

# Ferguson Times

Established 1894 Oct. 1999

CITY OF FERGUSON, MO.

February, 2019

Serving Ferguson and Surrounding Communities



## February Events at the Ferguson Public Library

For more information, please call the library at 521-4820 or visit our website at [ferguson.lib.mo.us](http://ferguson.lib.mo.us)

### Ferguson Library Quilt Show - Feb. 8 and 9

Come see beautiful quilts on display from local quilters around the area! Quilters will be at the library throughout the day to talk about their designs and answer questions about their craft.

### ValenSLIME Party - Feb. 14 at 5 pm

All you need is... SLIME! Join us as we make slime and crafts to celebrate everyone's favorite ooey-gooley day of love!

### African-American Read-In - Feb. 16, 1-3 pm

Celebrate Black History Month with us by reading some great books by African-American authors! We will have a variety of books on hand for you to choose from, or you can bring your favorite book by an African-American author from home. Snacks will also be provided. All ages welcome!

### FALL IN LOVE WITH AN ONGOING PROGRAM!

- Readings on Race Book Club, Monday, Feb. 11 at 6 pm - Black Man in a White Coat by Damon Tweedy
- Tuesday Night Book Club, Tuesday, Feb. 26 at 5 pm - The Child by Fiona Barton
- Urban Fiction Book Club, Wednesday, Feb. 27 at 6 pm
- Genealogy Drop-In, every other Friday at 3 pm - Feb. 8, Feb. 22, March 8, and March 22

## Saturday, February 16th Ferguson Indoor Farmers' Market

It may be February, but the monthly Ferguson Farmers Market is still the place to find fresh produce and homemade goods. The market takes place on the Third Saturday of every month until May at St. Stephens Church, 33 North Clay.

Make plans to visit our vendors 9:00 a.m. to noon to stock up on meat, bread, eggs, winter greens, squash and more!



**St. Stephen's Church**  
33 North Clay – 9:00 am to noon

## Zion's Warming Bush



Look for the warming bush at the corner of Carson and Clark in front of Zion Lutheran Church. The bush will be filled with scarves, gloves, and hats that are offered for anyone in the neighborhood who is in need of a bit of warmth this winter.

## February is Full of Fun Events

1	9
National Wear <b>Red</b>	National Pizza Day
Day	14
2	Valentine's Day
Groundhog Day	18
3	Presidents Day
Superbowl Sunday	22
5	National Margarita
Chinese New Year	Day



## City Council Meetings

The Ferguson City Council will meet twice in February.

The meeting dates are:

Tuesday, February 12th and Tuesday, February 26th at 7:00 p.m.

in the City Council Chambers • 110 Church Street.

City Hall will be open on President's Day, February 18th

PRSR STD  
U.S. POSTAGE  
**PAID**  
ST. LOUIS, MO  
PERMIT No. 05158

ECRWSS

POSTAL PATRON

If You Have Items of Interest, Contact The Ferguson Times – [cider@att.net](mailto:cider@att.net)



## February City Walk Carita Douglas

As we continue to discuss Main Street and the important role it plays in developing a strong, resilient downtown we are going to focus on the "Design" this month.

Design is explained as enhancing the visual attractiveness of the downtown. Design includes technical assistance and encouragement to building owners toward the restoration and rehabilitation of historic structures, street and alley cleanup, colorful banners and landscaping. Design also includes safe and efficient infrastructure, including streets, sidewalks, curbs and gutters, and the appearance of storefronts, signs, street lights, window displays and graphic materials.

All communities are searching for a way to make its residents feel connected. In recent years there has been a movement to create a healthy, prosperous community where people want to live, work, play and learn; an inspiring and engaging place can generate greater outcomes for our community's social, economic and physical well-being than one might expect. According to the Project for Public Places, "Placemaking is an approach to 'help citizens transform their public spaces into vital places that highlight local assets, spur rejuvenation and serve common needs'".

Placemaking facilitates creative patterns of use, paying attention to the physical, cultural, and social identities that define a place and support its ongoing evolution. Placemaking contributes to people's health, happiness, and wellbeing; it is a critical process to intimately connect people to the places they live. Placemaking shows people can help people re-imagine everyday spaces. A recent webinar I attended stated, "Successful placemaking is important for several reasons. By creating places where people feel good, they are more likely to want to stay, to return and to tell others about the experience. The differences between 'just a regular public space' and a 'great public place' can be viscerally felt by people – a sense of welcome, of belonging, of pleasure and of sharing. A local neighborhood is just a group of houses and streets until there are people who take pride in place and who call it home. The difference between space and place is like the difference between 'house' and 'home'. Many tangible and intangible elements combine to create a sensory experience that is memorable." As soon you can see, placemaking is incredibly important to the future of the community and that is why Ferguson Main street, in partnership with the Downtown Business District, is making placemaking a 2019 goal. In the next few weeks the Ferguson Special Business District Board and Ferguson Main Street Board will be meeting and outlining the 2019 strategic goals. Those goals will be brought to you in the February CityWalk article. We welcome any input you may have on placemaking and encourage you to join the Ferguson Main Street Design Board.

The Ferguson Main Street (FMS) Organization Committee is looking for merchants and property owners, residents, media, civic groups, accountants and legal professionals. The FMS Design Committee is a great fit for architects, real estate professionals, planners, designers, history buffs, and artists. The FMS Promotion Committee: is a great fit for marketing and tourism pros, downtown merchants and students; while the FMS Economic Vitality Committee: is great for merchants, development pros, consumers, business students. For more information on Ferguson Main Street, contact [marveena@fergusonmainstreet.org](mailto:marveena@fergusonmainstreet.org).

CityWalk business owners have a standing invitation to attend meetings of the Ferguson Special Business District Advisory Board, which meets the 2nd Thursday of the month from 5:30-7:30 p.m. FSBD meets at Baked Wood-Fire Pizza, 235 S. Florissant Rd.

CityWalk currently has an opening for the Ferguson Special Business District Advisory Board. The board is set up to promote the Central Business District of Ferguson to the public.

For more information, please contact Marveena Miller at 314-324-4298 or [marveenamiller@hotmail.com](mailto:marveenamiller@hotmail.com).

P8563, D8563

**Premier Plumbing Solutions**

Say "I Love Ferguson" When presented your bill and receive **\$10 OFF**

**Dave Walters (Oh Baby)**  
Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

**524-0222**

## The Plumber's Crack

By Oh Baby [bigohbaby@sbcglobal.net](mailto:bigohbaby@sbcglobal.net)

Dead Presidents popping up in stores, hearts and diamonds in the forefront of advertisers, florist displaying Cupid aiming his arrows in store windows, and a big time football game happening . . . it must be February and time for a frozen Plumbers Crack.

Well my friends it's that time of the year where you start thinking about spring while your locked down in the house beating the cold, dreaming about those summer plans.

This would be a great time to do a plumbing check up on the house. No you don't need a plumber to do the check up. Oh Baby is gonna tell you how to do it yourself. Let's start with my favorite place the throne. Remove the tank lid on and look inside. If there is no water running over the overflow or fill tube as us plumbers call it, your off to a good start. Flush and make sure that no water is spraying anywhere but in bottom of tank. The next thing to do is gently rub your fingers on the flapper that lets the water out of tank. If any ink or dye colors your fingers it won't be long before you have to change it. If you don't have the flapper or ball type you can pour a little food coloring in your tank before you go to bed and look in the bowl when you get up in the morning. If there is food coloring in the bowl you will need to change the disc.

Let's move to the tub faucets. If you have the older 3 handle faucets, turn on the cold water first and turn back off gently – just until you feel it stop. Wait 2 or 3 minutes and see if it's dripping. If it is and you have to crank it down a little tighter it means in the near future you will need to change the washer. Catching that early will protect

the seats of the faucet and keep it like new. Repeat this with the hot. If the cold was good and the hot drips, it means your water heater is set too high. Take a meat thermometer or anything that measures Fahrenheit and check hot water temperature. If it's over 125 degrees you need to turn your heater down a notch. A quick note on those tub faucets. The reason I tell you to wait 2 or 3 minutes is on older wide spread faucets it takes that long for some of those faucets to drain. That's where we make our mistake by cranking too hard on a faucet – it damages the washer sooner and eventually the seat.

I know this isn't plumbing but if you check that water heater temperature, that would be a good time to change that furnace filter. Speaking of the furnace if you have a humidifier some manufacturers note that you should change the filter half way through the heating season. They can get moldy and you don't want to breathe that.

Well Oh Baby is rambling on again and I didn't get through your plumbing check up. Well that gives me something to ramble on about next month. In the mean time remember to treat your special person to a Valentine's Day treat. Honor our past and look for a healthy future on Presidents' Day. Yes, look out and get to know your neighbors, check on the elderly and most of all. watch out for our children.

God Bless you all Oh Baby



WINDOW RESTORATION BY:

**Painted Effects** CONTRACTING llc  
314-524-1264



Maintaining Yesterday, For Tomorrow

The Ferguson Times may be reached . . .  
by phone: 314-524-1958  
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135  
or by email: [cider@att.net](mailto:cider@att.net)  
**Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.**

## Safe Disposal of Prescription Drugs

When your medicines are no longer needed, they should be disposed of promptly. Consumers and caregivers should remove expired, unwanted, or unused medicines from their home as quickly as possible to help reduce the chance that others accidentally take or intentionally misuse the unneeded medicine, and to help reduce drugs from entering the environment.

You can safely dispose of your expired, unused or unneeded prescription drugs at the following locations, please call prior to dropping off to verify:

### North St. Louis County Area

Bellefontaine Neighbors City Hall (314-867-0076) – 9641 Bellefontaine Rd., St. Louis, MO 63137

Florissant Police Dept. (314-831-7000) – 1700 N. Hwy 67, Florissant, MO 63033

Overland Police Dept. (314-428-1221) – 2410 Goodale Ave., Overland, MO 63114

St. Ann Police Dept. (314-427-8009) – 10405 St. Charles Rock Rd., St. Ann, MO 63074

St. John Police Dept. (no box, but police will handle disposal) (314-427-8706) – 8944 St. Charles Rock Rd. #100, St. Louis, MO 63114

St. Louis County Police – North County (314-355-1200) – 11815 Benham Rd., St. Louis, MO 63138

St. Louis Metropolitan Police Dept. – South Patrol Division (314-444-0100) – 3157 Sublette Ave., St. Louis, MO 63139

Woodson Terrace Police Dept. (314-427-2600) – 4323 Woodson Rd., Woodson Terrace, MO 63134

For further information and more drop off locations, use the following website:

<http://ncada-stl.org/get-involved/safe-use-storage-and-disposal-of-prescriptions/prescription-drug-drop-off-locations/>

## Ferguson Eco Team Hosts February Double Feature Environmental Film Night

On **Wednesday February 20** the Ferguson Eco Team will show two shorter documentaries about land, animal, and human life in Alaska's Arctic National Wildlife Refuge, threatened by fossil fuel development.

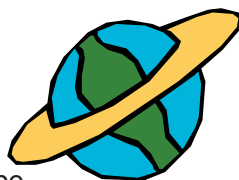
The first film is "being caribou", sharing voices of the Land and Animals. Environmentalist Leanne Allison and wildlife biologist Karsten Heuer follow a herd of caribou on foot, across the rugged Arctic tundra. At stake is the herd's delicate habitat that could be devastated if proposed fossil fuel drilling destroys the herd's calving grounds.

The second film, "The Sacred Place Where Women Speak, Gwich'i'n Women Speak" shares the voices of Native Alaskans. Women of the Gwich'i'n Nation speak out to protect from oil and gas development what they call "The Sacred Place Where Life Begins." The Gwich'i'n way of life depends on this sacred land, and the women inspire audiences around the globe to action.

The film is free and open to the public and will be shown in St. Stephen's Episcopal Church Parish Hall; 33 N. Clay (at Darst), Ferguson, MO 63135. For more information: (314) 521-8418; carletonstock@aol.com

### A Word from Our Planet...

Americans throw away enough garbage everyday to fill 63,000 garbage trucks, which if lined up end to end for an entire year would stretch half way to the moon. Of the garbage Americans throw out, half could be recycled, which is enough to fill a football stadium from top to bottom everyday. Of these recyclables, Americans throw away enough aluminum to rebuild the entire commercial air fleet every three months, enough steel to reconstruct Manhattan, and enough wood to heat 5 million homes for 200 years.



Missouri Stream Team 888 – monitoring and helping Maline creek for – over 20 yrs.



357 Marshall Avenue, Suite 2  
St. Louis, MO 63119-1839  
Phone: 314.918.9918  
Fax: 314.918.9920  
<http://www.rebuildingtogether-stl.org>

### FREE HOME REPAIR PROGRAM

Rebuilding Together is a non-profit organization dedicated to improving the lives of low income homeowners who no longer have the means or abilities to make home repairs themselves. Our mission is to help families maintain safety, comfort and independence in their home. Residents in the City of St. Louis, St. Louis County, St. Charles, Franklin and Jefferson Counties are welcome to apply.

(We do NOT work on Condominiums, Mobile Homes or Rentals)

#### You May Qualify if You

- Are over 60 (or care for someone living in your home who is disabled or 60+)
- Own and LIVE IN your home for at least 5 years
- Are a low income household
- Are no more than 3 years behind on property tax

Homeowner(s) Information      Veteran: Yes No      Spouse of Veteran: Yes No

Mr. Mrs. Ms. \_\_\_\_\_ Years in home: \_\_\_\_\_

Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Name(s) of All Living in the Home	Age	Relationship to Homeowner	List any Disabilities	Total Monthly Income(s)
Homeowner				\$
				\$
				\$
				\$

Type of Safety Repairs Needed	Yes No		Brief Description
Ramp, Grab Bars, Railings, etc.	Yes	No	
Floor/Stair Repair	Yes	No	
Top Safety Concerns (use back of this sheet if needed):			

Mail to the address above. Candidates who meet our initial guidelines will be contacted by a Rebuilding Together representative for additional information to advance in our selection process. Please understand that submitting this request form *does not* guarantee you will obtain services. If you have any questions, call 314-918-9918, extension 116.

## MAKING SCHOOLS SAFE FOR STUDENTS

There is great concern today about the school climate for students and staff. People are concerned about the security of schools and the effect on students from actions such as bullying and other activities of this nature.

"Turn it Around . . . Hands Down" is a program that raises students' self-esteem, reduces bullying and stresses a peacemaking approach in the school climate. Carol Kuhlengel, who designed and implements this innovative program, and JoAnn Klees who works with her, will discuss this acclaimed program at the February meeting of the American Association of University Women.

Ms. Kuhlengel and Ms. Klees both volunteer in the Riverview Gardens School District, where this program has been implemented.

The AAUW Ferguson-Florissant (North County) meeting will be **Monday, February 18, 2019**, at 10:00 am in the Educational Building of Immanuel UCC Church, 211 Church Street, Ferguson. The program is free and open to the public. For more information, call 314-921-7109, 314-522-0414, or 314-831-5359.

12th annual *Dining In and Acting Out!*



An Evening of Entertainment and Dining to benefit the St. Louis Chapter of **Handicapped Encounter Christ (H.E.C.)**

Friday, February 8, 2019

6:00 p.m. - 9:00 p.m.

Savoy Banquet Center

119 S. Florissant Road

Mark your new-year calendar for this family event! ...All the Pasta you care-to-eat!

BASKET  
RAFFLES  
& MORE!

12th ANNUAL ENTERTAINMENT AND DINING EVENT... to benefit our HEC Retreats!

Tickets are \$20/person for All-You-Care-to Eat Dinner & Entertainment \$30/couple

"Free-Will offering" for entertainment only ~ Family Rates available!

Reservations accepted, but not required.

Questions? Call Pat: 314-570-3409 / Jeff: 314-524-0500 / Cedrick: 314-817-7219

# Ferguson Community News Page

## Election season has begun, beware of the “but”!

By Mayor James W. Knowles III

“Language is a weapon of politicians, but language is also a weapon in much of human affairs”.

*Noam Chomsky, American Philosopher, Political Critic, Professor*



Okay, so some of you just read that headline and are wondering why the Mayor is warning residents about someone’s rear-end. Well get your mind out of the gutter, it’s “but” with one (1) T. I am referring to the word the dictionary describes as a way to “introduce something contrasting with what has already been mentioned”. It is an important weapon in the linguistic warfare politicians wage against each other in the media and when they want to tell you they agree with you, however they need to add a caveat to that statement. That caveat is meant to add some exception that may let them off the hook later when they take an action that seems contrary to their original statement of support. The “but” also provides them the opportunity to make you think they agree with your point of view while still giving them wiggle room to change their mind in the future.

For instance, a politician may say, “Sure I support the construction of some new municipal building, BUT I don’t like where they are planning to put it”. This is the perfect example of someone telling you they agree with you, but they are also giving you additional information suggesting they may not vote for it because of the location. You may get the feeling you both are on the same page, however, you may eventually be disappointed that candidate or politician does not vote your way based on that one caveat, the “but”.

Recently I was watching several national political news pundits and well-respected election pollsters discuss how people perceive political speeches and campaign rhetoric. Their discussion pointed to research that found people listening to political speeches often tune out once they hear the answer they wanted. This was especially true when people already had a predisposition toward liking a candidate. Therefore, when a politician answering a question leads with “I agree with you on A, B, and C, BUT I don’t like D”, people have typically tuned out and pay less attention to what is said after, the “but”. Once a person’s question to a politician has been answered, they tend to let their guard down and lose focus on the rest of the conversation.

So, the use of the “but” becomes a tactic politicians use to lull you into thinking you are on the same page, while maintaining a level of “honesty” by warning you there are exceptions to that general statement of support. Sometimes those exceptions become the rule, and the politician never intended to support the issue in question because that “exception” was an inseparable part of the issue. For instance, it is common for a politician to tell you they “support funding additional police officers or hiring additional city staff, but we need to find the money in the budget.” Now those politicians know there is not extra money lying around city hall that we can just “find” in the budget. Tough choices and cuts usually have to be made in order to make that happen. Often times there never was any intention to make the tough budget decisions required to make that promise happen. Instead, they can always fall back on the “but”; there was no money available in the budget.

Now it seems like I am outing myself and other politicians by telling the “tricks of the trade”. The truth is I want people to be able to navigate through the mess of politics and be able to be educated citizens and informed voters. After all, without an educated populous, representative forms of government are doomed to fail. Unfortunately, our education system in America does not focus on anything that cannot be measured on a standardized test and compared internationally with students around the world. With that in mind, social studies, government classes, and political science are almost an afterthought of the “core” curriculum in today’s schools. So I will do some educating myself.

No offense to my friends (and family members) who teach science and math in schools, but how often does the average person use the Pythagorean Theorem or Ohm’s Law to calculate something in their everyday life? With few exceptions, most would tell you they have not used either since high school or since college. Meanwhile, we have at least 2-4 elections each year where citizens are asked to either support or oppose complex issues or elect candidates that will do so for us. If we are meant to govern ourselves in a democratic society, then we should understand a bit more about government and politicians. The point is we should be taking these elections seriously, and we should be taking the time to pay attention to the political rhetoric that we hear in campaigns and in our interactions with politicians.

The truth is, the “but” does not have to be a bad thing, in fact, what is said after the “but” is probably the most important thing that a politician or anyone else may say. It offers you a glimpse into a decision making process that is more complex than giving people a simple yes or no answer. The key however, is that we pay close attention to what is said after the “but”, and follow up with any questions that may be necessary to add clarity to the issue.

## Ferguson Neighborhood Organizations

Dates & times subject to change. Check [www.fergusoncity.com](http://www.fergusoncity.com)  
 Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Feb 5 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	Feb 14 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskepark_neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Ferguson Library Large Conf. Room	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Mar 7 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	Feb 18 7 pm	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	Feb 18 7 pm	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage rbenage@sbcglobal.net
Ferguson Woods	Feb 28 7 pm	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	Feb 18 7 pm	Fire Station #1 200 So. Florissant	

## Ferguson City News?

### How do you get your Ferguson News?

- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

### Did You Know?

#### NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon.

You can submit a request for records using the Record Request icon.

**VISIT OUR WEBSITE:** [www.fergusoncity.com](http://www.fergusoncity.com)

You can do all this and more on the city’s website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or [opittman@fergusoncity.com](mailto:opittman@fergusoncity.com)

### EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit <http://www.fergusoncity.com/57/Boards-Commissions> or contact your City Clerk at City Hall.

## CITY COUNCIL MEETINGS Tuesdays, February 12th and 26th at 7:00 pm in the Council Chambers, City Hall, 110 Church Street

So in the next few months leading up to the April election, take the time to actually speak to the candidates for office and ask them plenty of questions. Pay attention to the “but”. If you ask them a question and they don’t offer up any exceptions, if you don’t hear them mention “but”, then you need to ask more questions until you understand their “buts”. After all, everyone has one. “But” with one T that is....

*Ferguson Community News Page* is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Keith Kallstrom, Ward 3. City Manager: DeCarlon Seewood. Public Relations Intern, 314-524-5229.

**City Hall:** 110 Church Street, 63135, 314-521-7721. **Website:** [www.fergusoncity.com](http://www.fergusoncity.com). **Contact Us by Email:** [Information@fergusoncity.com](mailto:Information@fergusoncity.com)

# Ferguson Community News Pages

Be sure to get to the Recreation Office to register or call us at (314) 521-4661.

## COMMUNITY CENTER

Don't forget to pick up the new Parks & Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at [www.fergusoncity.com](http://www.fergusoncity.com)

### Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

### Memberships

Resident Youth – Daily \$1/ Yearly \$50  
Resident Adult – Daily \$3/ Yearly \$85  
Resident Senior – Daily \$1/ Yearly \$50  
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200  
Non Resident Adult – Daily \$5/ Yearly \$200  
Non Resident Senior – Daily \$3/ Yearly \$120  
Non Resident Family – Yearly \$300

### NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)  
Resident Adult – \$9 per month (12 month agreement)  
Resident Senior – \$6.00 per month (12 month agreement)  
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)  
Non Resident Adult – \$18 per month (12 month agreement)  
Non Resident Senior – \$12 per month (12 month agreement)  
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

## PROGRAMMING

### Beginning Classic Guitar

This class allows students to enter the exciting world of classical guitar, playing ensemble music in three easy parts that blends together is fun and engaging! All finger style on smaller-sized classical guitars (provided) with emphasis on proper seating and technique. Performance opportunities towards completion of class!

Age: 9-15 years old  
Days: Tuesdays and Thursdays  
Date: Tues, June 4-Tues, July 30 (No class July 4)  
Time: 6:30pm - 7:30pm  
Location: Ferguson Community Center  
Fee: \$45/Residents; \$50/Non-Residents

### Learn to defend yourself with Krav Maga

Krav Maga is used to rapidly train combat troops in hand-to-hand combat in the shortest amount of time and from a position of disadvantage. Since most attacks occur when the victim is at a disadvantage, training will include performing techniques while at a disadvantage, encountering multiple opponents, and employing empty-handed defenses against weapons. This class covers the Krav Maga curriculum as taught by Townsend Defense. Private lessons are also available. Wear comfortable workout clothing and athletic shoes.

Age: 16 and up  
Days: Tuesdays and Thursdays  
Date: Tues., Jan. 22-Thurs, March 14 (No class Thurs., Feb. 21)  
Time: 6:00 to 7:30 pm  
Location: Ferguson Community Center  
Fee: \$60/Members; \$65/Residents; \$70/Non-residents

### Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Children must be potty trained.

Age: 3 ½-6 years old  
Days: Monday or Saturday  
Start Date: Mon, Feb 4 to March 25, Mon, Apr 1 to May 20, Mon, June 3 to July 22, Sat, Feb 9 to March 30, Sat, Apr 6 to May 25, Sat, June 8 to July 27  
Time: Mon 5:45pm-6:40pm; Sat 10:00am-10:55am  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 7 - 13 years old  
Days: Mondays or Saturdays  
Start Date: Mon, Feb 4 to March 25, Mon, Apr 1 to May 20, Mon, June 3 to July 22, Sat, Feb 9 to March 30, Sat, Apr 6 to May 25, Sat, June 8 to July 27  
Time: Mon 6:45pm-7:40pm; Sat 11:00am-11:55am  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up  
Start Date: Mon, Feb 4 to March 25, Apr 1 to May 20, June 3 to July 22  
Time: 7:45-8:40pm  
Location: Ferguson Community Center  
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

### Tap & Ballet Dance

A wonderful opportunity to learn creativemovement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes or bare feet. Children must be potty trained.

Age: 3 1/2 - 7 years old  
Days: Wednesdays  
Start Date: Wed, Feb 6 to March 27, Apr 3 to May 22, June 5 to July 24  
Time: 5:45 pm-6:40 pm  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Hip Hop/ Jazz Dance

High energy class, starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes or bare feet.

Age: 8-13 years old  
Start Date: Wed, Feb 6 to March 27, Apr 3 to May 22, June 5 to July 24  
Time: 6:45-7:40pm  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for Fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up  
Start Date: Wed, Feb 6 to March 27, Apr 3 to May 22, June 5 to July 24  
Time: 7:45-8:40pm  
Location: Ferguson Community Center  
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

### Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the-bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students  
\$5 more for each additional student  
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

# Ferguson Community News Pages

## Open Play Basketball

Come to the Ferguson Community Center for pick up basketball games. (Half court only)  
Days: Tues, Wed, Sat, & Sun  
Location: Community Center  
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

## Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.  
Days: Mondays  
Times: 3:00pm– 6:00pm  
Location: Community Center  
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

## Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players.  
All equipment will be provided.  
Age: 18 and older  
Days: Wednesdays and Fridays  
Time: 9:00 am to 12:00 pm  
Location: Ferguson Community Center  
Fee: Daily rates apply

## FITNESS

### Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.  
Age: 16 years & up  
Days: Mondays or Wednesdays  
Start Date: Mon, March 18 to May 6,  
Mon, May 13 to July 8 (*No class May 27*)  
Wed, Dec 9 to Feb 27, Wed, March 6 to Apr 24,  
Wed., May 1 to June 19  
Time: 6pm-7pm  
Location: Ferguson Community Center  
Fee: \$25/Members - 1 day per week; \$30/Residents - 1 day per week' \$35/Non-Residents - 1 day per week  
Additional Days:  
\$10/members add day; \$15/residents add day;  
\$20/non-residents add day

### Will Fitness Kettlebell Class

Open to All FITNESS LEVELS and is a kettlebell conditioning based workout. All workouts will be tailored from beginner level to advanced kettlebell movements. Workouts will also include body-weight, dumbbell, and circuit training skills. We strongly emphasize proper technique and skill.  
Age: 16 & Up  
Start Date: Wed, Feb 20 to March 27, Apr 10 to May 15  
May 29 to July 3  
Time: 7:00-8:00pm  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PREREGISTRATION REQUIRED

### Will Fit Core Class

Join Will Fitness for this class that is an all-inclusive, dynamic course designed to improve your overall fitness level; including strength and flexibility. More than an ab workout, Core-Strong is about training the abs, back, hips and glutes; covering the 28 muscles of the core and then some. Utilizing ground based exercises that revolve around the medicine ball; anyone can improve their personal level of fitness, gain confidence, and still have fun!  
Age: 16 & up  
Days: Tuesdays  
Start Date: Tues, Feb 19 to Mar 26, April 9 to May 14, May 28 to July 2  
Time: 6:00-7:00pm  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PREREGISTRATION REQUIRED

### Will Jump Rope Fitness

This class is based on plyometric, otherwise known as jump training! Come for an athletic based, high intensity workout. Please come wearing proper athletic shoes that support your feet and joints.  
Age: 16 & up  
Days: Wednesdays  
Start Date: Wed, Feb 20 to Mar 27, Apr. 10 to May 15, May 29 to July 3  
Time: 6:00pm - 7:00pm  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PRE-REGISTRATION REQUIRED

### Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped

bands, cross cables, and bodyweight exercises incorporated for a complete workout!

Age: 16 & up  
Days: Thursdays  
Start Date: Thurs, Feb 21 to Mar 28, Apr. 11 to May 16, May 30 to Jul 4  
Time: 6:00pm-7:00pm  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PREREGISTRATION REQUIRED

### Will Fit Bootcamp

Boot camp with Will Fitness! A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp. Participants will be indoors and outdoors. We will run sprints; perform lots of pushups and various forms of plyometric and interval training with little rest between exercises and challenging workout.

Days: Saturdays  
Start Date: Sat ,Feb 2 to Mar 23, Apr 6 to May 25, June 8 to Aug. 3  
Time: 10:00am-11:00am  
Location: Community Center  
Fee: \$30/Members; \$35/Residents; \$40/Non-Residents

#### All Ability Levels Welcome, Preregistration Required

### Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

### Silver Sneakers Classic/Chair Yoga

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support. In addition, the yoga activities will increase flexibility, balance and mental clarity.

Days: Tuesdays and Thursdays  
Dates: Ongoing  
Times: 8:35 - 9:40 am  
Fee: FREE/Silver Sneakers Members-\$3/ Everyone Else

### Silver Sneakers Cardio Circuit/ Yoga

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support. In addition, the yoga portion will move your whole body through a series of seated and standing yoga poses.

Days: Tues & Thurs  
Dates: Ongoing  
Times: 8:35am-9:40am  
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

### Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

### Individual Packages

Beginner Bundle  
Includes Fitness Assessment\*  
and 1 personal training sessions.  
Fee: \$70/ Members  
\$80/ Non-Member  
Beginner Bundle +  
Includes Fitness Assessment\*  
and 2 personal training sessions.  
Fee: \$95/ Members  
\$105/ Non-Member

1 Session  
Fee: \$35/ Members  
\$40/ Non-Member  
3 Session  
Fee: \$90/ Members  
\$105/ Non-Member

5 Session  
Fee: \$170/ Members  
\$195/ Non-Member

### Training for Two

All prices are per person  
1 Session  
Fee: \$30/ Members  
\$35/ Non-Member  
3 Session  
Fee: \$80/ Member  
\$95/ Non-Member  
5 Session  
Fee: \$145/ Member  
\$175/ Non Member

## TEEN PROGRAMMING

### Six Flags St. Louis

#### Registration Deadline May 20th

Date: Saturday, May, 25th  
Time: 10:00am-11:00pm  
Location: Community Center  
Fee: By 5/3 \$20 Residents; \$25 Non-Residents  
After 5/3 \$25 Residents; \$30 Non-Residents

### Upper Limits- NEW!

Calling all beginners and experience climbers! Join us for 2 hours of unlimited climbing fun! Our group will have certified instructors to help us on the walls! We will conclude this fun day with a ice cream bar at the Community Center.

#### Registration Deadline March 18th

Spaces are limited, sign up today!  
Date: Tuesday, April 6th  
Time: 1:15pm-5:15pm  
Location: Community Center  
Fee: \$20 Residents; \$22 Non-Residents

### Urban Air Trampoline Park- NEW!

Join us for a teen fun night at the ultimate indoor adventure park! Experience the Trampoline Park, Sky Rider, Ropes Course, Climbing walls, and the adventure hub. Your package includes all attractions at Urban Air! We will start the night with a pizza party at the Community Center.

Registration deadline March 4th  
Date: Wednesday, March 20th  
Time: 5:00pm-8:30pm  
Fee: \$30 Residents  
\$32 Non Residents

#### Pre-Registration is required

## SPECIAL PROGRAMMING

### Family Nerf War-NEW!

Grab your friends and family and head to Community Center for this exciting event! Each participant needs to bring a Nerf gun. Soft tip darts will be provided along with safety glasses. Pizza and drinks will be served at the conclusion of the event.

Ages: All Ages  
Date: Saturday, March 22nd  
Time: 6:30pm-8:30pm  
Location: Ferguson Community Center  
Fee: \$6/Child; \$8/Adult

#### Pre-registration is required

### Family Glow Bingo-NEW!

Come on over to the Ferguson Community Center for a night of glow in the dark bingo! Wear your neon or white clothes to glow in our backlights. We will play bingo and eat pizza while enjoying family and friends!

#### Pre-registration is required!

Ages: All Ages  
Date: Saturday, March 9th  
Time: 7:00pm-10:00pm  
Location: Ferguson Community Center  
Fee: \$25/Couple; \$5/Each Additional

### Blues Game Night

Enjoy pre-game appetizer and drinks buffet at Scottrade Center prior to the Blues taking on the Washington Capitols. Indulge in the fact that you don't have to worry about driving or parking.

#### Registration Deadline March 1st

Ages: All Ages  
Date: Monday March 25  
Time: 5:30 departure  
Location: Ferguson Community Center  
Fee: \$92/Residents; \$98/Non-Residents

### Crest Bowling-NEW!

Grab your friends and family and head over to Crest Bowl for a night of bowling fun! This event includes unlimited games for 2 hours and bowling shoes! You can have up to 6 people per lane. This event will meet at the Crest Bowling.

Ages: All Ages  
Date: Sunday, May 19th  
Time: 6:30pm-8:30pm  
Location: Meet at Crest Bowling  
Fee: \$8/Child; \$10/Adult

### Daddy Daughter Dance

Fathers, escort your daughters to this special night of fun! Young ladies and their dads, grandpas or guardians will enjoy a light dinner, D.J., dancing, and even a photo to share with mom! Space is limited.

#### Pre-registration required.

Date: Friday, February 8, 2019  
Time: 6pm-9pm  
Location: Ferguson Event Space  
Fee: \$30 per couple; \$10 additional child

### Kid's Night Out!- New!

Come join the staff at the Ferguson Community Center for a night of fun and activities. Parents take the opportunity for a date night or a night out with friends. We will feed your child pizza, play games, and watch a movie.

Ages: 6-12 years old  
Dates: Friday, 2/15/2019  
Friday, 3/15/2019  
Friday, 4/26/2019  
Friday, 5/17/2019

Location: Ferguson Community Center

Times: 6:00-9:00pm

Fee: \$15 per child

#### Spots Are Limited So Sign Up Early!

### Dog Egg Hunt- NEW!

Hop over to Wayside Dog Park with your furry friend for our annual DogEgg Hunt sponsored by Ferguson Animal Hospital! The smaller and larger dog areas will be covered with eggs filled with dog treats! Special eggs will be hidden with raffle tickets to chose a prize for your dog! The Easter Bunny will be on hand for photo opportunities. Dogs and humans should meet at Wayside Dog park with a Basket to collect eggs.

Date: Saturday, April 13  
Time: 11:00am  
Location: Wayside Dog Park  
Fee: \$5/dog in advance; \$10/dog day of event

### Adult Easter Egg Hunt

The Easter Bunny has dropped his eggs all over the fields of the Ferguson Community Center. Rumor is 30 of those eggs are filled with prize tickets. This "egg-cellent" event is open to adults 21 and older. So grab your basket and flashlight for an evening down memory lane. Pre-registration is recommended for this event. Maximum event size: 100.

Date: Friday, April 19  
Time: 7:30pm  
Location: Community Center  
Fee: \$8 Residents; \$10 Non-Residents

### Children's Easter Egg Hunt

Hop over to the Ferguson Community Center for our annual Egg Hunt. The back field will be filled with brightly colored filled eggs for children (8 and under) to enjoy. The children will be divided into separate hunts by the following ages: 3-4, 5-6, 7-8.

The Easter Bunny will be on hand for photo opportunities. Children should meet at the Ferguson Community Center with their own basket.

Date: Saturday, April 20  
Time: 10am SHARP!!  
Location: Ferguson Community Center  
Fee: FREE Children 3-8 Years Old

### Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.

**Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.**

**ID Costs: \$5 processing fee per dog (max three dogs per household)**

### Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.

Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program. Park Bench Dedication \$1,000

## ADULT PROGRAMMING

### Lunch and Bingo

Come and treat yourself to an afternoon at one of Ferguson's fantastic lunch and bingos. Our March bingo celebrates St. Patrick's Day with corned beef and cabbage. Our May bingo welcomes the coming of summer with a lunch and bingo featuring your choice of chicken or beef. Cost includes lunch as well as bingo. Maximum size: 125.

Date: Thurs, March 14th & Thurs, May 9th  
Time: 12pm-3pm  
Location: Ferguson Community Center  
Fee: \$10 Members; \$14 Residents; \$18 Non-Residents

### Mystery Meal

If you love good time and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good times and good friends. Due to the popularity of this program, residents have registration priority. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal.

Dates: Fri. Feb. 15th & Thurs., April 11th  
Time: 10 am pickup  
Fee: \$32/Members; \$37/Residents; \$42/Non-Residents

## ADULT PROGRAMMING

### Weekend Winery Tour

Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons pre-registered for these trips to make. Cost covers transportation.

Ages: 21 and up  
Date: Saturday, May 11th, Sunday, July 14th and Saturday, September 14th  
Time: 10am-6pm  
Fee: \$10/Residents; \$15/Non-Residents

### Branson Getaway

Join us for a trip to Branson, MO, the Live Show Capital of the World. When we arrive we will enjoy dinner at the Grand Country Buffet and then head over to enjoy Presley's Jubilee. On Saturday, we will enjoy Branson Belle Dinner Cruise. Have your catching arm ready on the way down as we enjoy a great lunch at Lambert's Café "Home of the Throwned Rolls". Also, on the way home we will stop by Bass Pro Shop and the new Wonders of Wildlife Aquarium. Cost includes: motor coach transportation, two nights lodging, meals (all except lunches). Luggage service, plus driver gratuities are included.

Date: Friday, April 5th– Sunday, April 7th  
Time: 12:00pm-8:00pm  
Fee: \$420/Residents; \$460/Non-Residents (Double Occupancy) \$78 additional for single

### Tunica, MS

Join us for our annual trip for gambling fun in Tunica! We will be staying at the fabulous Gold Strike Hotel & Casino and visiting 4 other casinos during our trip, not including the two neighboring casinos of the Gold Strike. Cost includes: motor coach transportation, buffet meals and promo cash.

#### Sign up early as this trip fills fast!

Date: Tues, May 14th—Thurs, May 16th  
Time: 7:00 am – 8:30pm  
Location: Ferguson Community Center  
Fee: \$210 Residents; \$220 Non-Residents (double occupancy) \$100 additional for single

### Tropicana Casino– Evansville, Indiana

Bring along your good luck charm at the Tropicana Casino in Evansville, IN. The casino is now all one level and very accessible for all. You will receive \$8 in free play and a free lunch buffet. Remember that you must have valid state id with you. Cost Includes: motor coach transportation, lunch, and all gratuities.

#### Registration Deadline April 8th

Ages: 21 and up  
Dates: Tuesday, April 30th  
Time: 8:00 am – 8:00 pm  
Fee: \$40/Residents; \$45/Non-Residents

### Area Casino Day Trips

Need a day out and about? Come test your luck at an area casino each month! The trip only includes transportation to the casino. Must have a minimum of 10 patrons pre registered for the trip to make.

Fee: \$5 Residents; \$8 Non-Resident  
Location: Ferguson Community Center  
Time: 10:00am-4:00pm  
Dates: Wednesday, January 30th–Casino Queen  
Wednesday, February 20th–Argosy Casino Alton  
Wednesday, March 20th–Hollywood Casino  
Wednesday, April 17th–River City Casino  
Wednesday, May 22nd–Ameristar Casino

## ATHLETICS

### Women's Adult Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!

Ages: 18 and up  
Days: Mon, Feb 4th to April 1st and Thurs, Feb 7th to April 4th  
Times: 6:30pm-9:30pm  
Location: Ferguson Community Center  
Fee: \$190 Residents; \$205 Non-Residents

### Open Sand Volleyball Tournament

Gather your friends for a fun day in the sun as we kick off the start of warmer weather with a free Sand Volleyball Tournament. Format determined based on the number of teams that register. Trophy awarded to Champions.

Ages: 18 and up  
**PRE-REGISTRATION REQUIRED**  
Tournament: Sunday, April 14th  
Time: 11:00 am  
Location: Community Center Outdoor Complex  
Fee: Free

### COED Sand Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!  
Ages: 18 and up  
Days: Mon, April 29th to June 17th (No game 5/27)  
Thurs, May 2nd to June 20th

Times: 6:30pm-9:30pm  
Location: Ferguson Community Center  
Fee: \$190 Residents; \$205 Non-Residents

### Start Smart

Each program is designed to give participants an opportunity to develop their sports skills in a fun and safe environment while working and spending quality one-on-one time with their parent. All Start Smart programs feature age appropriate equipment and developmentally appropriate exercises. Each program is 6 weeks long + Show Your Skills event and we will meet at the Ferguson Community Center. NEW! At the end of each session there will be a Show Your Skills event! You can invite friends and family to come show off your newly learned skills.

Day: Wednesday  
Sport Ages Registration Deadline Session Schedule  
Basketball 5–7 yrs January 14th Jan 30 to Mar 13  
Soccer 3–5 yrs March 11th Mar 27 to May 8  
Baseball 3–5 yrs May 6th May 22 to June 26  
Time: 6:00pm-7:00pm  
Fee: \$30/child for each session

### Adult Softball

Leagues are filling up fast! Register your team with Ferguson Recreation for Coed and Men's league this spring. 10 week season + playoffs. At registration receive a concession stand punch card. Once you filled up the punch card receive a free pitcher on us!

Ages: 18 and up  
Coed: Sunday, April 7 to June 30 (No Games 4/21, 5/12 & 6/16)  
Men's: Monday, April 8 to June 17 (No Game 5/27)  
Times: 6:00pm-10:00pm  
Registration: Deadline—March 20th  
Fee: \$400 Team

### Youth Flag Football

Calling all youth football players! We will be hosting a flag football league for you to show off your skills. Sign up individually or as a team. If you register as a individual you will be placed on one of our Ferguson teams coached by a Ferguson volunteer. We will have a clinic hosted by Ferguson staff and volunteers and then 5 weeks of games with a week of playoffs. All participants will be given a t-shirt and the winning team will receive a trophy!

#### PRE-REGISTRATION REQUIRED

Grades: 2nd to 8th Grade  
Clinic: Saturday, April 20th @ 12:00pm-2:00pm  
Season Dates: April 25th-June 1st  
Practice Day: Thursdays @ 7:00pm  
Game Days: Saturdays @ 9:00am-11:00am  
Location: Forestwood Park  
Team Registration Fee: \$570/Team  
Individual Registration Fee: \$80 Residents; \$86 Non Residents  
Team are allowed up to 14 players on a roster.

### Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.

Please call the Ferguson Sports Hotline for rain out information: (314) 286-9102



## Membership Meeting

Thursday, February 14th

Orlando's Event & Conference Center

Get your Cupid on!

Come dressed in **Pink** or **Red** to be entered into a special drawing!

Sponsors




Law Office of Mark Rudder, LLC

# Urban Fiction Book Club

Ferguson Municipal Public Library 35 N. Florissant Rd.

Do you LOVE Urban Fiction? Can't get enough of Kiki Swinson & Carl Weber? Then you need to be a part of Ferguson Library's

## URBAN FICTION BOOK CLUB

February Book:

# KIKI SWINSON'S DEAD ON ARRIVAL

Every 4th Wednesday starting January 23rd!

For more information contact Rachele @ 314-521-4820

# SAVE THE DATE

## City Wide Clean-Up

Saturday, April 27, 2019  
9AM-12noon

Looking for a private Christian Education?

Look no further!

River Roads Lutheran School

# OPEN HOUSE

**NOW ENROLLING!**  
**(FOR THE 2019-2020 SCHOOL YEAR)**

Located in the Baden Community since 1869  
8623 Church Road  
St. Louis, MO 63147  
(314-388-0300)

Pre-Kindergarten Program (3 & 4-year old)  
Jr. Kindergarten and Kindergarten thru 8<sup>th</sup> Grade  
\*S.T.E.A.M Programs\*

# Come join the Ferguson Phoenix

++Stipends will be provided for production++

Ferguson news reported by the Ferguson youth. All students under 18 are invited to become reporters using multiple types of journalism.

- Newspaper • Online Website • TV News
- Podcasting • Social Media

## Ferguson Public Library

### Every Tuesday

### 4:00-6:00pm

Contact Jane Bannester at [janiebb@hotmail.com](mailto:janiebb@hotmail.com) with questions.

# Ferguson Library Sewing Club

Mondays 10am-3pm

Want to learn to sew? Enjoy chatting with other crafty people while you work?

Join the craftiest gals you'll ever meet and make something while having fun!

For more info, contact Jennifer @ [rbrandel@ferguson.net](mailto:rbrandel@ferguson.net)

Ferguson Municipal Public Library  
35 N. Florissant Rd, Ferguson, MO 63135

# INTRODUCING THE MICHELIN® DEFENDER™ TIRE

## SAFER.<sup>1</sup> LONGER.<sup>2</sup>

### 90,000 MILES<sup>3</sup> OF CONFIDENT DRIVING

The MICHELIN® Defender™ tire is here, with the traction superiority to allow you to stop up to 31 feet shorter than a leading competitor<sup>1</sup> and industry-leading wear life technology that gives you a 90,000 mile warranty<sup>3</sup>. That's up to 21,000 miles longer than a leading competitor<sup>2</sup>, and why we say Defender Tires help keep you safer<sup>1</sup>, longer<sup>2</sup>. Find out more at [michelinman.com/defender](http://michelinman.com/defender)

1- Based on internal wet braking test results versus Goodyear Assurance® Comfortrol™ touring tire size 185/55R15.  
2- 90,000 mile warranty for H- and T-rated tires; 80,000 mile warranty V-rated tires. See MichelinMan.com for warranty details.  
3- Based on commissioned third-party wear test results versus Continental® ProContact™ with ECOPlus technology tire size 215/60R16.

# ANDY WURM TIRE & WHEEL

Specializing in Tire & Wheel Packages

201 S. Florissant Rd. • Ferguson, MO 63135

## (314) 522-3040

Over 10,000 Tires in Stock! TPMS Experts!  
Over 400 Wheels on Display!

### [www.andywurm.com](http://www.andywurm.com)

Mon. - Fri. 7:30 - 6:00 • Sat. 7:30 - 2:30

## Financial Focus

By Joan Cleaveland (consultjoan@att.net)  
Business Manager for St. Joseph Parish in Cottleville  
Lindenwood University – BA Business Administration

### MANAGING MONEY IN 2019

By now, many people have already started to fail or fall behind with the resolutions made for the New Year. Fitness Centers always see a drop after January and keeping up with better eating habits is always a struggle. The three most common resolutions seem to involve diets, exercise and money. Maybe you got some new tech gadgets to help you in these categories. Everyone I know with a fit bit seem to be tracking their steps; my daughter even has a group that compares daily. And with eating there are many new apps for phones to help you stay on track with a diet plan. And of course, there are plenty of apps to help you manage your money.

So can technology really solve our money problems and keep us on track better? For many people it may work great, but for those who really struggle just setting everything up in the beginning can be daunting. Many of the apps are free or have a free trial period for you to test it. What you need to remember is that it still requires discipline and time, especially in the beginning. Some of the advantages are that with an app you are using a smart phone or tablet. Most people have their phones with them all the time – it's like an appendage. So if you are paying with your phone, most of your transactions can be tracked automatically. In the set up stage you will be giving your bank account and credit card information to the app in order for this to actually work.

For older folks like me, this seems a bit frightening. Just a few years ago we started hearing of data being compromised from retail stores and immediately consumers reacted; many claiming they wouldn't shop there again. Today that is all behind us, it has become so common that it doesn't make much news and we just depend on our banks and identity theft services to protect us. Still you can use some of the apps without actually entering all of your bank and credit card information and for some people that might be a good way to start. One app, Personal Capital, is free. I went on the website from my PC to check things out. The first thing that happened was just a few questions about my age and the age I wanted to retire, which I answered. When the next screen popped up I wished I had skipped those first questions because it wanted me to choose a time to have a financial advisor to contact me. Not sure I wanted to discuss things with someone in California that I've never met. The next step was to enter all of my bank and credit card information. I wasn't ready for that and couldn't seem to get past it, even when I looked for a tutorial.

The next app I decided to look at was YNAB. I found a great deal of information and some you tube tutorials. In the video I checked out - it was explained that you can use YNAB without entering all of your bank and credit card info. This seemed a better choice for someone just starting out. In the tutorial it showed screen shots and explained setting up a budget. With the knowledge I have it seemed really easy, but for some that may not be the case. However, if you are careful and follow the instructions, you can create a budget that works for you. There are many options for categories and you can make it fit your situation. Just reviewing the categories they have may help you think of areas of your financial picture you haven't always considered. It was stressed that the goal was to eliminate living paycheck to paycheck and help create an emergency fund.

The best advice came at the end when it discussed the importance of "aging your money." While I had not really heard that wording before it made perfect sense. If you have some money that you can keep around longer, it can begin to work for you. As demonstrated, by planning your budget and living within it, you should begin to see some extra money at the end of each period, whether it be a month or a pay period. Carrying it over into the next period and building on that excess should eventually help you get to a point where you are paying this month's bills with last month's income. What a great feeling that would be.

The other nice thing about using an app is seeing reports that can be created showing spending in various categories. This could help you eliminate wasteful purchases and really see where your money is going. And seeing your net worth grow is what we all need to be watching. This is the key to your financial health and really shows where you stand. Income and expenses often get the most attention, net worth is what you really have. It is your assets minus your liabilities.

There are so many apps out there to choose from and finding the one that fits your needs could take some time. You may be more comfortable sitting at a PC or tablet and setting things up. In the beginning and it may be tedious, especially for those that find dealing with finance boring. Not too long ago I met with someone who felt his finances were out of control and wanted to get things more manageable. He felt the best idea was to just hand it all over to someone and let them get everything under control, pay bills and then give it back to him after it is all fixed. As I explained to him, if you aren't part of the process of getting things under control it would probably be difficult for you take it back and maintain. My advice was to start the process and perhaps meet with someone periodically to help keep on track.

As usual there are always some disadvantages to being dependent on our technology for everything. Just like anything on-line you will want to make sure things are backed up on another device or the cloud. Whether you use

CORK  
wine bar

423 S. FLORISSANT RD. • FERGUSON, MO 63135  
(314) 521-WINE



**GOOD TIMES**  
**GREAT FOOD & COCKTAILS**  
**LIVE MUSIC FRIDAY & SATURDAY NIGHTS**



**TEEN SCREEN IS A FREE MONTHLY  
MOVIE SHOWING FOLLOWED BY DEEP  
SMALL GROUP DISCUSSION AROUND  
SOME VALUE EMBODIED IN THE MOVIE.  
COMFY SEATING, GREAT  
SNACKS, THEATER-LIKE SCREEN, AND A  
FUN MOVIE**

**COME FOR THE  
COMFY SEATS  
AND EVERY  
IMAGINABLE  
MOVIE SNACK,  
STAY FOR THE  
FRIENDSHIP AND  
REAL  
CONVERSATION.**

**FIRST  
SATURDAY OF  
EVERY MONTH  
STARTING IN  
FEB 2019 6PM-  
9PM. STOP BY  
FOR FREE  
TICKETS**

**St. Peter's UCC • 1425 Stein Rd., Ferguson • 314-521-5694**

your phone, watch, tablet or PC – anything can crash or break. Keeping information updated is important and if you are entering it yourself rather than having it collect from your bank, this is a must. You may want to set aside a little time each day or two to go over your budget, waiting more than a week can allow things to get behind and make it more overwhelming. And while an app can warn you when you are exceeding your budgeted amounts – it can't really stop you from ignoring it. As we all know, when you are on the internet, pop ups are always there to tempt you. If you using an app that you have loaded all bank and card information into, there may be some issues with things going into the proper categories on your budget.

While technology is making our lives easier in many ways, knowing the manual way to manage things is still important. If you can't do simple math problems without a calculator, you may find yourself spending more or not recognizing a mistake. And some studies have shown that actually writing things down helps you recall them better. I've always heard that it takes 21 days to build a habit, so if you are starting something new, giving just a little time each day can make it a routine that you can stick to.

If you have any comments or questions, please e-mail me at [consultjoan@att.net](mailto:consultjoan@att.net).

**We're on UBER EATS!** *Come Check it out!* **Now OPEN For LUNCH**

**PIZZA, DRINKS & GREAT WINGS**

**BAKED**

**WOODFIRE IN FERGUSON**

235 S.FLORISSANT RD. (314) 736-1810 WWW.BAKED-PIZZA.COM

**Vincenzo's**  
ITALIAN RISTORANTE

242 So. Florissant Rd. 314-524-7888



Cousins from three different families, all of whom grew up in Ferguson or Normandy, enjoying lunch at Vincenzo's while celebrating their aunt's birthday. Good food, good service, good time!

OPEN FOR LUNCH & DINNER  
 • T-TH 11am to 9 pm  
 • FRI 11am to 10pm • SAT 4pm to 10 pm • SUN 4pm to 9pm  
 CLOSED ON MONDAYS www.vincenzosstl.com

**SAVOY** **Savoy Banquet Center**  
 119 So. Florissant Road  
 521-4500

**We Welcome Wedding Receptions, Reunions, Birthdays, Graduations & Other Celebrations**

We are a full service banquet center.

**Ferguson Lions Hall Rental**  
 49 North Clark  
 314-226-4077



Picture your Baby Shower, Wedding Shower, Wedding Reception, Graduation Party, Family Gathering, and Other Special Occasions, in this spacious hall and large parking area. Holds the maximum of 75 people. Call 314-226-4077 for reservations and more details.

**SPENCER'S BAKERY**

100 Church Street  
 521-0259  
 Dine In or Carryouts

**Breakfast Special \$4.95**  
 (2 eggs, 2 bacon or 3 sausages, hash browns, toast or biscuits)  
 Also serving: French Toast, Pancakes, Sandwich Combos

Hours:  
 Tues. thru Sun. 5am to noon  
 Closed Monday

**DONUTS**  
**6 For \$3.40**

Glazed, Raised and Long Johns, Muffins, Danish, Turnovers and Cookies

**For the Do-It-Your-selfer**

**Kitchens, Baths, Windows, Doors and More**

Our installation is available also!  
 Free Estimates – Call **WOLFCO**  
**314.799.2818**

**Technology Help**

Having problems with your email? Can't seem to figure your phone out? Stop by Technology Help and receive one-on-one assistance from Library Staff!

**By Appointment**

Ferguson Municipal Public Library  
 Auditorium  
 35 North Florissant Road  
 Ferguson, MO 63135

For more information:  
 (314) 521-4820 or  
 rbrandel@fergusonlibrary.net



Thanks to your generous support last year, the Pavilion was built, which has been instrumental in welcoming even more visitors to the farm

## Ferguson by Foot

By: Margaret Wolfinbarger



### How to Mitigate Malice

Have you ever been angry with someone? Was the offense serious enough to invoke a visceral reaction? Did you kick the wall? Curse or scream? Some couples can relate, especially if one's spouse is guilty of leaving the toilet seat up and we just fell in. We are tempted to run to our friends and expose their misconduct. We throw down our victim card and beg for sympathy. And while sometimes these isolated events are fodder for a joke later on, if we don't learn to respond to them appropriately, they will consume us.

At one time I worked with someone who was utterly contemptuous. The behavior he displayed went beyond the pale. He took great delight in making other people uncomfortable but always complied with HR's reprimands after more serious offenses and was therefore never terminated. Sure, the people in my department knew what a troll he was—even his boss—but we simply had to deal with it. So I told everyone who would listen what a horrible person he was. It was my small way of exacting revenge.

The problem was, the more I talked about him, the angrier I felt. For years after I left the job I would have nightmares that I was his victim once more. In recent years I have sought to understand how I could have better handled the situation. Maybe you have encountered just such a person and are wondering the same thing.

Courage doesn't always manifest in real life the way it does in the movies. Sometimes courage is showing up to work and dealing with stress because one has a family to provide for. Sometimes courage is saying nothing when provoked. Sometimes courage is doing the right thing and losing one's job anyway. And sometimes courage involves being the victim of abuse and refusing to let it embitter us.

It is easy to build a lynch mob. It is difficult to practice peace. Ask Martin Luther King, Jr., who strenuously advocated for non-violent resistance and received scorn from people of his own race. He said, "Returning hate for hate multiplies hate, adding deeper darkness to a night already devoid of stars. Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate, only love can do that."

The attitude of our heart is of great importance. Righteous indignation is a natural response but the first step on the path to peace begins with love. Love is tenaciously brave, but love is also kind. Love bears all things but keeps no record of wrongs. Love stands up to the face of injustice and says, "I will not allow you to treat me this way AND I forgive you."

These qualities are not commonly practiced in our culture today and, I would venture to guess, are not very popular. Still, I have to wonder how different our neighborhoods and workplaces would be if they were. I also wonder if I would have made a difference in my co-workers life if—instead of allowing malice to poison my heart—I would have shone the light of love into his life. For more inspiration, follow me on my blog: [www.destinationdiscipline.com](http://www.destinationdiscipline.com).

## Technology Help

**Having problems with your email? Can't seem to figure your phone out? Stop by Technology Help and receive one-on-one assistance from Library Staff!**

### By Appointment

Ferguson Municipal Public Library  
Auditorium  
35 North Florissant Road  
Ferguson, MO 63135

For more information:  
(314) 521-4820 or  
[rbrandel@fergusonlibrary.net](mailto:rbrandel@fergusonlibrary.net)

Ferguson Municipal Public Library  
35 N. Florissant Rd.  
Ferguson, MO 63135

## Ferguson Municipal Public Library QUILT SHOW

The Ferguson Library will host quilts made by local quilters from all over the St. Louis County.

**Friday, Feb. 8th & Saturday, Feb. 9th**

@  
**Auditorium,  
Ferguson Municipal  
Public Library**

**To participate,**  
turn in a completed registration form by  
January 15th, 2019  
to  
[rbrandel@fergusonlibrary.net](mailto:rbrandel@fergusonlibrary.net)  
Registration forms can be found at [ferguson.lib.mo.us](http://ferguson.lib.mo.us)

### Miles for Marygrove

Join Team Marygrove and help make a difference in the lives of children!

#### 2019 GO! St. Louis Marathon & Family Fitness Weekend

**April 5-7, 2019**  
| Marathon | Half Marathon |  
| Marathon Relay | 10K | 5K |

*Team member perks include:*  
FREE race registration with a commitment to raise \$200, a personal webpage for online fundraising, 2 shirts (1 team tech shirt, 1 race shirt), 12-week free training program with Big River Running, & fundraising incentives.

**Not a runner?** Donate to our campaign or support one of our runners!

**For more information:**  
[marygrovechildren.org](http://marygrovechildren.org) | 314.584.6124 | [gballard@mgstll.org](mailto:gballard@mgstll.org)

Marygrove helps over 1,300 youth impacted by abuse, neglect or other trauma, move towards a stable and healthy future through quality treatment and support.

### Trivia

All answer begin with the LETTER "I" J

1. Archie Bunker's neighbor who "moved on up".
2. "Bad" singer.
3. Stupid beef description.
4. Ronald Reagan's favorite candy.
5. Paraffin vaulter.
6. Black robed referee.
7. Horse rider or underwear brand.
8. Their job is a real trial.
9. Romantic rejection.
10. Frog apparel.
11. New Orleans music.
12. Crooning cricket.

See answers at bottom of page 23.

"We enjoy living here because there are so many fun activities, the meals are wonderful and everyone is so nice. It feels like home."



**St. Catherine Retirement Community**  
3350 St. Catherine St., Florissant, MO 63033  
**314.838.3877**

Please come visit and attend an event with us!  
**We Offer:**

- Wellness Programs
- Exercise, Ballet & Yoga
- Entertainment
- 1 & 2 Bedrooms
- Full Service Amenities
- Dining Services
- Convenient Location
- Our team of experts will help you make your move with ease

Call Stacey to schedule a visit and start enjoying worry-free living.

A Non-Profit Retirement Housing Foundation Community

### Friends, Fun and Laughter

#### Staying Fit!

Join us every Mon. & Wed. at 1pm Exercise with a certified aerobics instructor from ENVISION Home Health.

#### Chair Yoga!

Join us for a healthy mind and body every Friday at 1:00 pm with a certified aerobics instructor

#### Music and Movement Class!

Join us for a relaxing hour of strengthening February 14th and 21st at 1:00 pm

#### Stay Well!

Join us for "Keeping Your Heart Healthy" with ENVISION Home Health Thursday February 21st at 9:30 am. Complimentary Breakfast 9:00 am. RSVP by February 15th 314-838-3877

#### "Winter Blues Happy Hour"

With Jim McClaren. Complimentary Lunch with Entertainment Tuesday, February 26th at 10:30 am. RSVP by February 22th 314-838-3877

## Presidents Day



Contrary to popular belief, the observed federal holiday is actually called "Washington's Birthday." Neither Congress nor the President has ever stipulated that the name of the holiday observed as Washington's Birthday be changed to Presidents' Day. Additionally, Congress has never declared a national holiday binding in all states and each state decides its own legal holidays. This is why there are some calendar discrepancies when it comes to this holiday.

So how did Washington's Birthday come to be called Presidents' Day? Many calendars list the third Monday of February as Presidents' Day and many U.S. states list the holiday as Presidents' Day. Of course, all of the 3-day retail store sales are called "Presidents' Day" sales and this vernacular has also been influential in how we reference the holiday.

Historically, Americans began celebrating George Washington's Birthday just months after his death, long before Congress declared it a federal holiday. It was not until 1879, under President Rutherford B. Hayes, that Washington's Birthday became a legal holiday, to be observed on his birthday, February 22.

Washington's birthday was celebrated on February 22 until well into the 20th Century. In 1968, Congress passed the Monday Holiday Law to "provide uniform annual observances of certain legal public holidays on Mondays." In a sense, Washington's birthday helps us reflect on not just the first president but also the founding of our nation, the values, and what Washington calls in his Farewell Address, the "beloved Constitution and union, as received from the Founders."

Although the federal holiday is held on a Monday (the third Monday of February), George Washington's birthday is observed on February 22. To complicate matters, Washington was actually born on February 11 in 1731! How can that be?

During Washington's lifetime, people in Great Britain and America switched from the Julian to the Gregorian calendar (something most of Europe had done way back in 1582). As a result of this calendar reform, people born before 1752 were told to add 11 days to their birth dates. Those born between January 1 and March 25, as Washington was, also had to add one year to be in sync with the new calendar. By the time Washington became president in 1789, he celebrated his birthday on February 22 and listed his year of birth as 1732.

If you think that George Washington chopped down a cherry tree and then admitted his wrongdoing by saying to his father, "I cannot tell a lie," think again. He didn't say it; he didn't even chop down the tree! One of Washington's biographers, made up the story hoping to demonstrate Washington's honesty.

This tale is not the only myth about Washington. His wooden dentures? They weren't made of wood. Instead, they were made of hippopotamus teeth that had been filed down to fit Washington's mouth.

Info taken from the Internet



## Under The Hood With Robinwood

By Bob McGartland

### Do You Know the Condition of Your Tires?

Driving in the winter can present different challenges when on the road. Winter storms can bring snow, sleet, ice, and freezing rain. We had a major winter storm last month where many cars and trucks slid off the road, accidents blocked highways, and, in some spots, people were stranded in traffic for 16 hours.

Things were quite a mess the second weekend in January. I am sure good tires and bad tires were a factor in whether or not a vehicle was able to stay on the road.

One of the most important things on your vehicle is the tires. I can't stress this point enough. That six-inch section of rubber is the only part that separates you from the road. If the tires are in poor condition and or improperly inflated, it dramatically decreases the safety of the vehicle.

Tires should be inspected for proper air pressure, tread depth, sidewall damage, uneven tread wear and even the age of the tire. These are all important factors in keeping tires in their most efficient condition.

Correct air pressure is critical for tires. This is the reason the federal government made car manufactures put tire pressure monitoring systems on vehicles. Under inflated tires are a major factor related to some car accidents that happen every day. When you are checking your tire's air pressure make sure that the air pressure is at the amount indicated for your vehicle. Most cars built from the early 2000's have a sticker on the driver's door post where the door closes, listing the air pressure for that vehicle. If you are not sure what the air pressure should be, a good rule of thumb for passenger cars, mini vans, light trucks and SUV's is 32 to 35 psi. In the winter, the colder temperatures result in the tires losing air quicker. Check your tires condition monthly to avoid unnecessary problems.

Checking the tire's tread depth and wear patterns are just as important. If the tread is low, the vehicle may

have a greater tendency to slide when the roads are wet or slick. Low tire tread also increases the stopping distance needed to stop the vehicle. Keeping a check on your tires helps you have better control of the vehicle and a better grip on the road.

When the car is parked you can only see the outer edge of the tire, but this doesn't tell the whole story. Many times, the tire's inner edges are completely worn down with very little tread remaining or could be worn into the steel cords. When the tires are in this condition, they are very unsafe. A good habit to get into is once a month when you park the car, turn the wheels all the way to the left or right. This will give you a full view of the entire section of both front tires. Now you'll be able to see the wear on the inner edge of the tire. Trying to get a good look at the rear tires is kind of difficult. You have to lay on the ground to get a good view of the rear inner tire.

Here at Robinwood we would be happy to inspect the conditions of your tires for free. Just stop on by; we will check your air pressure, inspect the tire's tread condition and give you an honest answer about the condition of your tires. If your tire needs a little air, we'll take care of that for you.

A few more winter driving tips. When road conditions become less than ideal, slow down. Leave plenty of space between you and the vehicle in front of you. Make sure to drive at a comfortable speed. Winter weather can change in an instant, so if you are planning a long drive, check the weather and road conditions. There is a mobile phone app called Waze that has good information on traffic and road conditions.

Since tires are the only part of the car between you and the surface of the road, always make sure they are in the best condition possible. We want to keep you and your loved ones safe when driving this Winter and in all seasons.



**PROUD**  
People Reaching Out for  
Unity and Diversity

email: proud.ferguson@gmail.com

Alan Mueller – 314.831.9300 Chuck Henson – 314.565.4829



TEAM, CORPORATE, AND PROMOTIONAL APPAREL

COTTLEVILLE, MO  
636-477-1412  
5285 HIGHWAY N

FERGUSON, MO  
314-521-9000  
6197 BERMUDA DRIVE

O'FALLON, MO  
636-240-5000  
211 SOUTH MAIN

**SPORTSPRINT has you covered! Since 1973.**

CUSTOM SCREEN PRINTING, EMBROIDERY, AND PROMOTIONAL PRODUCTS  
WWW.SPORTSPRINT.COM

## Traveling With Marveena



by Marveena  
Miller  
Shanahan

Last month I told you about Estonia, a beautiful Baltic Country located West of Russia. I was so lucky to be able to spend the week before Christmas there. It was a beautiful, snowy wonderland. Christmas Eve was spent walking downtown and listening to Christmas music at the Christmas Market, voted #1 in Europe for 2018, sampling Glogg, the traditional Scandinavian hot mulled wine, riding the Christmas train around town and visiting “Gingerbread Mania”, a gingerbread cookoff that was full of amazing, talented bakers and artist. It was the perfect way to end a vacation.

This month I am going to tell you about my two day trips from Tallin, my first excursions to Helsinki, a two-hour ferry ride from Tallinn and my second, to Stockholm, a short 50-minute flight from Tallinn. There are several ferries that run between Tallinn and Helsinki; we decided to take the early boat, 6AM. We arrived at the pier at 5:30 and as the rest of the trip mimicked, we barely made our boat. There was an issue with the way our tickets printed and like European trains, boats leave early too! We got our tickets fixed and walked on to the boat ramp at 5:45 and they were pulling the ropes already, ALWAYS BE EARLY! Once on the ferry, which was more like a small cruise ship, we settled in at the coffee shop and waited to arrive in Finland.



Once in Helsinki, we took the public train from the pier. The public transit system in Helsinki was very easy to maneuver. It was 8 Euro each and as the tickets last 24 hours, you can use for all modes of transportation. We arrived at the City Center early and warmed up in the local coffee shop; it was still dark: only lit up by

Christmas lights and streetlamps. Helsinki was beautifully decorated for Christmas – so many lights and several Christmas Markets around the city.

A brief recap about Finland. It is the eighth largest country in Europe and the most sparsely populated country in Europe. Finland is not a socialist country: it is a democracy (politically) and a capitalist (economically) system. The capital income tax rate is 30% and that is paid to the state. The tax rate on capital income exceeding 30,000 euro is 34%. Income tax on earned income paid to the local town or city (16 to 23%), paid to the church (1 to 2 %) and in addition, there is a social security charge called 'the health insurance contribution of the insured' paid by individuals (0 to 2%).

It was the shortest day of the year, winter solstice, and snowing throughout the day. It was bitterly cold, but I couldn't have asked for a more festive visit. We arrived early and walked around the city center as the sun came up. Unfortunately, there were no tour options the week leading to Christmas, so we rode the public trains all around the area. We would get off one train and ride another until we had seen the entire town. We found three Christmas markets – the most festive window decorations anyone could imagine and delicious Christmas cookies. We decided on a dinner spot and the menu featured reindeer, kangaroo and elk. If you know me, you know there is probably not much I am going to eat, but the drinks were delicious, cheese sticks were not bad. We hopped on the last train and behold, we found the biggest and best Christmas Market yet. We walked around and listened to the Christmas Music, people watched and sampled more cookies. We finally headed back to the pier and waited for our 10pm boat ride back. The Sun-



day before Christmas we headed to the airport for a 7AM flight; it's a short 50-minute trip to Stockholm from Tallinn and with the time change we arrived at 7AM. The Stockholm airport is beautiful and easy to navigate; they have several options to get downtown, a bus that takes about 45 minutes or a train in about half the time. It was a Sunday at 7AM. I chose the bus as we were not in a hurry to get anywhere. It was cold and snowing and still dark

when we arrived at the downtown bus stop. it was another winter wonderland. We bought tickets for the hop-on hop-off bus and with a few hours to spare we hung out at a local coffee shop and watched the locals. We loaded onto the bus and toured the city. I had purchased the additional boat tour and it was well worth it. The boat was warm and cozy and the views from the waterfront stunning. The only other time we got off the bus was for a delicious lunch across from the Sunday market. Lunch had my three favorite food groups, bread, cheese and tomatoes – pizza this time, but as you will soon learn my food on vacation is usually some sort of these three food groups. The tour ended, and we grabbed our table for my favorite part of Stockholm, The Ice Bar!



It is recommended that you reserve a time, but we didn't, and we lucked out when there was room. Once you change in to the required cloak and gloves you enter through double doors and you are immediately hit with the loudest punk music and ice-cold breeze. Everything is ice, the bar, the glasses you drink out of, the seats. It was small and after you walk around, there isn't much else to do. The drinks are delicious, the carvings were impressive and after about 10 minutes it was time to warm up. After that we headed back to the airport for our flight. As I stated earlier, the Stockholm airport is exceptionally nice, we had dinner at the Taco Bar and waited for our flight.



The capitol in Helsinki.

A little about Sweden: An independent Swedish state emerged during the early 12th century. The Black Death in the middle of the 14th century killed about a third of the Scandinavian population and

threatened Scandinavia's culture, finances and languages. The last war in which Sweden was directly involved was in 1814 with Norway and since then, Sweden has been at peace, maintaining an official policy of neutrality in foreign affairs. Sweden was formally neutral through both world wars and the Cold War, and has, since 2009, openly moved towards cooperation with NATO. Sweden joined the European Union on 1 January 1995. It maintains a universal health care system and a tertiary education for its citizens. It has the world's 11th highest per capita income, is the seventh-richest country in the world in terms of GDP (gross domestic product) per capita and its citizen enjoy a high standard of living. Sweden ranks high in numerous metrics of national performance, including quality of life, health, education, protection of civil liberties, economic competitiveness, equality, property and human development. It is important to remember that Sweden is and has always been a solid market economy.

The Baltic Countries are beautiful, and I know people think I was nuts to visit them in winter, but they were so beautiful in the snow and decorated for Christmas. I was struck by so many things on this trip, a group of men having beers after shopping and still smiling, the lack of electronics, kids playing with toys and not cell phones and the peacefulness of the holidays. The coffee shops were always filled with friends laughing and smiling. I think this is what Christmas is supposed to be. I have included pictures of Stockholm and Helsinki. I hope you enjoy

Until next month . . . “To Travel is to Live” – Hans Christian Andersen

# Get Well

Family Chiropractic  
For Pediatric Development  
& Adult Health

**Dr. Robyn Lawrence**  
**314-524-2580**

dr.robyn@getwellfc.com

**580 No. Highway 67 (Lindbergh)  
Suite 5, Florissant, MO 63031**



## Dear Patient and Friend,

Frequent headaches can disrupt your daily life. If your discomfort is caused by neck or back pain, the team at Get Well Family Chiropractic is here to lend a hand. Based in Florissant, their chiropractors utilize advanced tools and knowledge to get to the bottom of neck pain, back pain, and headaches and offer effective treatment solutions. Their contact reflex analysis technique employs spinal adjustments with nutritional guidance and pressure point therapy to set the body back into balance.

If you want to learn more about their back and neck pain treatment services, visit them online. You can also schedule an initial appointment by calling (314) 524-2580 today.

*Dr. Robyn's Office Hours:*

*Monday, Wednesday, Thursday 9:30 am to 1:00 pm – 3:00 pm-6:00 pm  
Tuesday, 3:00 pm to 6:30 pm*

January 9th, 2019 meeting minutes  
Reported by Keith Kallstrom  
( Keith.Kallstrom@gmail.com )



Asst Chief Al Eickhoff opened the January 9th, 2019 meeting of the Ferguson OnWatch, welcoming everyone and handed out the December 2018 Ferguson Crime Review. The attendees asked questions on events happening all over Ferguson, and he responded with information on each request. This time the report was sorted by Sector of Occurrence.

The main topic for the month was BURGLARIES, which consisted of 14 events. Burglars look for the easiest targets. Burglars don't like Alarm Systems, Dogs, Lights, or a homeowner with a gun.

Opioid deaths are up. In years gone by, drug users would do drugs on or near Florissant Rd or West Florissant, and become unconscious. These users were found easily by the police who would administer Narcan. Now they are doing their business in vacant buildings and not being found for days.

### Speeders Beware

A new Traffic Plan is being formulated. We have 4 new Chargers cars in stock. Two of them will include Canine Units. Once we have enough people, we'll put an officer in that car to strictly run radar. We're planning on addressing Chambers, Elizabeth, and West Florissant initially.

### Officer Shortage Situation

We've been losing our middle core of officers due to retirements and transfers to other higher paying departments. We have applications coming in, and we still have to do background checks, polygraphs, and drug testing. The applicants are also reviewing their options with other competing police departments. Do we need more officers? Absolutely, but we need good officers.

### Do not leave your car running

Car thieves look for cars that are warming up, unattended, or cars that are running while being filled with gas. The winter, with its cold weather, brings out more of these kinds of auto thefts. If they try to rob you of your key fob, don't toss it away, they'll shoot you in retaliation. At the gas station, turn the car off and lock it prior to gassing it up.

### Doorbell Surveillance Systems

Blake Ashby reported that 80% of property crimes start at the front door. Doorbell cameras have proven to be an effective deterrent and tool for law enforcement. Ring has a promotion where a \$40 discount will be given if purchased through your neighborhood group. Pricing on www.Ring.com would be \$159 after rebate on Video Doorbell 2, or \$209 on Video Doorbell Pro. Additional pricing is available for Video Doorbell Elite, Spotlight Cam, Floodlight Cam, Stick up Cam Wired and Alarm Security Kit. Additional information on purchasing these systems can be obtained from blake.ashby@adjudica.net. Other competing video doorbell systems, like the Geree Smart Video Doorbell model (made in China) can be found at support@gereechina.com .

### Police Dispatchers

We need additional trained dispatchers. Your call, if not answered by a Ferguson dispatcher, will transfer to a St. Louis County Dispatcher. We need personnel to be trained in the MULES system, and we need training instructors. For the short term we can use St. Ann's training site for new dispatchers. If we can't get enough dispatchers, we may have to contract out for that service.

### Calea Certification

Our PD is working on obtaining Calea Certification. St Louis County is already Internationally Calea certified. The same policies that are under the Calea model are some of the same ones that the DOJ endorsed, with minor wording changes.

### Next meeting date

Our next Ferguson On Watch meeting is **February 13th**, 7:00 PM at City Hall. Have a safe month!



Congratulations Chad Fogue, on your recent promotion as Fire Captain. Chad was officially pinned by his wife, Lindsey Fogue, during the City Council Meeting held January 8, 2019. Captain Fogue has been with the City for 8 years and we couldn't be more proud.



# TAI CHI

**Self Healing  
Movements**

**Thursdays  
1:30 to 2:30 pm**

**St. Stephen's Church,  
33 No. Clay, Ferguson**

**\$10 per class suggested  
donation**

**Call 314.645.6112**

24 Hour Service  
KEEP THE **COLD** OUT  
THIS WINTER!



**BEEN IN  
BUSINESS  
32 YEARS**

**LOW  
RATES,  
NO WAITS!**

**Furnace Check Up  
Special!**

**\$69.95**

We're looking to make  
Customers not Fortunes!

jdbcooling.com

**JOHN BAKER**  
HEATING & COOLING  
**\$10 off your  
next service.**

Call (314) 878-6228 for details.  
We also do water heaters

## Compassionate Staff, New Friendships, and Memories to Last a Lifetime.



Affordable, SPACIOUS Senior Living with  
Independent & Residential Care Apartments.

**DeSmet**  
Retirement Community

1425 N. New Florissant Rd.

Florissant, MO

**314-838-3811**

RCF License #041987



## “Come With Me, I Have To Show You Something You’ll Never Forget”

By James Morales ©

In 1942, for reasons known only to a few, my father Santiago, or “Jimmy”, and his older brother Joe were sent to a Catholic orphanage in Lawrence, Kansas. Joe, being 3 years older than my father, was more of a free spirit than my dad, so going to school at the orphanage was a bit of a stretch for Joe.

My father and his older brother Joe, being of Mexican descent, were a minority at the orphanage. Consequently, they were treated a little differently by their classmates and staff. It was for that reason Joe would skip school and would take a beating for his infraction. Joe would ask my Dad to come with him but as far as my Dad was concerned, the consequences out-weighted the risk.

Joe would skip school and wander about the town, telling my father about his adventures and to what lay just outside the fence. There was a Soda Shop, Movie House, used car dealership where Joe would sit in the cars dreaming of the day . . . and a confectionary all within a mile walking distance of the orphanage. Joe would go to the movies and tell my dad all about them. Movies like “Casa Blanca®”, “The Pride Of the Yankees ®”, “The Ghost of Frankenstein ®”, and many others. Dad liked to hear about the scary ones, or as my dad put it, the “chiller” movies. Late at night Joe and Dad would sit in bed together and Joe would quietly regale his day to my dad, sometimes giving my dad some candy that followed him back to the orphanage against its’ will. Where Joe got the money for his travels remains a mystery to this day.

Things continued like that for a year or so: Joe skipping school and getting “what for” for it and so on. One day when dad was 7 or 8 and Joe 10 or 11, Joe showed-up in between classes and told my father, “Jimmy, come with me. I have to show you something you’ll never forget! We have to hurry! Come on!” Joe and Dad looked around to make sure the coast was clear and slipped out of the door unseen.

My dad, knowing a beating was coming his way if they got caught, was starting to have second thoughts. Dad asked Joe:

“Where are we going?”

“Don’t worry about it! I am going to show you something that you will never forget your whole life”, Joe replied.

“What is it?” Dad asked.

“It’s up here a ways and we better hurry or were going to miss it so hurry up with me!”

“But what is it?” Dad asked again, louder this time.

“It’s just up there! We have to run before it’s too late and it passes by!” Joe said with a voice of urgency.

“But I want to know WHAT IT IS!” Dad said in his best 7 year old demanding voice.

“Be quiet Jimmy, were almost there! It’s right across that street up there by that bridge. Hurry Jimmy you won’t ever forget it!”

The brothers raced across the street, avoiding moving cars going both directions. When they got there, they were not alone . . . far from it. They were at the train tracks with steep embankments on each side and the tracks running down the middle. Hundreds of people were sitting there on both sides looking down the tracks, waiting for something: men and women from all walks of life, policemen, firemen, postmen, men in suits and men in coveralls, the young, the old and all of those in between. Some men had medals pinned on their chest from their lives as younger men from a time not that long ago.

Half out of breath, my dad asked Joe, “What is it?”

“Just wait, it will be here soon. It’s coming - just sit down and wait here. Look down that way and you’ll see it. You’ll never forget it!”

My dad looked around at all of the people around him, some holding flowers, and some holding handkerchiefs. Then, in the distance came the sound of a whistle - a train whistle and everyone stood up. Dad and Joe looked down the tracks and saw the light of the locomotive way down the track coming their way. As it drew nearer, the people got louder and held onto one another.

The train slowed as it drew nearer, going about as fast as a horse could trot. Out of the windows of the train were outstretched arms of young men in uniform – Army, Navy and Marines. It was a troop train, transporting new troops to the west coast to fight the Japanese.

As the train rolled by the crowd erupted into a collection of tears and cheers. Women throwing flowers and blowing hugs and kisses to the soldiers and the soldiers returning them in kind. “I Love you!” “Be careful” and “God be with you” rained down on those brave young men.

My father and his brother waved and cheered with the others but my father couldn’t help but think that some, if not most of those men would never come home again. Sorrow crept its’ way into his heart as the endless cars laden with brave soldiers rolled by, all waving and cheering, and all going to a far-away land to an uncertain fate, known to their comrades in arms as “Buddy” or “Pal” but to those who loved and lost them as son, brother, daddy, or husband.

The whistle blew as the train picked up speed as it made its way west, with a group of Marines manning the caboose, cheering and sharing a bottle of booze that was thrown to them as they passed by. Then they were gone.

My father and Joe fell silent, hearing only the sobbing that remained as the crowd dispersed. They walked back to the Home knowing that a beating awaited them when they got back, but a beating they would take. It was a small price to pay compared to what the future held for those brave young soldiers going into harms’ way.

They got back and were met at the front door by the Sister Mary Ephraim, the principal of the school and the “Person of Consequence” of the orphanage. When asked where they had been, Joe and my dad thought it better to tell the truth, if for nothing else than to lessen the severity of their discipline. After listening to them, Sister Mary Ephraim spared them corporal punishment for what they had done. Their punishment was to say the Rosary and pray for the soldiers they saw. Later in life, my father learned that Sister Mary Ephraim fled Germany with her order in 1933 and had lost a brother in WW1 while serving in the Kaiser’s army.

My father went to bed that night wondering about the soldiers and the other things that he had seen. He lay there in his bed on that quiet night immersed in his thoughts. There in the distance, late that night, he heard the haunting sound of a train whistle. He knew what the train was carrying and where it was going. Sorrow followed him in his sleep.

Later on in life in the early 50’s, my father would serve his country in the U.S. Navy. He served as a Radio Man second class on a LST, (Landing Ship Tank) in the Korean Theater. Whenever his ship made a landing, and the Marines and tanks went ashore to their uncertainty, he thought about the troop train long ago and what his brother had told him: “I am going to show you something you will never forget!” and he never did. The faces of those brave soldiers he had seen as a boy, and the Marines he had served with as a sailor stayed with my Dad all the days of his life, just like his brother Joe said it would.

*Note: The author is a former Ferguson resident. He attended Ferguson Florissant Schools from Griffith to McCluer High School where he he was class president his senior year.*

### Leaf Vacuuming Service

**RAUCH’S LAWN  
SERVICE**

**314-524-8297**

<rls11nqtr@aol.com>



You bring your leaves to the curb (not in the street) and then give us a call. We will vacuum and dispose of them. You have no backaches, no bags.

## See the Stars With Our Telescope

The Ferguson Public Library has a TELESCOPE available for you to check out!

Visit the library or call 521-4820 to place a request today.



Using a pen and made a mistake?  
Take the outside of the cucumber and slowly use it to erase the pen writing.

*(I tried this on my ipad, and it just made a mess.)*



February, 2019  
By Bob McCarty

I was emailed this article from a fellow window restoration contractor. As is mentioned in his article, I also am seeing these changes in how owners of older homes who are not just looking for an easy, cheap fix for their windows as well as all of their restoration needs. I'm going to sit back this month and let Brooks take you through some interesting facts that have been working their way back to the surface. By the way, Re-View Windows does the same type of work that BobonJob does except on a much larger scale.

With that, take it away Brooks.

**This Trend is Sustainable**  
By Brooks Gentleman, Re-View Windows

Sometimes trends in the construction industry are reflected in the strangest of places. I read an article about how the H&M clothing store is struggling. For those of you who don't have teenage daughters who are always looking for cheap and stylish clothing, H&M is renowned for selling low-priced, trendy clothing that might last for one season. They have mastered the trade of selling disposable clothing. The fact that their sales are down reflects a consumer trend that is moving towards quality and sustainability rather than fashion. Consumers are being drawn towards classic designs that will last for decades. Recently, I have seen this same trend towards quality and away from throwaway building materials gaining momentum in the construction industry.

For the past thirty plus years, the construction industry has concentrated on how to deliver a structure for the lowest possible price. This obsession with lowering cost has driven manufacturers to pursue cheaper materials and designs, and owners to squeeze every penny from the bidding process. This "price is king" mentality consistently drove down quality of design, materials, and labor to a point where class action lawsuits became the resulting profitable industry. Just like the cheap blouse at H&M, windows, hardware, appliances, plumbing fixtures, lighting, etc. are designed to reside in the landfill after satisfying a ten-year warranty. But a growing dissatisfaction with cheap construction practices has given birth to a refreshing trend towards sustainability.

I first saw this movement towards quality reflected in my business. Re-View Windows restores historic windows and manufactures historic replica windows that are designed to perform for centuries. Our business model is based upon quality, not price, and over the past 25 years, we have seen a consistent demand for business. Our products are also designed to be easily maintained to extend the life over several generations. One doesn't have to look far for other examples of the drive towards quality and sustainable design:

- The Green Building Movement which has previously focused on energy efficiency has expanded to concentrate on sustainability and recyclability. The life cycle of a building is a critical factor in this program.
- The use of recyclable materials is expanding in all areas of the construction industry with materials such as aluminum, glass, and wood gaining acceptance at the expense of petroleum-based products like vinyl.
- The glass industry is shifting its priorities from energy efficiency to quality. "We became myopic about energy efficiency... now we are starting to think in terms of life cycle," said Mic Patterson of Schuco USA.
- The need for increased strength has long driven the concrete industry for years. Now, due to the escalation in repair and replacement costs, manufactures are paying more attention to durability than strength.
- Commercial project bidding practices are evolving as evidenced by the increasing popularity of the Integrated Project Delivery (IPD) method. Rather than basing the reward of a project on lowest price, this method connects the owner, design team, and key subcontractors to work together from design through implementation.
- Building Information Modeling (BIM) has adopted a "circular construction" model where materials stay in play longer, getting reused or recycled whenever possible. Buildings are being viewed as "material banks" and the bill of materials captured by BIM facilitates reuse.
- The use of independent quality control of construction processes is more widely used than ever before. At Re-View, for example, we have glazing, finishes, sealants, and other elements tested by independent agencies on a regular basis.

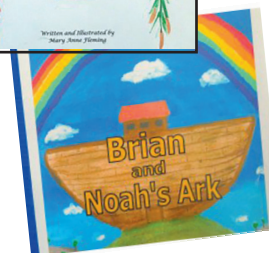
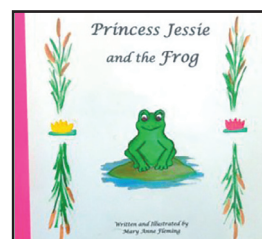
I'm greatly heartened to see this trend toward better-quality and more sustainable construction practices gain a foothold. It's been missing for far too long, resulting in added job expense in the form of rework, missed deadlines, and shoddy workmanship. When construction quality suffers, the industry as a whole suffers. I'm hopeful that as we move into 2019, we'll see a greater emphasis on quality control and personal ownership of all aspects of the end product. For now, since my daughters are both grown, I'm just glad my days of purchasing sub-standard clothing at H&M are over.

Thank you Brooks, until next month, BobonJob is still working on exciting and interesting items for his next article.



### Personalized Photo Storybooks

Welcome to my Personalized / Photo Storybook Shop  
For boys and girls, near the ages of 4 to 8 years



Choose from a number of fantasy stories depicting your special someone as the main character who is helpful and kind. For an added surprise, your special someone's photo will be superimposed into all the colorful story illustrations.

Shop:  
[www.FunStorybooksEsty.com](http://www.FunStorybooksEsty.com)  
email:  
[MaryAFleming@yahoo.com](mailto:MaryAFleming@yahoo.com)

*Note; Mary Anne was born and raised in Ferguson*

Join us for a night of dinner and dancing as we travel to Cuba for our annual BLOOM gala at the Four Seasons Hotel St. Louis.



**SAVE THE DATE**  
**3.8.19**

FOUR SEASONS HOTEL STL  
EVENT CHAIR: *Roseanne Henkel*

FOR MORE INFORMATION  
OR TO SPONSOR A TABLE:

Courtney Noto  
314.830.6209 • cnoto@mgstl.org

MARYGROVECHILDREN.ORG

Proceeds from the evening help over 1,300 youth impacted by abuse, neglect and other trauma, stabilize their lives and move towards a healthy, self-sufficient future. Some of the evening's highlights will feature a silent and live auction, live entertainment from Griffin & the Gargoyles! For more information regarding tickets or sponsorships, please visit [www.marygrovechildren.org](http://www.marygrovechildren.org) or contact [gballard@mgstl.org](mailto:gballard@mgstl.org).



NOW SHOWING



SATURDAY, FEBRUARY 2  
6PM - 9 PM

Come for the comfy seats and every imaginable snack. Stay for the friendship and real conversation. Call 314-521-5694 for tickets or stop by St. Peter's Church. Tickets are free.

This month's discussion topic is Joy!

Joy is the emotion evoked by well-being, success, or good fortune, or by the prospect of possessing what one desires.

What causes you to experience joy?

**St. Peter's UCC – 1425 Stein Rd. – Ferguson, MO 63135**



**FRIDAY NIGHT CONCERT SERIES**

Friday, February 15

**Steve Ewing**

(Lead Singer of The Urge)



EMISSIONS TEST  
**\$18**

(Reg. \$24)  
Only at Ferguson Motors  
coupon expires 2-28-19

32 North Florissant Rd.  
Ferguson MO 63135

**314-522-0013**

Ferguson Motors has been in business since the early 1920's.  
Locally owned and operated.

Call Kevin or Brandyn

**\$10 OFF**

Any service over \$100  
Only at Ferguson Motors  
coupon expires 2-28-19

**Ferguson Motor Service**



**FREE TUTORING**

**TUESDAY 3:30-5:30**

**THURSDAY 3:30-7:30**

**SATURDAY 11-1**

**NO REGISTRATION REQUIRED!**



Ferguson Municipal Public Library

35 N. Florissant Rd.

(314) 521-4820 - [ferguson.lib.mo.us](http://ferguson.lib.mo.us)

## VISIT ANY OF OUR FERGUSON RESTAURANTS!

**BAKED**  
WOODFIRE PIZZA JOINT  
235 South Florissant Rd.  
Ferguson  
(314) 736-1810  
Baked-Pizza.com

**VINCENZO'S**  
ITALIAN RISTORANTE  
242 South Florissant Rd.  
Ferguson  
(314) 524-7888  
VincenzosSTL.com

**CORK**  
wine bar  
423 South Florissant Rd.  
Ferguson  
(314) 521-9463  
CorkFerguson.com

**FERGUSON**  
BREWING COMPANY  
RESTAURANT & PUB  
418 South Florissant Rd.  
Ferguson  
(314) 254-7359  
FergusonBrewing.com

**1 ROAD.  
2 BLOCKS.  
4 GREAT CHOICES.**

## Have a Party at the Zoo?

The Saint Louis Zoo provides an unforgettable setting for your special event – whether a wedding, corporate meeting or class reunion. Flexible in design and accommodating by function, the Zoo's event facilities can at once be the site of a Paris bistro, an exotic garden, a moonlit veranda or a business forum. Whether your event is for ten people or 10,000 the Zoo's superior services, meticulous planning and attention to detail will make your event a memorable one.

To have a Saint Louis Zoo representative contact you about pricing, availability and the details of your event, contact us at 314-646-4855, [rentals@stlzoo.org](mailto:rentals@stlzoo.org)



## Take a Private Animal Tour

Your group can share an experience like none other: behind the scenes at the Saint Louis Zoo. Get a peek at what it's like to be a zookeeper. See the animals up close and personal. Each tour provides the enthralling, breathtaking experience of seeing the world's dramatic wildlife up close.

As part of your zoo experience, you will first be met with one of our knowledgeable Volunteer Tour Guides who will lead you on a 10-15 minute walking tour of the zoo. While on your way to your tour destination, they will discuss some of our zoo history, fun facts, new exhibits and more. Upon arrival to your tour area, you will have the opportunity to speak with our animal care staff one on one, learn about the animals, our conservation initiatives and the Zoo's mission.

### Big Cat Tales

Visit the world's largest big cats, the noble African lions or the majestic Amur tigers "up close and personal" at Big Cat Country with a zookeeper. Learn about their training, enrichment, animal husbandry and conservation in the wild.

Minimum of two guests and a maximum of 10.  
Meeting times: 10:45 a.m. or 1:15 p.m.  
Duration: ~ 45 minutes  
Fee: \$60 per person  
Age Requirements:  
Age 8 and up



Also Tours of Birds of a Feather and Chirping Cheetahs

## Sherlock's Pal

A few days before the snowapocalypse hit in January I made a tactical blunder.

My wife and I took a quick trip to Texas before checking the weather forecast. We had already decided to fly down to my hometown to see my widowed mother, our two grown daughters, four grandchildren and about fifteen other relatives. I also flew down there to reconnect with my mom's Chihuahua named Chaz. Chaz thinks I am my dad, who passed away about a year-and-a-half ago. This does not make me feel special because Chaz also thinks my brother, Jeffrey, is my dad. Apparently there is some resemblance between the three of us, although I don't see it. I'm much more handsome than they are. Nevertheless, I'm curious to see what will happen if and when Jeffrey and I pay mom a visit at the same time. That might be a little too much for his Chihuahua brain to handle. I suspect he won't stop spinning around in an endless, futile attempt to chase his tail.



I am a pastor, so I only had one requirement before taking off for an end-of-the-week trip: to get back home before Sunday. Somewhere in my contract it says that I am supposed to preach and lead worship on Sunday. My congregation is fairly demanding on this point. They don't allow much wiggle room. So that was my plan. Unfortunately, you know what they say about best laid plans. Or maybe you don't. If that's the case, allow me to enlighten you.

"Best laid plans" is the shortened form of "the best laid plans of mice and men often go awry," which is a translation from Robert Burns' 1785 poem, *To A Mouse, On Turning Her Up In Her Nest With The Plough*. His original text read: "The best laid schemes o'Mice an' Men,/Gant aft agley." Obviously, Burns had poor grammar and couldn't spell.

According to legend, Burns was ploughing in the fields and accidentally destroyed a mouse's nest, which it needed to survive the winter. This made him feel bad. Burns' brother claimed that the poet composed the poem while still holding his plough. Sounds like he just needed a Dr. Pepper break.

"Best laid plans," according to someone who wrote something on the internet, is an idiomatic (not idiotic) proverbial expression used to signify the futility of making detailed plans when the ability to fully or even partially execute them is uncertain. In other words, don't fly in the winter months if you don't have to.

By the way, my flight home was cancelled on that Saturday. (I should have led with that.) I arrived home after midnight on Sunday evening, which theoretically is Monday morning. Fortunately for me, although not fortunately for the sheep of my flock that were itching for a good sermon that morning, the snowapocalypse led to the cancellation of worship at our church. As the author of another popular idiom put it: I was now off the hook!

I'm sure all of you can tell stories about how your best laid plans have gone awry. Some of you might even be able to tell stories about how the best laid plans of your pet mice went awry, although I have no idea how to determine the plan-making schemes of mice. I'm sure it's all about capturing the cheese without getting their heads squished.

Dr. Jimmy Watson

Pastor, Immanuel United Church of Christ, Ferguson, Missouri  
Please contact me at [sherlockspal@yahoo.com](mailto:sherlockspal@yahoo.com)

## Ashley's Ultimate Cleaning

• Cleaning • Decorating • Party Hosting • Organizing  
MOVING?

Ashley can clean your house so that it looks ready for sale, party, or just because

**Gift Cards**

Birthday? Graduation? Anniversary?  
Gift Cards are always the right size and color

**Call Ashley**  
**314-732-3477**



Ashley is a Lifelong Ferguson resident



**Challenger**<sup>®</sup>  
LEARNING  
CENTER  
ST. LOUIS

## Inspiring Teacher Awards

On January 31, 2019, seven teachers will be recognized at the Challenger Learning Center's Inspiring Teacher Awards event. These awards are in honor of the seven Challenger Space Shuttle astronauts whose legacy of inspiring the future generation of explorers and innovators continues through Challenger Learning Centers around the world. Tickets cost \$15 per person and can be purchased in advance.

Award recipients were nominated by a current or former student who was inspired by them to pursue a STEM career. This year's Inspiring Teacher Award recipients include:



Rita Beard  
Central Elementary School  
nominated by:  
Heather Robinett



Albert Harrold  
McCluer South-Berkeley High School  
nominated by: Chayla Graham  
and Tiffany Campbell



Anissa Parisi  
Carr Lane Middle School  
nominated by: Geralle Powell



Jodie Fowler  
Lafayette High School  
nominated by: Natalie Phelps



Missy Kelly  
Warren Elementary School  
nominated by: Jordan Banze



Gloria Patterson  
Jennings Middle School  
nominated by: Jerome Lewis



Pamela Phelps  
Oswego High School  
nominated by: Alissa Cullen

## The Ferguson Computer Corner

by Doug Neely BE MY VALENTINE!



FEBRUARY, 2019

i am sure that all of us are looking forward to this month's loving holiday: Valentine's Day! and that would, as always, be celebrated on the 14th. let me be the first to wish you a HAPPY VALENTINE'S DAY! i hope you all get your Valentine(s)!

also, remember that the end of this month is the end of my 1/3 off labor charge. if you need work done on your puter, make an appointment soon.

I Got An Email From Microsoft, dept. and they want to wish us all a happy new year. so, you have been officially notified, even tho they should've told us last month! :)

anyhow, let me share with you a few items from that email.

### 1. Tips & Tricks

Microsoft To-Do, Cortana and Outlook.

Automatically sync your tasks, lists and reminders from across Microsoft To-Do, Cortana, and Outlook into one, convenient to-do list.

GO HERE: [https://insider.windows.com/en-us/articles/microsoft-to-do-and-cortana-integration/?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=201901-NL42&utm\\_content=WIP\\_Body\\_TimeManagementFeature](https://insider.windows.com/en-us/articles/microsoft-to-do-and-cortana-integration/?utm_source=newsletter&utm_medium=email&utm_campaign=201901-NL42&utm_content=WIP_Body_TimeManagementFeature)

### 2. Say hello to the new Office app for Windows 10.

See all your Office apps in one place, view recent and pinned documents, and use the integrated Microsoft search to find people or documents quickly.

GO HERE: <https://docs.microsoft.com/en-us/windows-insider/at-home/whats-new-wip-at-home/#introducing-the-office-app-for-windows-10-build-18305>

### 3. New Bing features ready to preview.

Bing visual search now supports multi-object search by using multiple faces in an image to retrieve group photos. Try it now on bing.com or with the camera feature on your Bing app on your mobile phones.

GO HERE: <https://www.bing.com/insider/?FORM=BIWIMA>

i hope you find the above helpful, and i hope you find the below tasty! :)

### 30+ Homemade Valentine's Day Treats Everyone Will Love, dept.

cookies, brownies, cupcakes & all kinds of sweet sweets! all from Good Housekeeping, because they want you to be sweet on Valentine's Day!

GO HERE: <https://www.goodhousekeeping.com/holidays/valentines-day-ideas/g872/valentines-treats/>

### 25 No-Bake Valentine Treats for Kids, dept.

i think that i'll have the strawberry cheesecake!

it looks GOOD! :) (this is from Shari's Berries.)

GO HERE: <https://www.berries.com/blog/25-valentines-day-treats-for-kids>

### Parenting's Easy Valentine's Day Recipes for Kids, dept.

the calzone recipe for kids looks good enough for the adults! and the others look tasty too!

GO HERE: <https://www.parenting.com/gallery/easy-valentines-day-recipes-kids?page=0>

### ME GO NOW!

i hope that you all have a Happy Valentine's Day, and if you decide to fix some of the above Valentine's Day recipes, let me know, and i'll be right over! :) i better go get ready for all the excitement right now! :) God's blessings to all!

...it is now safe to turn on your computer!

IF YOU would like to ask Doug for some of his World-Rekowned FREE puter advice, email him at: [fergusoncomputercorner@aol.com](mailto:fergusoncomputercorner@aol.com) MAKE SURE TO INCLUDE YOUR LOCAL TELEPHONE NUMBER, AND PUT THE PHRASE I NEED PUTER ADVICE INTO THE SUBJECT LINE, OR THERE WILL BE NO ADVICE. just sayin'. For those who want to justify their phone useage, call him at \*314\*521\*1789\* anytime during the afternoon or evening hours. (The answering machine answers on the 2nd ring. Just hold on until you hear the beep, and leave your short message. Disregard the outgoing message; it's not for you!) Doug wants to know if you will be his Valentine! :)

**ROBYN L. STRANQUIST**  
ATTORNEY AT LAW

**314-808-5666**

LICENSED IN  
MISSOURI & ILLINOIS

# Artful Considerations

by Robin Shively



"The snow was endless, a heavy blanket on the outdoors; it had a way about it. A beauty."  
 – Cambria Hebert, *Whiteout*

Have you ever gone to the zoo on a cold winter's day? If not, you are truly missing a special experience! The cold climate animals, usually lethargic in the summer heat, come to life with activity. The polar bears, Antarctic penguins, and Arctic seals, playfully frolic with the change in weather and arrival of snow. I enjoyed a similar seasonal transformation on a walk through the snow at Jeske Sculpture Park. The addition of snow, along with the less intense winter light alters the viewing experience. The utilitarian bases are covered and the tall sculptures appear to rise from the snow, while the low pieces seem to snuggle into the snow.



There are four new pieces at Jeske Sculpture Park. Photos of two of them were included in last month's column, but I photographed them again in the snow. The tall Wood Sculpture is by Rachel Viola Bordon, an American artist who grew up in India. She left studies and a career in biochemistry to study art, beginning at St. Louis Community College and receiving her Bachelors from Washington University. She sculpts in a variety of mediums including paper, wood, metal, ceramic and found materials. Her website quotes Viola, "When I pick up a medium, I ask a series of questions. What is it? Why is it that way? How was it made? Where did it come from, and what is the evidence of that past? The

history carries a mark, which not only dictates form, but also pattern." Visit [www.violabordon.com](http://www.violabordon.com) to read more about Viola and her creative process. Looking upon the low, humped sheet metal sculpture covered with snow brings to mind the image of an igloo. This and the other new sheet metal sculptures were created through a collaborative project by Washington University under-grad students about 6 years ago. They are on loan from the city of Granite City, Illinois. The tall yellow sculpture, aptly titled "Peg-board Hook" is by artist Andrew Mondborne, who just finished his undergraduate degree at Washington University. I encourage you to take a winter's walk to view the sculptures at Jeske Park, as well as take advantage of the following opportunities to interact with art in our community this month.

Ferguson Youth Initiative (FYI) explores a Black History theme at its SLAM event on **February 1st**, 6-9pm.

Good Shepherd Arts Center (GSAC) will open "History in Technicolor: North County Students Reflect on Black History Month" on Saturday, **February 2**, with a reception from 4-6pm. For this exhibit, invitations were extended to art classes in North County districts including Ferguson-Florissant, Jennings, Hazelwood and the Federation of Catholic Schools in the Northeast Deanery. In addition, the organization "ArtHealLove" has invited its scholars to contribute work for the show. The show will run through Saturday, February 9. GSAC's hours are: 10am-5pm on Wednesdays, Thursdays and Fridays; and 11am-5pm on Saturdays. Other hours can be scheduled by arrangement.

GSAC is organizing an "art drive." "Come to the Table: Serving Up Hope" is a benefit to raise awareness of and funds for United People Community Organization, Market & Urban Farm, an outreach project of Greater St. Mark's Family Church. Sales from this show will be split: 50% for the artist and 50% for UPM. Good Shepherd Arts Center will not collect a percentage from sales. Art will be given to the buyer at the time of purchase – and will continue to accept art through Saturday, April 13. GSAC will accept art from professional artists, hobby artists, youth and children and anyone else who would like to participate. The show will open with a reception on March 30th and run through April 27th, excluding April 18-21. For more information about this event please



contact Glynis Mary McManamon, RGS, at 314-522-1155 or [info@good-shepherdarts.org](mailto:info@good-shepherdarts.org).

Ferguson Library presents Valentine's Day cards craft-making nights on Mondays, Feb. 4th and 11th. Participants may choose to donate their cards to be delivered on Valentine's Day to homebound library patrons. The library hosts a Quilt Show featuring creations by Ferguson and St. Louis County residents on Friday, Feb. 8th, from 10am-7pm, and Saturday, Feb. 9th, from 10am-3pm. Also, on Feb. 9th, artist Ryan Barnum will be creating art in the main lobby of the library.

Bermuda Project Exhibition Series, hosted by Sculptureworks Ferguson, has two scheduled upcoming exhibits. A group show: Amaryllis, Anya, Tenaya opens **Saturday, February 23rd**, and a solo show featuring works of Maria Fragoso, opens Saturday, March 23. The Bermuda Project Exhibition Series is managed by Ryan Doyle.

Call for Artists! The Ferguson Municipal Public Library seeks local artists to highlight during their monthly event known as "Created in Ferguson". If you would like to be featured, please contact Rachele Brandel at the Ferguson



[rbrandel@fergusonlibrary.net](mailto:rbrandel@fergusonlibrary.net).

Please send me information about Ferguson artists and art events at [cornersframing@gmail.com](mailto:cornersframing@gmail.com) to be included in this column.



Join us in making  
**Valentine's Day Cards!**  
 on  
 Monday  
**Feb. 4th & Feb. 11th**  
 from  
**5:00pm-7:00pm**  
 Participants can take their creations home  
 OR  
 donate them to our library homebound patrons!  
 Supplies will be provided!

The library will be accepting donations of Valentine's Day cards for our homebound patrons until Feb. 13th!

For more info, contact Rachele at [rbrandel@fergusonlibrary.net](mailto:rbrandel@fergusonlibrary.net)



## Gift Idea!

The Ferguson Sunset over the Whistle Stop photo is available for purchase for a \$25 donation to the Ferguson Youth Initiative (FYI), plus the cost of framing of your choice by emailing Robin Snively at [cornersframing@gmail.com](mailto:cornersframing@gmail.com) or calling 314-495-7452  
 Photo by Tim Larson

## The Best of Ferguson

by

Ruffina Farrokh Anklesaria, M.A.

### Volunteers of the I Love Ferguson Shop and the I Love Ferguson Committee

*"It was the worst of times, it was the best of times."*

A Tale of Two Cities, Charles Dickens.



This quote comes to my mind as I reflect on the events that unfolded in our sleepy little town on 9 August 2014, that awakened us from a suburban slumber that showed us both the worst and the best in human nature. As the name of this column suggests, I will focus on the Best!

The second week into the drama, residents received an email inviting us to come together to make signs saying "I Love Ferguson." Frankly, I had



Donna Hewkin on the left, and the author preparing signs for distribution.

been so shocked at the events overtaking our city so vividly brought to us day and night on CNN and other news media, that I was relieved to do something positive and to meet other residents. We met at the Corner Coffee House in a side room Mike Lonero generously allowed us to use. A trickle of residents became a room full of us. We organized ourselves and had sign-making down to an art in no time! Each person specialized in one small area: I was the person stacking signs. I worked next to Lisa Reed Knowles who turned out to be our Mayor's wife. Brian Fletcher, our former Mayor, had come up with the idea to bring residents together for this positive effort to benefit local businesses and the Ferguson Youth Initiative.

Instead of being consumed by the destruction that took place and all the negatives, residents put their energies into doing something positive. We got to know each other. We were all in this together. Soon our product line increased. We were selling T-shirts emblazoned with our I Love Ferguson motto and buttons. Dorothy Seiter, editor of this newspaper, had loaned us her button-making machine and kept the supplies coming for it as well. We were all proudly wearing our new I Love Ferguson Tees and buttons.

We were sandbagging our little city against the tide of negative press coverage that we were getting. We wanted peace; we wanted friendship and we wanted love. We needed each other. We knew the truth. We were a diverse people who had lived together for so many years without incident. We wanted things to go back the way they were, but we also wanted change, for everyone to feel included, respected and appreciate

We were sandbagging our little city against the tide of negative press coverage that we were getting. We wanted peace; we wanted friendship and we wanted love. We needed each other. We knew the truth. We were a diverse people who had lived together for so many years without incident. We wanted things to go back the way they were, but we also wanted change, for everyone to feel included, respected and appreciate



Raising money for the I Love Ferguson campaign at the Farmers Market and at the Brian Fletcher Golf Tournament

As the wave of press rolled into our little town, we residents learned how to surf to meet them. We came to sell T-shirts and make signs; we stayed to give press interviews. It was truly amazing and awe-inspiring to see how the Corner Coffee House was transformed into a beehive of activity. I gave interviews to the BBC, NPR, NBC, The New York Times, German newspapers, Swedish Radio, French and Chinese tv, Fox 2 news, the St Louis Post Dispatch, Trinidad tv and newspapers, and so many more (I stopped counting at 30). We were under pressure but we were working together, rising up to meet the challenge. We had each other and felt we could get through this together, stronger and better than before.

It struck me how our community was uniting for good at this time of crisis. As volunteers came through, previously unknown to each other, the merchandise, cash and iPad were left in each other's charge. We were raising funds to rebuild our businesses and kindling spirits to see us through our toughest times. Our volunteers grew from a handful to 15 of us on roster, and greatly expanded when we went out on an outreach program to get the signs out, to a full 200 on buses, in cars and on foot.

We outgrew our makeshift headquarters and moved into unused offices that were converted by residents and generous donors into the I Love Ferguson store. We were always busy. The glue that kept us together was the thought that we were working for our common good. Each gave what they could: I was good at interviews, so I worked the press. I also learned a trick way to fold T-shirts on YouTube and entertained the press and residents coming in to shop. I folded "trick Ts" especially when someone looked like they needed a smile! I was particularly pleased when I confounded even the military guy who came in and did a double-take when I folded my T in a few seconds.



The I Love Ferguson Store

Sandy Sansevere rose up to be manager of us volunteers and she invited us all to her lovely home on Elizabeth Ave, that she and her husband Tom shared. It was Christmas time and we volunteers had grown fond of each other in the four months that we had worked together. We had a wonderful party with the tastiest vegetarian lasagna made by Tom specially for me! Everything was beautifully decorated, and the joy of the season was matched by the warmth in our hearts.

Volunteers learned on the job. We learned to run credit cards on iPhones, on PayPal jacks and online. The I Love Ferguson Committee kept it all together and organized for us to be trained to run our FaceBook pages and our website. We learned to do retail, to process orders online, ship packages and and to juggle the press. We gave interviews all through the day and sometimes on the pavement as we came to the shop or as we left. We bought the press coffee, lunch, tea, took them home with us and took them around our city. I even did a documentary for French television.



It was such a joy meeting all the wonderful women and men who had remained faceless all the years before. It took a crisis to bring us all together, to put names to familiar faces that had shopped together in the same Farmers' Market, run together at Twilight Runs, worshipped

together at church, ate together at fish fries, and volunteered together at the Corner Coffee House.

I was totally inspired by those who brought joy and positivity every day to our shop and traded smiles and hugs as we sold merchandise to help our businesses. I was touched by strangers who brought us food, volunteered for an hour "in the back" while we held the shop in the front. I felt that this vibrant, strong, resilient group of people were simply the best! The Best of Ferguson! Yes, I salute the Volunteers at the I Love Ferguson shop and on the I Love Ferguson Committee, for shining the light of positivity at the darkest hour for our city:

#### Current Volunteers:

Sandy Sansevere, Manager; Dorothy Kaiser; Ken Wheat; AD Robinson; Ank and Susan Ankenbrand; Ann Brown; Ceil Webber; Elaine Wirt; Inez; Jackie Dehmer; Mike Brandan; Pam Peters; Pat and Peggy Faul; Tana Cofer; Chastity Ballard; Barbara Tiasword; Annette Jenkins and Hedessah.

#### I Love Ferguson Committee members:

The late Brian Fletcher, Chairman; Donna Hewkin, Treasurer; Rob Chabot; Sandy Sansevere and Tony Burrows.

To all of you, thank you on behalf of all the residents!! We love you and it has been a pleasure working with all of you!

We volunteers felt we were loving our city back to life and the love was infectious! The City Coffee and Creperie in Clayton showed us their love when they bought 31 Tees to outfit their staff, in solidarity with the people of Ferguson!



The author teaches Transcendental Stress Management meditation to members of the public; and provides these services to the family courts in St Louis. She conducts retreats here in Ferguson, across the U.S. and abroad. She is also a Motivational Speaker and her lectures include corporate presentations on Wellness. [www.BestAgainstStress.com](http://www.BestAgainstStress.com) 314-766-4391.

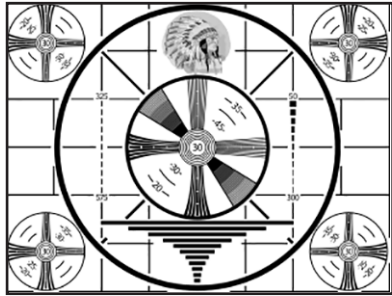


**Television**

My parents purchased their first TV in the late 40s or early 50s. I remember watching the Senator Joe McCarthy Communism hearings on TV and thinking how well-informed we were going to be now that we could watch Congress enacting or reacting instead of relying on news reporters. Ha!

That first TV, as I recall, had a small screen (about 12 inches across) and it was housed in a huge cabinet that also contained an AM radio and a turntable that spun records (prior to Long Playing). Because television tubes were so big (see photo below), the cabinet was very deep, perhaps as deep as 18 to 20 inches. In order to buy a TV at the time, we had to buy all those extras, even though we had several radios and a turntable. (Just like the cars that were produced after WWII. All the bells and whistles that you had to buy were installed whether you wanted them or not. For instance, how many times have you ever used fog lights?)

At any rate, there weren't many programs on, and most of them were in the evening. In the meantime, the TV showed a test pattern. We even marveled at the test pattern (shown at the right).



I was married and had 4 children before we could afford a TV. At that time, the manufacturers had made the TVs lighter and not as bulky. The set we bought was portable. I remember a Sunday morning, lugging the TV into kitchen so I could watch it while feeding the baby. Lee Harvey Oswald was being led out of the police station in Dallas when I saw Jack Ruby walk up to Oswald and shoot him to death.

That was the most significant event I ever saw until 9-11 when I watched the second plane hit the second World Trade Center Building.

When colored TV was made available to the general public, it was much too expensive for the average family. My dad was extremely progressive and enjoyed new and innovative things . . . so he bought one. Recently one of my nieces recalled going over to dad's house to watch "The Wizard of Oz". If you recalled, that movie started in black and white, and then didn't turn to color until Dorothy entered Oz.

My niece was turning all the knobs and buttons trying to find the color. If any of you remember, there was a lot of adjusting of the settings in those early days. I guess when it turned to color, my niece thought she was a genius.



The bulky tube in the old B&W TVs

No wonder the TVs were huge.

Now, everyone has a color set. And with the advent of the flat screen, you can watch TV just about anywhere you want to. We should be better informed with news being broadcast 24 hours a day . . . but I'm not too sure we are. It's just too easy to tune into the latest movie or serial program rather than watch the boring news.

I have skipped the most important TV feature of all . . . Closed Caption!

I was over at Sam's shopping one day and the TVs were showing "The King and I" with the Closed Caption turned on. I was enthralled. I had seen that particular movie a few times but with the CC was able to understand so much more about the plot.

I bought a Closed Caption TV that day.



Super moon over January-Wabash Lake.

**Answers to Trivia, Page 12**

- |                    |                    |
|--------------------|--------------------|
| 1. IJeffersons     | 7. Jockey          |
| 2. Michael Jackson | 8. Jury            |
| 3. Jerky           | 9. Jilted          |
| 4. Jelly Bellies   | 10. Jumpsuit       |
| 5. Jack Be Nimble  | 11. Jazz           |
| 6. Judge           | 12. Jiminy Cricket |

**Stay In the Neighborhood**



**Oak Knoll**  
37 North Clark Ave.,  
Ferguson, MO 63135  
314-521-7419 www.oakknoll1948.com



**Avalon Garden**  
4359 Taft Avenue,  
St. Louis, MO 63115  
314-752-2022  
www.avalongarden1920.com



**Ackert Park**  
894 Leland Avenue, University City, MO  
314-726-4767 www.ackertparksc.com

**Oak Knoll,  
Avalon Garden  
and  
Ackert Park**

**Skilled Nursing &  
Rehabilitation  
Centers**

*"A caring family  
with personality"  
See for yourself!*



- 24-hour nursing care and services
- Reasonable rates
- Medicare / Medicaid Certified
- Religious Services
- Direct TV
- Internet Availability

**Calendar of Events In and Around Ferguson**

Complete Details of These Events Throughout the Paper

- Movie "Princess Bride – St. Peters UCC . . . . . Sat., Feb. 2
- Groundhog Day . . . . . Sun., Feb. 3
- Superbowl Sunday . . . . . Sun., Feb. 3
- Make Valentine Day Cards – Library . . . . . Mon., Feb. 4
- Handicapped Encounter With Christ – Savoy . . . . . Fri., Feb. 8
- Father Daughter Dance – Ferg. Comm. Ctr. . . . . Fri., Feb. 8
- Quilt Show – Library . . . . . Fri., Sat., Feb. 8 & 9
- Make Valentine Day Cards – Library . . . . . Mon., Feb. 11
- Ferguson Council Meeting . . . . . Tues., Feb. 12
- Valentine Day . . . . . Thurs., Feb. 14
- ValenSLIME Party – Library . . . . . Thurs., Feb. 14
- Concert Series – Steve Ewing – Marley's . . . . . Fri., Feb. 15
- African American Read In – Library . . . . . Sat., Feb. 16
- Indoor Farmers Market – St. Stephens . . . . . Sat., Feb. 16
- Presidents Birthday Celebration . . . . . Mon., Feb. 18
- Student Safety Program – Immanuel . . . . . Mon., Feb. 18
- Environmental Fim – St. Stephens . . . . . Wed., Feb. 20
- Tuesday Book Club – Library . . . . . Tues., Feb. 26
- Ferguson Council Meeting . . . . . Tues., Feb. 26
- Urban Fiction Book Club – Library . . . . . Wed., Feb. 27

**Sanders Tree Service**  
  
**Trees Trimmed, Removed and Stumpgrinding**  
 Call Jim:  
**524-8154**

**ROBINWOOD** 803 So. Florissant Rd. Ferguson, MO 314-266-3148  
**AUTOMOTIVE & TIRE**  
**February Special**  
**\$10 OFF Any \$100 Repair or Service**  
**\$20 OFF Any \$200 Repair or Service**  
**\$30 OFF Any \$300 Repair or Service**  
 Coupon expires 2-28-19 - No valid with other offers or on tires.

**LOCKSMITH**  
**Fast Insured**  
  
 Need extra keys? Call, I'll come to you.  
**Residential Re-keying Service**  
 Specializing in Kwikset/Schlage Locks  
 Change Keys, Not Locks  
 Extra Keys? Call, I'll come to your home or business  
 3 Keys / \$10, \$2 additional keys  
[www.callmekwik.com](http://www.callmekwik.com)

**MARIE LODATO CRINNION**  
 ATTORNEY & COUNSELOR  
 11 Cardigan Drive  
 314.524.4513  
[www.CrinnionLaw.com](http://www.CrinnionLaw.com)  
*Wills, trusts, estate planning, power of attorney, real estate, contracts, business, family law, traffic*

**KENNEDY FENCE**  
 8632 WABASH AVE. \* ST. LOUIS, MO 63134 \* 521-0936  
 JERRY KENNEDY, PRESIDENT

**ALEXANDER'S**  
 314-550-0517  
**Friendly Affordable**

**Interior Plaster, Patch and Crack Repair Specialist**  
 Free Estimates  
 20 years experience  
 Call Larry  
**(314) 521-5257 or (314) 412-0048**

**Charles A. James Attorney at Law**  
  
 Clients may meet in Ferguson by appointment  
**314-521-1888**  
**cajesq@mac.com**  
 • Wills • Trusts • Power of Attorney  
 • Estate Planning • Corporations  
 • Taxes • Partnerships  
 • General Business • Limited Liability Companies  
 • Contracts • Real Estate • Traffic

**ALL THINGS CONSTRUCTED**  
 The local concrete & stone specialist  
 • Stamped and Colored Concrete  
 • Design & Building  
 • Innovative Walls  
 • Stone and Block Patios  
 • Heavy Hauling & Excavating  
 Licensed and Insured  
**314-438-9739**

**DRIVERS NEEDED**  
 Volunteer Meals on Wheels Drivers Needed. Ferguson, Missouri  
 Volunteers drive their own vehicle, must have a valid driver's license & current insurance. Must pass background screen. Eligible for mileage reimbursement at 37¢ per mile.  
 Contact Terri Carter  
 ph: 314-867-5661

**\$5.00 OFF**  
 Any Service Call During the Month of February (expires 2-28-19)  
**KNOWLES Heating & Cooling**  
 We service all brands  
 Web site: [knowlesac.ruudreliable.net](http://knowlesac.ruudreliable.net) Phone 521-0284

**Freeze Frame PHOTO BOOTH**  
  
 Need a Photo Booth for your next event?  
 Call Freeze Frame  
**314-882-6941**  
 Check out our website: [freezeframepbstl.com](http://freezeframepbstl.com)

**Limbs R Us**  
 • Tree Removal  
 • Tree Trimming  
 • Brush Clearing  
 • Stump Grind  
 • MBE/DBE Certified  
 • Fully Insured w/Workers Comp  
**314-323-7319**

**Nu Way Heating, Air Conditioning, & Generators**  
 Jeff Westermann  
**314.521.1144**  
 For all your Generator needs!  
 Licensed, Bonded and Insured  


A+ rating BBB  
**HOME IMPROVEMENT SERVICE**  
**Repairing & Remodeling Specialists**  
 • Carpentry • Plumbing • Electrical • Painting • Roofing • Siding • Ceramic Tile  
 • Windows • Doors • Decks • Tuckpointing • Concrete • Gutters • Wood Flooring  
 • Kitchens • Bathrooms • Basements • Leafproof Gutter Protection  
 Serving all of North County - SENIOR DISCOUNTS  
 Established in 1977  
 Big or Small We do it All! Licensed & Insured  
**MARK & JOE RUFFINO** Phone 868-4122 Cell 740-2176  
  


Proud Past Promising Future  
 Serving your real estate needs since 1959  
**POPE INC REALTORS 314-521-6666**  
 #2 South Florissant Road, Ferguson  
 Judy Pappert 314-518-0557  
 Dave Pope 314-276-7673  
 FOR LEASE or SALE 3 bedroom houses

**Ferguson Optical**  
 ONE HOUR - ONE DAY EXPRESS LAB  
 SERVICE AND QUALITY FOR OVER 45 YEARS  
**\$10 OFF Regular Eye Exam**  
**\$25 OFF Transition Lenses**  
  
 7025 Howdershell Hazelwood, MO 731-1117  
 1 So. Florissant Rd., Ferguson, MO 522-8484

**Pearce Neikirk and Partners Realtors**  
**314-495-2304**  
 email: [pearce4homes@yahoo.com](mailto:pearce4homes@yahoo.com)  
**WELCOME HOME MAGGIE!**  
 Our Congratulations goes to Maggie Gibbs, the happy and proud new owner of # 311 Roberta Avenue. Maggie is the daughter of Jeff and Sheryl Gibbs, both whom are long time residents of Ferguson. We were very happy to have represented Maggie as her Buyers Broker in her purchase, and in a few days, we will drop off seven thousand tulip bulbs for planting. Congratulations again Maggie!  
  
 Over 30 Years of helping buyers and sellers with their home needs in St. Louis City, St. Louis and St. Charles County  
