

Serving Ferguson and Surrounding Communities

STLCC-Florissant Valley and NCCU's 2019 Dr. MLK Jr. Celebration

Sign a gigantic birthday card for Dr. King Jr. and hear rousing speeches and choir performances

St. Louis Community College at Florissant Valley and North County Churches Uniting for Racial Harmony and Justice will host its annual Dr. Martin Luther King Jr. Celebration Tuesday, Jan. 22.

The celebration's theme is "Standing for Truth, Knowledge and Unconditional Love."



Shawntelle Fisher, STLCC-Florissant Valley alumna and founder/CEO of The SoulFisher Ministries — which aims to spread hope and empower youth and convicted felons to be positive, productive, and socially responsible members in the community — will serve as the keynote speaker. The reception is from 5-6 p.m. on Florissant Valley's campus in the Terry M. Fischer Theatre, located at 3400 Pershall Road. The program follows from 6-7 p.m.

Participants will have an opportunity to sign a gigantic birthday card for Dr. King, which measures 60" x 120," and see the talents of North County youth on display as current and former STLCC-Florissant Valley students lead the celebratory program. The celebration's student speaker is Marc Wallace; student emcee is Tia Wilks; and vocalist is Daniel Allyn. Participants will also hear winning speeches from NCCU's Oratorical Contest and music from local choirs.

In addition to being inspired by rousing speakers and choir performances, guests will learn more about why the Ritenour School District is being honored with the 2019 Dr. Rance Thomas Excellence in Community Partnership Award.

"Ritenour School District was chosen because of its commitment to its entire community, its special programs focused on serving often underrepresented individuals and its work in creating a strong partnership with our campus," said Dr. Elizabeth Gassel Perkins, campus provost.



This free event is open to the public, and seating is on a first-come, first-served basis.

Photo to the left: Shawntelle Fisher, STLCC-Florissant Valley alumna and founder/CEO of The SoulFisher Ministries will speak on "Standing for Truth, Knowledge and Unconditional Love" at STLCC-Florissant Valley and NCCU's 2019 Dr. Martin Luther King Jr. Celebration.

Saturday, January 19th Ferguson's Indoor Farmers' Market

Find friendly farmers, meat vendors, specialty baked goods, teas, olive oils, coffees, made-to-order omelets, and other natural goodies.

St. Stephen's Church – 33 North Clay

9:00 am to noon



January Events at the Ferguson Public Library

For more information, please call the library at 521-4820 or visit our website at ferguson.lib.mo.us

Constellation Cross-Stitch - Saturday, January 5 at 1 pm
Stitch the stars! Join us as we make a cross-stitch picture inspired by the heavens. Supplies are provided. Space is limited - registration is required.

Natural Skin Care - Saturday, January 12 at 2 pm
Looking to up your skin care game without using harsh chemicals? Learn how to make scrubs and masks using everyday ingredients! Supplies are provided. Space is limited - registration is required.

All About Owls - Tuesday, January 15 at 6 pm
Join us and the World Bird Sanctuary as we learn all about owls! We will learn important facts about them and even get to see a few live owls up close! All ages welcome.

Genealogy Drop-In - starts Friday, January 11 at 3 pm
Need some one-on-one help with your family search? Maybe just want to meet other folks also working on their family trees? Attend one of our Genealogy Drop-In sessions! Sessions will be held every other Friday.

Urban Fiction Book Club - Wednesday, Jan. 23 at 6 pm
Love urban fiction? Then this is the book club for you! For our first meeting, we will be discussing *Cheaper to Keep Her* by Kiki Swinson. For more information, call the library and ask for Rachelle.

Created in Ferguson:
Bryan Robertson
January 19 at 1 pm

Ongoing Programs

- Readings on Race Book Club: Monday, January 14 at 6 pm
- Tuesday Book Club: Tuesday, January 22 at 5 pm

NEW BUSINESSES IN FERGUSON!

Be sure to visit these new businesses in town:

- Super Wing (60 N. Florissant) wings, chicken, and sandwiches.
- Timeless Events (1204 Chambers); party supplies.
- Things Automotive (505 Airport Road); emissions testing and associated maintenance repair.
- Almost Picasso (10 Church Street); re-opening in larger space.
- Shelton's Tax Service (299 S. Florissant).

Opening in January:

- Diamond-Cotton Funeral Home (118 N. Florissant).
- Just Chicken (130 S. Florissant).

PRSRT STD
U.S. POSTAGE
PAID
ST. LOUIS, MO
PERMIT No. 05158

ECRWSS

POSTAL PATRON

If You Have Items of Interest, Contact cider@att.net

January City Walk by Robin Shively



In October, the FSBD coordinator attended a three-day workshop in Chattanooga on community transformation. In November, the FSBD treasurer and the Ferguson Economic Development Director attended a workshop in Cape Girardeau on vacant buildings and what can be done to address them. The workshops were hosted by the National Main Street Association and the Missouri Main Street Connection. As a Missouri Main Street Affiliate Member, FSBD/Ferguson Main Street

members are required to attend a variety of meetings each year over the two-year period. Over the next several articles we are going to talk about what Main Street is, what we have learned at the conferences and how you can get involved (and why you should).

“The Main Street approach to revitalization is based on its comprehensive nature. By carefully integrating four points into a practical downtown management strategy, the local Main Street program will produce fundamental changes in a community’s economic base, while preserving its historic commercial buildings and the community’s unique heritage. The goal is to create a sustainable organization that functions as the revitalization leader in the community.” FSBD applied and won a two-year grant to become a Missouri Main Street Affiliate Member. A resolution was passed by Ferguson City Council and a letter of support was submitted by the City of Ferguson in support of this endeavor. We see much value in being a part of this group and we hope to continue our partnership for many years as we continue the next chapter of the downtown business district.

The four-point approach includes, **Organization:** building a framework for a long-term effort to renew downtown and maintaining its stability into the future. The organization committee also trains and develops leaders for the community’s revitalization effort. **Design:** enhancing the visual attractiveness of the downtown. Design includes technical assistance and encouragement to building owners toward the restoration and rehabilitation of historic structures, street and alley cleanup, colorful banners and landscaping. Design also includes safe and efficient infrastructure, including streets, sidewalks, curbs and gutters, and the appearance of storefronts, signs, street lights, window displays and graphic materials. **Promotion:** the positive image of the downtown as a gathering place. Special events and festivals that give each community its unique identity. **Economic Vitality:** analyzing current market forces to develop long-term solutions; recruiting new businesses and strengthening existing businesses, while diversifying the economic base, creatively converting unused spaces for new uses and finding solutions for historic commercial buildings.

As a new member of the Missouri Main Street there are certain activities we must begin immediately: Creating a non-profit organization, which we have named Ferguson Main Street; Establishing priorities through comprehensive work plans, we have hosted two so far, the next will be in January; and Provide sustainable sources of revenue and volunteer development. As we continue in our Main Street development, you will see new activities, the Christmas Caroling Pub Crawl, for example, and new calls for action.

Does this sound like something you might enjoy? The Organization Committee is looking for merchants and property owners, residents, media, civic groups, accountants and legal professionals. The Design Committee is a great fit for architects, real estate professionals, planners, designers, history buffs, and artists. The Promotion Committee is a great fit for marketing and tourism pros, downtown merchants and students; the Economic Vitality Committee is great for merchants, development pros, consumers, business students. For more information on Ferguson Main Street, contact marveena@fergusonmainstreet.org.

CityWalk business owners have a standing invitation to attend meetings of the Ferguson Special Business District Advisory Board, which meets the 2nd Thursday of the month from 5:30-7:30 p.m. FSBD meets at Bakes Wood-Fire Pizza, 235 S. Florissant Rd.

For more information, please contact Robin Shively at 314-495-7452 or cornersframing@gmail.com.

The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

Head aches, expanded waste lines, gift returns, recycle bins busting at the seams with paper and cardboard, and last but not least those resolutions, which means it's January and time for a new Plumbers Crack.



Well I hope you all made through the holidays somewhat unscathed. Last month I mentioned at the end of the article about main breaks. There are two types of main breaks. The first one I'll talk about are the big ones in the street or curb lines. These are caused by a multitude of things. Cold weather has a lot to do with it. In most areas you have old cast iron or ductile mains. Like almost any metal it weakens with age. (Sort of like Oh Baby.) Then you take cold weather which cools down the water and freezes the soil above the main (not the main itself). You then get a quick warm up and another cold snap and bang, a main break.

What happens is the soil turns hard and does not cushion traffic and so forth. Then come the biggest reason – expansion and contraction of the pipe. This is caused by fluctuation of the water temperatures. Here are a few tips on what to do if a main breaks and your out of water.

First head to your main shut off and turn it off. Hopefully this will keep your system full of clean water. Next turn your water heater to its lowest setting. When you find out the main has been repaired, wait an hour or so before you turn your water back on. When you do, go a hose Bibb and flush for about five minutes not opening any other fixtures. This will keep any

impurities from meeting up in your faucets. The other thing you should do if you flushed your toilet while the water was off, is shut off the valve to it. Leave it off until the main is fixed and wait a while before you open it back up. The valve in the toilet is most vulnerable to damage when water is off. After all this you will probably be told to boil your drinking water for a day or so.

If your service line breaks, pretty much follow these same steps and remember you are covered by the St. Louis County water service program. They will fix it for free. Missouri American water will tell you it's not their problem and tell you to get it fixed. They fail to tell you is that St Louis County covers the problem through taxes paid by you. It's on the St. Louis County web site under public works.

Well Oh Baby is rambling on again, and Dorothy is going to start charging me for ink. So I leave you with this – be kind, look out for one another, take special watch over our children and have a HAPPY and BLESSED NEW YEAR. GOD BLESS YOU ALL.

Oh Baby



WINDOW RESTORATION BY:

Painted Effects CONTRACTING llc
314-524-1264



Maintaining Yesterday, For Tomorrow

P8563, D8563

Premier Plumbing Solutions

Say "I Love Ferguson" When presented your bill and receive **\$10 OFF**

Dave Walters (Oh Baby)
Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net
Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.

COLD WEATHER SAFETY

The Ferguson Fire Department took advantage of the recent cold snap to train on ice rescue techniques at January Wabash Lake. While we prepare to handle extreme cold weather emergencies, we'd also like to remind you that cold weather can be dangerous even if you're only exposed for a short time. Learning to recognize the signs and symptoms of hypothermia can help save someone's life.



CARING FOR HYPOTHERMIA
Signs and symptoms usually develop slowly. People with hypothermia typically experience gradual loss of mental acuity and physical ability, so they may be unaware that they need emergency medical treatment.

Call 911 or emergency medical assistance. While waiting for help to arrive, monitor the person's breathing. If breathing stops or seems dangerously slow or shallow, begin cardiopulmonary resuscitation (CPR) immediately.

Move the person out of the cold. If going indoors isn't possible, protect the person from the wind, cover the head, and insulate the individual from the cold ground.

Carefully remove wet clothing. Replace wet things with a warm, dry covering.

Don't apply direct heat. Don't use hot water, a heating pad or a heating lamp to warm the person. Instead, apply warm compresses to the center of the body — head, neck, chest and groin. Don't attempt to warm the arms and legs. Heat applied to the arms and legs forces cold blood back toward the heart, lungs and brain, causing the core body temperature to drop. This can be fatal.

Give the person warm beverages. Don't give the person alcohol. Handle people with hypothermia gently. Don't massage or rub the person because their skin may be frostbitten, and rubbing frostbitten tissue can cause severe damage.

Body to body rearming. In remote areas where assistance is delayed, practice "body to body" rearming. Surround the victim with body heat in a sleeping bag, tent or other sheltered spot.

Be sure to keep an eye on your elderly neighbors during extreme cold weather as the young and elderly are more easily effected. By looking out for each other and being prepared we can all continue working together to keep this community safe!



FIRST ENVIRONMENTAL SERIES FILM: ATOMIC HOMEFRONT

The 2019 Environmental Film Series, hosted by the Ferguson Eco Team, begins Wednesday January 16 (please note change of day from previous years) with the documentary ATOMIC HOMEFRONT. This is an important film that reveals St. Louis, Missouri's atomic past as a uranium processing center for the atomic bomb and the governmental and corporate negligence that led to the illegal dumping of Manhattan Project radioactive waste throughout North County neighborhoods.



The film is free and open to the public and will be shown in St. Stephen's Episcopal Church Parish Hall; 33 N. Clay (at Darst), Ferguson, MO 63135. For more information: (314) 521-8418; carletonstock@aol.com

FFSD Board of Education Candidate Filing

Filing for Declaration of Candidacy for two open seats in the 2019 Ferguson-Florissant School District Board of Education has begun. The three-year terms of current board members Leslie Hogshead and Constance "Connie" Harge will expire in April 2019.

Declarations of Candidacy may be picked up in the Office of the Superintendent, 8855 Dunn Rd., Hazelwood, MO from 8 a.m. to 4 p.m. on days the district is open. Under Missouri law, the first day to file as a candidate was Tues., Dec. 11. Filing closes at 5 p.m. Tuesday, Jan. 15. District offices will be closed Monday, Dec. 24 through Friday, Jan. 4. The annual election for the Board of Education is Tuesday, April 2, 2019.

Individuals wishing to file for candidacy for the Board of Education must be:

- Σ A citizen of the United States
- Σ At least 24 years old
- Σ A resident taxpayer of the school district
- Σ A resident of the state of Missouri for at least one year

In addition, the candidate must follow these procedures:

- Σ File a declaration of candidacy
- Σ Line up for filing pursuant to district Policy 4013

The Ferguson-Florissant School District board election in April 2019 will be conducted by cumulative voting, a change ordered by the federal court. In cumulative voting, voters cast as many votes as there are seats. Voters are not limited to giving only one vote to a candidate. Instead, they can give their votes to one or more candidates. For instance, in this election for two open board seats, voters could choose to give one vote each to two different candidates, or both votes to a single candidate.

Local School Gives Venezuela Children Presents and Food

Fourth grade students and staff at Parker Road Elementary School, in the Ferguson-Florissant School District, collaborated with St. Andrew United Methodist Church and Charity Christian Center to donate approximately 200 medium and large boxes of Christmas gifts to children in Venezuela. Students, staff, and the community also donated enough food to run Venezuela's feeding program for half of 2019.

"Everything started with my aunt and my brothers that live and serve children in the community where I was raised in Venezuela," said Rodrigo Camacaro, head custodian at Parker Road. "The economy recently collapsed, so a lot of people are struggling there. We made it a project where our school and the churches came together to give these kids everything from toys, clothes, and shoes, to food."

Camacaro connected with Sarah Jennings, a fourth-grade teacher at Parker Road, who developed a service project for her students to raise money and collect items to donate. Students not only orchestrated events to collect donations, but they also studied the economic climate in Venezuela. Students in second grade also formed pen pals with the children in Venezuela and mailed them letters with postage stamps to send letters back.

"In this community in Venezuela, there's no food to buy," said Tracy Shorly, assistant principal at Parker Road. "If there's a need, then I know we have a strong family at Parker Road and a strong community that can resolve it. This wouldn't be possible without our Parker Road family, our churches, and the many people from the community."

12th annual
Dining In and
Acting Out!



An Evening of Entertainment and Dining to benefit the St. Louis Chapter of
Handicapped Encounter Christ (H.E.C.)

Friday, February 8, 2019

6:00 p.m. - 9:00 p.m.

Savoy Banquet Center

119 S. Florissant Road

Mark your new-year calendar for this family event! ...All the Pasta you care-to-eat!

BASKET
RAFFLES
& MORE!

12th ANNUAL ENTERTAINMENT AND DINING EVENT...to benefit our HEC Retreats!

Tickets are \$20/person for All-You-Care-to Eat Dinner & Entertainment \$30/couple

"Free-Will offering" for entertainment only ~ Family Rates available!

Reservations accepted, but not required.

Questions? Call Pat: 314-570-3409 / Jeff: 314-524-0500 / Cedrick: 314-817-7219

Ferguson Community News Page

125 years and still going strong

By Mayor James W. Knowles III

"Any new beginning is forged from the shards of the past, not from the abandonment of the past."

- Craig D. Lounsbrough, American Author, Counselor, Life Coach, Pastor



Happy New Year! I hope we are all looking forward to an exciting and eventful 2019! I know that for some marking the new year can be as mundane as throwing out your old planners, desk covers, and those free calendars you get in the mail from people trying to solicit annual donations. But for most of us, the new year marks an exciting time to set new goals or begin a new initiative. 2019 is going to be a big year, and an exciting one.

There is a lot going on this year, and a lot to be excited about. There is a big birthday happening this year. No, I'm not talking about my 40th birthday (which is this year but I'm not particularly excited about leaving my 30's). I'm talking about the city's Quasquicentennial!

What is the Quasquicentennial? Many of you may remember the marking of the hoopla surrounding 1976, when the country celebrated its bicentennial. And if you have been to the DMV lately, you will notice that the State of Missouri is marking its bicentennial by releasing new license plates marking the event. Those events marked the 200-year anniversary of the United States and of Missouri, respectively. Well, the Quasquicentennial is the marking of the 125th anniversary of the founding of the City of Ferguson.

Ferguson isn't the oldest community in St. Louis County, but it certainly isn't one of the newest. Out of approximately 89 cities, we remain one of the 10 largest communities in St. Louis, and we are among the oldest. Even before the founding of the actual city, there has been a community of people living here in this area since the mid 1800's.

Growing up in Ferguson, I always knew our city motto as "Proud past, promising future". It was emblazoned on our city logo, and it was the official tagline for all things Ferguson. It was a motto that reflected the spirit of what our forebearers accomplished by establishing a beautiful and thriving community on what was once rural outskirts of the city of St. Louis, while also reminding all of the promise that Ferguson's best days still lie ahead. While that motto no longer adorns our city buildings, I think as we begin to celebrate our Quasquicentennial, we should remember the spirit of that old motto.

Like our nation's history, Ferguson's is one that is marked by highs and lows, ups and downs. As a young city, over 100 years ago, we were proud to be a founding member and leader of the St. Louis Municipal League. Throughout our history we have seen grand developments that marked the founding of our historic business district, and the great expansion of our community which led to a bustling commercial corridor along W. Florissant. We have also seen recessions and changes in the shopping and development patterns in our country which crushed the small Mom and Pop stores that lined our Main Street and even left some of our big box stores empty and desolate. We have felt the effects of suburban sprawl, but we have seen the addition of new families and new investment to sustain our community. Our historic main street has seen new commercial redevelopment and commerce, breathing life into what was once a desolate downtown. We have experienced a national mortgage crisis, two tornadoes, and an extended period of civil unrest, just in the past 10 years. Any one of those events could have wiped a community off the map, but we are still standing.

I'm proud we are still here, but that isn't good enough. It was good enough for our old motto. It didn't say "we had a proud past, and hey, we're still here." It proudly declared that we have a promising future, and I still believe that we do. There are signs of that promise everywhere as we look around our community. Our community has not just survived, by we have thrived, and 2019 is our opportunity to show it to the world.

As we begin to celebrate this Quasquicentennial year, the city has engaged a marketing and branding firm to engage our businesses, residents, and stakeholders to help craft a message and brand for the city that will properly represent us going into the next 125 years. There will be lots of opportunities to weigh in and participate, and I hope you will all take that opportunity. After all, the city has only been successful over the past 125 years because of its people. People like you.

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Jan 8 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	Jan 10 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskepark_neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	Jan 8 6-7:30 pm	Ferguson Library Large Conf. Room	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Jan 31 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	TBA	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	Jan 14 7 pm	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	Feb 4 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	TBA	Fire Station #1 200 So. Florissant	

Ferguson City News?

How do you get your Ferguson News?

- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

Did You Know?

NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon.

You can submit a request for records using the Record Request icon.

VISIT OUR WEBSITE: www.fergusoncity.com

You can do all this and more on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit <http://www.fergusoncity.com/57/Boards-Commissions> or contact your City Clerk at City Hall.

CITY COUNCIL MEETINGS Tuesdays, January 8th & 22nd at 7:00 pm in the Council Chambers, City Hall, 110 Church Street

**The City of Ferguson business offices will be closed:
Tuesday, January 1st – in observance of the New Year
Monday, January 21st – in observance of
Martin Luther King Holiday**

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Keith Kallstrom, Ward 3; Wesley Bell, Ward 3. City Manager: DeCarlon Seewood. Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Pages

Be sure to get to the Recreation Office to register or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Parks & Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily \$1/ Yearly \$50
Resident Adult – Daily \$3/ Yearly \$85
Resident Senior – Daily \$1/ Yearly \$50
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200
Non Resident Adult – Daily \$5/ Yearly \$200
Non Resident Senior – Daily \$3/ Yearly \$120
Non Resident Family – Yearly \$300

NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)
Resident Adult – \$9 per month (12 month agreement)
Resident Senior – \$6.00 per month (12 month agreement)
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)
Non Resident Adult – \$18 per month (12 month agreement)
Non Resident Senior – \$12 per month (12 month agreement)
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

PROGRAMMING

Beginning Classic Guitar

This class allows students to enter the exciting world of classical guitar, playing ensemble music in three easy parts that blends together is fun and engaging! All finger style on smaller-sized classical guitars (provided) with emphasis on proper seating and technique. Performance opportunities towards completion of class!

Age: 9-15 years old
Days: Tuesdays and Thursdays
Date: Tues, June 4-Tues, July 30 *No class July 4*
Time: 6:30pm - 7:30pm
Location: Ferguson Community Center
Fee: \$45/Residents; \$50/Non-Residents

Learn to defend yourself with Krav Maga

Krav Maga is used to rapidly train combat troops in hand-to-hand combat in the shortest amount of time and from a position of disadvantage. Since most attacks occur when the victim is at a disadvantage, training will include performing techniques while at a disadvantage, encountering multiple opponents, and employing empty-handed defenses against weapons. This class covers the Krav Maga curriculum as taught by Townsend Defense. Private lessons are also available. Wear comfortable workout clothing and athletic shoes.

Age: 16 and up
Days: Tuesdays and Thursdays
Date: Tues., Jan. 22-Thurs, March 14 *No class Thurs., Feb. 21*
Time: 6:00 to 7:30 pm
Location: Ferguson Community Center
Fee: \$60/Members; \$65/Residents; \$70/Non-residents

Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Children must be potty trained.

Age: 3 ½-6 years old
Days: Monday or Saturday
Start Date: Mon, Feb 4 to March 25, Mon, Apr 1 to May 20,
Mon, June 3 to July 22,
Sat, Feb 9 to March 30, Sat, Apr 6 to May 25,
Sat, June 8 to July 27
Time: Mon 5:45pm-6:40pm; Sat 10:00am-10:55am
Location: Ferguson Community Center

Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 7 - 13 years old
Days: Mondays or Saturdays
Start Date: Mon, Feb 4 to March 25, Mon, Apr 1 to May 20,
Mon, June 3 to July 22
Sat, Feb 9 to March 30, Sat, Apr 6 to May 25
Sat, June 8 to July 27
Time: Mon 6:45pm-7:40pm; Sat 11:00am-11:55am
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Mon, Feb 4 to March 25, Apr 1 to May 20, June 3 to July 22
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Tap & Ballet Dance

A wonderful opportunity to learn creative movement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes or bare feet. Children must be potty trained.

Age: 3 1/2 - 7 years old
Days: Wednesdays
Start Date: Wed, Feb 6 to March 27, Apr 3 to May 22, June 5 to July 24
Time: 5:45 pm-6:40 pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Hip Hop/ Jazz Dance

High energy class, starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes or bare feet.

Age: 8-13 years old
Start Date: Wed, Feb 6 to March 27, Apr 3 to May 22, June 5 to July 24
Time: 6:45-7:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Wed, Feb 6 to March 27, Apr 3 to May 22, June 5 to July 24
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the-bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students
\$5 more for each additional student
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

Ferguson Community News Pages

Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players.

All equipment will be provided.

Age: 18 and older
Days: Wednesdays and Fridays
Time: 9:00 am to 12:00 pm
Location: Ferguson Community Center
Fee: Daily rates apply

FITNESS

Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 16 years & up
Days: Mondays or Wednesdays
Start Date: Mon, Jan 7 to March 11 *No class Jan 21 or Feb 18*
Mon, March 18 to May 6,
Mon, May 13 to July 8 *No class May 27*
Wed, Dec 9 to Feb 27, Wed, March 6 to Apr 24,
Wed., May 1 to June 19

Time: 6pm-7pm
Location: Ferguson Community Center
Fee: \$25/Members - 1 day per week; \$30/Residents - 1 day per week \$35/Non-Residents - 1 day per week

Additional Days:
\$10/members add day; \$15/residents add day;
\$20/non-residents add day

Will Fitness Kettlebell Class

Open to All FITNESS LEVELS and is a kettlebell conditioning based workout. All workouts will be tailored from beginner level to advanced kettlebell movements. Workouts will also include body-weight, dumbbell, and circuit training skills. We strongly emphasize proper technique and skill.

Age: 16 & Up
Start Date: Wed, Feb 20 to March 27, Apr 10 to May 15
May 29 to July 3

Time: 7:00-8:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fit Core Class

Join Will Fitness for this class that is an all-inclusive, dynamic course designed to improve your overall fitness level; including strength and flexibility. More than an ab workout, Core-Strong is about training the abs, back, hips and glutes; covering the 28 muscles of the core and then some. Utilizing ground based exercises that revolve around the medicine ball; anyone can improve their personal level of fitness, gain confidence, and still have fun!

Age: 16 & up
Days: Tuesdays
Start Date: Tues, Feb 19 to Mar 26, April 9 to May 14, May 28 to July 2
Time: 6:00-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Jump Rope Fitness

This class is based on plyometric, otherwise known as jump training! Come for an athletic based, high intensity workout. Please come wearing proper athletic shoes that support your feet and joints.

Age: 16 & up
Days: Wednesdays
Start Date: Wed, Feb 20 to Mar 27, Apr. 10 to May 15, May 29 to July 3
Time: 6:00pm - 7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PRE-REGISTRATION REQUIRED

Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped bands, cross cables, and bodyweight exercises incorporated for a complete workout!

Age: 16 & up
Days: Thursdays
Start Date: Thurs, Feb 21 to Mar 28, Apr. 11 to May 16, May 30 to Jul 4
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fit Bootcamp

Boot camp with Will Fitness! A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength

training designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp. Participants will be indoors and outdoors. We will run sprints; perform lots of pushups and various forms of plyometric and interval training with little rest between exercises and challenging workout.

Days: Saturdays
Start Date: Sat ,Feb 2 to Mar 23, Apr 6 to May 25, June 8 to Aug. 3
Time: 10:00am-11:00am
Location: Community Center
Fee: \$30/Members; \$35/Residents; \$40/Non-Residents

All Ability Levels Welcome, Preregistration Required

Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

Silver Sneakers Classic/Chair Yoga

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support. In addition, the yoga activities will increase flexibility, balance and mental clarity.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 8:35 - 9:40 am
Fee: FREE/Silver Sneakers Members-\$3/ Everyone Else

Silver Sneakers Cardio Circuit/ Yoga

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support. In addition, the yoga portion will move your whole body through a series of seated and standing yoga poses.

Days: Tues & Thurs
Dates: Ongoing
Times: 8:35am-9:40am
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages

Beginner Bundle
Includes Fitness Assessment*
and 1 personal training sessions.
Fee: \$70/ Members
\$80/ Non-Member
Beginner Bundle +
Includes Fitness Assessment*
and 2 personal training sessions.
Fee: \$95/ Members
\$105/ Non-Member

1 Session
Fee: \$35/ Members
\$40/ Non-Member
3 Session
Fee: \$90/ Members
\$105/ Non-Member
5 Session
Fee: \$170/ Members
\$195/ Non-Member

Training for Two

All prices are per person
1 Session
Fee: \$30/ Members
\$35/ Non-Member
3 Session
Fee: \$80/ Member
\$95/ Non-Member
5 Session
Fee: \$145/ Member
\$175/ Non Member

TEEN PROGRAMMING

Hidden Valley Moonlight Teen Ski Trip Registration Deadline January 21st

Get ready for fun in the snow! Join us for our second annual Moonlight ski trip to the Hidden Valley Ski Area. Whether you have never skied, have skied, or think you are a semi-professional, this trip is for you. Instructional classes for beginners and refresher classes for the experienced will be available. Please bring additional money for food and drink. Sign up early as this trip fills fast.

Age: Teens 13-17
Date: Saturday, January 26th
Time: 3:00pm-Midnight
Location: Community Center
Fee: \$32/Residents
\$37/Non-Residents

(Continued, Page 7)

TEEN PROGRAMMING

Webster Groves Ice Rink

Cosmic Ice Skating- NEW!

Registration Deadline January 30th

Come join us for a night of ice skating cosmic fun! Webster Groves Ice Rink has recently added LED lights under the ice with an in house DJ make this night one to remember.

Date: Saturday, February 2nd
Time: 6:30pm-9:30pm
Location: Community Center
Fee: \$8 Residents
\$10 Non-Residents

Six Flags St. Louis

Registration Deadline May 20th

Date: Saturday, May, 25th
Time: 10:00am-11:00pm
Location: Community Center
Fee: By 5/3 \$20 Residents
\$25 Non-Residents
After 5/3 \$25 Residents
\$30 Non-Residents

Upper Limits- NEW!

Calling all beginners and experience climbers! Join us for 2 hours of unlimited climbing fun! Our group will have certified instructors to help us on the walls! We will conclude this fun day with a ice cream bar at the Community Center.

Registration Deadline March 18th

Spaces are limited, sign up today!

Date: Tuesday, April 6th
Time: 1:15pm-5:15pm
Location: Community Center
Fee: \$20 Residents
\$22 Non-Residents

Urban Air Trampoline Park- NEW!

Join us for a teen fun night at the ultimate indoor adventure park! Experience the Trampoline Park, Sky Rider, Ropes Course, Climbing walls, and the adventure hub. Your package includes all attractions at Urban Air! We will start the night with a pizza party at the Community Center.

Registration deadline March 4th

Date: Wednesday, March 20th
Time: 5:00pm-8:30pm
Fee: \$30 Residents
\$32 Non Residents

Pre-Registration is required

SPECIAL PROGRAMMING

Family Nerf War-NEW!

Grab your friends and family and head to Community Center for this exciting event! Each participant needs to bring a Nerf gun. Soft tip darts will be provided along with safety glasses. Pizza and drinks will be served at the conclusion of the event.

Ages: All Ages
Date: Saturday, March 22nd
Time: 6:30pm-8:30pm
Location: Ferguson Community Center
Fee: \$6/Child; \$8/Adult

Pre-registration is required

Family Glow Bingo-NEW!

Come on over to the Ferguson Community Center for a night of glow in the dark bingo! Wear your neon or white clothes to glow in our backlights. We will play bingo and eat pizza while enjoying family and friends!

Pre-registration is required!

Ages: All Ages
Date: Saturday, March 9th
Time: 7:00pm-10:00pm
Location: Ferguson Community Center
Fee: \$25/Couple; \$5/Each Additional

Blues Game Night

Enjoy pre-game appetizer and drinks buffet at Scottrade Center prior to the Blues taking on the Washington Capitals. Indulge in the fact that you don't have to worry about driving or parking.

Registration Deadline March 1st

Ages: All Ages
Date: Monday March 25
Time: 5:30 departure
Location: Ferguson Community Center
Fee: \$92/Residents; \$98/Non-Residents

Crest Bowling-NEW!

Grab your friends and family and head over to Crest Bowl for a night of bowling fun! This event includes unlimited games for 2 hours and bowling shoes! You can have up to 6 people per lane. This event will meet at the Crest Bowling.

Ages: All Ages
Date: Sunday, May 19th
Time: 6:30pm-8:30pm
Location: Meet at Crest Bowling
Fee: \$8/Child; \$10/Adult

Daddy Daughter Dance

Fathers, escort your daughters to this special night of fun! Young ladies and their dads, grandpas or guardians will enjoy a light dinner, D.J., dancing, and even a photo to share with mom! Space is limited.

Pre-registration required.

Date: Friday, February 8, 2019
Time: 6pm—9pm
Location: Ferguson Event Space
Fee: \$30 per couple; \$10 additional child

Kid's Night Out!- New!

Come join the staff at the Ferguson Community Center for a night of fun and activities. Parents take the opportunity for a date night or a night out with friends. We will feed your child pizza, play games, and watch a movie.

Ages: 6-12 years old
Dates: Friday, 1/18/2019
Friday, 2/15/2019
Friday, 3/15/2019
Friday, 4/26/2019
Friday, 5/17/2019

Location: Ferguson Community Center

Times: 6:00-9:00pm

Fee: \$15 per child

Spots Are Limited So Sign Up Early!

Dog Egg Hunt- NEW!

Hop over to Wayside Dog Park with your furry friend for our annual Dog Egg Hunt sponsored by Ferguson Animal Hospital! The smaller and larger dog areas will be covered with eggs filled with dog treats! Special eggs will be hidden with raffle tickets to chose a prize for your dog! The Easter Bunny will be on hand for photo opportunities. Dogs and humans should meet at Wayside Dog park with a Basket to collect eggs.

Date: Saturday, April 13
Time: 11:00am
Location: Wayside Dog Park
Fee: \$5/dog in advance; \$10/dog day of event

Adult Easter Egg Hunt

The Easter Bunny has dropped his eggs all over the fields of the Ferguson Community Center. Rumor is 30 of those eggs are filled with prize tickets. This "egg-cellent" event is open to adults 21 and older. So grab your basket and flashlight for an evening down memory lane. Pre-registration is recommended for this event. Maximum event size: 100.

Date: Friday, April 19
Time: 7:30pm
Location: Community Center
Fee: \$8 Residents; \$10 Non-Residents

Children's Easter Egg Hunt

Hop over to the Ferguson Community Center for our annual Egg Hunt. The back field will be filled with brightly colored filled eggs for children (8 and under) to enjoy. The children will be divided into separate hunts by the following ages: 3 – 4, 5 – 6, 7 – 8.

The Easter Bunny will be on hand for photo opportunities. Children should meet at the Ferguson Community Center with their own basket.

Date: Saturday, April 20
Time: 10am SHARP!!
Location: Ferguson Community Center
Fee: FREE Children 3 – 8 Years Old

Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.

Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.

ID Costs: \$5 processing fee per dog (max three dogs per household)

Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.

Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program. Park Bench Dedication \$1,000

ADULT PROGRAMMING

Lunch and Bingo

Come and treat yourself to an afternoon at one of Ferguson's fantastic lunch and bingos. Our March bingo celebrates St. Patrick's Day with corned beef and cabbage. Our May bingo welcomes the coming of summer with a lunch and bingo featuring your choice of chicken or beef. Cost includes lunch as well as bingo. Maximum size: 125.
 Date: Thurs, March 14th & Thurs, May 9th
 Time: 12pm-3pm
 Location: Ferguson Community Center
 Fee: \$10 Members; \$14 Residents; \$18 Non-Residents

Mystery Meal

If you love good time and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good times and good friends. Due to the popularity of this program, residents have registration priority. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal.
 Dates: Fri. Feb. 15th & Thurs., April 11th
 Time: 10 am pickup
 Fee: \$32/Members; \$37/Residents; \$42/Non-Residents

Weekend Winery Tour

Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons pre-registered for these trips to make. Cost covers transportation.
 Ages: 21 and up
 Date: Saturday, May 11th, Sunday, July 14th and Saturday, September 14th
 Time: 10am-6pm
 Fee: \$10/Residents; \$15/Non-Residents

Branson Getaway

Join us for a trip to Branson, MO, the Live Show Capital of the World. When we arrive we will enjoy dinner at the Grand Country Buffet and then head over to enjoy Presley's Jubilee. On Saturday, we will enjoy Branson Belle Dinner Cruise. Have your catching arm ready on the way down as we enjoy a great lunch at Lambert's Café "Home of the Throwned Rolls". Also, on the way home we will stop by Bass Pro Shop and the new Wonders of Wildlife Aquarium. Cost includes: motor coach transportation, two nights lodging, meals (all except lunches). Luggage service, plus driver gratuities are included.
 Date: Friday, April 5th– Sunday, April 7th
 Time: 12:00pm-8:00pm
 Fee: \$420/Residents; \$460/Non-Residents (Double Occupancy)
 \$78 additional for single

Tunica, MS

Join us for our annual trip for gambling fun in Tunica! We will be staying at the fabulous Gold Strike Hotel & Casino and visiting 4 other casinos during our trip, not including the two neighboring casinos of the Gold Strike. Cost includes: motor coach transportation, buffet meals and promo cash.
Sign up early as this trip fills fast!
 Date: Tues, May 14th—Thurs, May 16th
 Time: 7:00 am – 8:30pm
 Location: Ferguson Community Center
 Fee: \$210 Residents; \$220 Non-Residents (double occupancy)
 \$100 additional for single

Tropicana Casino– Evansville, Indiana

Bring along your good luck charm at the Tropicana Casino in Evansville, IN. The casino is now all one level and very accessible for all. You will receive \$8 in free play and a free lunch buffet. Remember that you must have valid state id with you. Cost Includes: motor coach transportation, lunch, and all gratuities.
Registration Deadline April 8th
 Ages: 21 and up
 Dates: Tuesday, April 30th
 Time: 8:00 am – 8:00 pm
 Fee: \$40/Residents; \$45/Non-Residents

Area Casino Day Trips

Need a day out and about? Come test your luck at an area casino each month! The trip only includes transportation to the casino. Must have a minimum of 10 patrons pre registered for the trip to make.
 Fee: \$5 Residents; \$8 Non-Resident
 Location: Ferguson Community Center
 Time: 10:00am-4:00pm
 Dates: Wednesday, January 30th–Casino Queen
 Wednesday, February 20th–Argosy Casino Alton
 Wednesday, March 20th–Hollywood Casino
 Wednesday, April 17th–River City Casino
 Wednesday, May 22nd–Ameristar Casino

ATHLETICS

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.
 Days: Mondays
 Times: 3:00pm– 9:00pm*
 Location: Community Center
 Fee: FREE Member; Daily Fee Residen; Daily Fee Non-Resident
 *Times may change based on league play.

Women's Adult Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!
 Ages: 18 and up
 Days: Mon, Feb 4th to April 1st and Thurs, Feb 7th to April 4th
 Times: 6:30pm-9:30pm
 Location: Ferguson Community Center
 Fee: \$190 Residents; \$205 Non-Residents

Open Sand Volleyball Tournament

Gather your friends for a fun day in the sun as we kick off the start of warmer weather with a free Sand Volleyball Tournament. Format determined based on the number of teams that register. Trophy awarded to Champions.
 Ages: 18 and up
PRE-REGISTRATION REQUIRED
 Tournament: Sunday, April 14th
 Time: 11:00 am
 Location: Community Center Outdoor Complex
 Fee: Free

COED Sand Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!
 Ages: 18 and up
 Days: Mon, April 29th to June 17th *No game 5/27*
 Thurs, May 2nd to June 20th
 Times: 6:30pm-9:30pm
 Location: Ferguson Community Center
 Fee: \$190 Residents; \$205 Non-Residents

Start Smart

Each program is designed to give participants an opportunity to develop their sports skills in a fun and safe environment while working and spending quality one-on-one time with their parent. All Start Smart programs feature age appropriate equipment and developmentally appropriate exercises. Each program is 6 weeks long + Show Your Skills event and we will meet at the Ferguson Community Center. NEW! At the end of each session there will be a Show Your Skills event! You can invite friends and family to come show off your newly learned skills.
 Day: Wednesday

Sport	Ages	Registration Deadline	Session Schedule
Basketball	5–7 yrs	January 14th	Jan 30 to Mar 13
Soccer	3–5 yrs	March 11th	Mar 27 to May 8
Baseball	3–5 yrs	May 6th	May 22 to June 26

 Time: 6:00pm-7:00pm
 Fee: \$30/child for each session

Adult Softball

Leagues are filling up fast! Register your team with Ferguson Recreation for Coed and Men's league this spring. 10 week season + playoffs. At registration receive a concession stand punch card. Once you filled up the punch card receive a free pitcher on us!
 Ages: 18 and up
 Coed: Sunday, April 7 to June 30 *No Games 4/21, 5/12 & 6/16*
 Men's: Monday, April 8 to June 17 *No Game 5/27*
 Times: 6:00pm-10:00pm
 Registration: Deadline—March 20th
 Fee: \$400 Team

Youth Flag Football

Calling all youth football players! We will be hosting a flag football league for you to show off your skills. Sign up individually or as a team. If you register as a individual you will be placed on one of our Ferguson teams coached by a Ferguson volunteer. We will have a clinic hosted by Ferguson staff and volunteers and then 5 weeks of games with a week of playoffs. All participants will be given a t-shirt and the winning team will receive a trophy!
PRE-REGISTRATION REQUIRED
 Grades: 2nd to 8th Grade
 Clinic: Saturday, April 20th @ 12:00pm-2:00pm
 Season Dates: April 25th-June 1st
 Practice Day: Thursdays @ 7:00pm
 Game Days: Saturdays @ 9:00am-11:00am
 Location: Forestwood Park
 Team Registration Fee: \$570/Team
 Individual Registration Fee: \$80 Residents; \$86 Non Residents
 Team are allowed up to 14 players on a roster.

Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

 Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.
 Please call the Ferguson Sports Hotline

Join the Ferguson Municipal Public Library as we make a

Constellation Cross-Stitch



Saturday, January 5th @ 1:00pm

Each participant will receive 2 embroidered constellations! Space is limited so call in to sign up today!

Ferguson Municipal Public Library
35 N. Florissant Rd, Ferguson, MO 63135

FACT:

There is more alcohol in mouthwash that in wine

fergtwilightrun.com

- Closed USATF-Certified Course
- Professionally Timed by Big River Running
- Race includes finisher medals, food, live music, cheer stations, & BEER

MAY 18, 2019
10th ANNIVERSARY FERGUSON TWILIGHT RUN
10M / 5K / 10K
FERGTWILIGHTRUN.COM

18 Run or Walk With Us in 2019!

FERGUSON TWILIGHT RUN
10th Anniversary
1-mile / 5k / 10k / introducing the 10-mile

REGISTER ONLINE NOW!

10 Days of Discounts on the 10th Annual Ferguson Twilight Run

From January 1 through January 10, receive a 10% discount when you register for the 2019 Ferguson Twilight Run 1 mile, 5K, 10K or 10 mile race. Use discount code TEN when you click here <https://fergtwilightrun.com/registration/register>.

AWARDS & PRIZES

All finishers of the 5K & 10K, and one-mile fun run will receive a medal. 1st place 5K & 10K finishers (male and female) will win a custom trophy and a pair of running shoes from Big River Running. The top 3 finishers in the 5K & 10K for each division (male & female) win an award. Age Divisions: 12 & under; 13-19; 20-29; 30-39; 40-49; 50-59; 60- 69; 70 & up. 1st, 2nd, and 3rd place finishers in the one-mile fun run receive an award.

Come join the Ferguson Phoenix



++Stipends will be provided for production++

Ferguson news reported by the Ferguson youth. All students under 18 are invited to become reporters using multiple types of journalism.


- Newspaper • Online Website • TV News
- Podcasting • Social Media

Ferguson Public Library
Every Tuesday
4:00-6:00pm

Starting on January 8, 2019

Contact Jane Bannester at janiebb@hotmail.com with questions.

Blessed Teresa of Calcutta
Your Neighborhood School!



Open House - January 27th - Noon-2pm
btcp parish.org PreK 3&4 / K-8th Grades 314.522.3888

INTRODUCING THE MICHELIN® DEFENDER™ TIRE
SAFER.¹ LONGER.²
90,000 MILES³ OF CONFIDENT DRIVING

The MICHELIN® Defender™ tire is here, with the traction superiority to allow you to stop up to 31 feet shorter than a leading competitor¹ and industry-leading wear life technology that gives you a 90,000 mile warranty³. That's up to 21,000 miles longer than a leading competitor², and why we say Defender Tires help keep you safer¹, longer². Find out more at michelinman.com/defender



1- Based on internal wet braking test results versus Goodyear Assurance® Comfortred™ touring tire size 185SR15
2- 90,000 mile warranty for H- and T-rated tires; 80,000 mile warranty V-rated tires. See MichelinMan.com for warranty details.
3- Based on commissioned third-party wear test results versus Continental® ProContact™ with ECOPlus technology tire size 215/60R16.

ANDY WURM TIRE & WHEEL
Specializing in Tire & Wheel Packages
201 S. Florissant Rd. • Ferguson, MO 63135
(314) 522-3040
Over 10,000 Tires in Stock!  TPMS Experts!
Over 400 Wheels on Display!

www.andywurm.com

Mon. - Fri. 7:30 - 6:00 • Sat. 7:30 - 2:30



Financial Focus

By Joan Cleaveland (consultjoan@att.net)
Business Manager for St. Joseph Parish in Cottleville
Lindenwood University – BA Business Administration

TAX CHANGES!

“The hardest thing to understand in the world is the income tax.”
- Albert Einstein

A new year and with it comes some pretty significant changes in our income tax return. Everyone seemed pretty happy when paychecks got larger last February. As soon as it happened tax advisors suggested their clients should check their withholdings because the increase in take home pay just might cause some to actually end up owing more in taxes. If things got simplified in the process, maybe that's a good thing and worth the cost to some. For years we've heard talk of making the process easier – you may even recall the 1040EZ2DO - Tax Form that came out years ago as a joke. There were just two items to deal with the first was to list how much money you made and second was to send it to the IRS.

Since I had not done anything different with my own withholding amounts, I figured it might be a good idea to just see what the new forms for our 2018 Tax return looked like. On the www.IRS.gov website you can check things out. The 1040 form is to be used by everyone. They've eliminated the 1040 short form and EZ form. Just a glance at the new form does make it look pretty easy. It's half the size of the old 1040. That made me wonder why they made it 2 pages long. Maybe they want us to do everything on-line, so they aren't thinking about the cost of paper. In any case the 2017 1040 had 79 questions which I believe has been pretty standard for several years. The new form has only 23 questions. They really could have put it on one page.

Another thing I noticed was the six new schedules that may or may not be needed. It looks like most people wouldn't need more than possibly Schedules 1 and 3. However, if you look over each schedule you will notice they are also pretty short forms. It's also interesting to note that on some of the forms several numbers don't actually have questions or blanks to fill in; they say reserved and the box to the right is grey. For example the first nine numbers on Schedule 1 are listed as reserved. So it will be interesting to see if these schedules eventually use some of these reserved lines. Each schedule's numbered questions continue in sequence from the previous schedule and at the end of Schedule 5 you are at number 75. And most of these questions were part of the old long 1040 form. So maybe this does make things seem simpler. Schedule 6 is very short and only wants a foreign address if you have one or a third party listed if they are authorized to answer questions about your return – this would not be your paid tax preparer – that person would still be listed on the 1040.

Schedule 1 covers additional income like gambling income, prize money, unemployment compensation and capital gains. It also covers deductions like student loan interest, educator expenses or self-employment tax. Schedule 3 has credits like child care expenses, education expenses and retirement contributions. With each item listed there is another form to be used to determine the amount, so there won't be much decrease in actual forms needed.

The instructions for the new 1040 are 117 pages long. It appears the six new schedules require some explanations. Pages 3 and 4 have some helpful hints and resources should you need help. There are also many worksheets included to help determine if a form or schedule is necessary. It always seemed a little strange to me to need to go thru a long worksheet to determine if in fact another form is needed, but I guess that is the best way to help. The biggest change is the increase in the standard deduction amount. For a single person it nearly doubled going from \$6,350 in 2017 to \$12,000 for 2018. For those married filing jointly, it went from \$12,700 to \$24,000. Head of Household was \$9,350 in 2017 and now it is \$18,000. We still have the same number of tax brackets, but the tax rates are generally lower. Those with larger families could be hurt by the fact that there is no longer an Exemption Deduction. On pages 20 thru 24 the Child Tax Credit & Credit for Other Dependents helps you determine if the dependent is eligible for this credit. Although I had a hard time going thru the steps listed in the instructions and finding out just how much the credit could be, I have read that it could be up to \$2000. As in the past the Child and Dependent Care Credit is still available on Schedule 3 and form 2441. There is a Standard Deduction worksheet on page 35 of the instructions for the 1040. This is for those over 65 and/or blind. Those or their spouses who are 65 and over will get an additional amount added to their Standard deduction. So things are just a little different this year, but most are still around. Another concern for home owners is the ability to still use the long form and Schedule A to take advantage of the mortgage interest you are paying. There may be more people finding it easier and more beneficial to take the increased standard deduction. For years there was talk of eliminating the deduction for mortgage interest and some changes have been made in prior years to limit the amounts which hasn't affected most of us who don't have a million dollar mortgage. For 2018 that amount was reduced to \$750,000. Another change deals with funds used for something other than a purchase or home improvement. For years lenders have promoted the use of home equity to solve financial problems – consolidate your debt, go on vacation or pay for a college education. If funds have been used for those types of things the interest is not deductible.

This just could level the playing field for those who are not home owners.

CORK
wine bar

423 S. FLORISSANT RD. ● FERGUSON, MO 63135

(314) 521-WINE



GOOD TIMES
GREAT FOOD & COCKTAILS
LIVE MUSIC FRIDAY & SATURDAY NIGHTS

January Birthstone GARNET

Garnet, the birthstone of January, is mined in a rainbow of colors. From the fiery orange of Mandarin Garnet to the rich green of Tsavorite Garnet and to the most widely recognized color of Pyrope Garnet, it is considered a great gift to symbolize friendship and trust. Garnets were used in the former Czechoslovakia as far back as the Bronze Age, and in Egypt more than five thousand years ago. They were used in Sumeria around 2100 B.C. and in Sweden between 1000 and 2000 B.C. They were also popular in ancient Greek and Roman civilizations. According to the Talmud, the only light on Noah's ark was provided by a large Garnet. In Europe during the Middle Ages, Garnet was used to enhance truth, faith and constancy, and to dispel melancholy. As a Warrior's Stone, Garnet served as a talisman in the Crusades for both the Christians and their Muslim enemies.



For years, we've heard comments about the way the rich or at least middle class get a really wonderful benefit by being home owners and deducting their mortgage interest. Meanwhile young people starting out must pay rent and basically get no real benefit. Part of the collapse of the housing market may have been caused by our unfairness in this part of the tax code. While those with mortgages saw housing prices going up they took advantage of the equity in their homes. Many of those who were new home owners seemed to be uninformed about the possibility the real estate prices don't always go up. And, of course, the bubble burst leaving many in financial trouble including the lenders and investors in the mortgage market. This change in the standard deduction may improve the tax burden for those without mortgages.

Like most people I am most concerned about how the changes in our tax code impacts my own situation. So I tried to use the figures from 2017 to do a good look at how it might be for 2018 and it seemed that for the most part I wouldn't see much change. It did seem that my tax amount would go down a bit and that is a good thing. Whether it is really simpler remains to be seen. The number of schedules and forms may not be reduced, but some of the changes which may not be popular with everyone could in the long run benefit us all. On pages 109 and 110, there are estimates of the amount of time it should take to complete your tax forms. For the average person it suggests 7 hours at a cost of \$110. The good news is that something did get done in the past year.

If you have any comments or questions, please e-mail me at consultjoan@att.net.

We're on UBER EATS! *Come Check it out!* **Now OPEN For LUNCH**

PIZZA, DRINKS & GREAT WINGS

BAKED

WOODFIRE IN FERGUSON

235 S.FLORISSANT RD. (314) 736-1810 WWW.BAKED-PIZZA.COM

SAVOY **Savoy Banquet Center**
119 So. Florissant Road
521-4500

We Welcome Wedding Receptions, Reunions, Birthdays, Graduations & Other Celebrations

 We are a full service banquet center.

Ferguson Lions Hall Rental
49 North Clark
314-226-4077

 All Proceeds Support Ferguson

Picture your Baby Shower, Wedding Shower, Wedding Reception, Graduation Party, Family Gathering, and Other Special Occasions, in this spacious hall and large parking area.
Holds the maximum of 75 people.
Call 314-226-4077 for reservations and more details.

For the Do-It-Your-selfer

Kitchens, Baths, Windows, Doors and More

Our installation is available also!
Free Estimates – Call **WOLFCO**
314.799.2818





The new Ferguson Om Cafe located at 415 South Florissant Rd., due to open in January.

Vincenzo's ITALIAN RISTORANTE 

242 So. Florissant Rd. 314-524-7888

 Serving delicious, freshly made Italian food in a friendly, casual setting, Vincenzo's offers a cozy atmosphere that's perfect for lunch or dinner. The restaurant specializes in Old World style recipes using only the finest ingredients.

Vincenzo's boasts an extensive wine list, a full-service bar, a down-stairs party room, and outdoor dining in season.



OPEN FOR LUNCH & DINNER
• T-TH 11am to 9 pm
• FRI 11am to 10pm • SAT 4pm to 10 pm • SUN 4pm to 9pm
CLOSED ON MONDAYS www.vincenzosstl.com

SPENCER'S BAKERY **DONUTS 6 For \$3.40**

100 Church Street
521-0259
Dine In or Carryouts

Breakfast Special \$4.95
(2 eggs, 2 bacon or 3 sausages, hash browns, toast or biscuits)
Also serving: French Toast, Pancakes, Sandwich Combos



Hours:
Tues. thru Sun. 5am to noon
Closed Monday

Glazed, Raised and Long Johns, Muffins, Danish, Turnovers and Cookies

See the stars with our telescope

The Ferguson Public Library has a TELESCOPE available for you to check out!

Visit the library or call 521-4820 to place a request today.



Ferguson by Foot

By: Margaret Wolfinbarger



The knock at my front door woke me up to the knowledge that another year has arrived, and with it regret and remorse. Regret over the indulgences foisted upon me over the holidays because I am ever the victim of the insistences of sugar-crazed co-workers, and remorse over the innate greed which is now etched across my bulging belly button.

I stumbled over the pile of dryer-shrunk jeans that were wadded up at the foot of my bed and fell into a too-pretty-for-the-ugly-sweater-contest pile of garments. I arm-wrestled my way free and crawled down the hall and toward the

front of the house as the pounding on the front door grew more insistent.

It was still dark outside—nigh about 5:00am—so I assumed my neighbor's house was on fire and emergency personnel were coming to rescue me from certain doom. My boxer dogs should have been dancing around me, ready to shred the trespasser into ribbons, but alas they were snuggled into their beds snoring. (If you have a short-nosed dog you know what I'm talking about.) I fumbled at the lock—effectively skinning my knuckles—and accidentally bonked my head while opening the door. While trying to ascertain the muscular fireman who I felt certain was going to carry me off in his lust-worthy truck, I looked down and discovered a badger instead. The oversized rat looked up at me with twitching whiskers and lisped through buck teeth, "Hey Fatty Arbuckle! It's January 1st and your pants don't fit." And that is when I saw stars—blood red "orbs of madness" that is—circling my head.

I reached for the board of education—a paddle shaped piece of wood we keep within arm's reach for obnoxious children—and swung at the feisty fur ball. He hopped over my swipe and grabbed a big mouthful of butt-cheek. Then, with badger-like tenacity, he squeezed.

My howl of indignation rang out into the morning air. Somehow he communicated to me that he would not relinquish his grip until I had jogged at least six miles. I tried to argue but his teeth were like needles in my tender flesh and he was quite obviously beyond the reach of reason. He prodded me with pain until I lay in a puddle of sweat on the floor of my basement, right next to my boxer dogs who only raised their eyebrows in faux interest. When he finally relinquished his grip he said, "You're welcome!" before escaping out of the back door. I tried to holler, "I will kill you!" but I woke up instead.

I cleaned up the tin foil wrappers that littered the floor next to my bed and scooted past the stale gingerbread house that seemed to sag beneath the picked over remains of its once gum-drop laden roof. I glanced at the Gillian Michaels 30 Day Shred DVD I gifted myself for Christmas that was still covered with cellophane and then at the sneakers that went into hibernation sometime around Black Friday. Then I pulled out my yoga pants. Oy vey! I'm not a fan of making New Year's resolutions but I'm not going to unshrink my pants by finishing off the leftover snickerdoodles. Therefore the best I can do is introduce all the leftover goodies to the hungry trashcan, albeit only when my husband isn't looking since Mr. Skinny Britches (a non-reformed sugar fiend) will surely wrestle them from my begrudging grasp if he spies my true intentions.

Today, if you meet that feisty badger of regret and remorse on your doorstep, rejoice! He may not look like a friend, but he may just be the motivation you need to get your buns in shape. His bite may pinch, but given the proper respect, his methods are exceptionally effective.

For more inspiration, follow me on my blog: www.destinationdiscipline.com.



Learn to draw in
**Pencil
and
Charcoal**

Artist Bryan Robertson will teach drawing techniques using pencil and charcoal!

Saturday, Jan. 19th @ 1:00pm

Supplies provided; registration required!



Ferguson Municipal Public Library
35 N. Florissant Rd Ferguson, MO 63135

Urban Fiction Book Club

Ferguson Municipal Public Library

35 N. Florissant Rd.



Do you LOVE Urban Fiction? Can't get enough of Kiki Swinson & Carl Weber? Then you need to be a part of Ferguson Library's

URBAN FICTION BOOK CLUB



First Meeting:

CARL WEBER'S KINGPINS SERIES

Choose your favorite in the series



Every 4th Wednesday
starting
January 23rd!

For more information contact
Rachelle @ 314-521-4820

Friends of the Ferguson Library

"In spite of our having some moments of despair when we had a paucity of customers, our "Treasures, Trinkets, and Treats" sale proved to be a success after all! The FLIERS (Friends of the Ferguson Municipal Public Library) would like to thank everyone who played a role in making that happen: donors, customers, and volunteers. We look forward to seeing all of you again at our April, 2019, book sale. (We really do! We love seeing both new AND familiar faces!!)

Sincerely, Janie Norberg, FLIERS President



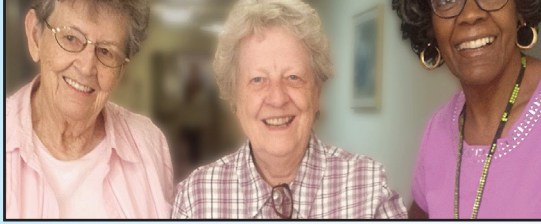
Trivia

All answer begin with the LETTER "I"

1. Winter decoration for eaves.
2. Where to play the piano in Africa.
3. Ice house.
4. Community metal drapes.
5. Country that gives Europe the boot.
6. Best time to leave a lousy play.
7. She sent Chris crossing.
8. The agony of the feet.
9. It's 99 and 44/100ths percent pure.
10. Size of a yellow polka dot bikini.
11. Don Rickles' specialty.
12. A person unable to read.

See answers at bottom of page 23.

"We enjoy living here because there are so many fun activities, the meals are wonderful and everyone is so nice. It feels like home."



St. Catherine Retirement Community
3350 St. Catherine St., Florissant, MO 63033
314.838.3877

Please come visit and attend an event with us!

We Offer:

- Wellness Programs
- Exercise, Ballet & Yoga
- Entertainment
- 1 & 2 Bedrooms
- Full Service Amenities
- Dining Services
- Convenient Location
- Our team of experts will help you make your move with ease

Call Stacey to schedule a visit and start enjoying worry-free living.

A Non-Profit Retirement Housing Foundation Community

Friends, Fun and Laughter

Staying Fit!

Join us every Mon. & Wed. at 1pm Exercise with a certified aerobics instructor from ENVISION Home Health. No class Jan. 2nd

Chair Yoga!

Join us for a healthy mind and body every Friday at 1:00 pm with a certified aerobics instructor

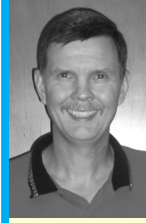
Chair Ballet Class! Join us for a relaxing hour of strengthening January 10th & 17th at 1:00 pm

"Happy 2019" Happy Hour

With "Just the Two of Us" Tuesday, Jan. 8th at 10:30 am RSVP by Jan 4th 314-838-3877

Stay Well!

The Benefits of Massage Therapy with Envision Home Health Thursday January 17th 9:30am Complimentary Breakfast at 9:00 am RSVP by Jan. 11th 314-838-3877



Under The Hood With Robinwood
By Bob McGartland

Safe Driving Habits

Happy New Year, Thank you to everyone who brought in personal care items or made monetary donations last month for our Shoeboxes for Seniors drive. Most of the shoeboxes have been going to the same Nursing Home in North County for the past few years. Robert, the director of the nursing home told me most of the residents are wards of the State and have no visitors. The simple items of body wash, hand lotion, a pair of socks; things we take for granted make their faces light up on Christmas morning. Robert kept expressing his appreciation for these shoeboxes, because they bring so much joy to his residents. Thank you again for your generosity. You helped touched lives in a special way to some lonely seniors on Christmas morning.

As the new year begins, now is a great time to start some new habits while driving. Even if you had some bad driving habits in the past, now is the time to be conscientious and make sure you try and change them. Some bad habits to break could be if you tend to drive over the speed limit. This is me too often. Also make sure you are aware how you stop at stoplights or stop signs. Come to a complete stop and not just a roll-through. Look over your shoulder when changing lanes so you know for sure no one is in your blind spot. Driving too close to the car in front of you. Always leave plenty of distance in between vehicles. If your tires have low tread depth or severely worn out, your stopping distance is highly impaired.

Besides how you drive on the road, also consider the habits that cause distracted driving. Distracted driving has become one of the major causes

of car accidents. This trend is continuing to grow every year mainly because of cell phone usage while driving. Many people have developed the habit where they can't put their phone down or turn them off while driving. This includes texting, calling, or using your smart phone for various other things. Take the pledge, "I will put my phone away while driving so I can arrive safely."

There are some other things that are distractions, that you might think about. If you are driving with children in the back seat, you may want to keep looking back and checking on them. Each time you are looking backwards your eyes are not focused on the road ahead of you. Other distractions might be if you look in the rearview mirror to do your hair, shave, or even put on makeup. Some people might write down notes or ideas as well. There are even some who feel they can read and drive at the same time. A common distraction to almost everyone is eating in their car and driving. If you eat something, you are distracted because you will not have both hands on the wheel. You may drip ketchup on your shirt or may drop the French fries on the floor. It is typically an instant reaction to look down and focus our attention to what just happened.

I bring up all these things we shouldn't be doing while we are driving. We know better, but bad habits take over. Now, with the start of the new year it's the great time to start new and safe driving habits. Take the pledge, start the change, be committed and before you know it, the new habit has become real.

Wishing everyone a Blessed, Safe and Happy 2019!

UNIVERSITY OF MISSOURI
Extension
St. Louis County

Candidates Announced for St. Louis County Extension Council

Sixteen county residents have remained on the St. Louis County University of Missouri Extension Council in 2018. Most will likely continue their role after a January 2019 election, which allows a maximum of twenty members.

Council members whose terms continue are Sylvester Bolden (Midland), Eugene Franks (Ferguson), Cheryl Jordan (Alumni representation), Dave Kreuter (Creve Coeur), Gretchen Luke (Bridgeton), Mary Oswald (Bellefontaine Neighbors), Rob Rambaud (Wildwood), Bill Ruppert (Kirkwood), Tim Schmalz (University City, Wicky Slight (Kirkwood), Lynn Squires (Hazelwood), Lisa Thompson (Maryland Heights) and Ken Truemper (Glen-dale).

Cynthia Jordan (Creve Coeur), Tracey Howe-Koch (Florissant), and Jane Kerlagon (Wildwood), are up for re-election after serving a two-year term. In addition, Teyuna Darris, Karen Jamerson, Cathy Lovins, Nancy McClain, and Brenda Smith are seeking election to join the council.

County extension council members work throughout the year with University of Missouri Extension staff members in planning and making recommendations for educational programs such as agriculture, home economics, business and industry, community development, youth development (4-H), and various continuing education courses, seminars and workshops.

The St. Louis County Extension Council meets at 6:30 p.m. on the third Thursday of every month at the St. Louis County office. Individuals interested in serving on the council may contact Dwayne James, County Engagement Specialist, at the St. Louis County extension center at 314-400-7391.

Elections will take place between January 17 and 31. You will be able to vote online, as well as at the St. Louis County Extension office. Information about the University of Missouri Extension of St. Louis County, as well as where to cast your ballot in this election, can be found on the web at <http://extension.missouri.edu/stlouis/>.

Contact: Dwayne T. James, County Engagement Specialist
University of Missouri Extension in St. Louis County
1-314-400-7391 | jamesdt@missouri.edu



PROUD
People Reaching Out for
Unity and Diversity

PROUD stands for People Reaching Out for Unity and Diversity. If you would like more information on PROUD, or would like to be added to our email list, please contact us at:

PROUD 435 Darst Road Ferguson, MO 63135
email: proud.ferguson@gmail.com
Alan Mueller – 314.831.9300
Chuck Henson – 314.565.4829

SPORTSPRINT
TEAM, CORPORATE, AND PROMOTIONAL APPAREL

COTTLEVILLE, MO
636-477-1412
5285 HIGHWAY N

FERGUSON, MO
314-521-9000
6197 BERMUDA DRIVE

O'FALLON, MO
636-240-5000
211 SOUTH MAIN

SPORTSPRINT has you covered! Since 1973.

CUSTOM SCREEN PRINTING, EMBROIDERY, AND PROMOTIONAL PRODUCTS
WWW.SPORTSPRINT.COM

Traveling With Marveena



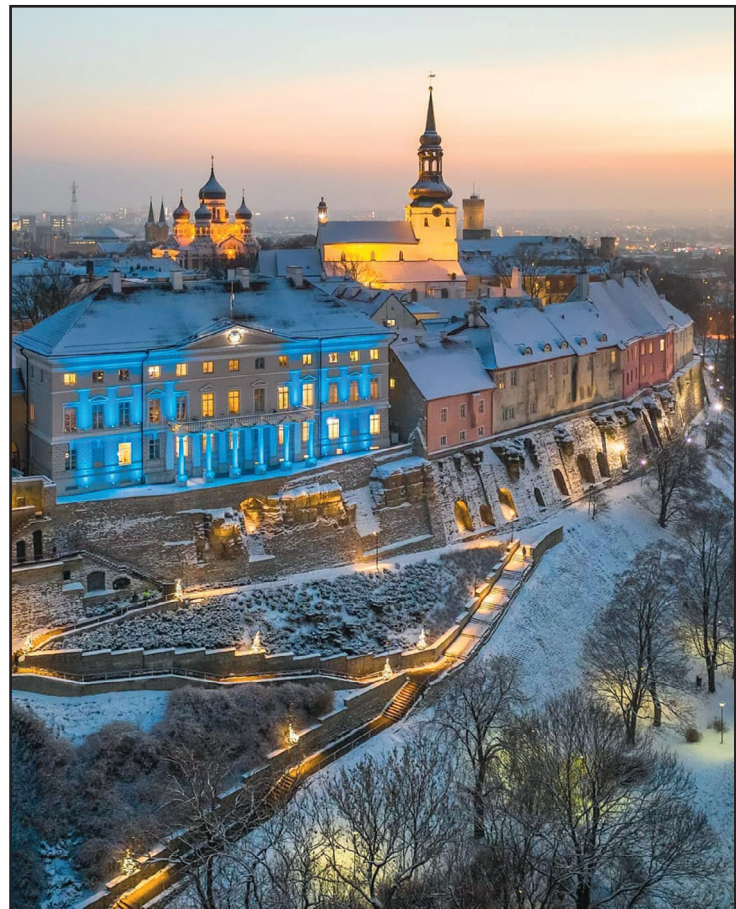
by Marveena
Miller
Shanahan

I arrived in Tallin at 12:04A.M. after four separate flights, a 10-hour delay in Amsterdam, now been up for 33 hours. Tallin is the capital of Estonia, bordered to the north by the Gulf of Finland with Finland on the other side, to the west by the Baltic Sea with Sweden, to the south by Latvia (my third & completely unexpected flight but a stunning airport), and to the east by Russia. It is not the easiest place to get to but if you want to visit a storybook winter wonderland, I recommend

First a brief history of Estonia, Estonia has been inhabited since at least 9,000 B.C. Ancient Estonians were some of the last European pagans to be Christianized, following the Livonian Crusade in the 13th century. After centuries of successive rule by Germans, Danes, Swedes, Poles and Russians, a distinct Estonian national identity began to emerge in the 19th and early 20th centuries. This culminated in independence from Soviet Russia in 1920 after a brief War of Independence at the end of World War I. Initially democratic, Estonia was governed by authoritarian rule since 1934 during the Era of Silence and the Great Depression. During World War II (1939–1945), Estonia was repeatedly contested and occupied by the Soviet Union and Germany, ultimately being incorporated into the former as the Estonian Soviet Socialist Republic. After the loss of its de facto independence, Estonia's de jure state continuity was preserved by the Estonian government-in-exile, which was recognized by much of the Western World throughout the Cold War (1945–1991). In 1987 the peaceful Singing Revolution began against Soviet rule, resulting in the restoration of de facto independence on August 20, 1991. Estonia joined the European Union in 2004 and is representative of other E.U. countries with universal health care, free education, and paid maternity leave. It is a very digital country with Wi-Fi available almost everywhere in the country and one of the first countries to hold elections online. With a population of 1.3 million, it is smaller than the state of Colorado and

has 4.3 million less people. Although the official language is Estonian most of the people in Estonia also speak English and Russian and German.

Tallinn is beautiful city in which to spend your holiday. The air is crisp, it snows daily, and the decorated store fronts are inviting and festive. There is holiday music playing everywhere and you can smell the gingerbread and pine just strolling down the street. We spent our first day in Tallinn in



Old Town Tallinn, a UNESCO World Heritage Site. I looked for a hotel in Old Town, centrally located and close to the Christmas Market, and I couldn't have done a better job. Our hotel is a charming, small hotel with larger than normal rooms. There is no elevator, common in other Old Towns we have visited, daily breakfast or room service.

A medieval trading city, Old Town Tallinn is well preserved, clean and easy to navigate. The restaurant menus feature a variety of taste from Estonian cuisine to Italian, Tex-Mex, farm to table, steaks, pizza and seafood, menus are in a variety of languages and everyone takes the Euro and plastic. The nightlife is just as varied with wine bars, beer pubs, whiskey and cigar lounges, gentleman clubs and alternative lifestyle clubs. We explored castles and churches, visited numerous shops, tried fresh marzipan, sampled hot mulled wine, shopped at the Christmas Market and had pizza while watching the Christmas train drive by. It was a magical first night.

One of the first things we always do in a new city/country is the hop-on hop-off bus, it is a bit nerdy but for the value, it is a great first or second day option. You get an idea of where important activities are, a good layout of the city, usually new places not mentioned in the tourist books, and a complete rundown of the country. In Venice, the hop-on hop-off is a boat and it is as cool as it sounds! In Montenegro, a still developing tourist country the hop-on hop-off bus had only four stops, but you get to see almost the entire coast on that one loop. In Tallinn there are three different busses each running on a different loop, however, in December only the orange line runs; 14 stops in 90-minutes. We purchased two 48-hour tickets for 50 Euro. It is probably important to mention, we never rent a car, in the 30+ countries I

have visited, I have never driven in any them. I have never felt like I have missed anything and not stressing about how to read signs in other languages, where to park and not knowing if I am even on the right side of the street; I just never wanted the chaos of all that. So, if you want to see all the sites don't rent a car, hop on the bus, the train or any other public transportation you can.

After we finished the bus for the day, we ventured into a speakeasy called "Chicago".



someone doesn't mind the effort it may take to get here, then this seems to be the perfect place for a peaceful, magical Christmas Holiday.



I bought an adorable live decorated Christmas tree from the local street vendors, visited the Tex-Mex restaurant for margaritas (completely for me), the beer pub for local Estonian craft beer (completely for Chris) and shopped at the express grocery store where I purchased a variety of breads and cheeses in hopes I would like some of them...I liked one of them.

Everyone tells me it's the journey not the destination – and they are partially right but when you are in city like Tallinn, it really is the destination. Tallinn is both modern and digital while also being quiet and old-fashioned. There are no mobs of people storming in the stores buying something for someone just to buy it, but groups of friends having dinner in the square laughing and being merry. If



Old Town Tallinn is well preserved, clean and easy to navigate.



Early in the morning . . . the stores weren't open yet.

Get Well

Family Chiropractic

For Pediatric Development & Adult Health

Dr. Robyn Lawrence
314-524-2580

dr.robyn@getwellfc.com

**580 No. Highway 67 (Lindbergh)
Suite 5, Florissant, MO 63031**



Dear Patient and Friend,

When you walk down the street, the odds are one of three people you see will be noticeably overweight. There are many reasons for that – some people make poor dietary choices, while others get insufficient exercise. Some may have a genetic predisposition, and others may be suffering from some illness or disease.

What all these people have in common is that they are under stress – physical, chemical and emotional stress. And when someone is under constant, chronic low levels of stress, with occasional storms of extra stress, the body produces a hormone known as cortisol.

In ancient times, when sabre-tooth tigers roamed the countryside, people had to be ready to run or do battle. The body needed to be able to turn energy stored in proteins into glucose, sugar to burn for quick energy for fight or flight. That's when it makes cortisol.

But when the stress is constant over time and there's no fight or flight to burn the sugar, it stays around, often deposited around the mid-section as belly fat.

And it gets worse from there. Stress also suppresses your thyroid, which increases fat storage, especially around the abdomen.

So, between making too much cortisol and suppressing your thyroid, it's a formula for depositing fat around your middle, and that's a main reason so many people are too heavy.

If this describes you or someone you care about, consider a consultation with your local Doctor of Chiropractic. He or she can advise you on the causes of your physical, chemical and emotional stress, and offer solutions for you and your family.

Dr. Robyn's Office Hours:

Monday, Wednesday, Thursday 9:30 am to 1:00 pm – 3:00 pm-6:00 pm
Tuesday, 3:00 pm to 6:30 pm

December 12th, 2018 meeting minutes
Reported by Keith Kallstrom
(Keith.Kallstrom@gmail.com)



Officer John Hank opened the December 12th, 2018 meeting of the Ferguson OnWatch, welcoming everyone.

Officer Hank only had a few minutes to prepare before the meeting, so the November crime stats were not available. He did have some crime prevention tips to give us for this winter season.

Crime Prevention Tips

1. The upswing in stolen cars is dramatic in the cold weather months. We are experiencing 3 to 4 stolen cars per day. This upswing is attributed to people leaving their vehicles to warm up in the morning, while high school students are out at the same time going to school. Car thieves are "opportunistic" and will use that opportunity to appear as if they were a local high school student waiting for the bus, waiting for you to go inside and leave your car unlocked running for them.

2. Please call 522-3100 when you see something you think that doesn't look right, it needs to be reviewed. One example given was a woman who called to report a suspicious person that had walked around the side of her house. She identified that a man was dressed in a black hoodie and dark jeans. When the officers came to investigate, they found a barbecue lit next door. When they went to the door and knocked on it, a man in a black hoodie and dark jeans answered it. They solved the mystery and introduced the neighbors to each other.

What can we do for you?

One audience member reported that due to the manpower shortage, the Ferguson Neighborhood Watch monthly meetings were sometimes not attended by a policeman. This creates an issue of the attending residents not getting neighborhood crime information soon enough. One possibility being looked into is emailing the monthly report to those on an "Opt In" list. To prepare for this possibility, an opt-in list was initiated at this meeting of the Ferguson On Watch.

Last month, burglaries were down, violent crime is down, our Shots Fired is up and our Auto Thefts are up. Please continue to call when you hear shots fired, to allow the police to triangulate the location and look for shell casings.

New Officer in town

We have a new female officer in town, Tabitha. She had applied earlier, and had received offers from both Ferguson and Ballwin. Initially, she chose Ballwin, and decided that she didn't want to continue policing there. In Ferguson we offer challenges that officers in some other communities don't have. We also have neighborhoods that like our police officers, which is not found in every community. I'm pleased to say that she has now considered Ferguson as the place where she wants to work. If you meet Tabitha, introduce yourself, and say "Hi" to her.

Next meeting

The next meeting of the Ferguson OnWatch will be the 2nd Wednesday of January, the 9th, at 7:00 pm at City Hall.

Seasons Greetings, and have a safe month!



TAI CHI

**Self Healing
Movements**

Thursdays
1:30 to 2:30 pm

St. Stephen's Church,
33 No. Clay, Ferguson

\$10 per class suggested
donation

Call 314.645.6112

24 Hour Service
KEEP THE **COLD** OUT
THIS WINTER!



BEEN IN
BUSINESS
32 YEARS

LOW
RATES,
NO WAITS!

Furnace Check Up
Special!
\$69.95

We're looking to make
Customers not Fortunes!

jdbcooling.com

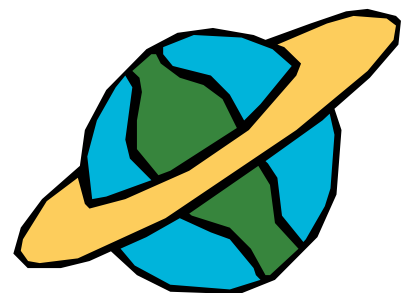
JOHN BAKER
HEATING & COOLING
\$10 off your
next service.

Call (314) 878-6228 for details.
We also do water heaters

A Word from Our Planet...

*If you are eating out,
take a refillable cup
with you. Reuse your
cups. If you are eating in,
don't get a to-go cup,
use a glass or mug.*

The Ferguson Eco Team



Compassionate Staff, New Friendships, and Memories to Last a Lifetime.



Affordable, SPACIOUS Senior Living with
Independent & Residential Care Apartments.

DeSmet
Retirement Community

1425 N. New Florissant Rd.
Florissant, MO
314-838-3811

RCF License #041987



The St. Louis Zoo

The St. Louis Zoo is one of the country's best. Actually, both Parenting Magazine and Zagat's call it the top zoo in the nation. Not only does the St. Louis Zoo excel at getting visitors face-to-face with animals, it's also respected for creating exhibits that resemble each animal's natural habitat. Surprisingly, it does all this without charging a dime for admission!

The Zoo has always been one of the best free attractions in St. Louis. What to see once you're there? Here are a few things that shouldn't be missed.



Penguin and Puffin Coast

The only way to get closer to a penguin is to be a zookeeper. At the Penguin & Puffin Coast, a short glass wall lets you watch the animals swim below water, or peer over the wall and watch them swim right below your nose. The experience is so up-close, you're likely to get a little wet as penguins splash and dive, or as the puffins dart and flip in and out of the water. Don't forget to look up, as penguins aren't shy about climbing on rock ledges just a few feet above visitors' heads.

Hippo Harbor

Hippo Harbor is another example of the Zoo's success at creating exciting, face-to-face encounters between visitors and animals. Just a few inches of glass separate you from 3,000 pound (or more) hippos as they romp through their 60,000-gallon pool. Although sometimes it seems that such a large pool's not necessary, as the hippos enjoy nosing right up against the viewing glass, much to the thrill of small children and adults alike.

Children's Zoo

The Children's Zoo is not to be confused with your typical petting zoo. Sure, there are plenty of friendly animals for kids to touch and see. But the Children's Zoo is more like a giant playground, and the animals are just there to play too. There's a see-through slide through an otter pool, and

kangaroo's play right alongside an indoor playset. Of course, learning about animals is part of the fun, so volunteers and staff regularly bring out birds, snakes, frogs and other animals for up-close encounters and to answer questions. Admission is ~\$4 per person, but kids under two get in free. The Children's Zoo is completely free the first hour the Zoo is open.

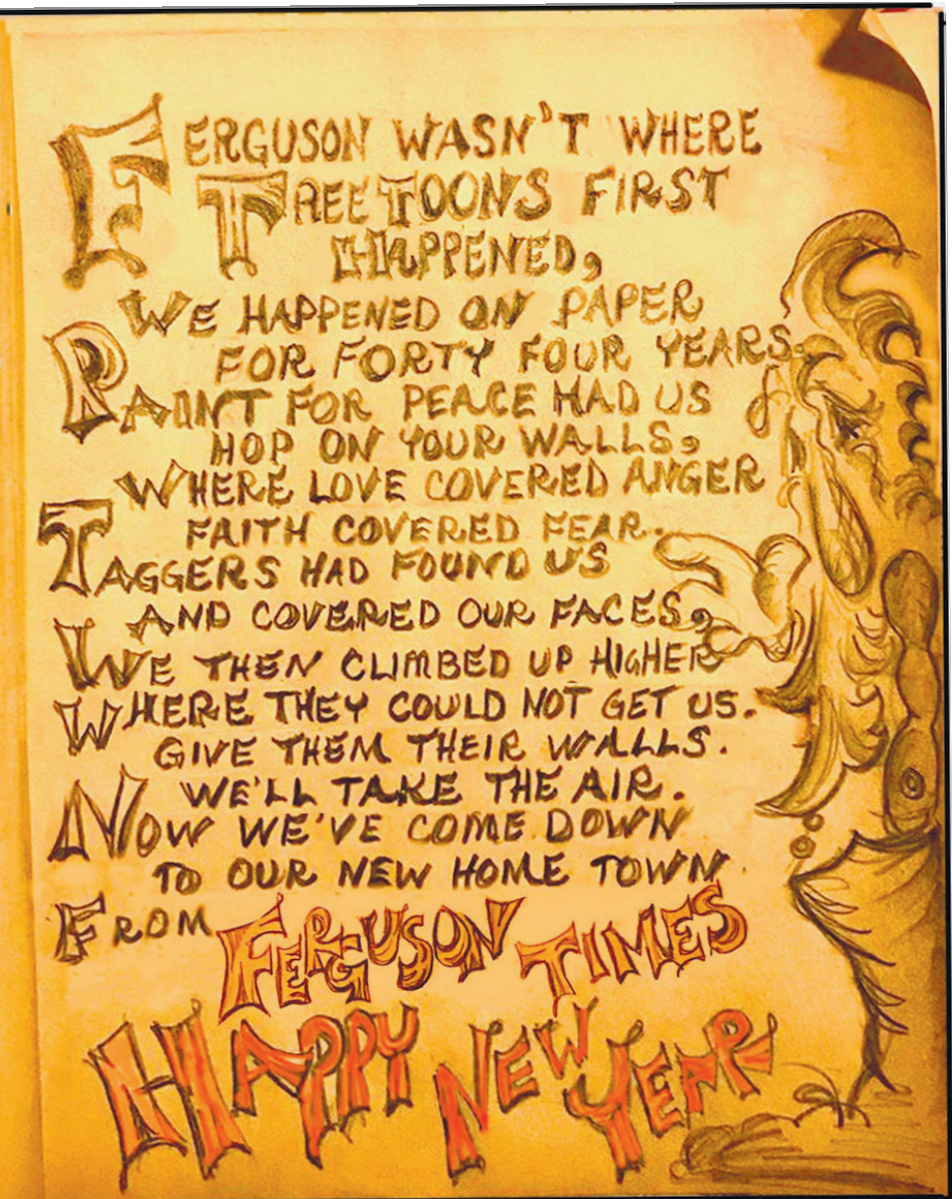
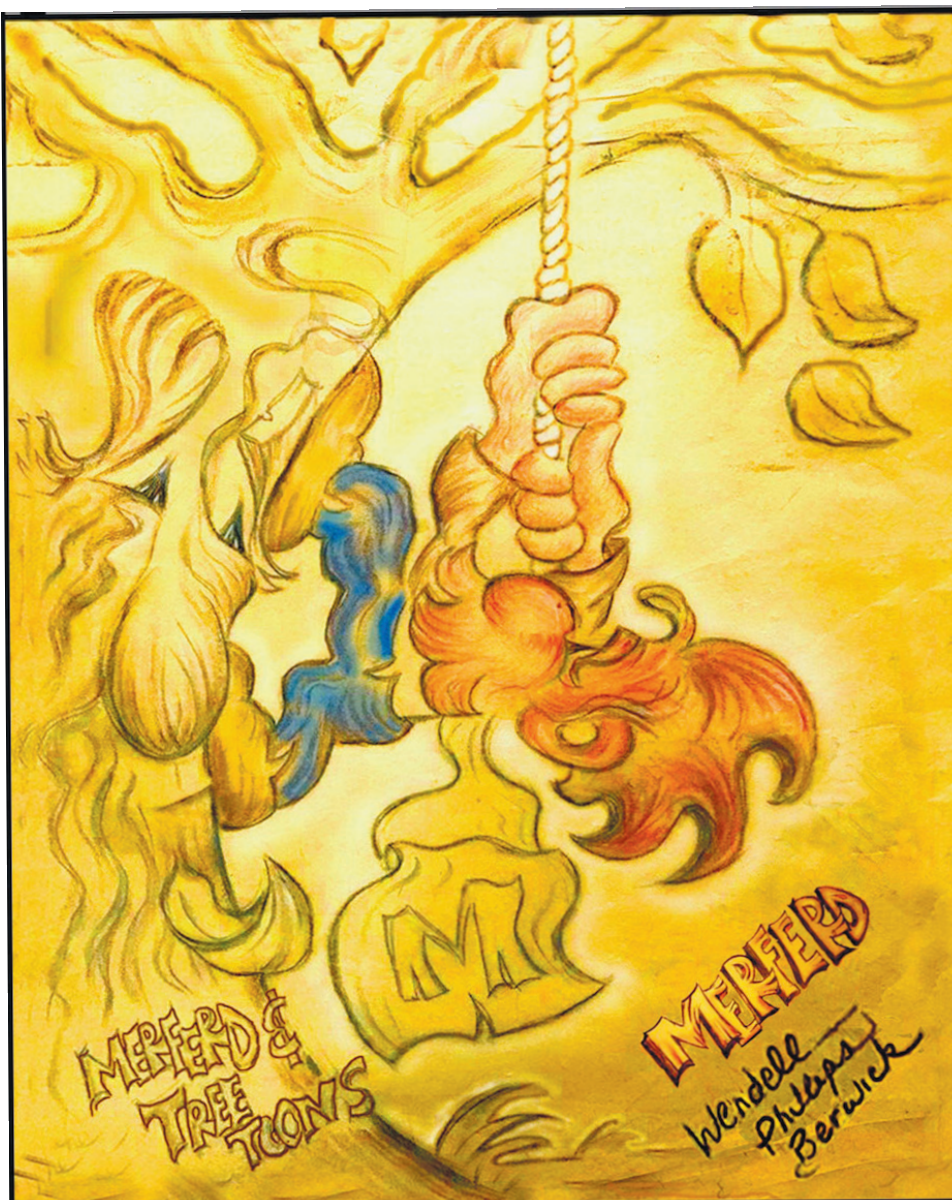
Sea Lion Habitats

Enterprise Rent-A-Car Family Sea Lion Landing is a spacious, year-round outdoor pool and habitat that features varying depths of water and rocky outcroppings. At one end of the pool is a shallow beach where animals can go for sun bathing, feeding and training. One of the notable features is a spectacular 35-foot-long underwater viewing tunnel, Holekamp Aqua Tunnel, where visitors can see animals swimming around them. The water becomes deeper at the other end of the pool, where visitors find an expansive window at the Judy and Jerry Kent Underwater Cove to watch the sea lions underwater.

Admission to Sea Lion Landing is free.

Zooline Railroad

Getting there is half the fun, and riding the Zooline Railroad is no exception. A lot of visitors see the train as just an amusement ride, not realizing they can also use it to zip across to different sections of the park. Each train stops at four stations, spread across the Zoo grounds. You can get off at any station, visit the exhibits nearby, then jump back on the train and head to the next stop. Many parents find the train is a great way to keep their children entertained and still for a few minutes. Plus, it adds an extra sense of adventure! A roundtrip ticket is \$5, but children under two ride for free. Trains run every day, usually from 9:30 a.m. to 5 p.m., weather permitting.





New Beginnings

By Bob McCarty

Happy New Year. It's time to make a fresh start. What that means to you; I don't know, but to me, a fresh start is trying new things, living my dreams, and pursuing new avenues to further my knowledge of what interests me.

In line with that fresh start, I was able to take a workshop on making Windsor Chairs the week after Thanksgiving. This is something I've been interested in trying since I saw the movie, *The Patriot* with Mel Gibson. If you have seen the movie, and who hasn't, Gibson was making a chair in the beginning of the movie. Every time he tried to sit in it, the chair would fall apart. That was a Windsor.

There are many styles of Windsor's including armchairs, side chairs, rockers and writing chairs. The best-known style of Windsor is called the 'Sack-Back' which can be identified as an armchair with a semicircular back. This



is the type of chair that you will see in portraits of famous American figures. This is the chair I made.

Before we get started, I want to allow space for a disclaimer. The legs and the turned arm spindles were pre-made at the shop where I took the class. This was done on a lathe, using a duplicator which insured that all of the turnings turned out the same.

I will give you a blow by blow account as to how the chair was built, with some photos. So, let's get started.

Day 1; After discussing the history of the Windsor. We jumped right in and prepared the seat blank to be chopped. Then on to make the arm and the bow from pieces of red oak. The arm was made flat on all sides and the bow was carved into a round pole about five-foot-long. It was time to make the spindles. We had a couple of wedges of red oak, something like what you would see in a fire wood pile, and marked them off into one-inch squares. Using a 'froe', the log is split. A froe is a tool that is used to split wood along its grain. When I had split enough pieces to make the right number of spindles, I was on to the shaving pony, and with the use of a draw knife and a spoke shave, we carved the back's spindles. I thought I



Using froe to chop parts for spindles.

had the hang of the tools working on the arm and bow, but I was soon to learn that there is a learning curve to using hand tools.

Day 2; Upon arriving in the shop, I continued working on the spindles. I can tell you this, when you think you really know what you're doing, things begin to go awry. The steam box had been on



Using shaving post to carve spindles.

for about an hour and it had a full head of steam. We placed the arms and the bows into the steamer to heat for about 45 minutes to an hour. While the wood fibers were softening, I was back working on those spindles.

The time had come to bend the



Using brace bit to drill holes for the legs.

around the form.) The rest of day two was devoted to spindles. I can tell you this, I'm not a fast spindle maker.

Day 3; Today, we will work on the seat. After laying out the seat and marking the spots where the legs and arm turnings would eventually go, checking the angles and setting myself up using the site lines, the through holes

were drilled using a brace and a spoon bit. Each hole needed to be drilled at the correct angle so that when everything was put together, it would sit right. Always checking the angle and watching the site lines, the six holes were drilled. Next, we drilled the holes where the spindles would be set. These holes did not go all the way through.

Now that all of the holes were drilled, it was time to chop out the seat. By using an 'Adze', 'Scorp', and 'Travisher', the seat was chopped out and smoothed. If you've ever sat in a Windsor, all of that chopping really adds comfort to a wooden seat. I'm back to making the dreaded spindle.



Using scorp to carve seat.

Day 4; Finally, the spindles are done! Whoops, maybe not, but I'll get back to that. Today, the legs are ready to be installed. So, the holes are reamed out to give them a bit of a taper and the legs are trimmed to fit the tapered hole. After the legs are set in place and the angles checked, again, the holes are marked for the stretcher. Holes are drilled into the legs for the leg stretchers and after the angles are checked, again, the middle stretcher holes are marked and drilled. After everything is put together, glued, and wedged, the stubs of the leg that come through the seat are cut off flush with the seat. The holes for the spindles are drilled into the arm and the spindles are fit through the arm. Remember when I said that the spindles were done? I had to size some of the spindles to fit through the holes in the arm and where the spindles size went from 5/8 of an inch to 7/16, all had to be adjusted so that the arm would lay across your back at the right height. Everything is ready to be fit and the end of another day has come.

Day 5; Today, the bow of the back needs to be drilled where the tops of the spindles will be fit. It's all coming together now. After the spindles are fit, glued, and wedged, the tops of the spindles are cut off and sanded smooth. Everything is put together and some of the sharp edges of the wood rounded over. It's time to put my chair in the back of the truck and bring it home.

I'm home now and I bring the chair in the house and Jean, my wife, says in disbelief, "You made that chair?" It's fun to surprise the ones who know and understand you with your accomplishments.

There are other parts of the chair that I left out because if I told you everything, you'd be able to make your own chair. Besides, my editor-in-law would be editing the heck out of this masterfully written tale of the Boston Sack Back Windsor Chair.

Until next month, BobonJob will be thinking of what to write about then.

STLCC hosts Enrollment Express events Saturday, Jan. 5 and 12

St. Louis Community College will host on-campus events to help students complete the enrollment process in the New Year.

Enrollment Express events are planned Saturday, Jan. 5 and 12 from 9 a.m.-1 p.m. at STLCC's Florissant Valley, Forest Park, Meramec, South County, Wildwood and William J. Harrison Education Center locations. Students are encouraged to RSVP for Enrollment Express at stlcc.edu/express.

During Enrollment Express, admissions and enrollment services staff will be available to assist students in the enrollment process and answer questions. Both events offer opportunities for students to build connections and expand their knowledge about STLCC's programs and services, whether they are just getting started or already admitted.

Students who are just getting started can:

- Apply online to get a jump-start on enrollment
- Learn about STLCC program options
- Get answers to questions about financial aid
- File ACT scores or take a placement test

Students who are already admitted can:

- Attend a New Student Registration Workshop for first-time college students
- Meet with an academic advisor
- Get help registering for classes
- Sign up for a payment plan or pay for classes
- Have their student ID photo taken
- Activate their mySTLCC email account

STLCC Enrollment Express locations:

STLCC-Florissant Valley
3400 Pershall Road
St. Louis, MO 63135

STLCC-South County
4115 Meramec Bottom Road
St. Louis, MO 63129

STLCC-Forest Park
5600 Oakland Ave.
St. Louis, MO 63110

STLCC-Wildwood
2645 Generations Drive
St. Louis, MO 63040

STLCC-Meramec
11333 Big Bend Road
St. Louis, MO 63122

William J. Harrison Education Center
3140 Cass Ave.
St. Louis, MO 63106

About St. Louis Community College

Established in 1962, St. Louis Community College is the largest community college district in Missouri and one of the largest in the United States. STLCC has four campuses: Florissant Valley, Forest Park, Meramec and Wildwood. The College annually serves more than 50,000 students through credit courses, continuing education and workforce development programs. For more information about STLCC, visit stlcc.edu



Tech Walk-In

Struggling to stay ahead of technology? Can't seem to figure your phone out? Stop by our Tech Walk-in to receive one-on-one assistance from Library Staff!

Every Tuesday from 3-4pm

Ferguson Municipal Public Library
Auditorium
35 North Florissant Road
Ferguson, MO 63135

For more information
(314) 521-4820 or
rbrandel@fergusonlibrary.net



EMISSIONS TEST
\$18
(Reg. \$24)
Only at Ferguson Motors
coupon expires 1-31-19

32 North Florissant Rd.
Ferguson MO 63135
314-522-0013
Ferguson Motors has been in business since the early 1920's.
Locally owned and operated.
Call Kevin or Brandyn

\$10 OFF
Any service over \$100
Only at Ferguson Motors
coupon expires 1-31-19



Ferguson Motor Service



Ferguson Municipal Public Library
35 N. Florissant Rd.
Ferguson, MO 63135



Ferguson Municipal Public Library

QUILT SHOW

The Ferguson Library will host quilts made by local quilters from all over the St. Louis County.

Friday, Feb. 8th & Saturday, Feb. 9th

@ Auditorium,
Ferguson Municipal Public Library

To participate, turn in a completed registration form by January 15th, 2019 to rbrandel@fergusonlibrary.net
Registration forms can be found at ferguson.lib.mo.us

FREE TUTORING

TUESDAY 3:30-5:30

THURSDAY 3:30-7:30

SATURDAY 11 -1

NO REGISTRATION REQUIRED!





Ferguson Municipal Public Library
35 N. Florissant Rd.
(314) 521-4820 - ferguson.lib.mo.us

VISIT ANY OF OUR FERGUSON RESTAURANTS!

BAKED
WOODFIRE PIZZA JOINT
235 South Florissant Rd.
Ferguson
(314) 736-1810
Baked-Pizza.com

VINCENZO'S
ITALIAN RISTORANTE
242 South Florissant Rd.
Ferguson
(314) 524-7888
VincenzosSTL.com

CORK
wine bar
423 South Florissant Rd.
Ferguson
(314) 521-9463
CorkFerguson.com

FERGUSON
BREWING COMPANY
RESTAURANT & PUB
418 South Florissant Rd.
Ferguson
(314) 254-7359
FergusonBrewing.com

**1 ROAD.
2 BLOCKS.
4 GREAT CHOICES.**

A Thousand Points of Light

The passing of President George H.W. Bush reminded me of his comment that his administration would be “kinder and gentler”. It was part of his “Thousand Points of Light” speech. Soon after that speech, the president of Metropolitan Sewer proclaimed in the daily paper that MSD would become “kinder and gentler”. The paper listed the president’s name.

We lived on a street in Old Ferguson West that had only a sanitary sewer, and no storm sewer for rain runoff. It so happens there was a manhole in front of our house. In a deluge, the manhole would fill with water covering our sewer outlet pipe. I could always tell how high the manhole water was by measuring the depth of water in my basement. Remember, this was rain water mixed with raw sewage. This backup also happened to our three neighbors downhill from our house. One neighbor formed a telephone alarm system – when the sewers would backup, she would call the others to alert them. There wasn’t much we could do about the problem except wait for the water to go down and then disinfect everything.

Every time we had a problem, the neighbors would call MSD, and sure enough, a representative would come out and always said the same thing: “There is nothing we can do.”

So when I read about being “kinder and gentler”, I called MSD and asked for the president by name. To my surprise, he answered the phone (his secretary must have been out to lunch). When I explained our long standing problem, he promised to look into it and would call me back. A few days went by and he called. “I’ve gone back a couple of years and could find no complaints,” was his comment. I asked him to go back a few more years because we had stopped complaining, but the problem had never been resolved.

The president called back a few days later (I wish I could remember his name) and said “Yes, I’ve found all the complaints”.

The result of George H.W. Bush’s pledge was our street dug up, a deeper manhole installed and two complete blockages found in the street and cleared. Never did we have another sewer backup!

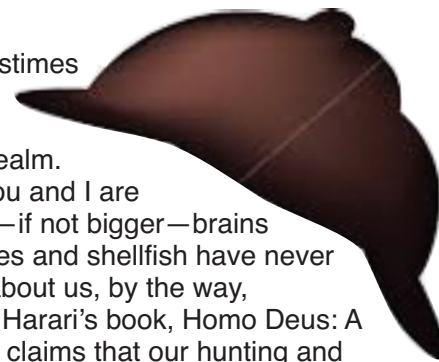
Does this sound to you like MSD today? No? Me neither.

Your Editor

Sherlock’s Pal

One of my most time-consuming pastimes is trying to discover or understand the key differences between homo sapiens and the rest of the animal realm.

I am totally aware, of course, that you and I are flesh-and-blood animals with better—if not bigger—brains that work in a manner that porcupines and shellfish have never even considered. I’m not bragging about us, by the way, especially after reading Yuval Noah Harari’s book, *Homo Deus: A Brief History of Tomorrow*, where he claims that our hunting and gathering ancestors were actually smarter—if not bigger-brained—than we are. The reason for their brilliance was not a mastery of quantum physics or Marvel Comics. They were smarter because they had to be in order to survive the red teeth and bloody claws of nature. Unless we work in a zoo with the big cats or swim with stingrays, you and I don’t actually have to be all that smart to survive. We just need to know how to stay in our lanes, get to the local Dollar General for food, and call 9-1-1 if we see a bad guy hiding behind our shrubs . . . unless he’s just relieving himself. Even so, call 9-1-1.



So, there are many things that separate us from the rest of the beasts out there who are, unfortunately, disappearing faster than a paycheck on Black Friday. As far as I know, the other animals don’t actually cook their food, worry about nakedness, or give a hoot about who is going to the Super Bowl . . . unless the dog lives in St. Louis. They obviously don’t want the Rams to go to the Super Bowl.

I think perhaps I have stumbled upon a distinction that has not been mentioned in the books I have read or the dream sequences I have remembered: Animals don’t go out of their way to make their lives more difficult—humans do. Now, I realize that sounds counterintuitive. Is it really true that humans make their lives more difficult? If so, why would they do that?

The answer is this: To make life more meaningful. Non-human animals don’t even know what the word “meaningful” or any other word in this sentence means. Some of them, particularly dogs, seem to know that a word that ends in a “y” might be their name, so they respond with a wagging tail and the expectation of a dog treat. By the way, if your dog’s name doesn’t end in a “y” or “ie,” then you are effectively mistreating your animal. If your dog’s name doesn’t end in a “y” or “ie,” shorten it immediately and add the “y” or “ie” to its name. Either one will do because your dog can’t spell anyway.

Getting back to my point . . . Human beings make their lives more difficult because we are trying our dangest to make our lives more meaningful. We sense instinctively that thinking only about food, sex, or danger is not exactly the kind of life that creates scientists and saints, physicists and philosophers, or engineers and ethicists. There are no shortcuts to a meaningful life, nor does a meaningful life suddenly appear when we download a certificate to do marriages from the internet.

Theodore Roosevelt famously said, “Nothing in the world is worth having or worth doing unless it means effort, pain, difficulty . . . I have never in my life envied a human being who led an easy life. I have envied a great many people who led difficult lives and led them well.” Teddy was a president, so we should listen to him. And, yea, notice that most of us call him by his “pet name” (with a “y”). Just sayin’. And he could spell.

Dr. Jimm(y) Watson
Pastor, Immanuel United Church of Christ
Ferguson, Missouri

Please write to me at sherlockspal@yahoo.com

Ashley’s Ultimate Cleaning

• Cleaning • Decorating • Party Hosting • Organizing
MOVING?

Ashley can clean your house so that it looks ready for sale, party, or just because

Gift Cards

Birthday? Graduation? Anniversary?
Gift Cards are always the right size and color

Call Ashley
314-732-3477



Ashley is a Lifelong Ferguson resident



Camp Registration is Open -- Early Bird Pricing Available!

What better way to mark the beginning of the new year than to begin planning for the long days of summer!

Signup for the 2019 Summer Space Adventures is now available. From Young Astronauts Training Camp (ages 8 to 9) to Advanced Aquatic Robotics (ages 12 and up) our camps offer something for every aspiring scientist, engineer, and explorer. New this year: Girls Save the World will introduce girls ages 10 to

13 to how they can use technology -- combined with teamwork and creative problem-solving -- to help save the day.

You can learn more and sign up for all our camps here. Early Bird Discounts are available now through March 15.



CLC Camp Experience Inspired Future Innovator

Emily McDonnell attended Astronaut Training Camp the summer before 6th grade, which influenced her later decision to pursue a degree in Mechanical and Aerospace Engineering at Princeton University. (She expects to graduate in 2020.) Emily's most vivid memory is of working with fellow campers to construct an inflated "Mars habitat" large enough for all the campers to be in in.

Asked if she was always interested in STEM, Emily explained, "Not always, but I loved to build things as a child (Bob the Builder was a favorite of mine), and loved to go to science summer camps. In high school I realized that I could combine physics, math, and a lot of problem-solving to get engineering so I decided I might be interested in that as a career." We are honored to be part of Emily's early exposure to aerospace engineering.



Join Our Crew
One part educator, one part astronaut, our Flight Directors lead our simulated space missions and other STEM programs. If you can think on your feet and are excited about learning and teaching science, technology, engineering, and math -- as well as teamwork and problem-solving -- join our crew!

Challenger Learning Center-St. Louis
205 Brotherton Lane Ferguson, MO 63135

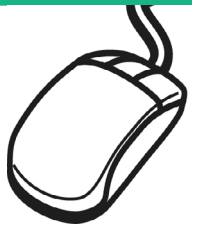
ROBYN L. STRANQUIST
ATTORNEY AT LAW

314-808-5666

LICENSED IN
MISSOURI & ILLINOIS

The Ferguson Computer Corner

by Doug Neely



JANUARY, 2019

WHAT??? 2018, i think, was the shortest year we have ever had. or maybe the fastest. or both. idk. but, we now have a new year to acclimate ourselves to. wonder how that's gonna work out...hmm... i think we should just pray to God for His grace & blessings in this new year, and not worry about it, and all will be well!

Just How Safe Is Social Media?, dept.

i recently spoke with a reader about this. apparently, a LOT of people think it is totally safe, because they don't seem to be concerned at all. and there are MILLIONS of them. how could so many be so wrong?

A Little Snake Oil Goes A Long Way!, dept.

the squeaky wheel gets the grease, as they have said for a very long time. and this is most certainly true. last month i almost came right out and said that social media and mainstream media were doing us a dis-service. (umm...i think i DID say exactly that! LOL!) i think that anyone who is honest with themselves can see that all of us are not treated the same, but all of us are being led down the primrose path. lies, half-truths, fake inclusions, events not reported, etc. i especially find the reporter who is trying to be so helpful, by telling us what something REALLY means, or what someone REALLY said is not only demeaning to our intelligence, but often just a greasy way to suggest that we let them think for us, and accept their ideas as indisputable.

some people are picking up on this. i saw a new app advertised on TV recently that says that they will give you the news truthfully from BOTH sides. well, i think that there are a lot more than just 2 sides, but only ONE TRUTH. to me, they are just another group trying to profit off of us, even tho they do not (so they say) charge us for their app. if that is true, then what/how are they getting paid? NObody works for FREE, do they? (well, SOME do, and they do it out of human charity or Christian love.) so then i ask you, just exactly what is their angle?

another friend of mine told me about Politico.

<https://www.politico.com/> i went to their website, but have not had much time to "investigate" them sufficiently to my liking in order to properly recommend them to you. therefore, carry out your own investigation. let me know what you think. tell me about any other sites you think are worthy of our attention. we all need some good news! :)

Safety Is Job #1, dept.

so if these sites are worthy of our trust, then they are more likely to be safe. social media sites (facebook, twitter, linked-in, etc.) are only as good as their word. and recently, it looks like their word is not so good. when they say they will protect our privacy, and then sell our personal info to "third-party business partners", they prove themselves to be unworthy. in relation to having a data breach, giving our personal data to someone or something we don't know is actively stealing from us and selling to another for their, not our, benefit. as far as the data breaches are concerned, how much does that say about their desire and/or competence to keep our personal info safe? i think their definition of safely storing/using OUR personal data does not coincide with mine. how about you?

Are Any Of Them Safe?, dept.

well, i can't answer that, as i am not in a position to KNOW those details. but, maybe i can put it this way: i do not, nor have i ever, nor will i ever, give any social media group my personal data. and the reason for this is that i don't trust them as far as i could own them. even if i did own them, i would not give them my personal data. you do as you see fit.

My Gift To You, dept.

i forgot to put this into my November column, but i have been giving a holiday discount for my labor during December, and will continue doing so throughout January & February. the discount is 1/3 off labor. so, if you need your puter tended to, now is the time to do it! (those who are in service to others need only show their I.D. to get a labor discount at any time!) for more info, just call me; my # is below.

ME GO NOW!

i have to go and plan for this year. (that sounds like as good a reason as any! LOL!) but mostly, i pray to Him for a blessed new year for all of us! i look forward to this, and put everything into His hands! i invite you to do the same. blessings!

...it is now safe to turn on your puter!

IF YOU would like to ask Doug for his FREE puter advice (or call just to jaw, or to complain, or to brighten up his day), call him at *314*521*1789* during the PM HOURS of most any day. If you feel the need to email him, use this address: fergusoncomputercorner@aol.com Be sure to include your local telephone number, and put the phrase i need puter advice into the subject line. If you fail to do these 2 things, communication will fail. That would NOT be good, as then he won't hear from you! Go ahead, BOTHER him! :) HAVE A MOST BLESSED NEW YEAR!

Artful Considerations

by Robin Shively

"It's a fabulous thing to give life to fabric, to make something move well, the harmony of colour."

- Hubert de Givenchy

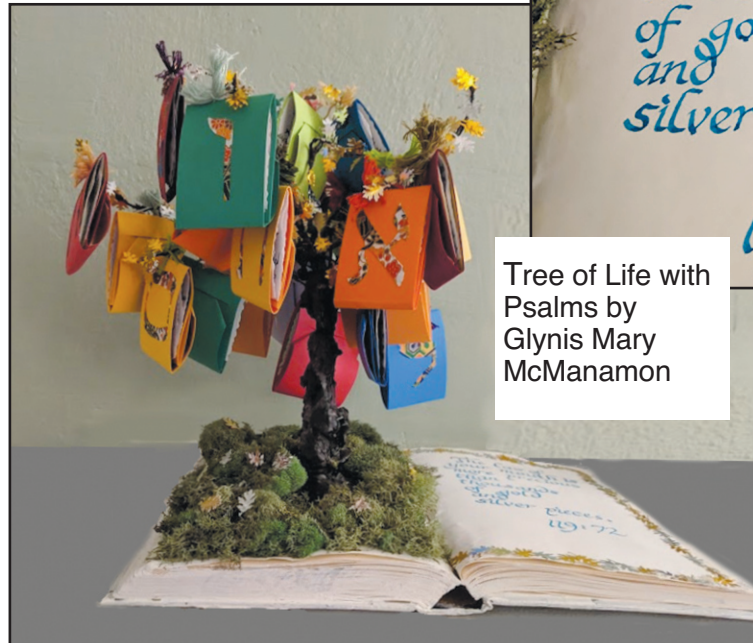


January 5th, the Ferguson Public Library, 35 N. Florissant, will be holding a Constellation cross stitch class. Participants will be cross stitching stars and constellations onto dark blue fabric.

February 8th and 9th, during regular hours, the library presents the "Ferguson Quilt Show" as their "Created in Ferguson" event for February. Creations by Ferguson quilters will be on display and there will be demonstrations of quilting techniques.

January 5th, 2019, 3 - 5 p.m., Good Shepherd Arts Center, 252 S. Florissant, hosts the opening reception for "150: A Visual Meditation on the Psalms." Participating artists will be: Tony Bodnar, Gary Lang, Mary Martin, Glynis Mary McManamon, RGS, and Elizabeth Slenker, OP. Both two and three-dimensional work will be shown. "150" will run through Saturday, January 26.

Good Shepherd Arts Center has new hours of Wednesday through Friday, 10 a.m. - 5 p.m. and Saturday, 11 - 5 p.m. They will have additional hours for special events and by appointment. GSAC plans to offer family-oriented opportunities for creative expression in a new program scheduled to be launched by February 2019.



Tree of Life with Psalms by Glynis Mary McManamon



January 11th, the Ferguson Youth Initiative (FYI), 110 Church Street, holds its monthly SLAM arts event.

SLAM, usually held on the first Friday of the month, is scheduled for a week later to accommodate holiday school break dates. SLAM offers teens opportunities to connect with others through healthy, creative and recreation on a monthly basis. Area teens are invited to witness professional artists in action, learn techniques to try themselves. FYI welcomes art in all forms: painting, singing, karaoke, rapping and performing original music, poetry, even cooking demos! SLAM includes Open Mic performances in the Backbay and an Open Art Studio in the Youth Lounge. For more information on how to participate, email info@fyiferyouth.org.

Call for Artists! The Ferguson Municipal Public Library seeks local artists to highlight during their monthly event known as "Created in Ferguson". If you would like to be featured, please contact Rachelle Brandel at the Ferguson Library (314-521-4820) or email rbrandel@fergusonlibrary.net.

Please send me information about Ferguson artists and art events at cornersframing@gmail.com to be included in this column.



Path of Life by Mary Martin

13 YEARS EXPERIENCE

JANELLE STOWERS
(MED, MBA)

REAL ESTATE BROKER

★ **2019** ★
HAPPY NEW YEAR

TO BUY OR SELL, CALL JANELLE
314-384-9114

Free Conslation for
Real Estate Services



info@stowersrealtystl.com



Out of the Mouths of Babes and Sucklings by Glynis Mary McManamon



Above is
Creation Day
by
Gary Lang



Whispering Willow by Mary Martin

The Best of Ferguson

by
Ruffina Farrokh Anklesaria, M.A.



The Mayor of Ferguson, Hon. James W. Knowles III and his wife Lisa.

In 2013, I had the city of Ferguson dedicate a tree to my late husband, Farrokh K. Anklesaria, Esq. I wrote a poem for the occasion about that lovely oak tree that would stand there in his honor, opposite my home. I could not get through the reading as I was crying. And on whose shoulder? None other than our illustrious Mayor's! Yes, the Honorable James W. Knowles III was doing the dedication on behalf of the city.



I met Lisa in August 2014, when we were both volunteering for the I Love Ferguson Committee at the Corner Coffee House. We, along with many Ferguson residents, were making and putting yard signs together, building community and channeling positivity in our broken city right after the Mike Brown crisis.

This was the beginning of a warm and supportive friendship cultivated with the Knowles family through a difficult period both personally and for our city. I remember marching on S Florissant Road in full glare of the media, bearing a placard supporting

the right of residents to choose their Mayor and to retain him, during those trying times. I'm glad we did. He was re-elected to his third three-year term as mayor by a 57% mandate in 2017. He was first elected Mayor in 2011, one of the youngest mayors to hold that position in Missouri (age 31). His tenure will end in 2020.

Mayor Knowles and his wife have weathered some heavy storms, both literally and figuratively, in Ferguson. First, they helped pick up the pieces after the tornado of 2011. Like many residents, he was out clearing debris and helping our community come back together. Then we were hit again in 2013 by another devastating tornado. My properties suffered severe damage in both. Again, our Mayor helped Ferguson recover from this natural disaster. This was followed by the events of August 2014, a turning point for Ferguson, when Mike Brown's death drew national ire on Ferguson for a problem that was not only local, but had broader implications for the nation as a whole.

Our Mayor rose to the occasion and faced an onslaught of media attention, doing hundreds of interviews, sometimes five in a day. He was the face of Ferguson. He was always calm and represented the interests of all our residents in an even-handed way. Anyone who gets to know our Mayor

will tell you he is level-headed and balanced, not given to highly strung emotions while he is holding the reins of leadership. He carried out his duties admirably at every forum on which he represented Ferguson. As a resident who went through all these crises in Ferguson, I am proud to have been part of the team of volunteers who helped get Ferguson back on its feet again and to do what little I could alongside Mayor Knowles and his wife.

Mayor Knowles was well prepared for the challenges of the job. He holds a Master's in Public Policy Administration from the University of Missouri St Louis (UMSL), and has a Bachelor's degree from



Hon James W. Knowles III, with his wife Lisa, his son Jace James IV, and daughter Delaney.

Truman University in Political Science and Criminal Justice. He and his wife are home-grown residents of Ferguson, born and raised here. They both attended McCluer High School and were friends for 15 years before they started dating. They are married six years and have two adorable children: Jace James IV who is just three years old, and Delaney who is two.

Being Mayor of Ferguson is a part-time job, though it would not appear so! Mayor Knowles is the Director of Administration for nine licensing offices managed by Elle Management. His job requires oversight of 130 employees and takes him to Kansas City and Columbia

though he is based here in St Louis. Lisa is the Executive Assistant to the President of Barnes Jewish Hospital, a job she finds very rewarding. She loves helping others and her favorite quote is from Maya Angelou: "Try to be a rainbow in someone else's cloud."

Residents like me are extremely grateful to have Mayor Knowles at our helm. He is inspiring and hard-working. He does his best to make sure our local government is operating effectively and efficiently, and to keep our city sustainable. Residents love it here in Ferguson. We enjoy the year-round activities and events organized by the city, and the amenities our city provides through parks and recreation. Mayor Knowles is proud to be part of the reason that Ferguson is successful. He points out that if we want to stay here in Ferguson we must increase property values and create a strong economic base to sustain us. We have to provide basic infrastructure and services to make Ferguson viable and attractive. We have to allocate our resources wisely for the city to continue to progress. If we attempt to do too much, we won't do anything well and businesses will close.



When people ask Mayor Knowles why the city isn't doing more about racism he responds that we have done a lot in this area but it's difficult to change the hearts and minds of people. We can address individual instances but the bigger question of racism is beyond the scope of simple government regulation. He focuses on keeping our people safe, securing lives and protecting properties, providing opportunities equitably across our city, fostering jobs and generating revenue to pay for amenities,

parks, concerts and police services, among other things. Mayor Knowles also pointed out the many events when thousands of residents come together to enjoy, whether in Streetfest or Ferguson Twilight Run, without any trace of racism. He says we have only to look at the diversity represented to see that people of all colors enjoy being together here.

He feels that Ferguson is still hounded by perceptions from the outside, from the media, the federal government, and others with their own political agenda. They decided they had a solution and looked for a problem to be solved! And Ferguson was it! It's a narrative played out since August 2014 and hard to shake off.

In his spare time, Mayor Knowles enjoys hunting and fishing with his Dad. Lisa likes going to Ste Genevieve with her sisters to the local wineries. They try to make time for a date night every month; but their young kids keep them pretty busy!

I'm sure the residents of Ferguson will join me in saying that we are very proud of Honorable James W. Knowles III as our Mayor and of his wife Lisa for her stalwart support through thick and thin beside him and with the people of Ferguson. Hats off to our Mayor and his wife who represent the very Best of Ferguson!

Happy New Year to all our readers! Thank you for your support.

The author teaches Transcendental Stress Management meditation to members of the public; and provides these services to the family courts in St Louis. She conducts retreats here in Ferguson, across the U.S. and abroad. She is also a Motivational Speaker and her lectures include corporate presentations on Wellness. www.BestAgainstStress.com 314 766 4391



Washing Machines

I just finished doing my two loads of laundry for the week and the hardest part of this task is carrying the clean clothes back up the basement stairs. (I drag the dirty clothes down in its collapsible duffle bag.)

I remember helping my mother with the laundry when I was a child. The first washing machine I remember was a Bendix front loader. The reason I remember this machine is because of the difficulty my mother had in adjusting her mind-set to the then new technology.

Before the Bendix, I'm sure the family washing machine was the old wringer type machine. Although the first rotary washing machine was patented in 1874, the first electric-powered machine was invented in 1908. Hot water was placed in a circular tub with a propeller-like "agitator" in the middle. After adding soap and the dirty clothes, the agitator turned back and forth, suspending the dirt in the water. Prior to the electric-powered machine, the agitator had to be turned by hand. The water was drained and clothes were removed and wrung out on a "wringer" and then placed back into the empty tub where they were rinsed in clean water and put through the wringer again.



The first domestic automatic washing machine was put on the market in 1937 by Bendix. I'm thinking that my mother must have purchased one of those first machines. I remember the machine coming into the basement and hooked up next to the two laundry tubs that had held the "dirty" water and the "clean" water from the wringer washer. The first load of laundry was placed in the front loading barrel that had a little glass window. The soap was put in a dispenser on the top of the machine. Mom and I were fascinated by watching the clothes tumbling around in that little window, until suddenly, all we could see were suds. Then, the suds didn't stay inside the machine, but started spilling out into the basement floor. It's no wonder I remember that washing machine!

What happened next, I don't remember. I only know it took some time to clean up the mess and mother was ready to give the machine back to Bendix.

Well . . . it seems that the manufacturer recommended using something call "detergent" instead of soap in their machine. Soaps are produced from natural ingredients (fat and lye) and detergents are made from synthetic sources. Don't know why that makes a difference, but it does. The barrel spun and magically the machine was drained. The dirty water went into one of the tubs and then drained to the sewer. That worked fine if the drain wasn't clogged with lint or other debris. If the drain was blocked, and the rinse cycle also drained into this tub, the water went all over the basement floor. Today, the washing machines for the most part drain directly into the sewer.



The "new" machine cut laundry time in half, but it was a long time before homes had dryers. That meant the wet laundry had to be hauled outside to a clothes line that was strung across the backyard . . . but that was in good weather. If the weather was rainy, or too cold, the clothes would be strung on lines in the basement. Sometimes when the temperature was thought to be warm enough to hang the clothes outside, and the temperature dropped, the "frozen" towels would have to be brought inside and rehung in the basement.

If you've never gotten out of the tub or shower and tried to dry yourself with a stiff towel that had been dried

on the clothesline, or, even worse, in the basement, you'll start writing "thank you" notes to the inventor of the dryer.

Answers to Trivia, Page 12

- | | |
|-----------------|--------------------|
| 1. Icicle | 7. Intermission |
| 2. Ivory Coast | 8. Isabella |
| 3. Ice house | 9. Ingrown toenail |
| 4. Igloo | 10. Ivory |
| 5. Iron Curtain | 11. Itsy Bitsy |
| 6. Italy | 12. Insult |

Stay In the Neighborhood



Oak Knoll
37 North Clark Ave.,
Ferguson, MO 63135
314-521-7419 www.oakknoll1948.com



Avalon Garden
4359 Taft Avenue,
St. Louis, MO 63115
314-752-2022
www.avalongarden1920.com



Ackert Park
894 Leland Avenue, University City, MO
314-726-4767 www.ackertparksc.com

Oak Knoll, Avalon Garden and Ackert Park

Skilled Nursing &
Rehabilitation
Centers

*"A caring family
with personality"
See for yourself!*



- 24-hour nursing care and services
- Reasonable rates
- Medicare / Medicaid Certified
- Religious Services
- Direct TV
- Internet Availability

Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

- NEW YEARS DAY Tues., Jan. 1
- City Hall Closed Tues., Jan 1
- Old Ferguson West Neighborhood Assn. Mtg. Thurs., Jan. 3
- Constellation Cross Stitch – Library. Sat., Jan 5
- Ferguson City Council Meeting – City Hall. Tues., Jan. 8
- Forestwood Park Neighborhood Park Assn. Meeting – Emmaus . Tues., Jan 8
- Old Ferguson East Neighborhood Assn. Meeting – Library Tues., Jan. 8
- Jeske Park Neighborhood Assn. Meeting – Ferg. Comm. Ctr. . Thurs., Jan. 10
- Wabash Neighborhood Assn. Meeting – 1st Baptist Mon., Jan. 14
- Learn to Draw Pencil and Charcoal – Library. Sat., Jan. 19
- Martin Luther King Celebration Mon., Jan. 21
- City Hall Closed (Martin Luther King Day) Mon., Jan. 21
- Ferguson City Council Meeting – City Hall. Tues., Jan. 22
- Urban Fiction Book Club. Wed., Jan. 23
- BTC Open House Sun., Jan. 27
- North Elizabeth Neighborhood Assn. Mtr. – Ferg. Comm. Ctr. . . Mon., Feb. 4
- Father Daughter Dance – Ferg. Comm. Ctr. Fri., Feb. 8
- Quilt Show – Library Fri., Sat., Feb. 8 & 9

Nu Way
 Heating,
 Air Conditioning,
 & Generators
 Jeff Westermann
314.521.1144
For all your Generator needs!
 Licensed, Bonded
 and Insured



RA ROBINWOOD 803 So. Florissant Rd.
 AUTOMOTIVE & TIRE 524-3440
 www.robinwoodauto.com

Give Your Vehicle a New Year Gift
Oil and Filter Change Only \$20.19
 Up to 5 qts. of regular oil – other offers don't apply
 Coupon expires 1-31-19



LOCKSMITH
Fast Insured

 Need extra keys?
 Call, I'll come to you.

Residential Re-keying Service
 Specializing in Kwikset/Schlage
 Locks
 Change Keys, Not Locks
 Extra Keys? Call, I'll come to
 your home or business
 3 Keys / \$10, \$2 additional keys
 www.callmekwik.com

 **MARIE
 LODATO
 CRINNION**
 ATTORNEY & COUNSELOR

11 Cardigan Drive
 314.524.4513

www.CrinnionLaw.com

*Wills, trusts,
 estate planning,
 power of attorney,
 real estate, contracts,
 business,
 family law, traffic*

KENNEDY FENCE
 8632 WABASH AVE. * ST. LOUIS, MO 63134 * 521-0936
 JERRY KENNEDY, PRESIDENT

ALEXANDER'S
314-550-0517
Friendly Affordable

**Interior
 Plaster, Patch
 and Crack Repair
 Specialist**
 Free Estimates
 20 years experience
 Call Larry
**(314) 521-5257 or
 (314) 412-0048**

**Charles A. James
 Attorney at Law**



Clients may meet in Ferguson
 by appointment
314-521-1888
cajesq@mac.com

- Wills • Trusts • Power of Attorney
- Estate Planning • Corporations
- Taxes • Partnerships
- General Business • Limited Liability Companies
- Contracts • Real Estate • Traffic

**ALL THINGS
 CONSTRUCTED**
 The local concrete &
 stone specialist


- Stamped and Colored Concrete
- Design & Building
- Innovative Walls
- Stone and Block Patios
- Heavy Hauling & Excavating

Licensed and Insured
314-438-9739

DRIVERS NEEDED
 Volunteer Meals on Wheels Drivers
 Needed. Ferguson, Missouri
 Volunteers drive their own vehicle,
 must have a valid driver's license &
 current insurance. Must pass back-
 ground screen. Eligible for mileage
 reimbursement at 37¢ per mile.
 Contact Terri Carter
 ph: 314-867-5661

\$5.00 OFF
 Any Service Call During
 the Month of January (expires 1-31-19)

**KNOWLES
 Heating & Cooling**

 We service all brands
 Web site: knowlesac.ruudreliable.net Phone 521-0284

**Sanders Tree
 Service**

 Trees Trimmed,
 Removed and
 Stumpgrinding

Call Jim:
524-8154

**Happy New Year
 From the
 Ferguson Times
 Your Hometown
 Newspaper**

Proud Past Promising Future
 Serving your real estate needs since 1959

POPE INC
REALTORS 314-521-6666

#2 South Florissant Road, Ferguson
 Judy Pappert 314-518-0557
 Dave Pope 314-276-7673

**FOR LEASE
 or SALE
 3
 bedroom
 houses**

Pearce Neikirk and Partners Realtors
314-495-2304
 email: pearce4homes@yahoo.com

 **54 Spring Coming Soon!**
 Get out your calendar and schedule
 a time to visit this three bedroom,
 two bath, full brick ranch. Beautiful
 hardwood floors, a large woodburn-
 ing fireplace and tasteful updates to
 the kitchen and baths are just a few
 of many features. A two car garage,
 partially finished lower level that is
 walk -out and a deep, fenced back
 yard complete your new home. Call us today.

401 Adams Coming very soon!
 This beautiful home is located in
 the historic S Clay/AllenPlace/
 Adams neighborhood. As the new
 homeowner, you will soon appreci-
 ate the quiet streets and wonderful
 collection of large century and cen-
 tury plus homes in this neighbor-
 hood. Extensive restoration is
 complete and the home is mint
 move-in ready. Location and Value
 are what drives the real estate market and this home features both.
 Call us today for a visit.



Over 30 Years of helping
 buyers and sellers with their home
 needs in St. Louis City,
 St. Louis and St. Charles County
 email: pearce4homes@yahoo.com



A+ rating BBB

HOME IMPROVEMENT SERVICE
Repairing & Remodeling Specialists

- Carpentry • Plumbing • Electrical • Painting • Roofing • Siding • Ceramic Tile
- Windows • Doors • Decks • Tuckpointing • Concrete • Gutters • Wood Flooring
- Kitchens • Bathrooms • Basements • Leafproof Gutter Protection

Serving all of North County – SENIOR DISCOUNTS

Established in 1977
 Big or Small We do it All! Licensed & Insured

**MARK & JOE
 RUFFINO** Phone **868-4122**
 Cell **740-2176**




Ferguson Optical
 ONE HOUR - ONE DAY EXPRESS LAB
 SERVICE AND QUALITY FOR OVER 45 YEARS

**\$10 OFF Regular Eye Exam
 \$25 OFF Transition Lenses**



7025 Howdershell Hazelwood, MO 731-1117
 1 So. Florissant Rd., Ferguson, MO 522-8484