

**Serving Ferguson and Surrounding Communities**

**2017 FERGUSON MAYORAL CANDIDATES FORUM**

All Ferguson residents are invited to attend and ask questions of the candidates.



**Thursday, March 9th  
6:30 p.m.**

at First Baptist Church  
in Ferguson  
333 No. Florissant Road

*Sponsored by the Ferguson  
Neighborhood League*

**Candidates:**

**James Knowles III (Incumbent)**

**Ella Jones (Councilwoman Ward 1)**

Mark your calendars for an informative evening  
with the candidates

***"Your vote is important!!"***

The election will be held on Tuesday, April 4, 2017

**Whistle Stop to Reopen**

The Whistle Stop, one of Ferguson's first landmarks located at 1 Carson Rd, St. Louis, MO 63135, is reopening its doors spring/summer 2017.



The Whistle Stop is a historical frozen custard shop and museum, located in the restored Ferguson Depot. Customers can learn about the City of Ferguson's history while enjoying frozen custard and watching Norfolk-Southern freight trains pass through the depot daily. They closed their doors on October 15, 2016, saddening lots of customers. This spring/summer season we can expect new additions including the expansion of the outdoor deck, new food items and restored historical artifacts.

"Our intentions are to preserve the meaning of what the Whistle Stop means to the community and to preserve the prominent landmark for generations to come," said Matt Kohler, Whistle Stop new owner. Born and raised in Ferguson, Matt Kohler currently serves as a real-estate agent for Keller Williams Realty, in Chesterfield, MO.

He served as field manager for U-Haul for ten years and served in the US Army Reserve for eight years with a tour to Iraq in 2006. Helping him run the business are his lovely wife, Samantha and two children, Katelyn and Travis.



For more information log onto their website at  
[www.fergusonwhistlestop.com](http://www.fergusonwhistlestop.com)

**The Ferguson City Council**  
will meet twice in March.  
All meetings will be held in the City Council Chambers  
at 110 Church Street.

**Tuesdays, March 14 and 28**  
**at 7:00 p.m.**

**Saturday, March 18th  
Ferguson Indoor Farmers' Market**

It may be March, but the monthly Ferguson Farmers Market is still the place to find fresh produce and homemade goods. The market takes place on the Third Saturday of every month at St. Stephens Church, 33 North Clay.

Make plans to visit our vendors 9:00 a.m. to noon to stock up on meat, bread, eggs, winter greens, squash and more!



**St. Stephen's Church**  
**33 North Clay - 9:00 am to noon**

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## March 2017 CityWalk

A warm welcome to these new CityWalk businesses:

- Ryse Network, 25 S Florissant Road; and
- Affordable Mattress & Furniture LLC, 149 S Florissant Road.

### CityWalk Arts!

There is a vision among many "Fergusonians" that this city might become a destination for the arts. With a growing number of arts-related businesses and venues little by little this vision is being realized.

Corners Frameshop & Gallery, located at 2 S. Florissant provides custom framing services to residential and commercial customers throughout the metropolitan area. Robin Shively, owner, has earned the designation of Certified Picture Framer by the Professional Picture Framers Association. Her gallery primarily displays art and gifts handcrafted by local artists, many of whom are from Ferguson and North County. These artists are also showcased at frequent exhibits and First Friday events. You can reach Corners at 314-495-7452 or [cornersframing@gmail.com](mailto:cornersframing@gmail.com).

Almost Picasso wants you to know that this is "the perfect place to go for a fun-filled afternoon or evening! Our instructors will guide you through each step, to recreate a painting, in a light-hearted, party atmosphere!! Be sure to bring your favorite wine/beverage and snacks!" Almost Picasso is located at 18 Church Street. Call 314-801-6671 for more information.

FYI (Ferguson Youth Initiative) at 110 Church Street offers SLAM on the first Friday of every month, 6-9 p.m. in the Back Bay area. Youth can participate for free in open mic, spoken word, music and art. For information, contact [info@fyiferyouth.org](mailto:info@fyiferyouth.org).

Good Shepherd Gallery, 252 S. Florissant hosts exhibits of spiritual art throughout the year. This month: "Corporal Works of Mercy," March 5-31, with a reception Sunday, March 5, 1-3 p.m. Call Glynis McManamon, RGS, at 314-522-1155 or email [rgsicons@yahoo.com](mailto:rgsicons@yahoo.com).

The 427 GALLERY, located at 427 S. Florissant Rd, is a non-profit public service provided by Pearce Neikirk and Partners Realtors, LLC. The 427 GALLERY has proudly exhibited the artistic work of over 30 area artists since 2011. Exhibits are hosted by the featured artist and with specific exhibit times. The 427 GALLERY is very happy to announce the continued exhibition of the art of Mary Nichols through the month of March. Mary is a local, well established artist and has in the past been associated with the Northern Arts Council. For information on scheduling please call 314-521-5002.

Ferguson Farmers' Market has invited artists to demo creative activities and Northern Arts Council has been involved in Art at the Market.

Viewing of the sculptures at Sculptureworks Ferguson, 830 S. Florissant Road, can be arranged by contacting Michael Quintero ([mquintero@stlcc.edu](mailto:mquintero@stlcc.edu)) or Bryce Robinson ([brycer@wustl.edu](mailto:brycer@wustl.edu)). Saturday March 11 Sculptureworks Ferguson will hold an opening reception for "Whistle While You Hum," a solo exhibition by Ryan Doyle from 6:00-9:00 p.m. On Saturday, April 1, "Iron Pour in the Park" will take place at Jeske Sculpture Park, an all-day event brought to you by Sculptureworks Ferguson.

While the Jeske Sculpture Park is not within the CityWalk boundaries (the seven acre park is located at 211 Thoroughman Avenue, and on the web at [www.jeskesculpturepark.com](http://www.jeskesculpturepark.com)) the Jeske Sculpture Park Commission is also working to expand the presence of public art into Ferguson's downtown business district. Currently the CityWalk District can boast two public sculptures, both by Bryce Olen Robinson, himself a Ferguson original. "Primary Lines" can be viewed in front of 401 S. Florissant Road. "Emergent Behavior" stands in front of 419 S. Florissant Road.

Want to promote the arts in Ferguson and throughout North STL County? A good contact is Dana Sebastian-Duncan, volunteer and acting director of the Northern Arts Council (NAC). Contact [NorthernArtsCouncil@yahoo.com](mailto:NorthernArtsCouncil@yahoo.com) or 314-896-1278 (324-896-1ART). NAC also has a Facebook page at <https://www.facebook.com/NorthernArtsCouncil/>.

(This final section is for Citywalk business owners only.)

The Citywalk Advisory Board meets the 3rd Thursday of the month from 5:30-7:30 p.m. at the office of Pearce Neikirk, and all Citywalk business owners are encouraged to attend.

The Ferguson Times may be reached . . .  
 by phone: 314-524-1958  
 or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135  
 or by email: [cider@att.net](mailto:cider@att.net)  
**Copy or ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.**

## The Plumber's Crack

By Oh Baby [bigohbaby@sbcglobal.net](mailto:bigohbaby@sbcglobal.net)

Fish Fries popping up every where, days getting longer, all different kinds of rabbits showing up in stores, winds stronger than normal, everyday a surprise weatherizes, beads flying everywhere, Green seems to be the color of choice; there can be only one conclusion – it's March and time for some hot air from the Plumbers Crack.

Well a top of the month to you. It's a busy month and we are starting to come out of hibernation. It's also the start of remodeling season. No matter if you're a do-it-yourselfer, or you hire a contractor, there are things you need to look out for. I know a lot of you have heard me talk about some of the things I'm about to write about here so bear with me, I might have something new in here.

The first thing you need to do before you start a project is to have a plan. If you're using a contractor, check them out using the BBB, consumer protection agency or by recommendation from someone you know. There is a new law about to be passed that you have no right to sue for shoddy or unfinished work. Know what you want done, then listen to the contractors pitch. Make sure they are offering quality materials, not something with a short shelf life or that could be hazardous. If using a general contractor, know who their subs are and see that they are licensed and in good standing. If you're just having electrical, h v a c, or plumbing, check them out the same way.

The best way to protect yourself if you're using someone you haven't used before is to demand they pull a permit. That way a professional city or county inspector will check the work and see that it's done properly.

After you do all that, get a second bid or opinion a good con-

tractor will welcome the competition.

When it comes to fixtures – fancy or expensive is not always best. The first thing to check is if the product comes with a warranty and if the person furnishing and installing it backs up the warranty with free labor. Most reputable companies, if they furnish the fixtures will back it with a labor warranty.

Which brings me to the next point. If you buy it yourself and have it on-sight you might save a little but if something goes wrong, you're on the hook for labor and material. The big reason contractors try and guide you to certain brands is they get the better grade of fixtures. The big box stores sell the same brands but in most cases they are a cheaper grade. For you do-it-yourselfers, go to your local hardware store first. Most times they have knowledgeable people who take the time to explain a product and how to apply or install it. The help desk at the big box stores are for contractors and usually won't help on application. They have people to help you find something but it usually stops there.

Well I hope some of this information was helpful. Yes, it's that part of the article where I badger and bore you so here it is. There are a lot of reasons to party this month, so please respect the law and have a designated driver. It's also the start of Lent – a special time for Christians to love them fish fries. Shop and dine local first. Check on your neighbors and the elderly and hug and take care of them babies.

God Bless you all. Oh Baby



P8563, D8563

## Premier Plumbing Solutions

**Say "I Love Ferguson"**  
 When presented your bill and receive..... **\$10 OFF**

**Dave Walters (Oh Baby)**  
 Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

**524-0222**

**IF YOU LIVE IN AN OLDER HOME AND YOU WANT TO HELP MAINTAIN YESTERDAY FOR TOMORROW**

**CALL BOB 524-1264**

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EFFECTS CONTRACTING llc

See Bob on Job column on Page 17

## Independence Day Parade and Festival to Be Held on July 1st

In just a few short months, all of Ferguson will begin seeing signs of spring. Soon after that, spring will yield to summer. Summertime in Ferguson is filled with so many exciting activities, it is almost impossible to participate in all of them. Our community is fortunate to provide unique events like the Farmer's Market, the 5k/10k run, food truck Monday's and concerts at the Plaza at 501 just to name a few.

Ferguson also proudly recognizes Independence Day with a parade through City Walk on South Florissant up to January/Wabash Park ending with a festival, live music and fireworks.



The Independence Day celebration is planned, organized and operated by a volunteer committee and with generous donations. Over the past months, discussions and debates were held to determine the most reasonable means to continue celebrating Independence Day as a community. Ultimately, a decision was made to celebrate Independence Day on the first Saturday of July. Beginning on July 1, 2017 the City of Ferguson will host our parade and

Independence Day celebration on the first Saturday of July.

While moving the day of the Independence Day celebration to a Saturday may seem disappointing, the intent is that the move allows our community to attract additional parade and festival participants and vendors. Additionally, we hope more of our friends and neighbors will be able to participate with us instead of having to choose between our event or other events in the region. This is an exciting opportunity that we are looking forward to. As a reminder...neighborhood associations, churches, schools, clubs, organizations and even a group of friends or neighbors are invited and encouraged to participate in the parade – the more parade participants the better!

There are also several upcoming events that help fund the Independence Day Festival:

**Ham and Bean Dinner April 21, 2017 at St. Stevens Church  
4:00-7:00PM – \$8.00 all you can eat**

**Cocktail Party June 3, 2017 at the home of Kurt and Laura Cavin  
at 218 Tiffin – 5:30-9:30PM – Tickets will be \$30.00/per person**  
The chairman of the committee is Chris Shanahan and he can be reached at 314-422-8550.

## Ferguson Police Department Upgrades Humvee for D.A.R.E Program



In an effort to attract and engage with the community, specifically school aged children, the City of Ferguson Police Department decided it was time to update a surplus vehicle for their D.A.R.E program from a standard van to a Humvee.

"We wanted something that would appeal more to children," Ferguson police officer Michelle Merriwether said. "We hope that it will get them excited and enthused to see us coming down the street."

The police department received the Humvee in 2011 and students from the North County Technical Auto Body program painted the Humvee for free. The all black Humvee has bold red letters with the D.A.R.E mascot, Daren the Lion displayed on it. "This Humvee is sure to catch the attention of kids," added Officer Merriwether.

On the back of the Humvee lists the definition of D.A.R.E:

- Define – Describe the problem, challenge or opportunity
- Access – What are your choices?
- Respond – Make a choice. Use the facts and information you have gathered.
- Evaluate – Review your decision. Did you make a good choice?

Standing for Drug Abuse Resistance Education, D.A.R.E is a program that police departments around the country use, getting officers into the elementary and middle schools to teach kids the inherent dangers of recreational drug use, peer pressure, and violent behavior. "We just want to teach kids to make good decisions in their everyday lives," Officer Merriwether said.

The new D.A.R.E Humvee will be up and running within the next few weeks. It will only be used at special events, like parades and youthful gatherings, and will not be used for patrol or police functions. The first official D.A.R.E dance of the year was held Feb. 24.

## JOBS and MORE STL Continues Seminar and Workshops.

Do you need a job? Or want a better job? JOBS and MORE STL offers workshops and seminars. March is the beginning of spring and is a time for new opportunities. Take this time to search for a new or better job. Consider investigating these workshops and seminars. On **Saturday, March 25, 9:30am**, JOBS and MORE STL will host a one-day Resume Builder Seminar at the Ferguson Municipal Public Library. On **March 13-24**, JOBS and MORE STL will continue to host the RISE ABOVE Workforce Training Workshops at the Ferguson Municipal Public Library. Take the first steps to build your resume, and target your next job.

Here are some thoughts to share:

- Perseverance: The battles that count aren't the ones for gold medals. The struggles within yourself-the invisible, inevitable battles inside all of us-that's where it's at. Jesse Owens
- Success: Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed. Booker T. Washington
- Vision: Create the highest, grandest vision possible for your life, because you become what you believe. Oprah Winfrey

JOBS and MORE STL, is a Ferguson-based 501(c)3 non-profit, providing training and motivation in the job search process. JOBS and MORE STL's goal is to arm job-seeking achievers with the skills and drive necessary to find employment that aligns with their individual strengths and interests.

RISE ABOVE Workforce Training Workshops is offered weekdays starting at 9:30am from Monday March 13 to Friday March 24 at the Ferguson Municipal Public Library. Training topics include Keys to Professional and Personal Success, Resumes, Practice Interviews, Interpersonal and Communication Skills, and more.

Interested in participating in this opportunity? Or have questions? Contact JOBS AND MORE STL at [jobsandmorestl@outlook.com](mailto:jobsandmorestl@outlook.com) or 314.922.5059, or visit the web at [jobsandmorestl.org](http://jobsandmorestl.org)



## March Events at the Ferguson Public Library

For more information, call 521-4820 or visit our website at [ferguson.lib.mo.us](http://ferguson.lib.mo.us)

### Dr. Seuss Storytime - Thursday, March 2 at 6 pm

Celebrate Dr. Seuss's birthday with us and the Ferguson-Florissant School District's Parents as Teachers program with this very Seussical storytime!

### Star Party - Tuesday, March 14 at 6:30 pm

Have you ever wanted to view the night sky through a telescope? Learn how at our Star Party! Members of the St. Louis Astronomical Society will teach you how to use a telescope before we go outside to view the stars.

### Storybook Science - Saturday, March 25 at 2:30 pm

Join us and the St. Louis Science Center as science concepts are revealed using the magic of stories! For kids and their caregivers in preschool and kindergarten (ages 3-6).

### »»» DON'T FORGET ABOUT OUR OTHER EVENTS! «««

- **Readings on Race Book Club:** Monday, March 13 at 5:30 pm
- **Yoga for Adults:** Thursday, March 16 at 6:30 pm
- **Crafternoon - Finger Knitting:** Friday, March 24 at 5 pm
- **Tuesday Night Book Club:** Tuesday, March 28 at 6 pm

### »»» CALL US FOR MORE INFORMATION TODAY! «««

# Ferguson Community News Page

## Differing perspectives, Unified goal

By Mayor James W. Knowles III

*"I believe that in ways large and small, peaceful and sometimes violent, that the biggest threat to the future of our children and grandchildren is the poison of identity politics that preaches that our differences are far more important than our common humanity."*

— Bill Clinton, 42nd President of the United States



Over the course of the past two years, I've been asked numerous times why I would stay around in this position as Mayor of Ferguson, taking the brunt of the anger and frustration from protestors as well as the bulk of the scrutiny from the media, in a part time mayoral position that pays relatively nothing. My answer to that question is always unequivocally, "It's my duty to this city, it's the job I signed up for, I'd ask no one else to do it for me."

In today's world, talk of duty may sound cheesy. It is a word that is barely in the vocabulary of many today, and it is a word seldom heard unless you were reading romantic stories of a chivalrous age. That romantic sense of service and duty is a notion I grew up admiring, and is a virtue instilled in me by my family. Living up to those virtues, while they come at great personal sacrifice, are extremely important to this community. I believe staying and serving this community in this time of great need is the kind of purpose driven life that I've always sought, and willingly embrace. We are blessed in this community to have so many residents that also feel that same call to service.

This month, the council will be appointing 9 members of the newly constituted Civilian Review Board out of a pool of applications representing citizens willing to commit their time and talents to the city in the performance of their civic duty. The Civilian Review Board came from a proposal of the Ferguson City Council in Sept. 2014. Realizing the importance of citizen input in the construction of this board, I appointed a Task Force made up of Citizens, Business Owners, Clergy, Activists, and Police Officers to work collaboratively on an organizational framework that would fairly review complaints of our Police Department and help "foster respect, trust, cooperation, and accountability between the Ferguson Police Department and the Greater Ferguson Community," as the board's mission statement proclaims.

The 18 month effort to set up this board consisted of regular meetings where the task force and myself sought to incorporate a diverse set of viewpoints, in order to create a board that people from all backgrounds, all walks of life, and all different perspectives can have faith and trust in. While we want to understand everyone's perspective, we must realize each perspective is actually itself, a bias. The way we perceive things, our point of view, our "perspective", is all reflective of our life's experiences, our identities, and they shape the way we see things and the way we would make decisions.

As we appoint the board's first members, we expect those individuals to be devoid of bias as they make decisions and judgments for our city. It takes a special person to be able to suppress their own perspective or bias in order to clearly understand all perspectives and make a clear decision. Ultimately, we hope those that represent us can understand and be cognizant of everyone's perspective, not just their own. That understanding will ultimately lead to decisions that are fair and just, not governed by a singular perspective. One person can't have all those perspectives personally, but they can certainly understand many perspectives, and take them into account.

In just our small community, if we focused solely on our separate identities or perspectives, you can imagine a community that was divided by race, socio-economic status, education, neighborhood, owner vs. renter, new resident vs. long-time resident; the list could go on for days. While the 9 members of the Civilian Review Board cannot actually identify as a member of each of these groups, the question is, can they take the time to listen, understand, and identify WITH each of these groups?

As I've said countless times in previous *Ferguson Times* articles, the very basic duty a Council member must perform, is to make informed, fair, and unbiased decisions for his or her constituents. An effective representative can engage all people and every side of an issue. The same can be said about those we chose for the Civilian Review Board. When choosing people to make decisions for us, whether on the council or as part of our citizen boards (like the Civilian Review Board), we should not be focused on those things which divide us into individual identities or perspectives, which ultimately separate us from the rest of the community. Instead we should be focused on seeking those people that unite the residents under a broader and more inclusive community identity.

## Ferguson Neighborhood Organizations

Dates & times subject to change. Check [www.fergusoncity.com](http://www.fergusoncity.com)  
 Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Mar 7 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379 ddd-steeess@att.net
Jeske Park Neighborhood Assc.	Mar 16 7 pm	Ferguson Community Ctr. 1050 Smith Ave	jeskepark-neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Corner Coffee House 100 N Florissant	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Mar 30 7 pm	Corner Coffee House 100 No Florissant	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	TBA	Our Lady of Guadalupe 17 Hawkesbury	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr 1050 Smith	May Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Our Lady of Guadalupe 17 Hawkesbury Dr.	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	Mar 6 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Ella Jones ejones@fergusoncity.com

## Ferguson City Council

Octavia Pittman, City Clerk  
 110 Church Street, Ferguson, MO 63135  
 Ph: (314) 524-5152, Fax: (314) 524-5173  
 Hrs: Monday - Friday 8:00 am - 5:00 pm



The City Council consists of six Council members and a Mayor. Two Council members are elected from each of the three wards, for three-year overlapping terms. The Mayor is elected at large and also serves a three-year term. As elected officials, they are responsible for setting policies for the City and passing ordinances that have the force of law.

Council meetings are held on the second and fourth Tuesday of each month, with exception in April, August, and July. Meetings are open to the public and are broadcast locally on the government access station on cable television. Meetings are also streamed live on the City of Ferguson's website.

### Council Meetings

Meetings are held at 7:00 p.m. on the 2nd and 4th Tuesday of each month, with exception. In April, meetings are held on the 3rd and 4th Tuesday, due to elections. In July and August, meetings are held on the 4th Tuesday.

## The Ferguson City Council

will meet twice in March.

All meetings will be held in the City Council Chambers at 110 Church Street.

**Tuesdays, March 14 and 28  
 at 7:00 p.m.**

*Ferguson Community News Page* is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Laverne Mitchom, Ward 2; Keith Kallstrom, Ward 3; Wesley Bell, Ward 3. City Manager: DeCarlon Seewood. Public Relations Intern, 314-524-5229.  
**City Hall:** 110 Church Street, 63135, 314-521-7721. Website: [www.fergusoncity.com](http://www.fergusoncity.com). **Contact Us by Email:** [Information@fergusoncity.com](mailto:Information@fergusoncity.com)

# Ferguson Community News Page

Be sure to get up to the Recreation Office to register or call us at (314) 521-4661.

## COMMUNITY CENTER

Don't forget to pick up the new Destination Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at [www.fergusoncity.com](http://www.fergusoncity.com)

### Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

### Memberships

Resident Youth – Daily \$1/ Yearly \$50  
Resident Adult – Daily \$3/ Yearly \$85  
Resident Senior – Daily \$1/ Yearly \$50  
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200  
Non Resident Adult – Daily \$5/ Yearly \$200  
Non Resident Senior – Daily \$3/ Yearly \$120  
Non Resident Family – Yearly \$300

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

## PROGRAMMING

### Children's Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Ballet shoes recommended.

Age: 3 ½-7 years old & 8-13 years old  
Start Date: Mondays (8 week session)  
Time: 5:45pm-6:40pm (3-7 years old)  
6:45pm-7:40pm (8-13 years old)  
Location: Ferguson Community Center  
Fee: \$39/Members; \$44/Residents; \$49/Non-Residents

### Children's Tap & Ballet Dance

A wonderful opportunity for a child to learn creative movement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Ballet shoes recommended.

Age: 7-15 years old & 8-13 years old  
Start Date: Wednesdays (8 week session)  
Time: 5:45pm-6:40pm (3-7 years old)  
6:45pm-7:40pm (8-13 years old)  
Location: Ferguson Community Center  
Fee: \$39/Members; \$44/Residents; \$49/Non-Residents

### Children's Tap, Ballet, Jazz & Hip-Hop

This is a wonderful opportunity for a child to learn creative movement along with simple dance steps and routines in tap, ballet, jazz & hip-hop. Tap and ballet shoes are highly recommended but not required. No jeans, baggy clothing, tennis shoes or bare feet.

Age: 3 1/2-7 years old  
Start Date: Mondays (8 week session)  
Time: 5:45- 6:40  
Location: Ferguson Community Center  
Fee: \$39/Members; \$44/ Residents; \$49/ Non-Residents

### Hip Hop/ Jazz Dance

High energy class starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes, or bare feet.

Age: 14-18 years old  
Start Date: Wednesdays (8 week session)  
Time: 7:45pm-8:40pm  
Location: Ferguson Community Center  
Fee: \$39/Members; \$44/Residents; \$49/Non-Residents



### Beginning Adult Dance

Warm-up with easy Freestyle dance steps followed by basics in Waltz, Fox Trot, Tango, Cha-Cha, Rumba, Salsa, and Swing (learning these dance styles will enable participants to dance at any social event). Class is taught

by Diane Brown who has 30 plus years dance and choreography experience in the St. Louis area. Wear comfortable clothing and hard-soled shoes. No tennis shoes.

Age: 18 & Up  
Start Date: Mondays (8 week session)  
Location: Ferguson Community Center  
Time: 7:45-8:40  
Fee: \$45/Members; \$50/Residents; \$55/Non-Residents

### Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the-brid and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students  
\$5 more for each additional student  
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

## AQUATICS

### Aqua Fitness

Stay fit this winter, join us for this low impact water exercise class at McCluer South Berkeley High School indoor pool. This class is great for all exercise abilities as you can make the workout as challenging or laid back as you want. The ability to swim is not required.

Start Date: Mondays & Wednesdays  
Time: 5:30-6:30pm  
Fee: \$5 drop in Or  
\$35 Residents; \$40 Non Residents per 5 week session  
Class is offered free as part of our Silver Sneakers Membership, sign up at the Community Center today!

### Swim Lessons

The ability to swim is an invaluable life skill, let us help you learn or refine your skills. Join us this fall as we offer swim lessons for ages 4 and up at

Age: All ages  
Location: McCluer South Berkeley High School indoor pool.  
Start Date: Mondays & Wednesdays  
Call for details

## FITNESS

### Intro to Fitness

Join the Ferguson Community Center staff and learn how to properly use the fitness equipment in our fitness center. This class is offered once a month and you must pre-register at the front desk.

Age: 16 years old and up  
Days: Tuesdays  
Time: 7:45-8:40pm  
Location: Ferguson Community Center  
Fee: FREE/Members; \$2/Residents; \$3/ Non-Residents and Guests

### Tap Dancing for Fun & Fitness

Get a fun and creative workout while learning a new skill--Tap Dancing. Easy yet energetic tap steps enhance the rhythm of the song and motivate you to move with the music. You'll enjoy hearing the tapping of your feet and will hardly realize you're working out and burning calories! The class ends with a cool down and light stretching. Tap or hard-soled shoes are highly recommended. No tennis shoes

Age: 16 years old and up  
Start Date: Wednesdays (8 week session)  
Time: 7:45-8:40pm (Age 14-18)  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Slide Dance

Do you want to enjoy your workout while also having fun? Try out our slide dance class! It is an 1 hour dance class designed to teach basic and intermediate slide dance skills and routines. Participants are given a chance to grow more comfortable on the dance floor while having fun and socializing with others in the community. Wear comfortable clothing and adhere to these 3 rules: have fun, forgive, and keep moving!

Age: 18 & Up  
Start Date: Mondays (8 week session)  
Time: 6:30-7:30  
Location: Community Center  
Fee: \$25/ Member; \$30/ Resident; \$35/ Non-Resident



(See more Parks and Rec Activities on Page 6)

### Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 18 years & up  
Days: Monday, Wednesday, or Friday (8 week session)  
Time: 6pm-7pm  
Location: Ferguson Community Center  
Fee: \$25/Members - 1 day per week  
\$30/Residents - 1 day per week; \$35/Non-Residents - 1 day per week

Additional Days:  
\$10/members add day; \$15/residents add day  
\$20/non-residents add day

### Silver Sneakers

The Ferguson Community Center is now enrolled in the Silver Sneakers program for seniors! This program offers free admission to the Ferguson Community Center and Silver Sneakers exercise classes. Check with your health insurance provider to see if you apply! For more information call the Ferguson Community Center, 314-521-4661.

### Silver Sneakers Classic

This class is designed for seniors or someone who is starting to work out for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills. A chair is made available for seated and/or standing support.

Days: Tuesday and Thursday  
Time: 10am  
Fee: Free/ Silver sneakers members  
\$3/ Non- Silver sneakers members

### Silver Sneakers Advance

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. A chair is used for standing support, stretching and relaxation exercises

Days: Tuesday and Thursday  
Time: 8:55 am  
Fee: Free/ Silver sneakers members  
\$3/ Non- Silver sneakers members

### Silver Sneakers Water Aerobics

Offers lots of fun and shallow water moves to improve agility, flexibility, and cardiovascular endurance. No swimming ability is required and a special SilverSneakers techniques will be used to develop strength, balance, and coordination.

Days: Monday and Wednesday  
Dates: Ongoing  
Time: 5:30 pm  
Location: McCluer South Berkley  
Fee: Free/ Silver sneakers members  
\$5/ Non- Silver sneakers members

## SPECIAL PROGRAMMING

### Wayside Park Unleashed

This park is for the dogs, accompanied by responsible owners, to play without leashes. The facility offers a great opportunity for individuals to spend quality time with their dogs and friends while enjoying the park. The park features both small dog and large dog areas.

The park is open from 7 a.m. to 9 p.m. daily. Registration is required and can be completed at the recreation office. Owners will need to bring up-to-date shot records: rabies, DHPP and Bordetella.

2017 Wayside Dog Park memberships now on sale.

Yearly Fee: \$30 Residents; \$60 Non-Residents; \$5 per additional dog (three dogs per family).

### Computers for Seniors

Do you feel like you're left in the Stone Age while technology keeps moving forward? Do you have grandchildren who you would like to keep up with through social media? If so, then sign up for Ferguson's Computer for Seniors course. This class will start with teaching you very basic computer functions and extend your knowledge until you surfing the World Wide Web with confidence and ease. Note: This class requires participant to create an email account.

Age: 50 and older  
Dates: TBA (6 weeks)  
Times: 11:00am-Noon  
Location: Ferguson Community Center  
Fee: \$20/Member; \$25/Residents; \$30/Non-Residents

### Adult Easter Egg Hunt

The Easter Bunny has dropped his eggs all over the fields of the Ferguson Community Center. Rumor is 30 of those eggs are filled with prize tickets. This "egg-cellent" event is open to adults 21 and older. So grab your basket and flashlight for an evening down memory lane. Our concession stand will be open for snacks and refreshments, no outside drinks allowed. Pre-registration is recommended for this event. Maximum event size: 100.

Date: Friday, April 14  
Time: 7:30pm  
Location: Community Center  
Fee: \$8 Residents; \$10 Non-Residents

### Children's Easter Egg Hunt

Hop over to January Wabash Park for the annual Egg Hunt. The park will be filled with brightly colored filled eggs for Ferguson children (8 and under) to enjoy. The children will be divided into separate hunts by the following ages: 3 – 4, 5 – 6, 7 – 8. The Easter Bunny will be on hand for photo opportunities. Children should meet at the upper parking lot of January Wabash Memorial Park with their own basket.

Date: Sat. Apr. 15  
Time: 10am SHARP!!  
Location: January Wabash Park  
Fee: FREE Children 3 – 8 years old

## TEEN PROGRAMMING

### Rockin Jump

Want to start your spring break off with a full day of fun. Come join the Ferguson Teen group for a day at Rockin' Jump Trampoline Park. Ever been to sky zone this inside trampoline park is even better with more actives to do like a stunt bag, vertigo climbing tower, throw down, x-beam, open jump arena, dodgeball arena, and slam dunk zone. Jump socks included need to bring money for food.

Age: Teens 13-17  
Date: Sunday, March 19  
Time: 1:00pm—5:00pm  
Location: Community Center  
Fee: \$10/Residents; \$15/Non Residents

### Laser Tag

Come join us for an epic indoor sports arena. Attractions include a ninja warrior course, laser tag, and many more activates. We will have unlimited play for 2 hours followed by a pizza party!

Age: Teens 13-17  
Date: Saturday, April 22  
Time: 2:00pm—7:00pm  
Location: Community Center  
Fee: \$15/Residents; \$20/Non Residents

## ADULT PROGRAMMING

### Mystery Meal

If you love good food and enjoy fun-loving people then this program is for you! Every trip is an adventure, so register to enjoy the day with good times and good friends. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and a meal.

Date: Fri. May 5  
Time: 10am pickup  
Fee: \$32 Members; \$37 Residents; \$42 Non-Residents

### Lunch and Bingo

Come and treat yourself to an afternoon at one of Ferguson's fantastic lunch and bingos. Our March bingo celebrates St. Patrick's Day with corned beef and cabbage as well as a contest for the best dressed leprechaun. Our May bingo event celebrates the coming of summer with a lunch and bingo featuring your choice of chicken or beef. Cost includes lunch as well as bingo. Maximum size: 125.

Date: Thurs, March 16 & Thurs, May 25  
Time: 12pm-3pm  
Location: Ferguson Community Center  
Fee: \$10 Members; \$14 Residents; \$18 Non-Residents

### Yahtzee

There is no need to know the rules, come and have a good time at our next Yahtzee event at the Ferguson Community Center. We'll start the afternoon chowing down to a great tasting lunch. After lunch, the excitement begins with 3 thrilling games of Yahtzee. Great prizes, good food and lots of laughter are in store. Door-to-door transportation via the Jolly Trolley is available for Ferguson residents. Advanced registration is required.

Date: Thurs. April 13  
Time: 11:30am – 2:30pm  
Location: Ferguson Community Center  
Fee: \$8/Members; \$12/Residents; \$15/Non-Residents

### Mystery Trip

Grab your friends and head out on another adventure!. A great new lunch location is always part of the fun. These trips involve the fun of not knowing where you might end up, but fun is always part of the trip.

Date: Thurs. March 30  
Time: 10:00am – 4:00pm  
Location: Ferguson Community Center  
Fee: \$65 Residents; \$70 Non-Residents

### Tunica, MS

Yes, it's time for Ferguson's gambling extravaganza. Odds are you'll love Tunica – with lots of casinos and gaming activities you choose from one-arm bandits, hitting "21" in Blackjack, or from winning a poker hand. You can bet you are sure to have a winning time on this trip. While staying at the popular Gold Strike Hotel and Casino, we'll also be gambling in Sam's Town, Resorts, Fitzgerald's, Horseshoe and Hollywood. Five fabulous buffet meals are included in the fee as well as \$40 back in cash. (Note: cash back subject to change due to casino promotions.) Cost includes: motor-coach transportation, two nights lodging, five buffet meals, luggage service, plus driver gratuities.

Date: Tues, Mar. 21 – Thurs, Mar. 23  
Time: 7:00 am – 8:30pm  
Location: Ferguson Community Center  
Fee: \$155 Residents; \$160 Non-Residents (double occupancy)

(See page 19 for Isle of Capri and Washington DC trips)



City of Florissant presents  
**Junie B's Essential Survival Guide to School**  
 Part of the 2016-17 St. Louis Family Theatre Series

The City of Florissant and the St. Louis Family Theatre Series present "Junie B's Essential Survival Guide to School" from TheatreworksUSA, New York, NY.

Now that JUNIE B. JONES has been going to school for over one-and-a-half years, who better to write the book on EVERYTHING you need to know? From bus rules to band-aids, carpools to cookies, Junie B. and friends deliver the definitive word on surviving and thriving in style. With a jillion tips, tricks and trip-ups, Junie B. shares her hard-won expertise and shows us all how school is sometimes scary, sometimes super-fun, and ALWAYS something to sing about! This is an all-new musical adventure based on Barbara Park's popular book.

Performances are in the Gary R. Gaydos Auditorium at the Florissant Civic Center, Parker Road and Waterford Drive, on **Sunday February 26 at 2:00 pm, Friday March 3 at 7:30 pm & Saturday March 4 at 2:00 pm.**

Admission is \$8.00 to all. For more information or to purchase tickets call the theatre box office at 314-921-5678 or go to [www.florissantmo.com](http://www.florissantmo.com).

**What's More Fun Than The Return of BEER & HYMNS???**  
**March 19, 2017 6PM - 8PM**

What?? Come sing your favorite hymn while enjoying your favorite beverage (purchased by you) !!!

Where?? Ferguson Brewing Company  
 418 S. Florissant Rd  
 Ferguson, MO 63135

Hosted by  
**St. Peter's United Church of Christ**  
 For more info call  
**314-521-5694**

**Ash Wednesday**

Our Lady of Guadalupe, 1115 S. Florissant Road, 522-9264  
 Wednesday, March 1, 2017

8:00 a.m. English Mass – With distribution of Ashes  
 12 noon English Mass – With distribution of Ashes  
 6:30 p.m. Bilingual Mass – With distribution of Ashes  
 8:00 p.m. Spanish Mass – With distribution of Ashes

**March Environmental Film:  
 The Doctrine of Discovery**

THE DOCTRINE OF DISCOVERY, UNMASKING THE DOMINATION CODE will be shown **Tuesday, March 28, 7:00 PM**, hosted by the Ferguson Eco Team. This film, based on Steven Newcomb's book DECODING THE DOCTRINE OF CHRISTIAN DISCOVERY, explores the religious, political and legal systems that have, since the time of Christopher Columbus, been the foundation and continuing precedent for dominating the peoples, the lands and resources of original nations, as well as other citizens, in the United States and on other continents. The environmental impact resulting from the political oppression, economic exploitation and religious legitimization of the Doctrine of Discovery continues to this day.

The film and discussion following it will be shown at St. Stephen's Episcopal Church Parish Hall, 33 N. Clay (at Darst), Ferguson, MO 63135. The event is free and open to the public. For more information: (314) 521-8418; [carletonstock@aol.com](mailto:carletonstock@aol.com)

**Fish Fries**

Our Lady of Guadalupe– 1115 S. Florissant Road – 522-9264  
**Time: 4:00 to 8 p.m.**  
 March 3, 10, 17, 24, 31, April 7, 21, 28  
 Latin Flavor Fish Fry with Entertainment  
 Adult Dinner \$9.00 (5 ounces of fish & 2 sides)  
 Child Dinner \$5.00 (3 ounces of fish & 2 sides)

- Nachos with cheese \$2
- Shrimp (Fried) 12/\$10.50
- Shrimp individual \$1.00
- Catfish Fillets \$10 per lb.
- Cod Fish Fillets (Fried) \$10 per lb.
- \* Mexican Rice \* Cactus Salad
- Baked Tilapia \$5 each
- Ceviche by the pound with Tostada \$10
- Chile Relleno \$5 each
- Fish Tacos Order of 3/\$6
- Tacos de Papa (potato tacos) order of 3/\$5

Soda \$1.00 – Coffee \$1.00 (free refills) – Beer \$3.00

**From Lament to Life**  
 A 2017 Lenten Journey

**Wednesdays**  
 6 pm Fellowship Meal  
 6:45 pm Conversation & Study

**Sundays**  
 9 am Worship  
 10:30 am Bible Study

[www.stpeterschurch.org](http://www.stpeterschurch.org)



**Good Shepherd Gallery**

**Children's Art at Good Shepherd Gallery**

Students at Our Lady of Guadalupe School have been engaged in a year-long Three School Connection Project along with Incarnate Word School in Chesterfield and St. Cletus School in St. Charles. The second, fourth and seventh grades of all three schools have been focused on "The Corporal Works of Mercy." The project was funded by the Catholic Campaign for Human Development.

Their art projects on this subject will be shown at Good Shepherd Gallery during March, beginning with an Opening Reception on **Sunday, March 5, 2017 from 1 – 3 p.m.** The exhibit will be up through March 31.

The students will put their art on sale, and proceeds will be donated to Catholic Charities.

Good Shepherd Gallery is located at 252 S. Florissant Road in Ferguson, next to Cathy's Kitchen. Gallery hours are Tuesdays-Fridays, 10 a.m. – 6 p.m. and Saturdays, noon – 4 p.m. Call 314-522-1155 for more details.

**BLESSED TERESA OF CALCUTTA CATHOLIC CHURCH**  
 150 N. Elizabeth Ave.  
 Ferguson, MO 63135

**FISH FRIES**

Join us in our Parish Hall on every Friday in Lent: **March 3, 10, 17, 24, 31, April 7 & 14th.**

**Time: 4:00pm-7:00pm**

**EAT IN TAKE OUT DRIVE THRU**

150 N. Elizabeth Ave. Ferguson, MO 63135



## How to Win Using Facebook Live!

By LaTease Rikard

By now you've seen a few Facebook Live Videos. Whether it's the promotion of a business offer, or a regular person like you and me who shares how to cook their favorite dish. Regardless of who's using it, you can capitalize on this easy, fun way to market your business. Let's talk a little about how this will benefit you.

Facebook live has been around since 2016, and when it was introduced to

Facebook users, it instantly raised the bar on ways to use the social network to reach your audience. Live video is significantly more appealing to other methods of marketing content. Think of Facebook Live as an amateur version of Live TV. It's happening now, and you can interact with the person that's broadcasting it. As brands compete to get more eyeballs on their content, live streaming is a key differentiator and will distinguish your company from your competitors.

You'll still want to utilize other methods to reach stakeholders, customers, and fans through different marketing channels like Instagram or Twitter. By the way, since Facebook owns Instagram, it's no surprise you can broadcast live on that platform as well. But for now, let's talk about how to connect with viewers using Facebook Live.

### 1. Connect With Your Audience

- Social media is a back and forth conversation, you'll want to engage with your audience as they ask questions or make comments. Respond to their comments, acknowledging them. People like to be recognized when others say their name, it makes them feel important. There is real value to engaging this way.

### 2. Welcome New Viewers Ask Them To Like And Share

- If you've already started your broadcast, welcome new viewers and give a recap of what they missed. Again, it's all about the audience, and it makes them feel valued.

### 3 Embrace The Nature of Live!

- Be spontaneous! The more authentic you are the more viewers you'll get as well as the more attention you'll get the next time you do a Live broadcast. Live video is not expected to be perfect, it's a slice of life, it's human, and all of that comes with natural flaws. Be natural, be you.

### 4. Broadcast For At Least 10 Minutes (Don't Forget To Say Goodbye!)

- The longer your broadcast, the more viewers you'll get and most importantly, you will rise in the newsfeed. Facebook has an algorithm that responds to popularity. If a lot of people are watching, and you've been on for greater than 10 minutes, chances are you're receiving an extra bump in attention from Facebook. Plan on a 30-45 minute broadcast. My church broadcasts its weekly sermons and lots of people log on because they know we will be on around 9AM on Sunday mornings.

Once you come to the end of your broadcast, remember to say goodbye to your audience and let them know when you'll be broadcasting again. Consistency is key. People will grow to expect you to be 'on' at a certain day and time. The great thing about this behavior is they will have told others about your live streaming and that's a good thing.

After your broadcast ends boost it, buy a Facebook Ad for \$5 or more to reach an even larger audience. If you want to grow your customer base combining Facebook Live with a Facebook Ad (Boost) will provide great results for you and your business.

Follow me on Facebook ([www.facebook.com/latease](http://www.facebook.com/latease)) or Instagram ([www.instagram.com/teasastips](http://www.instagram.com/teasastips)) I'd love to continue the conversation.

## Book Club Keeps Expanding

The Ferguson Readings on Race Book Club keeps growing both in numbers and in breadth of programs. The **March 13** program will feature a video, *Why Black People Act the Way They Do* by Joy deGruy, with Peggy Harris facilitating a discussion afterwards. She will bring a guest speaker, Sharon West, who is a board member and Director of Mental Health at Women Against Hardship, also employed at Grace Hill. The program will begin at 5:30 p.m.

Participants volunteer to facilitate conversations at the Ferguson Public Library at 35 North Florissant Road on the second Monday of each month. While the focus is primarily on books, occasional programs feature films or speakers. Members also gather on the fourth Monday of each month at 6 p.m. at Starbucks on West Florissant Avenue for further discussion and to plan non-book-club activities. A list of past and planned books and documentaries can be obtained by contacting Carla Fletcher at [carlajean-fletcher@yahoo.com](mailto:carlajean-fletcher@yahoo.com)

The public is always welcome. No reservation is required. For more information about this and other library programs, contact Amy Randazzo at 314-521-4820 or [arandazzo@fergusonlibrary.net](mailto:arandazzo@fergusonlibrary.net).

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**9624 Glen Owen Dr \$55,000**

Call Don Schloss at (314) 814-0800 to take a long look at this 3-4 bedroom 2 plus bath updated ranch. This home has a huge main floor family room (32x16), updated kitchen and partially finished lower level. The deck overlooks a level and fenced back yard. Call Don today!

**#15 Birlin \$85,900**

A home with all of the updates of a new home while maintaining the charm of a historic, 117 year old! This beauty is located near the Ferguson Farmers market, CITYWALK and Vogt Elementary School. The first floor includes a living room, dining room, kitchen and Master Bedroom Suite! Wonderful hardwood, main floor laundry and a spacious and fenced rear yard with huge deck and fire pit. Agent owned. Call Wayne Moss at (314) 706-1875 for your tour! OPEN HOME EVENT- March 12th 1-3 pm!



**209 Moundale \$88,500**

Call Amy Beikirch-James at (314) 660-8050 for your visit to this completely updated brick bungalow cottage. Both full baths and kitchen are updated as is the flooring, paint, HVAC and electric and plumbing. This home has a wonderful main floor family room, covered patio, fenced rear yard and cozy wood burning fireplace. Move in

Mint condition and qualifies for special first time buyer lending assistance. Call Amy today!

**13 1/2 Hartnett...COMING SOON!**

Call Amy Beikirch-James at (314) 660-8050 for more info on this special dutch colonial bungalow! The sellers are just finishing a few final touches. 3 bedrooms, 2 baths, spacious rooms and a deep back yard are just a few of many features. This home earned a 13.5 out of 10!



**120 S Elizabeth Rd \$254,500**

Call us to visit this stunning two story folk Italianate, with over 3300 square feet of living space! Situated on 3 acres (MOL) the home has been well cared for and updated over its 96 year existence. With spring quickly coming, you can enjoy unlimited tennis on your own hard surfaced court. After a few matches, hosting reviews

of the court performance and entertaining is easy under the covered patio... that features an outdoor fireplace and cooking area.

Updates include a new roof, newer kitchen and decorating. The room sizes are generous and the home is flooded with natural light. With the center hall entry foyer and large second floor landing, this home could be the site for a B & B business.

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# The Ferguson Computer Corner

by Doug Neely



## LOOKS LIKE ANOTHER SERIOUS BREACH!

Yahoo has been hacked...again. passwords, personal info & other sensitive & private stuff is now in the hands of some bad people that you don't know. worried? don't have a Yahoo account? haven't noticed anything any different? lucky? oh, not really!

i'm going to let StartPage/StartMail explain it to you. (i lifted the following directly off of their webpage, but i'm sure they won't mind because i'm including their little sales pitch to pay for their StartMail secure mail service.)  
<https://www.startpage.com/blog/ix-quick/how-the-yahoo-hack-impacts-you-even-if-you-dont-have-a-yahoo-account-and-how-to-get-safe-again/#hmb> ready? here we go:

Like millions of other people, you likely just recently found out that 1 BILLION (that's BILLION with a "B") Yahoo accounts were breached in 2013. Stolen user data reportedly includes names, email addresses, telephone numbers, dates of birth and passwords.

There are some things you need to do immediately to protect your privacy if you have a Yahoo account:

Change your Yahoo password AND passwords for other accounts that have that same password. (Many people re-use passwords, which puts multiple accounts at risk in a breach like this.)

Change your security questions

and answers for all accounts.

Delete your Yahoo account. Run. Don't walk away.

Get a secure email account that lets you encrypt sensitive messages, like StartMail.

There's more you need to know

Without even having knowledge of the latest 1 Billion account hack, the largest breach in history, StartPage.com private search canceled its Yahoo contract because we lost confidence in the company, and we believe other companies that partner with Yahoo like DuckDuckGo should consider canceling their contracts, as well.

Yahoo reportedly allowed a US government agency to install a spy tool onto its system so agents could secretly read incoming email.

This is shocking for several reasons:

The US government could read every incoming email of Yahoo AND non-Yahoo customers, regardless of whether or not they were suspected of wrongdoing.

The spy tool was actually more like a rootkit that could allow not just the government, but a hacker, unfettered access to user accounts.

The revelation follows news of a 2014 Yahoo breach, now the second largest in history, because Yahoo just broke its own record. The hacker in the 2014 breach also stole email addresses, birthdates, security questions, and even passwords, putting over 500 million customers at risk for identity theft.

The Yahoo hacks and scandals are just the tip of the iceberg. Here's why:

Every US-based organization has to comply with government surveillance requests in accordance with the Patriot Act—and they can't breathe a word about it legally without winning a court challenge. If your email is provided by Gmail, Outlook or another US-based email service, it's very possible a US government agency was reading your email in 2015 at the same time it was reading Yahoo email. The US government could also be reading your email messages right now, but you might never know.

For email privacy, look to European companies that charge a fair-market price, like StartMail

StartMail is based in the Netherlands, outside of US jurisdiction, where it is not subject to US mass surveillance mandates. What's more, the Netherlands protects privacy by law.

We charge a fair market price for our services so we work directly for our customers, not advertisers, corporate donors, or government agencies bearing grants. Because we charge this fair price, you can also count on us to be around for the long haul, when you need us.

Try StartMail free for 3 months with a special introductory discount

We offer terrific private email with easy-to-use features, like one-click PGP encryption so only the people you write to can read your email. But don't take our word for it. Check us out for yourself.

You're going to love how StartMail keeps the US government and snoop advertisers out of your inbox. To sweeten the deal, for a limited time we will give you 25% off a one-year StartMail subscription—

that's the first 3 months free. This makes your monthly cost for email privacy and peace of mind less than \$4 per month. You can't even buy a fancy coffee drink for that.

In addition, we'll throw in 2 free one-year companion accounts you can give away to friends or family so they can get email privacy, too. (Companion accounts make great gifts and help spread the privacy message.)

To get your 25% discount and free companion accounts use the coupon code START at checkout. Click here now to get your StartMail account.

Thank you for taking a stand for privacy by using StartMail.com!

## ME GO NOW!

i have to go get ready for the Ides of March & St. Paddy's Day! you would be wise to do the same; but don't get anything GREEN anywhere near your puter!!! :) and another thing: God LOVES green, just as much as any other color, so feel free to wear green at church! (just because it's St. Paddy's doesn't mean you get a pass to star home from church, you know!) celebrate wisely, and be good! may God richly bless us all! (remember, He will let you into heaven no matter how much, or how little IRISH is in you...just as long as you believe in Jesus as your Lord & Savior, and you've been baptised.) BLESSINGS!

...it is now safe to turn on your computer!

If you would like to contact Doug for his free puter advice, or whatever, please call him at \*314\*521\*1789\* from 3-11PM most any day.

When emailing, be sure to put "i need puter advice" into the subject line, & include your local telephone # so he can call you. use: [fergusoncomputercorner@aol.com](mailto:fergusoncomputercorner@aol.com)

## Zion CDC 19th Annual Trivia

Saturday, March 11,

Zion Lutheran Church, 123 Carson Road

The doors open at 6:30 and the game begins at 7:00.

There will be a silent auction, door prizes, attendance prizes, 50/50s, light refreshment and sodas.

**\$20 per person and 8-10 people per table**

All proceeds help fund the CDC summer camp program.

For reservations or to make a donation

please contact Sue or Rachel at (314)-524-7677.

## Zion Fish Fry

Begins on Friday, March 3rd

thru August 25th

4:00 pm to 7:00 pm

in the basement of Zion Lutheran Church. It's the best cod, catfish, shrimp and chicken tenders in the neighborhood.

There will be delicious homemade desserts that are provided by different organizations each week.

We are looking forward to seeing each and every one of you.

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## Financial Focus

By Joan Cleaveland (consultjoan@att.net)  
Business Manager for St. Joseph's Parish in Cottleville  
Lindenwood University BA – Business Administration.

Recently, a discussion with friends got into comparing prices from over a hundred years ago. When someone brought up the price of oil, I think we expected it to be much lower than today. As you might guess, a smart phone helped find the answer and to our surprise in 1864 it was actually at \$120 a barrel converted to today's dollars. The next time it would get that high wasn't until about 2011. For those who are old enough to remember, the seventies were a time of big change in our relationship with oil.

So what occurred to cause such a high price back in the 1860's, the Civil War had some effect. In 1857 the first commercial oil well was drilled in Romania and two years later the United States drilled its first well in Titusville, Pennsylvania. The petroleum industry was born and the main uses for oil at that time were for kerosene and oil lamps. During the Civil War the demand for oil increased and without an increase in supplies the price went up. When the war was over prices dropped significantly. In 1901 the Spindletop refinery in Texas opened and created quite a boom in the US economy. Both supply and demand increased during the early twentieth century; the automobile, the use of oil in weapons during World War I and a coal shortage in Europe increased demand. More pipelines opened and oil was discovered in Persia (now Iran) in 1908 and Saudi Arabia in the 1930's. As oil replaced coal it became the world's primary fuel source. Both supply and demand kept oil prices lower.

In those early years the United States was the largest producer of oil and had more control over pricing power. The ups and downs in price weren't that significant and then in the mid-seventies, oil prices took off due to unrest in the mid-east. The Arab states issued an embargo on any countries supporting Israel. The Iran-Iraq war began. Iran had already cancelled contracts with the US. So it's become obvious that just supply and demand are not the most important factors in how the price changes. Like all goods and services supply and demand has a lot to do with pricing. With oil it's a little different because it's really a commodity. This means it isn't renewable and there is a limit. So while supply and demand weigh in, the value of something that isn't limitless involves speculators and investors.

With speculators and hedgers involved the simplicity of supply and demand gets very complicated and can make the price go wild. While both are investors, a hedger buys oil futures to guard against rising pricing - such as a trucking company. A speculator buys oil futures just guessing which way the price will go without intending to ever actually purchase the oil. One more factor is sentiment which is the belief that oil demand will increase or possibly decrease. The sentiment can cause the hedgers and speculators to do more buying or selling of oil futures and cause dramatic changes in price.

We hear a lot about OPEC when it comes to discussing the price of oil. The Organization of the Petroleum Exporting Countries was created in 1960. The Founding Members were Iran, Iraq, Kuwait, Saudi Arabia and Venezuela. Their objectives are to co-ordinate and unify petroleum policies among its members. The goal is three fold, to maintain stable prices for producers, to maintain a regular supply to consuming countries, and to obtain a fair return to the investors in the industry. Over the years other nations have joined and some have suspended membership or terminated it. Today there are 13 nations in the organization. Since I bought my first gallon of gasoline, we've been hearing about OPEC and it always seemed to be involved in how much I would be paying at the gas pump.

And of course, that's what we really care most about . . . how much it costs us. Fuel is an important part of our economy and considering it is a commodity the fear of it running out has caused us to look at alternatives. It's been blamed for wars and political ploys to control its behavior in the market. We were told for years that we in the United States use most of the oil in the world. We've been told that we needed to reduce our dependency on foreign oil. We've been told we need to conserve oil. And over the past fifty years, we've done many things to try to do those things. In the eighties smaller cars came out, an electric car and hybrids were starting to be accepted. Even in Kansas City they started turning off the Plaza Christmas lights each night rather than leaving them on for the entire Christmas season to help reduce power usage. We looked for better ways to heat our homes and use more sustainable forms of power. We found ways to produce electricity and generate power for our many needs without the use of oil. Yet, these changes didn't really seem to do much. And by the nineties, we were back to getting larger gasoline powered vehicles and not being as worried about the future when all of the oil might be gone.

While all of that was going on and we prepared for a future with less oil, it is important to recognize that politics and world events also play a role in the prices. The formation of OPEC in the sixties gave them more power and when the US supported Israel during the Yom Kippur War, OPEC and Iran reacted by instituting an embargo on oil. Since then OPEC seems to have the upper hand on price controls and as they put it isn't so much that they control the actual oil, but they control its price. However, that may be changing. As mentioned earlier, we've taken many steps to reduce our dependency on oil and we've really ramped up our own production of not only oil, but shale. As defined by the institute for Energy Research – "oil shale is a fine grained sedimentary rock which is very rich in organic sedimentary material called "kerogen." The shale is heated to separate the kerogen from the rock and the resultant liquid is converted to superior quality jet fuel, diesel fuel kerosene and other high value products." So the future of OPEC ability to control pricing may be coming to a close.



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So while our control over the price of oil may improve, the world economy will continue to have affects on the price. Since most parts of the world are users of this commodity, they control demand. And as we've seen, commodities pricing can be complicated and investors can make a big difference in what happens to the price. So should we be less dependent on oil or does it matter? My own belief is that we should always try to conserve our non-renewable resources. Looking for alternatives and using our resources wisely is really the best way to provide for our future. That appears to be the direction we are going, but like many people I hope we continue to keep in mind that the environment must also be a factor in continuing to find more sources of the valuable commodity of oil. If you have any comments, please e-mail me at [consultjoan@att.net](mailto:consultjoan@att.net).

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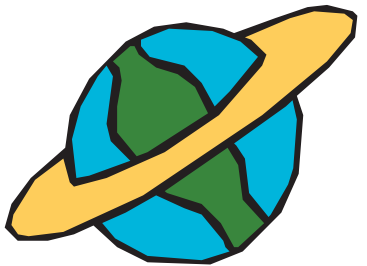
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**A Word From Our Planet**

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**Plant An Oak – But Not a Pin Oak**

Our great state of Missouri is the native home to a diversity of native oak species adapted to a variety of site conditions - from the rocky hilltops of the Ozarks, to the rich soils of the valleys, and the fertile basins of our wonderful rivers and streams.

Beyond the beauty and summer shade comfort offered by our majestic oaks, the entire oak genera (Quercus) offers significant life support for a diversity of vertebrate and invertebrate wildlife species. Aiding in the creation of an essential food source for baby birds, the oak group supports over 500 species of moth and butterfly caterpillars – baby birds eat caterpillars, worms and insects, not bird seed. For more, refer to the book *Bringing Nature Home* by Douglas W. Tallamy and visit www. BringingNatureHome.net.

Why NOT a Pin Oak, a Missouri native species? While pin oaks thrive and prosper in their native habitat of rich and acidic soils of river bottomlands, trees planted in alkaline (high calcium) soils develop iron chlorosis, which leads to poor health and yellow to yellowish-green foliage – a common condition exhibited at many of our urban and suburban landscapes with soils containing significant deposits of crushed limestone remaining from construction site activities.

Choose the RIGHT tree for the RIGHT place. With our native oaks, there are alternate species to choose which are better adapted to the challenging conditions of urban sites with significantly disturbed soils – high clay content and high soil PH (alkaline) – along with the rigors of our diverse climatic environment.

NOTE: In the spirit of planting for diversity, many other highly beneficial tree genera, beyond oaks, should be considered for accommodating the conditions of your landscape site. However, oaks form the foundation of our strong and long-lived urban forest and deserve priority consideration when planning for shade trees for your landscape.

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**Ferguson's New Playground Featured in Missouri Parks & Recreation Winter Magazine**

The City of Ferguson's new playground located at the Ferguson Community Center, is featured in this month's *Missouri Parks and Recreation* magazine. The featured article on page 22, highlights volunteers, and the Play 4All campaign responsible for making the playground a reality.

Victoria Schmitt Babb, Community Resource Manager for the Play 4All campaign, came up with the idea calling it Healing Communities Through Play. Babb approached the Fraternal Order of Police Lodges and Shield of Hope in August 2016 to see if they were interested in assisting the organization. She stated, they loved the idea and raised more than \$30,000. The donations were received from Shield of Hope and Fraternal Order of Police Lodges 68 and 111.



## Ferguson by Foot

By: Margaret Wolfinbarger



Have you ever reached the end of your rope? I'm not talking about being simply sad or frustrated, but rather just really done with a certain situation.

Maybe it's the bathroom scale. It keeps inching north toward the Klondike and every single diet you've tried didn't work. Maybe it's the truck you bought that you thought was such a great deal and it turned out to be a total lemon. Maybe your child is struggling in school and the administration has decided to attack rather than assist. Or maybe it's all of the above. Maybe all the roads you travel lately lead to disaster, or at

the very least, severe emotional turmoil. And finally you end up in the kitchen with tears streaming down your face and a batch of cookies that were never supposed to be leftover, and there is no one on the planet who is going to convince you not to eat them because they are your sole means of comfort and the hand that interferes WILL be forcibly removed.

Not me. That's never happened to me. I've never dusted peanut butter cookie crumbs under the bed and I'll deny it to my deathbed even though my pants might tell you a different story.

Sometimes life takes a two by four and swacks you upside the head so hard your eyeballs pop out. And there's nothing you can do but grasp for any means of comfort available as you try to regain your scruples. Maybe it's not cookies but a cigarette. Or maybe it's the ex you swore you'd never call again. Whatever "it" is, when the pain comes, you will do anything to dull the effect and usually it's a thing that exacerbates the problem rather than alleviates it.

And that is the moment of all moments. That is when you must decide whether to embrace or reject the vice that has hobbled you for so long. Because whether you want to admit it or not, that vice is killing you and you know it.

But how? Well isn't that the question for the ages? Thousands of books have been written on how to live your best life now. Everybody seems to have a shtick (by which they most handily profit) to guide you through withdrawal from everything from nicotine to gambling for the nominal fee of \$19.95. Not that these books don't have great advice. After all, the steps work for a while. You may even manage to banish the vice for a few months or even a few years. And then one day you look down and the rope you only thought was frayed has snapped in two and you are dangling at the end of it. And you think all that separates you from the chasm below is that old familiar vice.

We've seen it a thousand times in the movies. The hero reaches that moment when the going has gotten the toughest and he sits down at the bar. He hasn't had a drink in 492 days and the bartender pours him a shot of his favorite whiskey. He licks his lips. He touches the rim of the shot glass. He picks it up and holds it to his nose. Why is it that all of us wait with eager expectation while we hope the hero will get up and walk away without taking the drink? Is it because so often we don't have the courage to do the same? Is it because for some stupid reason we have stopped believing that we too can be the hero?

Two by fours are everywhere. They fly out of nowhere, cut us off in traffic, and land us in the emergency room. And while we are laying there we consider our options. We certainly don't feel like a hero. After all, our legs are just as broken as our hearts. We certainly can't run away from our problem even though the doctor has given us some very handy anesthetics to manage the pain. But those anesthetics don't eliminate the problem and finally we come face to face with the real issue; we're still broken.

Our vices cast a shadow over our brokenness and it is not until we banish them that we can truly see to address our wounds. Sometimes our wounds are too much for us to bear alone (which is what drove us to the vice in the first place). Sometimes we need a counselor or a good friend to help us disinfect and apply a salve, without which we will never heal. And that is why reaching the end of our ropes is a crucial part of our journey. These important moments define our future path.

The next time you reach the end of your rope, consider denying your vice the victory and reach out for help instead. Consider that you would rather be defined by the courage it takes to address the real problem rather than be a victim of the consequences of indulging those flights of fancy that seem only to numb the pain. In short, be the hero of your own story. I've yet to meet a hero who regretted facing the enemy and winning the battle.

For more inspiration, follow me on my blog:  
[www.destinationdiscipline.com](http://www.destinationdiscipline.com)

## Glasswork Displayed at the North County Transit Center



Ann Beehler has a clear understanding of the art of glass making. She's been shaping glass since 2009.

She started off by tinkering with pendants, rings and other jewelry and moved on to larger projects after acquiring her very own kiln in 2011. Since then, her art portfolio has grown to include fine art and functional art pieces such as bowls, plates and platters.

"I start by choosing a large piece of glass, along with some smaller pieces that may have been cut or broken when working on a previous piece or even as an 'oops' moment of dropping the glass," she said. "I study the shapes and designs of those pieces to create a project that speaks to me about a current or past emotion."

Beehler said each of her creations are original and personal and its her art process that allows an emotion or feeling to be brought into the three-dimensional landscape. "Because glass is very temperamental, there is a lot of trial and error, persistence, and happy accidents, but I learn something new either about the process or about myself with each new piece I create."

Beehler has been featured as an emerging artist at the St. Louis Art Fair. Her jewelry and fine art pieces can be found locally at Corners Frameshop & Gallery in Ferguson.

A sampling on her work is now on display inside the North County Transit Center. The art pieces, a total of 15 that vary in size, will be displayed at the transit center until the end of March.

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## March Garden Tips

As day lengths increase, plants begin new growth. Repot rootbound plants, moving them to containers 2 inches larger in diameter than their current pot. Check for insect activity and apply controls as needed. Leggy plants may be pruned now.

- Trees, shrubs and perennials may be planted as soon as they become available at local nurseries.
- To control iris borer, clean up and destroy the old foliage before new growth begins.
- Fertilize bulbs with a "bulb booster" formulation broadcast over the planting beds. Hose off any granules that stick to the foliage.
- Dormant mail order plants should be unwrapped immediately. Keep the roots from drying out, store in a cool protected spot, and plant as soon as conditions allow.
- Loosen winter mulches from perennials cautiously. Re-cover plants at night if frost returns. Clean up beds by removing all weeds and dead foliage at this time.
- Heavy pruning of trees should be complete before growth occurs. Trees should not be pruned while the new leaves are growing.
- Seeds of hardy annuals such as larkspur, bachelor's buttons, Shirley and California poppies should be direct sown in the garden now.
- Mow lawns low before new growth starts.
- Any root crops such as horseradish, parsnips, Jerusalem artichokes, or carrots still in the ground from last year should be harvested before new green top growth appears.



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## Under The Hood With Robinwood

By Bob McGartland

### History of St Patrick's Day

Since there is a lot of Irish flowing through my blood with the name like McGartland, I want to share a little history surrounding the "Luck of the Irish" this month.

### The Shamrock

The shamrock, which was also called the "seamroy" by the Celts, was a sacred plant in ancient Ireland because it symbolized the rebirth of spring. By the seventeenth century, the shamrock had become a symbol of emerging Irish nationalism. Many Irish began to wear the shamrock as a symbol of their pride in their heritage. Now days, when the month of March rolls around, many people are sporting the green shamrock. It doesn't matter what your heritage may be, green is the color of the month.

### The Leprechaun

The original Irish name for these figures of folklore is "lobaircin," meaning "small-bodied fellow." Belief in leprechauns stems from Celtic belief in fairies; tiny men and women who could use their magical powers to serve good or evil. In Celtic folktales, leprechauns were cranky souls, responsible for mending the shoes of the other fairies. Though only minor figures in Celtic folklore, leprechauns were known for their trickery, which they often used to protect their much-fabled treasure.

### Parades

More than 100 St. Patrick's Day parades are held across the United States each year in honor of St Patrick's Day. New York City and Boston are home to the largest celebrations. Since around the ninth or 10th century, people in Ireland have been observing the Roman Catholic feast day of St. Patrick on March 17. Interestingly, how-

ever, the first parade held to honor St. Patrick's Day took place not in Ireland but in the United States. On March 17, 1762, Irish soldiers serving in the English military marched through New York City. Along with their music, the parade helped the soldiers reconnect with their Irish roots, as well as with fellow Irishmen serving in the English army. In 1848, several New York Irish Aid societies decided to unite their parades to form one official New York City St. Patrick's Day Parade. Today, that parade is the world's oldest civilian parade and the largest in the United States, with over 150,000 participants.

Each year, nearly 3 million people line the 1.5-mile parade route to watch the procession, which takes more than five hours. Boston, Chicago, Philadelphia and Savannah also celebrate the day with parades involving between 10,000 and 20,000 participants each.

Of course, right here in St. Louis, you can enjoy watching one of the top parades in the country. It will be comprised of over 120 units, including marching bands, floats, huge cartoon-character balloons, 5000+ marchers, and lots of clowns. Over 250,000 spectators, the largest of any event in downtown St. Louis, are expected to attend, packing the streets with smiling Irish eyes and festive green attire.

If you haven't made it to a St. Patty's Day Parade, grab the family and head downtown on Saturday March 11th. It starts at noon, but there is always a large crowd, so head down early. For those of you who are in top shape, the St. Pats Day 5 mile run through downtown starts at 9:00 am.

In closing, an Irish Blessing to all of you. "Wherever you go, whatever you do, may the Luck of the Irish be there with you."

Here at Robinwood Automotive we wish everyone a safe and wonderful St. Patrick's Day!

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## Ferguson Historical Society Resurrects Stage Curtain

The first time I saw the stage curtains currently being restored by the Ferguson Historical Society, they were on the stage at the Masonic Lodge located next to Central School on Clark Avenue. They were part of the Lodge's fundraising in 1926 when the Temple was being built. Advertisers bought spaces on the curtains and they were seen at plays and Friday night movies at the Lodge.



When the Ferguson-Florissant school district bought the Lodge, the curtains were donated to the Ferguson Historical Society who contacted Farzad Faramarzi, who owned the Savoy at the time, and asked him to hang them on his stage. Apparently the curtains got in the way of accessing the electrical panel on the stage and they ended up on the floor.

Grandma

Recently, the Ferguson Historical Society obtained the curtains and I'm told that they are in surprisingly good condition, even though they were stored outside in the weather at the Savoy and then at the City Garage.

Because of their large size, it was necessary to cut them apart. It is hoped to have sections framed and displayed around the city.



The Ferguson Historical Society is located in a brick building at the rear of the Ferguson Community Center. The History House is not scheduled to be opened at any particular time. Private or small group showings can be scheduled by contacting Kathy and Keith Eckberg (314) 524-6547. This is only possible when Society members are available to be there.

Items or donations of any amount may be sent to Ferguson Historical Society, 110 Church St., Ferguson, MO 63135.

Memberships can be purchased by sending a check and name, address, and phone number to the above address. Individual for one year is \$10. Individual for lifetime is \$75. \$100 for a lifetime Couple membership.

Photos and information supplied by Jeannine Boettcher and Ruth Brown



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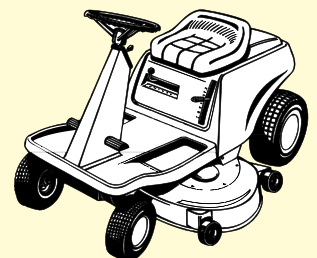
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*Dr. Robyn's Office Hours:*

Monday, Wednesday, Thursday 9:30 am to 1:00 p.m. – 3:00 p.m. 6:00 pm  
Tuesday, 3:00 p.m. to 6:30 pm

## Valentine Place Creates Jobs While Serving Critical Needs for Persons With Developmental Disabilities

Caring Solutions cut ribbons on February 14th, opening Valentine Place, a home away from home offering much-needed support for persons with developmental disabilities and significant behavioral support needs who live in their family homes. Valentine Place has room for up to 4 individuals at a time (anticipating serving 24 individuals annually). The home, featuring one-to-one staffing, addresses one of the biggest service gaps as identified by the Missouri Department of Mental Health (DMH). The program creates important new jobs and economic development for the community of Ferguson, Missouri. It is located on the corner of Graf and Dade Ave.



Madi Hawn, executive director of Caring Solutions explains "Often with no other resources than calling 911, stressed families have to rely on hospitalizations for their loved ones during a difficult situation. Valentine Place offers an alternative to families providing a home away from home for the family member in a holistic therapeutic environment."

Part of Hawn's vision for holistic living at Valentine Place includes involvement in the Ferguson Community. For example, staff from Ferguson's EarthDance Organic Farms, present at the ribbon cutting, represent one of the businesses in the community they hope to partner with by having residents and staff of Valentine Place visit the farm, participate in educational and work programs there, and enjoy the farm's fresh, organic produce as part of their holistic nutrition program.

Valentine Place was purchased by Caring Solutions with a grant from the John D. and Trudy B. Valentine Family Charitable Fund of the Greater St. Louis Community Foundation. Trudy Valentine, shortly after cutting the ribbons, described her motivation for supporting the cause. "During my nursing school education at Saint Louis University, the late Joan Hrubetz, Dean of the Program, taught me about the silent affliction of families who support loved ones with developmental disabilities. The average person knows nothing about what these families experience day in and day out. Through Joan, I came to see, first hand, the exceptional care these families receive through Caring Solutions programs. I was eager to support Madi's vision for this incredible pilot program for Missouri."

Through the generosity of other major donors and volunteers, the home has undergone renovation and is ready to support clients. Caring Solutions Family Support Program has two goals:

- 1) Pro-active support in teaching the individual new skills in the natural home and community
- 2) Providing a place—Valentine Place—outside the family home for the individual to stay on a short-term basis in emergencies and on also a scheduled basis and receive services, offering families a break, and new strategies to manage the behaviors that cause stress and strain.

Since its founding in 2001, Caring Solutions designs and provides individualized services for children and adults with developmental disabilities. The nonprofit organization is pleased to add Valentine Place to its new two-tier Family Support Program, a first-of-its-kind in Missouri, to help families whose homes are in crisis due to the challenging behaviors of their family member with developmental disabilities. In addition to 1st tier in-home supports, Valentine Place now offers a 2nd tier of out-of-home relief services.

Also located in the Valentine Place building is a separate 2-bedroom Individualized Supported Living apartment where two clients can live on a long-term basis with staff support as needed.

While the primary source of Caring Solutions funds comes from the Missouri Department of Mental Health, they rely on support from caring individuals and organizations for new services and to accept new clients. Donations also provide essential services such as monthly housing and living expense assistance, certain dental and health needs, social/recreational opportunities and emergency needs and staff recruitment, hiring and training. Support can make a difference in your community and in the lives of those with developmental disabilities.

To donate, volunteer, or apply for employment opportunities positions please contact Caring Solutions at (314) 942-7350, info@caringsolutions.org or visit www.caringsolutions.org.

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\$9.00/hr. Full Benefits. Custodial duties include the ability to lift 40 lbs. floor to waist and be able to stand for extended periods of time. Assist with meal delivery as needed. High School diploma or equivalent, basic math and computer skills are required. Must have a valid Missouri Drivers License and the State's minimum required auto insurance. Must pass pre-employment drug test & background check. For more information, call 636-207-4231 or e-mail ireich@mid-eastaaa.org

### May you have:

A world of wishes at your command.  
God and his angels close to hand.  
Friends and family their love impart,  
and Irish blessings in your heart!

## A Library for Ferguson

By Scott Bonner, Library Director, 314-521-4820  
or sbonner@fergusonlibrary.net

We at the Ferguson Municipal Public Library care deeply about our community. That's what independent libraries do – they focus tightly on the community they serve. I want to tell you a bit about that, and about how we work in concert with other independent libraries, and with the big St. Louis library systems, in order to give you more options. One of the mottos of librarianship is "To every reader his or her book, and to every book its reader." We find ways to open up your choices, to broaden the worlds you can explore.

There are nine independent libraries in St. Louis County, including your library in Ferguson. They all predate the St. Louis County Library System, and all of those communities voted specifically to keep a local library that serves its local community. Our forebears had the good sense to know that, if a community wants to be unified, it needs its own library. Without our own library, we all would be paying bigger tax bills to the St. Louis County Library district, with no local library to show for it.

Instead, we at the Ferguson Library have the privilege of being laser-focused on your needs, putting Ferguson first in every decision we make. That is the power of an independent library, that local focus, that deep knowledge of the community. If not for our independence, we could not have been there for you as strongly in the past few years. We could not have done the many programs I told you about in November's issue of the Ferguson Times (like School for Peace, Readings on Race Book Club, programming classes – see page 6 of <http://fergusoncitywalk.com/times/201611.pdf>). We could not have caught the world's attention in 2014 and reminded them that Ferguson is a real community with real people who want to work together to solve our problems, not just a hashtag.

One limitation of an independent library is the limited size of its collection. But, librarians are a clever bunch, and we find ways to turn that limitation into a benefit. All nine independent libraries in St. Louis work together to share their collections of books, audiobooks, movies, and more. Therefore, when you request a book, you are pulling from nine libraries at once, and the incredible diversity of titles that nine independent and unique libraries can offer. We also pool our funds to purchase ebooks, downloadable audiobooks, streaming movies, and reference databases, offering more collectively than any one of us could alone. We call this partnership the Municipal Library Consortium of St. Louis (MLC). Our motto is "Your Hometown Library Network". This is why your Ferguson library card also works at the libraries in University City, Kirkwood, Webster Groves, Richmond Heights, Brentwood, Maplewood, Rock Hill, and Valley Park. We each have a duty to focus on our own communities, but also the luxury of sharing those efforts across the library districts, to your advantage. But we also find you options outside the MLC. Ferguson Municipal Public Library also has a reciprocal agreement with the other library systems in the metro area. That means that you can get a library card at St. Louis County Library System (SLCL), St. Louis Public Library System in the City of St. Louis (SLPL), and St. Charles City-County Library System (SCCCL). Library fans might have 4 library cards in their wallets, one for each big system. I know I do. That expands your options yet again, opening up all the libraries in St. Louis and St. Charles to you.

One thing you need to know, however, is that, though this is all free for you as a patron, it is not free for the libraries involved. In fact, it becomes quite expensive. You see, we have made an arrangement to square up costs on the back end. For example, with each book or movie that a Ferguson resident borrows from St. Louis County Library, the Ferguson Library pays SLCL a quarter, and vice-versa. We compare borrowing numbers once a year and whoever owes more pays that difference. In recent years, this has cost Ferguson Municipal Public Library as much as \$12,000 in a year, partly because SLCL libraries are near places of work for many Ferguson residents, and there are three SLCL libraries only a few miles from Ferguson (though the branch just north of Ferguson is temporarily closed right now, and the other two were closed recently). Meanwhile, the reciprocal costs that we pay to SCCCL and SLPL are much less, which makes sense since they are further away.

One way that the Ferguson Library can save money is by attracting you to check out materials here, at your local library and through the MLC. We have been working hard to do just that, with the many improvements in the last two years to the library building, to the quality of our collection, and in the quality of our customer service. If you haven't been in the Ferguson library lately, I encourage you to visit. A lot has changed, for the better. Another way that we are independent is that we are not a department of the City of Ferguson, and not subject to City administration. We can be flexible and responsive in ways that are not possible as a subsidiary of a larger system. Like many libraries, the Ferguson library has its own taxing district, depending mostly on property taxes. Our funds do not mingle with City funds. We cannot increase our funding by asking the City for money, since we do not have City money to begin with. Changes to City tax rates do not affect us. Our official connection to the City comes when we need a new member appointed to our Board of Trustees, nine unpaid volunteers that meet monthly to guide the library. Like several Boards in Ferguson, that appointment is the responsibility of the Mayor. Meanwhile, we enjoy a friendly and cooperative relationship with the City. They help us, and we help them, while respecting each other as independent bodies.

We at the Ferguson Library try to leverage the most benefit from our independence while also cooperating with other organizations, all to better serve you by fulfilling the library's mission of lifelong learning, cultural literacy, and community building. Look for an upcoming article detailing our financial situation, including taxes, donations, and where we expect to be, financially, in the next few years.

Thank you.



## Registration Open for the 8th Annual Ferguson Twilight Run

Registration is officially open for The 8th Annual Ferguson Twilight Run, which will take place Saturday, May 20, 2017. This USA Track and Field-certified course through Ferguson's beautiful historic neighborhoods consists of a 5K/10K race and a one-mile fun run.



Since 2010, The Ferguson Twilight Run has brought together members of the community – men, women, young and old – for one purpose, to encourage each other, and cross the finish line together. "It introduces people to a healthy lifestyle, all while bringing together the community," said Race Director Dwayne T. James. The races will start and finish at Plaza at 501, at the intersection of Florissant Road and Suburban Avenue. The post-race festivities include a free live concert, beer samples from Ferguson Brewing Company, vendors and specials at local restaurants.

"It's more than just a race. You have cheer stations along the route, you have bands along the route, beer – root beer for the kids, and families that come outside of their houses to encourage you and cheer you on" added James. "There is also a band that will be giving a free concert in the finish area."

The Ferguson Twilight Run is hosted by Live Well Events, an organization which provides the residents of Ferguson and the North County area with programs and events that showcase the enjoyable, healthy, and sustainable aspects of fitness activities.

Registration is currently \$24 for the 5k and 10k, and \$14 for the fun-run. Teams of 10 or more running the 5k or 10k receive a \$2 discount. Sponsorships are also available. Current sponsors include Christian Hospital BJC HealthCare, and Centric Group. On Saturday, May 20, race registration begins at 8 a.m. Pre-Race entertainment will begin at 4:30 p.m., and the first race, the one-mile fun run will start at 5 p.m.

For more information on the Ferguson Twilight Run, and to register visit [fergtwilightrun.com](http://fergtwilightrun.com).

### More Fun When You're Part of a Team

When you register ten or more people as a team for the 5K or 10K, each person gets a \$2 discount. Email [RaceDirector@FergTwilightRun.com](mailto:RaceDirector@FergTwilightRun.com) to receive your unique team code to register.

### Couch to 5K Program Begins March 20



This nine week training program for beginning runners and runners looking to get back in to shape trains specifically for the Ferguson Twilight Run. The Couch to 5K (C25K) program begins Monday, March 20 and is three evenings each week (Mon/Wed/Fri) at 6pm at Forestwood Park (806 Ferguson Ave). The C25K program starts out with run/walks and adds additional running distances each week.

Each workout lasts one hour, including warm ups, cool downs and stretching. Email Coach Shelton at [patshelton60@yahoo.com](mailto:patshelton60@yahoo.com) to register and receive additional information. The C25K program is free, and you do not need to be a Ferguson resident to participate. All you need are a good pair of running shoes and the determination to get off the couch!



## Old Growth Forests

– by Bob McCarty

Last month, we talked about how logs were cut into lumber and I promised that we would chat about where the wood/lumber came from that has been used in our older homes. If you remember, I referred to this place as a Virgin Forest. What is a virgin forest? According to Wikipedia, a virgin forest is a forest

that has attained great age without significant disturbance and thereby exhibits unique ecological features and might be classified as a climax community. These forests are also known as old growth, primary forests and ancient woodlands, to name a few.

According to the Missouri Department of Conservation, one third of our state, or approximately 14 million acres, is covered in woodlands and of those 14,000,000 acres, about five hundredths of one percent could be considered old growth. To break that down a little, in layman's terms, Missouri only has about 800 acres of what would be considered as an example of an old growth forest.

Considering Wikipedia's explanation of what a virgin or old growth forest is, MO Conservation considers that a forest with the oldest trees to be at least 100 years old but usually these trees are around 150 to 200 year old if a forest fits this category. Even if a forest has many trees of these ages, if the area is regularly harvested, it is not considered an old growth forest.

There are really no excellent examples of a virgin forest in the state. Fires set by Native Americans or by lightning, free range livestock grazing, harvesting of trees from the forest and clearing of the land for farming and even today's urban sprawl. But there are a few forests that have escaped the pillages of the human hand. These areas usually had poor quality timber or land owners who had no desire to harvest the timber and left the land natural. Most of this land is now publicly owned, therefore, it is protected.

When I think of an old growth forest, I think about all of these giant trees that I can hardly walk through. Of course, this is not the case. There could be as few as five or six large, old trees per acre of virgin forest. For every large tree in an old growth forest, you will find hundreds of smaller, younger trees. It may seem like not much changes in an old growth forest but it's dynamic is always changing.

Along comes a storm with lots of wind and rain, the temperature drops drastically as it does here in Missouri. This keeps up throughout the night and an especially old tree has had enough of this tugging back and forth – the weight of the rain water on it's limbs and leaves is just too much and crack; the majestic oak splits and half of the tree finds itself plummeting to the ground with a mighty crash. A great opening in the canopy allows the light and the rains to reach the forest floor and promotes the growth of the new, younger trees. With the life light that reaches the forest floor, the young trees will begin to grow rapidly but most will be crowded out by the faster growing trees that will eventually fill the top levels of the canopy. But, that large tree that couldn't withstand the wrath of Mother Nature doesn't just disappear. It takes many years for a downed tree to decompose and even though the tree is no longer living, it helps sustain the life on the forest floor. A downed log sustains a lot of moisture in it, especially during dry spells and is very beneficial to 35 different species of wildlife.

Not only the downed logs but the standing deadwood, called snags and the cavities created in the decomposing wood all help in sustaining the forest. Trapped moisture adds to the rotting wood which will eventually be reduced to mulch and peat that regenerates the forest floor. This is the process that allows old-growth forests to continuously rejuvenate themselves. It is also the reason that old-growth forests have many more small, young trees than large, old ones.

Fast forward fifty years and the gap that was exposed from the tree that hit the ground is beginning to be closed up by the strongest and fastest growing trees that out maneuvered the other trees in the race to the top. All of the larger trees will support each other during times of high winds, rain, ice and snow. Eventually another tree will become weak from age and break or just fall to the ground and the process starts all over again.

These trees lived through many years in the forests and had built up a resistance to insects and disease. They counted on each other. When they were in a weakened state, they would lean on their neighbor to help each other weather the storms. When it became too much for them to stand, and they plummeted to the ground, they helped to keep the soils fertile so that their brothers could carry on.

The wood that our older homes were built with is considered old growth lumber. It was harvested from the old growth forests that were prevalent in most of our Missouri's 44,500,000 acres. This wood was harvested about five years before your older home was built. It was cut into lumber, as I described in last months article, and allowed to air dry before it was used to build our homes.

Today's forests are controlled. They are planted so that each tree has a really good chance to flourish. These trees are grown for approximately 35 years before being cut into lumber. They are fertilized so that as much growth is experienced in that little amount of time. When these trees are harvested, new trees are planted to replace them. Yes, this is considered sustainable but, in my experience, I have found that if this wood is used outside, you will only get around 20 to 25 years of service before these boards will need to be replaced. Even the treated wood will only last so long. This is not to say all new growth wood is

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only good for that many years, but this is my experience.

The new growth wood hasn't had the time to build up the resistance to insects and disease as it's older growth ancestors. This new growth hasn't been given the advantages of time. It's not as dense as it's old growth cousins or in the case of cedar, it doesn't have the tannic acids that preserves the wood. Therefore, without proper protection, this new growth lumber tends to rot away quickly when exposed to the elements.

There are many different species of wood and they all have their own characteristics. When using new growth lumber, look for boards that have the most annual rings per inch of width and if you can find rift sawn wood, you will get a few more years of service out of your exterior repairs.

Don't let the fact that the newer wood will not hold up as well as old growth, just repair as much of the older wood as is possible and if you have to replace, use the most compatible wood you can find.

Until next month Bob is on the Job.

#SupportYoungPeople  
to make a difference in the lives of youth



April 1, 2017

Norwood Hills  
Country Club

**F Y I**  
BANQUET

*All Hands In*



*The Ferguson Youth Initiative (FYI) empowers teens from Ferguson and surrounding cities to become productive, positive, and contributing members of the community.*

Time: 6 P.M. Cash Bar Reception  
7 P.M. Program and Dinner

Silent Auction

Speakers: **Arika Parr**, Mistress of Ceremonies  
**Brandon Pappert**, FYAB President  
**Shawn Filer**, Founder of The Vision  
**Dr. Joe Davis**, FFSD Superintendent  
**Aaron Harris**, FYI Executive Director

Key Note: **Tyrone Griffin**, FYAB Alum

Tickets: **\$50/Adult** (\$35/Student)  
Sponsorship Options Available

### Ferguson Youth Initiative (FYI)

314.749.5379 | [info@fyiferyouth.org](mailto:info@fyiferyouth.org) | [www.FYIFergYouth.org](http://www.FYIFergYouth.org)

### Ferguson Partnership of Churches Vacation Bible School "Hero Central"

Discover Your Strength in God!

**June 26-30, 2017**

**9:30 a.m.-12:00 Noon**

Immanuel UCC Educational Building  
221 Church Street

Welcome ages 3 years old (by July 1st, 2017) to 6th grade (completed)  
Teen Helpers grades 7th and up

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## An Afternoon of Trivia

to benefit

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Vacation Bible School!!!

**Sunday, March 26, 2017**

Immanuel U.C.C. Fellowship Hall  
221 Church Street in Ferguson  
3:30p.m. – Doors open at 3:00

**\$10.00/Adults & \$5/Students**

Come for the fellowship and Trivia  
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Tables of up to 8

Bring your own snacks! – This is a non-alcoholic event.

To register your table,  
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by Wednesday, March 22nd.

## Youth Today, Leaders Tomorrow

Help us build stronger communities, #SupportYoungPeople

Meet Tyrone Griffin, a sophomore at Webster University pursuing a Bachelor of Arts in Music and alumni of the Ferguson Youth Initiative. Growing up in Ferguson, Tyrone wasn't sure he had what it took to get to college, let alone thrive there. Then he joined FYI during his second year at McCluer South Berkeley High School. Friday night pick-up basketball games and after-school poetry slams gave him a safe place to find his talents. By the time he was a junior he was serving on the FYI's Youth Advisory Board, planning teen summits and mentoring his younger peers—and planning his major.



"FYI helped shape me into the man I am today," Tyrone says. "When I joined the organization, I saw the importance of community service. I love seeing the satisfaction on the faces of the people we help. Also, through community service, I've learned leadership skills. Through this program I've learned that community service is just another way to expand and secure the foundation of the future of Ferguson."

Come hear Tyrone tell his story as the keynote speaker at this year's FYI Annual Banquet. Each year the banquet showcases the contributions of our young people in making our city a better place to live. This year's theme, "All Hands In," emphasizes the importance of everyone in our community working together to build a brighter future by supporting the journey of our young people toward finding their potential.

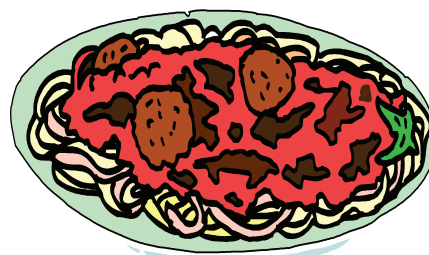
The FYI Annual Banquet will be hosted at the Norwood Hills Country Club (1 Norwood Hills Country Club Drive, St. Louis, MO, 63121) on Saturday, April 1, 2017. The cost is \$50 per adult and \$30 per student.

Businesses and organizations interested in sponsoring this event can visit us online at [www.fyiferyouth.org](http://www.fyiferyouth.org) to register for the banquet and find out more about the work we do. Or contact Aaron M. Harris, FYI Executive Director at 314.749.5379. All proceeds will support FYI events and community service activities throughout the year.

The Ferguson Youth Initiative is a 501(c)3 non-profit organization. Established in 2010, it encourages the youth of Ferguson to be active members of our community. FYI works with local schools, the city of Ferguson and other community youth programs to develop safe, wholesome activities as well as college and job counselling for our teens.

Please join us at the FYI Annual Banquet and #SupportYoungPeople.

## First Presbyterian Annual All-You-Can-Eat Spaghetti Supper



Saturday, March 4

4:30 p.m. to 7:00 p.m.

Adults: \$8 Children (6-12) \$4

Children 5 and under Free

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Election for the  
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City Mayor**  
and the  
**Ferguson-  
Florissant  
School Board**



**Rob Chabot**  
for School Board



**Great Schools = Great Communities**

For over 5 years, I have been an advocate for the 9 communities that make up the Ferguson-Florissant School District. We are fully accredited, financially stable, focusing more on our at-risk students, increasing college level class offerings throughout the District and in August 2017 we will open North County's first STEAM school. Great things are happening in the Ferguson-Florissant School District.

**Help me keep moving our district forward!**

Paid for by Chabot for School Board Committee, Judy Pappert, Treasurer

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**MEET JESSICA PONDER**

- Lifelong resident of North County and active member at Sacred Heart Church in Florissant.
- Married to my husband Dan, who is an alum of the district and graduated from McCluer in 2005.
- We have a 1 year old daughter named Evelyn who is enrolled in the Ferguson-Florissant Parents as Teachers Program.
- I have educated North County children for the last 8 years and I currently work as a Reading Specialist in the Riverview Gardens School District.
- I am the only candidate who is both a parent of a child in the district and an educator.

**GOALS AND VISION**

- Fiscal Discipline – I will work to ensure the district remains financially stable and be a good steward of taxpayer dollars.
- Invest and Expand – I will work with the board to support successful programs such as our Early Childhood Center and exciting new initiatives like our state of the art STEAM school.
- Retain and Recruit – I will support our highly qualified teachers, recruit educators who have a passion for teaching in our community, and ensure resources are accessible.
- Full Accreditation – I will work to ensure we remain fully accredited and improve upon that to become one of the top rated districts in the area.
- Communicate – I will be open and transparent with residents, parents, students, and staff.

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**The Champion for Our Children & Our Community**

**Ferguson-Florissant School Board**

Elect experience that impacts:

- student Achievement
- fiscal responsibility
- quality instruction
- community engagement

**APRIL 4th**

**VOTE**

For

**Dr. DONNA PAULETTE-THURMAN**

Paid for by Grade A for Change, Judy-Ferguson Shaw, Treasurer



**Vote April 4th**



**Proven Leadership \* Unmatched Experience  
Lifetime of Service**

Mayor Knowles has committed a lifetime of service to this community, as a volunteer, a coach and mentor to our youth, as our city's youngest ever councilmember, and as our Mayor through two devastating tornadoes and the unrest of 2014.

Mayor Knowles has been instrumental in the progress we've made over the past decade. His education, experience, and leadership is crucial to making sure we continue the tremendous work we've started.

Find out more about Mayor Knowles and his plan for moving our community forward at [www.jamesknowles.com](http://www.jamesknowles.com) or find his profile on Facebook.com

Paid for by Committee to Re-Elect James W. Knowles III,  
Tom Sansevere, Treasurer

**Nominations for Ferguson Citizen  
of the Year Now Open**

Citizen of the Year nominees should have made some real contribution to Ferguson's quality of life. Nominees need not be a resident if he or she is a Ferguson business person or a volunteer. Nominations should be submitted with an informal résumé with the nominee's name, address, kinds and periods of service, and the name and phone number of the sender. All nominations should be addressed to the Ferguson Fourth of July Festival, Ferguson Parks and Recreation, 1050 Smith Avenue, Ferguson, Missouri 63135.

If you have any questions, please do not hesitate to contact me. We do not have a deadline for 2017 submissions as of yet but should by the next committee meeting.

*Nancy Whitener, Ferguson Parks and Recreation Dept. (314) 521-4661*

February 2017 meeting minutes  
Reported by Keith Kallstrom  
( Keith.Kallstrom@gmail.com )



Captain Dennis McBride directed the Ferguson On Watch participants from our usual meeting place of City Hall to the New Court facility on Florissant Road, next to the Ferguson Police Department as the City Hall Council Chambers was closed due to painting. He passed out the January 2017 Crime Review, which contained the monthly crimes sorted by FBI types (Assaults, Burglaries, etc.). He then introduced our speaker for the night, Mayor James Knowles III.

#### *Using Neighbors and Technology as Force Multipliers*

Mayor James Knowles III was a councilmember prior to becoming Mayor, and was also a Ferguson Dispatcher years before that. James started his speech by reviewing the city police to population statistics. Our population of about 22,000 people had at one time, 55 police officers. We now utilize 35+ officers, with overtime, to cover our city. At one time, we utilized automated traffic cameras as a "force multiplier" which avoided taking officers off the street. When deployed at Pershall and Halls Ferry, and at Pershall and West Florissant, they significantly reduced the accident counts at those intersections. In 2014, we were getting set to deploy a "radar car" into some neighborhoods, until Missouri Supreme Court curtailed speed camera operations state wide.

Using our neighbors as a force multiplier helps in solving crimes. One example of this is in the "Shots Fired" scenario where multiple people call in a "shots fired." We use those multiple reports to try to triangulate the area where it occurred.

In 1999, when he was a dispatcher, the Mayor gained a valuable perspective about crime in Ferguson. Like many other cities, violent crimes go up & down. Most of them are between people that know each other. James told us about a time when he was a teenager he heard the term "Ferguson Felonies" applied to incidents of T-P-ing houses.

We have a balanced budget, and we, as well as others, are losing police officers. It's not as glorious a job as was once thought. This is happening nationwide. We are absolutely committed to having quality police officers. This Council has funded sending officers to the Police Academy, and gave an example of one recently sent, and upon graduation, had a large crowd of Ferguson residents cheering for him. We have funded 4 more slots for this April. They get paid a stipend while going to the academy, and commit to staying with Ferguson for at least 3 years after graduation. This is one program that helps us improve the diversity of our police force. We now have a budget for 49 officers, thanks to our voters.

St. Louis County is putting a ¼ cent sales tax on the ballot for policing. The way the law is set up, St. Louis County gets to keep only a portion of it, with the remainder going to the municipal Police Departments in the sales tax pool. What this means to Ferguson is an influx of over \$1 million per year. We are looking at finding out if we can roll back our local ½ cent tax to save our residents taxes, and still come out ahead by ½ million per year.

#### *Consent Decree Update*

In December, the city, the monitors, and the DOJ met with Judge Perry. While there were a couple of benchmark deadlines that were not yet met, the DOJ, the Monitors, and Judge Perry were pleased with our progress, even given the "ambitious nature" of this agreement. She remarked that Ferguson was much further ahead in its' compliance than other cities of our size. Of the 2 news organizations that were present in court, only NPR ran an article, which mirrored what the Judge, DOJ, and Monitors reported about. "Mayor James Knowles and the city of Ferguson have not met some deadlines in a federal consent decree, but they are being praised by the Department of Justice for the hard work that's being done."

The other news organization, St Louis Post Dispatch, represented by reporter Steven Deere, did not publish an article.

A month & a half later, on Jan 27, 2017, Associated Press reporters, Jim Salter and Eric Tucker, using their DOJ and protestor contacts for information, reporting from Washington DC, produced a headline of "Ferguson missed deadlines in deal with Justice Department." While that type of headline might sell papers, it certainly didn't reflect the spirit of the meeting, as witnessed by the NPR reporter, noted above.

#### *Lt. Bill Ballard takes over Ferguson OnWatch*

Captain McBride announced that beginning next month, LT. Bill Ballard will be taking over as the FPD Facilitator for the Ferguson OnWatch group. He will be having officers from the street giving presentations to the group. This is a step forward in enabling the officers to achieve positive public interactions and speaking experience toward the Neighborhood Policing concepts.

Dennis also answered a query from last month about the new concealed carry law in Missouri. He reported that it is now legal for someone 19 and older (18 if in military) to conceal carry.

MARCH: We plan to have one of the facilitators, Annette Jenkins, as our speaker from the Neighborhood Policing Steering Committee (NPSC) is a

## 11th Annual Lipka Trivia Night

Benefiting the Samantha Lipka Scholarship Fund



Saturday, March 25th. Doors open at 6:00 p.m.  
THE FERGUSON COMMUNITY CENTER IN THE CITY ROOM

(1050 Smith Ave., 63135)



**RESERVE A TABLE OF 8 FOR \$200.00**

40 TABLES AVAILABLE.....Individual Tickets,  
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**Tickets include: Beer, Soda & Snacks**  
Cash Bar Available (no outside liquor allowed)

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**Night includes: Attendance Prizes, Raffles, Silent Auction, 50/50's and More**

**PRIZES FOR TOP 3 TEAMS • PRIZE FOR MOST CREATIVE TABLE  
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or send an email to [Info@lipkatrivialight.com](mailto:Info@lipkatrivialight.com)

**Note Table Reservations must be accompanied with a 50% deposit of the table cost, \$100.00**



## MADCO Premieres FREEDOM: A Timely Topic in the World Today



MADCO (Modern American Dance Company), celebrating their 40th anniversary, premieres FREEDOM, a collaboration with Washington University Olin Library, March 31 and April 1 at the Touhill Performing Arts Center. MADCO commissioned four international choreographers to bring the library's national Civil Rights collection to life through dance.

Choreographers Jennifer Archibald, Gina Patterson, Cecil Slaughter and Nejla Yatkin weave together live music, photography, history and personal experiences to create work that is entertaining and emotionally moving.

Tickets for FREEDOM on **March 31 and April 1 at 8 pm** are \$30 and can be purchased from the Touhill Performing Arts Center at [www.touhill.org](http://www.touhill.org) or at the box office 314-516-4949. There is a \$50 VIP ticket option for Saturday night that includes a pre-performance reception at Gallery 210, performance, and 40th anniversary party at the Ferguson Brewhouse with cash bar.

focal point for community participation in the development and implementation of a plan to improve the community/police working relationship, implement problem oriented policing, establish and carry out public safety priorities, and reduce threats to the quality of life in neighborhoods in all areas of Ferguson, including those most affected by negative interactions with the police. The NSPC has a significant, formal role in helping the City in satisfying its obligations under the Department of Justice Consent Decree.

#### CERT

The Civilian Emergency Response Team held a meet and greet meeting on Saturday, Feb. 11th. A review of the storage areas being used for CERT supplies was accomplished, as well as a tour of the Firehouse and a viewing of the newest fire truck apparatus recently received. A transfer of responsibilities for CERT from the FPD to the Ferguson Fire Department was also discussed.

The next meeting will be the 2nd Saturday of April, on the 8th.

Have a safe month. Keith :- )K

Coming to the St. Louis area  
March 29 & 30, 2017!



# Tackling the Tough Skills™

**A 12-hour life skills workshop for trainers who help adults or teens prepare for success at work and in life**

**What:** This **Tackling the Tough Skills Workshop for Trainers** equips participants to teach critical life skills: Attitude, Responsibility, Communication, Problem Solving, Workforce Preparation, Anger Management, Conflict Resolution, Critical Thinking, Self-Esteem, Teamwork and Dealing with Stress. The workshop uses *Tackling the Tough Skills™: A Curriculum Building Skills for Work and Life*.

**When:** **Wednesday, March 29 and Thursday, March 30 from 9 a.m. to 4 p.m.**

**Where:** MU Extension - St. Louis County, 132 E. Monroe Ave., Kirkwood, MO 63122

**Fee:** **\$195** per person includes training curriculum (choice of adult or teen version), lunch and continental breakfast both days

**Presenter:** **Rosilee Trotta, LCSW**, Tackling the Tough Skills™ author and trainer

**Who Should Attend:**

- Workforce development managers, educators
- Workplace trainers
- Social service professionals
- Adult basic education/GED instructors
- Youth educators
- Case managers, social workers
- Human service providers
- Prison/re-entry specialists working with adult or juvenile offenders
- Faith based program leaders, ministers
- Vocational and life skills counselors
- Anyone wanting to learn new life skills and soft skills training techniques

**TO REGISTER: 314-400-2115 or**

[tinyurl.com/TTTS-StL](http://tinyurl.com/TTTS-StL)



**FOR INFORMATION CONTACT:**

**Dwayne T. James**

MU Extension - St. Louis County Program Director

JamesDT@missouri.edu



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an equal opportunity/access/affirmative action/  
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132 E. Monroe Ave.

Kirkwood, MO 63122

Phone/Fax: 314-400-2115

stlo@missouri.edu

extension.missouri.edu/stlo

## Dred Scott Decision

"Women of the Dred Scott Decision" will be the program for the March 20 meeting of the Ferguson-Florissant AAUW. Ruth Ann Hager will make the presentation. Ms. Hager retired from the St. Louis County Library's History and Genealogy Department. Her writings about the Dred Scott case include the book, "Dred and Harriet Scott: Their Family Story". Ms. Hager had also worked and made presentations on genealogy.

This presentation is in recognition of March as Women's History Month. The American Association of University Women meeting will be on **Monday, March 20th** at 7:00 pm in the Educational Building of Immanuel UCC Church at 211 Church Street in Ferguson. The program is free and open to the public.

For more information call 314-522-0413, 314-831-5359 or 314-831-6884.

**This is a continuation of the trips provided by the Ferguson Parks & Recreation Department. Call 521-4661 for more information.**

### Isle of Capri – Cape Girardeau, MO

If you have a lucky number, a lucky token, or a lucky charm, be sure to bring it along today when we visit the Isle of Capri Casino in Cape Girardeau, MO. Whether you play the slots or the tables, this could be your lucky day. Regardless of how you fare in the casino, you'll still come out a winner with the tremendous buffet selection you will find here. They offer everything from a huge array of salads, vegetables, pastas, meats and desserts. In addition to the free buffet you will also get \$5.00 free in slot play. It's hard to beat a deal like this one. Cost includes: motorcoach transportation, lunch, taxes and tips.

**Date:** Tues. April 25

**Time:** 9:00am – 6:00pm

**Location:** Ferguson Community Center

**Fee:** \$34 Residents; \$39 Non-Residents

### Washington, DC

The best of Washington D.C. will be scheduled during this 7 day trip jam packed full of fascinating sights and legendary landmarks. Sights to be visited include: the U.S. Capitol Building, the WWII Memorial, Lincoln Memorial, Jefferson Memorial, Washington Monument, Vietnam Veterans Memorial, Arlington National Cemetery, Tomb of the Unknown Soldier, Mount Vernon, Korean Veterans Memorial, Martin Luther King Jr. Memorial, White House (\*per invitation), Pentagon Memorial, the National Museum of African American History and Culture in the Smithsonian, the Supreme Court and much more. On the way home we will visit Monticello, the home of Thomas Jefferson. Plan on capturing the capital experience in 2017.

This trip is tentatively scheduled for Sunday, June 4 – Saturday, June 10th. Call the community center to be placed on an interest list. 521-4661.

**Weekend Learning Series**

**Motorcycle  
Accident  
Safety**

**The do's and  
dont's when  
helping the  
injured.**

**When:**  
**Saturday,  
March 25, 2017  
10am to 12pm**

**Where:**  
**132 E Monroe  
Kirkwood, MO 63122  
314-400-2115**

Register on-line at:  
**<http://tinyurl.com/zjoubxy>**

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**Extension**  
St. Louis County  
Equal opportunity/ADA institution

**Cost: \$20**  
per participant

May those who love us love us.  
And those that don't love us, May God turn their hearts.  
And if He doesn't turn their hearts, May he turn their ankles,  
So we'll know them by their limping.

Call 314.645.6112

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*'Self Healing Thru Movement'*

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## The Best of Ferguson

This column is devoted to the people of Ferguson whose efforts and dedication make Ferguson the "Community of Choice"

– by Ruffina Farrokh Anklesaria, M.A.



**Lizzie Lonero**

Most of us residents in Ferguson know of the Loneros who own several businesses in the city. Today we will focus on Lizzie Lonero, co-proprietor with her husband Mike, of Vincenzo's Italian Restaurant and Cork Wine Bar on S Florissant Road. I met Lizzie at the Florissant Fall Fest, and Bunkers restaurant and bar.



*Beautiful Lizzie and her husband Mike Lonero*

*Her quote on the pic was: "The best part of me is this guy! I love him!"*

Lizzie could very well be nominated "Ms Ferguson!" She is a radiantly beautiful lady and she is always thinking of ways to represent Ferguson or to utilize our resources. She was born and raised here, and is a resident 30 years. She attended the local Sts John and James Catholic School, now known at Blessed Teresa of Calcutta, where she met and fell in love with Mike. They are married seven years and have four kids, Dominic, 11, Lucia, 9, Sofia, 7 and baby Rocco who will be five months in March. Lizzie attended St Thomas Aquinas high school and went on to become a qualified cosmetologist.

Lizzie helps run Vincenzo's and Cork. I interviewed her at Vincenzo's and enjoyed tasty Italian vegetarian fare! I also had the pleasure of dining on the patio at Cork Wine Bar and they put together a delicious vegetarian meal for me. Lizzie and Mike will soon be opening a wood fire pizza shop in Ferguson.



*From L.: Lizzie, her friend Mary Orbin, her Mom, Joanie Barbero, and her sister Sarah Frankum*

Lizzie has a sister, Sarah, who works at Vincenzo's, and lives right opposite Lizzie! She has two older brothers, Danny and Johnny. Danny works for Parks and Recreation in Ferguson. Lizzie's mother, Joanie Barbero, is well known in Ferguson as well, having run the Corner Coffee House for 15 years. Many of us remember her warm hospitality while the I Love Ferguson shop was temporarily housed there after the Michael Brown crisis two years ago.

Lizzie loves helping out at Blessed Teresa of Calcutta Catholic school where her three kids attend; both my girls did too! She's on the Parish Council and the Student Family Organization. She worked at the Farmers' Market for the Ferguson Swim Team. She loves running in Ferguson and has a big heart for the homeless people she meets. She, Mike and the family enjoy the concerts at 501; it's one of their favorite things to do together. Lizzie and her daughters Lucia and Sofia, together painted one of the Paintings for Peace in Ferguson.



*Pictured at the right is Lizzie and her daughters Sofia and Lucia, Painting for Peace Project.*

About eight or nine years ago Lizzie made Tshirts with the Ferg sticker on them. All the staff use them at the annual Street Fest beer booth. They were also made into bumper stickers.



*Lizzie and the author*

Lizzie is always wondering what next she can do to help uplift Ferguson. Guess what's on her mind now? That we should both try to get on the Ellen DeGeneres' show to talk all about Ferguson! I wish her luck!

Congratulations Lizzie! You represent what's Best in Ferguson!

Would you like to suggest an individual or group representing the Best of Ferguson? Drop me a line at [rfanklesaria@gmail.com](mailto:rfanklesaria@gmail.com)

or leave me a message on 314 766 4391, my property rental line. The author teaches Transcendental Stress Management program. [www.BestAgainstStress.com](http://www.BestAgainstStress.com)



## The Ferguson Kiwanis Club presents its 34rd Annual Prayer Breakfast

Wednesday, April 12th – 7:00 am sharp

Savoy Banquet Center, 119 So. Florissant Rd.

Admission by  
Advanced Donation Only – \$13.00

For tickets contact any member of the Ferguson Kiwanis Club or call Kay Klein at 521-5960



## 2017 Ferguson Historical Calendars

Featuring Ferguson Through the years with photos of then and now

Limited Quantities **2 / \$10**

Available at the I Love Ferguson Store



## Irish Toast

May neighbours respect you,  
trouble neglect you,  
the angels protect you,  
and heaven accept you!



## Oleo: Colloquial term for margarine, a.k.a. oleomargarine.

As a kid, during WW2, I remember that it was difficult to purchase butter. As a butter replacement, mother bought packages of "oleo" that looked like white lard, or Crisco, with which I was more familiar. These packages came with an orange capsule that you put in a bowl with the white stuff and mixed with your hands until the whole mass was yellow. If the mixing job was mine, there was always some white and some orange remaining, and I remember how hard it was to get it off my hands after I was finished mixing. Later, this same white substance came in a sealed plastic bag with the orange tablet inside so it was possible to knead and color the oleo without getting it on your hands.

I have read that some people objected to the flavor of oleo, but I thought it tasted like butter, and instead of tearing the bread when applying it, as cold butter did, it spread smoothly. So, I liked it.

I always thought that oleo (we never called it margarine) was invented because of rationing during WW2, but it turns out that it was invented at the behest of Louis Napoleon III who wanted a cheap substitute for expensive butter for his army and poorer people. A man named Hippolyte Mege-Mouries mixed a concoction of animal fats and called it "margarine" from the Greek word meaning "pearl." The oleo was taken from the Greek word that means "oil."



As the manufacture of oleo progressed, the animal fats were replaced by vegetable oils which made it more appealing to the diet and nutritious minded even today.

As oleo became popular, the Dairy Industry stepped in because it was cutting into their sales of butter. They had laws passed to make it illegal to dye oleo yellow. Their justification was because making it look like butter would make consumers believe it really was butter. At one time the Dairy Industry even wanted it to be dyed black. But, in spite of the Dairy Industry's efforts, oleo was colored yellow and was established in most American households by the end of WW2. Incidentally, the Dairy Capital of the nation, Wisconsin, did not allow oleo to be colored until 1967.

On a personal note, I just recently began buying butter again. Not to spread on my toast, but to use in cooking and baking. I once made a batch of Snickerdoodles with margarine and instead of individual cookies they became one cookie-tray-size cookie. But, I cut up the cookie in smaller pieces (it was very thin and crispy) and served them anyway. As a matter of fact, they were quite good. You may want to try that, at least just once.

*Information gathered from "Victory's Spread" by Carl Zebrowski*

## Ferguson Senior Resource Center

Located in the Ferguson Community Center  
1050 Smith Avenue, Ferguson, MO 63135  
(314) 867-5661

We invite you to come by the new Center now open to those 60 years and older to enjoy a delicious lunch and participate in the many activities. The Center is open Monday-Friday from 9:00 am to 3:00 pm with lunch served daily at 11:30 a.m.

### Upcoming Activities:

Wednesday, March 8th 10:00 a.m. to 11:00 a.m. "Cooking for One or Two"  
Thursday, March 9th 10:00 a.m. Adult Coloring Club  
Monday, March 20th 10:00 a.m. to 11:00 a.m. "Are You Smarter Than a Scam Artist"  
Tuesday, March 21st 10:00 a.m. Bookworms Book Club

### Weekly Activities:

Mondays 9:30 a.m. Mixed Cards and Games  
Fridays 9:30 a.m. Get Creative Craft Group  
Fridays 10:30 a.m. Find Out Fridays

Please call 314-867-5661 to register for lunch.  
\$4.00 suggested donation.



## Stay In the Neighborhood



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## Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

Florissant Presents Theater Series. . . . . Feb. 26 and Mar. 3 & 4  
Ash Wednesday Workshop – St. Peters. . . . . Wed., Mar. 1  
Dr. Seuss Storytime – Library. . . . . Thurs., Mar. 2  
Trauma Conference – Clayton Plaza Hotel. . . . . Wed., Thurs., Mar. 1, 2  
Fish Fries Start on Fridays – BTC and Zion. . . . . Fri., Mar. 3  
Spaghetti Supper – 1st Presbyterian. . . . . Sat., Mar. 4  
Mayor's Shamrock Ball – Garden Villas North. . . . . Sat., Mar. 4  
Children's Art at Good Shepherd Gallery. . . . . Mar., 5-31  
Mayor Candidate's Forum – 1st Presbyterian. . . . . Thurs., Mar. 9  
Trivia Night – Zion Lutheran. . . . . Sat., Mar. 11  
Zion CDC Trivia. . . . . Sat., Mar. 11  
Reading on Race Bookclub – Library. . . . . Mon., Mar. 13  
Rise Above Workshop Training Lab – Library. . . . . Mar. 13-24  
Library Star Party with Telescope . . . . . Tues., Mar. 14  
City Council Meeting. . . . . Tues., Mar. 14  
Yoga for Adults – Library. . . . . Thurs., Mar. 16  
Lunch and Bingo – Comm. Ctr.. . . . . Thurs., Mar. 16  
Ferguson Indoor Market – St. Stephens. . . . . Sat., Mar. 18  
St. Peters Beer and Hymns – Brewhouse. . . . . Sun., Mar. 19  
Teen Rockin' Jumping Trampoline Trip. . . . . Sun., Mar. 19  
Trip to Tunica Miss. . . . . Mar. 21-23  
Finger Knitting – Library. . . . . Fri., Mar. 24  
JOBS Resume Building – Library. . . . . Sat., Mar. 25  
Storybook Science – Library. . . . . Sat., Mar. 25  
Lipka Trivia Night – Comm.Ctr.. . . . . Sat., Mar. 25  
Motorcycle Accident Safety – MU Extension. . . . . Sat., Mar. 25  
Afternoon of Trivia – Immanuel. . . . . Sun., Mar. 26  
Environmental Film – St. Stephens. . . . . Tues., Mar. 28  
City Council Meeting. . . . . Tues., Mar. 28  
Tuesday Night Book Club – Library. . . . . Tues., Mar. 28  
Tackling Tough Skills – MU Extension. . . . . Mar. 29-30  
Mystery Trip. . . . . Thurs., Mar. 30  
Madco "Freedom" Presentation – Touhill. . . . . Mar. 31 & Apr. 1  
FYI Banquet – Norwood Hills CC. . . . . Sat., Apr. 1  
VOTE. . . . . Tues. Apr. 4  
Kiwanis Prayer Breakfast – Savoy. . . . . Wed., April 12  
Adult Easter Egg Hunt – Comm. Ctr.. . . . . Fri., Apr. 14  
Children's Easter Egg Hunt – January-Wabash Park. . . . . Sat., Apr. 15  
Teen Laser Tag Trip. . . . . Sat., Apr. 22  
Isle of Capri Trip. . . . . Tues., Apr. 25

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