

Serving Ferguson and Surrounding Communities

2019 FERGUSON CITY COUNCIL CANDIDATES FORUM

All Ferguson residents are invited to attend and ask questions of the candidates for City Council



**Monday, March 25th
6:30 p.m.**

Ferguson Community Center
1050 Smith Avenue
Ferguson, MO 63135

*Sponsored by the Ferguson
Neighborhood League Assn.*

Candidates:

Ward 1: Linda Lipka (Incumbent), Michael Person
Ward 2: Heather Robinett (Unopposed/Incumbent)
**Ward 3: Keith Kallstrom (Incumbent), Fran Griffin,
Lesley McSpadden**

Mark your calendars for an informative evening with the candidates

“Your vote is important!!”

The election will be held on Tuesday, April 2, 2019

The Ferguson City Council

will meet twice in March.

All meetings will be held in the City Council Chambers at 110 Church Street.

**Tuesdays, March 12 and 26
at 7:00 p.m.**

Saturday, March 16th Ferguson Indoor Farmers’ Market

It may be March, but the monthly Ferguson Farmers Market is still the place to find fresh produce and homemade goods. The market takes place on the Third Saturday of every month until May at St. Stephens Church, 33 North Clay.

Make plans to visit our vendors 9:00 a.m. to noon to stock up on meat, bread, eggs, winter greens, squash and more!

**St. Stephen’s Church
33 North Clay – 9:00 am to noon**



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New Voting Procedure for Ferguson-Florissant School Board

The voting procedure used to elect school board members in the Ferguson-Florissant School District has changed.

In cumulative voting, voters can cast as many votes as there are seats up for election. You can give more than one vote to a single candidate. For instance, there are two seats open in this board election. You can cast both your votes for one candidate or one vote each to two different candidates.

In the April 2019 election, FFSD will have two seats open for Board of Education directors. You will have up to two votes to cast. You can cast both your votes for one candidate or one vote each to two different candidates. You are not required to cast both of your votes. The two candidates with the most votes will be elected.

You can cast your two votes for the same candidate or you can distribute your votes among two candidates. You are not required to cast both of your votes, but you cannot cast more than two votes.

For more information on Board of Education elections in FFSD, visit the District’s election information page at www.fergflor.org/elections; or contact Eric Fey or Rick Stream, Program Coordinators,

Cumulative Voting Town Hall Meetings – Open to the public:

Thursday, March 7, 6:00 to 7:00 pm
McCluer North High School
705 Waterford Drive, Florissant, MO 63033

Wednesday, March 13, 6:00 to 7:00 pm
McCluer South-Berkeley
201 Brotherton Lane, Ferguson, MO 63135

**See School Board
Candidates and
Bios on Page 3.**

Meet Your Government Representative

Interested in government? Have matters to discuss with government officials?

Stop by for a 5 min., one-on-one session with your Ferguson City officials!

**Saturday
March 2nd
@ 1:00PM**

Auditorium
Ferguson Municipal
Public Library

Ferguson Municipal Public Library, 35 N. Florissant Rd., Ferguson, MO 63135



March City Walk

Marveena Miller Shanahan

As we continue to discuss Main Street and the important role it plays in developing a strong, resilient downtown, we are going to focus on the "Organization" this month. Organization involves building a governing framework that includes a diverse representation. Including all stakeholders, business and prop-

erty owners, bankers, citizens, historians, public officials, chambers of commerce, and other preservation organizations, to meet the needs of the community and form a well-rounded Main Street. Everyone must work together in a long-term effort to renew downtown and maintain its stability into the future. The organization committee also trains and develops leaders for the community's revitalization effort. Activities of a start-up Organization Committee begin with creating a not-for-profit organization, establishing priorities through comprehensive work plans, providing the organization with sustainable sources of revenue, and volunteer development.

Ferguson Main Street board members have completed the non-profit paperwork, bylaws and recently spent several hours developing their strategic plan for the next three years. We are working on developing a volunteer handbook and focusing on new revenue streams.

The Main Street Board has decided to focus on the Airport Road area in the business district. Several meetings have been held and several more planned to meet with business owners and prioritize their needs. The Main Street Director will present these findings to FSBD in a meeting next week and together we will begin to set a plan.

Recently, our Ferguson Main Street Director finished up a three-course program, "Funding Revitalization". The classes discuss recruiting board members, committee leads and funding your organization. It was an in-depth look at who you need to involve, what it takes to be successful, and how to fund your organization to last for years. The information will be presented to the FSBD Board at the next meeting.

The Ferguson Main Street (FMS) Organization Committee is looking for merchants and property owners, residents, media, civic groups, accountants and legal professionals. The FMS Design Committee is a great fit for architects, real estate professionals, planners, designers, history buffs, and artist. The FMS Promotion Committee: is a great fit for marketing and tourism pros, downtown merchants and students; while the FMS Economic Vitality Committee is great for merchants, development pros, consumers, business students. For more information on Ferguson Main Street, contact marveena@fergusonmainstreet.org.

FSBD business owners have a standing invitation to attend meetings of the Ferguson Special Business District Advisory Board, which meets the 2nd Thursday of the month from 5:30-7:30 p.m. FSBD meets at Baked Wood-Fire Pizza, 235 S. Florissant Rd. For more information, please contact Marveena Miller at 314-324-4298 or marveenamiller@hotmail.com.

FSBD would like to welcome new Board President, Carita Douglas. FSBD currently has an opening for the Ferguson Special Business District Advisory Board. The board is set up to promote the Central Business District of Ferguson to the public. For more information, please contact Marveena Miller at 314-324-4298 or marveenamiller@hotmail.com.

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524-0222



The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

Winds a blowin', little green men being spotted everywhere, parades happening, beads flying, fish fries popping up everywhere, days are getting longer – it must be March and time for another riveting Plumbers Crack.

Well my friends last month we talked about some preventative maintenance. This month I think we will head for the shower. Bath tubs and showers are a kind of like a boil on Oh Baby's back. Let's start with the older 2 and 3 handle tub and shower valves. They are the most abused valve in the house. The problem starts with turning them off. Most of us turn off the valve and towel off. When we are doing that we look down and see a drip or two and instinctively reach down and give it another crank to make sure it's off. That is where the big mistake comes in. Most valves have a minimum of a six inch spread – most are eight. Then you have a minimum of five inches of pipe for tub spout. After a period of time, bits of calcium build up in all that space. So when you turn off the water it could drip up to five minutes before it completely drains out. What I advise people to do is get dressed and next time in you're in the bathroom take a peak. If it's still dripping, then give it a little extra turn and that should do it. If it still drips, then it's time for new washers or God forbid new seats and washers. If the faucet is beyond repair there are ways of opening the shower wall and installing a single handle pressure balanced valve. I mention pressure balance because the plumbing code calls for that. Another thing that drives plumbers crazy: tile, caulking, and settling. Caulking is the 2nd lead-

ing cause of leaks in a bath. The number one cause is the old cast iron tubs. They are only supported on the wall side and after a lot of years the tubs slopes a little to the outside. When you shower the water runs along the back of the tub down the corner and through the tile into basement or onto floor. This needs to be checked before you call a plumber. The only time we caulk is setting a toilet. Some guys attempt it but the truth of the matter is, it's a 24 hour process. First all the old caulk has to be removed. Next the surface needs to be cleaned usually with some sort of a bleach based cleaner. Then it needs to be completely dry before caulking. If those steps aren't followed it won't last long and you will probably see mold forming in the caulk down the road. Another leak problem comes from them pesky shower doors. Always have a professional install them not a plumber.



Well my friends I've probably bored you enough this month. If you have any plumbing questions you would like answered I lost my old Email address due to a hack so my new address is davewalt1952@yahoo.com.

It's that time again yes preacher, Oh Baby is asking you to get to know your neighbors, offer a ride and check on the elderly, get involved in your city and watch out for our children and hug them babies. Have a blessed and safe March.

God Bless, Oh Baby



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Maintaining Yesterday, For Tomorrow

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net
Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.



March Events at the Ferguson Public Library

For more information, please call the library at 521-4820 or visit our website at ferguson.lib.mo.us.

Meet Your Government Representative - Saturday, March 2 at 1 pm

Not sure who represents you on the Ferguson City Council? Maybe you need to share information with them about your neighborhood? Then this is the event for you! Meet your representatives and discuss issues with them at our informal meet and greet.



DIY Lab: Origami and Paper Engineering Starts Saturday, March 2 at 2 pm

For kids in grades 4-8! Learn the basics of origami and paper engineering with our 8 week class, in partnership with the YMCA! Registration is required and space is limited. Sign up today!

Color Me Happy: Coloring for Adults - Thursday, Mar. 21 at 5:30 pm

Relax and unwind with snacks and coloring at our adults-only coloring time! We will provide coloring sheets and colors, but feel free to bring your own.

Critters for Kids - Tuesday, March 26 at 6 pm

Join us and the World Bird Sanctuary as we meet some awesome critters! You'll come face-to-face with insects, reptiles, birds, and more. Fun for all ages!

GET LUCKY WITH ONE OF OUR ONGOING PROGRAMS!

- Readings on Race Book Club, Monday, March 11 at 6 pm
- Tuesday Night Book Club, Tuesday, March 26 at 5pm
- Urban Fiction Book Club, Wednesday, March 27 at 6 pm
- Genealogy Drop-In, every other Friday at 3 pm - March 8, March 22, April 5, and April 19



Visit our website for more information or call us today!



Sunday, March 17th: Happy St. Patrick's Day!

Global Modern Day Slavery

What is Human Trafficking? Where is it happening? Who is the target market? How does a person recognize the "red flags" of human trafficking? Is there a correlation between domestic violence and trafficking? These are some of the issues to be addressed at the presentation on human trafficking at the March meeting of the Ferguson-Florissant AAUW Branch.

Mable Davis will be the presenter; she has extensive experience with the issue and has done considerable research on the topic.

The AAUW Ferguson-Florissant Branch AAUW (North County) meeting will be **Monday, March 18, 2019, at 7:30 pm** in the Educational Building of the Immanuel UCC Church, 211 Church Street, Ferguson. The program is free and open to the public.

For more information, call 314-921-7109, 314-522-0414, or 314-831-5359.

March Environmental Film Night: Paris to Pittsburgh

On **Wednesday March 20 at 7:00 p.m.**, the Ferguson Eco Team will host the viewing and discussion of the documentary **PARIS TO PITTSBURGH**.



This film makes climate change local. It brings to life the impassioned efforts of individuals who are battling the most severe threats of climate change in their own backyards. Set against the national debate over the energy future of the United States -- and the decision to exit the Paris Climate Agreement -- the film captures what's at stake for communities around the country and the inspiring ways Americans are responding.

This event is free and open to the public and will be shown in St. Stephen's Episcopal Church Parish Hall; 33 N. Clay (at Darst), Ferguson, MO 63135. For more information: (314) 521-8418; carletonstock@aol.com

Candidates for Ferguson-Florissant School Board

Elect 2 (either for 2 different candidates, or 2 for the same candidate.)

Charles (Chuck) Henson, 53, has lived in the Ferguson-Florissant School District since 1973 and is a graduate of McCluer High School. He has previously served two terms on the District's Board of Education. Henson has two children who graduated from McCluer High School and has served the District on various committees prior to his election to the Board. Mr. Henson began his career in the design and construction industry and previously served as director of community relations for McCarthy Building Group. He also founded a Ferguson, Mo.-based human resource consulting firm called Design Alternatives Inc. and is currently the manager of business development for the Minority Business Development Agency (MBDA), a division of the federal Department of Commerce in St. Louis. Henson is a graduate of Washington University where he received a degree in architecture. He has been married for 27 years to his wife, Lesia.

Leslie S. Hogshead, 62, has lived in the Ferguson-Florissant School District since 1977 and has served on the District's Board of Education since 1992. She has one daughter who graduated from McCluer High School. Mrs. Hogshead helped to establish the school's Parent-Teacher-Student Association (PTSA) and founded Project Graduation, a safe celebration event for graduating high school seniors. Mrs. Hogshead has worked in healthcare administration for 16 years and also serves on various committees and boards in the City of Ferguson. Mrs. Hogshead is a graduate of Southern Illinois University at Edwardsville where she received degrees in psychology and business. She has been married for 42 years to her husband, Ken.

Keith Brown, 64, has lived in the Ferguson-Florissant School District since 1989. He has served as a substitute teacher in the District for more than two years and has an excellent classroom awareness. He has one daughter who graduated from McCluer High School. Mr. Brown is a retired TWA-American Airlines flight attendant, and is currently employed at Express Scripts. He is a Vietnam War veteran, serving in the Army from 1969-1970. He has served as a Salvation Army volunteer, running children summer camps and distributing food to the needy. Brown is a graduate of Biola College where he received a degree in Christian education. He has been active in church work as a teacher. He has been married for 28 years to his wife, Karyn.

Larry Thomas, 58, has lived in the Ferguson-Florissant School District since 2008. Currently self-employed as a community organizer, Mr. Thomas has worked previously as a St. Louis County elections clerk and as an administrative assistant with the St. Louis Public Library. He has also held positions with Boeing, U.S. Bank and St. Louis Sportservice. Thomas studied political science at the University of Missouri-St. Louis; journalism and mass communications at Tarkio College; education at Harris-Stowe State University and business management at Florissant Valley Community College.



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*12th Annual
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March 9, 2019
6:30 pm-10:30 pm*

All proceeds benefit Valley Industries
Step out on the town for an evening of great fun supporting a worthy cause

Features:

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Ferguson Community News Page

Election season has begun, beware of the “but”!

By Mayor James W. Knowles III

“Language is a weapon of politicians, but language is also a weapon in much of human affairs”.

Noam Chomsky, American Philosopher, Political Critic, Professor



Okay, so some of you just read that headline and are wondering why the Mayor is warning residents about someone’s rear-end. Well get your mind out of the gutter, it’s “but” with one (1) T. I am referring to the word the dictionary describes as a way to “introduce something contrasting with what has already been mentioned”. It is an important weapon in the linguistic warfare politicians wage against each other in the media and when they want to tell you they agree with you, however they need to add a caveat to that statement. That caveat is meant to add some exception that may let them off the hook later when they take an action that seems contrary to their original statement of support. The “but” also provides them the opportunity to make you think they agree with your point of view while still giving them wiggle room to change their mind in the future.

For instance, a politician may say, “Sure I support the construction of some new municipal building, BUT I don’t like where they are planning to put it”. This is the perfect example of someone telling you they agree with you, but they are also giving you additional information suggesting they may not vote for it because of the location. You may get the feeling you both are on the same page, however, you may eventually be disappointed that candidate or politician does not vote your way based on that one caveat, the “but”.

Recently I was watching several national political news pundits and well-respected election pollsters discuss how people perceive political speeches and campaign rhetoric. Their discussion pointed to research that found people listening to political speeches often tune out once they hear the answer they wanted. This was especially true when people already had a predisposition toward liking a candidate. Therefore, when a politician answering a question leads with “I agree with you on A, B, and C, BUT I don’t like D”, people have typically tuned out and pay less attention to what is said after, the “but”. Once a person’s question to a politician has been answered, they tend to let their guard down and lose focus on the rest of the conversation.

So, the use of the “but” becomes a tactic politicians use to lull you into thinking you are on the same page, while maintaining a level of “honesty” by warning you there are exceptions to that general statement of support. Sometimes those exceptions become the rule, and the politician never intended to support the issue in question because that “exception” was an inseparable part of the issue. For instance, it is common for a politician to tell you they “support funding additional police officers or hiring additional city staff, but we need to find the money in the budget.” Now those politicians know there is not extra money lying around city hall that we can just “find” in the budget. Tough choices and cuts usually have to be made in order to make that happen. Often times there never was any intention to make the tough budget decisions required to make that promise happen. Instead, they can always fall back on the “but”; there was no money available in the budget.

Now it seems like I am outing myself and other politicians by telling the “tricks of the trade”. The truth is I want people to be able to navigate through the mess of politics and be able to be educated citizens and informed voters. After all, without an educated populous, representative forms of government are doomed to fail. Unfortunately, our education system in America does not focus on anything that cannot be measured on a standardized test and compared internationally with students around the world. With that in mind, social studies, government classes, and political science are almost an afterthought of the “core” curriculum in today’s schools. So I will do some educating myself.

No offense to my friends (and family members) who teach science and math in schools, but how often does the average person use the Pythagorean Theorem or Ohm’s Law to calculate something in their everyday life? With few exceptions, most would tell you they have not used either since high school or since college. Meanwhile, we have at least 2-4 elections each year where citizens are asked to either support or oppose complex issues or elect candidates that will do so for us. If we are meant to govern ourselves in a democratic society, then we should understand a bit more about government and politicians. The point is we should be taking these elections seriously, and we should be taking the time to pay attention to the political rhetoric that we hear in campaigns and in our interactions with politicians.

The truth is, the “but” does not have to be a bad thing, in fact, what is said after the “but” is probably the most important thing that a politician or anyone else may say. It offers you a glimpse into a decision making process that is more complex than giving people a simple yes or no answer. The key however, is that we pay close attention to what is said after the “but”, and follow up with any questions that may be necessary to add clarity to the issue.

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
 Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Mar 5 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	Mar 14 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskeparks neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	Apr 18 7 pm	Ferguson Library Large Conf. Room	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Mar 7 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	TBA	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage 314-705-0993 rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	TBA	Fire Station #1 200 So. Florissant	

Ferguson City News?

How do you get your Ferguson News?

- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

Did You Know?

NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon.

You can submit a request for records using the Record Request icon.

VISIT OUR WEBSITE: www.fergusoncity.com

You can do all this and more on the city’s website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit <http://www.fergusoncity.com/57/Boards-Commissions> or contact your City

CITY COUNCIL MEETINGS Tuesdays, March 12th and 26th at 7:00 pm in the Council Chambers, City Hall, 110 Church Street

So in the next few months leading up to the April election, take the time to actually speak to the candidates for office and ask them plenty of questions. Pay attention to the “but”. If you ask them a question and they don’t offer up any exceptions, or if you don’t hear them mention “but”, then you need to ask more questions until you understand their “buts”. After all, everyone has one. “But” with one T that is....

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Keith Kallstrom, Ward 3; Byron Fry, Interim Ward 3; Jeff Blume, Interim City Mgr.; Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Pages

Be sure to get to the Recreation Office to register or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Parks & Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily \$1/ Yearly \$50
Resident Adult – Daily \$3/ Yearly \$85
Resident Senior – Daily \$1/ Yearly \$50
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200
Non Resident Adult – Daily \$5/ Yearly \$200
Non Resident Senior – Daily \$3/ Yearly \$120
Non Resident Family – Yearly \$300

NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)
Resident Adult – \$9 per month (12 month agreement)
Resident Senior – \$6.00 per month (12 month agreement)
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)
Non Resident Adult – \$18 per month (12 month agreement)
Non Resident Senior – \$12 per month (12 month agreement)
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

PROGRAMMING

Beginning Classic Guitar

This class allows students to enter the exciting world of classical guitar, playing ensemble music in three easy parts that blends together is fun and engaging! All finger style on smaller-sized classical guitars (provided) with emphasis on proper seating and technique. Performance opportunities towards completion of class!

Age: 9-15 years old
Days: Tuesdays and Thursdays
Date: Tues, June 4-Tues, July 30 (No class July 4)
Time: 6:30pm - 7:30pm
Location: Ferguson Community Center
Fee: \$45/Residents; \$50/Non-Residents

Learn to defend yourself with Krav Maga

Krav Maga is used to rapidly train combat troops in hand-to-hand combat in the shortest amount of time and from a position of disadvantage. Since most attacks occur when the victim is at a disadvantage, training will include performing techniques while at a disadvantage, encountering multiple opponents, and employing empty-handed defenses against weapons. This class covers the Krav Maga curriculum as taught by Townsend Defense. Private lessons are also available. Wear comfortable workout clothing and athletic shoes.

Age: 16 and up
Days: Tuesdays and Thursdays
Date: Tues., Jan. 22-Thurs, March 14 (No class Thurs., Feb. 21)
Time: 6:00 to 7:30 pm
Location: Ferguson Community Center
Fee: \$60/Members; \$65/Residents; \$70/Non-residents

Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Children must be potty trained.

Age: 3 ½-6 years old
Days: Monday or Saturday
Start Date: Mon, Feb 4 to March 25, Mon, Apr 1 to May 20, Mon, June 3 to July 22, Sat, Feb 9 to March 30, Sat, Apr 6 to May 25, Sat, June 8 to July 27
Time: Mon 5:45pm-6:40pm; Sat 10:00am-10:55am
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 7 - 13 years old
Days: Mondays or Saturdays
Start Date: Mon, Feb 4 to March 25, Mon, Apr 1 to May 20, Mon, June 3 to July 22, Sat, Feb 9 to March 30, Sat, Apr 6 to May 25, Sat, June 8 to July 27
Time: Mon 6:45pm-7:40pm; Sat 11:00am-11:55am
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Mon, Apr 1 to May 20, June 3 to July 22
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Tap & Ballet Dance

A wonderful opportunity to learn creativemovement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes or bare feet. Children must be potty trained.

Age: 3 1/2 - 7 years old
Days: Wednesdays
Start Date: Wed, Feb 6 to March 27, Apr 3 to May 22, June 5 to July 24
Time: 5:45 pm-6:40 pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Hip Hop/ Jazz Dance

High energy class, starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes or bare feet.

Age: 8-13 years old
Start Date: Wed, Apr 3 to May 22, June 5 to July 24
Time: 6:45-7:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for Fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Wed, Apr 3 to May 22, June 5 to July 24
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the-bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students
\$5 more for each additional student
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

Ferguson Community News Pages

Open Play Basketball

Come to the Ferguson Community Center for pick up basketball games. (Half court only)
Days: Tues, Wed, Sat, & Sun
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.
Days: Mondays
Times: 3:00pm– 6:00pm
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players.
All equipment will be provided.

Age: 18 and older
Days: Wednesdays and Fridays
Time: 9:00 am to 12:00 pm
Location: Ferguson Community Center
Fee: Daily rates apply

FITNESS

Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 16 years & up
Days: Mondays or Wednesdays
Start Date: Mon, March 18 to May 6,
Mon, May 13 to July 8 (*No class May 27*)
Wed, Dec 9 to Feb 27, Wed, March 6 to Apr 24,
Wed., May 1 to June 19
Time: 6pm-7pm
Location: Ferguson Community Center
Fee: \$25/Members - 1 day per week; \$30/Residents - 1 day per week' \$35/Non-Residents - 1 day per week
Additional Days:
\$10/members add day; \$15/residents add day;
\$20/non-residents add day

Will Fitness Kettlebell Class

Open to All FITNESS LEVELS and is a kettlebell conditioning based workout. All workouts will be tailored from beginner level to advanced kettlebell movements. Workouts will also include body-weight, dumbbell, and circuit training skills. We strongly emphasize proper technique and skill.

Age: 16 & Up
Start Date: Wed, Feb 20 to March 27, Apr 10 to May 15
May 29 to July 3
Time: 7:00-8:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fit Core Class

Join Will Fitness for this class that is an all-inclusive, dynamic course designed to improve your overall fitness level; including strength and flexibility. More than an ab workout, Core-Strong is about training the abs, back, hips and glutes; covering the 28 muscles of the core and then some. Utilizing ground based exercises that revolve around the medicine ball; anyone can improve their personal level of fitness, gain confidence, and still have fun!

Age: 16 & up
Days: Tuesdays
Start Date: Tues, Feb 19 to Mar 26, April 9 to May 14, May 28 to July 2
Time: 6:00-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Jump Rope Fitness

This class is based on plyometric, otherwise known as jump training! Come for an athletic based, high intensity workout. Please come wearing proper athletic shoes that support your feet and joints.

Age: 16 & up
Days: Wednesdays
Start Date: Wed, Feb 20 to Mar 27, Apr. 10 to May 15, May 29 to July 3
Time: 6:00pm - 7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PRE-REGISTRATION REQUIRED

Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped

bands, cross cables, and bodyweight exercises incorporated for a complete workout!

Age: 16 & up
Days: Thursdays
Start Date: Thurs, Feb 21 to Mar 28, Apr. 11 to May 16, May 30 to Jul 4
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRED

Will Fit Bootcamp

Boot camp with Will Fitness! A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp. Participants will be indoors and outdoors. We will run sprints; perform lots of pushups and various forms of plyometric and interval training with little rest between exercises and challenging workout.

Days: Saturdays
Start Date: Sat, Apr 6 to May 25, June 8 to Aug. 3
Time: 10:00am-11:00am
Location: Community Center
Fee: \$30/Members; \$35/Residents; \$40/Non-Residents

All Ability Levels Welcome, Preregistration Required

Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

Silver Sneakers Classic/Chair Yoga

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support. In addition, the yoga activities will increase flexibility, balance and mental clarity.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 8:35 - 9:40 am
Fee: FREE/Silver Sneakers Members-\$3/ Everyone Else

Silver Sneakers Cardio Circuit/ Yoga

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support. In addition, the yoga portion will move your whole body through a series of seated and standing yoga poses.

Days: Tues & Thurs
Dates: Ongoing
Times: 8:35am-9:40am
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages

Beginner Bundle
Includes Fitness Assessment*
and 1 personal training sessions.
Fee: \$70/ Members
\$80/ Non-Member
Beginner Bundle +
Includes Fitness Assessment*
and 2 personal training sessions.
Fee: \$95/ Members
\$105/ Non-Member

1 Session
Fee: \$35/ Members
\$40/ Non-Member
3 Session
Fee: \$90/ Members
\$105/ Non-Member
5 Session
Fee: \$170/ Members
\$195/ Non-Member

Training for Two

All prices are per person
1 Session
Fee: \$30/ Members
\$35/ Non-Member
3 Session
Fee: \$80/ Member
\$95/ Non-Member
5 Session
Fee: \$145/ Member
\$175/ Non Member

TEEN PROGRAMMING

Six Flags St. Louis

Registration Deadline May 20th

Date: Saturday, May, 25th
Time: 10:00am-11:00pm
Location: Community Center
Fee: By 5/3 \$20 Residents; \$25 Non-Residents
After 5/3 \$25 Residents; \$30 Non-Residents

Upper Limits- NEW!

Calling all beginners and experience climbers! Join us for 2 hours of unlimited climbing fun! Our group will have certified instructors to help us on the walls! We will conclude this fun day with a ice cream bar at the Community Center.

Registration Deadline March 18th

Spaces are limited, sign up today!

Date: Tuesday, April 6th
Time: 1:15pm-5:15pm
Location: Community Center
Fee: \$20 Residents; \$22 Non-Residents

Urban Air Trampoline Park- NEW!

Join us for a teen fun night at the ultimate indoor adventure park! Experience the Trampoline Park, Sky Rider, Ropes Course, Climbing walls, and the adventure hub. Your package includes all attractions at Urban Air! We will start the night with a pizza party at the Community Center.

Registration deadline March 4th

Date: Wednesday, March 20th
Time: 5:00pm-8:30pm
Fee: \$30 Residents
\$32 Non Residents

Pre-Registration is required

SPECIAL PROGRAMMING

Family Nerf War-NEW!

Grab your friends and family and head to Community Center for this exciting event! Each participant needs to bring a Nerf gun. Soft tip darts will be provided along with safety glasses. Pizza and drinks will be served at the conclusion of the event.

Ages: All Ages
Date: Saturday, March 22nd
Time: 6:30pm-8:30pm
Location: Ferguson Community Center
Fee: \$6/Child; \$8/Adult

Pre-registration is required

Family Glow Bingo-NEW!

Come on over to the Ferguson Community Center for a night of glow in the dark bingo! Wear your neon or white clothes to glow in our backlights. We will play bingo and eat pizza while enjoying family and friends!

Pre-registration is required!

Ages: All Ages
Date: Saturday, March 9th
Time: 7:00pm-10:00pm
Location: Ferguson Community Center
Fee: \$25/Couple; \$5/Each Additional

Blues Game Night

Enjoy pre-game appetizer and drinks buffet at Scottrade Center prior to the Blues taking on the Washington Capitols. Indulge in the fact that you don't have to worry about driving or parking.

Registration Deadline March 1st

Ages: All Ages
Date: Monday March 25
Time: 5:30 departure
Location: Ferguson Community Center
Fee: \$92/Residents; \$98/Non-Residents

Crest Bowling-NEW!

Grab your friends and family and head over to Crest Bowl for a night of bowling fun! This event includes unlimited games for 2 hours and bowling shoes! You can have up to 6 people per lane. This event will meet at the Crest Bowling.

Ages: All Ages
Date: Sunday, May 19th
Time: 6:30pm-8:30pm
Location: Meet at Crest Bowling
Fee: \$8/Child; \$10/Adult

Kid's Night Out!- New!

Come join the staff at the Ferguson Community Center for a night of fun and activities. Parents take the opportunity for a date night or a night out with friends. We will feed your child pizza, play games, and watch a movie.

Ages: 6-12 years old
Dates: Friday, 3/15/2019
Friday, 4/26/2019
Friday, 5/17/2019
Location: Ferguson Community Center
Times: 6:00-9:00pm
Fee: \$15 per child

Spots Are Limited So Sign Up Early!

Dog Egg Hunt- NEW!

Hop over to Wayside Dog Park with your furry friend for our annual Dog Egg Hunt sponsored by Ferguson Animal Hospital! The smaller and larger dog areas will be covered with eggs filled with dog treats! Special eggs will be hidden with raffle tickets to chose a prize for your dog! The Easter Bunny will be on hand for photo opportunities. Dogs and humans should meet at Wayside Dog park with a Basket to collect eggs.

Date: Saturday, April 13
Time: 11:00am
Location: Wayside Dog Park
Fee: \$5/dog in advance; \$10/dog day of event

Adult Easter Egg Hunt

The Easter Bunny has dropped his eggs all over the fields of the Ferguson Community Center. Rumor is 30 of those eggs are filled with prize tickets. This "egg-cellent" event is open to adults 21 and older. So grab your basket and flashlight for an evening down memory lane. Pre-registration is recommended for this event. Maximum event size: 100.

Date: Friday, April 19
Time: 7:30pm
Location: Community Center
Fee: \$8 Residents; \$10 Non-Residents

Children's Easter Egg Hunt

Hop over to the Ferguson Community Center for our annual Egg Hunt. The back field will be filled with brightly colored filled eggs for children (8 and under) to enjoy. The children will be divided into separate hunts by the following ages: 3 – 4, 5 – 6, 7 – 8.

The Easter Bunny will be on hand for photo opportunities. Children should meet at the Ferguson Community Center with their own basket.

Date: Saturday, April 20
Time: 10am SHARP!!
Location: Ferguson Community Center
Fee: FREE Children 3 – 8 Years Old

Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.

Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.

ID Costs: \$5 processing fee per dog (max three dogs per household)

Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.

Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program. Park Bench Dedication \$1,000

ADULT PROGRAMMING

Lunch and Bingo

Come and treat yourself to an afternoon at one of Ferguson's fantastic lunch and bingos. Our March bingo celebrates St. Patrick's Day with corned beef and cabbage. Our May bingo welcomes the coming of summer with a lunch and bingo featuring your choice of chicken or beef. Cost includes lunch as well as bingo. Maximum size: 125.

Date: Thurs, March 14th & Thurs, May 9th
Time: 12pm-3pm
Location: Ferguson Community Center
Fee: \$10 Members; \$14 Residents; \$18 Non-Residents

Mystery Meal

If you love good time and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good times and good friends. Due to the popularity of this program, residents have registration priority. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal.

Dates: Thurs., April 11th
Time: 10 am pickup
Fee: \$32/Members; \$37/Residents; \$42/Non-Residents

Weekend Winery Tour

Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons pre registered for these trips to make. Cost covers transportation.

Ages: 21 and up
Date: Saturday, May 11th
Sunday, July 14th
Saturday, September 14th
Time: 10am-6pm
Fee: \$10/Residents
\$15/Non-Residents

ADULT PROGRAMMING

Tunica, MS

Join us for our annual trip for gambling fun in Tunica! We will be staying at the fabulous Gold Strike Hotel & Casino and visiting 4 other casinos during our trip, not including the two neighboring casinos of the Gold Strike. Cost includes: motor coach transportation, buffet meals and promo cash.

Sign up early as this trip fills fast!

Date: Tues, May 14th—Thurs, May 16th
 Time: 7:00 am – 8:30pm
 Location: Ferguson Community Center
 Fee: \$210 Residents; \$220 Non-Residents (double occupancy)
 \$100 additional for single

Tropicana Casino– Evansville, Indiana

Bring along your good luck charm at the Tropicana Casino in Evansville, IN. The casino is now all one level and very accessible for all. You will receive \$8 in free play and a free lunch buffet. Remember that you must have valid state id with you. Cost Includes: motor coach transportation, lunch, and all gratuities.

Registration Deadline April 8th

Ages: 21 and up
 Dates: Tuesday, April 30th
 Time: 8:00 am – 8:00 pm
 Fee: \$40/Residents; \$45/Non-Residents

Area Casino Day Trips

Need a day out and about? Come test your luck at an area casino each month! The trip only includes transportation to the casino. Must have a minimum of 10 patrons pre registered for the trip to make.

Fee: \$5 Residents; \$8 Non-Resident
 Location: Ferguson Community Center
 Time: 10:00am-4:00pm
 Dates: Wednesday, March 20th–Hollywood Casino
 Wednesday, April 17th–River City Casino
 Wednesday, May 22nd–Ameristar Casino

ATHLETICS

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays
 Times: 3:00pm– 9:00pm*
 Location: Community Center
 Fee: FREE Member; Daily Fee Resident;
 Daily Fee Non-Resident

*Times may change based on league play.

Women's Adult Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!

Ages: 18 and up
 Days: Mon, Feb 4th to April 1st and Thurs, Feb 7th to April 4th
 Times: 6:30pm-9:30pm
 Location: Ferguson Community Center
 Fee: \$190 Residents; \$205 Non-Residents

Open Sand Volleyball Tournament

Gather your friends for a fun day in the sun as we kick off the start of warmer weather with a free Sand Volleyball Tournament. Format determined based on the number of teams that register. Trophy awarded to Champions.

Ages: 18 and up
PRE-REGISTRATION REQUIRED
 Tournament: Sunday, April 14th
 Time: 11:00 am
 Location: Community Center Outdoor Complex
 Fee: Free

COED Sand Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!

Ages: 18 and up
 Days: Mon, April 29th to June 17th (No game 5/27)
 Thurs, May 2nd to June 20th
 Times: 6:30pm-9:30pm
 Location: Ferguson Community Center
 Fee: \$190 Residents; \$205 Non-Residents

Start Smart

Each program is designed to give participants an opportunity to develop their sports skills in a fun and safe environment while working and spending quality one-on-one time with their parent. All Start Smart programs feature age appropriate equipment and developmentally appropriate exercises. Each program is 6 weeks long + Show Your Skills event and we will meet at the Ferguson Community Center.

NEW! At the end of each session there will be a Show Your Skills event! You can invite friends and family to come show off your newly learned skills.

Day:	Wednesday		
Sport	Ages	Registration Deadline	Session Schedule
Soccer	3–5 yrs	March 11th	Mar 27 to May 8
Baseball	3–5 yrs	May 6th	May 22 to June 26
Day:	Wednesday		

Time: 6:00pm-7:00pm
 Fee: \$30/child for each session

Adult Softball

Leagues are filling up fast! Register your team with Ferguson Recreation for Coed and Men's league this spring. 10 week season + playoffs. At registration receive a concession stand punch card. Once you filled up the punch card receive a free pitcher on us!

Ages: 18 and up
 Coed: Sunday, April 7 to June 30 (No Games 4/21, 5/12 & 6/16)
 Men's: Monday, April 8 to June 17 (No Game 5/27)
 Times: 6:00pm-10:00pm
 Registration: Deadline—March 20th
 Fee: \$400 Team

Youth Flag Football

Calling all youth football players! We will be hosting a flag football league for you to show off your skills. Sign up individually or as a team. If you register as a individual you will be placed on one of our Ferguson teams coached by a Ferguson volunteer. We will have a clinic hosted by Ferguson staff and volunteers and then 5 weeks of games with a week of playoffs. All participants will be given a t-shirt and the winning team will receive a trophy!

PRE-REGISTRATION REQUIRED

Grades: 2nd to 8th Grade
 Clinic: Saturday, April 20th @ 12:00pm-2:00pm
 Season Dates: April 25th-June 1st
 Practice Day: Thursdays @ 7:00pm
 Game Days: Saturdays @ 9:00am-11:00am
 Location: Forestwood Park
 Team Registration Fee: \$570/Team
 Individual Registration Fee: \$80 Residents; \$86 Non Residents
 Team are allowed up to 14 players on a roster.

Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.

Please call the Ferguson Sports Hotline for rain out information:
 (314) 286-9102



Workshop for the Lawn

DATE: March 21st

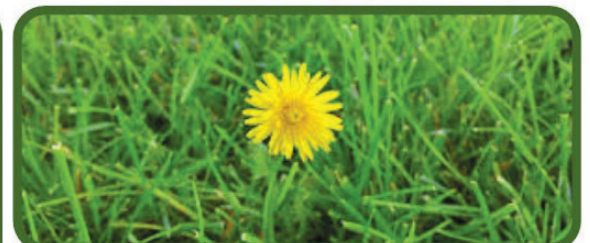
TIME: 6PM to 9PM

LOCATION: 132 E. Monroe Ave. Kirkwood, MO 63122

COST: \$25.00

Pre-registration required

Register at: extension.missouri.edu/stlouis/classes



TURFGRASS MANAGEMENT

The University of Missouri Extension is a leader in Turfgrass research. Join our state and regional specialists, as they bring this knowledge to St. Louis Metro area and spotlight the best strategies for keeping your clients lawns lush and beautiful with proper maintenance.

Topics of interest:

- Soil Testing for Turf Professionals
- Pest and Disease Management
- Cultural Practices
- Fertilization

Presenters:

Dr. Lee Miller
 Justin Keay
 Debi Kelly



Soil Testing drop-off available as well as plant diagnostics.

UNIVERSITY OF MISSOURI
Extension
 St. Louis County
 MU Extension is an equal opportunity/ADA institution

Phone/Fax: 314-400-2115
 Email: stlouisco@missouri.edu
 Office Hours: 8:00 AM - 4:30 PM (Mon-Fri)
 Register at: extension.missouri.edu/stlouis/classes.aspx

The Return of Parents' Night Out

A Night sponsored by St. Peter's United Church of Christ

Have a worry & child free night out as your children ages 2-15 participate in fun activities. Free dinner will be provided for the children. Please RSVP by calling our office at 314-521-5694 or emailing a_p@stpeterschurch.org. Pre-registration is required by March 10th.

Friday March 15, 2019 @ 6pm - 9pm

Free to the Community

All volunteers are trained and passed a background check



St. Peter's
United Church of Christ
1425 Stein Rd
Ferguson, MO 63135
314-521-5694



St. Peter's United Church
Of Christ Ferguson, MO



@StPetersUCCFerguson



www.stpeterschurch.org



info@stpeterschurch.org

SAVE THE DATE

City Wide Clean-Up



Saturday, April 27, 2019
9AM-12noon



St. Peter's UCC Community Blood Drive

Monday, March 25, 2019

4:00pm - 6:30pm

In Fellowship Hall

St. Peter's UCC
1425 Stein Rd
Ferguson, MO 63135
For More Info
Please Call
314-521-5694

IN PARTNERSHIP WITH



Mississippi Valley
REGIONAL BLOOD CENTER

Come join the Ferguson Phoenix



Ferguson news reported by the Ferguson youth. All students under 18 are invited to become reporters using multiple types of journalism.

- Newspaper • Online Website • TV News
- Podcasting • Social Media

Ferguson Public Library Every Tuesday 4:00-6:00pm

Contact Jane Bannester at janiebb@hotmail.com with questions.



Appearing Sunday, March 10



Sunday, March 10th marks the return of Daylight Savings Time...and the Forestwood Boy's return to Marley's Bar & Grill. The 'boys' (Mike Newman, Pat Molloy, Dan Duncan) play all kinds of classic rock from the sixties, seventies and beyond ...it's never boring, always fun! 4-6 p.m. Stop by!

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The MICHELIN® Defender™ tire is here, with the traction superiority to allow you to stop up to 31 feet shorter than a leading competitor¹ and industry-leading wear life technology that gives you a 90,000 mile warranty². That's up to 21,000 miles longer than a leading competitor², and why we say Defender Tires help keep you safer¹, longer². Find out more at michelinman.com/defender

1- Based on internal wet braking test results versus Goodyear Assurance® ComfortMax™ touring tire size P185SR15
2- 90,000 mile warranty for H- and T-rated tires; 80,000 mile warranty V-rated tires. See MichelinMan.com for warranty details.
3- Based on commissioned third-party wear test results versus Continental® ProContact™ with ECOPlus technology tire size 215/60R16.



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Financial Focus

By Joan Cleaveland (consultjoan@att.net)
Business Manager for St. Joseph Parish in Cottleville
Lindenwood University – BA Business Administration

Incentives Matter

Last month we looked at some of the ways we measure how our economy is doing and defined just what economics is. Other factors about economics need to be recognized because they affect what happens in an economy. The most significant are that incentives matter, there is no “free lunch” and long term consequences and secondary effects must be considered.

Most economists agree that “incentives matter” sums up the principle of economics. In a free market this is what drives the economy. The reason markets work is because buyers and sellers adjust to changes in incentives. If prices are too high, consumers will buy less. Inventories of the product will accumulate eventually causing the company to reduce prices to move the inventory. If a product is scarce the price will increase causing the sellers to provide more of the products. When the amount to satisfy the need of the buyers is met, the supply and demand balance out. This doesn't happen immediately it does take time for the buyers and sellers to react to the changes in demand.

When the price of gasoline was less than 25 cents a gallon, many folks went out for a Sunday drive as a family activity. As a teenager, I remember driving around being a cheap thrill. My parents always took the mileage before we left and then we'd have some explaining to do on how we chalked up so many miles in one night. At that time the cost didn't seem like much and gasoline seemed plentiful. Within a couple of years, the price of gas jumped quickly. During this time, I took a trip to California in a VW Beetle. Along the way we saw the price of gas going up and by the time we reached LA it was over fifty cents a gallon. Consumers reacted by cutting back on driving and looking for less expensive transportation. Small cars were suddenly in, and gas guzzlers were out.

The scare of long lines at the pump and the recognition that our supply had limits caused people to begin to see more of the true costs of their driving habits. Just as the consumers were reacting, the suppliers of oil looked for ways to meet the demand for oil. They increased drilling, found ways to get more oil from existing wells and did more to search for new places to drill. By the eighties we saw an increase in oil supplies and prices went down for the first time in years. Consumers reacted by going back to more powerful vehicles because fuel costs less. The SUV became popular, and for the next two decades, lower oil prices caused us to use more oil and not worry about the consequences. Now it's 2019 and the price of oil is heading up again. Consumers react by looking again at smaller cars and hybrids are gaining popularity. Today used SUVs are a real bargain, but the cost of running them is more difficult to bear. So you can see incentives do matter.

“There is no such thing as a free lunch” is another facet of economics. It's a common phrase used by economists to illustrate that nothing is truly free, someone is paying for it and chances are that someone is you. When you use a restaurant coupon for one free dinner when you purchase one – you can be sure the costs of the free dinner are built into other costs. That doesn't mean you are saving some money – those who don't have the coupon are paying full price.

When people talk about “free” health care or government provided health care, it sounds like it's going to save money. However, it is not free, we will pay for it. We'll just pay in a different way. Will it be more costly than our current system? I really don't know, but I do know that when we use a resource (tax dollars) to handle one problem like health care, it will have an effect on our ability to use those tax dollars for other things. So if we desire our government to pay for education, health care or other services, these costs can only be covered by shifting the costs of other government expenses.

Another factor is the long term consequences or secondary effects of attempts to control the economy. Sometimes these can be worse than the problem they were intended to eliminate. To illustrate a simple example of a secondary effect, we can look at what happened when a first grade teacher came up with an idea to help students stop losing their pencils. She agreed to pay for each pencil stub turned in believing students would have an incentive to keep track of their pencils. The secondary effect came when long lines at the sharpener created stubs faster than she could pay for them.

This happens with our government's economic policies sometimes too. Politicians will give credit to their programs or legislation that helped or solved a problem. What they sometimes neglect to tell is the residual effects of their program. Just a few years ago, the Bush administration imposed steel import quotas. The reduction in imports caused U.S. steel prices to rise and since “incentives do matter” both output and employment for domestic steel producers went up. For the steel industry this looked like a good thing. What wasn't good was the secondary effect on the producers of automobiles, appliances and even fencing. As the price of steel increased it became more expensive for them to produce goods which caused the price of their products to go up. More expensive commodities caused a reduction in the amount of products they could sell. Less sales means less employees are needed to produce their goods. Competition from foreign firms who could purchase steel at lower costs also hurt these businesses. One more consequence not often talked about was the foreigners who could no longer

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Recent heavy snowfall almost buries the Ferguson Falls on North Florissant Road.

sell their steel to us were now less apt to import other American goods. They had less money to spend which meant U.S. export activity went down. So it's important to understand that when the government imposes a restriction to help one group others will be affected and often in a negative way.

In this election year we are seeing government's involvement becoming a central theme. Republicans seem to believe government restrictions and regulations on business should be lifted to promote economic growth. Democrats seem to believe that government needs to be involved with regulations and controls to prevent abuses; some of which caused problems we are dealing with today. While it's not quite that simple it isn't much different than looking back at the Depression era. The question about how much government should get involved in solving economic problems was an issue even then. When Hoover took office the country was prospering and optimistic. When the stock market crashed, he did not want to interfere. He called the depression a “temporary halt in the prosperity of a great people.” Like some politicians today he felt business and industry should help the recovery. Government's role was to create an environment for businesses to thrive.

Next month, I'll look at some comparisons between the great depression and today's economic woes. Some have been wondering if the programs that helped bring about the recovery during that time could be useful today. And the question of whether those programs created more unintended consequences can help us understand just how much government control is acceptable. And of course, we can't ignore the disagreements on whether it was the government programs or the start of World War II that brought about the prosperity enjoyed by Americans

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Dorris Keeven-Franke is Executive Director of the Missouri Germans Consortium, Archivist for Bellefontaine Cemetery and Arboretum in St. Louis, and Curator for a new St. Charles County Veterans Museum opening this spring. She teaches Genealogy for the City of St. Charles Adult Education, is President of the board for the German American Committee of St. Louis and serves on O'Fallon Missouri's Historic Preservation Commission. She also provides public programs at the Missouri History Museum, the St. Louis Community College, the St. Charles Community College and other regional historical organizations



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Edward Jones Perspective

Insurance Can Protect Your Aspirations

You probably already know that life insurance can protect your family if something were to happen to you. But you might not realize the many ways in which insurance can help you preserve your plans for the future – whether for yourself, the next generation, or those charitable groups you support.

Specifically, life insurance can potentially help you address several areas, including the following:

• Help in covering final expenses –

The proceeds of a life insurance policy can provide immediate funds at the time of your death to pay for your funeral costs, your debts and your final income taxes.

• Transfer wealth (with potential tax advantages) –

Some wealth transfer vehicles carry significant tax consequences. But the proceeds from life insurance are typically free of income tax, so if your death benefit is \$1 million, your heirs will receive the full \$1 million. (Consult with your tax advisor about all potential tax consequences beneficiaries might face.)

• Provide charitable gifts –

You can use life insurance in various ways to support charitable organizations. One option is to donate a policy you may no longer need. Either you or the charity would continue paying the premiums, but the charity would become both the owner and beneficiary of your policy. Alternatively, you could purchase a permanent life insurance policy and donate it to the charity, which could then use the policy's cash value when you're alive and receive the death benefit when you die.

• Help fund a revocable living trust

Depending on your situation, you might want to establish a revocable living trust as part of your estate plans. A revocable living trust helps you avoid the time-consuming, expensive and public process of probate. And, among other benefits, a living trust allows you to distribute your financial assets over time, and in amounts that you specify –

which may be quite appealing, if, for example, you'd rather not give your children a large amount of money at once. Life insurance can help fund your living trust – you just need to name the trustee (which may well be yourself while you're alive) as the owner and beneficiary of the policy. However, you will need to consult with your legal advisor before creating and funding a living trust.

• Help cover long-term care costs –

You may never need any type of long-term care, but if you do, you'll find it quite expensive. It now costs, on average, more than \$100,000 per year for a private room in a nursing home, according to the 2018 Cost of Care Survey, produced by Genworth, an insurance company. Medicare typically pays little of these costs, so the burden will fall on you. To avoid using up your financial assets – or, even worse, having to rely on your adult children for help – you may want to purchase insurance. Some life insurance plans offer long-term care coverage, either through a special "rider" or by accelerating your death benefit, but you might also want to consider a traditional long-term care insurance policy.

As you can see, one of the most flexible tools you have is life insurance. Start thinking soon about how you can put it to work.

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning attorney or qualified tax advisor regarding your situation.



Joseph Meyer, CFP®
Financial Advisor
Edward Jones
409 S Florissant Rd.,
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Veteran's Memorial to be Refurbished



As many of you know the City of Ferguson has a fantastic parks system. We have a wide variety of parks that cater to everyone's outdoor recreation likings. Normally a park is a place of play or relaxation but there are exceptions. Many national and state parks have been built on hallowed ground, to memorialize or to commemorate a historic event or a famous person. Ferguson too has such a park.

January Wabash Park on North Florissant Road has a memorial to Ferguson residents who sacrificed their lives in service to our nation. Unfortunately the memorial has fallen into disrepair and needs to be refreshed and refurbished. Thankfully, two local veterans who were raised in the Ferguson area have committed to completing this important project to honor our fallen heroes. Jerry Barbero and Dave Harting have been working with the City for the last year to develop renovation plans for the Memorial site and also raise the funds necessary to return the Memorial to its once prominent status. Because of the size and scope of the work to be done the project will be completed in 2 phases with Phase I scheduled to begin late spring,

As luck would have it, the City of Ferguson also just completed the paperwork to form a not-for-profit (501c3) to assist in the solicitation of donations for our many eligible projects and priorities. The Ferguson Future Foundation has begun accepting donations for the repair and refurbishment of the JW Park Memorial and would like to extend an opportunity to the community to donate as well. To date, we have collected \$35,000 towards this project. You may send your check to;

Ferguson Future foundation
110 Church St, Ferguson, MO 63135

Edward Jones
MAKING SENSE OF INVESTING

PROPOSITION P

Shall the City of Ferguson, Missouri partially amend Article IV Section 4.4 (Powers and Duties of the City Manager) of the City Charter to change the hiring and removal criteria for the Citys Chief Law Enforcement Officer, and to read as set forth below?

The city manager shall be the chief executive and administrative officer of the city and shall be responsible to the council for the proper administration of the affairs of the city. To that end, the city manager shall have power and be required to

(b) Recommend for appointment by a majority vote of the City Council (elected), the Citys Chief Law Enforcement Officer, whose removal shall be governed by the applicable provisions of Missouri Law.

(VOTE FOR ONE)

YES
NO

Trivia

All answer begin with the LETTER "K"

K

1. Ape with a pituitary problem.
2. Electrical measurement.
3. Aussie teddy.
4. Eskimo boat that's the same coming and going.
5. Big enough for Henry VIII.
6. Painted band named Smooch.
7. Soldier's casual threads.
8. Smooching relatives.
9. Superman's downfall.
10. Where the Wright brothers took flight.
11. Barbie's boyfriend.
12. Double decker in checkers.

See answers at bottom of page 23.

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Under The Hood With Robinwood
By Bob McGartland

Taking Odd Noises Seriously

There are many different types of noises and sounds that occur from the car. One day the car is quiet and the next day you start to hear the noise. Sometimes the noise starts off faint and then continues to get louder over time. Some of them may be more serious than others. Even if you're not sure if the noise is something serious or not, it is always best to have it properly inspected. I have listed below several of the common "noises" and their possible cause.

A clunk or thumping noise in the front or back of the vehicle, could possibly be an issue with the struts, the shocks or some other suspension component.

One noise that you might hear could be from the brakes. It might be a high-pitched screech that only happens when you apply the brake pedal. This can be caused by worn out brake pads. Some brake pads are equipped with wear indicators, designed to warn the driver the brake pads are at the end of their efficiency. The brake rotors may also have rust on them. This will sound more like a grinding noise rather than a squealing noise. If the brakes make a noise when you apply the brake pedal, make sure to bring the vehicle in for a brake inspection.

Another noise might be a rattling metal type sound. You might notice this noise coming from the engine area or from under the vehicle. Sometimes this can be more common as you step on the accelerator. A lot of times this could be a loose exhaust shield rattling against the metal exhaust pipe.

Another noise from the engine could be a ticking sound. Sometimes the valve train could indicate this by either poor oil pressure or very little oil in the engine. Most cars do not have a low oil level light. So, it is very important to check the oil level before you keep driving. If ignored, it doesn't take long before further damage can happen to the engine.

Noticing a squealing noise from under the hood could mean that a fan belt or serpentine belt needs replacement. As it wears and gets old with age, it will start to loosen. If the belt snaps or breaks, you will need to have it replaced immediately in order to keep driving.

If you are ever in doubt, make sure that you contact us to schedule an appointment. It is always better to be safe than sorry. Checking a problem at the first sign will help prevent it from becoming worse and more severe in the long run. We will be able to determine what the sound is, and how to have it repaired quickly.

Visit us at robinwoodauto.com.

MU Extension
University of Missouri

Annual Dinner Friday, March 29

We invite you to hear University of Missouri-Saint Louis Chancellor Thomas George as our keynote speaker at the 2019 MU Extension in St. Louis County Annual Dinner and Fundraiser.



Dr. Thomas F. George is chancellor and professor of chemistry and physics at the University of Missouri-Saint Louis. As chancellor since 2003, he oversees academic and administrative operations of a university with 17,000 students, 2,500 faculty and staff, 40 academic buildings and a \$200 million annual operating budget. As an active member in the St. Louis community, he serves on numerous civic boards. In addition to his role as campus and community leader, Chancellor George contributes at the state and national levels, such as recently serving as president of the Coalition of Metropolitan and Urban Universities.

An active researcher in chemistry and physics, Chancellor George has been acknowledged by an honorary doctorate in physics. He also has received an honorary doctorate in education. Chancellor George is also an accomplished jazz pianist.

We are proud to have his unique expertise as a part of our event, and we look forward to hearing the vision he has for us to help our residents live the healthiest and most productive lives possible.

During the dinner, we will recognize three partners added to the Extension Leaders Honor Roll:

- ⌚ Dr. John Gaal, director of training and workforce development, was the inspiration for the work that led to the planning of the Opioids and the Workplace Conference that occurred in January.
- ⌚ Bailey Lutz, former employee, has remained an active part of our 4-H program by volunteering on the Science Matters project, as well as teaching String Art classes at no cost to our office.
- ⌚ Cassidae Pfeiffer, 4-H group leader to the Electronic Dolphins Robotics Club, has worked with her team for several years to build their club, which primarily consists of home school students.

In celebration of our 40th anniversary of the St. Louis Storytelling Festival, we will also have a storyteller there to present a story to the crowd. In addition, you will be able to meet St. Louis County Extension Council members, have the opportunity to interact with the specialists and educators that work in the St. Louis region, and hear what programs have been successful this year.

Annual Dinner and Fundraiser details:

- ⌚ When: Friday, March 29 at 6:00 p.m.
- ⌚ Where: Orlando's, 2050 Dorsett Village Plaza, Maryland Heights, MO
- ⌚ Keynote: Chancellor Thomas George, University of Missouri-Saint Louis
- ⌚ Fee: \$35 per person (buffet dinner)/\$275 for a table of eight
- ⌚ Register: Call 314-400-2115

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Saturday March 30th

4:30 pm to 7:00 pm

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Traveling With Marveena



by Marveena
Miller
Shanahan

My first trip out of the country was with my best friend and a co-worker; none of us had been out of the country before. We wanted an English-speaking country that was safe, I wanted history, culture and architecture; they wanted beer and shopping; we choose Ireland. Although we went in October, looking back we should have gone in March as you can't talk about visiting Ireland and not think St. Patrick's Day. St. Patrick was abducted at 16 and was sent to Ireland as a slave. Once he escaped being a slave, he had a vision from God and remained on the island to spread Christianity. After his death in 461 he was to be honored with a day known for spiritual renewal, March 17th, St. Patrick's Day. Fun fact: the first St. Patrick's Day parade was not held in Ireland but in Boston in 1737; Dublin did not have its first St. Patrick's Day parade until 1931. The wearing of green did not become synonyms with St. Patrick's Day until the 19th century; before then it was blue.

The Island of Ireland is home to the Republic of Ireland and Northern Ireland a constituent country of the United Kingdom; both countries are members of the European Union and you are free to travel between them. The Republic of Ireland is a parliamentary democracy and has a popularly elected president who has mostly ceremonial powers. The government is headed by a

prime minister, who is appointed by the President on the nomination of the lower house of parliament. The capital of the Republic of Ireland is Dublin. The Republic today ranks among the wealthiest countries in the world in terms of GDP and in 2015 was ranked the sixth most developed nation in the world by the United Nations.

We flew out of Chicago and landed in Dublin in the morning. We were met at the airport by our tour guide. We had chosen to go in October

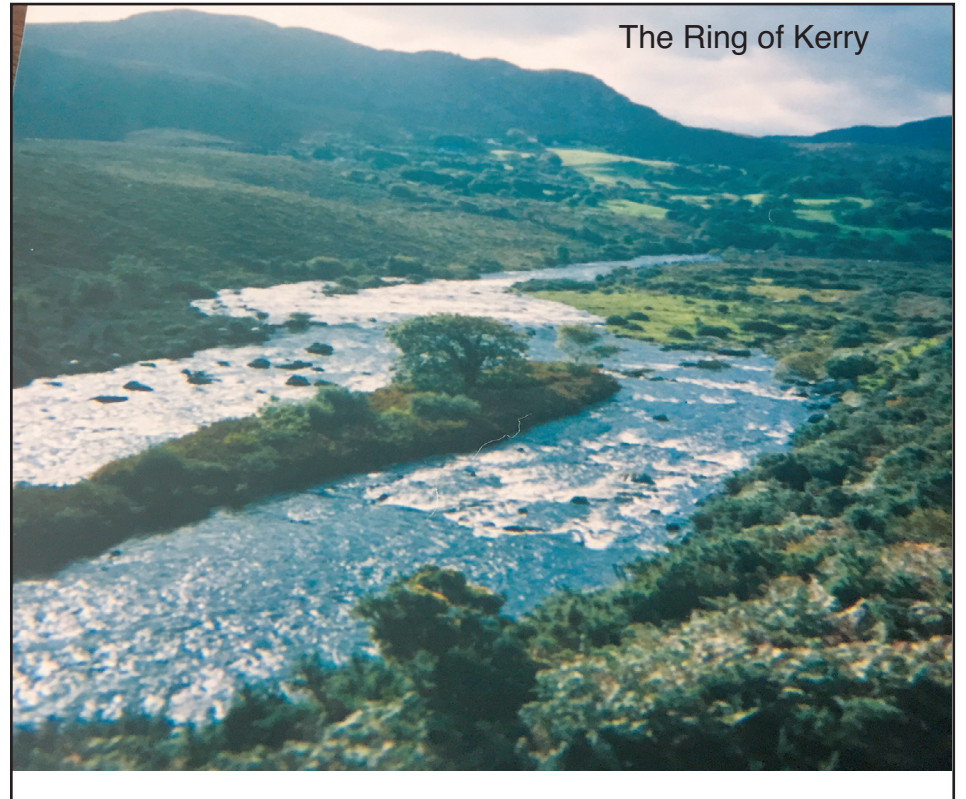
and the weather was perfect. It was raining when we arrived at the airport but had stopped raining by the time, we arrived downtown in Dublin and didn't rain again until we flew out. October is off-season and our tour was about half full which made the trip even more enjoyable. I knew the food would be an issue for me and packed peanut butter, granola bars and tuna packets but I didn't know I wouldn't have access to my bags, so I snacked on sugar packets until everyone arrived at the hotel. I was bouncing off the walls by the time tour started. We were the youngest people by (probably) thirty years and the only single people on the tour. We loved the people from England, the other Americans were terrible, and the Australians were hilarious.

When I tell people, we did a tour people have strong opinions; they either love them or hate them. I really enjoy them. They are easy, safe and you get to see a lot of a country. We were fortunate, with a half empty tour, we each had our own row and didn't have the normal one bag limit. We got to know the people on our tour and really become friends. Other people hate tours; they say they can be rigid, tiring and boring. It's true there is not a lot of free time but there is also not a lot of wasted time. You do have to be up and ready to go and do spend a lot of time on the bus but, you get to see more and visit more.



The Cliffs of Moher

We spent ten days in Ireland, we visited the Ring of Kerry, Blarney Castle, The Cliffs of Moher, Galway, the Wicklow Mountains, the Waterford Crystal Factory and a brief drive into Northern Ireland. The landscape was breathtaking, the castles were outstanding, and the people were friendly. The Ring of Kerry has stunning scenery and includes a gorgeous coast, peaceful



The Ring of Kerry

rivers and abundant wildlife. The Ring of Kerry was carved from the last Ice Age, almost 10,000 years ago and include the Iron Age Forts, Ogham Stones, and Old Monasteries.

Blarney Castle was built almost 600 years ago and is one of Ireland's most famous landmarks. The Blarney Stone, the legendary Stone of Eloquence, is found at the top of the tower and legend has it if you kiss it and you'll never again be lost for words. I am never at a loss of words, so I did not kiss it; nobody wants a Marveena who talks more than she already does. The Cliffs of Moher are a UNESCO Global Geopark and is Ireland's most famous tourist destination. The Cliffs are 702 feet above the sea and the wind gust can topple you off the cliffs if you are not careful. Multiple legends and hobbit like villages only add to the lure of the cliffs.



On the Cliffs of Moher

In Galway we stayed in a hotel that looked like it was taken straight from the movie *The Shining*. Galway, Ireland's largest National Park is focusing on conservation of biodiversity and landscape; we had tea and scones it a quaint little farmhouse. The Waterford Crystal Factory was stunning and displays a back-up crystal ball

for the New York City New Years Eve drop, just in case it is needed



The Irish have the best road signs.

Ireland was my first trip out of the county and my first trip with girlfriends and the first time I understood why other countries dislike American tourist. Several American couples did nothing but complain, were always late, and were rude to residents.

I learned how not to act, to respect their culture, and learn the history before I visited other countries.

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I had been having back spasms for several weeks and had visited Dr. Robyn regularly during that time. Although I was better after each adjustment, I was still having enough spasms that I was unable to get a good night's sleep.

When Dr. Robyn approached me about using essential oils, I said, "Sounds like a lot like of voodoo to me". I shouldn't have been surprised that essential oils had medicinal properties, because for years I have used Black Cumin for minor cuts and blemishes.

"Well, let's try it." I said. Dr. Robyn's assistant rubbed a number of oils into my back, the bottom of my feet and had me breathe in their scent. Did it work? I don't know. I felt different and more confident that all would be well (think that is called Peace).

After my experience, I asked Dr. Robyn to write a little about Essential Oils periodically, because I think it is another tool in her arsenal to help her patients be more pain free.

Dorothy Seiter

"If you have ever enjoyed the scent of a rose, you've experienced the aromatic qualities of essential oils. These naturally occurring, volatile aromatic compounds are found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. Essential oils give plants their distinctive smells, they protect plants and play a role in plant pollination. In addition to their intrinsic benefits to plants and their beautiful fragrance, essential oils have long been used for food preparation, beauty treatment, and health-care practices.

"Essential oils can be used for a wide range of emotional and physical wellness applications. They can be used as single essential oils or in complex essential oil blends depending on user experience and desired benefit. All application methods are safe when used appropriately, including aromatic, topical, and internal methods.

"Visit my facebook page Get Well Family Chiropractic and leave me a message to learn more about essential oils."

Dr. Robyn

Dr. Robyn's Office Hours:

*Monday, Wednesday, Thursday 9:30 am to 1:00 pm – 3:00 pm-6:00 pm
 Tuesday, 3:00 pm to 6:30 pm*

January 9th, 2019 meeting minutes
 Reported by Keith Kallstrom
 (Keith.Kallstrom@gmail.com)



Officer Brad Kaiser opened the February 13th, 2019 meeting of the Ferguson OnWatch, welcoming everyone. Officer Kaiser is one of our K9 officers, partnered with Kojak, a 2 year old 72# Belgian Malinois.

Officer Kaiser has 20 years' experience as a police officer who began in Ferguson in July 2017. Prior to Ferguson he had worked in Moline Acres, Berkeley, and Manchester. He was partnered with Kojak in May 2018, and currently rides in one of our Dodge Chargers. Kojak was obtained from the Ryan Griffin Foundation, as was Champ, one of our other K9's. Ferguson received 2 of the 10 dogs given out by this foundation. Ryan Griffin had died of a heroin overdose, and his parents created this K9 foundation in his memory. Kojak is a dual purpose dog, doing double duty as a standard K9 trained in apprehensions, tracking, article searches and also is a drug interdiction K9. He can sniff out heroin, cocaine, marijuana, and methamphetamines (which includes "Ecstasy").

Officer Kaiser handed out the January 2019 Ferguson Crime Review. The attendees asked questions on events happening all over Ferguson, and he responded with information on each request. This time the report was sorted by Sector of occurrence. Some definitions were clarified:

Burglary: Breaking and entering into an unoccupied house.
 (A structure)

Robbery: Against a person

Assault Simple: Less violent assault, ie: spit upon, verbal assault, non-violent touching.

Gun Return: A gun used in a felony stays in possession of the police until the end of the trial. At the end, a court order is used to either destroy the gun, or to return it to its' owner. If a gun is not used in a crime, it still takes a court order to return it to the owner.

Missouri Castle Doctrine

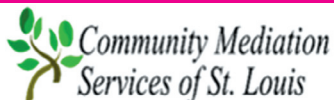
If you are in the car, and someone attempts to carjack you, deadly force can be used to stop it. If you are in your house, and you see someone stealing your car from your driveway, deadly force cannot be used. This doctrine is like the "Florida stand your ground" law. You must be a reasonable person who is in fear of his or her immediate safety.

Do not leave your car running

Car thieves look for cars that are warming up unattended. Do NOT start your car and leave it unattended. It can be GONE IN SIXTY SECONDS. Also, don't leave cars running while being filled with gas. The winter with its cold weather brings out more of these kinds of auto thefts. At the gas station, turn the car off and lock it prior to gassing it up. If someone tries to rob you of your key fob, don't toss it away, they'll shoot you in retaliation. During January, 19 autos were stolen using this method, including at Papa Johns and at Aaron Rents. There is a way that the key fob can be superseded. In the Aaron Rents case, the employee later was at the Liquor Doctor, and instead of calling the Berkeley Police to apprehend the suspect and get his car back, walked up to the car with his key fob, whereupon the suspect was able to restarted the vehicle and flea the scene.

Next meeting date

Our next Ferguson On Watch meeting is March 13th, 7:00 PM at City Hall. Have a safe month!



DOES THIS SOUND FAMILIAR?

❖ 'I'm behind in my rent and my landlord wants to evict me. I don't have anywhere to go.

Is there some way to work out a deal before my landlord takes me to court?

❖ 'My neighbor refuses to maintain his yard? I've tried talking to him, but he's unreasonable. How can I convince him to clean up his property without reporting him to the town?

❖ 'We have a patron who spends all day in our cafe working on their computer and only orders water! It's a business, not a public library. How do I let them know that they're always welcome, but we need their financial support?'

❖ 'I hired a contractor to work on my house and, in good faith, paid them in advance. Now they are stalling. It's been two months and they still haven't started the work. I'd rather not report them to the Better Business Bureau yet, but how do I get them to listen to my concerns? I'm the customer, after all.'

WHAT CAN YOU DO?

Call a FREE Mediator from Community Mediation Services (314) 884-8479 or email: info@mediationstl.org

> Mediation is a process that allows individuals to resolve their disputes in a safe location with the assistance of a neutral third party. The mediator is not a judge and does not issue a verdict -- they simply help guide the parties to a peaceful resolution.

> All mediations are confidential and voluntary

> Mediation can help resolve disputes between tenants and landlords, neighbors (e.g. lawn care, maintenance, noise, pet, and other nuisances), family members, and even the police and members of the community when it involves a non-criminal offense.

> Mediation can help save disputants money on attorney fees and court costs.

Community Mediation Services of STL is a local non-profit that provides free professional alternative dispute resolution to residential residents of Ferguson. CMS accepts referrals from individuals, homeowners or neighborhood associations, business owners, property owners, tenants, landlords, and the police department. For a free consultation, to learn more about alternative dispute resolution, or to schedule your mediation, please call (314) 884-8479 or email info@mediationSTL.org.

"Bring People Together to Talk and Resolve Their Differences"
 www.MediationStl.org



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Vote MIKE PERSON

Tuesday, April 2nd

Ferguson Councilman Ward 1

Ferguson Can Trust Mike Person!

- * Reduce Crime and Recruit Qualified Officers
- * Advance the Ferguson Consent Decree
- * Build Better Citizen/Council Relationships
- * Rigorous Education and Opportunities for Youth
- * Accountability and a Safer Community

Current Committeeman of the Ferguson Township
 Nesbitt Newton Park and Halpin Park Beautification Team
 Unity Weekend Volunteer * Samaritan's Feet Volunteer
 Ferguson Small Business Advocate * Endorsed by CBTU
 Opposed Liquor Store in Robert Superior
 Missing Persons Advocate * Endorsed by AFT
 Home Ownership * W. Florissant Reconstruction
 Senior Services * Neighborhood Stabilization

Paid for by Friends for Mike Person, Theda Person, Treasurer
 FriendsforMikePerson@gmail.com / FACEBOOK: Friends for Mike Person / 314.315.5525

Ferguson-Florissant School District's Assessment Scores Improve

Results from the 2018 Missouri Annual Performance Report (APR) for the Ferguson-Florissant School District show a substantial increase in the District's overall score. Ferguson-Florissant received 110.5 points out of a possible 120 points on the state's annual assessment, or 92.1 percent.

This year's score of 92.1 percent is a 24.7 percent increase from last year's score of 67.4 percent and by far FFSD's highest performance over the six years of MSIP 5. Ferguson-Florissant School District showed growth in ELA and Math and gained points for attendance and graduation rate even with adjustments to the calculations. This is a significant increase over past years and demonstrates the effectiveness of initiatives across the District.

"Our performance says we are headed in the right direction, and we are especially excited that 87.5% of our seniors graduated in four years," said Ferguson-Florissant's Superintendent, Dr. Joseph Davis.

VOTE FOR EQUITY, TRANSPARENCY, AND ACCOUNTABILITY
IN THE FERGUSON-FLORISSANT SCHOOL BOARD ELECTION. ON APRIL 2 - VOTE FOR 2 - THESE 2



The Ferguson-Florissant School District Needs Thoughtful Leaders Who Will Work for A Brighter Future for Our Children and Our Community!

Connie Harge • Current Ferguson-Florissant School Board of Education Secretary



#2 on Your Ballot

314-413-1430
 www.vote4connieharge.com
 cdharge@att.net

Committee to Elect Connie Harge

Endorsed by: Grade A for Change and North County Labor Union

- Running to continue making positive changes in our district
- Advanced & Master Certification with the Missouri School Board Association
- A resident and homeowner for over 39 years
- Bill Harge, spouse of 43 years, graduate of Berkeley High School
- Serves on the Ferguson Youth Initiative and Florissant Advisory Boards
- 30 plus years in the health care industry
- Attended and graduated from Washington University
- Member of Hope Church and Eastern Star
- Connie advocates for all students to graduate, college ready

Dr. Sheila Powell-Walker • District social worker for the School District of Clayton



#3 on Your Ballot

314-390-9049
 engageandempowernow@gmail.com
 Elect Dr. Sheila Powell-Walker

Endorsed by: Grade A for Change and Ferguson-Florissant National Education Association

- Ferguson homeowner, member of Third Presbyterian Church
- Experienced educational advocate
- Adjunct Professor at Lindenwood University and MO Baptist University
- Doctoral studies focused on improving educational outcomes for underserved youth
- Experienced in comprehensive student planning and community engagement
- Sees caring for educators and students as essential to learning
- Presenter at local and national education conferences
- Alive and Well St. Louis Ambassador and Trauma Awareness Trainer

Paid for by: Grade A for Change, Judy-Ferguson Shaw, Treasurer, 314-837-3904

Experienced Leadership Matters in Ferguson's Ward 3



Paid for by Citizens to Reelect Keith Kallstrom, Keith Kallstrom Treasurer, P.O. Box 11023, Ferguson. MO 63135

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March, 2019
By Bob McCarty

Here we are, four weeks into the groundhog's prognosis, three more weeks until spring is upon us. That's right, spring has sprung and it's time to get out to check how well your home has weathered the winter. It's time to make a visual inspection of your house.

This month, I'm going to list a few parts of your home that should be inspected periodically. These inspections and the plan to take care of any of your findings will help keep the costs down from a full-blown repair. To spend a little time now will save you from spending a lot more later. These areas are the roof, exterior wall including the windows and doors, foundation, and you're A/C unit. Let's start with the roof. But before we start, remember that safety should be forefront in your mind. For instance, if you don't want to get up on your roof, then maybe hire someone who would look for you.

Let's get started.

Roof

- Flashing around chimneys, dormers, and valleys: make sure that the flashing isn't rusty, loose, or missing.
- Asphalt shingles: are the granules looking thin or gathering in the gutter?
- Chimney: check the mortar between the bricks to make sure it's not crumbly or cracked. Make sure the bricks are secure. While you're there, check the chimney cover that it is secure.
- Gutters: inspect to make sure that the gutters are not filled with leaves and twigs. Insure that the gutter and downspouts are secure in their space.

Exterior Walls

- Paint: is the paint showing any signs of wear? Look for cracks in the paint or flaking areas. If you find a small amount of this, you may be able to just touch-up. If there's a lot, then you may have a paint job in your future.
- Trim: all of the trim should be secured firmly to the house, caulked to avoid any water infiltration, and painted.
- Joints between different types of material; the joint where these two materials meet needs to be filled with caulk if not protected with flashing.
- Windows: look for cracks in the glass. Make sure that the glaze around the windows is in good shape and not crumbling. Insure that the window operates smoothly. Are the screens torn?
- Siding: Are there any loose or missing pieces of siding? If you have wood siding you will need to look for any kind of rot.
- Doors: Do your doors swing easily? Are the hinges secure? Do they squeak?

Foundation

- Cracks: look for new cracks around the foundation and the windows. If you have a cellar door, check to make sure it operates smoothly, and doesn't show any signs of rot, or peeling paint.
- Slope: does the ground slope away from the house? This allows rain water to drain away from the foundation.
- Downspouts: do you have a splash block to help divert the water away from the house.
- A/C Unit: The area around you're A/C Unit should be clear of all leaves and debris. Have your A/C serviced by a qualified technician.

That's a start. Now you have an idea of what type of maintenance needs to be done during the warmer months of the year. If you do this often, you won't be spending much time fixing a lot of stuff. You will find that an ounce of maintenance saves a pound of repairs.

Until next month, Bob is doing some of his own inspections before he makes his maintenance plans. Happy Spring.



Leslie Hogshead continues to advocate for the students, families, and community of the Ferguson-Florissant School District. She needs your supports to persist in improving our community. A district resident for 42 years, Leslie and her family believe in public education. Her daughter, Erin, attended the Ferguson-Florissant School District from kindergarten through graduation from McCluer High School and now a public school teacher. Leslie founded the PTSA and Project Graduation at McCluer High School and helped organize similar programs because she believes that all voices in our community should be represented. Under her leadership on the Board of Education:

- Test scores have dramatically risen.
- New STEAM Academy and STEAM High School were established
- Community collaboration to celebrate schools success and continued improvement were promoted.
- There has been a push for "Green" schools for cost efficiency and conservation of our natural resources.
- The promotion of safe, fair and equitable education for all students enriched through continuous process improvement.

**The Only Candidate Supported by both
Ferguson-Florissant National Education Association
North County Legislative Labor Club**



Insure continued experienced leadership,
Vote twice for Leslie Hogshead.
#1 on the ballot!



**Any questions, comments or need a yard sign,
please email me at
Hogshead4SchoolBoard@gmail.com**

Paid for by Hogshead for School Board ~ Dr. Rance Thomas, Treasurer

FERGUSON FIRE DEPARTMENT

Safety Tips CLOTHES DRYER SAFETY

Doing laundry is most likely part of your everyday routine. But did you know how important taking care of your clothes dryer is to the safety of your home? With a few simple safety tips you can help prevent a clothes dryer fire.

SAFETY TIPS

- Have your dryer installed and serviced by a professional.
- Do not use the dryer without a lint filter.
- Make sure you clean the lint filter before or after each load of laundry. Remove lint that has collected around the drum.
- Rigid or flexible metal venting material should be used to sustain proper air flow and drying time.
- Make sure the air exhaust vent pipe is not restricted and the outdoor vent flap will open when the dryer is operating. Once a year, or more often if you notice that it is taking longer than normal for your clothes to dry, clean lint out of the vent pipe or have a dryer lint removal service do it for you.
- Keep dryers in good working order. Gas dryers should be inspected by a qualified professional to make sure that the gas line and connection are intact and free of leaks.
- Make sure the right plug and outlet are used and that the machine is connected properly.
- Follow the manufacturer's operating instructions and don't overload your dryer.
- Turn the dryer off if you leave home or when you go to bed.

AND DON'T FORGET...

- Dryers should be properly grounded.
- Check the outdoor vent flap to make sure it is not covered by snow.
- Keep the area around your dryer clear of things that can burn, like boxes, cleaning supplies and clothing, etc.
- Clothes that have come in contact with flammable substances, like gasoline, paint thinner, or similar solvents should be laid outside to dry, then can be washed and dried as usual.

FACT

The leading cause of home clothes dryer fires is failure to clean them.

NATIONAL FIRE PROTECTION ASSOCIATION

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MARCH 2ND 6PM - 9PM

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**SATURDAY, FEBRUARY 2
6PM - 9 PM**

Come for the comfy seats and every imaginable snack. Stay for the friendship and real conversation. Call 314-521-5694 for tickets or stop by St. Peter's Church. Tickets are free.

This month's discussion topic is Joy!

Joy is the emotion evoked by well-being, success, or good fortune, or by the prospect of possessing what one desires.

What causes you to experience joy?

St. Peter's UCC – 1425 Stein Rd. – Ferguson, MO 63135

The King of Kings

A Silent Movie with Pipe Organ Accompaniment
Mark Gifford, Organist

Travel back in time and let the warm and majestic sounds of the theater organ transform this epic story of the life of Christ before your very eyes! Following the movie, refreshments will be served in the Fellowship Hall. Free and open to the public!

Friday, April 12th @ 7pm

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Ferguson MO 63135

St. Peter's
United Church of Christ

(314) 521-5694
music@stpeterschurch.org

**Anniversary
Celebration
Plans**

Harry and Margaret Henderson celebrate their 70th Wedding Celebration in October of this year.



Ferguson Municipal Public Library
presents:

YOGA @ THE LIBRARY



SATURDAY, MARCH 9TH
10:00-11:00AM

Come and learn basic Yoga techniques from Om Turtle instructor **Martha Philipp**



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Ferguson
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RESTAURANT & PUB
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Ferguson
(314) 254-7359
FergusonBrewing.com

**1 ROAD.
2 BLOCKS.
4 GREAT CHOICES.**



St. Louis County 4-H Youth Attend the National 4-H Youth Summit on Agri-Science in Washington, D.C.

Hands-on learning experience prepared youth to develop an action plan to address local challenge.

With increased challenges facing our communities and the agriculture industry, it is essential to design youth-driven programs dedicated to identifying ways to improve health, agriculture, and food. Thirteen local innovators of tomorrow, Candace Betts, Bianca Bowser, Benjamin Brandt, Kaitlynn Foster, Rachel Fry, Abi Gorline, Mia Hoormann, Isabella Karanja, Drachen Koester, Anna Loucks, Samantha Ott, Olivia Pfeiffer, and Anushka Ramgounda, recently got the chance to hone his or her agri-science skills at the National Youth Summit on Agri-Science in Washington, D.C.

For three dynamically engaging days, the 4-H'ers participated in a variety of sessions on topics focused around precision agriculture, food and health, animal science, wildlife biology, bio based products, and bioenergy. With support from industry leaders, youth had the opportunity to not only build skills and knowledge, but also explore careers in the agri-science industry. The youth also developed a community action plan to implement throughout the year to raise awareness about a social issue and make an impact in their community. One teen reflected, "I learned that we need to be proactive and get others involved. The impact is far greater if we influence others to take steps to change the community." The youth in St. Louis will be focusing on the issues of food insecurity, waste reduction, and animal care.

About 4-H

4-H, the nation's largest youth development organization, grows confident young people who are empowered for life today, and prepared for a career tomorrow. These programs empower nearly six million young people across the U.S. through experiences that develop critical life skills. It is the youth development program of our nation's Cooperative Extension System and USDA, which serves every county and parish in the U.S. through a network of 110 public universities and more than 3,000 local Extension offices.

Globally, 4-H collaborates with independent programs to empower one million youth in 50 countries. Youth who have participated in 4-H are four times more likely to contribute to their communities, two times more likely to make healthier choices, two times more likely to be civically active, and two times more likely to participate in STEM programs.

Learn more about 4-H at www.4-H.org. Like us on Facebook at www.facebook.com/4-H. Follow us on Twitter at <https://twitter.com/4H>.

Sherlock's Pal

About once a month my wife and I go downtown to hear the St. Louis Symphony at Powell Hall. As a child of the 60s and 70s, I usually feel somewhat out of my element. No one is biting the head off a bat, doing handstands on pianos, or creating sweaty gyrations with their hips. There are no funny smells emanating from the crowd or loud screams from the guy with the mic that is seemingly lodged halfway down his throat.



Despite my lack of rootedness in higher culture, I enjoy the crowd of mostly elderly folks, many of whom came of age before the generational and cultural shift of the late 60s. This is a polite group, unlikely to bounce out of their seats and make their way to the lobby or restrooms during the middle of a performance, much less stick both pinkies in the corners of their mouths and whistle when the orchestra hits the right notes. I like to scan the audience and observe the back of people's heads to see if there is even a slight nod in appreciation of the skill level we are witnessing or even just some occasional careful-not-to-pull-a-muscle "head banging" in rhythm to the music. I can't see people's feet, but I assume that even a toe tap would be considered rude and unnecessary to these folks.

I also assume the symphony-going crowd is one of the most "politically correct" demographics among us. By saying this, I am betraying my inherent biases, two of which are that older educated people attend symphonies and, because they are educated, are more likely to be careful about offending, excluding, marginalizing, or insulting people who belong to historically disadvantaged or discriminated against minority groups, which is the definition of political correctness. Or maybe they're just nice to male, pale, and stale concert-goers like me.

Unfortunately, sometimes a good idea or practice is used excessively, moralistically, or so impractically that ordinary citizens are tempted to throw the baby out with the bathwater. This is the problem with political correctness. Some folks even go so far as to strive for politically incorrectness, which is baffling to me because my teachers taught me to value correctness over incorrectness. I often heard them uttering under their breath something about "correct answers" and how they are connected to certain letters of the alphabet. The "A," which is somehow an acronym for correctness, was cool, but these days correctness in the body politic seems to be anathema to some folks.

So here we are in a conundrum. We want to do what is good, right and correct. We want to follow the Golden Rule and treat others as we would have them treat us. At the same time, we don't want people to be so turned off by our self-elevation to the moral high ground that they intentionally seek the moral low ground and take out the frustration they feel about their social location on historically disadvantaged or discriminated against minority groups.

Perhaps we just need to stop calling the moral high ground "political correctness." I know there will be folks who say get rid of the word "political," but then we are left with only a morally smug-sounding word: "correctness." I propose that we substitute the word "correctness" with the word "politeness." This word doesn't have all the cultural baggage associated with haughtiness. I like the phrase "political politeness" because a) the two words share the first five letters, and b) polite people, as far as I know, don't turn off other people. Everyone likes a polite person; but not everyone likes someone who is always correct. If you decide to use this phrase, do the polite thing and give me credit.

Dr. Jimmy Watson
Pastor, Immanuel United Church of Christ
Ferguson, MO

Do the polite thing and write to me at sherlockspal@yahoo.com.

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Save
the
Date

The 2019 Ferguson Youth Initiative
EmpowerYouth Jazz Brunch & Fundraiser
will be Saturday, April 6 from 10 A.M - 2 P.M.
at the Ferguson Event Center (1050 Smith Ave | 63135)

www.fyiferyouth.org

Denise Thimes and Wesley Bell to Headline Ferguson Youth Initiative Jazz Brunch



The Ferguson Youth Initiative announces its annual gala fundraiser will be held on April 6, 2019 at the Ferguson Community Center. The FYI Empower Youth Jazz Brunch will be an opportunity to celebrate the development and achievement of youth from the communities of North St Louis.

Ferguson Youth Initiative

The event will feature music by local Jazz notable Denise Thimes and her band, a keynote address by new St Louis Prosecutor Wesley Bell, and a performance by the Jennings High School Jazz Band.

For nine years FYI has worked to empower teens from community in north St Louis county through community service, education programs, and safe, creative social events. The annual FYI banquet fundraiser is an opportunity to recognize and strengthen the partnerships among community stakeholders that enable FYI's work.

"Working with youth gives us all a hand in creating a brighter tomorrow in our communities," said FYI Executive Director Aaron Harris. "Empowering teens to find develop their talents and prepare for adulthood is joyful work. But it's a group effort. FYI is only as strong as the partnerships we forge with the school districts, the private sector and our sister organizations."

The FYI Empower Youth Jazz Brunch will be on April 6, 2019, at the Ferguson Community Center from 10 A.M to 2 P.M. Tickets and sponsorship information are available at:

<https://www.brownpapertickets.com/event/4070364>

STLCC to Host Career Fairs

St. Louis Community College will host career fairs to connect the community with potential employers for full- and part-time positions.

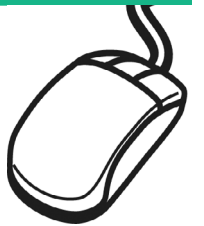
The career fairs are free to attend and open to the public. Participants are asked to bring resumes and dress in professional attire. The fair in our area is listed below:

Tuesday, March 26, 10 a.m.-1 p.m.
St. Louis Community College at Florissant Valley
Student Center, Multipurpose Room
3400 Pershall Road
Ferguson, MO 63135

Employers include Ameristar Casino, Central Bank of St. Louis, LGC Hospitality Staffing, Marygrove, Missouri State Highway Patrol, Neighbors Credit Union, Urban League and others. For questions, call Career Development at 314-513-4233.

The Ferguson Computer Corner

by Doug Neely PLEASE TAKE ADVANTAGE OF THE HOLY DAYS!



MARCH, 2019

my, but that 19 above still looks sooo weird, doesn't it? well, let's see what March has in store for us. ALL data comes from wincalendar.com, as usual.
MARCH 1st: the beginning of Spring (from a meteorological standpoint)
MARCH 5th: Mardi Gras---do any of you KNOW its TRUE purpose? let me quote from WC: Mardi Gras marks the end of the Carnival season, a period observed by many Roman Catholics that starts at Epiphany on January 6 and ends on the Tuesday before Ash Wednesday (Mardi Gras). Since Mardi Gras is the last day before lent (a solemn period observed by prayer, repentance, fasting, and moderation), it is often associated with lavish Carnival-like celebrations.

MARCH 6th: Ash Wednesday---the day we will receive ashes on our foreheads to remind us of our sins and need for repentance.

MARCH 17th: St. Patrick's Day---i think we already know about this one...

MARCH 19th: St. Joseph---honoring Jesus' father.

MARCH 20th: start of the Spring Equinox.

MARCH 21st: start of Purim---from WC:

Purim (Hebrew: פּוּרִים) is a Jewish Holiday which commemorates Jewish people being saved from extermination in Persia.

The story of Purim comes from the Biblical book of Esther. In it, Haman a high ranking advisor to King Ahasuerus sought to kill all Jews in ancient Persia. He is motivated by an incident in which Mordechai, a Jewish leader, defied the king's orders and refused to bow to Haman.

Haman is stopped through the actions of Mordechai and his niece Esther, a beautiful and courageous Jewish woman. Esther initially disguises her Jewish Identity and eventually becomes Queen. Through their actions the King becomes aware of Haman's plot and is persuaded to have him hanged. (didn't know such stuff was in there, didja?)

the WinCalendar is simply full of holidays for nearly every day in March, but those that are not mentioned here are either too far down on the totem pole, or perhaps not deemed ecclesiastical enough for most people.

I GET PHONE CALLS, dept.

this is just F.Y.I. i got a call for puter advice from a nice lady recently. after asking some questions to kind of get to know about the patient, we got to the likely cause of her problem. i found out that her FireFox was freezing up and timing out. (when FireFox goes to a page that is not loading quickly, it may seem to freeze. when it has to wait beyond a certain time to display the webpage, it times out, pops up a little window, and asks you what you want to do about it.)

i also found out she uses DSL. i suspected that her download speed was probably the lowest tier offered by AT&T, which would be 1.5 Mbps. i realized pretty quickly that because of the bandwidth required for the advertisements alone, they were not fully loaded. and the ads are always loaded first. she was never able to get to the content she wanted on the webpage. i advised her how to get the info she needed to make a better choice for her Internet Service Provider (ISP) so that she could get more bandwidth for the least \$\$\$\$. see? and you had no idea that you are always paying real \$\$\$ to be fed those ads you truly hate!

ABOUT THOSE HOLIDAYS, dept.

i want to encourage you all to go to church for all the holidays your church celebrates. you will learn something, and be spiritually refreshed & uplifted. if you don't have a church, call me, and i will help. i can even take you to my church, if you want. look around. God is good for you! :)

ME GO NOW!

it may make you wonder, but i LIKE Ash Wednesday. it lets me tell others that i am a sinner; but a SAVED sinner! it is a time that i can speak to God about my sins, focus on penitence, and be forgiven. i have to go now so i can ask for forgiveness. don't worry; i will be MUCH BETTER very soon! :)

...it is now safe to turn on your puter!

IF YOU would like to get some FREE puter advice from Doug, call him at *314*521*1789* in the PM HOURS (afternoon or evening) of most any day. If you get the machine, DISREGARD the outgoing message you hear, wait for the beep, then leave a brief message. If you wish to email, MAKE CERTAIN TO PUT "i need puter advice" INTO THE SUBJECT LINE, AND PUT YOUR LOCAL PHONE NUMBER INTO THE BODY OF YOUR EMAIL. FAILURE TO DO THESE THINGS WILL GET YOU NO RESPONSE AT ALL. SO THERE! :)

ROBYN L. STRANQUIST
ATTORNEY AT LAW

314-808-5666

LICENSED IN
MISSOURI & ILLINOIS

Artful Considerations

by Robin Shively

Artful Considerations by Robin Shively
March, 2019



"The eldest ones said that the laughter and tears are sewn right into the quilt, part and parcel, stitch by stitch. Emotions, experiences, heartbreak, mourning, pain and regret, stitched into the cloth, along with happiness, satisfaction, cheer, comfort, and love. The finished quilts were a living thing, a reflection of the spirits of its creators."

— Arlene Stafford-Wilson,
Lanark County Connections – Memories Among the Maples

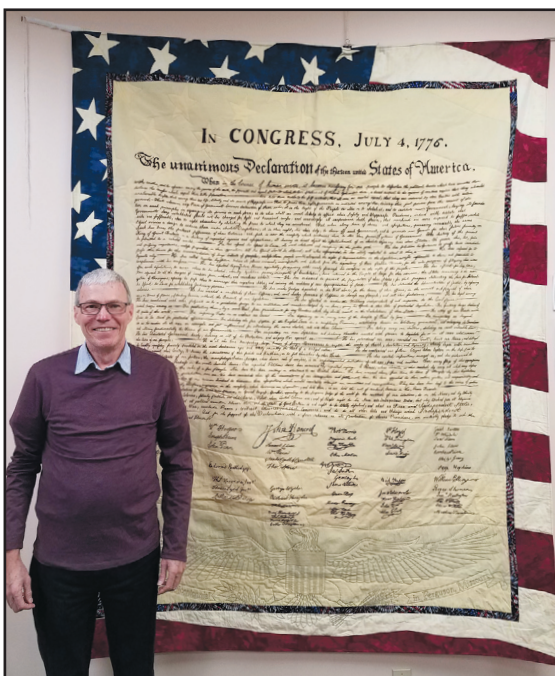
I am always interested in artists' creative processes and from where their ideas and inspirations come. Last month in this column, I wrote about and



included a photo of one of the newest installations at Jeske Sculpture Park, a tall piece constructed of wood by Rachel Viola Bordon. Since then, I have had the opportunity to ask her about it and the following is her remarks on the sculpture. "The work in Jeske Sculpture park is called The Mountain and I made it in April of 2018. It was the final piece in a series of works that were looking at the structure of wood. In that piece, I did a carving based on the wood grain that was already present. The contrast between the industrial 2 x 12 planks and the natural movement of the carved grains presents a juxtaposition that I am interested in exploring further."

There were several beautiful and inspirational pieces at the Ferguson Library's 1st Annual Quilt Show this past month. Kudos to Adult Services Librarian, Rachel Brandel, for putting together this wonderful display of fiber art. In addition to individual quilters, the Blessed Theresa of Calcutta Quilting Group and the Flower Valley Quilting Guild participated.

Laura Saunders Kaiser of Ferguson submitted a four-panel fiber art piece illustrating stages of a bird's nest entitled "Thirty Days in Spring". In her artist's statement, Laura says, "For several years, Robins have nested on the ledge of my bathroom window, providing entertainment and life lessons for my family, (and artistic inspiration!). For thirty days, we watch the life cycle... nest building, eggs laid, hatching, endless worm feedings, and finally, fledging."



I had the pleasure of meeting and talking with John Enberg, whose ambitious and inspirational "Celebrating Bicentennial in Ferguson" quilt incorporated a Declaration of Independence bedsheet that was used as the backdrop on the Sts. John and James youth group's float in the 1976 July 4th Bicentennial Parade in downtown Ferguson. The U.S. flag quilt top was created by John, sewn by both John and Claudia Enberg, and finished by John's quilting. There is an embroidered U.S. seal with the eagle, and a narrow panel of fireworks-printed fabric, as well as an underlaid waving flag that can be

seen in its entirety when the quilt is backlit! There were several unique quilts on display – more than space in this column allows to describe. I look forward to the Ferguson Library's 2nd Annual Quilt Show next year!



Artist Ryan Barnum was February's featured artist at the library's monthly program, "Created in Ferguson". Library patrons watched and interacted with comments and questions while he painted a portrait of Groot from "Guardians of the Galaxy" in acrylic. If you are an artist and would like to be featured, contact Rachelle Brandel at the Ferguson Public Library, (314-521-4820 or rbrandel@fergusonlibrary.net).

Good Shepherd Arts Center, 252 S. Florissant Rd., has events planned for the upcoming month. It presents "Beauty in Diversity: The Human Experience through Their Eyes". The show opens March 2, with a reception from 4:00-6:00 p.m. The

exhibit displays work representing a variety of ethnic, religious, (dis)abilities, and other "frames of reference", in which the artists share how their unique perspective influences their art. The show continues through March 30.

On March 30 from 4:00-6:00 p.m., "Come to the Table: Serving Up Hope" opens at Good Shepherd Arts Center. This is a sale of art in a range of prices to benefit United People Market. GSAC is still accepting entries for this sale. Art will be accepted and sold throughout the month, including art created by children and youth, which is especially welcome. Artists will receive 50% of proceeds. To participate, call 314-522-1155, or visit the website: <https://www.goodshepherdarts.org>.

COME TO THE TABLE

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MARCH 30 - APRIL 27, 2019*

OPENING RECEPTION
SATURDAY MARCH 30, 4:00 - 6:00 P.M.

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WEDNESDAYS, THURSDAYS, FRIDAYS 10 A.M. - 5 P.M.
SATURDAYS, 11 A.M. - 5 P.M.
*EXCEPT THURSDAY, FRIDAY, SATURDAY APRIL 18-20

GOOD SHEPHERD ARTS CENTER
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March 17, 2 – 5 p.m., Good Shepherd Arts Center will hold a workshop on "Our Family Tree." There is room for six families of any size or definition to work on and embellish a simple folding booklet with the image of a family tree. Families are asked to bring the names of family members they want to put on the tree, photos and information. Copies of photos will be made so they will not be damaged for this creative project. Materials, instructions and demos will be provided in the workshop. Unfinished work can then be taken home and completed over time. Registration in advance is required by noon on March 13th and the cost is \$10 per family.

For inclusion in this column, please send information about Ferguson artists and events to me at cornersframing@gmail.com.



To the right is Fever, at the GSAC.

The Best of Ferguson

by
Ruffina Farrokh Anklesaria, M.A.



Volunteers and Board members of the I Love Ferguson nonprofit organization

My article last month was a reprint of the I Love Ferguson (ILF) article of 2014, recapping what it was like volunteering for the ILF at that time. I now have the pleasure in paying tribute to the many Ferguson residents who came together after the Mike Brown crisis of August 2014, to build a community around the "I Love Ferguson" campaign. It was an honor volunteering with the group who ran the ILF store, and joining hands with many of you who saw Ferguson through its darkest hour and helped us rebuild.



Volunteers from L: Dorothy Kaiser, Sandy Sansevere, Ruffina Farrokh Anklesaria, the late Brian Fetcher, Tana Coffey, and Ken Wheat.

Shortly after the events of August 9th, 2014, the late Brian Fletcher, former Mayor of Ferguson, rallied us residents to join him in a campaign to raise positivity and morale in our city. We were all reeling from the shock of being the focal point of negative news in all the media. Brian established a nonprofit organization called "I Love Ferguson" and set up a Board to run it. He sent out emails calling on residents to join him at "The Coffee Shop" to assemble yard signs that carried the simple message, "I Love Ferguson." Our merchandise grew to include various ILF T-shirts, sweaters, hoodies, mugs, coasters, totes, buttons, magnets, cosies, caps and hats, onesies, and Christmas "ugly sweaters."

Born of love for our city, we residents wanted to help our businesses recover. We also needed to come together to heal and to channel some positive energy into our community. Four years have gone by and this chapter of Ferguson life came to a close recently. The ILF organization, during the last four years, donated \$161,000 to various businesses and charitable events in Ferguson and north county. They helped sponsor high school graduation nights, an annual Halloween pumpkin walk, a Lego building project for the youth, and new Winter Wonderland items for the 501 Plaza, among other projects.



The ILF organization was run solely by volunteers. There was no paid staff! This in itself is remarkable and is a testament to the love of community for all those who gave of their time and treasure so willingly. Hats off to all the men and women who led the efforts on the ILF Board, the many volunteers who ran the ILF store, and the many more residents (about 200 in total!) who came out in busloads to distribute ILF yard signs in the early days when we were almost mired in negative publicity.



Companies and groups across the city and country sent support to ILF, including the staff from City Coffee and Creperie in Clayton.

Kudos to each and every one of you who volunteered for the I Love Ferguson campaign to love Ferguson back to life! You represent the Best of Ferguson!

I Love Ferguson Volunteers:

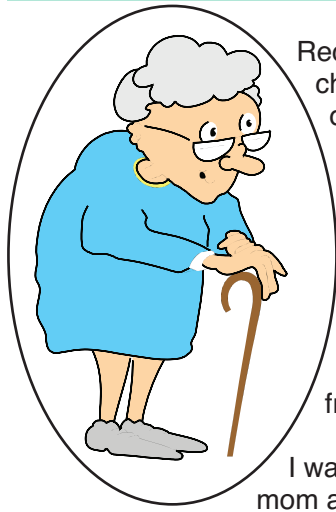
Ankenbrand, Ank* & Susan; Faul, Peggy; Probst, Bev; Anklesaria, Anahita; Fletcher, Brian* (the late) & Alice, Linda & Sarah; Sansevere, Sandy* & Tom; Boettcher, Jeannie; Freese, Dorothy; Shanahan, Chris & Marveena; Brandon, Mike; Gomez, Annissa; Tharp, Cindy; Brown, Ron; Hensick, Linda; Thomas, Kathy; Burrow, Toni*; Hewkin, Donna* & Steve; Tipword, Barb; Chabot, Rob* & Lisa; Ingram, Dwayne*; Webber, Ceil; Cofer, Tana; Jackson, Jane; Wheat, Ken* & Christopher; Cunningham, Cathy; Kaiser, Dorothy; Wheat, Stephanie; Dehmer, Jackie; Knowles, Lisa Reed; Wirt, Elaine; Engelmeyer, John; Mayhew, Annette; Zeugin, Maureen*; Farrokh Anklesaria, Ruffina; Peters, Pam
*Board member

I regret if anyone who should be on this list is inadvertently excluded. Please email me with your name if you did volunteer and are not on this list. Our city will be forever grateful to all of you.



The author teaches Transcendental Stress Management meditation to members of the public; and provides these services to the family courts in St Louis. She conducts Retreats here in Ferguson, across the U.S. and abroad. She is also a Motivational Speaker and her lectures include corporate presentations on Wellness. www.BestAgainstStress.com 314-766-4391

Business cards from some of the more than 30 interviews I did.



Recent cold weather reminded me of when I was a child and the weather would turn from the 40 degree days to zero and below.

There was a door in the kitchen that led to a porch at the rear of the house. We never used this door in the winter because we had another back door. When the weather would cool, mother would put such things as pickles, mustard, mayonnaise, etc. between the kitchen door and the porch storm door. That would free up refrigerator space for meat, vegetables and milk.

I was one of seven children, so, with the addition of mom and dad, there were nine people in the household that had to be fed. I don't know if anyone in the neighborhood had freezers at that time, but we didn't. The only really cold area in the refrigerator was the ice cube compartment. As you can imagine, it was necessary for mother to go grocery shopping every second or third day. That is why in those days there were so many mom and pop grocery stores. Super markets had yet to become commonplace.

Milk was one commodity that had to be replenished often. But, we had a milkman who came to the house every other day. I vaguely remember the horsedrawn wagon that would come down the street. The horse knew the milk route very well and would automatically stop at the proper locations. Not all houses had milk delivered. I know our next door neighbor would drive down Bermuda to Mintert's Dairy and get their milk. I thought it strange that their milk had the cream at the top of the bottle. They would combine the cream and the milk before use.

At any rate, the milkman would actually come into our house and put the milk into the refrigerator. Sometimes, if mom went to the grocery store that same day she would put the milk outside the kitchen door in that space made by the storm door. I guess weather reports weren't as prevalent in those days as they are today, because if we had a really cold snap, the milk would freeze and a long neck of milk would extend from the bottle top. Probably on those nights, the milk would have been plenty cold inside the kitchen on the floor by the porch or by the windowsill.

We would bring that frozen milk inside to thaw out, and eventually it would all return to the bottle, but it didn't taste the same, and I wouldn't drink it. But then, I didn't like the neighbor's milk that was combined with the cream either. I can't imagine that I was such a picky eater because today I eat anything and everything.



About that milkman . . . his name was Joe. I don't know how his coming into the house came about, but he would even gather up the empty bottles that were placed alongside the refrigerator and return them to the dairy. One day one of my brothers brought the fraternity dog home with him to spend the Christmas Holidays. His name was Bolger and he was a huge great dane. Joe, the milkman came into the house as usual, and when he turned to leave, there was Bolger. Joe thought that the dog followed him into the house and he could not get the dog to follow him out. He made the rest of his deliveries and then came back to our house and stayed until a family member came home. He was relieved to know that the dog belonged and wasn't a stray.

I hope mom and dad gave him a really big tip!

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Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

- Meet Your Government Representatives – Library Sat., Mar. 2
- Oragami and Paper Engineering – Library Sat., Mar. 2
- Movie "The Greatest Showman" – St. Peters UCC Sat., Mar. 2
- Ash Wednesday – Lent Begins Wed., Mar 6
- Yoga at the Library Sat., Mar. 9
- Mayors' Shamrock Ball – Garden Villa North Sat., Mar. 9
- Reading on Race Book Club – Library Mon., Mar. 11
- Silent Movie, "King of Kings" – St. Peters UCC Tues. Mar. 12
- Ferguson Council Meeting – City Hall Tues., Mar. 12
- Neighborhood On Watch Meeting – City Hall Wed., Mar. 13
- Northwest Chamber of Commerce Meeting – Moolah Temple . Thurs., Mar. 14
- Parents' Night Out – St. Peters UCC Fri., Mar. 15
- Ferguson Indoor Market – St. Stephens Sat., Mar. 16
- St. Patrick's Day Sun., Mar. 17
- Global Modern Day Slavery – Immanuel Mon., Mar. 18
- Environmental Film – St. Stephens Wed., Mar. 20
- Adult, Color Me Happy – Library Thurs., Mar. 21
- Blood Drive – St. Peters UCC Mon., Mar. 25
- Candidates' Forum – Community Ctr. Mon., May 25
- Career Fair – Flo Valley Tues., Mar. 26
- Critters for Kids – Library Tues., Mar. 26
- Tuesday Night Book Club – Library Tues., Mar. 26
- Ferguson Council Meeting – City Hall Tues., Mar. 26
- Urban Fiction Book Club – Library Wed., Mar. 27
- UMSL Annual Dance – Orlando's Fri., Mar. 29
- Spaghetti Dinner – 1st Presbyterian Sat., Mar. 30
- VOTE Tues., Apr. 2

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Answers to Trivia, Page 12

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|---------------|--------------------|
| 1. King Kong | 7. Khakis |
| 2. Kilowatts | 8. Kissing cousins |
| 3. Koala | 9. Kryptonite |
| 4. Kayak | 10. Kitty Hawk |
| 5. King sized | 11. Ken |
| 6. Kiss | 12. King |

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