

Serving Ferguson and Surrounding Communities



Check Out the New Farmers' Market Location PLAZA @ 501 (501 S. Florissant Rd.)

Saturday, September 1st

Special Event: Christian Hospital focuses on Mental Health, 9-11
Band: The Bedlam, Brothers, 9-11

Saturday, September 8th

Special Event: Washington University will be doing an experiment – stay tuned to Facebook for more information.
Northern Arts Council: "Art at the Market" – each 2nd and 4th Saturday. LOCAL ARTISTS provide demos, art-making and creative experiences. NAC sponsored Artists will feature various techniques, media and themes. Open to ALL AGES! Community Arts theme this season: #ThisIsMyFerguson. 9-11
Band: Crossover Band, 9-11

Saturday, September 15th

Special Event: Game Day – Giant Jenga, Bowling and other fun games.
Ferguson Eco Team: Creating a more environmentally sustainable, spiritually fulfilling, and just humane presence in the Ferguson area and on the planet.
Band: Stuart Johnson, 9-11

Saturday, September 22nd

Special Event: EarthDance Organiz Farm School's Greens Cookoff.
Northern Arts Council: "Art at the Market" – each 2nd and 4th Saturday. LOCAL ARTISTS provide demos, art-making and creative experiences. NAC sponsored Artists will feature various techniques, media and themes. Open to ALL AGES! Community Arts theme this season: #ThisIsMyFerguson. 9-11
Band: Buchannon Brothers, 9-11

Saturday, September 29th – NO MARKET – StreetFest at 501 Plaza

Come Visit Us Saturdays, Now thru October 8am - Noon
20 S. Florissant, at the Victorian Plaza (just south of the train trestle)
Check our our website, FergusonFarmersMarket.com
"LIKE" us on facebook

Ferguson StreetFest 2018

Friday September 28, 5 to 11 p.m.
Saturday, September 29, 3 to 11 p.m.



Great live entertainment including...

Friday:
Jeske Park.....5-7 p.m.
Dirty Muggs.....8-11 p.m.

Saturday:
Dance Floor Riot.....4-7 p.m.
Super Jam Band.....8-11 p.m.



Held at Plaza @ 501
(501 So. Florissant Rd., Ferguson)

NO COOLERS PLEASE
Beer and cocktails sold on premise.
For updated information go to: www.fergusonstreetfest.com

6th Annual TheTasteInFerguson.com



Food Sampling • Beer and Wine Tasting • Music
Kids Activities • Family Fun • Celebrity Chef Cooking Demonstrations

Sunday, September 9, 2018 • 3-6 p.m.

Savoy Banquet Center
119 S Florissant Rd | Ferguson, MO

FOOD VENDOR COMPETITION CONTINUES
"THE REMATCH"

Purchase your tickets at participating culinary vendors,
Ferguson Farmer's Market, Robinwood Automotive
and online at: www.TheTasteInFerguson.com

Tickets \$25.00 • Children 10 & Under FREE

3RD ANNUAL FARM TO TABLE DINNER

Rescheduled Date
Sept. 6th, 2018, 6:30-9:30 PM

THIS YEAR HELD OUTSIDE AT PLAZA 501!
WINE TASTINGS, BEER SAMPLING, LIVE MUSIC, GREAT FOOD.

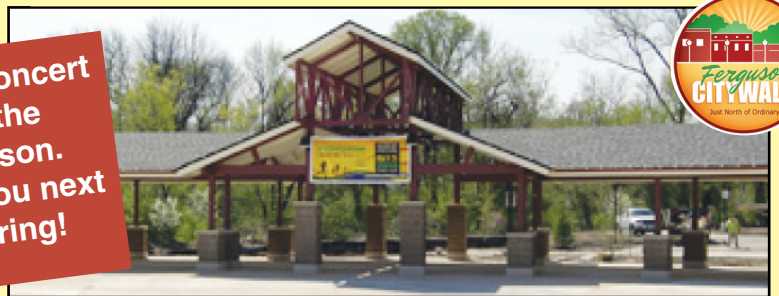
This year's menu:

Salad- spring mixed with mango pineapple orange and lime vinaigrette.
Appetizer- tostones with salsa rosada de ajo Main Dish Options-
Grilled chicken breast over coconut rice smothered in basil cream sauce w/ a side of
beef and rice empanada or Arroz con frijoles, grilled pork in sofrito sauce w/ side of
plátano maduros, grilled pineapples, and fried yuca with queso.

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CITYWALK CONCERT SERIES

Last Concert
of the
Season.
See you next
Spring!



Friday, September 14
Wildfire

"The HOTTEST country band in the Midwest, Wildfire brings a non-stop party with fresh high-energy arrangements of your favorite country songs."



7:00 p.m. to 10:00 p.m.

501 So. Florissant Road • 524-5197

Bring a lawn chair. Coolers are permitted. No glass.
Concessions available for purchase.
citywalk@fergusoncity.com • www.fergusoncitywalk.com



August 2018

This past Friday several members of the Ferguson Special Business District and the Ferguson Main Street Board attended a Strong Towns meet and greet.

Strong Towns described, "As a media organization leading a national movement for change. We're challenging every American to fundamentally rethink how our cities are built, and we're shining a spotlight on an approach that will make us truly prosperous."

As we talked, every person had heard of Ferguson and each person knew something different about us. One young couple spoke about the houses and how beautiful they were, another lady spoke about the Ferguson Brewhouse, the organizer spoke highly about EarthDance Organic Farm School and yet another spoke about the new lofts. It was an honor to able to represent this diverse town!

Fall is in the air; the kids are back to school and we can start enjoying those cool evenings on the patio again. Drake's Place, Marley's Bar and Grill, Ferguson Brewing Company, Cork, Baked Pizza, Cathy's Kitchen, and Vincezo's all include outdoor seating. We invite you to take a stroll after dinner and visit our shops and galleries in the downtown district.

Speaking of September, September means one thing in Ferguson, STREETFEST! This year's festival is Sept. 28/29 and features great live music, food, retail booths and last year's favorite – the glowing bubble bus. If you want to get involved (we always need volunteers), contact Marveena <marveena@fergusonmainstreet.org>. Dirty Muggs will be featured Friday night and Super Jam Saturday night.

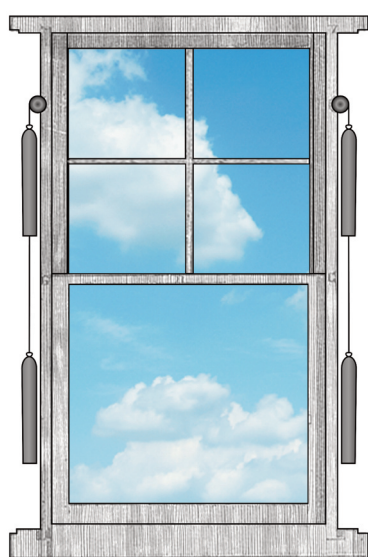
The farmers market continues through October, with the third-annual Farm to Table, Saturday, Oct. 6th at Plaza 501. Tickets available every Saturday at the farmers market. The community garden is beginning to take shape and will be ready for fall planting, anyone interested in volunteering or reserving a plot can contact the Friends of the Market Garden Committee at <fomgarden@gmail.com>.

Preparing for the holiday season, Northern Lights will be held at Plaza 501, Sunday Nov. 25th 4-8pm this year. After the parade, stay for the tree lighting, free carriage rides and kids' events.

Want to stay in the know for all the downtown business district news? You can visit our new Ferguson Main street website at <www.fergusonmainstreet.org> or text "fergmainstreet" to 22828 to sign up for our weekly newsletter, and be sure to like us on Facebook at Ferguson Citywalk. It is the easiest way to stay in the loop.

CityWalk business owners have a standing invitation to attend meetings of the Ferguson Special Business District Advisory Board, which meets the 2nd Thursday of the month from 5:30-7:30 p.m. FSBD meets at Thomas Professional Building, 910 S. Florissant Rd. For more information, please contact Robin Shively at 314-495-7452 or <cornersframing@gmail.com>.

Maintaining Yesterday, For Tomorrow



WINDOW RESTORATION
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314-769-1413

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net
Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.

The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

Happy September to you all. I thought I would change my opening for once and not tell you about things you already know. I mean really – unless your stuck behind 4 walls you can see what's going on around you. The things you should know are what I'm interested in. I want you to think about 4 September events that are happening in your community besides the Plumbers Crack. Please attend or support these events. I'll be watching for you.



Well my friends I wrote an article a year or two ago about buying and selling homes and there were a lot of ugly facts in it. Since then things have gotten worse. If you're buying a house in unincorporated St. Louis County or anywhere, you do need an occupancy inspection. Demand the seller has that occupancy inspection before you put a contract on that house. What's been happening is reoccupancy inspectors are calling out the most obvious things they see and the home owners correct those problems. The trade inspectors come in and, kaboom, fireworks start.

Let's start with a bathroom put in a basement say 30 years ago and the house was sold twice in that time; the County said nothing about it. Now the occupancy inspector says I don't see a permit sticker anywhere. I want a licensed plumber to look and see if it is installed to code. The Plumber finds something wrong under the sink; something minor; pulls a permit and fixes it. Now the plumbing inspector comes to inspect it and wants all the walls opened up to see if it's up to code.

Now the electric inspector comes out and demands all the wiring be pulled out and cut into small pieces and replaced by a licensed electrician. Sound far fetched? I've seen this happen with my own eyes several times this year.

times the seller goes ahead and makes the changes, or they just pull the house off the market. Most of the time they cap off the bathroom and lose the sale because it's not what the buyers made an offer for.

I've seen an inspector come out to look at a specific problem called out by the occupancy inspector after the home owner has it fixed, and found other things wrong. Things that are put in up to code but permits were not pulled and has forced the home owner to take out and redo it with a permit. This is happening every day.

My advice to you is, buyer and seller beware of St. Louis County until they can get all the inspections on the same page. Stick with municipalities like Ferguson where you will get compassion and a fair shake with common sense.

Well my friends I'm going to close how I opened; I'll look forward to seeing you at blank, blank, blank and blank. Let's have some fun. As always, look out for your neighbors; their problems could be yours next. Watch out for our kids; keep them involved. There are tons of good programs to keep them out of trouble. Hug and nurture them babies.

God Bless you all. If you didn't know it He already has. Just find it.

Oh Baby

Sometimes it goes to court. Some-

Premier Plumbing Solutions

P8563,D8563



Say "I Love Ferguson"
When presented your
bill and receive.....

\$10 OFF

Dave Walters (Oh Baby)
Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222



50th Year Celebration!

Faraci Pizza has been serving the Ferguson Community for 50 Years with old-school, family-run St. Louis style pies and sandwiches.

**520 South Florissant Road
Ferguson, MO 63135
314-524-2675**

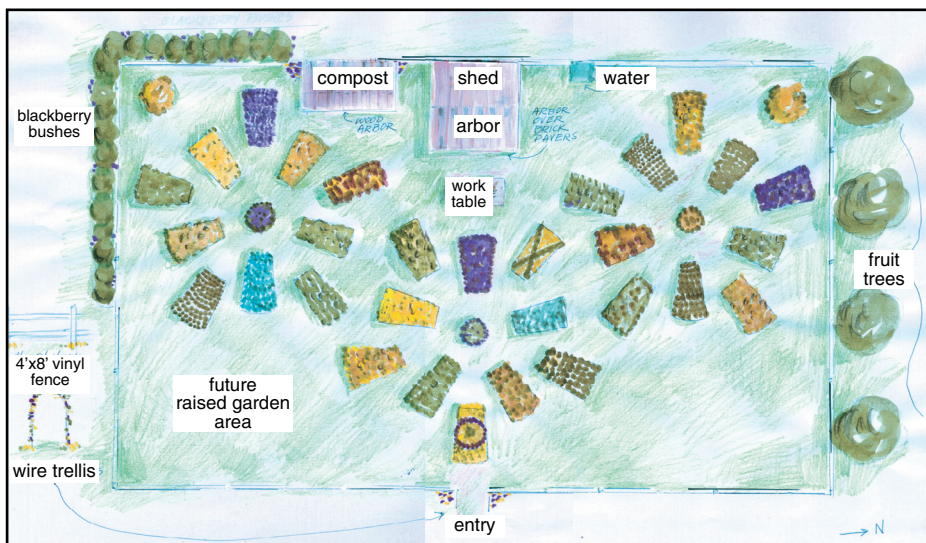
Ferguson Farmers Market Update



A letter addressing Ferguson Farmers Market concerns from the FSBD Advisory Board:

Recently in a Main Street Townhall meeting, the facilitator asked, “How many of you like change?” It struck me at that meeting that very, very few people raised their hand with me. I could tell you who they were, and I don’t think you would be surprised, but I will let you ponder on who the innovators of our community are. As George Bernard Shaw said, “Progress is impossible without change”.

There has been a lot of talk about the farmers market recently; why it moved, can it move back, why is it different, can it go back to the way it was? Honestly, no it can’t. Have you driven by that parking lot that used to house the market? It’s always full, and as one morning volunteer stated, “It was very hard to have cars towed every week”. Did you know that almost every Saturday one or two cars were towed from that lot? The surrounding business owners also want to be able to use that lot for their customers to park and they should! Economic development is the backbone of downtown business districts. Businesses needing those spaces is a good thing! We should be celebrating the need to move the farmers market to a community location that is not used for any other event on Saturday mornings. We are fulfilling yet another vision in the downtown strategic plan. This is a 20-year plan that residents and business owners spent hours developing and we are taking another step towards its completion. It will take time to fulfil the vision plan. We really wish we could do everything all at once, but we are willing to take the time, work hard, raise the money and do it right.

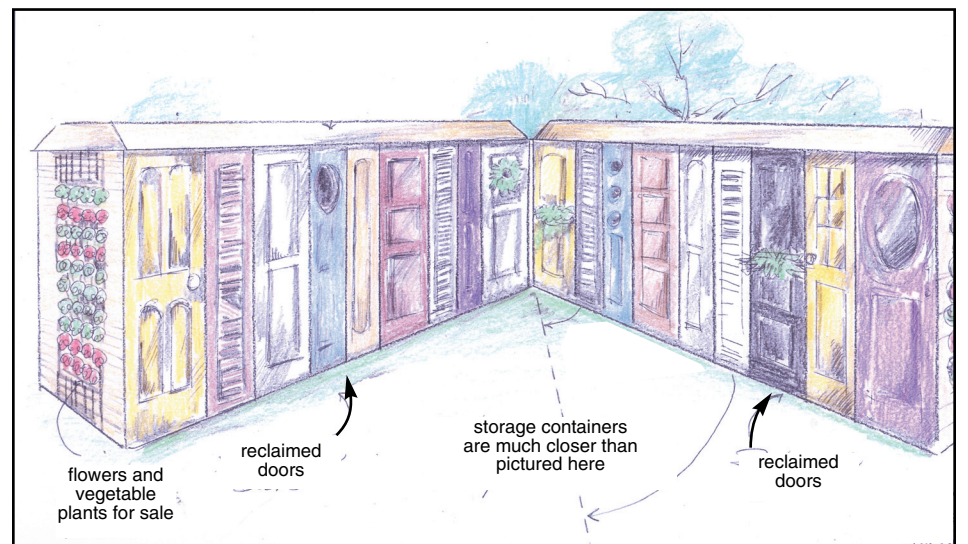


Sketch of the future Community Garden located at the plaza. In the next few weeks you will start seeing the beds for the garden go in. We are starting with 15 beds. If you are interested in reserving a plot, volunteering, or donating supplies, please email marveena@fergusonmainstreet.org

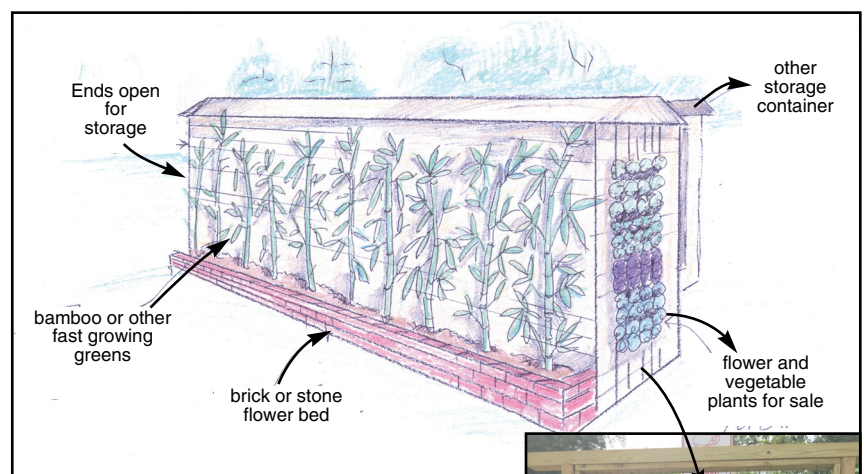
Farmers Markets everywhere are struggling. Organic food has become increasingly popular and more options exist for consumers. More places are selling organic, farm fresh, local food than ever before. That’s also a good thing. There are many factors impacting farmers market, including the rise of Community Supported Agriculture programs and mobile produce services. A CSA delivers (or allows the pick up of) local produce to consumers who have purchased a share or membership, with the food coming directly from nearby farms or farm groups. Mobile produce routes and delivery services have also impacted farmers markets. There are many companies that work directly with local farms to give customers door-to-door delivery. There is also more competition than in the past; everyone wants a farmer’s

market in their town. Did you know there are 14 farmers markets on Saturday mornings from 8-12:00 within a 30-minute drive from Ferguson?

Does that mean we give in and give up? No! We are proud of our market and plan to continue working to keep our Ferguson Farmers Market relevant and successful. We are striving to do something different to improve and enhance the experience for our market patrons, farmers and vendors. Designs have been drawn and work has begun to make the market a beautiful, inviting space. The search for, and contact of, new farmers and vendors to invite to join our market is an on-going, continuous effort undertaken by our market manager. In fact, she recently spoke with a neighborhood produce stand vendor who will be at the market this Saturday. We network, join chambers, collaborate with local universities, write grants and do everything we deem possible to make the market great. We share your frustration that the market isn’t what it used to be, but we are committed to make it shine. Attached are some sketches of our vision for the market and the plaza. Stay tuned as we progress to fulfilling this vision.



Equipment Storage Sheds at Plaza 501



Plant stands will hold potted plants for sale.

Why Shop at the Farmers Market? Besides fresh fruits and vegetables, discover a wide variety of edible delights, including homemade jelly, farm fresh eggs, cheese, honey, spices, and organic meats. You’ll also find an ever-changing array of gift and specialty vendors, selling everything from cut flowers and bedding plants to hand-painted artwork and small-batch soaps.

If it’s homemade, handmade or fresh and tasty, you can buy it at the Ferguson Farmers’ Market.



Ferguson Community News Page

Criticism can be constructive, lies cannot.

By Mayor James W. Knowles III

"Few people have the wisdom to prefer the criticism that would do them good, to the praise that deceives them."

—Francois de la Rochefoucauld 1613-1680,
French Nobleman and Author



I'm pretty sure that it's only human nature to react negatively toward criticism. Internally, criticism is always a bad feeling, whether you lash out defensively, quietly hang your head, or turn that negative energy into motivation for improvement. It may feel bad to be criticized, but what you do with that criticism is what will ultimately define you. That is why elected officials must have both a thick skin, and grace, as they work to turn that criticism into action.

In a representative form of government, people's criticisms of government are an important part of the participatory process. Those criticisms give a great deal of insight as to how people perceive the status of things in their community. Some criticisms are fair, and give elected officials notice of the issues that people want to make a priority and have addressed. Other criticisms may not be fair, but do give elected officials insight as to the misperceptions that exist and need attention. After all, right or wrong, perceptions are someone's reality, and the perception of a problem, itself is an issue that should be addressed.

Criticisms of government can be helpful, in that sometimes they shed light on things that your representatives may not realize is happening. The vast majority of elected officials in this country are part time elected officials who are not working every day inside the government bureaucracy. Realistically, it's impossible for elected officials to know everything that is happening all the time, even in small government organizations. Residents bringing those issues to their attention are a vital part of ensuring organizational accountability to the elected body, and ultimately to the citizens.

Eventually criticism that leads to needed changes or criticism that suggests better paths forward, are often considered "constructive" forms of criticism. Both delivered and taken the right way, the criticism can prompt a positive response in the end. However, there is a fine line between that criticism which can be used to make positive improvements, and those criticisms that simply tear down or destroy.

Destructive criticism is not meant to move a community forward, it is a zero-sum, winner take all way to wage a political war or conflict, where one side tears down the other, usually in hopes of supplanting or replacing it. This kind of criticism leads to prolonged battles that end up swaying back and forth with each new wave of criticisms. They often become personal, and rarely do the parties involved wish to work together or even associate with one another in the aftermath.

Criticisms, either constructive or destructive, are at least based in truth, or some person's perception of what truth is. One of the most significant obstacles we face in our country, and especially in our city today, is that so much of the discourse is not only destructive, but simply made up of lies.

The term "lies" is used often by people to describe statements that people disagree with or which may simply have a different perspective. But there is a difference between people who differ in their interpretation of an event or statement, and the complete fabrication of an event or statement. In today's world, and in our community's discourse, we see that outright fabrications and demonstrably false statements seem to go viral with absolutely no proof of validity. Even false statements that are illogical or clearly false on their face seem to be perpetuated by those that are so bent on tearing people down, that they can't even see the clear folly in their statements. Even if they are not the creator of the lie, there is an inclination for some to perpetuate that lie, beyond logic, that makes it nearly impossible to have a constructive dialogue. You don't have to go any further than social media to see provably false statements about our community or its leaders every day.

For years, in the spirit of open dialogue and inclusiveness, we have neglected and sometimes refused to call out lies in the hope that we may still find a constructive dialogue to move us forward. In some ways that has worked, but in others, we see the same lies continue to be perpetuated and now compounded with new lies.

If we are going to move the community forward, we must hold each other accountable for those statements which are verifiably false. The easiest way to do that, is to start by policing what we, ourselves, say or post online. Scrutinize what you hear or read, don't spread it unless you know it to be factual. In the end, never hesitate to speak up about those comments which you can prove false. By clearing the noise and lies, we can get to a point where we can hear one another.

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Sept 4 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	TBA	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskepark neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Corner Coffee House 100 N Florissant	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Sept 20 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	Oct 8 7 pm	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	Sept 8 7 pm	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	Oct 8 7 pm	Fire Station #1	

Ferguson City News?

- Follow us on Twitter @CityFerguson
- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

Did You Know?

NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon.

You can Report a Concern regarding potholes, graffiti, sidewalk cracks, street light outages, code enforcement issues and more using the Submit a Request Icon. **DOWNLOAD THE FERGUSON CONNECT APP TODAY!!**

You can submit a request for records using the Record Request icon.

VISIT OUR WEBSITE: www.fergusoncity.com

You can do all this and more on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit the City's website or contact your City Clerk at City Hall.

CITY COUNCIL MEETINGS
Tuesdays, Sept. 11 and 25 at 7 pm
in the Council Chambers,
City Hall, 110 Church Street

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Keith Kallstrom, Ward 3; Wesley Bell, Ward 3. City Manager: DeCarlon Seewood. Public Relations Intern, 314-524-5229.

City Hall: 110 Church Street, 63135, 314-521-7721. **Website:** www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Pages

Be sure to get to the Recreation Office to register or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Destination Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily \$1/ Yearly \$50
Resident Adult – Daily \$3/ Yearly \$85
Resident Senior – Daily \$1/ Yearly \$50
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200
Non Resident Adult – Daily \$5/ Yearly \$200
Non Resident Senior – Daily \$3/ Yearly \$120
Non Resident Family – Yearly \$300

NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)
Resident Adult – \$9 per month (12 month agreement)
Resident Senior – \$6.00 per month (12 month agreement)
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)
Non Resident Adult – \$18 per month (12 month agreement)
Non Resident Senior – \$12 per month (12 month agreement)
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

PROGRAMMING

Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 3 ½-6 years old
Start Date: Mondays, Sept 10th to Oct 29th
Time: 5:45pm-6:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 7 - 13 years old
Start Date: Mondays, Sept 10th to Oct 29th
Time: 6:45-7:40
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Mondays, Sept 10th to Oct 29th
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Tap & Ballet Dance

A wonderful opportunity for a child to learn creative movement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 3 - 7 years old

Start Date: Wednesdays, Sept 12th to Oct 31st
Time: 5:45pm-6:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Hip Hop/ Jazz Dance

High energy class starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes, or bare feet.

Age: 8-13 years old
Start Date: Wednesdays, Sept 12th to Oct 31st
Time: 6:45pm-7:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Wednesdays, Sept 12th to Oct 31st
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the- bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students
\$5 more for each additional student
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

Open Play Basketball

Come to the Ferguson Community Center for pick-up basketball games (half court only)

Days: Tues., Wed., Sat. and Sun.
Location: Ferguson Community Center
Fee: FREE/Members; Daily Fee / Residents;
Daily Fee / Non-Residents

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays
Time: 3:00 pm to 6:00 pm
Location: Ferguson Community Center
Fee: FREE / Members; Daily Fee / Residents;
Daily Free /Non-Residents

Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players.

All equipment will be provided.
Age: 18 and older
Days: Wednesdays and Fridays
Time: 9:00 am to 12:00 pm
Location: Ferguson Community Center
Fee: Daily rates apply

FITNESS

Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 16 years & up
Start Date: Mon, Sept 24-Nov 19 (no class Nov 12)
Wed, Sept 26-Nov 21 (no class Nov 14)
Mon, Nov 26-Feb 4 (no class Dec 24, & 31, Jan 21)
Wed, Nov 28-Feb 6 (no class Dec 26, Jan 2 & 23)
Time: 6pm-7pm
Location: Ferguson Community Center
Fee: \$25/Members - 1 day per week; \$30/Residents - 1 day per week' \$35/Non-Residents - 1 day per week
Additional Days:
\$10/members add day; \$15/residents add day;
\$20/non-residents add day

Parks and Recreation Activities Continue on Page 6

Will Fit Core Class

Join Will Fitness for this class that is an all-inclusive, dynamic course designed to improve your overall fitness level; including strength and flexibility. More than an ab workout, Core-Strong is about training the abs, back, hips and glutes; covering the 28 muscles of the core and then some. Utilizing ground based exercises that revolve around the medicine ball; anyone can improve their personal level of fitness, gain confidence, and still have fun!

Age: 16 & up
Start Date: Tues, Sept 18-Oct 30 (no class Oct 9)
Nov 6-Dec 11, Jan 8-Feb 12
Time: 6:00-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped bands, cross cables, and bodyweight exercises incorporated for a complete workout!

Age: 16 & up
Start Date: Thurs, Sept 20 - Nov 1 (No Class October 11)
Thurs, Nov 8 - Dec 13, Thurs, Jan 10 - Feb 14
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fitness Kettlebell Class

Open to All FITNESS LEVELS and is a kettlebell conditioning based workout. All workouts will be tailored from beginner level to advanced kettlebell movements. Workouts will also include body-weight, dumbbell, and circuit training skills. We strongly emphasize proper technique and skill.

Age: 16 & Up
Start Date: Wed, Sept 19 - Oct 31 (No Class Oct 10)
Wed, Nov 7 - Dec 12, Wed, Jan 9 - Feb 13
Time: 7:00-8:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fit Bootcamp

Boot camp with Will Fitness! A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp. Participants will be indoors and outdoors. We will run sprints; perform lots of pushups and various forms of plyometric and interval training with little rest between exercises and challenging workout.

Start Date: Sat, Sep 22nd—Nov 17th (No Class Oct 13 & Nov 24)
Dec 1st— Jan 19th (No Class Dec 24)
Time: 10:00-11:00am
Location: Community Center
Fee: \$30/Members; \$35/Residents; \$40/Non-Residents

All Ability Levels Welcome, Preregistration Required

Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

Silver Sneakers Classic

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 9:55-10:50 am
Fee: FREE/Silver Sneakers Members
\$3/ Everyone Else

Silver Sneakers Cardio Circuit

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 8:50-9:45 am
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages

Beginner Bundle
Includes Fitness Assessment*
and 1 personal training sessions.
Fee: \$70/ Members
\$80/ Non-Member

Beginner Bundle +
Includes Fitness Assessment*
and 2 personal training sessions.
Fee: \$95/ Members
\$105/ Non-Member

1 Session
Fee: \$35/ Members
\$40/ Non-Member

3 Session
Fee: \$90/ Members
\$105/ Non-Member

5 Session
Fee: \$170/ Members
\$195/ Non-Member

Training for Two

All prices are per person
1 Session
Fee: \$30/ Members
\$35/ Non-Member
3 Session
Fee: \$80/ Member
\$95/ Non-Member
5 Session
Fee: \$145/ Member
\$175/ Non Member

SPECIAL PROGRAMMING

Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.

Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.

ID Costs: \$5 processing fee per dog (max three dogs per household)

Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.

Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program.

Park Bench Dedication \$1,000

Call or visit our website for more information

ADULT PROGRAMMING

Day Winery Tour

Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons pre registered for these trips to make. Cost covers transportation.

Ages: 21 and up
Date: Saturday , September 15
Time: 10:00am-6:00pm
Fee: \$10/Residents
\$15/Non- Residents

Area Casino Day Trips

Need a day out and about? Come test your luck at an area casino each month! The trip only includes transportation to the casino. Must have a minimum of 10 patrons pre registered for the trip to make.

Date: Wednesday, Sept. 26th, Lumiere Place
Location: Ferguson Community Center
Time: 10:00am-4:00pm
Fee: \$5 Residents; \$8 Non-Resident

Biloxi, MS

Two nights in Tunica, Mississippi staying at the Gold Strike hotel each way, Three nights in Biloxi with a day trip to New Orleans and a shrimp boat tour. Cost includes: motor coach transportation, all lodging, 2 special tours and some meals. The Beau Rivage Hotel is gorgeous!

Sign up early as this trip fills fast!

Date: Sun, Sept 16th - Fri, Sept 21st
Time: 7:00am - 9:00pm
Location: Ferguson Community Center
Fee: \$550 Residents
\$600 Non-Residents (double occupancy)
\$100 additional for single

Parks and Recreation activities continue on Page 7

Spring Training

If you haven't gotten your fill of baseball for the year, we're creating an interest list for those who would like to get away from the cold in 2019, and head to Florida for a Spring Training game and much more. Complete details to come Fall 2018. Sign up for the interest list.

ATHLETICS

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays
 Times: 3:00pm– 9:00pm*
 Location: Community Center
 Fee: FREE Member; Daily Fee Resident; Daily Fee Non-Resident
 *Times may change based on league play.

Women's Adult Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!

Ages: 18 and up
 Days: TBA
 Times: 6:30pm-9:30pm
 Location: Ferguson Middle School
 Fee: \$190 Residents; \$205 Non-Residents

Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations. Rental Prices

	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.

Please call the Ferguson Sports Hotline for rain out information:
 (314) 286-910

Carla Fletcher 1942-2018

Carla J. Fletcher, 75, long time Ferguson activist, died on August 8, 2018, at DePaul Hospital. She was born on December 19, 1942, to Clyde and Mary Leeds in Mankato, Minnesota. Carla was a graduate of Culver Stockton College, St. Louis University School of Law, and Eden Theological Seminary.




She was a retired pastor at Hawk Point Christian Church. During her career, she also maintained a private legal practice, sold real estate, and worked at the National Benevolent Association and the Christian Board of Education. Carla was a property chair at her church; a co-founder of the Readings on Race book club at the Ferguson Library; a member of the Second Baptist book club; and an apprentice gardener at EarthDance Farms. She was also part of a weekly ecumenical gathering of clergy members who meet to study the lectionary.

Carla was long active in building relationships in her community. Most recently, she participated in both the Ferguson Human Rights Committee and the Community Mediation Service, campaigned for a property tax increase to support the Ferguson Municipal Library, and attended meetings to plan police reforms. Carla took part in a Ferguson oral history project and was active in the Ferguson Eco Team.

Carla is survived by her daughter, Melissa, her sons Thom and Joel, and Thom's wife, Stefene Russell. Carla is also survived by her sisters, Sue Hensley and Jo Clifton.

Published in St. Louis Post-Dispatch from Aug. 14 to Aug. 15, 2018



September Events at the Ferguson Public Library

For more information, please call the library at 521-4820 or visit our website at ferguson.lib.mo.us

Voter ID and You - Thursday, Sept. 13 at 6 pm

On June 1, 2017, Missouri's new voter ID law took effect, requiring voters to present photo ID when they vote. What does this law mean for you? What happens if you do not have a photo ID when you go to vote? How can you obtain a photo ID for free? Join us and the League of Women Voters to learn the answers to these questions and more!

Active Animals - Wednesday, Sept. 19 at 6 pm

Join us, the St. Louis Zoo, and Ferguson-Florissant Parents as Teachers as we soar like an eagle and stalk like a lion! In this program, students will learn all about how animals move and why. Children will meet live animals and play an interactive game where they learn about animal movement by moving like the animals themselves. For children ages 2-6. A special additional animal meet and greet will be held for children ages 2 years old only.

Hoot: The Life of Bob Gibson - Tuesday, Sept. 25 at 6 pm

Performer Gregory Carr returns to reenact the life story of stellar St. Louis Cardinals pitcher, Bob Gibson. Learn about his life, from his beginnings in Nebraska to his short stint as a Harlem Globetrotter to his amazing pitching as a Cardinal, culminating in his National League MVP season in 1968. Baseball fans of all ages welcome!

DON'T RULE OUT OUR ONGOING PROGRAMS!

- Storytime, every Monday at 10 am
- Readings on Race Book Club, Monday, Sept. 10 at 6 pm
- Tuesday Night Book Club, Tuesday, Sept. 25 at 6 pm

6th Annual

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Sunday, September 9, 2018 • 3-6 p.m.

Savoy Banquet Center
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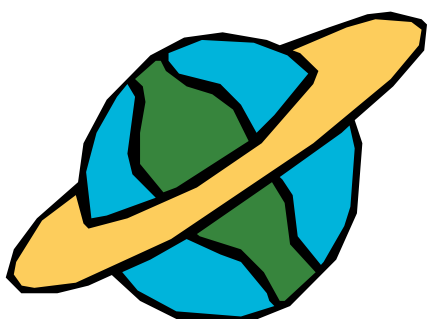
Participating Culinary Vendors:

■ AJ's Tex-Mex BBQ	■ Pho Long Restaurant
■ Amore Pizza	■ Raising Cane's Chicken Fingers*
■ Baked Wood-Fire Pizza	■ Red's BBQ
■ Beast Butcher & Block in the Grove*	■ Schnucks Markets*
■ Drake's Place Restaurant	■ Simply Thai
■ EarthDance Farm*	■ Smoki O's BBQ Done Right
■ Ferguson Whistle Stop Frozen Custard	■ Starbucks Coffee Co*
■ Helper's Pastries & Deli Cafe	■ The Pasta House Co
■ London's Wing House	■ The Rice House
■ Paul's Market	■ More vendors to come

*tickets not available at these locations

Purchase your tickets at participating culinary vendors, Ferguson Farmer's Market, Robinwood Automotive and online at: www.TheTasteInFerguson.com

Tickets \$25 • Children 10 & Under FREE
(\$30 at the door)



A Word from Our Planet...

Switch to Rechargeable Batteries. The manufacture of a battery uses 50 times as much energy as the battery itself will produce during its life.

The Ferguson Eco Team

Ferguson Volunteer Gardeners Need You!



We're looking for anyone who would enjoy spending a small amount of time each week (1 hour) with friendly Ferguson citizens to help our community and keep the gardens of the Ferguson Library and the Victorian Plaza looking beautiful.

We've lost some of our faithful gardeners! Our student helper is back at school and others have new grandma duties. All levels of experience welcome! Give gardening advice or learn from others

while you help. We need help to finish the rest of this season through October and then start again next May. Every Wednesday morning, weather permitting, from 9am -10am. Seriously, that's it! If you enjoy these gardens as you frequent these spots or travel down Florissant Road, consider giving a little bit of your time. We are in our 20th year of community gardening at these sites and our two original members are now 74 and 77. Our hard-working volunteers thank you and welcome you anytime you are available.



EarthDance's Farmers Formal enables the organization to sustain its Farm and Garden Apprenticeship Program, offer employment to youth, donate produce to needy families, and develop the Organic Farm School's campus into a beautiful, innovative learning environment.

Where: St. Louis Union Station
Date: Friday, October 5, 2018
Time: 6:00 to 10:00 pm
Attire: Farm-festive attire, overalls optional (dressy casual)

Grab tickets today at: farmersformal.auctionbid.org/microsite/event

Interested in helping make this event a success? Volunteer during this special evening filled with amazing local eats and drinks, live music, and plenty of fun to be shared. Volunteers will assist with decor preparation, helping chefs set up, greeting & seating guests, assisting with silent auction, and event break-down. Skilled volunteer photographers and videographers are also needed! Rally your friends to help EarthDance throw the biggest and best celebration of food, farmers, and community!

Want to volunteer? Contact EarthDance's volunteer coordinator at volunteer@earthdancefarms.org or call (314)521-1006 to sign up for a shift.

FLIERS (Friends of the Ferguson Library)

FALL BOOK SALE

Thursday, October 18

4:00 to 7:30 p.m.

Friday, October 19

9:00 a.m. to 5:30 p.m.

Saturday, October 20

9:00 a.m. to 3:00 p.m.

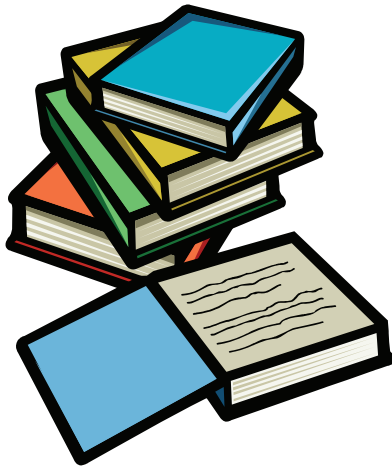
All proceeds go to the library and all workers are volunteers

**Library Auditorium
35 No. Florissant Road**

Special categories for this sale include many black interest books, political books, Star Trek magazines and manuals, and LOTS of great fiction!

For more information, call Janie Norberg at (314) 521-4663

Our June, 2018, Book Sale was a great success, and the FLIERS would like to thank all the donors, volunteers, and patrons who helped to make that happen! We look forward to seeing you again at our October, 2018, Book Sale! Thanks, again.
Sincerely, Janie Norberg, FLIERS President



Public Hearing Notice - Tax Rate

Notice of Public Hearing

Tax Rate — Ferguson Municipal Public Library District

A Public Hearing will be held at 7:00 p.m. on Monday, September 24, 2018, at the Ferguson Municipal Public Library District, 35 N. Florissant Road, at which citizens may be heard on the property tax rates proposed by the Ferguson Municipal Public Library District, a political subdivision. The tax rates shall be set to produce the revenue that was budgeted for the fiscal year beginning July 1, 2018. The rates allowed under the existing tax rate ceiling are at or below the \$0.4000 authorized by Ferguson voters. The Library District may make adjustments pursuant to Missouri Revised Statutes Section 137.073, and as required by Law, in accordance with Article X, Section 22 of the Missouri State Constitution.

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Did you know? You can earn money to care for a loved one.

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You can show your enduring love for EarthDance! We now have the ability to receive recurring donations weekly, monthly, and quarterly. Much like everbearing strawberries, your gift will nourish the farm continually. Your donation helps support transformative programs such as the Junior Farm Crew and the Farm & Garden Apprenticeship. Interested in regularly supporting EarthDance Organic Farm School? Follow this link to sign up!

It has been an exceptional summer here at EarthDance Organic Farm School! The farm is abundant with delectable squash, colorful swiss chard, and more. This year over 14,000 pounds of produce have been harvested! The farm has also been the happy host to field trips, tours, and events, filled with people whose eyes alight at the oasis that is this place. Below, read about the programs and people flourishing on the farm this summer!

Farm & Garden Apprenticeship Update

EarthDance's 24 Farm & Garden Apprentices have had a bountiful summer! Rosalind Rutabaga, a 2018 EarthDance apprentice says, "I have several inspirational reasons why I chose this apprenticeship. One is a love for nature and the curiosity of furthering my knowledge in the process of farming. Another reason is to incorporate farming and gardening into the Family and Consumer Science program in which I will be teaching my future students very soon. The children are the future, we have to prepare them now. What better way than to start with the soil."

A Letter from St. Peter's UCC

St. Peter's United Church of Christ to Explore New "Go Therefore Sundays" beginning in September ...

Beginning Sunday, September 30th St. Peter's United Church of Christ will be taking their witness of worship, mission, justice, hospitality, and evangelism beyond the walls of the church and into the Ferguson community for what are being called, "Go Therefore Sundays."

The concept, based on the Great Commission found in Matthew 28:16-20, calls the congregation together for a brief time of worship and prayer followed by time in the community in service and mission, whether it be preparing and delivering food to the hungry, homeless, or otherwise marginalized or other community service projects in conjunction with community organizations based on specific needs within Ferguson.

"Go Therefore Sundays" will take place on the 5th Sundays of each month (for 2018 that will be September 30th and December 30th). The congregation will gather at 9am for a 20-30 minute worship and commissioning service and then participants will disperse into the community to engage in the 3 or 4 predetermined and arranged mission activities. Following the conclusion of our mission work in the community, the congregation is invited to gather together for a meal to share with one another our experience of being in the community.


Again, those mission opportunities might involve persons at the church making sandwiches, soups, or casseroles for delivery; we would send others into the community for service-oriented mission time: doing SOMETHING in the Ferguson community to take our justice and mission oriented faith into the world and beyond our walls - a way of getting us out of our comfortable places and putting faith into action and justice.

"Go Therefore Sundays" are open to anyone in the Ferguson community who wishes to participate. If you know of any specific needs in the Ferguson community we could address on "Go Therefore Sundays" or wish to participate by joining us, please do not hesitate contacting the church office or by emailing Rev. Patrick Chandler, Senior Pastor, at pastor@stpeterschurch.org

St. Peter's is an Open and Affirming congregation that declares no matter your race, age, gender, ability, socioeconomic status, sexual orientation, political views, or where you are on life's journey, YOU are welcome here. This is St. Peter's 175th anniversary year, 61 of those years being in ministry alongside the Ferguson community. St. Peter's United Church of Christ is located at 1425 Stein Road (at West Florissant), Ferguson. You can find us on Facebook or by visiting our website, www.stpeterschurch.org

Ferguson Library Sewing Club

**Mondays
10am-3pm**



Want to learn to sew?
Enjoy chatting with
other crafty people
while you work?

Join the craftiest gals
you'll ever meet and make
something while having fun!

For more info, contact Jennifer @
rbrandel@ferguson.net!

Ferguson Municipal Public Library
35 N. Florissant Rd, Ferguson, MO 63135

Card/Game Party

LUNCHEON

Thursday, October 11th

Doors open at 10:00 a.m. – Lunch at Noon



Raffle for Handmade Quilt, Afghan and much more

Raffle Tickets: \$1.00 or 6 for \$5.00

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Event Tickets: \$10.00 Donation

Call for Tickets: 314-521-7324
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Financial Focus

By Joan Cleaveland (consultjoan@att.net)
Business Manager for St. Joseph Parish in Cottleville
Lindenwood University – BA Business Administration

Health Insurance

New commercials proclaiming health coverage that isn't Obamacare and cost less are starting a big push. Knowing how much health insurance costs when you have a good policy with better coverage, makes me wonder what these new plans might have to offer. Some of the provisions within the Affordable Care Act required minimum standards for what is covered and required coverage to cover routine health maintenance. Keeping Americans healthier was expected to help keep health care costs from going up. How long it would take for the effects to occur was always a mystery. With better coverage did we really take better care of ourselves? It will take longer than just a few years to see a trend. With prices continuing to go up, it doesn't seem we can wait for change.

Back in 2017, President Trump began his plan to dismantle the Affordable Care Act without completely abolishing it because there was clearly nothing ready to replace it. So as it continues to be blamed for many of the economic problems and the creation of more entitlements, key provisions are eliminated or restricted. And as one might expect, these changes make it even worse and possibly the cause of even more costs to everyone, including the government. One of the first things that happened was to stop the subsidies being paid to insurers for the discounts provided for low and middle income people. It's not surprising that insurance companies reacted by raising premiums.

Another change came about when the decision was made to allow states to require Medicaid recipients to have a job. Exceptions for the disabled, caregivers or students meant they just wanted to see those who could work become employed. This doesn't seem to be a bad idea. No one likes to think that we are all working to pay for some able bodied person to live off of the government. According to some of the statistics this requirement isn't likely to have much impact because it won't affect over 90% of those on Medicaid. Other possible changes in states involve making limits on how long one can receive benefits, charging some premiums and even drug testing. With the goal of reducing the number of people on Medicaid, some of these may help reduce government costs.

Another plan proposed in February allows short term policies to last up to a year rather than 90 days as is the case under the ACA. These are plans usually purchased by the young and healthy person because they are less expensive and don't offer as many benefits. And of course, the big change that made many happy is the elimination of the tax on those who do not purchase health insurance. This was always a big issue with the Affordable Care Act and seemed to be associated with the government interfering with our freedom to not have insurance. I recall writing about this years ago when the ACA was first being implemented. Even with all of the critics, I think everyone knew that in order for the less healthy to be able to afford insurance the more healthy people needed to be paying in. And with the Tax Cuts and Jobs Act passed in December last year, it seems inevitable that insurance rates will go up even higher.

When those who are young and healthy go without health insurance they are less likely to do regular check-ups and preventive care. In time, it would seem that this may lead to more sick people later. And if insurance companies only cover the sick we can only imagine how high the cost might go. So while we all know the ACA was far from perfect it did improve the numbers of people with health care.

What's next concerns many people as we come into the open enrollment season. Those who were required to purchase insurance by the ACA or pay a penalty may drop out this time around. The Obamacare Tax repeal takes effect in 2019, just 4 months away. The Congressional Budget Office estimated that as many as 13 million people could drop their coverage. We can only guess what this might do to insurance rates. Uncertainty is what people who really need insurance are concerned about and as these gradual changes take effect choices are like moving targets. And when I hear that the ACA is imploding because it was so bad, I hope people realize the changes taking effect may be partially to blame.

As the Trump Administration works to completely repeal the ACA, it appears they are finding some parts of it that may provide ideas for the future. Reinsurance is one of those. Under the ACA states are allowed to develop their own programs as long as they honor ACA requirements and don't cost the Federal Government more money. In 2016 Alaska used a reinsurance program to help pay costs to insurers for some with high medical bills. This encourages the insurers to lower premiums because they are helped with the higher cost for certain people. Using only state funds they credit this program with reducing an anticipated increase in premiums of 42% to just 7% in 2017. For 2018 they did have Federal funds to help and actually reduced premiums by 22.4%. Things in Alaska are unique because they only have one insurer, Premera Blue Cross Blue Shield and the 2018 program did cost the Federal Government 58 million. Even so, this gives states more control and doesn't seem as much of an entitlement program.

Minnesota was approved for a reinsurance program for 2018 and the result was a 13% decrease in premiums compared to 2017. They are looking for-

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Board President Recognized



Dr. Courtney Graves, president of the Ferguson-Florissant School District (FFSD) Board of Education, has been recognized by Deluxe Magazine as one of 50 Women Who Inspire. Deluxe is a St. Louis-based magazine for African-American professionals. Dr. Graves, along with the other honorees, were recognized at a tea and crumpets reception at Maryville University in July.

In addition to her service to students and the FFSD community, Dr. Graves is a respected professional in her role as chief clinical officer at St. Vincent Home for Children. She has been a member of the FFSD Board of Education since 2015.

ward to another decrease for 2019 of 5% – 8%. And what that does is put more money in the pockets for the people purchasing insurance and that is a good thing. The Trump administration encourages this type of program and Oregon just launched a federally approved reinsurance program earlier this year. Wisconsin and Maine were recently approved and four more states are seeking approval for 2019. Sadly Missouri is not one of those. Looking at these possibilities does give us hope for the future and perhaps all of the legislation being discussed could look at what is working.

A recent article mentioned that today the average American is using 18% of their salary to pay for medical care. If we can control the costs of insurance, maybe we can also look at methods to control the costs of actual health care. The Trump Administration is looking at prescription drug costs. While there is plenty of blame to go around from the drug industry to the patients, it is a serious problem and I think most agree it must be addressed.

The entire Pharmaceutical Industry needs some reform. We hear about rebates all the time and how they can help a business promote a product – it's called marketing. But when it comes to drug companies giving incentives to pharmacy benefit managers to suggest more expensive medications, we are not so approving. Just reading about "pharmacy benefit managers," makes me wonder a bit about their actual job description. We've all heard of cases, or experienced them ourselves, when the doctor has a new medication that might work better for you. Someone halts it because you can't try that drug unless you first try this one and prove that it doesn't work. In the past I always thought it was to control costs. Now I am not so sure. Next month, I will be looking at how this whole industry works and what changes might be instored. If you have any comments or questions, please e-mail me at consultjoan@att.net.

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THE Scholarship Foundation OF ST. LOUIS

The 2019-20 Free Application for Federal Student Aid (FAFSA) is available October 1, 2018:

Learn More at The Scholarship Foundation's FREE workshops this fall!

The Free Application for Federal Student Aid (FAFSA) will be available on October 1, 2018. Completion of the FAFSA is a critical step in applying for financial aid. High school seniors and current college students applying for financial aid for the 2019-20 academic year will want to file the FAFSA as soon after October 1, 2018 as possible; the FAFSA can be filed at fafsa.gov. The FAFSA uses tax information from two years prior to the aid year for which the student is applying. Students applying for financial aid in the 2019-20 year will use tax information from 2017, allowing them to immediately transfer tax information from the IRS into the FAFSA.

This fall, the Scholarship Foundation will host FREE workshops to help students and families successfully navigate the financial aid process, understand college affordability, and complete the FAFSA.

- Financial Aid Basics Workshop helps students learn about different sources of financial aid, private scholarships, and comparing best options.
 - Wednesday, September 5, 6:30 to 7:30 pm
 - Wednesday, November 14, 6:30 to 7:30 pm
- FAFSA Workshop explains the FAFSA, its importance, and how to complete the application.
 - Wednesday, September 26, 6:30 to 7:30 pm
 - Wednesday, October 17, 6:30 to 7:30 pm
- FAFSA Completion Assistance provides students and families with individualized assistance with completing and filing the FAFSA, as well as guidance about the financial aid process. Appointments can be scheduled individually with an advisor. Please contact The Scholarship Foundation to schedule an appointment.

The workshops will be held at The Scholarship Foundation office, 6825 Clayton Ave, Suite 100, St. Louis, MO 63139. All workshops are free and open to the public; registration is appreciated for all workshops, but not required. For more information or to register, call 314-725-7990 or email info@sfstl.org.

The Scholarship Foundation of St. Louis, a nonprofit organization founded in 1920, is based upon the conviction that an educated society is essential to a democracy. The Scholarship Foundation provides access to postsecondary education to members of our community who otherwise would not have the financial means to fulfill their educational goals. Annually, more than 500 students are awarded approximately \$4 million in direct financial support in the form of interest-free loans and grants from The Scholarship Foundation. For more information, visit www.sfstl.org.

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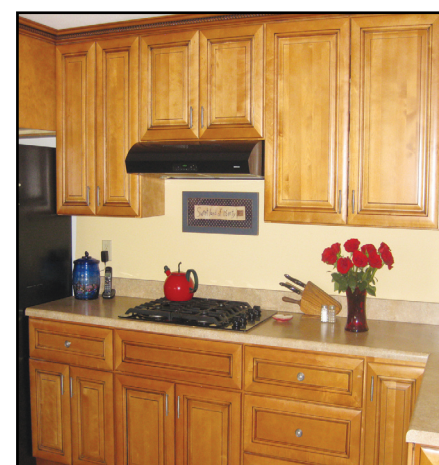


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Ferguson by Foot

By: Margaret Wolfinbarger



Have you ever woked up in the morning and thought, "I just can't do this anymore."? Did you consider your boss and the most recent reprimand? Did you worry over the rent, knowing you couldn't make the payment? Did your child cry in the night so that you could not sleep and now exhaustion is like a scratchy blanket, suffocating any semblance of happiness? Are you out of sick days, out of vacation days, out of hope?

Or are you in the twilight years of life and find it difficult to move? Are you overwhelmed with medical bills? Has the doctor told you there is

no cure? It just is what it is. You stare at the clock by your bed as the seconds tick by and know you have only seconds and minutes and hours that are filled with physical pain. No family comes to visit. There is no bright spot in your day. You would weep but the tears dried up long ago.

I have struggled with depression off and on for years. I've tried medication. I've tried diet and exercise. But sometimes, nothing helps. Sometimes, the darkness creeps in like a vampire and sucks the joy from my bones. No matter what I do, life hurts.

The most challenging thing about depression is how it clouds ones judgement. Reality becomes skewed. Thoughts turn negative and it can seem like everyone is against me when in reality that is not the case. Worse, if I am not careful, my sadness causes me to lash out at those around me. I blame my co-workers for my lethargy. I blame my children for my exhaustion. I rage at drivers who want to merge in traffic and then heap guilt on myself later for not being more patient. Sometimes it can feel like there is no safe place; mostly because I am not safe in my own head.

It is important to know that when we are depressed we need outside help. We need the perspective of those with good health to spur us forward. We need a friend to take our hand and guide us down the path; much like a blind person needs an aide. Sometimes we are afraid to ask for help, but we must. Human beings were not designed to live in isolation. We should not "do life" by ourselves. This is also why we have counselors, therapists and medical assistants. If you are tempted to harm yourself, please call one of these.

We must also understand that there is not always a fast remedy for our suffering. Our culture touts medications by the bucketful. There is a pill for everything that ails us, but sometimes we learn the advertisements are a bait and switch. That is because we live in a broken world and the remedy for the dejected spirit will not always be found in a bottle.

Dear Reader, please know that hope is not lost. You are not forsaken. You are not alone. Even when it feels like you are, you are not.

God is real. He is a help to the helpless and a hope for the hopeless. When every human friend and even doctors fail you, He will not forsake you. King David wrote of him in the Psalms. They give voice to his agonies and his aspirations. I find that when all else fails I find a comfort there. In Psalm 22:24 he writes, "For he has not despised or abhorred the affliction of the afflicted, and he has not hidden his face from him, but has heard, when he cried to him." This is particularly meaningful to me because he writes it after he expresses his intense despair. "I am poured out like water, and all my bones are out of joint; my heart is like wax; it is melted within my breast; my strength is dried up like a potsherd, and my tongue sticks to my jaws; you lay me in the dust of death." (Psalm 22:14-15)

Now maybe you are reading this and consider that I am a fool for believing such fairy tales. To you I would say that God is more real to me than the nose on my face. He has walked with me on my journey to lose weight and live a healthy lifestyle and he has never abandoned me, though I tried very hard to run away with the cookie dough. He has been with me in the hospital when I was cut open and sewed back together. He stayed with me when my husband left me for another woman and I could not eat or even breathe. His promise to never leave or forsake those who love and fear him is steadfast and true. Even when we are faithless, He remains faithful.

Today if you are struggling with depression, reach out for help. There is strength in weakness. Your life has value. You are precious and dearly loved. But most important, you are never alone.

For more inspiration follow me on my blog: www.destinationdiscipline.com.



'Can You Hear Me, Now?'

Exhibition on view at STLCC-Florissant Valley
The exhibition explores personal, societal and aesthetic struggles surrounding identity

Artist Michael Dixon explores the personal, societal and aesthetic struggles of belonging to both "white" and "black" racial and cultural identities, yet simultaneously belonging fully to neither in the exhibition, "Can You Hear Me, Now?"

"Too Wedded to the Material Gains Derived From a Racist System" and other works by the professor of art and chair of the Art and Art History department at Albion College are on view Aug. 20-Sept. 20 in the Contemporary Art Gallery at St. Louis Community College at Florissant Valley. The College is located at 3400 Pershall Road, in St. Louis. The art gallery is in the Instructional Resources building, Room 111. The exhibition is free and open to the public. Gallery hours are: Monday-Friday, 10 a.m.-4 p.m.; Saturday, 10 a.m.-3 p.m.



An opening reception was scheduled for Aug. 30 in the art gallery. Gain insights into the artist's perspective, social context and the process for creating the artwork during an artist's lecture, planned for Sept. 13 at 11 a.m. in the Humanities building, Room 112.

Dixon was born in San Diego and has a Master of Fine Arts from the University of Colorado Boulder. Among other honors, he is the recipient of the 2016-2017 Pollock-Krasner Foundation Grant and has shown work both nationally and internationally in public and private institutions.

For more information, contact Eric Shultis, gallery director and professor of fine arts, at eshultis@stlcc.edu.

Your Garden in September

If you have clay soil, now is the best time to improve it before it becomes too wet or frozen. Incorporate organic matter and/or horticultural grit.

Create compost bins in preparation for all the fallen leaves and dead plant material which you'll be collecting over the coming months. Autumn leaves make a great addition to compost bins and are ideal for making leaf mould.

Dispose of diseased plant material by putting it in with your household waste. Don't compost it as the spores may remain in the compost and reinfect your plants.

Raise pots off the ground for the winter by using bricks or 'pot feet', to prevent waterlogging.

Perennial weeds are more vulnerable to weedkillers in the autumn. Use a glyphosate-based weedkiller to kill both the leaves and roots.

Trivia

All answers begin with the LETTER "E"

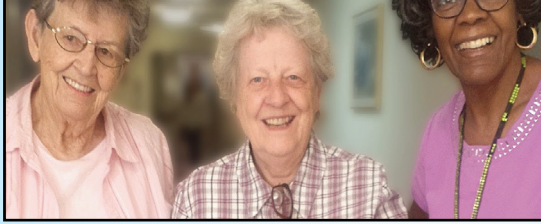
E

1. Borden's spokesanimal
 2. It just keeps going and going . . .
 3. What the authorities order you to do in case of a wildfire
 4. A canyon phenomenon
 5. Island where you expect to meet a special rabbit
 6. What you do to a body prior to the wake
 7. Famous Starship
 8. It happens in the Spring and in the Fall
 9. The dog ate my homework
 10. Holmes said, "_____, my dear Watson".
 11. Keebler bakers
 12. Famous singer from Tupelo, Mississippi
- See answers at bottom of page 23.



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Join us for a relaxing hour of strengthening Sept. 13th and 20th at 1:00 pm

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Under The Hood With Robinwood
By Bob McGartland

When Should you have the Automatic Transmission Fluid Changed?

The automatic transmission fluid needs to be changed in your car. But should you change it at 50,000 miles or 100,000 miles? Some manufacturers recommend waiting until 100,000 miles, but realistically, it may be beneficial, when it is changed at every 50,000 miles. As always, you can always contact us and we can give you our recommendation. Over time, the transmission fluid can deteriorate. If you drive in frequent stop and go traffic, or haul heavy loads or a trailer, it can lead to an increase in the deterioration. This is because when you drive like that, the temperature in the transmission will rise as well. Excessive heat starts to breakdown the protective additives in the fluid. The transmission fluid helps facilitate gear shifts, as well as cools the transmission and lubricates moving parts.

The transmission fluid often is red but can come in other colors. As it deteriorates, it will start to turn darker. It may also acquire a burnt odor that could indicate it needs to be changed or that the transmission is developing mechanical problems. Another indication it needs changing is if there are particles or other debris in the fluid.

When driving on the highway, any vibrations when the vehicle shifts should be noted. You may notice your vehicle is jerking or having surges when it shifts into gears. These conditions can be the start of transmission fluid deterioration. Anytime you notice these issues, have your transmission tested and inspected as soon as possible.

Catching the problem early on can prevent larger repairs or needing the transmission overhauled.

You may also notice that the vehicle hesitates to move forward when you first start it and put it into gear. This can mean the transmission fluid may have a low fluid level condition. Most automatic transmission built in the last 10 years don't have a dip stick under the hood anymore. Many vehicles have involved procedures to check the transmission fluid condition and level. Because of this, the transmission fluid doesn't get checked during normal engine oil and filter changes. Don't wait, because sometimes correcting a low fluid level early on can resolve the problem. If you are not experience any shifting problems. It is best to have the transmission fluid level and condition checked every 15,000 miles.

The automatic transmission in today's vehicles are very complex units. They are six, eight and or 10 gear transmissions. They are wired with many electrical solenoids and switches; all being controlled by a computer. The electronic components are reliable, but can fail over time. The transmission fluid is the life blood of the unit. Proper service and care can lead to a long trouble-free operation of your transmission.

We are always here to help. Give us a call or make an appointment to visit Robinwood Automotive!

On a side note: Hope to see all of you at the 6th annual The Taste in Ferguson fundraiser event on Sunday September 9th.



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2018 HOLIDAY SCHEDULE

LABOR DAY – Monday, September 3, 2018

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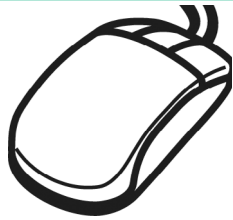
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The Ferguson Computer Corner

by Doug Neely



SEPTEMBER, 2018

do you hear that? no? neither do i. know why? BECAUSE THEY ARE BACK IN SCHOOL! :) (i just couldn't resist!)

COMPUTER FUNNIES, dept.

1. Q: How many software technicians does it take to change a light bulb?
A: None. It's a hardware problem.
2. There are 10 types of people in the world: those who understand binary, and those who don't. (umm...in binary code, 10 means 2.)
3. Q: Why can't cats work on the computer?
A: They get too distracted chasing the mouse around.
4. Windows supports real multitasking - it can boot and crash simultaneously.
5. The box said 'Requires Windows 95 or better'. So I installed Linux.
6. Bugs come in through open Windows.
7. A computer once beat me at chess, but it was no match for me at kick boxing.
8. Why do they call it hyper text?
Too much JAVA.
9. What's the best way to get by in computer class? Bit by bit!
10. Why did the computer spy quit?
He couldn't hack it anymore!
11. What does a computer programmer eat for lunch? An apple!
12. Customer: I cleaned my computer and now it's broken!
PC Technician: What did you clean it with?
Customer: Soap and water.
PC Technician: You're not suppose to use water near a computer!
Customer: I don't think it was the water that broke it.....I think it was the spin cycle!
13. How do you find a spider on the internet?
Check out his web site!

i like #4, #5, and #7 the best! funny stuff!
if YOU have a puter joke that you would like to share with us, send it in!
(i'm sure that MOST of us would be very thankful!) LOL!

HOLIDAYS THIS MONTH, dept.

well, we have Labor Day on the 3rd, and International Cheeseburger Day on the 18th. even so, i think there will be more cheeseburgers eaten on Labor Day! be sure to be thankful for those who have worked to make this nation great, and those who now work hard to keep it that way. last but certainly not least, we have Patriot Day on the 11th. we have had many patriots in this country, even from before this country existed. you can do a search for them online, but i know who is the greatest patriot of all time. it takes someone who really loves this country and the people who live here. is that YOU? i certainly like to think so.

ME GO NOW!

well, i have to go and thank all the laborers and patriots whenever & wherever i see them. and i'll be saying prayers for us all, every night. please do the same. rest easy in bed at night, and be at peace. may God bless us all!

...it is now safe to turn on your puter!

IF YOU would like to ask Doug for some of his FREE puter advice, comment, or just jaw a bit, please call him at *314*521*1789* during most days in the afternoon and evening hours. If you must use email, please briefly explain your issue, include your local phone number, and put the phrase i need puter advice into the subject line of your email. Now go have a cheeseburger! :)



October Events

Your church or organization planning a Fall Event? Send information to the Ferguson Times by September 15th to be included in the October edition.

Send to <cider@att.net>

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Have you ever wondered what people might say at your funeral some day? What words will they use to describe you? What personality traits will they emphasize? If you have no clue, then I suggest you get out there and start making some noise! Let people know you are in this thing we call life for more than just a participation trophy.

Perhaps I am being a little disingenuous. Frankly, I have no idea what people might say about me some day in the (hopefully) far distant future. I hope they will say I was a good family man and decent preacher. Maybe they will "out" me as a superhero or lie about my golf game. At the very least, I hope they will have a few laughs at my expense.

And then there is the distinct possibility that the word "catawampus" will be uttered from the lips of a small cadre of social scientists who have been watching my every move because someone told them I was the person Jim Carrey's character in The Truman Show was based on. (Note: a "cadre," by definition is always small. However, when a writer is at a loss for words the writer will often add superfluous words in order to increase one's word count. That is all.)

The definition of the word "catawampus" is hard to pin down because, well, a catawampus is hard to pin down. A few dictionaries decided to go with the more spectacular mythological "imaginary fierce wild animal" (probably cat-like) or "hobgoblin or fright." One contributor said it is "a wild creature that lives in the forest and eats children." I'm almost certain the following is a result of an overactive, mushroom-consuming imagination: "It lives near people who camp and is like Bigfoot but bigger and has a temper. The only way to possibly calm it down is to speak Polish. Signs of the catawampus include but not limited to: howls, unknown footprints, dead animals, scratching on doors and windows, fallen trees and missing children." Except for the missing children, I must have a catawampus living in my screened-in porch. Now I know why yelling Polish expletives out the door every evening seems to afford me a good night's sleep. Mystery solved. Of course, this frightening creature is not the reason the word catawampus will be howled while I am being eulogized someday. The most common definition is that it refers to something or someone that is "askew" or "awry." It probably derives from the Scottish word wampish that means to "wriggle," "twist," or "swerve." These are all words that perfectly define how my life has gone. Also, I'm of Scottish descent. So by nature I swerve through life (pints of ale not required).

"Catawampus" is also connected to the French word quatre, which means "four" or "four-cornered," from which we get our words "catty-corner." Therefore, when you cross a street diagonally to get to the other corner it is like you are walking catawampus across the street.

Let's be honest, the fact that I just wrote so many superfluous words about the definition of a rarely-used word is courtroom-worthy evidence that my life is askew and that I have momentarily gone awry. But at least you will have something to share at my funeral in the far, far distant future.

Dr. Jimmy Watson
Pastor, Immanuel United Church of Christ, Ferguson, Missouri
Please write to me at sherlockspal@yahoo.com

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*Thomas Edison said:
The Doctor of the future will give no medicine, but interest his patients in the care of the human frame, diet, and the cause and prevention of disease.*

Dr. Robyn's Office Hours:

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Tuesday, 3:00 pm to 6:30 pm*



Arianna String Quartet Performing at the Lee Auditorium, UMSL

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FRIDAY SEPTEMBER 7 8PM

LUDWIG VAN BEETHOVEN: Quartet in B-flat Major, Op.18, No.6

BELA BARTOK: String Quartet No.3

ROBERT SCHUMANN: Piano Quintet in E-flat Major, Op.44
WITH ALEXANDRE DOSSIN, PIANO



The Arianna Quartet celebrates the start of their 19th season in St. Louis in style, with an opening concert featuring three of the masterpieces of the classical, romantic, and 20th century repertoire! Be sure to join them as they ring in the new season at the Touhill with these three thrillers!

This performance features a pre-show talk with the Arianna String Quartet. Please arrive 50 minutes early for the pre-show discussion.

Safe Disposal of Used/Expired Fire Extinguishers

While some fire extinguishers can be recharged more than once, there comes a time in every extinguisher's life when it needs to be replaced with a younger, sleeker, more reliable model. While fire extinguisher replacement is a sure way to improve your home or building fire protection, it does present an interesting problem: how do you dispose of your existing fire extinguisher?

Since the contents of a fire extinguisher are under pressure (and typically corrosive), old fire extinguishers can't just be disposed of in a dumpster right away. Fortunately, the process for disposing of old fire extinguishers isn't that complicated – it's just not something you should do carelessly.

HOW TO DISPOSE OF A FIRE EXTINGUISHER THAT'S NOT EMPTY

Since full, or partially full, fire extinguishers contain materials that could be environmentally hazardous, it's important that you take them to a facility that can process them. When you dispose of your fire extinguisher, squeeze the trigger and let a little bit of extinguishing agent out (the goal here is not to empty the fire extinguisher slowly, but instead to let the pressure out). Wait until the needle on the pressure gauge falls to zero (this could take a few hours to a few days), then take it to a hazardous waste center. They should be able to recycle both the contents and the shell. There is an area hazardous material collection point run by St. Louis County located at 4100 Seven Hills Dr. in Florissant MO that is open every Wednesday and every other Saturday between the hours of 9:00 a.m. and 6:00 p.m. (closed between 11:45 a.m.-12:45 p.m.). To schedule a drop off, or for further information, go to the following website <http://www.hhwstl.com/>. If you do not have access to the internet, you can call 314-615-8989.

HOW TO DISPOSE OF A FIRE EXTINGUISHER THAT IS EMPTY

Disposing of an empty fire extinguisher is a little bit easier than disposing of a full one. The first thing you should do is squeeze the handle to make sure as much of the extinguishing agent as possible gets discharged. Next, remove the head from your fire extinguisher – this will let anyone who sees it know that it has been fully discharged. Finally, recycle the steel fire extinguisher shell – most community recycling centers should accept it, but please call the center prior to going to verify they will take it.

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Looking for Vendors

The Presbyterian Women organization of John Knox Church in Florissant is looking for vendors and crafters for the Autumn Vendors and Crafts Sale. The sale will be held Saturday, November 10th from 9 a.m. to 2 p.m. at the church, located at 13200 New Halls Ferry Road. Information and an application are available by emailing [pwjk17@gmail.com](mailto:pwijk17@gmail.com).

The Return of Parents' Night Out

A Night sponsored by St. Peter's United Church of Christ


Have a worry free night out as your children ages 2-15 participate in fun activities. Free dinner will be provided for the children. Please RSVP by calling our office at 314-521-5694.

Friday October 5, 2018 @ 6pm -9pm
Free to the Community

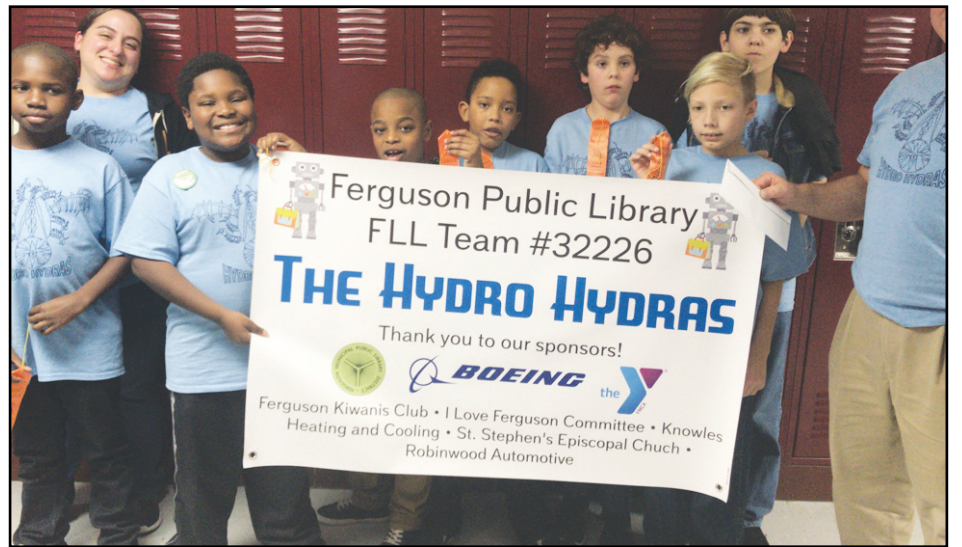
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St. Peter's United Church of Christ Ferguson, MO
1425 Stein Rd
Ferguson, MO 63135
314-521-5694

www.stpeterschurch.org info@stpeterschurch.org



Robotics for Youth Returns to Ferguson Library



2017 Ferguson Library Robotics Team: Jacob, Hugh, Makhi, Elijah, Connor, Jonathan, and William. Coaches: Amy and William.

Our Ferguson Library started a robotics team last year and boy did we have fun. Our team is a FIRST Lego League (FLL) team which is for kids ages 9 - 14. We met for the first time this year on August 5, and we meet every Tuesday and Thursday night at the library. Kids interested in robotics should come to the library and find out more.

We are also looking for local sponsors this year and hope to have a great team of them like we had last year.

Every year, the FLL competition has four parts: Core Values, Project, Robot Design and Robot Game. The core values of FIRST are very important for every team and are the key to what has made FIRST an internationally successful program. There are seven core values the kids will learn, but two of them are to have fun and treat each other with respect.

FIRST Robotics is a program started by Dean Kamen, the guy who invented the Segue – those two wheeled vehicles we see police riding in the malls and adventure groups riding in Forest Park. FIRST is a cooperative program (combination of cooperation and competition) that has four levels of difficulty. The earliest level is called FIRST Lego League Junior (Jr FLL), followed by FIRST Lego League (FLL), FIRST Technology Challenge (FTC) and finally FIRST Robotics Challenge (FRC). Our Ferguson Library has one FLL team now, but we would like to have two and start an FTC team in 2019.

Kids don't need to be good at math to join robotics. For one thing, they will get better at it and may have more aptitude than they think. Even so, a team needs business-type people and creative ones too, so everyone can find a role on a FIRST team.

Being on FIRST team takes a lot commitment and time. But we have fun every meeting and do things that we never knew we were capable of. It's a great feeling when the robot starts to complete missions and the kids know they designed it, built it and programmed it. Wow.

William J Lemon, PhD

FREE AFTERSCHOOL TUTORING



TUESDAY & THURSDAY
3:30 - 5:30 PM
SATURDAY: 11 AM - 1 PM



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(314) 521-4820 - ferguson.lib.mo.us

Your partner in learning.





By Bob McCarty

I just signed a contract to restore another older home, built in the 1890's, back to it's original grandeur. This home will be part of a series of homes being turned into house museums. Upon realizing that I had received this contract, I got to thinking about a few words that pertain to this kind of project, and what they really mean. These words, when it pertains to architecture, are Restoration, Preservation, Conservation, and Renovation, So here we go:

Restoration is done by making repairs to a building while retaining materials from the most significant time in a property's history. Removing some elements that were not part of the house when it was built, while maintaining its original character. Like the curved sash glass that has been replaced with plexiglass, which was definitely not part of the original envelope.

Preservation is to keep a building feature from destruction. As an example, something that you have read about a lot in this column, the preservation of the original windows in the house.

Conservation is the act of maintaining the original built form and architectural features. The art glass windows that adorn the space above the sash on the first floor were bulged in towards the interior, and a few pieces of glass were cracked or broken. The art glass conservator has sourced the type and color of the original glass and replaced it with like material. To secure the flatness of the glass, instead of installing newer flat bracing bars to secure the structure of the glass, he has inwalled rods in the sash frame, wrapped pieces of copper wire to the rod and soldered the wire to the lead came. (From the Webster-Merriam Dictionary; Came is a slender grooved lead rod used to hold together panes of glass especially in a stained-glass window.)

Renovation is the act of making improvements and/or repairs to a building exterior and interior. Staying in form here, we will not be using the lead paint that was originally used when the house was painted but a modern paint such as an acrylic.

Now that my suspicions have been realized, I know that we are not just restoring these houses back to their original grandeur, but preservation, conservation, and renovation all play a role in my line of work. Even though the house will look new, we know that a lot of the parts have been conserved for future generations to enjoy. And, while preserving the original windows, they are being restored back to their original glory.

So when these projects are completed, there's going to be another word that will be a major player in these historical house museums; Maintenance. Without it, all of the other words that played their part in the project will be for naught.

When my part of the project is complete, I will have a maintenance schedule prepared for the stewards of these house museums. They will have a schedule of when to look at the different parts of the houses, what to look for and what to do when they find a suspect area. Something you should have if you own an older home, or even a regular home.

Until next month, BobonJob will be Restoring, Preserving, Conserving, and Renovating the past and above all else, maintaining for the future.

Treetoon at the Library



Sister Glynis Mary McManamon asked for a five foot Treetoon for the children's section of the Ferguson Municipal Library, as part of the "This is My Ferguson" art exhibit.

But it grew fifteen feet overnight!

Shown above is "Wendell Phillips Berwick" <livingtree@earthlink.net> the artist, with library patrons.

Photo by Tim Larson



Come enjoy good Singing,
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Sunday 9:30 a.m.
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Membership Meeting

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American Association of University Women

All women interested in equity issues are invited to attend the **Sunday, September 16** reception sponsored by the Ferguson-Florissant (North County) Branch of the American Association of University Women.

The reception will be held from 2:00 to 4:00 pm. State Program VP Marsha Koch will give some remarks on the state plans for AAUW for the coming year. An overview of AAUW's mission, programs, and activities will be featured at the event. Attendees will learn more about the long-standing advocacy mission of the organization. The latest research reports underwritten by the organization will be available to each attendee.

Refreshments will be served. For additional information or to obtain directions to the reception, call 314-831-5359, 314-522-0413, or 314-921-7109 or <wpemeyers@gmail.com> or <herkemw@att.net> or <carhenning@att.net>

Ferguson's 4th Annual UNITY WEEKEND

City of Ferguson Partnered with Multiple Community Providers to Serve Families Through 4th Annual Unity Weekend

The City of Ferguson teamed with a host of sponsors, including the Missouri Department of Transportation, the Emerson Family YMCA, Community Forward, Inc., & United Healthcare, to present its 4th Annual Ferguson Unity Weekend August 3rd and 5th, 2018. True to its theme, 'Every Body Welcome', the event provided free backpacks filled with school supplies for children and youth, a variety of services and community resources, along with plenty of food and fun for the entire family.

The event opened with an Opportunity Fair held at the Ferguson Community Center on Friday. Job seekers shared their resumes and many interviewed for current job openings with a variety of employers including the Missouri Department of Transportation, General Motors, Eastern Missouri Psychiatric Hospital System, Penske Logistics, the City of Ferguson, Metropolitan St. Louis Sewer District, FirstLight Home Care, Bailey's Restaurant and more.

An added activity to this year's Unity Weekend was the Souls Never Forgotten event remembering missing loved ones and loved ones lost due to violence. Souls Never Forgotten, hosted by the Ferguson Human Rights Commission and held in January Wabash Park, included rousing speakers, songs of inspiration and ended with a candlelight vigil.

On Sunday, August 5th, the Backpack Giveaway took place at the Emerson Family YMCA. In addition to 1500 students receiving the school supplies, their families were able to visit the Resource Fair, access the wide array of services and community resources, and enjoy the food, games, and entertainment.

For More Information Contact: Shirley Emerson 314-602-5212



Women's Financial Series Begins in October

UNIVERSITY OF MISSOURI
Extension
St. Louis County

If you'd like to gain confidence in your ability to make financial decisions and learn how to manage your money more effectively, then a class this fall sponsored by University of Missouri Extension can help.

The Women's Financial Education Series is designed to help individuals, especially women, increase their current level of financial knowledge, develop confidence in their decision-making ability, and gain control of their lives through informed money management.

This five-session series will be held 6-8:30 p.m. Thursdays, October 4, 11, 18, 25, and November 1 at the University of Missouri Extension Center, 132 E. Monroe Ave., Kirkwood.

Instructors include University of Missouri faculty and local experts. The fee is \$49, which covers five sessions, a financial workbook and other financial management resources. Session topics include spending and saving, credit, insurance, planning for retirement, investing and estate planning. Registration is required. The deadline to register is September 27. Partial scholarships are available thanks to financial support from PNC. To register or for more information, call 636-970-3000, email gellmans@missouri.edu or visit <http://extension.missouri.edu/wfes>. All major credit cards are accepted.

University of Missouri Extension programs are open to all.

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St. Peter's Church Annual
COMMUNITY PICNIC

2pm *Sept 9, 2018* 4pm

Come Celebrate our 175th Anniversary with us!

Inflatable Course ● Bubble Bus ● Petting Zoo
Photo Booth ● Balloon Artist ● Crafts
Lunch ● Popcorn ● Snow Cones

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TRUNK

Sunday, October 28 12:30 pm - 2:00 pm

OR

IT'S TIME FOR CANDY, COSTUMES, DECORATED TRUNKS, AND ACTIVITIES! JOIN US FOR FREE SWEETS, VARIOUS HALLOWEEN THEMED GAMES, AND WHO HAS THE BEST-DECORATED TRUNK. EVERYONE IS INVITED!

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Ferguson Motor Service



FIRST LEGO LEAGUE ROBOTICS TEAMS GO INTO ORBIT AT CHALLENGER

FIRST LEGO League teams are already gearing up to go Into Orbit this season and learn about long-duration human space exploration. Teams interested in learning more can join us a few different ways:

- Sign up for a free one-hour Living in Space Info Session/Expert Q&A on August 28, October 6, or October 13. Each session will involve a discussion of the challenges of living in space, followed by time for teams to ask questions and discuss their projects.

- Sign up for one of our public missions. Jr. Astronaut missions are great for elementary school groups, while other missions are designed for middle school.

Both involve an opportunity to take on the roles of astronauts, scientists, and engineers in our simulated spacecraft. Cost: \$15 per person.

- Book us to come out to your location for Living in Space activities and Q&A or another off-site program. Cost: \$250 for up to 2 hours. To book a mission, call us at 314.521.6205. For more information about the Living in Space Info Sessions/Expert Q&A, contact Erin Tyree, erin@clcst-louis.org

More opportunities will be posted as they become available at <http://www.challengerstl.org/into-orbit/>.

15th ANNIVERSARY CONTESTS AND CELEBRATION

Save the date! Join us on November 3 as the Challenger Learning Center - St. Louis celebrates "15 years of inspiring explorers through immersive space, science, and engineering adventures". Leading up to our anniversary event, we have two great ways for students to get involved:

Logo Design Competition: Students in grades 5-8 are encouraged to design a 15th Anniversary logo. Submissions are due September 14.

Rocket Competition: Students of all ages are encouraged to design a rocket that can be launched from our compressed-air PVC launcher. Awards will be given for design and performance!

Details for both competitions are available on our website. Check back often, as we will post more information as it becomes available.

HURRY TO SIGN UP FOR SCHOOL MISSIONS AND TEACHER PD

There are still some slots available for teachers to bring their classes to Challenger Learning Center for a simulated space mission. New this year: Our Jr. Astronauts: Destination Moon provides another space adventure for students in grades 3-5.

Already signed up for a mission? Teachers, make sure you've signed up for a Teacher Professional Development so that you are all ready for this year's trip to space. And don't forget to check out our updated page to help you prepare for school missions.

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Sept 4 - Nov 13, 2018

10 Sessions

- Tuesday evenings (6 pm to 9:30 pm) & select Saturdays (9 am to 1 pm)

LOCATION:

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Early Bird Cost: \$390

- Early-bird discounts available until Monday, August 14th.

Cost: \$425

- Deadline to register is Monday, August 23rd.
- Scholarships Available.

Learn more at:

cwc.umsl.edu/nla/

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Neighborhood Leadership Academy

Join a community of neighborhood leaders

More than 300 neighborhood leaders have participated in NLA; learning the skills and building the networks necessary to create healthy, vibrant and whole communities.

Topics to include:

- Community Building Principles
- Leadership Practices
- Understanding St. Louis and Project Planning
- Community Toolkits
- Working in Diverse Communities
- Getting the Word Out

Graduates receive a UMSL Chancellor Certificate



Contact: Claire Wolff wolffca@missouri.edu

Phone: 314-400-2115

For more information about Extension: extension.missouri.edu/stlouis

Did You Know?

September Gemstone: Sapphire; September Flower: Morning Glory
June is often considered a "summer month", whereas September is not. This is despite the fact that September has twice as many summer days as June.

More people are born in September than any other month!

Crafters Needed

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Fall Thunder Storms

As fall approaches, warm air near the ground and cold air aloft give rise to thunderstorms. In St. Louis, our Indian Summers are perfect weather for thunderstorms.

How do you stay safe during a thunderstorm?

In reality, as soon as you hear thunder, you should move to shelter immediately. Lightning can strike very far from a thunderstorm, so even if it isn't raining, once you can hear thunder you may be in danger. Remember, the storm will not last. Usually, the worst of a thunderstorm is over within a short amount of time, often between thirty minutes to an hour.



If you're outside when a storm hits:

Take shelter when you see dark clouds or lightning, hear thunder or feel hail. Head for an enclosed building, rather than a carport or open garage. No enclosed structure? Get inside a hardtop, all-metal car, truck or SUV. Avoid leaning against vehicles. Get off bicycles and motorcycles. If no shelter from lightning is available, squat down and put your hands on your knees with your head in between to make yourself a smaller target. If you're on the water, head for shore immediately and avoid metal objects. Water and metal can both carry an electrical current. If you're in a group of people, spread out.

If outside, should you use an umbrella?

Some sites are saying it is safe and the umbrella being struck by lightning is a myth while others are saying its not. My recommendation would be not to go out in a storm at all if can be avoided, and not to take a umbrella with you. Trees and buildings are struck often during storms so never seek shelter under a tree.



On the golf course. Resist the temptation to seek shelter under a tree. Instead, head to the clubhouse, or if need be, find a low depression or sandtrap, squat down and put your hands on your knees with your head in between to make yourself a smaller target.

Safety precautions indoors:

Avoid using corded phones and electronics such as computers or power tools. Electrical wires can conduct lightning. Don't use your cell phone during a thunderstorm. Don't wash your hands, shower, wash dishes or do laundry. Metal pipes in the plumbing can also conduct lightning. High winds and hail can shatter glass, so stay away from windows, skylights and doors. Keep drapes and blinds closed to prevent hail-shattered glass from blowing in or flying around.

Protect your belongings:

Remove dead or overhanging tree branches that could fall on your house if the tree is struck by lightning. Put your entire house on a surge-protection system. Unplug appliances and electronic equipment when not in use.

Protect your car:

If a severe thunderstorm is predicted, park your car where it will be protected, like in a garage. Driving when the storm begins? Head for an overpass, garage or carport – anything with a strong roof. If none are available, pull to the side of road, cover your face with clothing to protect yourself from any broken glass, and wait. Most hailstorms only last about 5 minutes.

The above information provided by Nationwide Insurance

Brown Recluse Spider

Recently, there has been an alarming increase in the number of brown recluse spiders in the St. Louis area. These spiders are extremely poisonous, even more so than rattlesnakes.

Where do they live?

The brown recluse is well named because it is reclusive – living in dark, warm, dry environments such as attics, closets, porches, barns, basements, woodpiles and even old tires. They are not aggressive and bite only when threatened, usually when pressed against a person's skin.

What does it look like?

Look for the violin pattern on the spider's back. It's not on the larger part of the spider, but on the small part from which the legs protrude. The violin's base is seen at the head of the spider with the violin's neck pointed to the rear.



Brown recluse bites:

Although the spider's venom is more poisonous than the rattlesnake, as I mentioned before, it causes less disease because of the small quantity injected into its victim. It causes destruction of local cell membranes leading to local breakdown of skin, fat in the blood vessels, leading to eventual tissue death in areas immediately surround the bite site. Often these bites go unnoticed because they are usually painless. Symptoms usually develop two to eight hours after a bite.

Symptoms of a brown recluse spider bite:

After about four hours, there will be severe pain at the bite site, itching, nausea, vomiting, fever and muscle pain. Most commonly, the bite site will become firm and heal with little scarring over the next few days or weeks. Occasionally, the reaction will be more severe with blistering, sometimes blue discoloration and scarring.

Should I see a doctor?

If you think you have been bitten by a brown recluse, you should see a doctor that day. If possible, bring the spider to the doctor's office to help the doctor make the correct diagnosis.

Information taken from a number of web sites.

UNIVERSITY OF MISSOURI
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St. Louis County

James Mesnier is Speaker at Labor Law Breakfast



Now more than ever, it is important for employees to understand their rights as workers. The St. Louis County Extension office is pleased to have James Mesnier, Mediator and Arbitrator, as the speaker for our next Labor Law Breakfast. Mr. Mesnier will address essential elements of Just Cause. Drawing upon such experience, he will share lessons learned from the strength and weaknesses of his and his opponents' facts and arguments, as well as the arbitrator's handling of the case. Jim will address how to establish just cause, key things needed in establishing just cause, and preserving evidence of it. Breakfast is at 8:00 a.m. The program starts at 8:30 a.m.

Annual Breakfast Details:

- ⌚ When: Wednesday, September 12, 2018 from 8:00 a.m. to 9:30 a.m.
- 📍 Where: IBEW Local 1439 (2121 59th Street, St. Louis, MO 63110)
- 💰 Cost: \$20/person (Includes breakfast)
- 👤 Presenter: James Mesnier, Mediator and Arbitrator
- 📞 Register: Call Amy at 314-400-7632

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Visit us at <http://extension.missouri.edu/stlouis>, follow us on Twitter, and like us on Facebook

Artful Considerations

by Robin Shively

"Art enables us to find ourselves and lose ourselves at the same time." - Thomas Merton



Congratulations and thanks to Sr. Glynis Mary McManamon, Dana Sebastian-Duncan, Kate Moore-Freeman, Stephannie Wheat and Stephanie Von Drasek for planning the ambitious and successful #ThisIsMyFerguson art exhibit! Sr. Glynis says thanks should also go to additional artists who facilitated art-making events, including Mary Nichols, Luisa Otero-Prada, Nadia Sharif, and Alejandra Velasco. It was quite a communal effort, with involvement and support from Art at the Farmers Market (Northern Arts Council), Artmart, City of Ferguson, Corners Frameshop & Gallery, Drake's Place Restaurant, Ferguson Graphics, Ferguson Library Staff and FLIERS, Ferguson Times, Living Tree Care Inc., PROUD, Sisters of the Good Shepherd, and Vincenzo's Italian Ristorante. Additionally, financial support was provided by Missouri Humanities Council, PAKT, I Love Ferguson Fund and Northern Arts Council. I thoroughly enjoyed the art displayed at all four hosting venues; Ferguson Community Empowerment Center, Ferguson Municipal Public Library, St. Peter's United Church of Christ and Good Shepherd Arts Center. I hope you also took advantage of the opportunity to see the works of all these local artists within our community.

Art events scheduled this coming month include:

Sept. 7th, 5-8pm: Corners Frameshop & Gallery, 245 S. Florissant, hosts a reception for fiber artist Jude Drosch. Jude crafts traditional Corn Husk Dolls which are representative of the type unique to the Americas. Historians are unsure of how long First Americans have been making corn husk dolls, however they have been found among almost every corn-growing indigenous tribe across North America. Jude learned her craft from ladies in the Appalachian town of Berea, Kentucky, more than 30 years ago.



Sept. 7th, 6-9pm: Ferguson Youth Initiative (FYI), 110 Church Street, invites teens aged 13-19 to "learn how to write a 16" when FYI welcomes State Representative Bruce Franks as a special guest for SLAM. He will lead a class on writing a rap verse.

Sept. 11th & 25th, 9-11am: Ferguson Farmers Market, Plaza@501 S. Florissant, Local artists sponsored by the Northern Arts Council (NAC) provide demonstrations, art-making and creative experiences for all ages.

Sept. 27th, 6-8pm: Good Shepherd Arts Center (GSAC), 252 S. Florissant, hosts an opening reception for "Children of Abraham for Peace and Justice," in which Islamic, Jewish and Christian artists will display work on the theme of peace and justice. The show will run through October 20th.

GSAC also has scheduled the following Friday evening activities which begin at 7 pm. These are free events. However, donations to support the non-profit arts center are always welcome. Additional info; 314-522-1155.

- September 7th: Book Making: Accordion Book
- September 14th: Adult Coloring
- September 21st: Simple Pencil Drawing: basic shapes and shading
- September 28th: Mini Collages

Please send info about Ferguson art events to be included in this column to cornersframing@gmail.com

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

Are you prepared for an emergency or disaster? Online resources are available to help develop plans for your home, school, business or community. For more information, visit the Department of Homeland Security's website www.ready.gov and start planning today.

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4.5 percent, your house payment will be around \$700 per month on an FHA loan (approximate based on 30 years with a 3.5 percent down payment). \$700 per month and you own it! Call us for more info 314 494-2304.

Wedgwood Neighborhood

Well established with many long-time home owners. The original owners of this home are the sellers and they have taken extremely good care of it since the beginning. 3062 Wintergreen offers 3 bedrooms, 2 baths, living room with view of the kitchen-family room combo with wood-burning fireplace. The basement includes a fridge and freezer, rec-room, laundry, cedar closet, plenty of storage space and a work/hobby room. Over sized garage and gas BBQ out back. Close to the Cross Keys shopping, K-Mart, Wal-Mart, restaurants, banks, car repair, schools, box stores, and much more. Call Wayne Moss today at 314-706-1875.

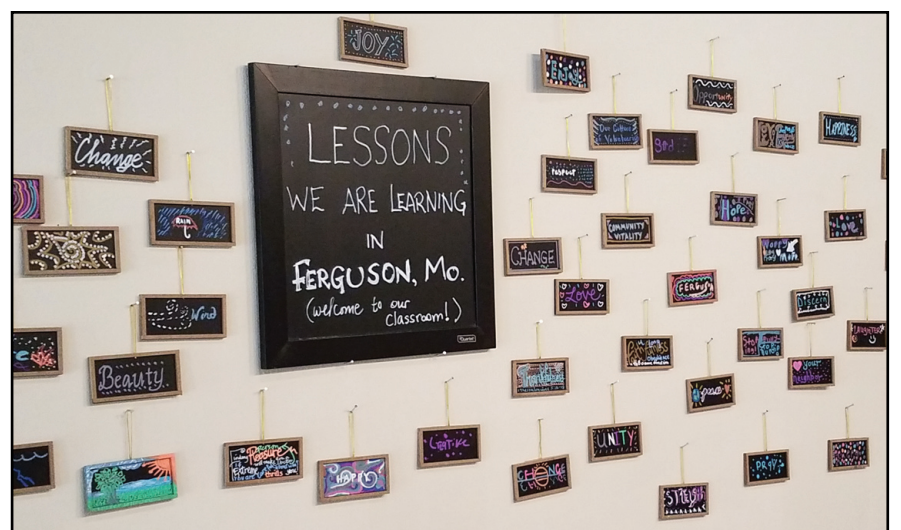


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Picture depicting the Ferguson tornadoes that devastated our community in the last few years. It was part of the #ThisIsMyFerguson art exhibit held last month.



Lessons we are Learning in Ferguson Missouri plaques contributed by many in the community. It was part of the #ThisIsMyFerguson art exhibit held last month.

The Best of Ferguson

– by Ruffina Farrokh
p, M.A.



camps, and the Ferguson Youth Initiative, among others. This year a donation will go to the North County Christian school in memory of Megan Moss Johnson, who received a heart transplant at age 17, and died shortly after childbirth last year. She was 30 years old.

The Taste has Emerson and the Centene Charitable Foundation as their premier event sponsors. (Other sponsors can be seen in the flyer printed on page 7). A wide range of vendors participate in the event, offering everything from pizza to Thai food, barbecue, pastries and Starbucks coffee. For just \$25 per person (children 10 and under are free!), each participant can sample the array of food offered by vendors, as many times as they wish! It's an event you won't want to miss! Sunday, September 9th from 3-6.00 p.m. Get your tickets online at TheTasteInFerguson.com or at the Ferguson Farmers Market on Saturday mornings.

Sponsors of the event provide cash or in-kind services. Tony and Lisa Lonero generously allow the use of the Savoy Banquet Center on S Florissant Road every year for *The Taste*. And my friend Mark Byrne has been a vital force in making the event a success. He has been the event co-chair since 2013 and initiated the Police vs Fire Station Cook Off Competition as well as the food vendor competition.



The Taste in Ferguson; John and Linda Lipka, and Bob and Peggy McGartland



Shown above is the Fire Station Cook Off participants.

Beautiful beginnings often come out of tragic endings. For that to happen, the individuals involved must have faith, determination and a good serving of positivity to turn negative energy into something positive for everyone. This is the magic I have found in my long-standing friend and fellow columnist Bob McGartland, and in Linda Lipka. Like many Ferguson residents, I knew Bob and Linda before their children were called away; lives taken far too soon. All of Ferguson went into shock as we mourned the passing of Robbie McGartland and Samantha Lipka.

In the summer of 2012, Bob and his wife Peggy thought they would do something positive in memory of their son. Bob said he had long before considered that Ferguson would be a great place for a food tasting event. A marriage of the two ideas was the genesis of the Taste in Ferguson. Bob and Peggy pitched the idea to Linda and John for the couples to memorialize their kids in this way. And thus was born the annual event that everyone looks forward to, called *The Taste in Ferguson*.

The McGartlands and the Lipkas are to be commended for giving hope to so many youth in our community when they themselves faced what appeared to be hopeless situations. They chose to bring light to others even in their own darkest hour. This is the American spirit which I have so come to admire, where giving is boundless even when we think capacity is greatly limited.

The Taste in Ferguson has become part of what we offer here in Ferguson. And just as the *Angels at Work* nonprofit has turned tragedy into positivity, we too in Ferguson are creating something beautiful out of the crisis we faced together four years ago.

Hats off to the McGartlands and Lipkas and the volunteers at the *Angels at Work* nonprofit, for making us all proud to be part of their great work! They are indeed the Best of Ferguson! Congratulations!

Come out and enjoy the culinary delights at *The Taste*, the food vendor competitions and the camaraderie in our Ferguson family! See you on September 9th.



The Taste is held both indoors (shown above) and outdoors at the Savoy Banquet Center.



The foursome established a nonprofit organization called *Angels at Work* through which the charitable event was organized. To date, *The Taste* has raised \$125,000, and 100% of that money goes to fund scholarships for students. The work is driven by the McGartlands and Lipkas and a small group of volunteers. Hats off to this selfless group! As a nonprofit manager myself, I know how much work is involved in making this annual event a success, and to grow it from year to year.

Angels at Work shares the blessings of *The Taste in Ferguson* with the local youth. Scholarship money has been provided to school families at Blessed Teresa of Calcutta, seniors in the Ferguson/Florissant school district, the DARE school program, Boy Scouts summer camps, local youth

The author teaches the Transcendental Stress Management program and conducts retreats at home and abroad. She is recognized as a spiritual leader specializing in giving Shaktipat by sight (transference of spiritual energy) and enabling others to have refined perception through the opening of their third eye. Email: rfanklesaria@gmail.com www.BestAgainstStress.com 314 766 4391



Flood of '93

I've been reading recently about this being the 25th anniversary of the great flood of 1993. I remember that flood for lots of reasons.

Although most of the TV specials last month related to the August 5th breach of the Monarch Levee that flooded the Chesterfield Valley, the rain really began earlier in the year.

The 4th of July Festival at the Arch in downtown St. Louis was all set with vendors along Leonora Sullivan (Wharf Street). However, just a few days before the festival, the Mississippi left its banks and covered Wharf Street. That left the vendors scurrying to relocate somewhere else on the Arch grounds.

That year the river almost topped the grand staircase in front of the Arch. That was scary as parts of downtown would then be flooded.

That was the same year that Metro Link began traveling over the River into Illinois. I wanted to take that train and persuaded my husband to go along with me. As we transversed the Eads Bridge I looked down at the River (oh my gosh, it was close) and saw a butane tank float right beneath us. I couldn't help thinking what would have happened if a butane tank, even partially filled, would have hit one of the bridge piers. No one seemed worried except me.

Years later my husband and I visited Confluence Park right off of Riverview. There is a flagpole near the river with markings of the depth of the floods in St. Louis throughout the years. After standing there and reminiscing about the floods that I remembered, I noticed that the 1993 flood was not marked. "Oh yes it is," remarked my husband. "You just haven't looked high enough." I was astounded. 1993 was way, way above the others.

If you drive over to Alton and drive past the casino, you will see the tall white towers. If you look up as you drive by, you will see the flood levels. Of course, your car would have been under water.

If you remember that year; it seems that it rained every day. If the sun came out, it was for just a short time. I noticed that one of the sidelights at my front door was peeling. All summer long I tried to find a couple of days dry enough to paint. Finally, towards the end of August, I got out my putty knife, sandpaper and primer and walked around to the front door. As soon as I began scraping, the putty knife went right through the wood and lots of dirt fell out onto the porch. Oh no; I knew what that meant. Termites!

Not only was the sidelight termite infested, but so was the front wall of the entrance hall . . . right up to roof. I had noticed that the entrance hall floor (which was oak) seemed to be lower than normal. Guess what? Termites. The varnish was still on top, but the whole insides of the oak planks were eaten away. I was mad. How dare those insects invade my house!

My son, Ed, who owns a construction company, and happens to specialize in termites, talked me into replacing the flooring with brick pavers to match the front sidewalk, and to extend the brick floor into the adjoining room, install a bar with running water and a beer tapper. I was very happy with the final results and actually thanked those termites for making me remodel. Ed was happy too. He had beer on demand.

September

According to the Georgian calendar, September is the ninth month. But, on the Roman calendar, it was the seventh month.

September has had 29 days, and 31 days; but, since the time of the emperor Augustus, it has had only 30 days.

The Autumn Equinox is September 22

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Answers to Trivia, Page 12

- | | |
|---------------------|----------------|
| 1. Elsie | 7. Enterprise |
| 2. Eveready Battery | 8. Equinox |
| 3. Evacuate | 9. Excuse |
| 4. Echo | 10. Elementary |
| 5. Easter | 11. Elves |
| 6. Embalm | 12. Elvis |

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Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

Labor Day Holiday	Mon., Sept 3
Disc Golf Tournament – Hudson Park	Mon., Sept. 3
Neighborhood Leadership Academy Begins – UMSL	Tues., Sept. 4
Farm to Table Dinner – Plaza @ 501	Thurs., Sept. 6
Artist Reception – Jude Sroesch – Corners Frame Gallery	Fri., Sept. 7
Rap Lyric Writing by Bruce Franks – FYI	Fri., Sept. 7
Arianna String Quart – Touhill Lee Auditorium	Fri., Sept. 7
Community Picnic – St. Peters.	Sun., Sept. 9
Taste in Ferguson – Savoy	Sun., Sept. 9
Reading on Race Book Club – Library	Mon., Sept. 10
City Council Meeting – City Hall	Tues., Sept. 11
Voter ID information – Library	Thurs., Sept. 13
Northwest Chamber Membership Meeting	Thurs., Sept. 13
CityWalk Concert Series – Wildfire – Plaza @ 501	Fri., Sept. 14
Day Winery Tour	Sat., Sept. 15
University Women Reception	Sun., Sept. 16
Active Animals – Library	Wed., Sept. 19
Hearing on Library Tax Rate – Library	Mon., Sept. 24
Story of Cardinal's great, Bob Gibson – Library	Tues., Sept. 25
Tuesday Night Book Club – Library	Tues., Sept. 25
City Council Meeting – City Hall	Tues., Sept. 25
Visit to Lumiere Place Casino	Wed., Sept. 26
Peace and Justice Artwork – Good Shepherd Gallery	Thurs., Sept. 27
Streetfest – Plaza @ 501	Fri, Sat., Sept. 28, 29
Farmers Formal – Union Station	Fri., Oct. 5
Parents Night Out – St. Peters UCC	Fri., Oct. 5
Fall Festive – Blessed Teresa of Calcutta	Sat., Oct. 6
Card Party and Luncheon – Immanuel	Thurs., Oct. 11
FLIERS Fall Book Sale – Library	Thurs., Fri., Sat., Sept. 18, 19, 20
Trunk or Treat – St. Peters UCC	Sun., Oct. 28

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