

Ferguson Times

Established 1894 Oct. 1999

CITY OF FERGUSON, MO.

July, 2018

Serving Ferguson and Surrounding Communities



PLAZA at 501

Ferguson's Farmers Market

Sat., June 30th: NO MARKET

Sat., July 7th:

• Special Event: Christian Hospital will be hosting a cooking demo, stop by and pick up a sample.
Band: The Retrol Band 9-11AM

Sat., July 14th:

• Special Event: Family Day. Come enjoy the open space by trying Wacky Trikes on the Wacky Trike Course. If you haven't tried these trikes, they are loads of fun!
Northern Arts Council provides "Art at the Market" each 2nd and 4th Saturday. LOCAL ARTISTS provide demos, art-making and creative experiences, from 9-11AM May through October at Ferguson Farmers Market. NAC sponsored Artists will feature various techniques, media and themes. Open to ALL AGES! Community Arts theme this season: #ThisIsMyFerguson
Band: Bob Case 9-11AM

Sat., July 21st:

• Special Event: Pie Cookoff. Enter your favorite pie and let the judges decide. Winner receives \$30.00 in Market Bucks, judging at 11AM.
Ferguson Eco Team, "Creating a more environmentally sustainable, spiritually fulfilling, and just human presence in the Ferguson area and on planet Earth. The team works to raise awareness of the need to care for the earth, to network with other organizations with a similar purpose, and to advocate for better care for the environment."
• Band: Ragged Blade Band 9-11AM

Sat., July 28th:

Special Event: Ugly Vegetable Contest. Edward Jones will be hosting Patterson Family Farm's and judging just who has grown the ugliest vegetable. Winner receives \$30.00 in market bucks, judging at 11AM.
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Band: Raw Earth, 9-11AM

3RD ANNUAL FARM TO TABLE DINNER, THIS YEAR HELD OUTSIDE AT PLAZA 501! WINE TASTINGS, LIVE MUSIC, GREAT FOOD.
Aug. 11th, 6:30pm

BE SURE TO NOMINATE YOUR FAVORITE MARKET VOLUNTEER!
June Farmers Market Volunteer of the Month: Kathy McCourt

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30th of June Schedule

Ferguson Celebrates Fun in the Sun

Our 44th Annual Family Fun Festival

Noon Parade Starts (at Paul & So. Florissant Rd.) north to January-Wabash Memorial Park, (501 No. Florissant)

1 to 9 pm Food, Beverage and Game Booths Open at Park

1 pm Opening Ceremony at Park

BANDSHELL AREA

2 to 5 pm Threshold
6 to 9 pm Boogie Chyid

POOL AREA

1 to 4 pm Swimming
2, 3 & 4 pm Duck Races

ACTIVITIES

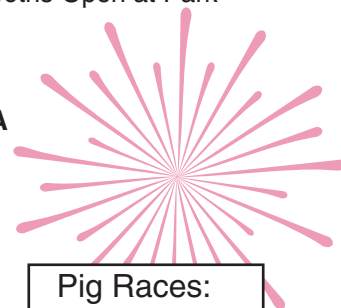
1 to 2 pm Bubble Bus
2 to 9 pm Inflatable Obstacle Course
Big Splash Slide
Basket Ball
Inflatable Stage Coach
Inflatable Wacky Shack
2 to 5 pm Balloon Animals
2 to 6 pm Dunk Tank
2 to 6 pm Hungry Hippo Chow Down
3 to 6 pm Airbrush Tattoos
3 to 8 pm Mechanical Bull

GAMES

2 to 9 pm Leapin' Lizzard, King of the Hill, Party Toss, Rowler Bowler, Ski Ball
8 to 9 pm Strolling Fire Dancer

FIREWORKS

9:15 pm Fireworks Spectacular at January-Wabash Park



Pig Races:

1 pm
3 pm
5 pm
7 pm



CityWalk Concert Series 2018

July 13th, 2018: Chaz45
"Experience the Music. Our genres are: Funk, R&B, Classic Rock, Pop an Reggae".

July 27th, 2018: Powerplay Band
"Our Music spans many genres, including Jazz, Classic Rock, R&B, Funk, Reggae, Motown, Top 40, Swing, Soul, Latin and Pop. Powerplay generates energy and excitement everywhere they perform."

7:00 p.m. to 10:00 p.m. Unless otherwise noted
501 So. Florissant Road • 524-5197
citywalk@fergusoncity.com • www.fergusoncitywalk.com
See year's concert series lineup on page 3.

If You Have Items of Interest, Contact The Ferguson Times – cider@att.net



July 2018

Ferguson celebrates "Summer Fun" is the 4th of July Festival's Parade Theme for 2018 and it is perfect! We expect a lot of decorated floats this year with such a fun and easy theme! This year the festival will be on June 30th. The parade kicks off the celebration at 12 noon, starting at 500 S. Florissant Rd and heading north to January Wabash Park.

The festival will feature live music, games, food and lots of new activities.

This year, through partnering with the City of Ferguson and Ferguson Parks and Rec, the 4th of July Festival is excited to announce a reduced rate for pool entry between 1:00 and 4:00, as well as duck races in the lazy river pool. Live music starts at 2:00 and fireworks conclude the day at 9:15.

The all-volunteer committee has spent all year fundraising and planning for this one-day event and they hope you enjoy the new activities! Do you have ideas and want to get involved? The committee meets at the Ferguson Community Center the 1st Monday of each month at 6pm. The day's schedule of activities are listed on Page 1 in this issue of the Ferguson Times.

Writing about parades, street closures and walking around downtown, brings up thoughts of walkable cities, which a number of economic groups say support a strong downtown district. A recent report by Strongtowns stated, "The first step towards encouraging the growth of small and locally owned businesses is to make roads human scaled. The goal is not to move people through your town's retail areas, but to support the businesses in those areas. Do this by slowing down the cars...". Ferguson Main Street and Ferguson CityWalk are working together to gather more information on becoming a more walkable city. In the weeks ahead, you will see new signs around town displaying walk times to the Plaza at 501 from different spots in town.

Friends of the Market is planning a walkable scavenger hunt in the fall and a put-put pub crawl in early 2019, all in hopes of getting people out and walking in our beautiful downtown district. FSBD and Ferguson Main Street are researching the 2013 traffic calming study that was done by the City of Ferguson. In the last five years a lot has changed and now may be a great time to reevaluate reducing Florissant Road from four-lanes to three in the downtown business district. History has shown a lane reduction slows traffic, increases foot traffic and helps increase business in the area.

Be sure and visit our new Ferguson Main Street website and sign up for a newsletter for the most up-to-the-date information on the downtown business district.

CityWalk business owners are welcome and encouraged to attend meetings of the Ferguson Special Business District Advisory Board, which meets the 2nd Thursday of the month from 5:30-7:30 p.m. at Mobile Eye-care Solutions, 248 S. Florissant Rd. For more information about FSBD and how to become involved, please contact Robin Shively at 314-495-7452 or cornersframing@gmail.com.

The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

Flags decorating streets and yards, swimming pools full, almost unbearable temperatures, fireworks heard throughout the neighborhoods, parades, party at the park, and the first real bounties at the Farmers Market . . . it has to be July and time for a bang up edition of the Plumbers Crack.

This month I want to go back to my favorite place next to my man cave. In fact one of these days I'm going to expand the cave to put one in so I don't have wait for a commercial to go. Yes, I'm talking about the bathroom; specifically the toilet.

Toilets are changing faster than the weather these days. Almost all the manufactures are making the dump toilets now (no pun intended). The dump toilets have a larger flush valve. (That's the flapper and the port that the water leaves the tank.) They also have a larger trap built into the bowl. This allows all the waste to discharge into the waste lines at a high rate of speed. This helps old plumbing systems from building up sludge in those old cast iron pipes. It also keeps the chance of your toilet from stopping up so easy and removes all the waste.

One problem though is they flush so fast that sometimes they leave a stain and you end up flushing a second time anyway. Another serious problem has raised its ugly head with these toilets. It only affects bathrooms that have back to back toilets. What happens is the velocity that empties into the stack pipe is so great it will actually siphon water from the toilet in the opposite bathroom.

In newer homes a lot of 3" pipe was installed because of water saving plumbing fixtures. We have had to go out and increase the pipe size to up above the double fitting



that the toilets dump into in order to keep that from happening. I have one of each in my house. Call me old fashioned but I like the old rinse down style. The new ones take the waste down really good. Buyer beware though.

There are still some of those bargain basement toilets out there that don't flush as well. Ask your plumber or your trusted hardware handy man what brand works best.

Well my friends I hope this gives you a HEADS up on toilets and now it's time for my monthly service announcements.

I know I don't have to tell you but please be careful with fireworks, especially around kids . . . even sparklers can be dangerous.

Hope to see you at the parade and at the park afterwards. It's a great time to get to know your neighbors and support clubs and organizations in your city. Don't forget the Farmers Market the summer harvest is starting to pour in. As always look out for the elderly; offer a ride to church or the store. Most of all watch out for our kids and hug them babies.

God Bless you all.
Oh Baby

ELECTION NOTICE AUGUST 7, 2018

The City of Ferguson will hold an election on Tuesday, August 7, 2018 for proposition consideration.

PROPOSITION V

Shall Ferguson, Missouri be authorized to impose a use tax at the same rate as the local sales tax provided that if any local sales tax is repealed, reduced, or raised by voter approval, the respective local use tax shall also be repealed, reduced, or raised by the same action?

P8563, D8563

Premier Plumbing Solutions

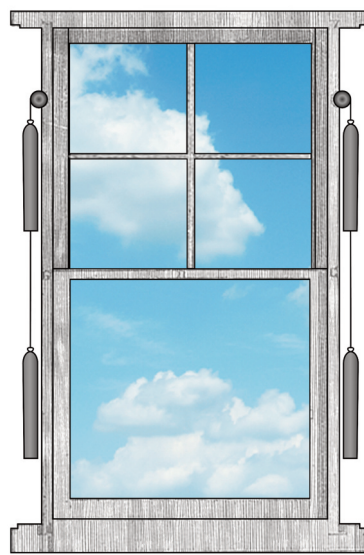
Say "I Love Ferguson"
When presented your bill and receive..... **\$10 OFF**

Dave Walters (Oh Baby)
Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222

Maintaining Yesterday, For Tomorrow



WINDOW RESTORATION
BY:

Painted Effects

CONTRACTING llc

314-769-1413

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net

Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.



July Events at the Ferguson Public Library

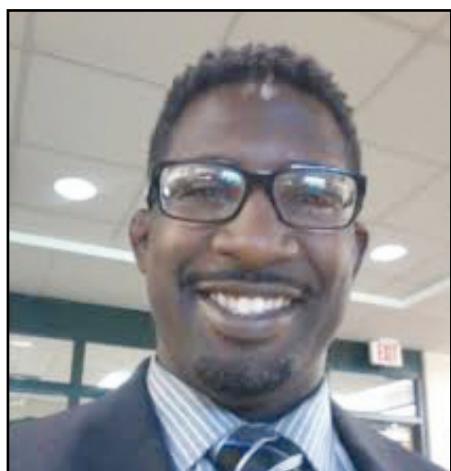
For more information, please call the library at 521-4820 or visit our website at ferguson.lib.mo.us

Libraries™ We're still moving and grooving Rock! this summer! Join the summer reading program today!

- **Monday, July 9 at 6 pm:** The Readings on Race Book Club meets to discuss *White American Youth* by Christian Picciolini. All are welcome!
- **Wednesday, July 11 at 6 pm - All About Eagles:** Join us and the World Bird Sanctuary to learn about and see some eagles up close!
- **Saturday, July 14 at 2 pm - Instrument Petting Zoo:** Suzuki Harmony STL and Strings Attached will bring a variety of stringed instruments for you to check out! Ages 4-18.
- **Thursday, July 19 at 6 pm - Now Hear This!:** Learn about the science of sound with some help from the St. Louis Science Center.
- **Tuesday, July 24 at 5 pm:** The Tuesday Night Book Club meets again to discuss *The Music Shop* by Rachel Joyce.
- **Wednesday, July 25 at 2 pm - Sounds with Seuss:** Explore sounds with the help of Dr. Seuss and the Magic House! Ages 4-6. Registration is required.
- **Thursday, July 26 - #ThisIsMyFerguson:** Join us from 1-3 pm or 6-8 pm and create some artwork for a community-wide art show called #ThisIsMyFerguson!

Last day to turn in your game card is July 28!

Albert Harrold Chosen As 2018 Parade Marshall



A Ferguson public school educator and former All-American wrestling champion, Albert Harrold, founded the Strength and Honor Mentoring and Tutoring organization (SAH) to support the underprivileged youth of his community.

During Albert's four decades growing up and then working in Ferguson, he has watched his community struggle from increased poverty and injustice. While working with Ferguson's youth in the school district, Albert could see his students falling behind their national peers.

Many youth who lacked parental role models were heading down the wrong path, sometimes ending up in prison or even dead. With the founding of SAR, he decided to share his core values with young people to help them become effective adults, and, in particular, to help Ferguson's boys become men.

Believing in the importance of education, SAH offers individual tutoring services to ensure children work one-on-one with a skilled adult mentor to better themselves in their areas of difficulty. SAH's mentoring services for boys also helps them actualize their best selves as strong, confident, honorable adults.

SAH Summer Camp for boys and girls (In partnership with the City of Ferguson) brings Ferguson youth together to engage in community service projects together each week alongside fun team-building leisure and camping retreats, STEM-based activities, weekly field trips and intense mentoring sessions.

It is interesting to note that Albert gave the invocation at last year's 4th of July Festival. His brother Keyon, a NYC-based jazz trumpeter was last year's Parade Marshall.

The 4th of July Committee is honored to present Albert Harrold as our 2018 Parade Marshall.

Jim Knowles Selected as Ferguson 4th of July Citizen of the Year

Jim, a lifelong resident of North County, not only lives in Ferguson, but operates his business "Knowles Heating and Air Conditioning" right here on North Florissant Road. His son, James III (who is the present mayor of Ferguson) and daughter, Julie, attended Griffith Elementary School and McCluer High School before both went on to attain their Masters Degrees. Jim's grandchildren, Kaylee, Aubree, Chloe, Jace and Delaney are the absolute delight of his life.



Jim has always been very involved with giving back to the community. When his children were young he volunteered to be assistant coach of the wrestling team at Pattonville and then McCluer High. He also was involved in the Boy Scouts, conservation and anything pertaining to the outdoors. In later years he served on the Ferguson City Council, on the Landmarks Commission, and is now serving on the Zoning Commission.

Jim, and his wife, Patti, are active in the Ferguson Lions Club, in fact, Jim was last year's president. In this capacity, they are involved in the Ferguson Caring League, the Strength and Honor program headed by Albert Harrold, listed below, the hearing and eye care of people unable to obtain the hearing aids and eyeglasses they need, and other endeavors that the Lions Club sponsors.

Until recently the Lions Club also sponsored the Ferguson License Office. With the money derived from

that entity, the Lions Club for years has donated funds to the 4th of July Festival, the CityWalk concerts, Streetfest, and other Ferguson events.

Besides the volunteer work, Jim has been found on many occasions working late to keep a community event going because it was without heat or air conditioning; sometimes it's not even his church or organization. You'll often find him Saturday mornings volunteering at the Ferguson Farmers Market.

Asked what he would like to say to the community, Jim says "Quit blaming each other for things that have gone wrong . . . instead, work with each other. We can accomplish anything working together."

It is a pleasure to designate Jim Knowles as Citizen of the Year. We are fortunate to have him a citizen and business owner in Ferguson.

REPUBLIC SERVICES 2018 HOLIDAY SCHEDULE

FOURTH OF JULY – Wednesday July 4, 2018

Monday routes will not be affected

Tuesday routes will not be affected

Wednesday routes will be picked up on Thursday, July 5th

Thursday routes will be picked up on Friday, July 6th

Friday routes will be picked up on Saturday, July 7th

CityWalk Concert Series – 2018

July 13th, 2018: Chaz45, "Experience the Music". Our genres are: Funk, R&B, Classic Rock, Pop and Reggae".

July 27th, 2018: Powerplay Band, "Our Music spans many genres, including Jazz, Classic Rock, R&B, Funk, Reggae, Motown, Top 40, Swing, Soul, Latin and Pop. Powerplay generates energy and excitement everywhere they perform."

Aug. 10th, 2018: Funky Butt Brass Band, "Classic New Orleans brass tunes and gives them a twist, in the style of Dirty Dozen Brass Band, Rebirth, and Bonerama."

Aug. 24th, 2018: McLovin, "St. Louis' Premier Rock Poppin, Country Rappin', Soul Funkin' groove machine that keeps the dance floor shakin'. McLovin plays a variety of hits spanning from the 50's all the way to the top hits of today".

Sept. 14th, 2018: Wildfire, "The HOTTEST country band in the Midwest, Wildfire brings a non-stop party with fresh high-energy arrangements of your favorite country songs."

**Located at the Plaza @ 501
501 So. Florissant Road
7:00 to 10:00 p.m.**

Ferguson Community News Page

We can't have a community without "unity"

By Mayor James W. Knowles III

"Society is unity in diversity"

George Herbert Mead, 1863-1931 -

American Philosopher, Sociologist, Psychologist



This month we celebrate nearly 240 years since our Declaration of Independence from the British Empire. We generally consider July 4th as the day that our nation was born. It is the day we all come together from difference states and many different backgrounds, to unite under one flag and celebrate the common cause of unity and liberty. For all the fanfare and unity of July 4th, the truth is on July 4th 1776, the citizens of the 13 colonies were not completely united.

Sure, the Declaration of Independence proclaims that the document was in fact "The Unanimous Declaration of the thirteen United States of America." That sounds pretty clear that everyone was on board with severing ties with Great Britain. But the truth is that a number of delegates to the Continental Congress were not supportive of a declaration of complete independence. In fact government assemblies in several colonies fought back and forth regarding how they instructed their representatives to vote on such a declaration, causing it to be delayed until July.

Even after the Declaration was signed, some historians estimate as many as 20% of the men, women and children living in the colonies at the time remained loyal to the British Crown. Many of these colonists actively opposed the colonial governments and the move toward independence; some even supplied British troops and fought alongside the British forces during the Revolutionary War.

As the Revolutionary War progressed, with Patriot forces driving British from cities, it was not uncommon for some overzealous troops and their commanders to punish Loyalists by taking their land and even hanging them as a warning to others. This practice was condemned by our early government and leaders like Gen. Washington, but it does show the severity of the divide between neighbors during this conflict.

After the surrender of British Forces at Yorktown and later the Treaty of Paris, the stinging divide between the Patriots and former Loyalists to the British Crown remained. The treatment of the dissenters who supported the Crown was unfortunately harsh and contrary to the very principles that Patriots fought and died to protect. Many Loyalists felt the need to flee to Canada and Nova Scotia, some fled to other parts of the British Empire that remained in the New World. While many did flee the persecution that lingered after the war, most stayed and assimilated into this newly formed nation.

Patriots and Loyalists, even at the height of their dispute, still had a great deal of common ground to work with. Security, stability, economic opportunity, and the future of their families were all issues that men and women on both sides could agree on, and eventually citizens descending from both groups grew united on those many common issues.

Over the past two centuries, these United States have been deeply divided on a number of issues, but with one exception, we've found a way to remain united around a common set of principles. Today as our country, and our community continues to debate a number of issues that illustrate a diversity of thought and opinion, we should be reminded that our country has never universally agreed. It's not the nature of society, and certainly not the nature of man.

But in order to support civil society and community, we must find a way to unite in that diversity, and embrace it. If we are going to discuss those difficult issues, it cannot be done in a manner than silences or criticizes dissent. That will only breed animosity. Those who wish to punish dissenters or drive away those who don't conform to a certain opinion are destructive to the basic tenants of having a community. Dialogue and discourse does not always end in complete agreement, it rarely does. But it can, and should create understanding, and hopefully identify common ground that we can all unify around.

While we celebrate the many great deeds of our fore bearers this July 4th, and as we unify around the symbol of this great nation; we should work to live out the principles they fought for, while seeking not to repeat some of their transgressions.

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
 Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Aug 7 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assc.	TBA	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskepark neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Corner Coffee House 100 N Florissant	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Aug 9 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	TBA	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	July 16 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109

Ferguson City News?

- Follow us on Twitter @CityFerguson
- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

Did You Know?

NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon.

You can Report a Concern regarding potholes, graffiti, sidewalk cracks, street light outages, code enforcement issues and more using the Submit a Request Icon. **DOWNLOAD THE FERGUSON CONNECT APP TODAY!!**

You can submit a request for records using the Record Request icon.

VISIT OUR WEBSITE: www.fergusoncity.com

You can do all this and more on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit the City's web-

CITY COUNCIL MEETING
(Just one in July)
Tuesday, July 24th at 7 pm in the
Council Chambers at City Hall
110 Church Street

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Keith Kallstrom, Ward 3; Wesley Bell, Ward 3. City Manager: DeCarlon Seewood. Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Page

Be sure to get to the Recreation Office to register or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Destination Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily \$1/ Yearly \$50
Resident Adult – Daily \$3/ Yearly \$85
Resident Senior – Daily \$1/ Yearly \$50
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200
Non Resident Adult – Daily \$5/ Yearly \$200
Non Resident Senior – Daily \$3/ Yearly \$120
Non Resident Family – Yearly \$300

NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)
Resident Adult – \$9 per month (12 month agreement)
Resident Senior – \$6.00 per month (12 month agreement)
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)
Non Resident Adult – \$18 per month (12 month agreement)
Non Resident Senior – \$12 per month (12 month agreement)
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

PROGRAMMING

Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 3 ½-6 years old
Start Date: Mondays
July 16th to Sept 3rd and Sept 10th to Oct 29th
Time: 5:45pm-6:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 7 - 13 years old
Start Date: Mondays July 16th to Sept 3rd and Sept 10th to Oct 29th
Time: 6:45-7:40
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Mondays, July 16th to Sept 3rd, and Sept 10th to Oct 29th
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Tap & Ballet Dance

A wonderful opportunity for a child to learn creative movement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 3 - 7 years old
Start Date: Wednesdays
July 18th to Sept 5th, and Sept 12th to Oct 31st
Time: 5:45pm-6:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Hip Hop/ Jazz Dance

High energy class starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes, or bare feet.

Age: 8-13 years old
Start Date: Wednesdays
July 18th to Sept 5th, and Sept 12th to Oct 31st
Time: 6:45pm-7:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for Fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Wednesdays July 18th to Sept 5th, and Sept 12th to Oct 31st
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the-bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students
\$5 more for each additional student
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

Open Play Basketball

Come to the Ferguson Community Center for pick-up basketball games (half court only)

Days: Tues., Wed., Sat. and Sun.
Location: Ferguson Community Center
Fee: FREE/Members; Daily Fee / Residents;
Daily Fee / Non-Residents

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays
Time: 3:00 pm to 6:00 pm
Location: Ferguson Community Center
Fee: FREE / Members; Daily Fee / Residents;
Daily Free /Non-Residents

Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players.

All equipment will be provided.
Age: 18 and older
Days: Wednesdays and Fridays
Time: 9:00 am to 12:00 pm
Location: Ferguson Community Center
Fee: Daily rates apply

Parks and Recreation Activities Continue on Page 6

FITNESS

Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 18 years & up
Start Date: Mon July 30th to Sept 17th and Wed, Aug 1st to Sept 19th
Time: 6pm-7pm
Location: Ferguson Community Center
Fee: \$25/Members - 1 day per week
\$30/Residents - 1 day per week
\$35/Non-Residents - 1 day per week
Additional Days:
\$10/members add day
\$15/residents add day
\$20/non-residents add day

Intro to Fitness

Join the Ferguson Community Center staff and learn how to properly use the fitness equipment in our fitness center. This class is offered once a month and you must pre-register at the front desk.

Age: 15 years old and up
Start Date: Wednesdays July 11th, Aug 1st, and Sept 5th
Time: 7:00-7:45pm
Location: Ferguson Community Center
Fee: FREE/Members
\$2/Residents; \$3/ Non-Residents and Guests

Corefit Class

Join Will Fitness for this class that is an all-inclusive, dynamic course designed to improve your overall fitness level; including strength and flexibility. More than an ab workout, Core-Strong is about training the abs, back, hips and glutes; covering the 28 muscles of the core and then some. Utilizing ground based exercises that revolve around the medicine ball; anyone can improve their personal level of fitness, gain confidence, and still have fun!

Age: 15 & up
Start Date: Tues Aug 7th to Sept 11th
Thurs Aug 9th to Sept 13th
Time: Tuesdays 6:00-7:00
Thursdays 5:00-6:00
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped bands, cross cables, and bodyweight exercises incorporated for a complete workout!

Age: 15 & up
Start Date: July 5th to Aug 9th, and Aug 16th to Sept 13th
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fitness Kettlebell Class

Open to All FITNESS LEVELS and is a kettlebell conditioning based workout. All workouts will be tailored from beginner level to advanced kettlebell movements. Workouts will also include body-weight, dumbbell, and circuit training skills. We strongly emphasize proper technique and skill.

Age: 15 & Up
Start Date: Tues, July 3rd to August 7th
Thurs, July 5th to Aug 9th
Tues, Aug 14th to Sept 18th
Thurs, Aug 16th to Sept 20th
Time: 7:15-8:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fit Bootcamp

Boot camp with Will Fitness! A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp. Participants will be indoors and outdoors. We will run sprints; perform lots of pushups and various forms of plyometric and interval training with little rest between exercises and challenging workout.

Start Date: Sat., July 21 to Sept 8th
Time: 10:00am-11:00am
Location: Community Center
Fee: \$30/Members; \$35/Residents; \$40/Non-Residents

All Ability Levels Welcome, Preregistration Required

Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers.

With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

Silver Sneakers Classic

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 9:55-10:50 am
Fee: FREE/Silver Sneakers Members
\$3/ Everyone Else

Silver Sneakers Cardio Circuit

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 8:50-9:45 am
Fee: FREE/Silver Sneakers Members
\$3/Everyone Else

Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages

Beginner Bundle
Includes Fitness Assessment*
and 1 personal training sessions.
Fee: \$70/ Members
\$80/ Non-Member
Beginner Bundle +
Includes Fitness Assessment*
and 2 personal training sessions.
Fee: \$95/ Members
\$105/ Non-Member

1 Session
Fee: \$35/ Members
\$40/ Non-Member
3 Session
Fee: \$90/ Members
\$105/ Non-Member
5 Session
Fee: \$170/ Members
\$195/ Non-Member

SPECIAL PROGRAMMING

Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.

Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.

ID Costs: \$5 processing fee per dog (max three dogs per household)

Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.

Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program.

Park Bench Dedication \$1,000

Call or visit our website for more information

Ferguson Lions Club/Kids Fishing Tournament

The 32nd annual Kid's Fishing tournament will be held at January-Wabash Lake. There will be two age divisions 10 years old and under and 11 – 16 years old. Awards will be given to the heaviest stringer and largest fish in each age division. All participants receive a bag of goodies. A special "Thank You" to the Ferguson Lions for their generosity in sponsoring this tournament again this year!

Date: August 2nd
Day: Saturday
Time: 8:00 am – Noon
Fee: \$3/Resident \$5/Non-Resident

Parks and Recreation activities continue on Page 7

Ferguson Summer Movie Series

Come join us for the Ferguson Summer Movie Series. Movies at the Community Center and parks will be free and include complementary popcorn, be sure to bring your lawn chairs and/or blankets and take this opportunity to enjoy a beautiful night under the stars. Movies start around 8:30 pm!

LOCATION	DATE	MOVIE
Community Center	Sat, July 21st	Jumanji**
Community Center	Sat, August 18th	Wrinkle in Time

In case of inclement weather, all movies will be moved indoors at the Community Center, 1050 Smith Avenue Ferguson, MO 63135. *Admission fees apply for these movies. ** Movie is rated PG-13 and parental discretion is advised.

TEEN PROGRAMMING

Teen Night at the Splash

Teens get your friends together and come enjoy nights at the Splash, there is only 1 catch, ONLY TEENS ALLOWED IN! Enjoy all the features of the pool; race your friends down the slides, show off your best dive, and visit the concession stand.

Date: Friday July 27
Time: 8:00pm - 10:00pm
Fee: \$1 Member; \$3 Resident; \$5 Non Resident

ADULT PROGRAMMING

Ferguson Bingo

Come and treat yourself to an afternoon at one of Ferguson's fantastic lunch and bingos. Our July bingo will begin with entertainment followed by an appetizing meal of choice of 2 meats, (bratwurst and chicken) sauerkraut, baked beans, chips, dessert and drink. After lunch we will play bingo for practical and fun prizes as well as attendance prizes. Cost includes lunch as well as bingo. Maximum size: 125.

Date: Thursday July 19th
Time: 12pm-3pm
Location: Ferguson Community Center
Fee: \$10 Members; \$14 Residents; \$18 Non-Residents

Mystery Meal

If you love good time and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good times and good friends. Due to the popularity of this program, residents have registration priority. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal.

Dates: Thurs. Aug. 2nd
Time: 10 am pickup
Fee: \$32/Members; \$37/Residents; \$42/Non-Residents

Cruise 4 Brews

Every other month starting in March the Jolly Trolley will take us from the Ferguson Community Center for a day of indulgence at 4 local breweries. What better way is there to soak up the suds with your buds. Cost covers transportation only.

Ages: 21 and up
Dates: Sat. Aug 18
Time: 11am-7pm
Fee: \$10/Residents; \$15/Non-Residents

Baseball & Bourbon Trail

First travel by motorcoach to catch the Cardinals in action at Great American Ballpark in Cincinnati, where we'll stay for two nights downtown. We'll then travel through bourbon country, otherwise known as Kentucky. We'll hit several Bourbon Distilleries and wind up in Louisville, KY. We'll enjoy three nights stay in a Downtown Louisville hotel not too far from "Whiskey Row" and 4th Street Live! We'll enjoy several museums and even more distilleries that exemplify what truly makes America great.

Registration Deadline June 25

Date: Tues. July 24-Sun. July 29
Fee: \$780/Residents; \$795/Non-Residents (Double Occupancy)
\$1090/Resident; \$1105/Non-Resident (Single Occupant)

Day Winery Tour

Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons preregistered for these trips to be made. Cost covers transportation only.

Ages: 21 and up
Date: Sunday July 15, Saturday September 15
Time: 10am-6pm
Fee: \$10/Residents, \$15/Non-Residents

Fairmount Horse Races

Grab a friend or two and join us for a fun-filled day of horseracing at Fairmount Park. Cost includes a racing program, a deluxe buffet lunch, transportation, admissions, taxes and tips.

Age: 21 and up
Date: Tues, August 14th
Time: 10:45am-6:00pm
Fee: \$30 Residents; \$35 Non-Residents

Cardinals vs Royals

Travel with Ferguson Recreation to see the Cardinals play the cross state rival Royals at Kauffman. We'll enjoy staying one night near Downtown KC, BBQ buffet at Q39, and a visit to the National World War I Museum and

Memorial. Cost covers transportation, BBQ meal, game ticket, museum entrance, and gratuities.

Date: August 11th & 12th
Registration: Deadline August 2nd
Departure: 12:00pm
Location: Ferguson Community Center
Fee: \$266/Resident; \$276/Non-Resident (Double Occupancy)
Additional \$60 for singles

Area Casino Day Trips

Need a day out and about? Come test your luck at an area casino each month! The trip only includes transportation to the casino. Must have a minimum of 10 patrons pre registered for the trip to make.

Fee: \$5 Residents
\$8 Non-Resident
Location: Ferguson Community Center
Time: 10:00am-4:00pm
Wednesday, July 25th-Hollywood Casino
Wednesday, August 29th-River City Casino
Wednesday, September 26th-Lumiere Place

Biloxi, MS

Two nights in Tunica, Mississippi staying at the Gold Strike hotel each way, Three nights in Biloxi with a day trip to New Orleans and a shrimp boat tour. Cost includes: motor coach transportation, all lodging, 2 special tours and some meals. The Beau Rivage Hotel is gorgeous!

Sign up early as this trip fills fast!
Date: Sun, Sept 16th - Fri, Sept 21st
Time: 7:00 am - 9:00pm
Location: Ferguson Community Center
Fee: \$550 Residents; \$600 Non-Residents (double occupancy)
\$100 additional for single

Spring Training

If you haven't gotten your fill of baseball for the year, we're creating an interest list for those who would like to get away from the cold in 2019, and head to Florida for a Spring Training game and much more. Complete details to come Fall 2018. Sign up for the interest list.

ATHLETICS

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays
Times: 3:00pm- 9:00pm*
Location: Community Center
Fee: FREE Member; Daily Fee Resident; Daily Fee Non-Resident
*Times may change based on league play.

FREE TENNIS LESSONS sponsored by NET RUSHERS

WHEN: Sunday, July 29, 2018
TIME: 5:00 P.M. - 6:30 P.M.
PLACE: Forestwood Park

INTRODUCING "NET GENERATION" TENNIS

Ages: 5-10
FREE BEGINNING & ADVANCED TENNIS LESSONS
Ages: 11-17
FREE Adult Tennis Instruction-FREE

INTRODUCING BEGINNING CHESS SKILLS

Ages: Children 5 AND OVER
Time: 4:00 P.M. - 5:00 P.M. (reserve spot ASAP!)
FUN FOR THE ENTIRE FAMILY!!
For Information Call (314) 479-2511

Start Smart - Football

Each program is designed to give participants an opportunity to develop their sports skills in a fun and safe environment while working and spending quality one-on-one time with their parent. All Start Smart programs feature age appropriate equipment and developmentally appropriate exercises.

Ages: 5-7
Date: Tuesdays. Coming Fall 2018 (6 week program)
Location: Community Center.
Time: 6:00pm-7:00pm
Fee: \$35/child for each session

Women's Adult Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!

Ages: 18 and up
Days: Mon, Aug. 20th-Oct. 15th; Thurs, Aug. 23rd-Oct. 18th
Times: 6:30pm-9:30pm
Location: Ferguson Middle School
Fee: \$190 Residents; \$205 Non-Residents

Field Rentals

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

Please call the Ferguson Sports Hotline for information:
(314) 286-9102

Ferguson Fire Department Summer Grilling Safety

314-522-1122

There is nothing like outdoor grilling. It's one of the most popular ways to cook food. But, a grill placed too close to anything that can burn is a fire hazard. They can be very hot, causing burn injuries. Follow these simple tips and you will be on the way to safe grilling.

SAFETY TIPS

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- Never leave your grill unattended.
- Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.

Propane Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

If the flame goes out, turn the grill and gas off and wait at least 5 minutes before re-lighting it.

Facts July is the peak month for grill fires. Roughly half of the injuries involving grills are thermal burns.

Your Source for SAFETY Information
NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169
www.nfpa.org/education ©NFPA 2016

FRIDAY
JULY 20TH
CARPOOL
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5:20PM

OR MEET US AT
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HILL IN FRONT
OF THE
ST. LOUIS ART
MUSEUM)
AT 6PM

SNACKS & NON
ALCOHOLIC
BEVERAGES ARE
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FOOD TRUCKS
WILL BE
AVAILABLE
BRING A
BLANKET OR
SOME CHAIRS
TO SIT ON



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63110



Vacation Bible School

Monday July 9th to Thursday July 12th, 2018

Time: 6:00 to 8:00

Grades: Pre-School thru 6th Grades

Get Ready! Get Set! Game On!

For More information, call:
John Doss (Youth Pastor) 314-303-6977
or
Dana Newcomb Email: dananew-2000@att.net

Registration form: at Oak Hill Baptist Church

Oak Hill Baptist Church
3166 Pershall Road
St. Louis, Mo 63136

FERGUSON MIDDLE STUDENT WINS REGIONAL ART CONTEST

Nyla Molder, an eighth-grader at Ferguson Middle School, is the winning artist in the Boys and Girls Clubs of America (BGCA) Midwest Fine Arts Contest and will compete in the BGCA National Arts Contest. Molder's original rendering of a wolf was selected the winning piece from among submissions by students in 13 states.

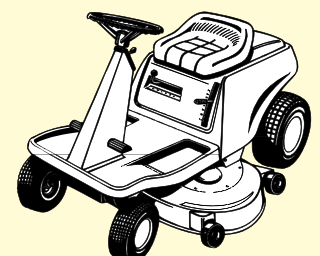
The BGCA art contests recognize club members for their accomplishments in visual, digital and performing arts. Professional artists judge submitted artwork with selected pieces recognized at local, regional and national levels. As the regional winner, Nyla will receive a certificate of merit and her artwork will be professionally mounted and framed by BCGA and displayed at the national headquarters' art gallery in Atlanta, GA for one year.

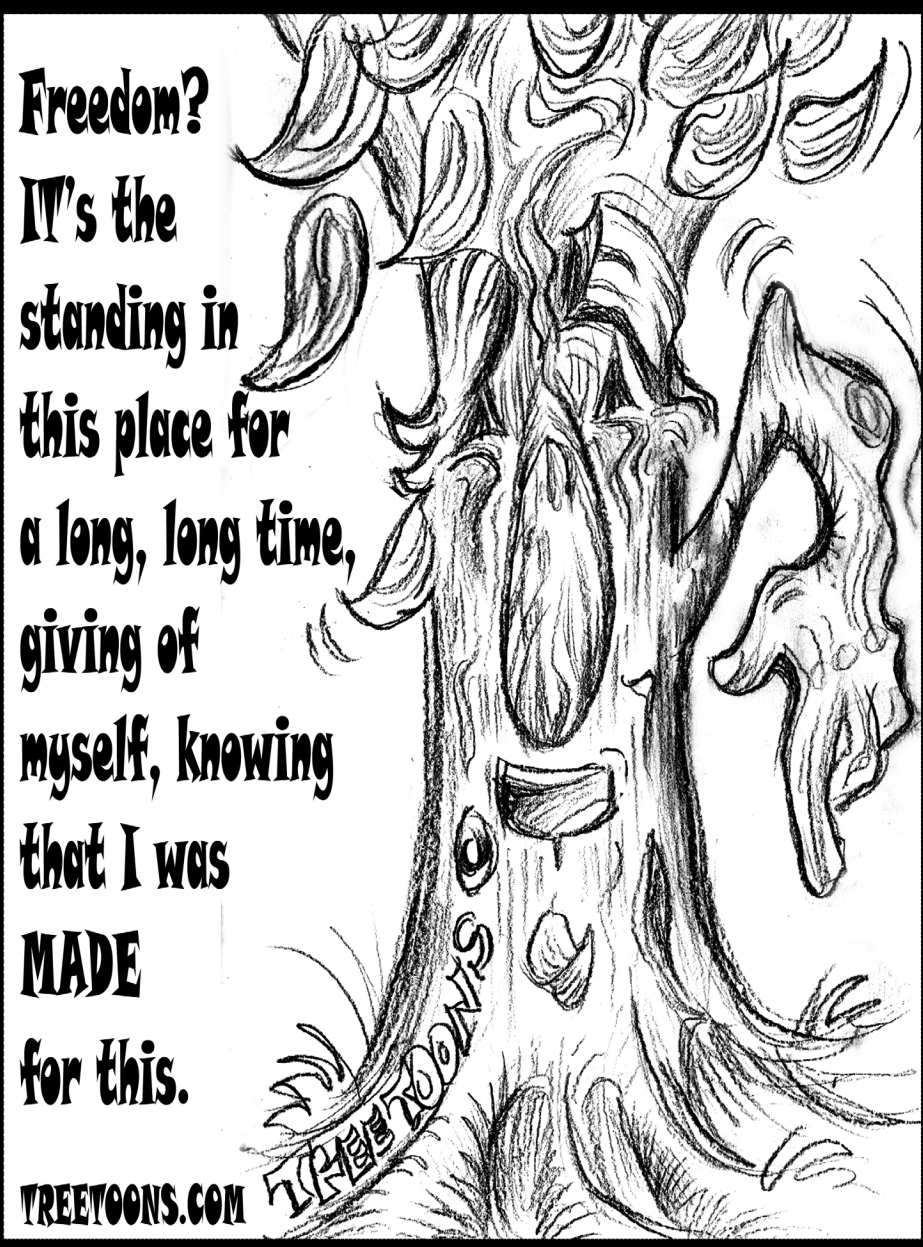


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New Pavilion in January-Wabash Park



This beautiful addition to January-Wabash Memorial Park was funded through the Municipal Park Grant of St. Louis County.

Ferguson Disc Golf Tournament



MONDAY, SEP 3, 2018

\$35 PRE-REGISTER

HUDSON PARK

1 ROUND
BEST SCORE WINS

8:00a SIGN IN
9:00a TEE OFF

BONUS PACK FOR
THE WINNER(S)

www.facebook.com/FergusonDiscGolf



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SFB Airlifter Brass: Friday, July 6 @ 7pm

St. Peter's UCC
314.521.5694

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1- Based on internal wet braking test results versus Goodyear Assurance® ComfortRed™ touring tire size 185SR15.
2- 90,000 mile warranty for H- and T-rated tires; 80,000 mile warranty V-rated tires. See michelinman.com for warranty details.
3- Based on commissioned third-party wear test results versus Continental® ProContact™ with ECOPlus technology tire size 215/60R16.



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Financial Focus

By Joan Cleaveland (consultjoan@att.net)
Business Manager for St. Joseph Parish in Cottleville
Lindenwood University – BA Business Administration

Possibly a cure for Affluenza?

Last month I ended on a rather somber note and promised to give some hope of overcoming the Affluenza epidemic. If we continue to increase our consumption with no regard for the environment we all suffer. And if we continue to be driven by accumulating stuff rather than looking for more satisfying ways to spend our time we risk more health issues. And just being happy and satisfied with our lives seems to be at risk. After hearing about the recent suicides of Kate Spade and Anthony Bourdain, it was noted that our country's rate of suicides compared to other countries seems alarmingly high. For many it is hard to understand how these celebrities could be so depressed and we are starting to really recognize mental illness as a serious problem. While we are the richest nation in the world, we are suffering in other ways.

Our biggest challenge is to change our way of thinking with regard to what's really important. We always hear about how things are going in our economy with measurements that often don't tell the whole story. When things are going well unemployment is down, growth is up and prices are stable. Over the past few years many economists have recognized that we may need to rethink what we measure. Comparisons on specific values that measure not just economic progress, but our health as a nation and the well being of our citizens is starting to get more attention. As I mentioned earlier comparing the number of suicides to previous years and to other countries throughout the world is something we should be concerned about. Mental health is another area that is just starting to get more attention. It has been in the news lately mostly due to school shootings, but also in reference to our suicide rates. Mental illness does affect us all and searching for the causes may turn up some surprising results, consumerism could be at the root of some mental illness.

As I found in my research last month, our human condition seems to make us want more and we are often sucked into feeling dissatisfied even when we have so much. Just today, right here in St. Louis we are mourning the loss of a young woman who was murdered right in front of her children because someone wanted her car. Could this be a result of our society placing more value on things than a person's life? We've heard so many stories of someone being harmed for a pair of expensive shoes or a jacket that was out of reach financially for some. Most people would quickly answer that a life is so much more important, but the question remains as to how those who are often disadvantaged can see things so differently. As one of the wealthiest nations we should be able to come up with solutions to the problems that have come about due to our system of increasing consumption. Measuring what really matters is a good start.

One of the side effects of our affliction is that we are working harder, buying more and feeling worse. Most of the people I talk to feel as if they cannot catch up; time may be starting to seem more valuable to them than money. Today many in the millennial generation are seeing the light and choosing more time with family over having the biggest house or fanciest car. As I mentioned last month, they seem to want a simpler life. They've seen their parents struggle to move up the ladder and see that it hasn't always paid off in the ways that really matter. Today health problems, society problems and environmental problems can all be attributed in some degree to affluenza. Certainly there are other factors, but this one may be the most controllable. We often have the cure for some issue right before us yet we ignore it because it seems too drastic or we are afraid to change something that has always seemed to be right.

What if we revisited some ideas from the past. Back in the 1930's a British Economist, John Maynard Keynes predicted that in the future we would only need to work 15 hours per week. And thru the years we've seen so many new products and equipment that save us so much time, it makes you wonder why we are working so hard. So what if we started working less hours. Back in 2004 the Center for Disease Control published a report based on a number of studies done on the impact of extended shifts and regular overtime for both workers and employers. What they found was that those who regularly work overtime are less healthy – they typically gain weight, have more illness and are more likely to get injured on the job. They also found that after eight hours of work workers were more likely to make mistakes and be less alert. It was also noted that they were less productive than those working just eight hours a day and forty hours per week. This wasn't the first study to show that long work hours have negative effects on both employees and employers. Despite these findings we continue to often see employers choose to work employees more hours rather than hire more workers.

Many reading this may wonder what would happen in our economy if our typical work-week became thirty hours instead of forty. Looking back during the Depression, shorter hours with a "work sharing" program seemed to be the quickest solution to put people back to work. In 1933 a bill was presented making six hours a day and thirty hours a week the official American workweek, however it did not pass. Probably for the same reasons it wouldn't today. Interestingly, several companies had already made the change to the 30 hour work week. One of those was Kellogg, yes the cereal company. A.K. Kellogg recognized the importance of leisure time for his work-

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GOOD TIMES
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Reading on Race Book Club

The Ferguson Readings on Race Book Club will explore what it's like to be a member of a hate group when it meets **Monday, July 9**. Bill Klopstein will facilitate the discussion of *White American Youth: My Descent into America's Most Violent Hate Movement—and How I Got Out* by Christian Piccolini. The author, who has been featured on Ted Talks and NPR, offers "a stunning look inside the world of violent hate groups by a onetime white-supremacist leader who, shaken by a personal tragedy, realized the error of his ways and abandoned his destructive life to become an anti-hate activist."

The book can be found at the Ferguson Municipal Public Library and at branches of the St. Louis County and City libraries. Left Bank Books offers book club selections at a 20 percent discount to those who are buying it for these discussions. The public is always invited to participate from 6 to 7:30 p.m. the second Monday of each month at the Ferguson Library at 35 North Florissant Road. People can come whether or not they have read the books, though those who have not are asked to give priority to the voices of those who have. For more information, contact Amy Randazzo at the library at arandazzo@fergusonlibrary.net

ers. He paid them for 35 hours and made 30 hours of work per week the standard. Immediately this change created 400 jobs in Battle Creek, Michigan. The majority of workers were so pleased with this arrangement their productivity rose and Kellogg was able to increase the pay to that of 40 hours for just 30 hours of work. It's hard to imagine a business doing something like this today.

You may be wondering just how reducing our work week could possibly help solve our affluenza problems. The value of that extra time for workers can benefit the entire community. With the extra time many people could be more involved in their communities. Today many organizations that exist with the help of volunteers are often finding it hard to recruit new members. Young adults are finding that time has a real value and the more hours they seem to work the less time they have for outside activities such as volunteerism or personal growth. While this sounds good, I can see how it would be difficult to really implement. We are the people who don't want the government telling us to shorten hours or provide health care or limit access to weapons – so it could be a hard sell. Yet if we take the time to look at our past and recognize traditions that haven't worked and those that have, we might be able to come up with gradual solutions that can benefit everyone and improve our measurements of happiness and satisfaction among the people of the United States.

Next month, I want to share more ideas for implementing change that can improve our well-being. If you have any comments or questions, please e-mail me at consultjoan@att.net.



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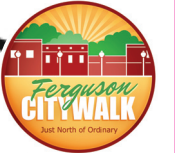
Holds the maximum of 75 people.

Call 314-226-4077 for reservations and more details.

Fireworks Across the Country!

Independence Day fireworks are often accompanied by patriotic songs such as the national anthem, "The Star-Spangled Banner"; "God Bless America"; "America the Beautiful"; "My Country, 'Tis of Thee"; "This Land Is Your Land"; "Stars and Stripes Forever"; and, regionally, "Yankee Doodle" in northeastern states and "Dixie" in southern states.

Firework shows are held in many states, and many fireworks are sold for personal use or as an alternative to a public show. Safety concerns have led some states to ban fireworks or limit the sizes and types allowed. In addition, local and regional weather conditions may dictate whether the sale or use of fireworks in an area will be allowed. Some local or regional firework sales are limited or prohibited because of dry weather or other specific concerns. On these occasions the public may be prohibited from purchasing or discharging fireworks, but professional displays (such as the one in January-Wabash Park, and downtown St. Louis still take place.



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FLAVORS OF THE MONTH

Whistle Stop, #1 Carson Road, Ferguson, MO 63135

Tues., Jul 3 ...Choc Cov Raspberry
Wed., Jul 4 Patriot Delight
Thur., Jul 5 ...Salt Car Choc Chunk
Fri., Jul 6.....Blk Cherry Choc Chip
Sat., Jul 7Piña Colada
Sun., Jul 8.....Closed
Mon., Jul 9Closed
Tue., Jul 10. Choc Rasp Checake
Wed., Jul 11Banana Strawberry
Thur., Jul 12Twix
Fri., Jul 13.....Straw/b Fudge Swirl
Sat., Jul 14Butter Pecan
Sun., Jul 15.....Closed
Mon., Jul 16Closed
Tue., Jul 17.....Mocha Walnut

Wed., Jul 18.....German Chocolate
Thur., Jul 19..... Peaches & Crème
Fri., Jul 20 .. Choc Cov Dreamsicle
Sat., Jul 21Cookies & Crème
Sun., Jul 22.....Closed
Mon., Jul 23Closed
Tue., Jul 24Mud Pie
Wed., Jul 25 Turtle Swirl
Thur., Jul 26.....Rocky Road
Fri., Jul 27Straw/b Cheesecake
Sat., Jul 28.....Tropical Island
Sun., Jul 29.....Closed
Mon., Jul 30Closed
Tue., Jul 31Almond Joy

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521-1600

Ferguson by Foot

By: Margaret Wolfinbarger



The sun is little more than a whisper on the horizon and the stars still shine brightly as I jog down my driveway and into the street. The clouds are etched across the early morning sky like columns of puffed smoke. My neighbors are not yet awake and so they don't see me struggle behind my boxer, Annabelle, who is much more eager than I for our jaunt around the neighborhood. I hobble behind her in a tangle of leash and drool—struggling to keep up. I briefly wonder if I possess the tenacity to press forward when I really just want to crawl back into bed. I feel the swell of emptiness in my chest, the ache for meaning, and my hereditary

bent toward melancholy like weights around my feet. I've forgotten something I need. And so, like a misplaced tool, I check through all the places I could have left it. Bathroom? Nope. Under the kitchen sink? Nope. Stuffed under my son's bed with his bevy of beanie babies? Probably not. And then the first beam of sun grazes my cheek and I remember. The corners of my mouth hint at a smile. Annabelle grabs the leash with her teeth and jerks me forward. But instead of pulling back, I sprint to catch up. "Let's go, Girl!" I say. "Down this hill and up the next!" And we are off to a running start.

I have learned over the years that hope will not be found with the dust bunnies under my bed. It will not be found on the front page of the newspaper or in my social media feed. I have yet to find hope in a cereal box or even on the wrapper of Dove chocolate. But I have learned that hope is tremendously necessary and that trying to live without it is a little like trying to breathe without oxygen in my lungs. I can do it for a few minutes, but after that I just pass out!

A friend called me the other day and detailed to me her declining health and the horrific bodily pain she was experiencing. She is an elderly, single woman and without the necessary resources to care for herself when an emergency arises. In the midst of her suffering, the dryer broke. Then the plumbing under the sink malfunctioned and flooded her kitchen. And just when she thought it couldn't get any worse, the electricity in half of the house went out after flames shot out of an outlet, singeing her fingers. I was so upset by her predicament that I insisted on coming over immediately, (it was after 9:00pm) but my friend refused. She said, "I've been in worse situations. I'll get through this one as well."

I admire the inner strength of my friend but I also sensed the broken spirit behind her sighing. Too many years have been spent in the fight to recognize just how weary she is. She is numb. To be candid, she seems to have exhausted her store of endurance. When she detailed to me the 45 minutes she spent trying to walk to the next door neighbor's house for help, I wept. "Why didn't you call me?" I said. But she again insisted everything would work out okay.

I have often recognized my own need for help but was also unwilling to reach out for it. I didn't want to bother anyone. I thought I could do it all by myself. But once I reached the end of my hoarded resources, I found that my friends were more than willing to help pick me up. And when my burden was too big—even for them—I learned there is one other friend I can cry out to.

My morning walks are the delight of my day because that is when I ground myself in truth. I cry out to my creator for help with those problems I don't know how to solve and I thank him for the beauty of the world I live in which is so uniquely manifest in the early hours of the day. When I look at the moon I find it difficult to believe my life has no purpose, because the way it hangs in the sky signifies a power beyond what I can fully grasp with my hands. I don't know how it hangs there—what keeps it—why it reflects light the way that it does—and how it pushes and pulls the tides. We can guess at the mysteries and use words like gravity, orbit and synchronous rotation while we hypothesize about age, diameter and weight. But we can't touch the moon. We can't smell it, taste it or hear it. But it remains overtly steadfast. It is constant—like the sun—and it compels our admiration when it is full of light. The moon is a gift—a radiant expression of care from one I have never seen but who I know exists. And when I marvel at the beauty of moon, I wonder what the one who created it looks like. How deep and how wide is his reach? And if he cares so much about beauty, does he also see my tears?

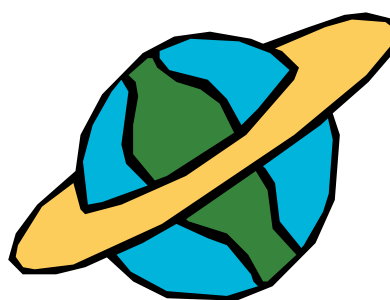
I hung up the phone with my friend and fell to my knees. There are some who will think me foolish or say my head is filled with stars for such a thing. I only know that I can't heal my friend and neither can the doctors she has spent her life visiting. I know that she is suffering and I believe there is one who can help her. I have a book that details the way he bows low to comfort the afflicted and to save those who are crushed in spirit. I ask for his help, and instantly, hope flutters in my heart.

Some will say such desperate prayers won't be answered, but I have been a recipient of too many answered prayers to think otherwise. When the tornadoes blew through Ferguson I saw toppled trees and no spilled blood. I saw an obese woman who couldn't climb stairs, climb Powell hill. I saw a raging crowd try to burn my city down and a handful of artists cover it with kindness

Come Check it out!



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A Word from Our Planet . . .

Wonder about the impact of plastic on Mother Earth? Check out the film Plastic Paradise or read the latest issue of the National Geographic. See how much it matters if you choose your own go-cup instead of a plastic water bottle. Or accept the plastic free July challenge, and you will see how much plastic pervades our lives. Plastic Free July

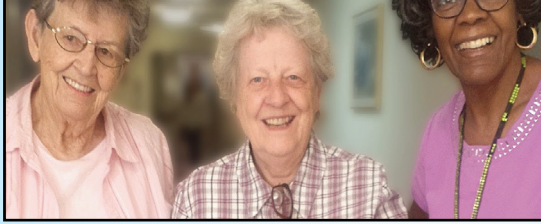


and peace. I saw the anxious and broken hearts of my neighbors face, the assault of strangers and respond with "I love Ferguson." So I know we are not forsaken. I know we are not alone. The morning mist is a friendly reminder. The night does not last forever. Our cries are not unheard. Our problems are not unseen. Our hearts do not beat alone. Hence, we have hope.

Sometimes hope is like my boxers. They bounce and play when they have no sane reason to. Sometimes hope is like a butterfly. It flits and flutters and lands just out of reach. But hope is not unattainable and we should never cease to chase it, to catch it, and to cling to it once it is in our grasp. Today, if you have lost all earthly reason to hope, look for a friend above the earth to provide it and you will never be disappointed.

For more inspiration follow me on my blog: www.destinationdiscipline.com.

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Chair Ballet Class!

Join us for a relaxing hour of strengthening July 12th and 19th at 1:00 pm

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"Independence Day." Staying independent safely. Presented by ENVISION Thursday July 19th at 9:30 am Complimentary Breakfast 9:00 am RSVP by July 13th 314-838-3877

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Entertainment by "Bryan Foggs" Complimentary Lunch following Tuesday, July 10th at 10:30 am RSVP by July 6th 314-838-3877



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The Ferguson 4th of July Family Fun Festival will be held this year on Saturday, June 30

After the parade, festivities will be held at January-Wabash Memorial Park

Please obey these few rules during this celebration while in the Park:

- No Dogs or Pets
- No Bicycles or Skateboards
- No Moving Picnic Tables
- No BBQ or Tents
- No Fireworks
- Appropriate Dress Required



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Under The Hood With Robinwood
By Bob McGartland



Brake Warning Light on the vehicle

Understanding What That Symbol Means?

Part of keeping the vehicle in the best condition possible is to be aware of any issues. One sign that the vehicle might have developed a problem is any warning lights that illuminate on the dashboard.



The Check Engine Light

Or Malfunction Indicator Light (MIL) Indicates the engine computer has set a diagnostic trouble code (DTC). Small type readers can read the code. Usually requires a higher level professional scanner to test for the cause of the code.



Service Vehicle Soon illuminating

The service engine light may illuminate if you have lighting or other electrical issues. Check all the lights. This should include the head lights, brake lights, and turn signals. Sometimes this light will also come on if there is a traction control problem or a communication problem between modules.



The Battery Warning Light

This light looks like a picture of a battery. It can indicate that the voltage level is below the normal level. This results in the vehicle's charging system not functioning properly. Make sure that the battery terminals are clean and tight and alternator belt is on. Charging system needs to be tested.

Enjoy the month of July with the kids while there out of school!

Visit us at robinwoodauto.com.

When the brake warning light comes on, it is an indication that there is something wrong with the braking system. Check to make sure the parking brake is not on. The light could also mean the brake fluid is low. An ABS issue could also be the culprit of the light illuminating which requires testing.



Be aware of the Coolant Warning Light

This light indicates that the temperature has exceeded the normal limits. It is important to safety pull off the road and turn the engine off as quickly as you can. Continued driving can cause progressive damage to the engine. Most of the times the coolant / antifreeze has gotten low to cause the engine to overheat. Never, Never, check the coolant level on a hot engine. On a hot summer day, the car may have to sit several hours to cool down before the level can be checked and filled. Look for any sign of a leak from hoses and or radiator.

These are some of the common lights with most vehicles. Many newer vehicles look like a air plane cockpit when the key is turned on before the engine starts. All those warning lights are there monitoring the different systems and ready to warn the drive if a problem occurs. If you get a warning light you are not sure what it stands for, give us call. We would be happy to explain to you what system the warning light is controlling.

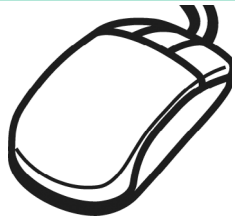
St. Louis County Executive Candidate Forum
Wednesday, July 25, 7 p.m.

The race for St. Louis County Executive is one of the region's biggest political events of 2018. Two weeks before the primary, the Social Policy & Electoral Accountability Collaborative (SPEAC) will convene a primary candidate forum to ensure that candidates are held accountable, and voters are well informed, on vital social policy questions surrounding the systemic challenges plaguing St. Louis County and its residents. The forum will focus on the signature priorities outlined in the Forward Through Ferguson report, giving special attention to social policy and equity in three categories: Youth & Well-being, Economic Opportunity, and the Justice System.

Forum to be held at the Anheuser-Busch Performance Hall at the Touhill. This event is free and open to the public.

The Ferguson Computer Corner

by Doug "been there. done that" Neely



JULY, 2018

i see that we are really getting into summer. with the Fourth of July coming up very quickly, you're probably not thinking much about computer stuff. why don't we take a little ride down memory lane, and re-visit some of the puter problems we have had in the past?

Some Of The WORST Puter Problems, dept. i will name a few. raise your hand if any of these have happened to YOU!

1. Puter will not boot. this means that when you push the power button, nothing happens. and i mean absolutely NOTHING. there are a few ways in which this can happen, but the most likely cause by far is a bad power supply. and one of the most embarrassing is that it is either not plugged in to the AC, or the main power switch at the back is turned OFF. the good news is that these can all be repaired fairly easily. the most difficult is the failed power supply, but it only takes about 30 to 45 minutes to replace, assuming that it is a standard generic power supply, and the computer is not one of those tiny little things that is harder than a boogar to work in.

2. Windows will not boot. this is usually a software problem. you have already pushed the power button, and things all happen just like normal, except when Windows should be starting, and the thing just sits there like a wallflower at her first dance. there are a lot of things that could cause this. the most likely are either broken Windows startup files, or an infection. the former can usually be repaired by using the Windows installation disc for a repair scan, but the latter usually takes a fair amount of scanning with some good AV programs. failing that, a fresh installation of Windows is usually in order. these operations can take anywhere from a few hours to a whole evening.

3. There's no picture on my screen! ok, then. first, check to make sure that the power plug for your monitor is fully inserted into the AC outlet. and if you are using an Uninterruptible Power Supply or simply a surge suppressor, check them to make sure that they are properly functioning and not "blown". next, check that the video cable from the monitor that plugs into the back of the puter is indeed plugged into the back of your puter. if all that checks out, and there is still no gorgeous video on your screen, one of two problems are most likely: a bad monitor, or a bad video card. if it's the monitor, replace it, and all will be just peachy. if it's the video card, and it is of the replaceable type, do so. if not, you have what we call a motherboard video solution, which is not replaceable, except to replace the motherboard. if this is the case, you will probably wind up being better off with a new puter. ouch!

4. I don't have any sound! well, maybe your speakers need to be replaced. they do go bad, you know. or maybe they are not plugged into the rear of your puter. but it could also be that the program that runs the sound needs to be re-installed, or maybe your drivers need to be updated. use the disc that came with your sound card/puter to re-install.

5. This crazy machine just is not working right and/or is soooo sloooow! well, this sounds a lot like an infection. sure, there could be something else going on, but my \$\$\$ is on the infection. unless you KNOW HOW to disinfect it, take it to someone who can do that for you. of course, if you have nothing saved on your puter that needs to be salvaged (IF it has NOT been infected), then a re-install of Windows is in order, and all will be well once more.

6. (this is for EI!) One of the USB ports is not working! except for physical damage, this is usually caused by the fuse getting blown. some USB devices may use more electricity than the port can supply, and the fuse blows to protect that area on the motherboard. bad news is that the fuse is not replaceable. sorry about that! speak to a technician to see what can be done to get some more USB ports, especially if you need them to handle more power for some of your USB devices.

7. There is no internet connection! check all of the wires. yes, even if you connect wirelessly, there are still some wires you have to check. these would be plugged into the router and the modem. also check the power connections for them. if you still have no internet, check the settings in Windows for your internet. if you don't know how to do that, call your internet service provider (ISP) to get technical guidance. about the only other thing that may cause this condition is a bad network card that is plugged into your puter. this could be a wireless USB thingie, or an internal card. either way, they may have failed, and need to be replaced. if you are using an internal networking card that is on the motherboard, you will have to turn it off in the BIOS, and then get a replacement that plugs into your puter somewhere inside or outside. again, if YOU KNOW HOW to do these things, great. but, if YOU DO NOT KNOW HOW to do these things, GET ASSISTANCE from a TECHNICIAN.

once upon a time, several years ago, someone called me to say that they read my column and figured that i would know who to recommend to repair their puter. i asked them to hold on a moment while i get that info for them. in seconds, i came back on the phone to give them my best recommendation. i told them to call *314*521*1789* and ask for Doug. they said thanks

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and hung up. i hope they got the help they needed.

ME GO NOW!

well, i think i have to go and be somewhere right now. (Doug's law of existence states: EVERYBODY HAS TO BE SOMEWHERE!) so, make sure you know where you are, and where you need to be. well, sometimes i am not too good at that, but i ALWAYS KNOW where i am going! that would be heaven! if you don't know if you're going to heaven, and want some assistance with that, you can call Doug (phone number is above & below), and he will be happy to help! :)

OH! and don't forget to have a happy & SAFE 4th of July! remember all those men & women who made/make that possible! may God bless us all most abundantly!

...it is now safe to turn on your puter!

IF YOU would like to speak to Doug about your puter issue, God-stuff, or just jaw a bit, your best option is to call him at *314*521*1789*. (we don't answer calls that do not have some kind of name to go with the number on our caller ID!) if you get the machine, WAIT until the thing shuts up and beeps; THEN leave a brief message including your telephone number. When emailing, put your local phone number into the body of your missive, and put the phrase "i need puter advice" into the subject field. This stuff is critical, or you won't reach him. BLESSINGS!

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Dr. Robyn's Office Hours:
 Monday, Wednesday, Thursday 9:30 am to 1:00 pm – 3:00 pm-6:00 pm
 Tuesday, 3:00 pm to 6:30 pm

Letter to the Editor

To the residents of Ferguson and Calverton Park:
 Please remember that the bus stops are on privately owned yards and are not there as your trash dump.

To the owners of businesses in Ferguson and Calverton Park:
 It is easier to pick up the trash before it is mowed and strewn all over the ground. I realize that the patrons are responsible for the trash but you could help out by not mowing over the trash. I cannot believe the amount of trash I pick up every day on just a small strip of Florissant Road. My husband says that writing this is like preaching to the choir but the trash in North County has reached a new level of disgusting.

I also pick up in January Wabash Park and the trash in the park has reached an all time high. Have a little respect for those of us that do not view the lawns, parks, bus stops and businesses (especially the library) as your personal trash dump. If you must litter try throwing your glass bottles on the grass so it takes less time to pick up the shards and throw your pizza boxes in a trash can, there are several in the area.

Andrea James

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The Garden in July

Information taken from the Missouri Botanical Garden Internet site.

- Deadhead bulbs and spring flowering perennials as blossoms fade.
- Watch for bagworms feeding on many garden plants, but especially juniper and arborvitae.
- Thin seedlings to proper spacings before plants crowd each other.
- Rhizomatous begonias are not just for shade. Many varieties, especially those with bronze foliage, do well in full sun if given plenty of water and a well-drained site.
- Most houseplants brought outside prefer a bright spot shaded from afternoon sun. Check soil moisture daily during hot weather.
- Continue spraying roses with a fungicide to prevent black spot disease.
- Tired of the same old foundation plantings? Find fresh ideas among the evergreens planted in the Dwarf Conifer collection at the Botanical Garden.
- Trees and shrubs may still be fertilized before July 4th.
- Pruning of spring flowering trees and shrubs should be completed before the month's end.
- Water turf as needed to prevent drought stress.
- Mow lawns frequently enough to remove no more than one-third the total height per mowing. There is no need to remove clippings unless excessive.
- Gradually increase the mowing height of zoysia lawns throughout the summer. By September, the mowing height should be 2 to 2.5 inches.
- Mow bluegrass at 2 to 3.5 inch height. Turfgrasses growing in shaded conditions should be mowed at the higher recommendations.
- Zoysia can be fertilized now while actively growing. Do not exceed 2-3 pounds of actual nitrogen fertilizer per 1000 sq. ft. per year.



TAI CHI

Self Healing Movements

Thursdays
 1:30 to 2:30 pm

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Splash at Wabash

The SPLASH at Wabash Aquatic Complex in January-Wabash Memorial Park has become Ferguson's favorite summer place to cool off. The SPLASH has something for every member of the family: spiral slide, a speed slide, a zero-entry pool with a water works play area, the lazy river, whirlpool, a splash pad playground for younger kids, diving board, the six lane lap area and a huge deck area with lounges, umbrellas and tables. The SPLASH also features the Cannonball Café with all your concession favorites and more. With the major renovations the SPLASH is sure to be the place to be this summer!

FEE SCHEDULE

Wabash Club Memberships:

Individual: \$50 CC Members; \$65 Residents; \$125 Non-Residents
 Family: \$99 CC Members; \$135 Residents; \$210 Non-Residents
50 % discount - beginning July 5

Non Club Membership:

Individual: \$25 Resident Mini - Member (10 individual uses)
 Daily Rates: (age 3 and under free)
 Open Swim: \$3.50 Residents (\$2 Tues); \$6.50 Non-Residents (\$5 Tues)
 After 4pm: \$2.50 Residents; \$5.00 Non-Residents
 Adult Swim: \$2.50 Residents; \$4.50 Non-Residents

HOURS OF OPERATION

SPLASH Phone (314) 521-1313 Open Daily May 26 through August 12*
 Open Swim: Mon, Thurs, & Sun (1:15 pm - 6 pm)
 Tues** & Sat (1:15 pm - 7 pm); Wed & Fri (1:15 pm - 8 pm)
 Adult Swim daily (12 pm - 1 pm)

*Date subject to change

**Close at 5:00 p.m. on Tues for swim meet—June 12, 19, 26 & July 10

The Splash will be closed for Municipal Swim League North Conference Prelims and Finals Saturday, July 21—Sunday, July 22

MULTI USE CARD

The \$35 card is good for 10 SPLASH admissions for daily open swim/adult swim. The card may be purchased by Ferguson residents with a valid SPLASH ID; employees who work in Ferguson; students/faculty at the Community College and UMSL; and residents of Dellwood, Calverton Park, Normandy, or Pasadena Hills. The purchaser must show proof of residency or employer, be 18 or older, must be present for use; and may bring a guest(s).

Swim Lessons

Group Lessons—Ages 6 & up

DATES	DAYS	TIMES	#WEEKS
July 9 - July 20	Mon through Fri	11:00am-11:45am	2
July 23 - August 3	Mon through Fri	11:00am-11:45am	2
June 4 - July 5	Mon & Thurs	7:00pm-7:45pm	5
July 9 - August 9	Mon & Thurs	7:00pm-7:45pm	5

\$30 Member; \$35 Resident; \$40 Non-Resident

June 2 - Aug 11	Sat	11:00am-11:45am	9
-----------------	-----	-----------------	---

\$25 Member; \$30 Resident; \$35 Non-Resident

Preschool Lessons—Ages 3-5

DATES	DAYS	TIMES	#WEEKS
July 9 - July 20	Mon, Wed, & Fri	10:30am-11:00am	2
July 23 - August 3	Mon, Wed, & Fri	10:30am-11:00am	2
June 2 - July 14	Sat	10:30am-11:00am	6

\$30 Member; \$35 Resident; \$40 Non-Resident

Parent & Tot—Ages 2 & up with parent

DATES	DAYS	TIMES	#WEEKS
July 9 - July 20	Mon, Wed, & Fri	10:30am-11:00am	2
July 23 - August 3	Mon, Wed, & Fri	10:30am-11:00am	2
June 2 - July 14	Sat	10:30am-11:00am	6

\$25 Member; \$30 Resident; \$35 Non-Resident

Adult Lessons—Ages 15 & up

DATES	DAYS	TIMES	#WEEKS
July 9 - August 2	Mon & Thurs	7:00pm-7:45pm	4

\$30 Member; \$35 Resident; \$40 Non-Resident

No classes will be held Saturdays June 30 and July 21

Aqua Fitness—Water Aerobics (Part of our Silver Sneakers program)

DATES	DAYS	TIMES	#WEEKS
July 9 - August 9	Mon & Thurs	6:00pm-7:00pm	5
June 5 - July 5	Tues & Thurs	10:00am-11:00am	5
July 10 - August 9	Tues & Thurs	10:00am-11:00am	5

Silver Sneakers, Free; Drop in, \$5/visit; Or register for the session and save: \$35 Member; \$40 Resident; \$45 Non-Resident

Dog Splash

Bring your dog out for an evening of swimming and socializing.
 Age: Open to All Ages (must be with an adult)
 Date: Sunday, August 13th
 Time: 6pm-8pm
 Location: Splash at Wabash Aquatic Complex
 Fee: \$10/Dog and 1 Human; \$3/Additional Human

Blast From The Past Days

Enjoy deeply discounted concession items with the price admission.
 Age: Included with open swim admission
 Day: Thursdays
 Dates: July 5th, & July 19th
 Location: Splash at Wabash Aquatic Complex

Back to School Splash

Back to school blues have you down? Come cool off at the Splash one more time before the pool season ends. Event will include fun games, discounted food items and attendance prizes.
 Age: Open to All Ages (under 13 must be with an adult)
 Date: Saturday, August 11th
 Time: 7pm-9pm
 Location: Splash at Wabash Aquatic Complex
 Fee: Free to Members; \$5 Resident; \$8 Non-Resident

ADDITIONAL SPLASH AT WABASH INFORMATION

Residents-Residents are required to have a City of Ferguson issued identification card to receive resident rates or be admitted on the weekends & holidays.

Non-Residents are now welcome during ALL OPEN HOURS but must pay the non-resident daily rate.

Closing Policy-The Splash will not open for the day if the air temperature is below 75 degrees at 11:00 a.m. and the forecasted high for the day is 80 degrees or less. The complex will also close during periods of severe rain and/or lightning. In addition, the Splash may close if there are less than 25 swimmers after 2:30 p.m. with rain checks issued only if closed before 4:00 p.m.

Zion Fish Fry Every Friday Until Fall 4:00-7:00 p.m.

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By Bob McCarty

Monticello

Earlier today, all of the columnists, advertisers, and anyone that had something for the July Edition of the *Ferguson Times*, received an email from my Editor-in-Law. The email stated that, "seeing as how the Fourth of July will be earlier than usual, anything of interest

that needs to be in next month's paper better be here early or it's not going to be printed," or something like that.

In the grand scheme of things, that just didn't fit in my schedule, so this month's article will be a repeat from yesteryear. Okay now, close your eyes and click your heels three times, step into the WayBack Machine, and set the date for July 4, 2012. SWOOOOSH! And here we are!

If you've ever been to Monticello, you'll know what a beautiful place it is. If you've never been there, you'll want to make the trek after reading this article. So here you are, facts and nothing but the facts about everything you ever wanted to know, or maybe not, about Monticello, but were afraid to ask.



Monticello, which translate to 'Little Mountain' in Italian, is located in Albemarle County, Virginia, approximately three miles outside of Charlottesville. It was built, but where else, on top of a little mountain.

The mountain top was cleared and leveled in 1768 and the first part of the house was completed and made habitable in 1772. This first design was completed, except for the decorative woodwork in 1784. This design consisted of 14 rooms from the cellar to the second floor.

In 1784, Jefferson left for Europe where he was greatly influenced by European design and architecture. During his time in France, he marveled at the engineering of the hydraulics that pumped water to the Royal Gardens, and the theaters he visited. He was greatly impressed with the architecture of the Grand Hotel, the cathedrals and palaces. Upon his return to Monticello, Jefferson began to work on a new design and enlarging the house.

In 1796, demolition of the second floor and the construction of the new design began. It wasn't until 1809 that Monticello was completed. The new design of the house itself, not including the pavillions or rooms under the north or south terraces, has 11,000 square feet of living space and 33 rooms.

From the ground up, the stone for the cellars/foundation was quarried from Jefferson's land holdings, as was the limestone for making mortar to hold the bricks in place. The bricks were made at Monticello as were the nails that held it all together, The structure's timbers were harvested from Jefferson's land, but the window sash were made in Philadelphia from imported mahogany and the glass was imported from Europe, Bohemia to be exact. Do you know what a Jefferson window is?

The house was built by local white masons with their apprentices, and the local white carpenters were assisted by several of the Monticello slave carpenters. John Hemmings, a Monticello slave, became a highly skilled joiner and carpenter. Hemmings, now that name sounds familiar.

In 1800, Jefferson estimated the value of the house at \$6300.00. In his notes, he accounted that his expenses for the period from March 1801 to March 1802 to be \$2,076.29. His calculation for the next year was to be \$3,587.92. Using these calculations, and the total years working to get the house built, (28 years), the total cost to build Monticello would have been over \$100,000.00. That was a lot of money in the early 19th century. No wonder Jefferson was broke and in debt when he died.

French architecture was a tremendous influence on Jefferson's second design of Monticello. The dome placed over the already existing parlor was the most dramatic. Monticello was the first American home to sport a dome. Another French feature was to give the three story house the appearance of being only one story tall. The second story windows were placed at the floor level so that they would appear to be an extension of the first floor windows. Other innovative features include alcove beds, and a dumb waiter system to help bring food and drink from the kitchen and wine cellars.

I am not moving in on the 'Plumber's Crack's' territory here, but Monticello featured five privies or toilets in the early 19th century. These privies were referred

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to by Jefferson as "Air Closets." These Air Closets were not much larger than what would be needed for a seat. Below the seat was a chamber pot that was removed when necessary. These Air Closets were ventilated through a skylight that extended through the floor to the sub-cellar level where it joined a masonry lined tunnel that was 2-1/2 feet wide by 3-3/4 feet high with a fall of three inches in 10 feet. This tunnel is 125 feet long and comes out on the east side of the house. The theory is that the tunnel functioned as an air tunnel that would supply the skylight shafts with fresh air and push the pungent air out through a chimney flue.

Well what do you think? Are you ready for a tour of Monticello? I know Oh Baby is ready just from that last description.

Of course, some of you may have already know this or maybe even figured it out, but a Jefferson Window is a sash window that goes from the floor to the ceiling. Did he invent this window? I don't know . . . but I've never heard them refered to as Lafayette Windows. Jefferson Windows just sounds better. I didn't have enough room in this article to tell you about the Great Clock. I will tell you though that when we visited Monticello last summer, the Great Clock was not working! It had been working for 210 years and the week we were there, it was broken.

I hope you have enjoyed this unofficial and unsolicited tour of Monticello. If you are in the neighborhood, don't pass up the opportunity to tour the house of our third president, Thomas Jefferson.

Happy Birthday America! I wish you all a happy and safe Fourth of July. So . . .until next month, Bob is On the Job.

July 1st is International Joke Day

Do you think you're funny? The best way to get a feel for a country is to try to understand the humor. Laughter is a universally recognized expression of amusement, and joke telling can become a professional gig for those that truly have the humorous touch. International Joke Day is the perfect day to let out all of the guffaw producing, or groan inducing jokes you've collected over the years, sharing them with friends or any passerby you can get to listen to you.

History of International Joke Day

International Joke Day seems to have officially begun in the United States but whatever the origins of International Joke Day, it is clear that jokes themselves pre-date by hundreds and hundreds of years. The first joke is often attributed to the Greeks, specifically Palamedes, who is also credited with the invention of many other things. An example of ancient Greek joke telling reads thus:

"A barber, a bald man and an absent-minded professor take a journey together. They have to camp overnight, and so decide to take turns watching the luggage. When it's the barber's turn, he gets bored, so amuses himself by shaving the head of the professor. When the professor is woken up for his shift, he feels his head, and says "How stupid is that barber? He's woken up the bald man instead of me."

Greece also boasts the first comedy club, though its purpose was sharing jokes among friends rather than stand up performances as we have now. Jokes have likely been told since man first looked at himself in a pool of water and passed judgment on his own complexion, so it's a safe bet that people have been celebrating jokes for a long time.

Celebrating International Joke Day

There are many options for celebrating! You could simply tell some jokes to a co-worker or friend, or a stranger on the street, whoever seems to need the most hilarity in their day. Or invite your friends over for a joke telling party! Take turns telling jokes or reading them out of a joke book or online source.

Another option is to visit a local comedy club and listen to a professional (or wannabe pro) tell jokes for a night of fun! Find out if the club has open mic opportunities and consider sharing some jokes of your own. If going out for a night on the town doesn't suit your fancy you could pull up some DVD's of a famous comedian's standup routine, such as Robin Williams or Jim Carrey or a TV channel may play an hour long standup comedy special featuring well known comedians such as Daniel Tosh.

Need some inspiration? Try out these international jokes:

France: "What would a parrot says that got its leg stuck in a freezer? Shiver me timbers."

"You're a high-priced lawyer! If I give you 500 dollars, will you answer two questions?"
'Absolutely! What's the second question?'"

Belgium: "Well, you see, there are basically three kinds of people in the world: those who can count and those that can't."

Sweden: 'A guy phones the local hospital and yells, 'You've gotta send help! My wife's in labour!'
The nurse says, 'Calm down. Is this her first child?'
He replies, 'No! This is her husband!'

Canada: You know you're from Canada when....
Driving in the winter is better because all the potholes are filled in with snow.
If the local newspaper requires 2 pages for national and international headlines, but requires three for hockey.
If "vacation" means going anywhere south of Detroit for the weekend.
If you've had a lengthy telephone conversation with someone who dialed a wrong number.
If you find -40C a "little chilly."

China: I was walking down the mall with a friend yesterday when he turned to me and said, "Seeing all those flags on display makes me so proud of my country."

"But Chan, you're Chinese," I replied, "All those flags are British."
"No they're not," he laughed, "just take a look at those labels!"

The above was taken from Google.

Along these same lines, it reminds me of a time many years ago when my husband and I took a cruise on the QEII from New York to England. (It was over Thanksgiving and I guess Cunard was having a hard time filling up the ship at the last minute, because the cost was very affordable.)

Almost everyone on board was British. Shecky Greene (an old time comedian) was entertaining one evening and I thought he was very funny. Nobody laughed. Afterwards I approached him and asked how deflating it must be to get no reaction from the audience."No, no," he assured me. "They thought I was funny, it's just that the British don't laugh out loud."
The Editor



EarthDance Organic Farm School offers FREE farm tours EVERY SATURDAY at 10 a.m. Join us every Saturday for a free, family-friendly, walking, talking, and tasting tour of EarthDance!

We are pleased to offer transportation from the Ferguson Farmers Market. Meet our Farm Systems Coordinator Cat at 501 Plaza S. Florissant Road at 9:45 a.m. to hop on the Jolly Trolley to EarthDance. The shuttle will drop tour participants at the same location after the tour, around 11:15 a.m.

Not taking the Jolly Trolley from the Ferguson Farmers Market? That's ok! Meet us at the farm at 233 S. Dade Ave. Please park on the street and join the tour at 10 a.m. behind the brick house by the picnic tables near the big carrot.

What are you waiting for? Come visit the farm to see a working farm in action, pet a friendly chicken, taste freshly picked produce and much more at EarthDance Organic Farm School!

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Ferguson Boards and Commissions Vacancies as of 6-1-20

Architectural Review Board- 3 Members, 5 year terms, Chair Call
Appointed by Mayor, Council approved

Ward 1-0
Ward 2-1
Ward 3-0

2016-2021 (Architect) _____
2016-2021 (Architect) _____
Positions Nearing Term Limits 2018 or before - 1

Building Board of Appeals- 5 Members, 5 year terms, Chair Call
Appointed by Mayor, Council approved

Ward 1- 2
Ward 2- 2
Ward 3- 0

2014-2019 (Architect) _____

Civilian Review Board- 9 Members, 3 year terms
Appointed by Council

Ward 1-2
Ward 2-2
Ward 3-2
At-Large - 2

At Large Member _____
Positions Nearing Term Limits 2018 or before - 3

Economic Development Sales Tax, 4 year terms
Appointed by Mayor

Ward 1
Ward 2
Ward 3

Resident (Wards 1,2,3) _____
School District Representative _____
St. Louis County Council Representative _____

FNIP Board- 10 Members (9 voting, 1 Council), 3 year terms,
4th Monday (Q), 7:30 pm
Appointed by Mayor, Council Approved

Ward 1- 4
Ward 2- 1
Ward 3- 1

2017-2020 (Insurance) _____
2016-2021 (Bank) _____
Positions Nearing Term Limits 2018 or before - 4

Ferguson Youth Advisory Board

Appointed by Council
Adult Non-Voting Member _____
Adult Non-Voting Member _____
Adult Non-Voting Member _____

Housing Board of Appeals- 7 members, 3 year terms, Chair Call
Appointed by Council

Ward 1- 1
Ward 2- 2
Ward 3- 0

2015-2018 _____
2016-2019 _____
2016-2019 _____
2017-2020 _____
Positions Nearing Term Limits 2018 or before - 1

Human Rights Commission- 7 members, 3 year terms, Chair Call
Appointed by Mayor

Ward 1- 2
Ward 2- 4
Ward 3- 0

2017-2020 _____

Jeske Park Sculpture Garden Commission- 5 members,
1 year terms, Chair Call
Appointed by Mayor

Ward 1- 0
Ward 2- 0
Ward 3- 0

Park Board Member _____
Positions Nearing Term Limits 2018 or before - 4

Landmark Commission- 7 members, 3-year terms
Appointed by Council

Ward 1-1
Ward 2-6
Ward 3-0

2017-2020 _____
Positions Nearing Term Limits 2018 or before - 2

Library Board- 9 members, 3 year terms
Positions nearing Term Limits 2018 or before - 1

Park Board- 9 members, 3 year terms, 3rd Tuesday, 7:00 p.m.
Appointed by Council

Ward 1- 4
Ward 2- 4
Ward 3- 0

2016-2019 _____
2017-2020 _____
Positions nearing Term Limits 2018 or before - 2

Personnel Board- 5 members, 3 year terms, Chair Call
Appointed by Council

Ward 1- 4
Ward 2- 0
Ward 3- 0

2015-2018 _____

Plan Commission- 7 members, 4 year terms
Appointed by Council

Ward 1- 3
Ward 2- 2
Ward 3- 1

2015-2019 _____
2015-2019 _____

Senior Citizen Commission- 7 members, 3 year terms, Chair Call
Appointed by Mayor

Ward 1- 4
Ward 2- 1
Ward 3- 0

2015-2018 _____
2016-2019 _____

Traffic Commission- 7 members, 3 year terms, Chair Call
Appointed by Council

Ward 1- 2
Ward 2- 3
Ward 3- 2

2017-2020 _____
2017-2020 _____
2017-2020 _____

Positions nearing Term Limits 2018 or before - 2

Technology Review Board - 11 members, 3 year terms, Chair Call
Appointed by Council

Ward 1- 0
Ward 2- 0
Ward 3- 0

2018-2019 (4) _____
2018-2020 (7) _____

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Finishing Time

21:32 5K Top Female
Finishing Time

32:48 10K Top Male
Finishing Time

46:58 10K Top Female
Finishing Time

47

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Save
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10th Anniversary
May 18, 2019

fergtwilightrun.com



FergusonOnWatch News
June 13th 2018 meeting minutes
Reported by Keith Kallstrom
(Keith.Kallstrom@gmail.com)



Sergeant Sean Gibbons opened the June 13th, 2018 meeting of the Ferguson On Watch, welcoming everyone. Captain Dennis McBride had retired in early June.

YTD UCR Crime Statistics:

Part 1 Crimes for the year to date (Jan to May) totaled 334, vs last year 412, a drop of over 10%.

Part 1 Crimes include Homicide, Manslaughter, Rape, Attempted Rape, Robbery, Aggravated Assault, Burglary, Larceny, Motor Vehicle Theft, and Arson. The largest drop was in burglary, 129 for 2017 and 46 for 2018. Another notable drop was in Criminal Homicides, which went from 4 in 2017 to 0 in 2018.

Comparing 2015 – 2016 – 2017:

Pt 1 Totals: 1201 – 1262 – 1089

Traffic Summons YTD (January 1 – June 5):

2017 = 976

2018 = 1593

For the entire year:

2015 = 2035

2016 = 2196

2017 = 2668

As seen above, the 1 officer we had dedicated to traffic in 2017 was increased to 2 in 2018. As more officers come on board, and COPS Grants become available, Traffic Summons increases will be made.

K-9 Watch

Officer Gibbons called up Officer Josh McKenney and his K9 partner, Merica. He's a 6 yr old 80# Belgian Malinois (pronounced Malawa), comes from Holland. Officers McKenney and Gibbons staged some K-9 exercises on the parking lot with Merica, for the neighborhood watch attendees. Good thing Officer Gibbons was wearing the "Bite Sleeve" during the exercise, as Merica is armed with one Titanium tooth (Anok has 4).

We will be receiving two more Griffin Foundation donated Malinois K-9's coming on the street June 15, named "Kojak" and "Champ". They will be handled by Officers Kaiser and Kline. We also will be converting 2 of the 4 Dodge Chargers that the city recently obtained from the Highway Patrol into K-9 vehicles. Together with Officer Greg Casem and his K-9 "Anok", we will be up to 4 K-9 units in Ferguson.

Next meeting date

Our next Ferguson On Watch meeting is July 11th, 7:00 PM at City Hall. Have a safe month!

Meals on Wheels Needs Volunteers

Wanted: volunteers to work a few hours a week helping others! The North County Meals on Wheels provides a valuable service to our community. The all volunteer program delivers hot nutritious meals Monday through Friday to approximately 150 people generally limited by medical conditions. The service allows some of our residents to live at home who might otherwise have to make other arrangements. Currently the program is in dire need of drivers and dispatchers. Volunteers usually drive once a week and deliver meals on one of 20 different routes in North County. It takes about an hour and a half and drivers are usually done by 12:30.

For more information call 314-953-6800. Your help can make a difference in someone's life.



**The Date to Remember,
9th of September
Sunday, Sept 9, 2018**

Sherlock's Pal

Here's a huge philosophical question, one that has eluded every book on philosophy I have ever read or acted like I read (in order to impress a professor, a girl, or the odd assortment of characters that usually inhabit the nearest table at the local Starbucks): Why do human beings use signs? Now, I know what you're thinking. You're thinking that I was a writer on Seinfeld back in the day, i.e. someone who writes about "nothing." If this is what you think then I will pray for you and your lack of discernment.



No, I ask this question because it seems to me that homo sapiens is the only species that uses signs—other than a few chimps who are taught limited sign language or the chumps who occasionally signal to me what I can only assume is their I.Q (or they have a strange way of signaling that their pickup truck is #1).

And boy, do we use signs. We have giant signs on the sides of interstates and highways in order to convince us that we are hungry or that we need to hire an attorney. We use signs to tell us where the bathrooms are so that when nature calls the custodians won't have to work overtime. We have church signs with witty and humorous sayings, such as "Blah, blah, blah, church starts at 10:00 a.m." We carry homemade signs for downtown marches so that others will know how snarky and smart we really are. So here is the answer to my huge philosophical question: Signs help us communicate something we want to say in a way that allows us to do other things while communicating what we want to say. The signage phenomenon helps us get a good night's sleep, save our vocal cords, and maintain at least an outward appearance of sanity. We make and use signs so that we don't have to stand on the side of the road and yell at traveling motorists with directions and schedules of our favorite restaurants. Stuff like that.

And then there is the sign that I recently lodged in my office for safekeeping, one that had been in our church parking lot for many years, with the words: "Reserved: D. Bollinger." I have to say that this might be my favorite sign ever. Not only did it free up the time on Sunday mornings for people who might otherwise feel compelled to stand in the parking lot and inform would-be churchgoers that this particular spot is reserved for a "D. Bollinger," it also signaled (did you see what I did there?) would-be churchgoers that this "D. Bollinger" is important and valued that we, the congregation, feel compelled to stand in the parking lot for a couple of hours in order to inform would-be churchgoers that this particular spot is reserved for a "D. Bollinger," but that would be monumentally impractical . . . especially since homo sapiens knows how to make signs.

In case you have been living under a road sign for so long that the bird droppings have matted your hair and decimated your observational skills (note: "decimated" literally refers to destroying 10% of something), you might not have noticed that Ferguson's Dwain Bollinger is no longer buzzing around town in his motorized wheelchair with St. Louis Cardinals flags flapping near his shoulders. Dwain is no longer with us in body, yet the memory of his infectious and uncontrollable smile continues to be a sign for us (did you see what I did there?) of the best of the human spirit. If you never met Dwain, sit down for a cup of coffee and ask someone about him and make sure you know where the bathroom signifiers are . . . because you're probably going to ignore your expanding bladder for a while.

Dr. Jimmy R. Watson, Pastor, Immanuel United Church of Christ,
Ferguson, Missouri
Please feel free to write to me at sherlockspal@yahoo.com

Celebrating July 2nd?



During the American Revolution, the legal separation of the Thirteen Colonies from Great Britain in 1776 actually occurred on July 2, when the Second Continental Congress voted to approve a resolution of independence that had been proposed in June by Richard Henry Lee of Virginia declaring the United States independent from Great Britain rule.[5][6] After voting for independence, Congress turned its attention to the Declaration of Independence, a statement explaining this decision, which had been prepared by a Committee of Five, with Thomas Jefferson as its principal author. Congress debated and revised the wording of the Declaration, finally approving it two days later on July 4.

Coincidentally, both John Adams and Thomas Jefferson, the only signers of the Declaration of Independence later to serve as Presidents of the United States, died on the same day: July 4, 1826, which was the 50th anniversary of the Declaration. Although not a signer of the Declaration of Independence, James Monroe, another Founding Father who was elected as President, also died on July 4, 1831. He was the third President who died on the anniversary of independence. Calvin Coolidge, the 30th President, was born on July 4, 1872; so far he is the only U.S. President to have been born on Independence Day.

Artful Considerations

by Robin Shively



“The human body is the best work of art.” - Jess C. Scott

“I Am a Human Being” opens with a reception on Saturday, July 7th, from 4:00 p.m. – 6:00 p.m. at Good Shepherd Arts Center, 252 South Florissant Road. The show will feature a number of artists as they explore our common humanity – the mystery of the human body, the dignity of the human person and the creative intelligence of the human mind. Check the Good Shepherd Arts Center (GSAC) website at www.goodshepherdarts.org for updates and a list of participating artists. Other activities planned for July at Good Shepherd Arts Center include:



Friday, July 13 at 7:00 p.m. Adult Coloring Night - color post cards (and write messages) for the #ThisIsMyFerguson exhibit.

Friday, July 20 at 7:00 p.m. Adult Coloring Night, just in case you missed it last week-

color post cards (and write messages) for the #ThisIsMyFerguson exhibit.

Friday, July 27 at 7:00 p.m. Open Art - come play with a variety of supplies. Emphasis is on play - not production! Accompanied children are welcome. Also, last night for “I Am a Human Being.”

“Small Wonders”, an exhibit of miniscule watercolor works by Jeff Arnold, a longtime Ferguson resident and Jennings art teacher, continues at Corners Frameshop & Gallery, 425 South Florissant Road, through the end of July.

Corners Frameshop & Gallery invites all members of the community to stop in any time during business hours to decorate a little blackboard which will be combined with others to create a single collaborative artwork that will be entered in the #ThisIsMyFerguson exhibit. Corners will supply paint pens and a mini chalkboard on which participants may write words that evoke cherished memories, affirm one’s present values, or portray visions for the future.

“Art at the Market” happens each 2nd and 4th Saturday at the Ferguson Farmers Market at Plaza 501 on South Florissant Road. Local artists sponsored by the Northern Arts Council provide demonstrate various techniques and media for art-making and creative experiences for all ages. This season’s community arts theme is #ThisIsMyFerguson.



Final preparations are being made for the “#ThisIsMyFerguson” exhibit. If you are an artist wishing to participate you must submit a digital image to info@goodshepherdarts.org by no later than midnight, July 31. Any questions, call GSAC: 314-522-1155 or email.



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North County Inc. Honors North County Leaders



North County Incorporated (NCI) honored several area leaders for their contributions and commitment to the North County region at its Annual Leadership Breakfast. More than 525 business, civic and community leaders attended the sold-out event.

Trivia

All answers begin with the LETTER “C”

1. Irritable.
2. A statement without disguise, pretense or reserves.
3. Relaxed, comfortable. Often describing manner of dressing.
4. A word used to describe a period of 100 years.
5. A ritual. A formal act or deed.
6. A group of singers, usually in church.
7. A talon
8. A client or patron.
9. Weather conditions.
10. What Sherlock Holmes always seems to find.
11. A struggle to win a prize or a goal.
12. Less than “Top Secret”.

See answers at bottom of page 23.

The Best of Ferguson

– by Ruffina Farrokh
p, M.A.



Dwayne T. James



Dwayne participating in the 2018 Ferguson Twilight Run

I had the pleasure of meeting Dwayne, a vibrant Ferguson personality, introduced to me by our mutual friend Stefannie Wheat. Dwayne is clearly a “people’s person!” He is easy to talk to, overflowing with charisma. I felt again in this outstanding resident, the richness of the people who have woven the tapestry of Ferguson with their significant personal contribution. Dwayne is also an articulate speaker, something I particularly appreciate as American English is not native to me.



Dwayne serving on the City Council.

Dwayne was born in St Louis and raised in Normandy. He has lived in Ferguson since 1998. He lived first in the Old Ferguson West neighborhood where he was part of the OFW Neighborhood Association. He later became a member of the Planning and Zoning Board and then served as a Ferguson City Councilman for nine years. He is at present on the Planning Committee of the Annual Ferguson Twilight Run and is a board member of the



Ferguson Youth Initiative. Dwayne has volunteered extensively, always thinking of “paying it forward.” He worked closely with residents, neighbors, businesses and the city to plan the Plaza at 501, the building of the Dog Park, and in getting the Energy Efficiency Policy and the Ordinance for Community Gardens passed.

Dwayne is a civil engineer and has worked in the designing of bridges. He has his Bachelor’s and Master’s degrees in Civil Engineering, and credit hours towards his Master’s in Secondary Education. He currently works as the County Program Director for the University of Missouri Extension.



Dwayne facilitating a FYI Next Steps workshop

Dwayne loves travelling and has visited all 50 states! He’s training to run a marathon in October, both as a personal goal and a way to raise funds for the Ferguson Youth Initiative. He has run 5Ks and 10Ks before, a few half marathons, but never a full marathon! We are rooting for him on his 26.2 mile marathon!



Dwayne and family on one of their annual family trips.

Dwayne is a good leader and his skill is in bringing out the best from those around him! He enjoys learning from others even as he shines as a leader. I asked him to share with me some words of wisdom and he remembered his grandfather urging him to “keep on keeping on” when things were rough. He thinks his “gramps” was an amazing man, and that he comes from some strong “stock” among his grandparents, parents, aunts, uncles and cousins. He feels there’s always someone to turn to for words of encouragement. He added to this, the quote he receives to himself: “IF. If you can keep your head when all about you are losing theirs. If you can force your heart and nerve and sinew...”

Dwayne loves reading and fondly recalls checking out books at his gramp’s very own library! He enjoys movies and I discovered we both loved watching historical docu dramas on Netflix! He excels at math and used to teach the subject at St Louis Community College. He also loves coffee! Starbucks was a good place for our interview!

Cheers to Dwayne for representing the very Best of Ferguson!

The author teaches the Transcendental Stress Management program and conducts retreats at home and abroad. She is recognized as a spiritual leader specializing in giving Shaktipat by sight (transference of spiritual energy) and enabling others to have refined perception through the opening of their third eye. Email: rfanklesaria@gmail.com www.BestAgainst-Stress.com 314 766 4391



I Love a Parade

The first parade that I remember was probably in the very late 1930s. My father worked on Washington Avenue in St. Louis and the Veiled Prophet Parade ran right in front of the door. As I recall, his office was on the second floor and I could see very well out of the huge windows in front of the building. But . . . of course I wanted to watch the parade while sitting on the curb down in the street.

At that time, the floats had to run along the street-car tracks for their power. The parade was always at night and the streetcar power lines provided plenty of illumination to a little girl of six or seven. Mounted policemen rode alongside the floats, and you can imagine how huge those horses looked to me as I sat on the curb. I'm sure my mother would have insisted that one of my older siblings accompany me outside, but I don't remember them, and I felt quite brave. The horses were more interesting than the floats.

My love of parades continued as I grew older. I saw to it that my children never missed a parade, even as the parades in St. Louis grew more numerous. Later on there was the St. Patrick Day and Mardi Gras Parades, then the Labor Day, Christmas and various local community parades.

Then one year the kids and I were at a Veiled Prophet Parade in downtown St. Louis (the parades were still only held at night). We were sitting on the curb, as was always my favorite spot, when a young man ran across the street, right in front of the float and plowed right into the spot where we were sitting. We scattered and then a number of policemen came running after him and we had to scatter again. Apparently there were other such incidents that night because the next year the parade was held during the day.

Part of the Veiled Prophet Parade was always a float depicting the Mysterious Veiled Prophet of Khorassan and his Queen of Love and Beauty. No one ever knew the identity of the Veiled Prophet, nor did they know who was selected queen until the night before the parade when the queen was chosen at a ball. Everything was filled with secrecy and pageantry. For several years the crowning of the queen was broadcast live on national TV. Since the queen was always a society debutant, sometimes she would be quite ordinary looking. I wondered then if people across the country really thought that young girl was the most beautiful and loveable woman in St. Louis.

It wasn't until years later that Ferguson began their 4th of July parade. Of course I'll still be watching the parade, but I guarantee you, I won't be sitting on the curb.

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Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

- 4th of July Parade and Festival Sat., June 30
- Blast From the Past Prices – Splash. Thurs., July 5
- Free Concert –SAFB Airlifter Brass – St. Peters Fri., July 6
- Reading on Race Book Club – Library Mon., July 9
- Vacation Bible School – Oak Hill Baptist Mon.-Thurs., July 9-12
- All About Eagles – Library Wed., July 11
- CityWalk Concert Series – Chaz45 – Plaza @ 501 Fri., July 13
- Instrument Petting Zoo – Library. Sat., July 14
- Day Trip to Winery Sun., July 15
- Now Hear This (science of sound) – Library Thurs., July 19
- Lunch and Bingo – Community Center Thurs., July 19
- Blast From the Past Prices – Splash. Thurs., July 19
- "Hidden Figures" Film Series – St. Louis Art Museum Fri., July 20
- I love Ferguson Golf Tournament – Florissant Golf Club Sat., July 21
- "Jumanji" Movie – Community Center. Sat., July 21
- Cardinal Trip to Cincinnati Tues.-Thurs., July 24-29
- Tuesday Night Book Club – Library Tues., July 24
- Ferguson City Council Meeting – City Hall Tues., July 24
- Sounds of Seuss – Library Wed., July 25
- Day Trip to Hollywood Casino. Wed., July 25
- This Is My Ferguson Art Show – Library Thurs., July 26
- Teen Night at the Splash Fri., July 27
- CityWalk Concert Series – Powerplay – Plaza @ 501 Fri., July 27
- Mystery Meal Thurs., Aug. 2

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Due to the continued absence of my regular proof-reader-in-law, no one proofread this issue. Sorry for any mistakes.



Answers to Trivia on Page 21:

1. Cantankerous
2. Candid
3. Casual
4. Centennial
5. Ceremony
6. Choir
7. Claw
8. Customer
9. Climate
10. Clue
11. Contest
12. Confidential

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