

Serving Ferguson and Surrounding Communities



Ferguson Farmers' Market

CELEBRATING OUR 15TH YEAR!

Saturday, July 1: No Market (Independence Day Parade & Festival)

Saturday, July 8:

Special Event: Christian Hospital presents a Cooking Demo, part of their Healthy Living Series, 9-11
 Author's Fest: If you enjoy reading, stop by and meet local St. Louis Authors.
 Northern Arts Council: Will provide arts and creative experiences. Local artists will be highlighted along with Community Arts opportunities for all ages, 9-11
 Band: Zack Reckamp, 9-11

Saturday, July 15:

Special Event: Game Day – Come out for Giant Jenga “Yardzee” X-Large Bowling, and X-Large Soccer Darts, 9-11
 Ferguson Eco Team: Creating a more environmentally sustainable, spiritually fulfilling, and just human presence in the Ferguson area and on planet Earth, 9-11
 Band: South Point Broadcasters, 9-11

Saturday, July 22: Special Event:

Friends of the Market is hosting Wine Tasting Featuring Bardenheier Wine Cellars, 9-11
 Northern Arts Council: Will provide arts and creative experiences. Local artists will be highlighted along with Community Arts opportunities for all ages, 9-11
 Band: Boeing Jazz Band. 9-11

Saturday, July 29:

Special Event: Salsa Contest – Do you make the best salsa? Enter into our farmers market contest. All entries must be received by 10:45 am. Judging at 11
 Band: Retro Band, 9-11

Come Visit Us Saturdays, Now thru October 8am - Noon
20 S. Florissant, at the Victorian Plaza (just south of the train trestle)
 Check our our website, FergusonFarmersMarket.com
 “LIKE” us on facebook
 See page 3 for Jolly Trolley free pickup for the Market and tour of EarthDance Farm.



1st of July Schedule

Ferguson Celebrates the National Landmarks

Our 43rd Annual Family Fun Festival

- 10 am Parade Starts (at Paul & So. Florissant Rd.) north to January-Wabash Memorial Park, (501 No. Florissant)
 - Noon–Close Food, Beverage and Game Booths Open at Park
 - Noon Opening Ceremony at Park
 - BANDSHELL AREA**
 2 to 5 pm Edick's Way featuring Vicky Michaels
 6 to 9 pm The Forestwood Boys
 - CHILDREN'S AREA**
 Facepainting, balloon artist, juggling, magic, Sience Guy, Balloon Bus, etc., throughout the day
 - Noon to 7 pm Petting Zoo and Pony Rides
 Noon to 7 pm Bounce House
 Noon to 7 pm Crafts with the Ferguson Public Library
 1 pm Show Me Safari Racing Pigs
 3 pm Show Me Safari Racing Pigs
 5 pm Show Me Safari Racing Pigs
 7 pm Show Me Safari Racing Pigs
 - FIREWORKS**
 9:15 pm Fireworks Spectacular at January-Wabash Park
- Please...no dogs or pets, no bicycles or skateboards, no moving picnic tables, no BBQ's or tents, no fireworks.*
 For further details, please call the Ferguson Recreation Office, 314.521.4661.

4th of July Festival Committee Selects

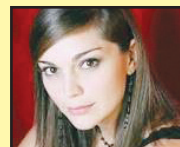
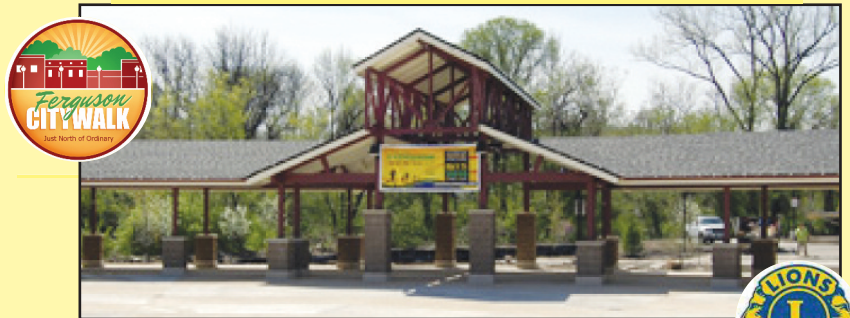
Kurt Cavin

as their 2017 Citizen of Year

See details on Page 8

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CITYWALK CONCERT SERIES



Friday, July 14 - Erin Bode

A singer who is comfortable mixing jazz standards with well-known pop tunes and classics.



Sponsored by Ferguson Lions

Friday, July 28 – Yard Squad

The Yard Squad is a reggae band from St. Louis.



7:00 p.m. to 9:00 p.m.

Unless otherwise noted
501 So. Florissant Road • 524-5197
 Coolers are permitted. No glass. Concessions available for purchase.
citywalk@fergusoncity.com • www.fergusoncitywalk.com

Free pick up and drop off before and after the concert.
 See website for details.



July 2017 CityWalk

"I can't believe I ate the whole thing"

Variety is the spice of life, the saying goes. Let's talk about savory and sweet, spicy and mild – American food, road trip food, burgers and bakes – and there are two more restaurants underway as I type.

Cathy's Kitchen opened in July 2013. Cathy Jenkins explains the concept for the restaurant: "We've always travelled. We were both self-employed for twenty-four years. We took lots of vacations. One time we took a road trip west along the entire bottom of the U.S. map, all the way to California. We based the trip on the Food Channel! Here at Cathy's Kitchen you can enjoy the food you had on vacation – all year round!"

Her food distributor tried to discourage her from the concept: he insisted people want to see a standard menu: appetizers, soup, salad, entrees, dessert. But the menus at Cathy's are organized by cities and states: California, Texas, New Mexico, Florida, Chicago, New Orleans, Memphis and of course, if you are getting homesick, St. Louis. Cathy's top five: Cajun chicken Philly, Tuscan pasta, gumbo, fish tacos and her new Thursday special, six wings, six jumbo shrimp and cole slaw for \$11.99. Cathy's Kitchen is located at 250 S. Florissant Road and is open Monday-Saturday, 11 a.m. to 6 p.m.

Drake's Place opened in May 2014. Drake's Place was built from a dream and a love of cooking. Now that it is a reality. Customers can enjoy fantastic food and phenomenal service every day. Their website proclaims: "We cook from the heart!" A first-time visitor would do well to enjoy one of their fresh homemade salads with Drake's house dressing. When they say "house" they mean "house" – the dressing is made up fresh on site. Keep your eyes open: they will be selling bottles of the delicacy at the Ferguson Farmers' Market this summer. All sauces are made in house and all food is made to order. Salmon and shrimp are very popular dinner entrees. There is a whole lot of "news at Drake's: a new menu with more starters, sandwiches, burgers, and a couple additions to the dinner selections. Drake's also has a new logo and a new website. Last but not least, Drake's has a brand new patio. Now you can enjoy their delicious food al fresco. With a newly paved parking lot and the arrival of a brand new sign, the eatery has a fresh look that goes along with the freshly prepared food. You'll find it all at 701 S. Florissant Road. Hours are: Tuesday-Friday, 11 a.m. – 9 p.m.; Saturday, 4 – 9 p.m.; Sunday, 11 a.m. – 7 p.m.

The most recent addition to the Ferguson Originals – restaurants that started in Ferguson – is Banana Yummies Bakes and Burgers (hereafter, BYB&B). Visitors are surprised when they see cakes, mini-cupcakes and cookies. "Oh, that's what you mean by 'Bakes'!" Andrea Steward opened BYB&B June 30, 2016 so they are just one year old. Want a burger? How hungry are you? Eight ounces hungry? Or fourteen ounces hungry? In the burger department, BYB&B's speciality is stuffed burgers. You can order cheddar jalapeno bacon, cheesy cheese or apple gouda onion. The eight ounce selections include THE FERGUSON: Yum Burger with cheese, fried egg, jalapenos, tomato and red onions, topped with Sriracha and Ketchup. That's the burgers: the "bakes" include sculptured cakes. Andrea, who trained and worked as a graphic designer, now expresses her creativity in batter and frosting. The most interesting order she had: her cousin, an avid gamer, wanted an X-Box cake. "What do you think of the cake?" she asked when he came to pick it up. He was standing right by it and said, "What cake?" He thought it was a real X-Box. BYB&B is located at 497 Airport Road. Hours are Tuesday-Saturday, 2 p.m. – 7 p.m.

(This final section is for Citywalk business owners only.)

The Citywalk Advisory Board meets the 3rd Thursday of the month from 5:30-7:30 p.m. at the office of Pearce Neikirk, and all Citywalk business owners are encouraged to attend.

The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

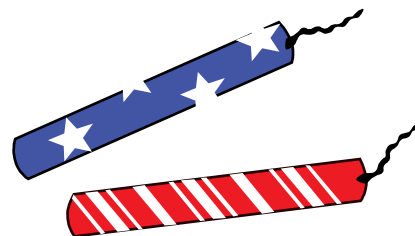
Fire crackers popping, emergency rooms busy, flags flying high everywhere, parks and pools filled to capacity, barbecue pits smoking, so strike up the band it's July, America's Birthday and time for another Plumbers Crack.

Well followers of the Crack as I mentioned above, people are outside, but one room in the house is getting a little more action. No not the loo, its the kitchen. Your kitchen sink and disposal see more trash and grease than any other time of the year.

Let's start with the disposal. Disposals have changed over the years to two kinds. Good and bad. If you have one of the real small disposals you would be better off getting rid of it. The only thing they are good for are causing leaks and stopping up waste pipes. Your larger disposals, when used properly, will help keep your drains running when piped properly. Your disposal should always dump directly into the trap or gooseneck.

If you have a two bowl sink, the sink without disposal should be piped to the disposal rather than into the trap.

One way to keep your blades sharp and disposal smelling fresh is to fill disposal with ice cubes, dump some real Lemon juice in and turn it on with small amount of water running.



Now for your drains; grease is public enemy #1. Let's start with bacon grease. It will coat your stack and cause it to rot out. Do like my old friend Emmett did. Save your grease and when you fire up the grill pour a little at time on your coals. Mixed



with your favorite wood and charcoal this will add a flavor to your steaks and ribs you won't believe.

When you are done with cleaning up your dishes, fill your sink half way with cool water and let it out. This will wash out the detergent that actually turns to grease after it breaks down.

I hope some of this information is helpful or you can be like my wife and ignore it.

Well my friends, it is America's Birthday and our country is more divided than any time I can remember in history. Violence of political change is not an answer. The American way used be to get out and work hard for a candidate, not listen to he said, or she said on media broadcast.

It doesn't matter what group you feel passionate about, our country has always been about finding common ground. No one party, ethnic group, or organization can and should not have it all their way.

So talk and get to know your neighbors get involved in your community watch out for the elderly and as always hug them babies.

God Bless You all
Oh Baby

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P8563, D8563



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Dave Walters (Oh Baby)

Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net

Copy or ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.



WINDOW RESTORATION BY:

Painted Effects CONTRACTING llc

314-524-1264

Maintaining Yesterday For Tomorrow





2nd Annual Farm to Table Dinner

Featuring Ricardo Flores as chef preparing food purchased at our Farmers Market
Sunday, August 6th. 2:00pm
 at Ferguson Lions Club
 Tickets \$35 available at Farmers Market

Nancy Accepts Position at Maryland Heights

Nancy Whitener, who has worked for the City of Ferguson for 36 years will now be bringing her considerable experience and talents to the Parks and Recreation Department of the City of Maryland Heights.

Nancy, who was born and raised here has always lived in Ferguson. She has worked for our city since graduating from the University of Missouri-Columbia. As a city employee, she has run almost every program the Recreation Department has to offer with the exception of the swimming pool. From basketball leagues, softball leagues, concession stand operation, special classes, dances, special events, senior citizen committee, senior trips, and has done a tremendous amount of work for the Ferguson 4th of July Committee. In fact she was that organization's Citizen of the Year in 2004.



People who have traveled with Nancy love her total commitment to their comfort and entertainment. "Not only do we have fun, but we can tell that Nancy has fun too." This sentiment is voiced not only by Ferguson residents, but travelers from outside our community.

"It's a new beginning for me," says Nancy. "I'm looking forward to new experiences and hoping to add to the list of my many friends. But don't worry, you'll still see a lot of me . . . after all, I still live in Ferguson."

Nancy's last day at her desk in the Community Center was Friday, June 16th. Good luck Nancy!

BRIAN FLETCHER
2ND ANNUAL
GOLF
CHARITY GOLF TOURNAMENT
TO BENEFIT I LOVE FERGUSON

SATURDAY, JULY 22ND
AT FLORISSANT GOLF CLUB

FOUR PERSON SCRAMBLE
REGISTRATION: 7:00 A.M.
SHOT GUN START: 8:00 A.M.
PHONE: (314) 254.7400
WWW.ILOVEFERGUSON.COM
 THE I LOVE FERGUSON ORGANIZATION IS A 501 C3 NONPROFIT

JOLLY TROLLEY

TO EARTH DANCE ORGANIC FARM SCHOOL

FREE FARM TOUR
 Get your farm-fresh fix at the Ferguson Farmers Market and catch a ride to the farm on the Jolly Trolley! EarthDance will be selling certified organic produce at the market and offering free tours every Saturday throughout the season!
 Call 314-521-1006 to RSVP and reserve your spot!

10:50AM **11:00AM** **12:10PM**

FERGUSON FARMERS MARKET
 After shopping, catch the Jolly Trolley at the corner of S. Florissant Rd. & Spot Dr.

EARTH DANCE ORGANIC FARM SCHOOL
 Enjoy a walking tour of the farm at 233 S. Dade Ave. Tours are free and family friendly, and include tastes from the fields!

FERGUSON FARMERS MARKET
 The Jolly Trolley will drop participants back off at 20 S. Florissant Rd.

WWW.EARTHDANCEFARMS.ORG

JOLLY TROLLEY SCHEDULE

PICK UP GOING TO FERGUSON FARMERS MARKET & FARM TOUR OF EARTH DANCE

LOCATION	TIME
Somerset Terrace Dr & W Florissant Ave	8:30am - 9:30am
Chambers Rd & W Florissant Ave	8:39am - 9:39am
Lang Dr & W Florissant Ave	8:47am - 9:47am
Ferguson Ave & W Florissant Ave	8:54am - 9:54am
Sharondale Cir & Ferguson Ave	8:58am - 9:58am
Ferguson Farmers Market (20 S Florissant Rd)	9:08am - 10:08am
EarthDance Farm Tour (233 S Dade Ave)	- - 10:50am

DROP OFF COMING FROM FERGUSON FARMERS MARKET & FARM TOUR OF EARTH DANCE

LOCATION	TIME
Ferguson Farmers Market (20 S Florissant Rd)	11:10am - 12:10pm
Sharondale Cir & Ferguson Ave	11:17am - 12:17pm
Ferguson Ave & W Florissant Ave	11:21am - 12:21pm
Lang Dr & W Florissant Ave	11:25am - 12:25pm
Chambers Rd & W Florissant Ave	11:30am - 12:30pm
Somerset Terrace Dr & W Florissant Ave	11:36am - 12:36pm
EarthDance Farm Tour (233 S Dade Ave)	12:00pm - -

Farm Tour of EarthDance Every Saturday

The Jolly Trolley can pick you up at a location near your home, you can visit the Ferguson Farmers Market . . . then the Trolley will take you to tour the EarthDance farm. After the tour, the Trolley will drop you off at your stop.

It's easy . . . and it's FREE!

See the schedule at the left for stops and times. You must call 314-521-1006 to reserve your spot.

Want to help Ferguson youth gain job experience and promote healthy living? Send check to: EarthDance
 Attn: Development
 233 S. Dade Ave.
 Ferguson, MO 63135

Please contact our development office for more information: development@earthdancefarms.org or (314) 521-1006. EarthDance is a registered 501c(3) non-profit organization. All donations are tax deductible.

July Events at the Ferguson Public Library

For more information, call us at 521-4820 or visit our website at ferguson.lib.mo.us

BUILD a Better WORLD

Our 2017 Summer Reading Program is still going strong!

- Thursday, July 6 - RentSmart with the MU Extension from 5:30-7:30:** Learn the basics of renting with this free program. Registration is required.
- Monday, July 10 - Readings on Race Book Club at 6 pm:** We will discuss *The Education of a WASP* by Lois Mark Stalvey. All are welcome!
- Monday, July 17 - Monday Makers from 5-7 pm:** Construct awesome props and more from cardboard! For kids age 9-14. Registration is required.
- Thursday, July 20 - The Magic of the Eclipse! from 5:30-6:30 pm:** Did you know a total solar eclipse is happening this summer? Learn some amazing eclipse facts and be wowed by magic tricks!
- Monday, July 24 - Measuring with Clifford and the Magic House from 10-11 am:** Clifford left some of his favorite belongings behind! Learn how to measure while preparing a box to send to him. For children ages 4-6 and their caregivers.
- Friday, July 28 - Crafternoon from 5-6 pm:** End your week with a relaxing hour of crafting. Registration is required. For more information about this month's craft, please call the library and ask for Amy.

DON'T FORGET! Last day to report your reading progress is July 29!

Ferguson Community News Page

United in our Independence

By Mayor James W. Knowles III

"Democracy is the art of thinking independently, together"
 — Alexander Meiklejohn, 1872-1964 - American Philosopher, Educational Reformers, President of Amherst University



After the recent shootings in Washington that targeted several members of Congress, I started to fear that the political discourse in this country has sunk to a new low. It would seem as much to many of us who did not live through the bitter fights (which were actual physical confrontations) in Congress during the 1800's, or those that can actually remember what it was like to see a president assassinated in our country (it's happened four times in our history). Furious disagreements that end in violence in politics aren't right, but unfortunately they have been with us since the beginning.

This month we celebrate over 240 years since our Declaration of Independence from the British Empire. We generally consider July 4th as the day that our nation was born. It is the day we all come together from different states and many different backgrounds, to unite under one flag and celebrate the common cause of liberty and independence. For all the fanfare and unity of July 4th, the truth is that on July 4th 1776, the citizens of the 13 colonies were not completely united in their political actions or in the discourse of the time.

Sure, the Declaration of Independence proclaims that the document was in fact "The Unanimous Declaration of the thirteen United States of America." That sounds pretty clear that everyone was on board with severing ties with Great Britain. But the truth is that a number of delegates to the Continental Congress were not supportive of a declaration of complete independence. In fact government assemblies in several colonies fought back and forth regarding how they instructed their representatives to vote on such a declaration, causing it to be delayed until July.

Even after the Declaration was signed, some historians estimate as many as 20% of the men, women and children living in the colonies at the time remained loyal to the British Crown. Many of these colonists actively opposed the colonial governments and the move toward independence; some even supplied British troops and fought alongside the British forces during the Revolutionary War.

As the Revolutionary War progressed, with Patriot forces driving British from cities, it was not uncommon for some overzealous troops and their commanders to punish Loyalists by taking their land and even hanging them as a warning to others. This practice was condemned by our early government and leaders like Gen. Washington, but it does show the severity of the political divide between neighbors during this conflict.

After the war, Patriots and Loyalists may have fought on different sides but could still find a great deal of common ground to unite behind. Security, stability, economic opportunity, and the future of their families were all issues that men and women on both sides could agree on, and eventually citizens descending from both groups grew united on those many common issues.

But even after coming together to found our nation, these United States have been deeply divided on a number of issues over these past two centuries, and at times that divide has erupted into violence. Through political turmoil, upheaval, and even violence, we have eventually found a way to remain united around a common set of principles. Today as our country, and our community continues to debate a number of issues that illustrate a diversity of thought and opinion, we should be reminded that our country has never universally agreed. It's not the nature of society, and certainly not the nature of man.

The basis of our independence is the freedom of thought and self-governance. But in order to support a civil society and community, we must find a way to unite in that diversity of thought, and embrace it. If we are going to discuss difficult issues, it cannot be done in a manner that silences or criticizes dissent. That will only breed animosity. Those who wish to punish dissenters or drive away those who don't conform to a certain opinion are destructive to the basic tenants of a participatory government. Dialogue and discourse does not always end in complete agreement; it rarely does. It should never end in violence, but it can and should create understanding, and hopefully identify common ground that we can all unify around. We can start by uniting behind our common independence.

While we celebrate the many great deeds of our fore bearers this July 4th, and as we unify around the founding of this great nation; we should work to live out the principles they fought for, while seeking to not to repeat some of their transgressions.

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
 Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	TBA	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379 ddd-steeess@att.net
Jeske Park Neighborhood Assc.	July 13 7 pm	Ferguson Community Ctr. 1050 Smith Ave	jeskepark-neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	July 20 7 pm	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	July 17 7 pm	Corner Coffee House 100 N Florissant	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	TBA	Corner Coffee House 100 No Florissant	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	Al Hicks ajthepoetfire@gmail.com
Southwest Ferguson Neighborhood Group	TBA	Our Lady of Guadalupe 17 Hawkesbury	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	July 17 7 pm	Ferguson Community Ctr 1050 Smith	May Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Our Lady of Guadalupe 17 Hawkesbury Dr.	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	July 10 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Ella Jones ejones@fergusoncity.com

How Do You Get Your Ferguson City News?

Follow us on Twitter @CityFerguson



Like our Facebook Page: City of Ferguson, MO

Watch us on YouTube:
 The City of Ferguson Public Affairs



View Updates on Charter Channel 993



VISIT OUR WEBSITE:

www.fergusoncity.com

You can also sign up to receive notices of meetings, hearings and other postings by registering your email address on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

COUNCIL MEETINGS

Pursuant to Sec. 2-26. of the Ferguson Code, during the months of July and August, regular Council Meetings shall be held only on the fourth Tuesday of each month, which will be July 25, 2017 and August 22, 2017; at 7 pm in the Council Chambers at City Hall

ORDINANCES AND/OR RESOLUTIONS PASSED LAST MONTH

RESOLUTION NO 2017-12 – A Resolution Approving An Agreement With Marveena Miller As Marketing And Events Coordinator Of The Ferguson Farmers Market

RESOLUTION NO 2017-13 – A Resolution Selecting A Contractor For The Public Works Garage Generator Project, Awarding The Contract To Said Contractor, And Authorizing The City Manager To Execute The Contract On Behalf Of The City – Central Power Systems & Services Inc.

ORDINANCE NO 3637 – An Ordinance Of The City Of Ferguson, Missouri Granting A Special Use Permit To Faith In Home Child Development Center For The Purpose Of Operating A Day Care Center At 3006 Pershall Road Subject To The Conditions, Restrictions, And Requirements Set Forth Herein

For more information contact the City Clerk's Office at 314-521-7721

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Laverne Mitchom, Ward 2; Keith Kallstrom, Ward 3; Wesley Bell, Ward 3. City Manager: DeCarlon Seewood. Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Page

Be sure to get up to the Recreation Office to register or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Destination Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily \$1/ Yearly \$50
Resident Adult – Daily \$3/ Yearly \$85
Resident Senior – Daily \$1/ Yearly \$50
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200
Non Resident Adult – Daily \$5/ Yearly \$200
Non Resident Senior – Daily \$3/ Yearly \$120
Non Resident Family – Yearly \$300

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

PROGRAMMING

Children's Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 3 ½-7 years old & 8-12 years old
Start Date: Mondays July 17 (8 week session) No class Sept. 4
Time: 5:45pm-6:40pm (3 -7 years old)
6:45pm-7:40pm (8-12 years old)
Location: Ferguson Community Center
Fee: \$39/Members; \$44/Residents; \$49/Non-Residents

Children's Tap & Ballet Dance

A wonderful opportunity for a child to learn creative movement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Ballet shoes recommended.

Age: 3-1/2 - 7 years old
Start Date: Wednesday, July 19 (8 week session) No class Sept 6
Time: 5:45pm-6:40pm (3-7 years old)
Location: Ferguson Community Center
Fee: \$39/Members; \$44/Residents; \$49/Non-Residents

Children's Hip Hop/ Jazz Dance

High energy class starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes, or bare feet.

Age: 8-13 years old
Start Date: Wednesday, July 19 (8 week session) No class Sept. 6
Time: 6:45pm-7:40pm
Location: Ferguson Community Center
Fee: \$39/Members; \$44/Residents; \$49/Non-Residents

Beginning Adult Dance

Warm-up with easy Freestyle dance steps followed by basics in Waltz, Fox Trot, Tango, Cha-Cha, Rumba, Salsa, and Swing (learning these dance styles will enable participants to dance at any social event). Class is taught by Diane Brown who has 30 plus years dance and choreography experience in the St. Louis area. Wear comfortable clothing and hard-soled shoes. No tennis shoes. *Private dance classes are available.*

Age: 18 & Up
Start Date: Monday, July 17 (8 week session) No class Sept. 4
Time: 7:45-8:40
Location: Ferguson Community Center
Fee: \$45/Members; \$50/Residents; \$55/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you

most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the-bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students
\$5 more for each additional student
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

Summer Day Camp

Join the Strength & Honor Staff for an action packed summer of fun and excitement! Campers will spend most of their time at the Ferguson Community Center where they will enjoy games, activities, crafts, and loads of fun. They will swim twice each week at the Splash at Wabash facility. Campers will also visit several local parks and area attractions throughout the summer for field trips.

Age: 6-14 years old
Start Date: Monday, June 5 (8 weeks)
Time: 9am-3:30pm
Location: Ferguson Community Center
Fee: \$80 per week
Before Care: 7am-9am
\$20 per week
After Care: 4pm-6pm
\$20 per week
Both: \$35per week
**Breakfast & Lunch Provided*

Start Smart

Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is an innovative step-by-step approach that builds confidence and self-esteem in a fun and safe sports environment. This fall we'll be bringing Start Smart to 3-5 years olds of Ferguson. Spots will fill up fast. Call (314) 524-4708 for information.

Open Play Basketball

Come to the Ferguson Community Center for pick up basketball games. (Half court only)

Days: Tues, Wed, Sat, & Sun
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident;
Daily Fee/Non-Resident

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays
Times: 3:00pm– 6:00pm
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Resident

Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. All equipment will be provided.

Ages: 18 and older
Days: Wednesday and Friday
Location: Community Center
Time: 9:00am-12:00pm
Fees: Daily Rates Apply

FITNESS

Intro to Fitness

Join the Ferguson Community Center staff and learn how to properly use the fitness equipment in our fitness center. This class is offered once a month and you must pre-register at the front desk.

Age: 16 years old and up
Start Date: Tues, 7/18
Tues, 8/15
Tues, 9/19
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: FREE/Members; \$2/Residents;
\$3/ Non-Residents and Guests

Tap Dancing for Fun & Fitness

Get a fun and creative workout while learning a new skill--Tap Dancing. Easy yet energetic tap steps enhance the rhythm of the song and motivate you to move with the music. You'll enjoy hearing the tapping of your feet and will hardly realize you're working out and burning calories! The class ends with a cool down and light stretching Tap or hard-soled shoes are highly recommended. No tennis shoes

Age: 16 years old and up
Start Date: Wed, 7/19 (8 week session)
No Class 9/6
Time: 7:45-8:40pm (Age 14-18)
Location: Ferguson Community Center
Fee: \$39/Members; \$44/Residents; \$49/Non-Residents

See additional Parks & Recreation on Page 6

Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 18 years & up
Start Date: Mon, July 31 (8 week session) No class Sept. 4
Wed, June 7 (8 week session) No class July 17
Wed, July 31 (8 week session)
No Class July 17
No Class Sept. 6
(Ongoing 8 week sessions)
Time: 6pm-7pm
Location: Ferguson Community Center
Fee: \$25/Members - 1 day per week; \$30/Residents - 1 day per week; \$35/Non-Residents - 1 day per week
Additional Days:
\$10/members add day
\$15/residents add day
\$20/non-residents add day

Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages

Beginner Bundle
Includes Fitness Assessment* and 1 personal training sessions.
Fee: \$70/ Members
\$80/ Non-Member
Beginner Bundle +
Includes Fitness Assessment* and 2 personal training sessions.
Fee: \$95/ Members
\$105/ Non-Member

Training for Two

All prices are per person
1 Session
Fee: \$30/ Members
\$35/ Non-Member
3 Session
Fee: \$80/ Member
\$95/ Non-Member
5 Session
Fee: \$145/ Member
\$175/ Non Member

1 Session
Fee: \$35/ Members
\$40/ Non-Member
3 Session
Fee: \$90/ Members
\$105/ Non-Member
5 Session
Fee: \$170/ Members
\$195/ Non-Member

Silver Sneakers Classic

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills. A chair is made available for seated and/or standing support.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 8:55 am-9:45am
Fee: FREE/ Silver Sneakers Members; \$3/ Everyone Else

Silver Sneakers Cardio Circuit

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair is used for standing support, stretching, and relaxation exercises.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 7:55 am – 8:45 am
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

SPECIAL PROGRAMMING

Wayside Park Unleashed

This park is for the dogs, accompanied by responsible owners, to play without leashes. The facility offers a great opportunity for individuals to spend quality time with their dogs and friends while enjoying the park. The park features both small dog and large dog areas. The park is open from 7 a.m. to 9 p.m. daily. Registration is required and can be completed at the recreation office. Owners will need to bring up-to-date shot records: rabies, DHPP and Bordetella.

2017 Wayside Dog Park memberships now on sale.

Yearly Fee: \$30 Residents; \$60 Non-Residents
\$5 per additional dog (three dogs per family).

Ferguson StreetFest

North County's Largest Music Festival known for its great live music and mouth-watering food vendors. Ferguson StreetFest has hosted some of the Midwest's top musicians and performers over the past decade. Don't miss out on this year's great live entertainment featuring Jeske Park, That 80's Band, Javier Mendoza & Bitter Pill!

Date: Fri, Sept 22 (5 pm-11 pm)
Sat, Sept 23 (Noon-11 pm)
Fee: Free

Ferguson Summer Movie Series

Come join us for the Ferguson Summer Movie Series. Movies at the Community Center and parks will be free and include complementary popcorn, be sure to bring your lawn chairs and/or blankets and take this opportunity to enjoy a beautiful night under the stars. For information on Dive in Movies at the Splash, including admission fees, please see page 11. Movies start around 8:30 pm!

LOCATION	DATE	MOVIE
Community Center	Sat. July 8	Central Intelligence
Splash at Wabash	Sat. July 22	Moana*
Community Center	Sat. Aug. 5	Lego Batman Movie

In case of inclement weather all movies will be moved indoors at the Community Center, 1050 Smith Avenue Ferguson, MO 63135.

*Admission fees apply for this movie

Ferguson Lions Club/Kids Fishing Tournament

The 32nd annual Kid's Fishing tournament will be held at January-Wabash Lake. There will be 2 age divisions, 10 years old and under and 11 – 16 years old. Awards will be given to the heaviest stringer and largest fish in each age division. All participants receive a bag of goodies. A special "Thank You" to the Ferguson Lions for their generosity in sponsoring this tournament again this year!

Date: Saturday, August 12
Time: 8:00 am – Noon
Fee: \$3/Resident
\$5/Non-Resident

TEEN PROGRAMMING

Teen Night at Splash

Teens get your friends together and come enjoy nights at the Splash, there is only 1 catch, ONLY TEENS ALLOWED IN!

Enjoy all the features of the pool; race your friends down the slides, show off your best dive, and visit the concession stand.

Attendance Prizes will be given away as well!

Dates: Fridays June & July
Time: 8:00pm - 10:00pm
Fee: \$1 Member; \$3 Resident; \$5 Non Resident

ADULT PROGRAMMING

Yahtzee

No need to know the rules; just come and expect a good time at our next Yahtzee. Great prizes, good food, and lots of laughter are in store. We'll start the afternoon enjoying a great tasting lunch. After lunch, the excitement begins with 3 thrilling games of Yahtzee. Door to door transportation via the Jolly Trolley is available for Ferguson residents. Advance registration is required.

Ages: 18 and up
Date: Thurs, Aug 10
Time: 11:30 pm – 2:30 pm
Location: Senior Center
Fee: \$4 Suggested Donation

Mystery Meal

If you love good food and enjoy fun-loving people then this program is for you! Every trip is an adventure, so register to enjoy the day with good times and good friends. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and a meal.

Date: Fri, July 7
Time: 10am pickup
Fee: \$32 Members; \$37 Residents; \$42 Non-Residents

Bratwurst and Bingo

Join us at the Ferguson Community Center for another fun lunch and bingo. Our luncheon will begin with entertainment followed by an appetizing meal of choice of 2 meats, (bratwurst and chicken) sauerkraut, baked beans, chips, dessert and drink. After lunch we will play bingo for practical and fun prizes as well as attendance prizes.

Date: Thurs, July 13
Time: Noon – 3 pm
Fee: \$10 Members; \$14 Residents; \$18 Non-Residents

North County Gala

Come tap your feet and kick up your heels listening to the eighteen-piece band "Sentimental Journey". There will be something for everyone. Singles as well as couples are encouraged to attend. Music dates from the 40's to the 90's. Snacks will be provided and a cash bar available. Make plans to join the fun!

Date: Fri, Aug. 18
Time: 7:00 – 9:00pm
Location: James J. Eagan Center
Fee: \$15/person

Herman Dierberg Farm via Amtrak

Ride the Rails to Herman! Visit the Dierberg Living History Farm and discover how the German settlers lived. Lunch at Herman Hill Village, a beautiful site overlooking the Missouri River!

Date: Thurs, July 20
Time: 8:30am – 5:30pm
Fee: \$94 Residents; \$99 Non-Residents

See additional Parks & Recreation on Page 7

Fairmount Horse Races

Grab a friend or two and join us for a fun-filled day of horseracing at Fairmount Park. Cost includes a racing program, a deluxe buffet lunch, jolly trolley transportation, admissions, taxes and tips.

Age: 21 and up
Date: Tues. Aug. 15
Time: 10:45am-6:00pm
Fee: \$30 Residents; \$35 Non-Residents

Solar Eclipse Viewing in Chester, IL

Experience the solar eclipse with Ferguson Recreation. Travel to Chester, IL where a step on guide will show us the historic and interesting sites of this bluff top town overlooking the Mississippi River which also lies in the middle of the solar eclipse path across the USA. The guided tour, lunch and site of the amazing eclipse will make our visit to Chester an amazing day!

Date: Monday, Aug. 21
Time: 8am – 6pm
Fee: \$70 Residents; \$75 Non-Residents

Greater Tuna in Arrow Rock, MO

Arrow Rock invites you to enrich the present by visiting the past. Upon arrival in this historic Santa Fe Trail Town of the mid-1800's, there will be time to visit shops filled with antiques, specialty gifts and old-time crafts. Next, applaud an afternoon performance in the air-conditioned Lyceum Theatre and watch "Greater Tuna". Two actors portray the entire Texas town with over 20 roles. Lunch will be a lovely country buffet at the J. Huston Tavern. Motorcoach transportation, lunch and theater ticket included.

Date: Thur, August 24
Time: 8am – 7:30pm
Fee: \$90 Residents; \$95 Non-Residents

Wrigley Field Adventure

Cards-Cubs...There's nothing like it!

Ride the rails into Chicago. See the champion Cubbies take on the St. Louis Cardinals at Wrigley Field with excellent seats for Friday's match-up. We will enjoy 2 nights lodging at the along with an afternoon of racing at Arlington Racetrack. Also included will be a dinner cruise around Chicago Harbor on Lake Michigan, a visit to the Driehaus Museum and lunch in the Signature Room of the John Hancock Building.

Date: Thur, Sept. 14 – Sat. Sept. 16
Time: 7am-10pm
Fee: \$595 Residents; \$610 Non-Residents (Double Occupancy)

Oklahoma Gambling-Downstream

This overnight "Gambling Getaway" takes us along the OK-MO-KS border to a "Las Vegas Style" casino! On the way home we'll be stopping at the Indigo Sky Casino. Also on Wednesday, a side trip will be included to Sandstone Gardens in Joplin, Missouri. Comps for this trip include: \$25 worth of slot play, 1 lunch and 1 dinner and \$3 off in the food court. This is a total between both casinos. Cost includes: motorcoach transportation, lodging, taxes and gratuities.

Ages: 18 and up
Dates: Tues, Nov 7 – Thu. Nov 9
Time: 7am – 8pm
Fee: \$138/Residents; \$153 Non-Residents (Double Occupancy)

Nashville: Music City U.S.A.

Travel with us to the mecca of Country Music, Nashville, Tennessee and stay at the Opryland Hotel. Attend a performance at the iconic Grand Ole Opry and take a backstage tour of the Grand Ole Opry House. We will also visit the International Bluegrass Music Museum and have an amazing lunch at Patti's 1880 Settlement in Grand Rivers Kentucky before heading home with a song in your heart!

Date: Fri. Oct. 27 – Sun. Oct. 29
Time: 7am-10pm
Fee: \$550 Residents; \$575 Non-Residents (Double Occupancy)

A Fireside Christmas Getaway

Begin the holidays as we travel north to Lake Geneva, Wisconsin for a two night's stay at the Grand Geneva Resort, (an old Playboy Club in the day.) Tonight enjoy a fabulous dinner and great show, *Miracle on 34th Street*, the Musical at the Fireside Dinner in Fort Atkinson, Wisconsin. The Fireside has earned a reputation for excellence and artistry that is amazing. Day Two finds us at the Dancing Horses Theatre. This dazzling spectacle features an array of horse breeds that perform alongside their trainers in this fantastic cavalcade of equestrian artistry. The evening finds us at the Rosewood Theatre one of Southeastern Wisconsin's finest live entertainment attractions for their *Christmas Remembered* Show. Enjoy a farm to table holiday dinner from Rosewood's award-winning chefs followed by *Christmas Remembered*, a cabaret-style show featuring a delightful mix of songs, hymns and carols that will have you singing along to some of our favorite holiday classics. Day Three finds us visiting the K and W Greenery, known for their impressive displays of over 2,500 poinsettias in a variety of colors and sizes. Cost includes: motorcoach transportation, 5 meals, 2 breakfasts, 1 lunch, 2 dinners, lodging, all admissions, taxes and gratuities.

Date: Sat. Nov. 18 – Mon. Nov. 20
Time: 7am-9pm
Fee: \$490 Residents; \$515 Non-Residents (Double Occupancy)

ATHLETICS

Sand Volleyball

It's our first summer with Sand Volleyball, so come out and enjoy the sand all summer long. We'll have three double-header leagues to meet the needs of even the most diehard players.

Coed Leagues: Mon, Wed, & Thurs
Ladies League: Monday
Industry League: Monday
Start Times: 6:30, 7:20, 8:10, & 9:00
Location: Community Center
Fees: \$210 per team

Coed Softball

Fields are available for Softball leagues all spring/summer long. Call (314)524-4708 for interest and availability.

Leisure Lawn League

This summer take part in your favorite backyard games at the Ferguson Community Center. Enjoy refreshments from the concessions while competing against your friends and neighbors in Bags, Washers, and Horse-shoes. Each week, teams will rotate through the three components.

FIELD RENTALS

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.

Please call the Ferguson Sports Hotline for rain out information: (314) 286-9102



The Ferguson Parks & Recreation Department is pleased to partner with Mid-East Area Agency on Aging to offer a variety of new programming and opportunities for those 60 years and older. A new Senior Resource Center, located within the Ferguson Community Center, is open Monday through Friday from 9:00am – 3:00pm. Enjoy delicious lunches and a variety of activities and resources designed especially for seniors. For more information or to register for lunch, please call 314-867-5661 or visit www.agingmissouri.org.

Healthy Substitutions and Alternatives

Discover healthier options and alternatives to your favorite indulgent foods.

Date: Monday, July 3
Time: 10:00-11:00 am
Location: Ferguson Senior Resource Center
Fee: FREE

Mindfulness

Learn strategies to strengthen your ability to regulate emotions, build attention to detail, and enhance problem-solving skills, all of which help you to stay focused on the present.

Date: Thursday, July 13
Time: 10:00-11:00 am
Location: Ferguson Senior Resource Center
Fee: FREE

Mid-East Area Agency on Aging is a community of older adults, volunteers and staff here to help you feel more engaged and help you "age in place." MEAAA has a variety of programs and activities to help you maintain your cognitive function; visit www.agingmissouri.org to find out about our exercise classes, activities, and health programs.

1 (800) 243-6060 www.agingmissouri.org



FOOD PANTRY

Open to the Public
**FERGUSON HEIGHTS
CHURCH OF CHRIST**
1239 N. Elizabeth Avenue
Ferguson
Free Food Boxes

Keyon Harrold Parade Marshall

Keyon Harrold, a NYC-based jazz trumpeter, who was born and raised in Ferguson, has played with Jay-Z, Beyoncé, Common, Erykah Badu, Lauryn Hill, Rihanna, Eminem, D'Angelo and the Vanguard, LL Cool J, to name a few, and recently won a Grammy for his work on the "Miles Ahead" soundtrack. The movie, where Harrold was tasked with making music that sounded like music by Miles Davis, stars Don Cheadle, who plays Miles Davis, but it is Harrold's trumpet playing that you hear. Harrold had to watch what Cheadle's fingers were doing and come up with a part that matched, and make it look and sound believable.



Keyon is passionate about using his voice as an artist to give a voice to those who need our help most. He is honored to be collaborating with and supporting several organizations that are doing the most urgent work to help underprivileged youth in America to women in Afghanistan and refugees in Syria. And he will continue to dedicate his time and talents to ensuring that these vulnerable populations get the resources and attention they need most to survive and thrive.

Keyon's brother, Albert, who still lives in Ferguson, will be giving the invocation at this year's 4th of July Festival. Albert teaches, coaches and runs a program called Strength and Honor here in Ferguson.

Sophia Orlando 2017 Youth Achiever

Sophia Orlando, daughter of Tony and Jane Orlando, is a recent graduate of Rosati-Kain High School. Having completed a number of honors courses, Sophia earned membership to the National Honor Society, received the Presidents' Education Academic Excellence Award, a Certificate of Special Congressional Recognition, Missouri State University Provost Scholarship, and was on the First Honors Roll all four years of high school.



Sophia also found time to do volunteer work for both Rosati-Kain and her parish, Blessed Teresa of Calcutta. Jeff Finnegan, pastoral associate and youth minister at BTC, highly recommends Sophia as a woman of integrity, loyalty and faithfulness. She also excels in music, having received Missouri Federation of Music Club's Superior Rating.

When asked why she likes living in Ferguson, here was part of Sophia's reply:

"Even though Ferguson is not a tiny town, it still provides the small town feel that I enjoy. One of my favorite things about my town is its accessibility. People can walk or bike to many stores and restaurants. As a child, my friends and I frequently biked to the Whistle Stop, Walgreens or the Corner Coffee House. Nearly every place I go in Ferguson, I run into people I know.

"Another wonderful part of Ferguson is the plethora of community events held each year, among them the Farmers Market, the 5K run, the CityWalk Concert Series, and, of course, the Fourth of July Parade and Festival. These events are almost always free or inexpensive.

"Lastly, growing up in Ferguson's diverse setting has prepared me for real world experiences. I have been given the gift of getting to know others different than me and shaped my mind in such a way that I am aware of social justice issues and know we are all equipped to make changes."

Congratulations Sophia, from the Fourth of July Festival Committee.

Kurt Cavin 2017 Ferguson 4th of July CITIZEN ON THE YEAR

Kurt Cavin, a lifelong resident of North County, has lived in Ferguson for the last 26 years.

For six months a year, he is at the Ferguson Farmers Market on Saturday at 6:00 a.m. to set up tents, run electricity, set up the sound system and do whatever is necessary to be sure that the Market runs smoothly throughout the morning. Then, at noon, he stays to break down and store the Market items.

When asked why he volunteers his time at the Market, Kurt says that it is because his father-in-law, Bud Seiter, asked him to. "Bud, one of the founders of the market was ill at the time. He gave me his bucket of tools and extension cords and I've been here ever since," says Kurt. "But I'm just one of a group of people who are there every Saturday," adds Kurt.

But Kurt's volunteerism doesn't end with the Farmers Market. His volunteer work began as a 4th of July parade starter with both Bud Seiter and Gunner Brown. Kurt still today is the 4th of July parade starter along with Bob McCarty (his brother-in-law) and he and Bob are the Northern Lights parade starters. Three years ago, Kurt became involved in the Ferguson Youth Initiative. He stepped up and was a mentor to the youth in the community service program. Kurt also volunteers at Street Fest, Northern Lights and the 4th of July Festival. He has helped at the CityWalk Concerts, St. Stephen's indoor market and many other events. If he's not volunteering at a Ferguson event, he will be attending it, again showing his support for his community.

This year, Kurt and his wife, Laura, hosted the 2017 4th of July fundraiser cocktail party at their home. It was an amazing event thanks to their very hard work. A special thanks also to Kelly Braun for the food preparation.

Kurt works in Ferguson, lives in Ferguson and works hard to maintain the great community we have. "When I think of Home, I think of Ferguson," Kurt says.



Jacob Chabot 2017 Youth Achiever

Jacob Chabot, son of Lisa and Rob Chabot, has been selected as a 2017 Youth Achiever by the 4th of July Festival Committee.

Although Jacob is a good student, ranking in the top 18% of his McCluer High School class, it is his volunteer work with Ferguson youth that sets him apart from his fellow classmates.

Dwayne James, Board Chair of the Ferguson Youth Initiative says it best: "Jacob is an intelligent teen with a heart to better his community for himself and his peers. He is quick to volunteer to take on the tasks necessary for FYI to succeed and offers excellent foresight into what adults could be doing to better support the teens. Jacob's communication skills allow him to interact with adults and decipher the needs of teens in a manner that allows us all to better understand each other's expectations.

"Jacob is one of the first teens I call when I'm thinking of a new idea, program, or workshop. His mature attitude about life has impressed not just me, but all the adults that know him."

A portion of Jacob's essay about Ferguson reads: "I love how there are so many people in Ferguson with different backgrounds and how we can come together and learn from each other. I have learned how to work with those different than me, how to collaborate, and how to disagree respectfully. I enjoy serving and improving my community while having a lot of fun at the same time."

Jacob plans on attending the University of Central Missouri in the fall, majoring in Video Production.



The Ferguson Computer Corner

by Doug Neely "have a healthy fourth of July, not a healthy fourth!"



JULY, 2017

we're here already? oh my! well, before we begin, let me just say something about our holidays. the 19th of July is National Hot Dog Day. idk about you, but i just can't wait! i LOVE hot dogs with mustard & raw onions! MMMM! i see that the 29th is National Lasagna Day! another big MMMM! but, the most eagerly awaited day this month is the Fourth of July! this is when we will be satiating our senses with BBQ!!! OH SO YUMMY! i can't wait even more for that! (i think that's why it is so early in the month! lol!) seriously tho, please try (between those pork steaks, sausages & hamburgers) to remember our Republic, as so many have fought, and given their lives, for us to live in the safety of freedom and self-rule. GOD BLESS AMERICA, AND THOSE WHO PROTECT IT FOR US!

Last Month...dept.

last month i said that i might say a bit more about firewalls. so i will. there are two kinds. a HARDWARE firewall is built into the modem that most of you already have in your home system. if you have this kind of firewall, you really don't need a software firewall, unless you really want to tighten things down to a waterproof level. most of us don't need that kind of

security unless we are a company or the government, etc. if you have a high-speed connection like Charter Cable or AT&T, the only thing you might want to do is to change your network name and/or password every so often. now, you can call those companies for assistance in doing that, but if they tell you that it is not necessary, they are mostly correct. (but the most likely reason they will discourage you from such an endeavor is that they don't know how to do it. in such case, ask to speak to a technician.) btw, many modems and routers may have a software and/or browser control interface available. check this out for your own hardware devices. also, be advised that if you do change the network name and/or password, you will have to re-connect your puter to the new network.

a SOFTWARE firewall is something that can be installed into your operating system. however, please note that if you are running Windows XP, Vista, 7, 8, 8.1, or 10, you already have a built-in firewall, which is a sub-program of windows. these have matured over time, and are better now than they were when i & others said that they aren't worth their weight in dirt. even tho most of you do NOT NEED a software firewall these

days, i will give you a few names anyhow. still, a better option might be to get a software program to better control your windows firewall. here i would suggest Tinywall. it will be one of the offerings at: <https://www.geckoandfly.com/12087/5-best-free-firewall-for-microsoft-windows/> also look here: <http://www.techsupportalert.com/best-free-firewall-protection.htm> and here: <https://www.lifewire.com/free-firewall-programs-4129270> you may care to notice that ZoneAlarm, Comodo, and Tinywall get a lot of mentions. and i think that they are some of the best. still, if you are running windows, give some serious thought to using a program that helps you to better control the windows firewall that is already in your puter's OS. Tinywall might best fit that need. i do think that in order to have what is best for YOU, YOU NEED to read about these & do your diligent research. as always before you install software into your puter. 'nuff said!

lastly, if you are on a dial-up connection, and a very few of you may be, i would suggest that you go for ZoneAlarm. it's what i used to protect myself from those South-American bozos some 20 some-odd years ago. you have to be using some version of windows, however. but, by now, they might even have a version for Macs and/or Linux. again, do diligent research before jumping in with both feet!

oh! one more thing! if you are going to use any firewall, it will require

that you learn more about how the internet works, and how it is that the bad guys can break into your network and cause a lot of harm to it and to your puter. don't be a dummy! learn!

ME GO NOW!

well, the big hand & the little hand are on the clock, so i have to go now! :) i hope and trust that all of your celebrations go happy & healthy, and that all your neighbors survive same, and that your neighbors invite you back next year, too. be good, and do unto others as you would have them do unto you. (did you know that the "golden rule" comes from the bible? check out Matthew 7:12.) i pray that all of you have happy & safe holidays! and remember: God loves YOU! ...it is now safe to turn on your puter!

IF you want to get some of Doug's FREE puter advice about YOUR puter issues (or even if you wanna just jaw a bit), CALL him on the PHONE at: *314*521*1789* in the PM hours of most any day. Please disregard the outgoing message from the answering machine; just wait for the beep to leave your short message, including your local phone number. When emailing, make SURE you put the phrase "i need puter advice" into the subject header of your email, regardless of the topic of your email. Not only that, but if you don't include your local telephone number in your mis-sive, he won't be able to call you back! Use this email address: fergusoncomputercorner@aol.com If you don't do these things, he will not get your email. so there! :)



St. Louis Community College is excited to announce we will offer Launch-Code's introduction to computer programming course — an intensive, 20-week program for FREE this summer. Please see more information here: <http://now.stlcc.edu/2017/stlcc-to-offer-launchcode-ic101-class/>.

Save the Date

**THE TASTE
IN FERGUSON**

A FUNDRAISER FOR THE ROBBIE MCGARTLAND/ SAMANTHA LIPKA MEMORIAL SCHOLARSHIP FUND

**Sunday, September 10
3:00-6:00 p.m.**

**Savoy Banquet Center
119 South Florissant Rd.
Ferguson**

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Financial Focus

By Joan Cleaveland (consultjoan@att.net)
Business Manager for St. Joseph's Parish in Cottleville
Lindenwood University BA – Business Administration.

Back to the Basics

If only I knew then, what I know now, I certainly would have done things differently. That phrase has been uttered by many people including myself. Hind sight is 20/20 and when it comes to financial affairs, it is true for more people than you might think. So depending on your age, you may be able to learn from your past mistakes and make a correction that will help erase those missteps. In the past few issues I have written about the value of money and the possibility of returning to the gold standard again to create sound money.

The year I graduated from high school currency's link to gold was severed and inflation was one of the results. Prices on everything seemed out of control. Interest rates went up drastically causing problems for the mortgage lenders who were forced to pay higher rates on savings accounts while still locked into those long term mortgages that continued to be at low rates, hence the Savings and Loan crisis. That's another story. If back in the seventies I knew what I know now, I would have been forcing myself to start investing and saving for the future. At age 18 a person could start saving with a modest sum and contribute in small increments building a nice nest egg. And of course, I couldn't seem to find the money to invest. If only I had taken the time to figure out just how much my money would grow, even small consistent contributions would have amounted to a nice sum by now.

So I thought perhaps some comparisons would help those who may be younger learn how just saving a little can make a difference over time. Forty years ago, starting a savings plan with an initial deposit of just \$100 could be worth about \$83,418 today. Using an average interest rate of 7% which takes into account the high interest rates of 40 years ago and the lower ones today, I came up with this result by assuming I just add another \$100 every quarter of the past 40 years. If you consider that perhaps this could have been the beginning of a retirement contribution there might also have been benefits to me in the form of less tax liability.

While \$83,000 doesn't sound like much today, considering that over the 40 years I only deposited a total of \$16,100, it is a nice return on the investment. Another comparison that would have helped me learn the value of compounding interest and the importance of time would be to take the same amount of \$16,100 invested over a shorter period. So let's say we put \$1000 as the initial deposit and then added another \$375 each quarter for just 10 years at the same rate of 7%, we would only end up with \$23,788. Had I realized this in the seventies, perhaps I could have figured out a way to start the regular savings plan early in life.

Another choice that might have been different knowing what I know now is the purchase of a home. The first time I bought a home was in 1978 and at that time just like investment interest rates, mortgage rates were very high. If you are young and have only been paying attention to mortgage rates for a few years now, you might not believe that people willingly paid interest rates of 12% and more just to borrow for a home. Taking out a 30 year mortgage at the seventies rate of 12.75% gave us an interest and principal payment of about \$225 a month. I remember worrying that we might not be able to keep up with the payments which were around \$250 including taxes and insurance. We were going from a monthly rent payment of \$150, so it was little worrisome as money was tight. If I had known then that rates would eventually come down maybe I would have waited a few more years to buy a home.

Comparing that mortgage to the same mortgage at today's interest rate would be interesting. So I saw a current rate of 3.83% and did a payment calculation based on the amounts of my first mortgage. The principal and interest payment comes to \$96.81, much easier to handle than that \$225 payment I had. Today, it's hard to imagine a house payment less than a hundred dollars. And today, I am sure we couldn't find too many houses for \$22,000. If you bought a very modest home today for \$100,000 with a 30 year loan and compare the same rates –the principal and interest payment would be \$420 at 3.83% and at the 12.75% rate it would be \$978.02. What a difference!

One more thing that I know I could have done differently would be to take some risk with my investments. During those years of high interest rates, it seemed like many people were investing in CDs and Money Market accounts rather than taking their chances in the stock market. I had started working at a bank and helped customers purchase these products with CD rates around 15%. It was like Banks were having a gasoline war from the early 1960's with CD rates. In those days, I didn't have much to invest or didn't really accept that I could live on just a little less and save more. Inflation had caused us to fear that if we waited things might cost even more, so you better buy today. And the fear of losing it all in the stock market wasn't at all appealing.

My husband and I kept hearing from brokers suggesting to just start small and then make regular contributions to a mutual fund which included many different stocks. This was less risky than individual stocks and it seemed unlikely that all of the ones in the fund would drop at the same time. So we decided to take the plunge with \$1000 we had saved. We didn't learn enough about our investment and we also didn't accept that there would be peaks and valleys as the funds value adjusted to the market. Only making contributions of \$25, we really expected to see some increases in the funds value. After one year of watching our investment decline, we got scared and pulled out. Had we been more willing to accept some risk and not watched it so closely, we may have been able to

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FREE Breakfast and Lunch to Students and Disabled Adults

Six sites in the Ferguson-Florissant School District are offering free breakfast and lunch to students and disabled adults this summer.

The free summer meals, sponsored by the USDA's Summer Food Service Program (SFSP), provides free, nutritious meals to help children get the nutrition they need throughout the summer months when they are out of school. Children 18 and younger may receive free meals through SFSP. Meals are also available to persons with disabilities, over age 18, who participate in school programs for people who are mentally or physically disabled.

The following locations in the Ferguson-Florissant School District will offer free summer meals, **Monday thru Friday, on the dates indicated:**

Central Elementary School
201 Wesley Ave, Ferguson
May 30 – July 28
Breakfast: 8:30-8:45 a.m.
Lunch: 12-12:20 p.m.

Little Creek Nature Area
2295 Dunn Rd., Florissant,
MO 63033
July 17 – August 3
Lunch: 12:10-12:30 p.m.

see how over time that investment could really pay off. Fear of losing anything keeps many people from doing things that may pay off more in the future.

The other nice thing about investing in a stock or a mutual fund is participating in commerce. Creating businesses helps our country with more jobs and more innovation. That's progress and being part of it can be exciting. We've seen a lot of changes in the past forty years, and knowing what I know now, I would not have been as complacent in my early years. Understanding the value of learning to make a better life for yourself and your family is important at any age, but the younger you are when you learn the better life you can have.

Another comment about the comparisons, I used the calculators available on bankrate.com – forty years ago we didn't have that tool. We do now, so don't be complacent, check out some of your own comparisons and see how you can manage your money better.

If you have any comments or questions, please e-mail me at consultjoan@att.net.

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I'm always slightly terrified when I exit out of Word and it asks me if I want to save any changes to my ten-page technical report that I swear I did not make any changes to.

So, I save it as Report Final. Can't tell you how many "Final" folders I have.

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CORN SALAD



Grilled Corn on the Cob. To keep corn on the cob from drying out on the grill, remove the silk but keep the husks, and soak the ears in cold water for 10 minutes. Just before serving, peel back the husks of the hot corn and spread with butter and chili powder or paprika.

- 3 c. corn
- 1 1/2 c. halved grape tomatoes
- 1 c. small mozzarella balls, quartered
- 1/2 c. sliced basil
- 3 tbsp. red wine vinegar
- 2 tbsp. extra-virgin olive oil
- 1 tsp. Italian seasoning
- 1/2 tsp. garlic powder
- kosher salt
- Freshly ground black pepper

In a large bowl, combine all ingredients. Stir until ingredients are completely mixed and coated in dressing. Garnish with herbs, if desired, then serve.

Ferguson by Foot

By: Margaret Wolfinbarger



Independence is sacred, but it does not come free. Every July 4th we celebrate our independence but as the years pass, it seems that unless we or a family member has seen active military duty, we become lax—and if I may be so bold—lazy. We recline by the barbecue and watch "the rockets' red glare" giving no more thought to the brave souls who died than we do to our round bellies. Most of us have the luxury of ignorance; others are staring at an empty seat or hiding in their basement with earplugs to avoid triggering PTSD. Our freedom is not a blank check. Men and women paid for it with the most precious currency they had, their lives.

Many of us, however, do not enjoy our freedom because we are restricted by our girth. For us, summer is that torturous period of time when the young and physically fit flaunt their physiques while we hike up our elastic waistbands next to the air conditioner, far removed from the beautiful outside world. We feel like we were defeated years ago in our personal battle of the bulge, and so we sit down to truce with the real enemy, that sickeningly sweet monster; food.

We eat and we recollect the days before diabetes, before motorized carts, and before hope took flight. We reminisce about our glorious childhood when we could still ride a bicycle, chase our friends, and eat an ice cream cone without a shred of guilt. And we never, ever let anyone know just how miserable we really are because of the callous and flippant attitudes of the wantonly thin. They have their happiness, and we assume they will only blame us for the sad and sorry condition we have found ourselves in. But hope is not lost! Freedom from obesity is not a ship that has sailed, but rather a war that simply needs to be won. We can fight this war battle by bloody battle, and we can proclaim victory. I know because I'm fighting every day.

I fight by consuming deliciously healthy food, by trying to move every day and by eliminating from my diet those ingredients that harm my body. Sugar, soda (yes even diet!) and highly processed foods have been replaced with fresh fruit and vegetables, lots of water, and limited lean protein. And if you think that's some miserable, no-good, impossible way to live, I promise you it is not. If you are reading this and have decided to stab my picture with your fork and chuck out my words with the garbage, you're simply not ready to fight. I understand because I lived in that zone for many years. I also know that I am never, ever going back. I'll never be a supermodel—my stretch marks and residual cellulite would make that challenging—but I wouldn't want that life if it were within my grasp. I only want my freedom from hopelessness via morbid obesity, and if you are still reading, maybe you do too.

The beginning is hard. It means cutting sugar and going through withdrawals from all the foods that seem comfortable but are really the enemy in disguise. No more fried fast foods and fluffy cakes for third dessert. But don't despair! It is so much fun to choose your weapons. I started with prayer because I felt so powerless, and I learned God wasn't some far-removed deity, but rather a helper for my most desperate moments. I walked through the grocery store (Aldi) and started picking up fruits and vegetables I had never tried before. I made every meal an adventure. My sense of wonder was like a fist to the jaw of despair as I learned I could eat tasty meals that satisfied me and didn't leave me in a food-coma. I learned that by imagining I could beat back my cravings and refusing to give in to temptation, I found victory as pound after pound vanished from my frame. I will never forget the day I stepped on the scale to learn I had lost 10 pounds. That first victory fueled the passion inside me to never concede the war.

This column is called Ferguson by Foot because back then the only reasonable exercise I could do was to walk. I have always loved the out-of-doors and so walking and talking to neighbors was another sucker punch to despair. Ten minutes turned into 15 and 15 to 25 and before I knew it 8 months had passed and I was down 80 pounds. To this day I am still employing the use of the most important weapon in my arsenal; hope.

For anyone who feels stricken on the battlefield and ready to make a truce with the enemy; keep fighting. Keep fighting when you feel faint. Keep fighting when you feel you can't take it another minute. Keep fighting for yourself and for your future and for true independence. No one ever said war was easy, and freedom doesn't come free, but I promise you, victory is sweeter than any food you could ever put into your mouth.

This year make Independence Day your defining moment. Make it the day you take back your life, reclaim your freedom, and discover the person you never thought you could be. If it helps, sit down with a pen and paper and write out your own declaration of independence. I hammered mine into the wall over the kitchen sink with a nail, and there it stayed until I had it memorized, so that when it disintegrated the words were etched onto my heart for all time. You can do this. It's not impossible, only difficult. Independence has a cost, but it's a price worth paying.

For more inspiration, visit my blog: www.destinationdiscipline.com.

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**Under The
Hood With
Robinwood**
By Bob McGartland

Headlight Evolution

Transportation and the way we commute from point A to point B has significantly evolved since the first automobile. Due to advances in technology, how we see the road ahead has improved substantially from the days of the first automobile to now. With a flick of the switch or a turn of a knob, today's evening commutes wouldn't be possible, or safe for that matter, without the headlight. From its humble origins, the headlight has evolved from what was considered an accessory of the 1900's to a necessity in today's transportation markets and family road trips.

Similar to old gas lamps, the first headlights were introduced during the 1880s used acetylene and oil. Originally developed for mining purposes, Carbide lamps were produced by dripping water on calcium carbide to produce acetylene gas, which was then burned for a light. During cold weather, the water would freeze which would inhibit the gas generation process. Up until 1912, acetylene headlamps were used on the majority of manufactured vehicles.

The first electric headlight was debuted in 1898 with the Columbia from the Electric Vehicle Company, but it wasn't until four years later in 1904, that the Pockley Automobile Electric Lighting Syndicate offered lights powered by an eight volt battery. In 1912, Cadillac introduced their Delco electrical ignition and lighting systems and paved the way of vehicle electrical systems, which is similar to what we see today. The first taillights, which integrated the stop lights and turn signals, debuted in 1918.

Introduced around 1939, the sealed beam style of headlights was manufactured with a metal reflector, a soldered-in bulb, and glass lens fastened permanently together due to patent restrictions. This standardized round sealed beam headlight provided a more focused light with the help of the tungsten filament sealed inside a glass/reflector lens.

The halogen sealed beam headlight didn't make its debut until around the 1960's. Europeans were much quicker to utilize this

new technology than American car manufacturers. European car manufactures essentially took the sealed beam design and enhanced the light output by inserting halogen gas into the unit so it would react with the tungsten filament.

Up until the introduction of the composite headlights, burned out lights meant the whole unit needed to be replaced. With an all-in-one-place system, the headlights at times would limit the visibility due to a dark residue on the inside of the glass left from a boiling filament. In 1983, the Federal Motor Vehicle Safety Standard 108 was amended to allow composite headlight assemblies to include replacement bulbs, a nonstandard shape, and aerodynamic lenses. Since this amendment, headlights for the first time ever were manufactured from plastic. Since composite headlight units made it possible to replace the bulb instead of the whole unit, the replaceable halogen bulb became the preferred light source for headlights until the introduction of the HID headlight.

Introduced in the early 1990's, Xenon headlights are a combination of metal halide lamps filled with Xenon gas. Since the lighting units could be smaller without impacting the light emitted automotive designers were able to design headlights more creatively. Europeans automotive manufacturers were again one step ahead as the first production car to host the HID light source was the BMW 7 Series in 1991. The first American car to implement this HID technology was the 1996 Lincoln Mark VIII.

The LED headlight that we know today made its appearance in the 2004 Audi A8. They are widely used in today's markets since they produce a massive amount of light without requiring a whole lot of energy. LED headlights reign supreme in efficiency since they produce substantially lower levels of heat than the previous generations of headlights. You may have notice your plastic head light lens dull and faded due to the sun's ultraviolet rays.

You may have attempted to restore the lens only to find out it is dulled again in a few months. No need to despair, we have a professional product that restores the lens with a 3-year warranty. Call us for an appointment.

Here at Robinwood, we wish you a safe and enjoyable summer!

ROBYN L. STRANQUIST
ATTORNEY AT LAW

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Ferguson Twilight 5K/10K & FUN RUN MAY 20, 2017

Thank YOU for Making the 2017 Ferguson Twilight Run a Success!

The 8th Annual Ferguson Twilight was a huge success because of YOU and the 1,630 people who came out to walk, run and cheer each other on! Thank you to all of the Ferguson residents, bands, and cheer groups who helped motivate and encourage everyone at the starting line, the finish line, and along the race course. Thank you to our sponsors who help make this race possible year after year. Thank you to our volunteers who helped register races, distribute shirts and race bibs, monitor the race course, hand out water, cheer on everyone along the course, and clean up after all the fun was done. With the help of St. Louis Earth Day, we were able to recycle and compost 89% of our event waste that we kept out of the landfill.

Continuing the Benefits of the Ferguson Twilight Run

Since 2010, \$68,000 in proceeds from the Ferguson Twilight Run have been donated to non-profits that provide residents of North St. Louis County with opportunities to be healthy and active. Proceeds from the 2017 Ferguson Twilight Run benefit the recipients of the Donnie White, Sr. Memorial Ferguson Twilight Run Award. The 2017 proceeds go to the Emerson Family YMCA summer camp scholarships, the Marygrove recreational therapy program, EarthDance youth programs, and Girls on the Run Combs Elementary School scholarships.

Save the Date

It's not too early to register for the next Ferguson Twilight Run on May 19, 2018!

North County Race Series

In addition to the Ferguson Twilight Run, the North County Race Series also includes the Nippy Niner Trail Run, Flat as a Pancake on September 16, Rae of Sunshine 5K on September 23 daytime, Runner's Birthday Bash 5K in the evening on September 23, and Race to the Shrine in the evening on October 21. Receive a commemorative medal when you complete four of the six races. Click here for more information about the North County Race Series.

The Atomic Clock

I have noticed that our Ferguson clock at the Victorian Plaza has only been correct twice a day. Atomic clocks are suppose to be reliable for a thousand years!

I looked up "atomic clock maintenance" on the Internet, but I understood nothing. Does anyone have some experience with atomic clocks and would be willing to take a look at it? It was purchased in 1999, if that helps.

Please email me at cider@att.net
Dorothy Seiter



"Thank You" from the FLIERS!



The Ferguson FLIERS (Friends of the Ferguson Library) would like to thank all the patrons and volunteers who participated in our June, 2017, "Discards Only" book sale.

Save the dates: The next "Discards Only" book sale is slated for August 17, 18, and 19, 2017. More information will follow in the next issue of

the "Ferguson Times."

Sincerely, Janie Norberg, FLIERS President



Urban League of
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Facility Coordinator

Position Overview:

The Urban League of Metropolitan St. Louis is seeking a qualified individual to work as a Facility Coordinator. The position is responsible for facility related activities, project management and day to day facility activities of the Community Empowerment Center of Ferguson.

The Facility Coordinator will be responsible for executing strategies to achieve facility related goals and outcomes. The Facility Coordinator will also perform planning, evaluation, report writing, coordination, monitoring activities and coordination of service delivery with partnering agencies. The Coordinator will also perform general janitorial and maintenance activities for the Community Empowerment Center of Ferguson to ensure the facility is properly cleaned each workday. These activities will include sanitizing and stocking restrooms with essentials, cleaning, sweeping, dusting, mopping, washing, vacuuming, polishing, and waxing floors all in common areas and offices. The position responsibility also ensures that windows and woodwork are cleaned, cleaning furniture and equipment in common areas and offices including interior and exterior stairwells. Responsible for collecting and disposing of trash from building and grounds. Additionally, the Coordinator will move furniture or equipment, coordinate the receipt and shipping of all materials and equipment for both centers. Determines material, equipment, and supplies to be used. Transfers equipment from one agency facility to another as necessary. Coordinates or installs, repairs, and maintains the electrical, plumbing, mechanical, and other related systems throughout the agency. Completes general repairs such as painting, patching walls, security hardware, hanging shelves, general landscaping and parking lot maintenance and security.

Qualified individuals must have a minimum of five (5) years of experience in Physical Plant/Facilities management to include management of multiple sites, and have a proven capability to assisting with budget preparation, contract negotiations, reading, interpreting, and applying required professional, technical and government regulations. Will also need to have knowledge of preparing work specifications, securing estimates and bids, negotiating contracts, and monitoring construction/repair work of contracts. Must be capable of reading and interpreting design development and working drawings.

Knowledge of modern janitorial methods, materials, and equipment; principles of sanitations and safety in janitorial work; proper use and care of mechanical cleaning equipment; principles of supervision; and employee selection and training is preferred.

APPLICATION INFORMATION:

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Self-Guided Imagery



Mindfulness techniques can assist a person substantially in achieving improved levels of health and well-being. These methods, including meditation and guided imagery, are gaining prominence as more traditional medicine group practices, hospitals, and teaching institutions are embracing an integrated approach.

Learning the basics of mindfulness methods is easy and straightforward. Success in applying these techniques requires attention and discipline, and one's capabilities in these areas increase with time and practice.

Guided imagery involves picturing a peaceful, relaxing setting and may incorporate persons, animals, and other living beings in the imagined environment. The purpose of the exercise is to focus and immerse yourself in the quiet and soothing surround. The benefit derives from profoundly shifting one's habitual focus on stress and stressful circumstances onto positive images that help support health and healing.

Your self-guided imagery sessions may last for five or ten minutes. You could do these sessions daily or one or two times a week. Over time, the results include reduced stress, greater awareness, a heightened sense of presence and being-in-the-world, and improved health.

Regular Chiropractic Care and Mindfulness Techniques

Whether you're engaged in meditation, guided imagery, awareness practice, or breathing exercises, aches, pains, soreness, and tension can interfere with what you're attempting to accomplish. Unless you're an advanced mindfulness student, these physical ailments can easily become the focus of attention and drain energy from your healing process.

Regular chiropractic care can provide effective solutions to these daily stresses and strains. By detecting and correcting sources of nerve interference and spinal dysfunction, regular chiropractic care restores optimal functioning and structural integrity to your body's skeletal and muscular framework. As a result, you're able to breathe more easily and fully, get more oxygen into your system, and deliver more healing nutrients to the regions of your body that need them the most. In this way, by helping to resolve and heal stumbling blocks to your concentration, focus, and attention, regular chiropractic care provides great benefit to every mindfulness practice.

Dr. Robyn's Office Hours:

Monday, Wednesday, Thursday 9:30 am to 1:00 p.m. – 3:00 p.m. 6:00 pm
Tuesday, 3:00 p.m. to 6:30 pm



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Nominees should be individuals or groups who have made specific, significant contributions to improving civil rights, human relations or civility in our community. Nominations are due on September 10, 2017. Nomination forms can be found at <https://www.fergusoncity.com/533/Human-Rights-Commission>.
The award will be presented in the Fall!



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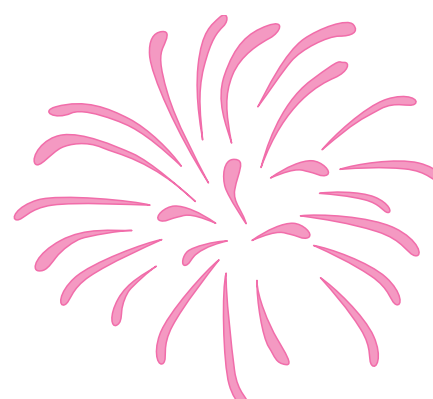
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Enjoy the **FIREWORKS**
Saturday, July 1st
9:15 pm
January-Wabash Memorial Park

Now offering Primary Physician Service.



Ferguson's
Very Own
**ORGANIC
FARM**

How Can Native Flowers Save Your Veggies?

As EarthDance continues to embrace a permaculture approach to farming, we are excited to announce our native wildflower Integrated Pest Management project. This year, EarthDance was awarded a grant from North Central Region Sustainable Agriculture Research and Education (NCR-SARE), a division of the US Department of Agriculture. This grant will enable us to plant a total of 800 native plants in order to make the farm a more diverse, better-functioning ecosystem. These will be interplanted with EarthDance's permaculture orchard trees, providing food for a wide variety of pollinators and beneficial insects in a practice called farmscaping. As they mature, superstar native species like New England Aster, Dotted Mint, and Golden Alexanders will also beautify our farmscape. EarthDance is grateful to NRC-SARE for their support of this project!



Volunteer Opportunities

Open Volunteer Shifts Every Tuesday, Friday and Saturday
7am-11am & 12pm-4pm

Volunteer Happy Hour 5:30pm-6:30pm

Join us for an evening of volunteering and socializing on the farm! This month's volunteer activity will include weeding and mulching, followed by mingling, an optional farm tour, and FREE BEER from Urban Chestnut!

This event is for guests that are 21 and up.

Special thanks to Urban Chestnut for providing cold refreshments for all of our Thursday power hour volunteers!

Email volunteer@earthdancefarms.org

Pickled Radishes with Garlic

Ingredients

1 cup sliced radishes
(about one bunch)
stems and bottoms
removed
6 garlic cloves, peeled
and halved
3/4 cup apple cider
vinegar
3/4 cup water
3 tablespoons honey
1 1/2 teaspoons salt
Fresh or dried herbs or
spices including fresh
dill or jalapenos,
whole peppercorns, etc.



Instructions

1. Pack the radishes and garlic and any other seasonings tightly into a canning jar or glass container.
2. In a saucepan, combine vinegar, water, honey, and salt. Bring to a boil (stirring occasionally), and pour over the radishes.
3. Let the mixture come to room temperature. Enjoy right away, or cover tightly and store in the fridge.
4. Radishes will stay crispy & fresh for up to a month!

Reading on Race Book Club Hits the Road

The Ferguson Readings on Race book Club will live history through field trips this summer. Members will join performance artist Peggy Harris at 6:00 p.m., **Tuesday, July 18**, at the Missouri History Museum for a tour of the exhibition, #1 in Civil Rights: The African American Freedom Struggle in St. Louis. The evening will feature a guided tour and a presentation by ACTivists about the struggle.

The book club will travel again on **Tuesday, July 25** to the Holocaust Museum for a 6:00 p.m tour guided by Julia Williams.

In the meantime, discussions about books on race continue at 6 p.m. on the second Monday of each month at the Ferguson Public Library at 35 North Florissant Road in Ferguson. Jane Klopfenstein will facilitate a conversation about *The Education of a WASP* by Lois Mark Stalvey on **Monday, July 10**. Jerry and Ruth Benner will lead a discussion of *The Blood of Emmett Till* by Timothy B. Tyson on **Monday, August 14**.

Library users are encouraged to request copies early. For those who want to buy the books, Left Bank Books offers a 20 percent discount on book club selections for a month preceding each discussion to participants the Ferguson Readings on Race Book Club.

The public is always invited to join book club meetings and events. For more information, contact Program Librarian Amy Randazzo at 314-521-4820 or arandazzo@fergusonlibrary.net.

Entrepreneurs, Hobbies and Craft Makers

Display your arts and craft talents

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Saturday, October 7th
10:00 a.m. to 3:00 p.m.
Booth Rental: \$30.00

Sponsored by St. Ann's St. Vincent DePaul Conference

Contact: svdpstannnormandy@gmail.com

Thoughts to Ponder:



Give a person a fish and you feed them for a day. Teach a person to use the internet and they won't bother you for weeks, months, maybe years.

All of us could take a lesson from the weather. It pays no attention to criticism.

In the 60s, people took acid to make the world weird. Now the world is weird and people take Prozac to make it normal.

Good health is merely the slowest possible rate at which one can die.

Health nuts are going to feel stupid someday, laying in the hospital, dying of nothing.

Zion Fish Fry

The Zion Fish Fry is up and running!

It is held on Friday from 4pm to 7pm, in the basement of Zion Lutheran

Church. It's the best cod, catfish, shrimp and chicken tenders in the neighborhood. There will be delicious home-made desserts that are provided by different organizations each week. We are looking forward to seeing each and every one of you.





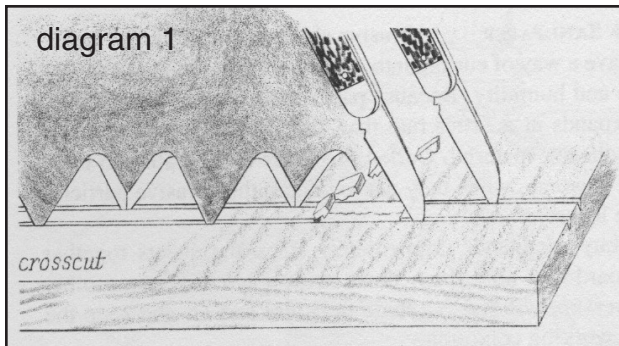
All About Saws

By Bob McCarty

I was asked, "what is the difference between a cross-cut saw and a rip saw"?

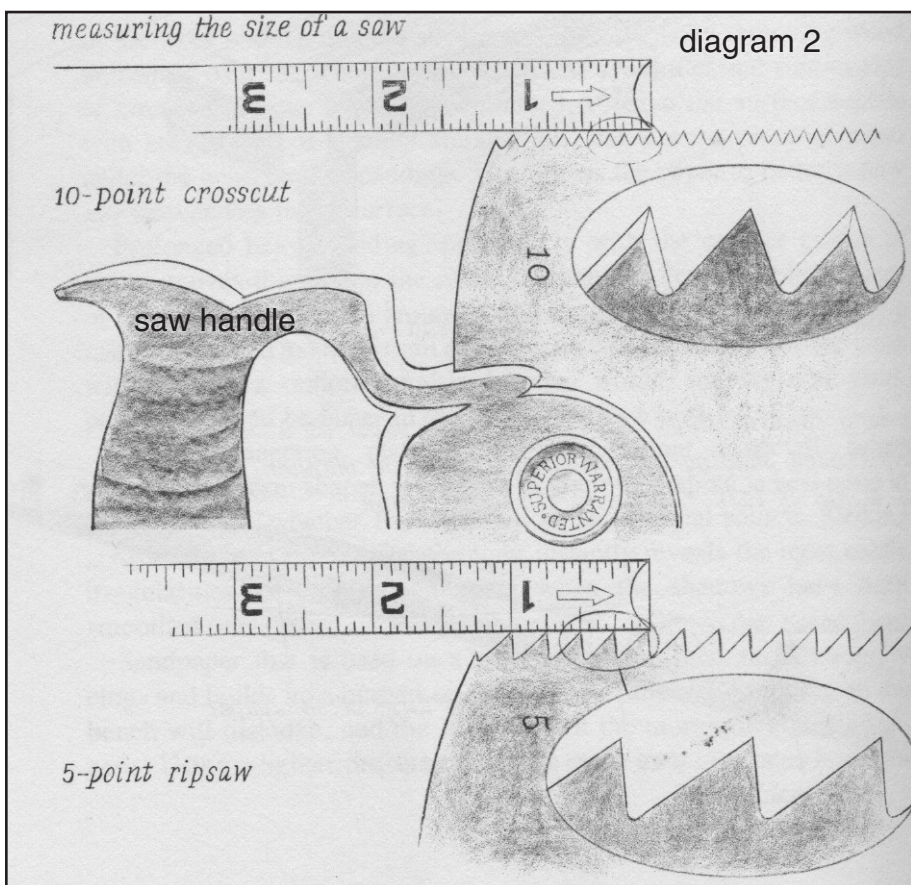
The short answer is; the crosscut saw makes the board shorter and the rip saw makes the board narrower. In other words, the crosscut cuts at a right angle across the grain of the wood and the rip rip parallel with it.

Don't tell me that you didn't know you were going to get the long answer too! The teeth of the crosscut are shaped like knife points and slice across the wood grain in two parallel lines, cutting loose small particles of wood that drop out as sawdust. The rip saw teeth are more like chisels set in a long row, where each tooth pares out a curled chip of wood along the grain. (see diagram 1.)



The saw size describes the tooth points per inch. The larger the number, the finer the cut. Therefore, a 6-point saw cuts faster and leaves a more ragged cut that will need to be dressed afterwards and a 12-point saw will cut slower, but leaves a fine, clean cut. Crosscuts are

available in 6, 7, 8, 9, 10, and 12 points per inch (ppi) and rip saws can be found with 4 1/2, 5, 5 1/2, 7, 8, 10, and 12 ppi. (see diagram 2.)



Sharpening a handsaw, crosscut or rip, is a tedious project and too difficult to describe here, but the process is multi-fold and goes something like this; jointing the blade or making all of the points the same height, shaping the points or making sure all of the points are angled the same, setting or alternating the points as described below, and filing or sharpening each point.

The actual saw cut is called the kerf. The kerf is determined by the thickness of the blade and the amount of set in the points. The points are bent outward, alternating one side to the other from the heel to the toe of the blade. The set gaurentees that the kerf will be wider than the thickness of the saws blade, allowing it to cut through the wood smoothly. If a sharpened blade wasn't set, the wood would squeeze on and sieze the blade enough, not allowing the blade to move back and forth. The amount of set is determined by the point size and type of work you are doing. For instance, soft, green, or wet wood would require a coarser toothed saw with a wider set so you would be able to push the saw through the wood.

If you were doing multiple types of cuts, let's say dried hardwood and green softwood, instead of resetting the saw for each cut -which would be very time consuming, multiple saws would be required.

A high quality saw blade is taper-ground. The back of the blade, top, non-cutting, is thinner than the cutting edge and is also tapered from the heel to smaller at the toe. This, along with the set allows the saw blade to work smoothly in the cut and prevents the blade from binding. The straight ground blade is the same thickness from back of the blade to the cutting edge and the heel to the toe which is typical of a cheap saw. So steer away from the straight ground saw blades.

Since we've looked at types, size or points, and the blade of handsaws, we don't want to forget about the handle. The saw handles of yesteryear were

Sun-Mon.
11am-9pm
Tues. & Thurs.
11am-11pm
Fri.-Sat
11am-12am



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Cabooses Open Saturday, July 1st



Saturday, July 1st will be a day to celebrate in Ferguson! The 4th of July Family Fun Festival will be held at January-Wabash Park and the parade preceding the Festival will begin at South Florissant Road and head north up South Florissant to the park at 10:00 a.m.

Before or after you view the parade, be sure to stop by the cabooses (located right next to the library and directly across the street from UMB Bank) The cabooses will be open from 9:30 until 11:30 a.m.

The Ferguson Historical Society has worked hard to create a museum of Ferguson's history at the History House. This is located behind the community center on Smith Avenue. Anyone wanting to 'tour' the museum can set up an appointment by calling 314-524-6547 or 314-524-8284. The Society will honor your request as long as board members are available to accommodate you."

made with the idea that they would be used everyday. Therefore they were made with care and thought to the comfort of the user. After World War 2 and the advent of the power saw, the thought of perfecting the handle any more than how it comes out of the machine has gone by the wayside. Who needs a comfortable handle when the use of a handsaw will only be used when a power saw isn't handy? Well there is a resurgence of interest in these types of handsaws and handtools in general; that there are many niche operations making a good living producing quality handsaws for the few that still use them.

Even though this article pertains to the western handsaw.* the same is true with the blades of power saws. The circular power saw and bandsaw blades are set to insure that the blade doesn't sieze in the kerf when cutting through a board. Your table saw blade has larger tooth points that are set-up to rip through the board and the powered miter saw blade, with smaller points, are set for crosscut. The circular saw is a more versatile tool that cuts with and against the grain, depending on the blade being used.

Until next month, Bob is on the Job.

* Western handsaws are saws that cut on the push stroke.

Young adults arrive in Ferguson to work with youth



A team of AmeriCorps National Civilian Community Corps (NCCC) members is working alongside The SoulFisher Ministries, helping lead their summer tutoring program for area elementary school students.

The group of nine young adults arrived May 30 and will be serving here through July 7.

The SoulFisher Ministries' mission is to respond to the needs of youth with incarcerated parents and to promote restorative justice for currently and formerly incarcerated youth. Founded in 2012 by Shawntelle L. Fisher, this nonprofit hit the ground running and has seen significant growth every year with positive feedback from the schools and prison it serves. Primary focuses include helping those with broken lives and homes become re-established through education, job training and employment, computer literacy, and transitional housing with the ultimate goal of breaking the school-to-prison pipeline in St. Louis.

Over the course of the six-week project, this AmeriCorps NCCC team is working alongside 40 students in a classroom setting, focusing on math and literacy in order to increase knowledge retention over the summer months. Besides practicing these core skills with NCCC members, students engage in various enrichment activities during the afternoons, such as swimming lessons at the YMCA, visits to local attractions, a robotics program, and more. Through having this presence, there is an opportunity to foster dynamic relationships with the students and provide encouragement each step of the way. The two main goals of this program are to prevent summer learning loss and to provide a fun, welcoming space for youth to enjoy their summer. This is the first AmeriCorps NCCC team to serve with The SoulFisher Ministries.

"I'm excited that AmeriCorps is here because we get to experience the creativity of the team, we get to have them engaging with our students, and they can impact our students in such a powerful way this summer," said Shawntelle Fisher, founder and CEO.

Prior to traveling to Ferguson, this team served with Wildwood State Park in Little Rock, Ark., a Volunteer Income Tax Assistance program in Wichita Falls, Texas, and Up With Trees in Tulsa, Okla. They began their term of service on October 11, 2016 with three weeks of training at the Denver regional hub. This is their final project before graduating from the 10-month program on July 14, 2017.

Girl on Hugging Tour Visits Ferguson Police Station

Rosalyn Baldwin, 7 years old, paid a surprise visit to the Ferguson Police Department on Thursday, June 15.

Rosalyn, a Hammond, Louisiana native, was saddened by the shooting of police officers in Dallas and Louisiana, and is determined to hug police officers in all 50 states. It's her way of unifying communities by demonstrating her sincere love and appreciation for those who have devoted their lives to serving and protecting people of this country.

Rosalyn and her family are traveling during holidays and school breaks to fulfill her mission. She decided to come to Ferguson and hug our police officers because, "I've heard all kinds of bad stuff about them and I want to bless them."

Ferguson Police Chief, Delish Moss, presented Rosalyn with a Build-a-Bear Teddy.



Rosalyn receives a hug back from Officer Michelle Merriwether while Ferguson Police Chief Delrish Moss, the mayor and other police officers looked on.

SPLASH @ WABASH

Aqua Fitness

Stay fit this fall, join us for this low impact water exercise class at McCluer South Berkeley High School indoor pool. This class is great for all exercise abilities as you can make the workout as challenging or laid back as you want. The ability to swim is not required.

Mondays & Wednesdays 5:30-6:30pm; \$5 drop in

Or

\$35 Residents; \$40 Non Residents per 5 week session

Class is offered free as part of our Silver Sneakers Membership, sign up at the Community Center today!

Swim Lessons

The ability to swim is an invaluable life skill, let us help you learn or refine your skills. Join us this fall as we offer swim lessons for ages 4 and up at McCluer South Berkeley High School indoor pool. Mondays & Wednesdays

All Ages Call for details

Summer Swim Lessons

Group Lessons—Ages 6 & up

DATES	DAYS	TIMES	#WEEKS
July 10 - July 21	Mon thru Fri	11:00am-11:45am	2
July 24 - August 4	Mon thru Fri	11:00am-11:45am	2
July 10 - August 3	Mon & Thurs	7:00pm-7:45pm	5
\$30 Member; \$35 Resident; \$40 Non-Resident			
June 3 - August 12	Sat	11:00am-11:45am	9
\$25 Member; \$30 Resident; \$35 Non-Resident			

Preschool Lessons—Ages 3-5

DATES	DAYS	TIMES	#WEEKS
July 10 - July 21	Mon, Wed, & Fri	10:30am-11:00am	2
July 24 - August 4	Mon, Wed, & Fri	10:30am-11:00am	2
June 3 - July 15	Sat	10:30am-11:00am	6
\$30 Member; \$35 Resident; \$40 Non-Resident			

Parent & Tot—Ages 2 & up with parent

DATES	DAYS	TIMES	#WEEKS
July 10 - July 21	Mon, Wed, & Fri	10:30am-11:00am	2
July 24 - August 4	Mon, Wed, & Fri	10:30am-11:00am	2
June 3 - July 15	Sat	10:30am-11:00am	6
\$25 Member; \$30 Resident; \$35 Non-Resident			

Adult Lessons—Ages 15 & up

DATES	DAYS	TIMES	#WEEKS
July 10 - August 3	Mon & Thurs	7:00pm-7:45pm	4
\$30 Member; \$35 Resident; \$40 Non-Resident			

NOW ON SALE!

Wabash Club Memberships:

Individual: \$50 CC Members; \$65 Residents; \$125 Non-Residents
 Family: \$99 CC Members; \$135 Residents; \$210 Non-Residents
 50 % discount - beginning July 5

Non Club Membership:

Individual: \$25 Resident Mini - Member (10 individual uses)
 Daily Rates: (age 3 and under free)
 Open Swim: \$3.50 Residents (\$2 Tues); \$6.50 Non-Residents (\$5 Tues)
 After 4pm: \$2.50 Residents; \$5.00 Non-Residents
 Adult Swim: \$2.50 Residents; \$4.50 Non-Residents

SPLASH AT WABASH HOURS OF OPERATION

SPLASH Phone (314) 521-1313
 Open Daily May 27 through August 13*

Open Swim:

Mon, Thurs, and Sun (1:15 pm - 6 pm)
 Tues** and Sat (1:15 pm - 7 pm)
 Wed and Fri (1:15 pm - 8 pm)
 Adult Swim daily (12 pm - 1 pm)

*Date subject to change

**Close at 5:00 p.m. on Tues, July 11 for swim meet—

The Splash will be closed for Municipal Swim League North Conference Prelims and Finals Saturday, July 22—Sunday, July 23

Email Marketing strategy: Do It Right the First Time

by LaTease Rikard

Since most of us are using email marketing in conjunction with social media marketing, it is only fitting that we change the way we format our emails. In the past, emails were just marketing messages designed to make a sale, or create awareness. These emails still do that, however, the way we present the information has evolved. With the current trend of email based social media messaging, today's email marketer must write content that favors engagement, that is, email messages that are designed to draw participation from the reader.

Engagement metrics the use of has been shown to improve email marketing revenue and email deliverability. You can do this by reducing or eliminating the amount of emails sent to inactive subscribers while increasing the amount of email messages sent to your most active subscribers.

"For instance, travel site Orbitz used a 3-email re-permission series to clean out subscribers who hadn't opened or clicked in more than six months. Three percent said they wanted to continue receiving emails, 2% said they didn't, and 95% didn't respond. "We removed that 2% plus the 95% and all of our deliverability problems magically disappeared," said Ted Wham, vice president of customer relationship marketing at Orbitz" {Engagement Based Emailing}.

Using this tactic, think of a re-permission series as a poll; you're simply asking your subscribers do they want to continue to receive email marketing messages from you. This form of honest engagement with your email subscribers will allow you to clean up your email subscriber list, while also rediscovering inactive subscribers who may still want to receive your message, but stopped reading them because you started sending messages that were no longer valid to them. An email re-permission series challenges the email marketer to consistently create relevant content in order to stay top of mind for email list subscribers.

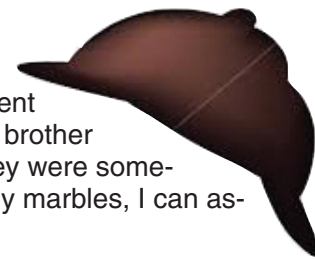
What email re-engagement strategies do you use? Share with us, we'd like to know! Questions? Comments? Call me 314-495-2497 or reach out on Facebook or Twitter (@lateaserikard.)

LaTease Rikard
Change your mind, & you can change your life
314-495-2497



Sherlock's Pal

I'm not a big collector of things. As a college student I lost a childhood marble collection when my little brother decided my marbles would have a better life if they were somehow lost. When that happened I lost more than my marbles, I can assure you. Just ask my brother.



Also, I made the mistake of taking my coin collection with me when I moved off to school, unaware that my future roommate would have a propensity for throwing parties and inviting thieves to said parties.

Because of those two experiences I have waded into the waters of collecting things one toe at a time. I do have a modest collection of antique books, I have the complete works of the American novelist Sinclair Lewis, and I have collected the entire discography of the pioneer alternative rock band REM. Oh, and I guess you could say I collect my own sermons because I have every one I have ever written after about year seven in the ministry because, let's face it, the first seven years left a lot to be desired. In recent months I decided to put another toe in the water. I have begun a sock collection. (I know. The metaphor of placing a toe in the water in the context of a sock collection creates a soggy visual image.) In the past I would never have seen myself as a sock guy. In fact, during the summer I wear sandals unless I have important or official preacher-type work to do, such as exorcisms and snake handling. And yet for some reason, the recent colorful sock craze has caught my fancy.

My burgeoning sock collection includes, of course, Sherlock Holmes socks. Let me pause and say something about that. You may have noticed that the title of my column is "Sherlock's Pal." It doesn't take a hyperactive detective to understand why. I am a "Dr. Watson," which, as a youngster, was the only goal I ever had so that I could refer to everyone else as "Sherlock" and never have to memorize another name as long as I live.

Because I pastor a church (Immanuel United Church of Christ here in Ferguson) that was historically called the "Rooster Church," due to the fact that there was a metal rooster sitting atop the original sanctuary, I have a pair of Rooster socks that I have proudly revealed on a Sunday morning to my surprised congregation. Trust me, if you want to startle a congregation of onlookers, slowly pull up a pant leg . . .

Because I was a golfer in my youth, a skill that has diminished over the years due to advancing age and lack of practice or interest, I have a pair of golf-themed socks with the words "Swing your thing," "It's all mental," and "Let it fly." They would be more personal for me if they said, "Shorten your backswing."

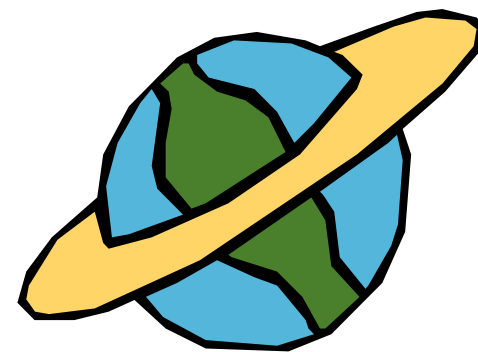
I also have socks depicting armadillos (my favorite animal to be disgusted by), pizza, sharks, Native American patterns, and one with a pair of eyes that say, "Mr. Grumpy." My wife bought the latter for me.

Just the other day I was in a gift shop in Kirkwood and discovered a pair of socks that read: "This meeting is bull****." When I placed the socks on the counter, the elderly female clerk said to me with a deadpan look, "These are my favorites." I may be inspired to wear these socks to a church meeting or two, although I will refrain from lifting my pant leg. In the meantime, I will explore why I am motivated to collect things that my children will have to fight over after I'm gone, and try not to lose my marbles when the socks inevitably decide to hide behind the washer and dryer.

Dr. Jimmy Watson
Pastor, Immanuel United Church of Christ, Ferguson
sherlockspal@yahoo.com

A Word From Our Planet

It takes three times more water to produce a plastic water bottle than it does to fill one; the energy we waste bottling water would be enough to power 190,000 homes, and the amount of oil used to make a year's worth of bottles could fill a million cars for a year.



Yet bottled water is no safer than tap water; in fact, 22 percent of brands in one sample contained chemicals at levels above state health limits. And only one in five plastic bottles is recycled. Save money and Mother Earth by filling your own re-usable water bottle from the tap at home.

The Ferguson Eco Team

OUR LADY OF GUADALUPE CHURCH
presents...

FESTIVAL LATINO 2017

Sunday AUGUST 20, 2017

January Wabash Park
501 N. Florissant rd.
Ferguson, MO 63135

12noon Outdoor Mass/
Misa al aire libre
1pm-7:30pm Festival

For more information call:
314-522-9264

June 2017 meeting minutes
Reported by Keith Kallstrom
(Keith.Kallstrom@gmail.com)



Lt. William (Bill) Ballard
(wballard@fergusoncity.com) opened the June 14th, 2017 meeting of the Ferguson On Watch, welcoming everyone. He then introduced our speaker for the night.

Major Case Squad

Detective Steve Trikenskaskas (or Detective T) presented tonight subject on the Major Case squad:

Detective T has been with the Ferguson Police Department for 15 years and as a Detective three years. His boss is Capt. Dan DeCarli who is on the Major Case squad. In 2015 Major Case squad celebrated its 50th anniversary. Kansas City started the concept with chief Kelly. The squad initially starts with about 20 members and can expand 200 to 300 when needed. The St. Louis Major Case squad consists of St. Louis City, St. Louis County and East St. Louis, Illinois.

The type of cases they work on are homicides and abductions that turn into homicides. The criteria to join the major case squad is five years law enforcement experience, two years investigative experience, and recommendation by a police chief or sheriff. The major pool is investigative officers and also includes reporting officers. St. Louis City and St. Louis County usually don't activate the Major Case squad because of the quantity of resources they currently have. Sometimes though, even 10 detectives is not a sufficient number to handle a specific crime, so a call out to the Major Case squad occurs. The magnitude of a crime also determines when Major Case squad gets called out. The church being robbed in East St. Louis by 8 gunman is a good recent example of that.

The chairman of the Major Case squad is from the Chesterfield Police Department, and the commander is Capt. Dan DeCarli of the Ferguson Police Department. The personnel officer is Sgt. Harris of the Ferguson Police Department. Ferguson and Florissant are well represented in the Major Case squad.

There are four criteria for the Major Case squad (MCS) to investigate a crime and they are:

- 1) Member of a contributing member agency
- 2) Activate within four hours of crime discovery
- 3) Sufficient information must exist that the suspect(s) is /are unknown
- 4) Approval granted by Major Case squad commander Dan DeCarli

Typically upon a call out, 15 to 20 experienced and highly trained investigators arrive within two hours of activation and they work around the clock and up to 5 to 7 days straight. An extension may be granted by the commander. The report writer coordinates which lead get assigned to whom. All findings are reported to the deputy commander or report officer. Leads are assigned to two-person teams.

The host agency usually provides space for the MCS, but the individual cities providing the officers will continue to handle the payroll for those officers. Food & gas are taken care of by the host agency. Helicopters are provided by St. Louis County. Other funding for the MCS is done by fundraisers, golf tournaments, etc.

The attire is typically suit or coat and tie, as the role is typically investigative. Investigators also typically send the evidence to the St. Louis County crime lab for prosecutorial continuity.

The US marshals also help out when a crime has crossed state borders. Once a suspect is located and arrested someone from the host agency typically travels to pick that suspect up. Gun casings analysis used to take 18 months, and now is done in two weeks. DNA now comes back within a month, which used to take a couple years.

Detective T. answered a few questions from the audience before concluding his presentation.

MAY 2017 Crime Review

The May 2017 Crime Review were passed out, as well as the Year to date Offense Report – Part 1 Crimes. Part one crimes in order are homicide, rape, robbery, assault, burglary, stealing, auto theft, arson. In May 2017 there was a 42% decrease in part one crimes compared to May 2016, and a 33% decrease in violent crimes (first four). Year to date comparisons are 491 part one crimes in 2016 versus 383 in 2017, or 22% decrease. Violent crimes year to date is 50 compared to last year to date of 62 or a decrease of 19%. Overall crime in the US is also down.

Lieut. Ballard then answered questions about training for new police officers. We have four training officers available certified by state. Lieut. Ballard will be getting shot spotter training soon. The shot spotter's cost \$550,000 for one unit and \$200,000 to update and maintain.

Our next meeting is July 12th at City Hall.
Have a safe month. Keith :-)

BANG!



ACCIDENTS DO HAPPEN. GET BACK ON THE ROAD BY CALLING **LONERO'S AUTO BODY**

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5th Annual Taste in Ferguson – Back by Popular Demand

The Taste in Ferguson fundraiser event is scheduled for Sunday, September 10, 2017 from 3-6 at the Savoy Banquet Center. There's a new twist on the event this year called the "Year of the Champion". Vendors will be competing for the "Best of" in five various categories; BBQ, Chicken, Pizza, International and Dessert. One restaurant in each category will receive a cash prize along with the bragging rights of being "Champion".

Many of your favorite vendors are returning this year along with several new vendors. There are 17 vendors signed on to date and more are chomping at the bit to participate. Come and taste the delights from Paul's Market, Roper's Ribs, Mimi's Bar and Grill, London's Wings, Drake's, Raising Cane's Chicken Fingers, Breakaway Cafe, Bannana Yummies, The Rice House, Papa Murphy's, Faraci Pizza, Marley's, Pirrone's, Whistle Stop, Helfer's Bakery and Half Baked Cookie Dough. With the wide variety of food choices, participants will be tasting samples of some of the best restaurants in the area. Event participants will be casting the vote for who will be the champion.

Once again, there will be beer and wine tasting tents, children activities, live music and cooking demonstrations under the big tent. The Ferguson Police Department will again go up against the defending champion Ferguson Fire Department in their challenger cook off for the coveted trophy.

Ticket costs will be \$25; children under 10 are free. Tickets go on sale July 29th at all of our food vendor locations. So, save the date! Don't miss this food frenzy in Ferguson. It's sure to be a sellout event again this year.

Visit us at www.thetasteinferguson.com for updates.

Artful Considerations

by Robin Shively

"Sculpture occupies real space like we do...you walk around it and relate to it almost as another person or another object." - Chuck Close



Warm summer days and nights beckon so I'm beginning this column with a walk through our very own open air art venue, Jeske Sculpture Park. We are very fortunate that residents and officials in Ferguson had the foresight to recognize the value of providing a dedicated outdoor art space when planning the improvement of Jeske Park four years ago. Under the guidance and curation of Ferguson native Bryce Robinson, the sculptures are scheduled to be changed out every two years.

The current exhibit is the second to be installed since the dedication of the Sculpture Park. Entering the walking path from Thoroughman Avenue, the bright yellow and black "BeeBum" by Jeffie Brewer of Nacodoches, Texas is sure to catch your eye. According to Mr. Brewer's website (www.jeffiebrewer.com), he "grew up in a small, rural town in East Texas. The son of eccentric junk yard owners, he learned to spot beauty in the mundane, developed an array of industrial skills and discovered he had a knack for drawing. Those revelations have influenced his artistic trajectory ever since." Visit his website to see more of his colorful and whimsical creations.



The second sculpture you encounter is the sleek and shiny "Lean" by Isaac Duncan III. Mr. Duncan describes himself as a Brooklyn, New York native and Afro-Cuban descendant. He currently lives in Chatanooga, Tennessee. More information about Mr. Duncan and his art can be found at www.duncansculpture.com. Many more interesting works of sculpture are installed at Jeske Sculpture Park, but there is only space here to discuss 2 or 3 at a time. Next month, I will continue my stroll and feature more. I suggest you visit the park to view these works yourself. You can also view them online at www.jeskesculpturepark.com.

While we're exploring outside art in Ferguson, have you seen and wondered about the character hanging from the tree in Front of Corners Frameshop & Gallery on South Florissant Road at Church Street? That is "Merferd" by Phil Berwick.

Phil, who lives in the Jeske Park neighborhood, is an arborist as well as an artist and Merferd is just one of his "Treetoon" characters. Phil has been featured locally in the *Riverfront Times* and the *St. Louis Post-Dispatch*. Visit his website at www.treetoons.com to learn about Merferd and his fellow Treetoons.

There are also some indoor art events in Ferguson during July. Sculptureworks Ferguson is hosting 2017 Gugenheim Fellow Paul Rucker's touring solo exhibition. The opening reception is on Saturday, July 15th, from 6 till 9 p.m.

St. Louis artist Natalie Rupp will exhibit her artwork at the Good Shepherd Gallery, 252 S. Florissant, from July 1 through 31. An opening reception will be held on Saturday, July 1 from 4 - 6 p.m. The display showcases St. Louis landmarks, church architecture, and other personally meaningful structures and religious subjects. "Residents of St. Louis and beyond are invited to experience the glory of God as found in every aspect of Creation, as they are immersed in a world that is intellectual, cultural, and spiritual," says Ms. Rupp.

Ms. Rupp is an artist at the Foundry in St. Charles. She will be joining Good Shepherd Gallery in providing some new programming in the future, such as lectures, workshops and art classes.

The Gallery hours are: Wednesdays and Thursdays, 10 a.m. - 5 p.m.; Fridays, 2 p.m. - 8 p.m.; and Saturdays, 11 a.m. - 5 p.m. On Tuesdays, the Gallery is open by appointment only. It is closed Sundays and Mondays. Admission is always free; donations are always welcome. For more information or to make a Tuesday appointment, call 314-522-1155.

Monthly ongoing art events include Ferguson Youth Initiative (FYI) SLAM Open Arts, held in the back bay on the first Friday of each month; and Northern Arts Council, providing creative art experiences at the Ferguson Farmers Market on the second and fourth Saturdays.

(If you are an artist or have an art venue in the Ferguson area, send me information about your event at cornersframing@gmail.com.)

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The Best of Ferguson

This column is devoted to the people of Ferguson whose efforts and dedication make Ferguson the "Community of Choice"

– by Ruffina Farrokh Anklesaria, M.A.



The author teaches Transcendental Stress Management meditation to members of the public; and provides these services to the family courts in St Louis. She conducts Retreats here in Ferguson, across the U.S. and abroad. She is also a Motivational Speaker and her lectures include corporate presentations on Wellness. www.BestAgainstStress.com 314 521 4390 Send your suggestions and comments to rfanklesaria@gmail.com

Tim Larson

(Unofficial Ferguson Photographer!)

I had the joy of seeing many of Tim Larson's beautiful photographs of Ferguson for the past year or two. On social media, I have reproduced a few of them. Tim has been taking pictures as a hobby all of his life. There are digital photo frames at the I Love Ferguson shop on South Florissant Road, and at Ferguson's City Hall, with over 2,000 of Tim's photos of Ferguson! When you pass in to the I Love Ferguson shop to pick up your Ferguson souvenirs, be sure to take a look!

Tim's photos have been used by many organizations here in Ferguson: City Hall, Ferguson Youth Initiative, the I Love Ferguson Committee, Earthdance Organic Farm School, and neighborhood groups, among others. Tim reminds us through his photos that Ferguson is a beautiful place in which to live.

As Tim and I chatted on a cool bench at The Whistle Stop, we both agreed that we have such a close-knit community here, we just feel at home with so many residents. He cares about Ferguson, his home of 25 years with his wife, Thea Rubin, and just wants to share the beauty of our city with everyone.

For his big heart, and splendid job capturing the beauty of Ferguson all year round, I congratulate Tim for representing the Best of Ferguson! Enjoy a few of his photos here:



The Spring Twilight 5K/10K run is about to begin.

To the right is the 1 mile run/walk enjoyed by enthusiastic young and old.



January/Wabash Memorial Park sporting its Fall colors.



Above is a scene from the Ferguson Farmers Market.

Below is a portion of the annual 4th of July Festival Parade.



Above is the horse farm at Hudson Rd. and Smith.

To the right, the Christmas Glow carriage rides.



Last, but not least, is Tim Larson himself. Obviously, not the only photographer in the family.



Happiest Days?

A recent item in the Post-Dispatch reminded me of times when I was struggling with my children at the grocery store, or on the very rare occasion that the family would go out to eat.

Always, some older lady would come up to me and say, "These are the happiest days of your life."

Well . . . I would think . . . "Should I just commit suicide now?"

Today, I was at the new Schnucks (old Shop 'n Save) grocery store and the woman at the checkout lane in front of me had four small children. The youngest one was in the cart basket seat and kept grabbing my groceries off the conveyer belt. The mother, obviously counting her pennies, was trying to figure out which of her groceries she could do without so that she could pay her bill. She finally kept the soap and put back the bananas. A tough decision.

She turned to me to tell me she was sorry she was taking so long. "That's all right," I replied, "I've been there myself, and I have all day, so take your time." I should have added, "These are the happiest days of your life," but she probably would have hit me with the soap she had retrieved.

Since I'm talking about our new Schnucks store . . . I was pleased that most of the items were located in the same aisles as the Shop 'n Save store it replaced. It only took me a few visits to acclimate myself to finding my way around. In the last couple of weeks I am discovering new items that Schnucks carries and am anxious to try them.

I also was grateful to the manager who has allowed me to put a *Ferguson Times* stand at the end of the checkout counters. I put several thousand papers in that stand every month. I have also begun to stock papers at the Shop 'n Save store over by Home Depot (in what we used to call Central City). So there is no excuse for not being informed about the interesting and fun events that are happening in our city.

**I totally take back all those times
I didn't want to nap
when I was younger.**

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JOBS and MORE STL Workshops in July.

JOBS and MORE STL is active in our community, and continues to host workshops for our youth at Ferguson Youth Initiative (FYI) on Saturdays.

Looking for a new or better job? JOBS and MORE STL offers workshops: On July 17-28, 9:30am-12noon, JOBS and MORE STL will host the RISE ABOVE Workforce Training Workshops at the Ferguson Municipal Public Library. Take the first steps to build your resume, and target your next job.

Here are some thoughts to share:

- Success: It doesn't matter who you are, where you come from. The ability to triumph begins with you. Always. *Oprah Winfrey*
- Getting Ahead: The secret of getting ahead is getting started. *Mark Twain*
- Skills: The two things I understand best are stand-up comedy and martial arts. And those things require an ultimate grasp of the truth. You have to be objective about your skills and abilities to compete in both. *Joe Rogan*

Interested in participating in this opportunity? Or have questions? Contact JOBS AND MORE STL at jobsandmorestl@outlook.com or 314.922.5059, or visit the web at jobsandmorestl.org

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Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

4th of July Parade and Festival	Sat., July 1
Rent Smart Seminar – Library	Thurs., July 6
Mystery Meal	Fri., July 7
Reading on Race Book Club – Library	Mon., July 10
Neighborhood On Watch Meeting – City Hall	Wed., July 12
Bratwurst & Bingo – Comm. Ctr.	Thurs., July 13
Erin Bode CityWalk Concert– Plaza @ 501	Fri., July 14
Steve Davis (Elvis) – St. Peters	Fri., July 14
Monday Makers (constructing in cardboard) Library	Mon., July 17
Food Truck at Plaza 501	Mon., July 17
Eclipse Study – Library	Thurs., July 20
Herman Dierberg Farm Trip	Thurs., July 20
Brian Fletcher Golf Tournament	Sat., July 22
Clifford and the Magic House – Library	Mon., July 24
City Council Meeting – City Hall	Tues., July 25
Crafternoon – Library	Fri., July 28
Yard Squad CityWalk Concert – Plaza @ 501	Fri., July 28
Farm to Table Dinner – Lions Club	Sun., Aug. 6
Kids Fishing Tournament – January-Wabash Lake	Sat., Aug. 12
Fairmount Park Horse Racing Trip	Tues., Aug. 15
North County Gala – Eagan Center	Fri., Aug. 18
Latino Festival – January Wabash Park	Sun., Aug. 20
Solar Eclipse Trip to Chester IL	Mon., Aug. 21
Greater Tuna in Arrow Rock Trip	Thurs., Aug. 24
Trip to Chicago with Cardinal Game	Thurs. - Sat., Sept. 14-16
Ferguson Streetfest – Victorian Plaza	Fri., Sat., Sept. 22-23

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