOR OVER 45 YEARS

$10 OFF Regular Eye Exam
$25 OFF Transition Lenses

7025 Howdershell Hazelwood, MO **731-1117**

1 So. Florissant Rd., Ferguson, MO **522-8484**

Ferguson License Office

728 South Florissant

Rules for obtaining Drivers License:

- **U.S. Birth Certificate (certified with embossed, stamped or raised seal – not hospital certificates)**
- **Social Security Number**
- **Proof of Missouri residence**

Note: There are some exceptions.
Visit www.dor.mo.gov

**Mon. – Fri.
9am-5pm
Saturday 8am-noon**

(314) 521-2360

ALL THINGS CONSTRUCTED

The local concrete & stone specialist

• Stamped and Colored Concrete
• Design & Building
• Innovative Walls
• Stone and Block Patios
• Heavy Hauling & Excavating

Licensed and Insured

314-438-9739

Interior Plaster, Patch and Crack Repair Specialist

Free Estimates
20 years experience
Call Larry

**(314) 521-5257 or
(314) 412-0048**

Ferguson Auto Center

900 So. Florissant

524-3200

30 Years in Business
BUY HERE, PAY HERE
Most payments $100 every two weeks

MARIE LODATO CRINNION

ATTORNEY & COUNSELOR

11 Cardigan Drive
314.524.4513

www.CrinnionLaw.com

Wills, trusts, estate planning, power of attorney, real estate, contracts, business, family law, traffic