Ferguson Times

April, 2019

Established 1894 — Oct. 1999

Serving Ferguson and Surrounding Communities

Easter Sunrise Service at January Wabash Park

The annual 2019 Ecumenical Easter Sunrise Service will be held Sunday, April 21 at 6:30 a.m. at January-Wabash Memorial Park, located at January Avenue and North Florissant Road. The service will be held on the west side of the lake. Bring your own chair if desired. Giving a brief meditation for the informal service will be The Rev. Josh Privitt of St. Peter's United Church of Christ, and clergy from various churches in Ferguson will also participate. What a great way to begin the celebration of resurrection and new life!

A free-will offering will benefit the Ferguson Caring League. The community is invited, and there will be coffee and donuts afterward. This special service is sponsored by the Ferguson Ministerial Alliance and the Ferguson Partnership of Churches. For more information, contact Rev. Ellie Stock (314) 521-8418 or elliestock@aol.com



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CORRECTION: The list of candidates for the Ferguson-Florissant School Board was incorrect in the March edition. Below is the correct list of candidates.

THREE COMPETE FOR TWO OPEN SEATS IN THE FFSD BOARD OF EDUCATION ELECTION

Three candidates will compete for two open seats in the April 2 Ferguson-Florissant School District Board of Education election. Starting this year, board members will be elected using cumulative voting. In cumulative voting, voters can cast as many votes as there are seats. With two open seats in the election, each voter has two votes to cast. Voters can cast both of their votes for one candidate or one vote each to two candidates. The candidates are listed in the order of which they filed and will appear on the ballot.



Leslie Suzanne Hogshead, 68, has lived in the Ferguson-Florissant School District for 42 years and has served on the district's Board of Education since 1992. She and her husband Ken have one adult child who is a graduate of McCluer High School. Mrs. Hogshead has served on various committees within the district, including the Walnut Grove PTA, McCluer High PTSA, Ferguson Middle School PTSO, and she is the founder of Project Graduation. She is also a member of Harvester Christian Church. She currently serves as the assistant secretary on the Board of Education. Mrs. Hogshead is employed as a nursing home administrator with Health Systems, Inc. She studied psychology and business at Southern Illinois University-Edwardsville.



Constance "Connie" Harge, 64, has lived in the Ferguson-Florissant School District for 40 years and was initially elected to the Board of Education in 2016. She is the board's current secretary. Mrs. Harge has received advanced and master's certification from the Missouri School Board Association. She and her husband Bill have two adult children who are McCluer North graduates. Mrs. Harge also has two grandchildren, of whom are also graduates of McCluer North. She has been a member of the Halls Ferry Elementary School PTO. Mrs. Harge is an ordained minister and a member of Hope Church. She is also a member of the Eastern Star, Ferguson Lions Club, Florissant Township Democratic Club, Florissant Youth Advisory Board and director of the Ferguson Youth Initiative. She has been awarded the Youth Mentor and Outstanding Employee awards by BJC and Washington University. Mrs. Harge studied business at St. Louis Community College-Florissant Valley and Washington University. She is employed by Washington University as a Pain Management Pre-Cert. Coordinator.



Dr. Sheila Powell-Walker, 48, has been a resident of the Ferguson-Florissant School District for over two years. She has two children, who attended Lee-Hamilton Elementary and McCluer High School, and she was a member of the Lee-Hamilton PTO. She is a member of Third Presbyterian Church, the St. Louis County Juvenile Justice Association and Alpha Kappa Alpha Sorority, Inc. Dr. Powell-Walker is currently employed by the School District of Clayton as a district social worker. She is also an adjunct professor at Lindenwood University and Missouri Baptist University and has presented at local and national education conferences. Dr. Powell-Walker holds a Bachelor of Social Work from the University of Missouri-St. Louis, a Master of Arts in Professional Counseling with School Counselor Certification and a Doctor of Education, with an emphasis in Teacher Leadership. She has received the Bridge Builder, St. Louis County Community Partner and Student Services Leadership awards.

If You Have Items of Interest, Contact The Ferguson Times – cider@att.net

Ferguson CityWalk

By Carita Douglas

Hello from FSBD. So, you want to know more about Main Street? Well here is a glimpse of what the Main Street director roles encompass. This article is credited to Todd Wolford, Executive Director, Downtown Wytheville Inc.

Main Street directors are a one-of-a-kind group of individuals. They play many roles and wear every hat imaginable to make sure the job gets done. If you are a manager, you have to be okay with the fact that you are never not working. At the grocery store, the gym, even on vacation, people want to talk about projects, events or just general information about the organization and community; exhausting, yes, but part of the job.

The three P's of the Main Street world are people, personalities and politics. Not mentioned as part of the job description is behavioral specialist or personal mediator, to name a few, but it sure does seem like directors are doing quite a bit of this from time to time amongst people. It is so important to get the right people involved who have the best interest of Main Street and FSBD in mind.

"Main Street directors in particular serve an important role in cultivating, inspiring and empowering people within their organization and extended volunteer base to see long lasting results." –Norma Ramirez de Meiss, Leading Main Street.

Selling the locals of all people, can be one of the most challenging things as an organization. Some locals give feedback and voice what they think needs to happen but want to snap their fingers and see it on a project that may take years to materialize. If most knew the details of what goes into revitalization and economic development, I think it would be rather eye-opening for a lot of folks. Some locals want to criticize for what your town has not done, rather than celebrate what you have. It can be frustrating as a director. We have to stay the course, trust the process and focus on bringing positive change. Results will come and the numbers alone will validate the achievements. The naysayers become believers when the vision becomes reality.

Why Main Street? Is what is heard at times. Why are you focusing so much time and effort on Main Street and those old outdated buildings that are falling apart and have no parking as it is? Well, my question to these folks is, "why not?" Why not change the perception of our community and the way that our downtown is viewed? Why not create a culture that promotes bringing people together in an atmosphere that is walkable and where people can gather? Why not focus on the heart of our community and preserve the unique history from the past that many of the younger generation will not have the opportunity to know about? Lastly, what is the alternative? A vibrant downtown says a great deal about the well-being of a community as a whole.

How was Todd able to do it you ask? Well, from his standpoint, bridging the gaps between people, finding common ground, keeping everyone excited about projects, goals and events, but most importantly, leaving egos and personal agendas at the door.

Thank you Todd for that insight.

The Plumber's Crack

By Oh Baby *bigohbaby@sbcglobal.net*



Rising rivers, flooded basements, elections, pranksters and jokers, chocolate rabbits, colored eggs, spring clothes showing up in store windows . . . it must be April and time for a Spring Plumbers Crack.

Yes my friends it's that time of the year again and with season change comes new challenges for home owners. I mentioned flooded basements, but before I get to that I want to follow up on something from last month – shower diverters, the type where you lift the knob on your tub spout. After a period of time they stick in the up position and you don't realize it 'til you go to turn on the valve and you get a face full of water. Sometimes a little touch of WD 40 down the shaft and let sit for an hour will let it fall freely, if it's not to calcified.

Let's talk a little about my opening. I mentioned flooded basements; yes it's that time of year again. Flooded basements don't always come from sewer blockages. Let's start with leaky basements. In the last couple of years I've been to homes that have never had leaky basements before. Lot of them were caused by stopped up gutters. Gutters you say . . . what does that have to do with a leaky basement? Well if water can run down the downspout it runs down the side of your house. That in turn causes water to erode the soil around your foundation and eventually find its way into your basement. Once in your basement it runs to the lowest point . . . your floor drain. Now if something that might have fallen on the floor washes over that floor drain and Bam, water is backing up.

Another problem which I harp on twice a year is those of you who have walk-in basements. That little drain can cause big problems. Make sure all debris, and leaves are clear of that drain. The first chance you get, throw a couple of buckets of water in that drain. If it doesn't drain quickly call your favorite drain tech and get that thing cabled. It's also a good time of the year to check your main line because some down spouts and outside drains tie into your main line. One way to check your main line is remove the grate from your floor drain. Turn on water to your tub and let it run for a couple of minutes and while it's still running flush your toilet. You will need someone standing and watching the floor drain. If it starts rising up a little or bouncing up and down it's time to call that drain tech and get your main line cabled.

Last but not least, if MSD sewers get over charged with storm water and back up into the sanitary sewers and flood your basement, make sure, no matter what MSD says, your insurance, their insurance says, if water gets in your fire box or gas control valve of your water heater or furnace . . . replace it. It's just like a car in a flood, it might not show up for a year or so but it does cause serious damage. Not only could it cause an explosion or fire, the insulation will mold and you will never see it.

Well my friends it's time to sign off again. Check on and get to know your neighbors. Offer a ride to church or store to the elderly. Please watch out for our kids and them babies. Get out and vote – your vote matters even if your candidate doesn't win. Please remember Easter is more than chocolate rabbits and colored eggs. It's the most sacred day in Christianity. HE has risen. May HE bless you one and all.

Oh Baby

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by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by *e*mail: cider@att.net
Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.


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City of Ferguson

Community Forum - Town Hall Meeting

April 18th 6-9pm

Community Center- Events Space (1050 Smith Ave)

Discussing The Proposed Better Together Ballot Initiative

Featured Speakers Presenting Both Sides Of The Issues

Save the Date!
Senior Resource Expo Wednesday, May 1st

9:00 a.m. to 1:00 p.m.
1050 Smith Avenue, Ferguson
Ferguson Community Center
21+ Vendors • Mammogram Van • Shred Truck

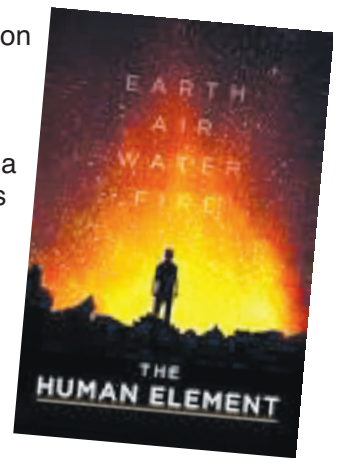
Just some of our vendors:
Christian Hospital, Urban League, VOYCE, CLAIM, Paraquad, Oasis, Ferguson Library, Lutheran Senior Services, Delta Center, Alzheimer's Assn., Signature Medical Group, StL Society for the Blind, Miracle Ear, BBB, St. Louis Help, SMP, Earth Dance, Red Cross, Aging Ahead, Missouri Extention, Community Action Agency, Salvation Army, Mammogram Van, RxOutreach, Proud, plus many more!

To register for a Mammogram at the Expo, please call 314-205-6267

This event is sponsored by Aging Ahead and the Ferguson Senior Committee

City Wide Cleanup
Saturday, April 27th – 9:00 a.m. til Noon

April Environmental Film Night: The Human Element



On **Wednesday April 17** at 7:00 p.m., the Ferguson Eco Team will host the viewing and discussion of the documentary THE HUMAN ELEMENT.

THE HUMAN ELEMENT shows how humans are a force of nature. At the same time human activities alter the basic elements of life--earth, air, water, and fire--those elements, in turn, change human life. In this arresting new documentary from the producers of Racing Extinction, The Cove and Chasing Ice, environmental photographer James Balog captures the lives of everyday Americans on the front lines of climate change. With rare compassion and heart, THE HUMAN ELEMENT's coast-to-coast series of captivating stories inspires us to reevaluate our relationship with the natural world.

This event is free and open to the public and will be shown in St. Stephen's Episcopal Church Parish Hall; 33 N.Clay (at Darst), Ferguson, MO 63135. For more information: (314) 521-8418; carletonstock@aol.com

DRIVERS NEEDED

Wanted: volunteers to work a few hours a week helping others!

The North County Meals on Wheels provides a valuable service to our community. The all volunteer program delivers hot nutritious meals Monday through Friday to approximately 150 people generally limited by medical conditions. The service allows some of our residents to live at home who might otherwise have to make other arrangements. Currently the program is in dire need of drivers. Volunteers usually drive once a week and deliver meals on one of 17 different routes in North County. It takes about an hour and a half and drivers are usually done by 12:30.

For more information call 314-953-6800.



STEAM Academy Students Will Compete In Nationall History Day

Seven students from the STEAM Academy in the Ferguson-Florissant School District will compete in the National History Day (NHD) State Competition to be held at the University of Missouri-Columbia on **Saturday, April 27**. The STEAM Academy is the first school in the FFSD to compete and qualify for the state competition.

"Our students had such an amazing time in this competition and are thrilled to advance in the state competition," said social studies teacher and NHD coach Wendy Blanton. "I couldn't be more proud of our team. We're looking forward to competing again next year."

The students were tasked with demonstrating their knowledge in topics such as "The Tragedy of Julius Caesar's Assassination" and "Nazi Art Looting in World War II" through specific categories including performance, exhibit, and website design. The competition was held at the STEAM Academy on Jan. 23, with a panel of judges including Dr. Peter Acsay, a professor at the University of Missouri - St. Louis and coordinator of the St. Louis Region for NHD.

"I learned so much about our topic," said Irene Kidd, an eighth grader at the STEAM Academy. "Even though there was a lot of work that went into it, I really loved working on my script with my group. It was fun to write and also fun to perform."

The following students will be moving on to compete in the state competition:

- Leslie Tuck, seventh grade
- Elyse Gipson, eighth grade
- Irene Kidd, eighth grade
- Matthew Gaikins, seventh grade
- Megan Banholzer, sixth grade
- Addison Cambron, sixth grade
- Ashkii Campbell, seventh grade

McCluer High Receives Prestigious Grant to Support Theatre Education

The McCluer High School thespian program has been awarded a $10,000 Classroom Resource Grant from the Andrew Lloyd Weber Initiative. The grant will allow for the purchase of working stage lights and sound for the school's Little Theatre, as well as, new chairs to promote a more comfortable environment in the theatre.

The grant is part of the American Theatre Wing's Andrew Lloyd Webber Initiative, a major new national program which received $1.3 million in seed funding from the Andrew Lloyd Webber Foundation to promote diversity, equity, and access to the arts. This project is an expansion of the work that the multi-Tony Award-winning composer and producer has been doing to promote and fund arts education through his foundation in the United Kingdom. The Initiative's focus is to bridge the gap between talent and opportunity, creating a stronger pipeline to the professional theater for promising artists of all backgrounds—fostering a future generation of theater makers and patrons that reflects the diversity and dynamism of America as a whole.

McCluer is among 13 schools nationwide to receive a grant from the American Theatre Wing.

Ferguson Community News Page

Keeping stability through the change

By Mayor James W. Knowles III



"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat."

–Theodore Roosevelt, 26th President of the United States –
Excerpt from his speech "Citizenship in a Republic"

I know I've used this quote several times before, but it is a lesson that all of us need to be reminded of regularly, especially in this age of politics. It is a quote especially befitting two men that have served our community. The first is our outgoing City Manager De'Carlon Seewood.

Yes, in case you haven't heard, our City Manager of the past three years has found a new job and a new home in the quiet suburbs of Atlanta, Georgia. De'Carlon left to take over as City Manager in the community of Fairburn. His new job and his new post will allow him to be closer to his daughter, who will be attending university nearby.

While it personally saddens me to see De'Carlon leave, and it certainly will be a loss to our city government, I am happy that he has found a position in a region in which he has long sought to live and serve. And a place that will allow him to continue to be close to his family.

For those who don't know, De'Carlon started with the city of Ferguson in 2001, as assistant to the City Manager. After serving admirably as assistant and later as Interim City Manager, he moved on to be the City Manager of nearby Berkeley before taking an opportunity to work in the Chicago area as City Manager for the community of Richton Park. It was in 2015, during one of the most difficult times in our community, that De'Carlon decided to come back home to Ferguson and serve as our City Manager. De'Carlon left a stable job in another community and stepped into the daunting task of leading our city staff during the most trying of times. Very few people would willingly seek such an undertaking, which is a testament to De'Carlon's character and his love of this community. He has certainly been a man willing to "step into the arena."

Now as we look to the future, the Council has been given a tough task with few options for moving forward. It is our goal that we continue forward with steady leadership that does not shortchange our current staffing levels and does not slow down the progress we are making in delivering city services.

Therefore the council has chosen longtime Finance Director Jeff Blume to be our Interim City Manager. Jeff has been with the city for over 11 years and has done a tremendous job fostering the financial health of our community. Jeff was set to retire on March 1 of this year, as his replacement has already been hired and trained. This will be the second time Jeff has put off retirement to stay and help the city through these tough times. By moving Jeff into this role, we will not further strain the already overworked and under staffed leadership in our city government. As a reminder, we are currently without three department heads which creates a serious leadership void in our staff and has a serious impact on city services.

The timeline for filling this position has not been set by the council, however, the council has received a commitment from Jeff to stay until we find a permanent replacement. You may remember it took nearly 9 months during the last search. This time around, we now have the concerns of regional consolidation that will undoubtedly affect our ability to recruit a city manager. There are currently three larger, wealthier communities in St. Louis that are in the process of recruiting this new city manager.

I was recently told by one of those communities, that they had only six applicants in a several months long nationwide search. This is concerning and is indicative of the current market for city managers. There is a fear by those in the field, that coming to St. Louis amid a 2020 vote on consolidating communities is an absolute deal breaker. Communities that pay 50% more than we do with less than 50% of our problems are having a difficult time finding adequate candidates.

It is important that we do not rush this and that we find an adequate candidate who will provide continued stable leadership for our staff and work for the continued improvement of our city services. The key to moving us forward has been keeping stability through the change. We are lucky that, in the interim, Jeff is willing to stay in that arena, and keep fighting for us.

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Apr 2 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	Apr 11 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskepark neighborhood @gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	Apr 16	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	Apr 18 6:30 pm	Ferguson Library Large Conf. Room	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Apr 11 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	TBA	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage 314-705-0993 rbenage@sbcglobal.net
Ferguson Woods	Apr 25 7 pm	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	TBA	Fire Station #1 200 So. Florissant	

Ferguson City News?

How do you get your Ferguson News?
- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

Did You Know?

NOTIFY ME
You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon.

You can submit a request for records using the Record Request icon.

VISIT OUR WEBSITE: www.fergusoncity.com
You can do all this and more on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?
Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit http://www.fergusoncity.com/57/Boards-Commissions or contact your City Clerk at City Hall.

CITY COUNCIL MEETINGS

Tuesday, April 16th and Tuesday, April 23rd at 7:00 pm in the Council Chambers, City Hall 110 Church Street

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.
City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Keith Kallstrom, Ward 3; Byron Fry, Interim Ward 3; Jeff Blume, Interim City Mgr.; Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Be sure to get to the Recreation Office to register
or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Parks & Receation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily $1/ Yearly $50
Resident Adult – Daily $3/ Yearly $85
Resident Senior – Daily $1/ Yearly $50
Resident Family – Yearly $165

Non Resident Youth – Daily $3/ Yearly $200
Non Resident Adult – Daily $5/ Yearly $200
Non Resident Senior – Daily $3/ Yearly $120
Non Resident Family – Yearly $300

NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – $6 per month (12 month agreement)
Resident Adult – $9 per month (12 month agreement)
Resident Senior – $6.00 per month (12 month agreement)
Resident Family – $16 per month (12 month agreement)

Non Resident Youth – $18 per month (12 month agreement)
Non Resident Adult – $18 per month (12 month agreement)
Non Resident Senior – $12 per month (12 month agreement)
Non Resident Family – $28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a $5 fee for each card. If the card is lost/stolen, a new card can be issued for $5.

PROGRAMMING

Beginning Classic Guitar

This class allows students to enter the exciting world of classical guitar, playing ensemble music in three easy parts that blends together is fun and engaging! All finger style on smaller-sized classical guitars (provided) with emphasis on proper seating and technique. Performance opportunities towards completion of class!

Age: 9-15 years old
Days: Tuesdays and Thursdays
Date: Tues, June 4-Tues, July 30 (*No class July 4)*
Time: 6:30pm - 7:30pm
Location: Ferguson Community Center
Fee: $45/Residents; $50/Non-Residents

Learn to defend yourself with Krav Maga

Krav Maga is used to rapidly train combat troops in hand-to-hand combat in the shortest amount of time and from a position of disadvantage. Since most attacks occur when the victim is at a disadvantage, training will include performing techniques while at a disadvantage, encountering multiple opponents, and employing empty-handed defenses against weapons. This class covers the Krav Maga curriculum as taught by Townsend Defense. Private lessons are also available. Wear comfortable workout clothing and athletic shoes.

Age: 16 and up
Days: Tuesdays and Thursdays
Date: Tues., Mar 19 – Thurs, May 9
Time: 6:00 to 7:30 pm
Location: Ferguson Community Center
Fee: $60/Members; $65/Residents; $70/Non-residents

Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Children must be potty trained.

Age: 3 ½-6 years old
Days: Monday or Saturday
Start Date: Mon, Apr 1 to May 20, Mon, June 3 to July 22,
Sat, Aor 6 to May 25, Sat, June 8 to July 27
Time: Mon 5:45pm-6:40pm; Sat 10:00am-10:55am
Location: Ferguson Community Center
Fee: $34/Members; $39/Residents; $44/Non-Residents

Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 7 - 13 years old
Days: Mondays or Saturdays
Start Date: Mon, Apr 1 to May 20, Mon, June 3 to July 22
Sat, Apr 6 to May 25, Sat. June 8 to July 27
Time: Mon 6:45pm-7:40pm; Sat 11:00am-11:55am
Location: Ferguson Community Center
Fee: $34/Members; $39/Residents; $44/Non-Residents

Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Mon, Apr 1 to May 20, June 3 to Jully 22
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Tap & Ballet Dance

A wonderful opportunity to learn creativemovement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes or bare feet. Children must be potty trained.

Age: 3 1/2 - 7 years old
Days: Wednesdays
Start Date: Wed, Apr 3 to May 22, June 5 to July 24
Time: 5:45 pm-6:40 pm
Location: Ferguson Community Center
Fee: $34/Members; $39/Residents; $44/Non-Residents

Hip Hop/ Jazz Dance

High energy class, starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes or bare feet.

Age: 8-13 years old
Start Date: Wed, Apr 3 to May 22, June 5 to July 24
Time: 6:45-7:40pm
Location: Ferguson Community Center
Fee: $34/Members; $39/Residents; $44/Non-Residents

Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for Fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Wed, Apr 3 to May 22, June 5 to July 24
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: $40/Members; $45/Residents; $50/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: $45 for a one hour class for up to 4 students
$5 more for each additional student
Beginner's discount: receive a discount for 6
classes if paid in full at the first class. $38 per class.

Open Play Basketball
Come to the Ferguson Community Center for pick up basketball games. (Half court only)
Days: Tues, Wed, Sat, & Sun
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

Open Play Volleyball
Come to the Ferguson Community Center for pick up volleyball games.
Days: Mondays
Times: 3:00pm– 6:00pm
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

Pickleball
A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players.
All equipment will be provided.
Age: 18 and older
Days: Wednesdays and Fridays
Time: 9:00 am to 12:00 pm
Location: Ferguson Community Center
Fee: Daily rates apply

FITNESS

Aerobics
This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.
Age: 16 years & up
Days: Mondays or Wednesdays
Start Date: Mon, May 13 to July 8 (*No class May 27)*
Wed., May 1 to June 19
Time: 6pm-7pm
Location: Ferguson Community Center
Fee: $25/Members - 1 day per week; $30/Residents - 1 day per week' $35/Non-Residents - 1 day per week
Additional Days:
$10/members add day; $15/residents add day;
$20/non-residents add day

Will Fit Kettlebell Class
Get fit in 30 minutes! This class will get you in shape or help you stay in shape. Kettlebells is a full body workout that gives you all the cardio and muscle toning you can handle. The intent of a kettlebell is to increase strength, endurance, and agility while challenging the cardiovascular and muscular system by doing dynamic functional movements. Efficient & effective, that's kettlebells!
Age: 16 & Up
Start Date: Wed, Apr 10 to May 15 and May 29 to July 3
Time: 7:00-8:00pm
Location: Ferguson Community Center
Fee: $25/Members; $30/Residents; $35/Non-Residents
PREREGISTRATION REQUIRED

Will Fit Core Class
A class for anyone who wants to tighten up their midsection, carves a stronger core, and sculpts total-body definition through intense core work. Set to upbeat music, you'll work your entire core and learn new exercises to help sculpt the body. This class is for all fitness levels and is a great way to fit a quick but challenging workout into your busy day.
Age: 16 & up
Days: Tuesdays
Start Date: Tues, April 9 to May 14, and May 28 to July 2
Time: 6:00-7:00pm
Location: Ferguson Community Center
Fee: $25/Members; $30/Residents; $35/Non-Residents
PREREGISTRATION REQUIRED

Will Jump Rope Fitness
This class is based on plyometric, otherwise known as jump training! Come for an athletic based, high intensity workout. Please come wearing proper athletic shoes that support your feet and joints.
Age: 16 & up
Days: Wednesdays
Start Date: Wed, Apr. 10 to May 15, and May 29 to July 3
Time: 6:00pm - 7:00pm
Location: Ferguson Community Center
Fee: $25/Members; $30/Residents; $35/Non-Residents
PRE-REGISTRATION REQUIRED

Resistance Band Class
Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped bands, cross cables, and bodyweight exercises incorporated for a complete workout!
Age: 16 & up
Days: Thursdays
Start Date: Thurs, Apr. 11 to May 16, and May 30 to Jul 3
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: $25/Members; $30/Residents; $35/Non-Residents
PREREGISTRATION REQUIRED

Will Fit Bootcamp
Boot camp with Will Fitness! A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp. Participants will be indoors and outdoors. We will run sprints; perform lots of pushups and various forms of plyometric and interval training with little rest between exercises and challenging workout.
Days: Saturdays
Start Date: Sat, Apr 6 to May 25, and June 8 to Aug. 3
Time: 10:00am-11:00am
Location: Community Center
Fee: $30/Members; $35/Residents; $40/Non-Residents
All Ability Levels Welcome, Preregistration Required

Silver Sneakers Program
Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

Silver Sneakers Classic/Chair Yoga
This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support. In addition, the yoga activities will increase flexibility, balance and mental clarity.
Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 9:50-10:55am
Fee: FREE/Silver Sneakers Members–$3/ Everyone Else

Silver Sneakers Cardio Circuit/ Yoga
Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support. Please bring your own mat.
Days: Tues & Thurs
Dates: Ongoing
Times: 8:35am-9:40am
Fee: FREE/Silver Sneakers Members; $3/Everyone Else

Personal Training
Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages
Beginner Bundle
Includes Fitness Assessment*
and 1 personal training sessions.
Fee: $70/ Members
$80/ Non-Member
Beginner Bundle +
Includes Fitness Assessment*
and 2 personal training sessions.
Fee: $95/ Members
$105/ Non-Member
1 Session
Fee: $35/ Members
$40/ Non-Member
3 Session
Fee: $90/ Members
$105/ Non-Member
5 Session
Fee: $170/ Members
$195/ Non-Member

Training for Two
All prices are per person
1 Session
Fee: $30/ Members
$35/ Non-Member
3 Session
Fee: $80/ Member
$$95/ Non-Member
5 Session
Fee: $145/ Member
$175/ Non Member

TEEN PROGRAMMING

Six Flags St. Louis
Registration Deadline May 20th
Date: Saturday, May, 25th
Time: 10:00am-11:00pm
Location: Community Center
Fee: By 5/3: $20 Residents; $25 Non-Residents
After 5/3: $25 Residents; $30 Non-Residents

Upper Limits- NEW!
Calling all beginners and experience climbers! Join us for 2 hours of unlimited climbing fun! Our group will have certified instructors to help us on the walls! We will conclude this fun day with a ice cream bar at the Community Center.
Registration Deadline March 18th
Spaces are limited, sign up today!
Date: Tuesday, April 6th
Time: 1:15pm-5:15pm
Location: Community Center
Fee: $20 Residents; $22 Non-Residents

SPECIAL PROGRAMMING

Crest Bowling-NEW!
Grab your friends and family and head over to Crest Bowl for a night of bowling fun! This event includes unlimited games for 2 hours and bowling shoes! You can have up to 6 people per lane. This event will meet at the Crest Bowling.
Ages: All Ages
Date: Sunday, May 19th
Time: 6:30pm-8:30pm
Location: Meet at Crest Bowling
Fee: $8/Child; $10/Adult

Kid's Night Out!- New!
Come join the staff at the Ferguson Community Center for a night of fun and activities. Parents take the opportunity for a date night or a night out with friends. We will feed your child pizza, play games, and watch a movie.
Ages: 6-12 years old
Dates: Friday, 4/26/2019 and Friday, 5/17/2019
Location: Ferguson Community Center
Times: 6:00-9:00pm
Fee: $15 per child
Spots Are Limited So Sign Up Early!

Dog Egg Hunt– NEW!
Hop over to Wayside Dog Park with your furry friend for our annual DogEgg Hunt sponsored by Ferguson Animal Hospital! The smaller and larger dog areas will be covered with eggs filled with dog treats! Special eggs will be hidden with raffle tickets to chose a prize for your dog! The Easter Bunny will be on hand for photo opportunities. Dogs and humans should meet at Wayside Dog park with a Basket to collect eggs.
Date: Saturday, April 13
Time: 11:00am
Location: Wayside Dog Park
Fee: $5/dog in advance; $10/dog day of event

Adult Easter Egg Hunt
The Easter Bunny has dropped his eggs all over the fields of the Ferguson Community Center. Rumor is 30 of those eggs are filled with prize tickets. This "egg-cellent" event is open to adults 21 and older. So grab your basket and flashlight for an evening down memory lane. Pre-registration is recommended for this event. Maximum event size: 100.
Date: Friday, April 19
Time: 7:30pm
Location: Community Center
Fee: $8 Residents; $10 Non-Residents

Children's Easter Egg Hunt
Hop over to the Ferguson Community Center for our annual Egg Hunt. The back field will be filled with brightly colored filled eggs for children (8 and under) to enjoy. The children will be divided into separate hunts by the following ages: 3 – 4, 5 – 6, 7 – 8. The Easter Bunny will be on hand for photo opportunities. Children should meet at the Ferguson Community Center with their own basket.
Date: Saturday, April 20
Time: 10am SHARP!!
Location: Ferguson Community Center
Fee: FREE Children 3 – 8 Years Old

Wayside Park Unleashed (Dog Park)
Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.
Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.
ID Costs: $5 processing fee per dog (max three dogs per household)

Park Dedication Program
The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.
Tree Dedication $200
In addition to our tree program we are pleased to offer our new park bench dedication program. Park Bench Dedication $1,000
Call or visit our website for more information

ADULT PROGRAMMING

Lunch and Bingo
Come and treat yourself to an afternoon at one of Ferguson's fantastic lunch and bingos. Our March bingo celebrates St. Patrick's Day with corned beef and cabbage. Our May bingo welcomes the coming of summer with a lunch and bingo featuring your choice of chicken or beef. Cost includes lunch as well as bingo. Maximum size: 125.
Date: Thurs, May 9th
Time: 12pm-3pm
Location: Ferguson Community Center
Fee: $10 Members; $14 Residents; $18 Non-Residents

Mystery Meal
If you love good time and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good times and good friends. Due to the popularity of this program, residents have registration priority. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal.
Dates: Thurs., April 11th
Time 10 am pickup
Fee: $32/Members; $37/Residents; $42/Non-Residents

Weekend Winery Tour
Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons preregistered for these trips to make. Cost covers transportation.
Ages: 21 and up
Date: Saturday, May 11th, Sun. July 14th.
and Saturday, September 14th
Time: 10am-6pm
Fee: $10/Residents; $15/Non-Residents

Tunica, MS
Join us for our annual trip for gambling fun in Tunica! We will be staying at the fabulous Gold Strike Hotel & Casino and visiting 4 other casinos during our trip, not including the two neighboring casinos of the Gold Strike. Cost includes: motor coach transportation, buffet meals and promo cash.
Sign up early as this trip fills fast!
Date: Tues, May 14th to Thurs, May 16th
Time: 7:00 am – 8:30pm
Location: Ferguson Community Center
Fee: $210 Residents; $220 Non-Residents (double occupancy)
$100 additional for single

Area Casino Day Trips
Need a day out and about? Come test your luck at an area casino each month! The trip only includes transportation to the casino. Must have a minimum of 10 patroons pre registered for the trip to make.
Fee: $5 Residents; $8 Non-Resident
Location: Ferguson Community Center
Time: 10:00am-4:00pm
Wednesday, April 17th River City Casino
Wednesday, May 22nd Ameristar Casino

Athletics

Open Play Volleyball
Come to the Ferguson Community Center for pick up volleyball games.
Days: Mondays
Times: 3:00pm– 9:00pm*
Location: Community Center
Fee: FREE Member; Daily Fee Resident;
Daily Fee Non-Resident
*Times may change based on league play.

Women's Adult Volleyball
Women's Adult Volleyball– SUMMER
Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday League.
Ages: 18 and up
Days: Mon, June 3rd to July 29th
Times: 6:30pm-9:30pm
Location: Ferguson Community Center
Fee: $190 Residents; $205 Non-Residents

Open Sand Volleyball Tournament

Gather your friends for a fun day in the sun as we kick off the start of warmer weather with a free Sand Volleyball Tournament. Format determined based on the number of teams that register. Trophy awarded to Champions.

Ages: 18 and up

PRE-REGISTRATION REQUIRED

Tournament: Sunday, April 14th
Time: 11:00 am
Location: Community Center Outdoor Complex
Fee: Free

COED Sand Volleyball

Calling all teams for women's adult volleyball! Come on out and show your stuff for our Monday or Thursday Leagues!

Ages: 18 and up
Days: Mon, April 29th to June 17th (*No game 5/27*)
Thurs, May 2nd to June 20th
Times: 6:30pm-9:30pm
Location: Ferguson Community Center
Fee: $190 Residents; $205 Non-Residents

Start Smart

Each program is designed to give participants an opportunity to develop their sports skills in a fun and safe environment while working and spending quality one-on-one time with their parent. All Start Smart programs feature age appropriate equipment and developmentally appropriate exercises. Each program is 6 weeks long + Show Your Skills event and we will meet at the Ferguson Community Center.

NEW! At the end of each session there will be a Show Your Skills event! You can invite friends and family to come show off your newly learned skills.

Day: Mondays

Sport	*Ages*	*Registration Deadline*	*Session Schedule*
Baseball	3—5 yrs	May 6th	May 22 to June 26

Time: 6:00pm-7:00pm
Fee: $30/child for each session

Adult Softball

Leagues are filling up fast! Register your team with Ferguson Recreation for Coed and Men's league this spring. 10 week season + playoffs. At registration receive a concession stand punch card. Once you filled up the punch card receive a free pitcher on us!

Ages: 18 and up
Coed: Sunday, April 7 to June *30 (No Games 4/21, 5/12 & 6/16)*
Men's: Monday, April 8 to June 17 (*No Game 5/27)*
Times: 6:00pm-10:00pm
Registration: Deadline—March 20th
Fee: $400 Team

Youth Flag Football

Calling all youth football players! We will be hosting a flag football league for you to show off your skills. Sign up individually or as a team. If you register as a individual you will be placed on one of our Ferguson teams coached by a Ferguson volunteer. We will have a clinic hosted by Ferguson staff and volunteers and then 5 weeks of games with a week of playoffs. All participants will be given a t-shirt and the winning team will receive a trophy!

PRE-REGISTRATION REQUIRED

Grades: 2nd to 8th Grade
Clinic: Saturday, April 20th @ 12:00pm-2:00pm
Season Dates: April 25th-June 1st
Practice Day: Thursdays @ 7:00pm
Game Days: Saturdays @ 9:00am-11:00am
Location: Forestwood Park
Team Registration Fee: $570/Team
Individual Registration Fee: $80 Residents; $86 Non Residents
Team are allowed up to 14 players on a roster.

Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable $100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	$10/hour	$10/hour
Lighted	$20/hour	$15/hour
Grooming Fee	$15	$10

Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.

Please call the Ferguson Sports Hotline for rain out information:
(314) 286-9102

★★★★★★★★★★

Ferguson 4th of July Celebration

Ferguson celebrates "Ferguson Moving Forward". Enjoy the parade, opening ceremonies, a plethora of unique vendors, games and other fun activities. Our Family Fun Zone will consist of inflatables, trampoline bungee, carnival games, arts and crafts, air brush tattoos. Then we will cap off the evening with a spectacular fireworks display planned for 9:15 pm over January-Wabash Lake. Parade and Vendor Applications can be found on the Ferguson City's website.

Thursday, July 4th
10 am - 10pm
January-Wabash Memorial Park
And It's All Free

Schedule of Events: *Times are subject to change

10:00am: Parade
12:00pm-6:00pm: Petting Zoo
12:00pm-7:00pm: Family Fun Zone
2:00pm-6:00pm: Balloon Artist
2:00pm-9:00pm: Entertainment
9:15pm: Firework Display

For more information, parade application, and vendor application go to www.fergusoncity.com

★★★★★★★★★★





4th of July Theme for 2019
Ferguson Moving Forward
Begin planning your float entry now!

Servsafe

Manager Certification Test Preparation

The Ferguson Municipal Public Library in partnership with Kip Williams will be hosting a study session for the Food Manager Certification test on:

Date:

April 6th, 2019

Time:

10:00am - 3:00pm

Call 314-517-1627 for more info and to reserve your seat.



Ferguson Municipal Public Library, 35 N. Florissant Rd., Ferguson, MO 63135

SAVE THE DATE

City Wide Clean-Up

Community of Choice
FERGUSON
EST. 1894

Saturday, April 27, 2019
9AM-12noon

City Wide Cleanup

Ferguson Municipal Public Library presents:

Yoga @ the Library



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May 10	St. Louis Irish Arts
July 5	Scott AFB Airlifter Brass
July 12	Audri Bartholomew
August 16	Jeremy Nunes
Sept. 13	Abby Road Warriors
Oct. 18	Florissant Valley Symphony
Nov. 15	Steve Shininger & the Shinsings
Dec. 15	St. Peter's UCC Christmas Orchestra

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music@stpetersucc.org



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Financial Focus

By Joan Cleaveland (cleav73@sbcglobal.net)
Business Manager for St. Joseph Parish in Cottleville
Lindenwood University – BA Business Administration

Shaping our Economy

Last month, a previous column from 2012 was printed in the paper. At the end I mentioned my next topic was going to be about the depression and how much government economic policies helped resolve, or in some eyes, prolong the Great Depression. That got me thinking about the economic climate today and what might be coming up. With an election over a year away, possible candidates are already throwing their hats in the ring. And economic issues are starting to be discussed by them to show how their ideas can make it better.

Ever since Elizabeth Warren got on credit card companies years ago, I've listened to many of her ideas. She has spoken many times over the past several years about "breaking up Big Tech." Her concern about FaceBook and Google controlling about 70 percent of internet traffic involves how it affects consumers. She points to the Microsoft lawsuit of 1998 as evidence to support her plan. When it owned its operating system, major applications and the main browser, it appeared to be a triple monopoly. At that time most agreed that Microsoft's practices were anticompetitive. As part of their settlement Microsoft was required to open its practices. This led to more innovation and growth in the technological world and prevented Microsoft from monopolizing the browser business. It's hard to say how different things might be today if they had continued to control the web. Now she believes FaceBook, Google, Apple and Amazon are doing the same thing.

The legislation Warren proposes would prohibit large tech companies with more than $25 billion in annual global revenue from running a marketplace and acting as a participant in that market. An example would be Apple and their app store. In Warren's plan they would need to be separate businesses. Her plan does differentiate between a platform business like Amazon offering a marketplace where third parties can list and sell their products, and an on-line retailer like a grocer or Walmart that processes and fulfills orders themselves.

With control of the website Amazon has a comparative advantage with its own products, or in Apple's case, its own apps. Warren believes they are using their powerful positions to prevent competition. Hearing that these behemoth tech companies have so much power does seem like something we should be concerned about, but how big is too big? While trying to open up the market to make it easier for the competition in the technological world, we could create problems for the consumer. And as Mark Zuckerberg, CEO of Facebook mentioned, it could pave the way for Chinese companies to dominate.

While many experts do agree this issue needs to be looked at, they just aren't sure what the best approach is. Ben Thompson the author of a tech newsletter, *Stratechery*, agrees that conflicts of interest and mergers among big tech companies should be looked at. However he is not convinced that her approach is going to address the real issues and he feels the effect on consumers may be detrimental. Everyone does seem to agree with healthy competition, yet these proposals may not bring about better products and give more opportunities for entrepreneurs to compete in this field.

We already have many antitrust laws in place and some have suggested we just need to have more enforcement with the existing laws. It's also been mentioned that too many regulations create more obstacles, making it difficult to do business in America. So it seems like we need to pay attention as these kinds of ideas are promoted and understand how they will impact us in the future.

Looking at past attempts to create economic policies may help us recognize what not to do. During the Great Depression there were many new policies brought about to deal with the crisis. Recently I read about the NRA which was established in 1933 by the National Industrial Recovery Act. And no, this is not the National Rifle Association. Franklin D. Roosevelt created this new agency, the National Recovery Administration. Their goal was to eliminate cut throat competition by bringing industry, labor and government together, creating codes of "fair practices" and set prices. Earlier the discussion was on how to improve competition, back in those times these ideas seemed to promote less competition by leveling the playing field for all businesses.

Looking back we can see that it was successful for first and foremost eliminating child labor. While most workers were pleased with the aspects favorable to them, working hours limited to 35 or 40 hours per week and a minimum wage of 20 and 45 cents per hour. These three changes were called the "blanket code" and the first director of the NRA called on all businesses to accept them. They expected it to increase consumer spending and employment. Historian Clarence B. Carson who suggested the desperation to recover from the depression led many intellectuals to eagerly support the ideals of a government planned economy. We see this same type of enthusiasm today for many ideas that in previous years would have never made it to the table for discussion. Keep in mind these were desperate times.

Having industries work together to write "codes of fair competition," seemed like a good idea because it was thought that over production in the 20's had led to inflation and the instability of the market allowing the crash of 1929. The kick off introducing these changes had the fanfare of parades and press events. It did well and resulted in over 2 million employers agreeing to the "blanket code" mentioned earlier. Over the next 18 months another 500 codes were negotiated for individual industries. It was a successful public relations campaign. Businesses that adopted the codes could display the NRA blue eagle logo showing the motto "we do our part." As, you might expect those not displaying the blue eagle were often shunned. There were many problems with the enforcement of the codes which were often complicated and conflicting. And while they did increase efficiency, employment, improved worker's pay and working hours, consumers saw prices increase and businesses found it difficult to abide by the codes. Enforcement created more problems – one tailor was fined for violating the "Tailors Code" for pressing a suit for 35 cents rather than the required 40 cents. Police were involved arresting some for non-compliance. After two years, the Supreme Court declared the NRA unconstitutional and while some of its provisions continued through subsequent legislation it is certainly a lesson in how government involvement can sometimes make things worse.

In future columns I'll be looking at ideas from the candidates and our President for economic policies and what we should be looking for.



Trouble At Home

Domestic violence is a pattern of abusive behavior in any relationship that is used by one partner to control another. It can be physical, sexual, emotional, economic, or psychological and can happen to anyone regardless of race, age, sexual orientation, religion, or other.

The topic of domestic violence will be addressed at the April 22 AAUW meeting. The presentation will be given by Dr. Gloria Johnson, who has worked with the area for decades and has knowledge of its ramifications and how it affects individuals.

The AAUW Ferguson-Florissant Branch (North County) meeting will be **Monday, April 22,** 2019, at 7:00 pm in the Educational Building of Immanuel UCC Church, 211 Church Street, Ferguson. The program is free and open to the public.

For more information, call:
314-921-7109, 314-522-0413, or 314-831-5359.

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to read the plan in full.



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Dorris Keeven-Franke is Executive Director of the Missouri Germans Consortium, Archivist for Bellefontaine Cemetery and Arboretum in St. Louis, and Curator for a new St. Charles County Veterans Museum opening this spring. She teaches Genealogy for the City of St. Charles Adult Education, is President of the board for the German American Committee of St. Louis and serves on O'Fallon Missouri's Historic Preservation Commission. She also provides public programs at the Missouri History Museum, the St. Louis Community College, the St. Charles Community College and other regional historical organizations

Edward Jones Perspective

By Joe Meyer

Time for Some Financial Spring Cleaning

Spring is here – and for many of us, that means it's time for some spring cleaning. This year, in addition to tidying up your home, why not try brightening your financial environment? Some of the same moves you make to clean your surroundings may apply to your finances. Consider these suggestions:

Get rid of clutter. When you go through your closets, attic, basement or other areas, you may find many items you no longer need. You might be able to sell some of these things or find other ways of disposing of them. And as you review your portfolio, you might also encounter "clutter" in the form of investments that may be redundant to others you own. If so, you might consider selling these investments and using the proceeds to purchase new ones, which may help you broaden your portfolio.

Protect yourself from hazards. As you go about your spring cleaning, you may well encounter hazardous substances, such as cleaning agents, paints, batteries, pesticides and so on, which you don't need anymore and which may pose potential health risks. You can reduce the possible danger from these materials by recycling or disposing of them in an environmentally safe way. Your overall financial situation has hazards, too, in the form of illness or injury preventing you from working, or, in your later years, the need for some type of long-term care, such as an extended stay in a nursing home. To protect yourself, you may need appropriate insurance, including disability and long-term care.

Find new uses for existing possessions. When you are sprucing up your home, you may rediscover uses for things you already have. Who knows – perhaps that treadmill that's been gathering dust in your garage could actually be employed again as part of your rededicated exercise regimen. And you might be able to get more



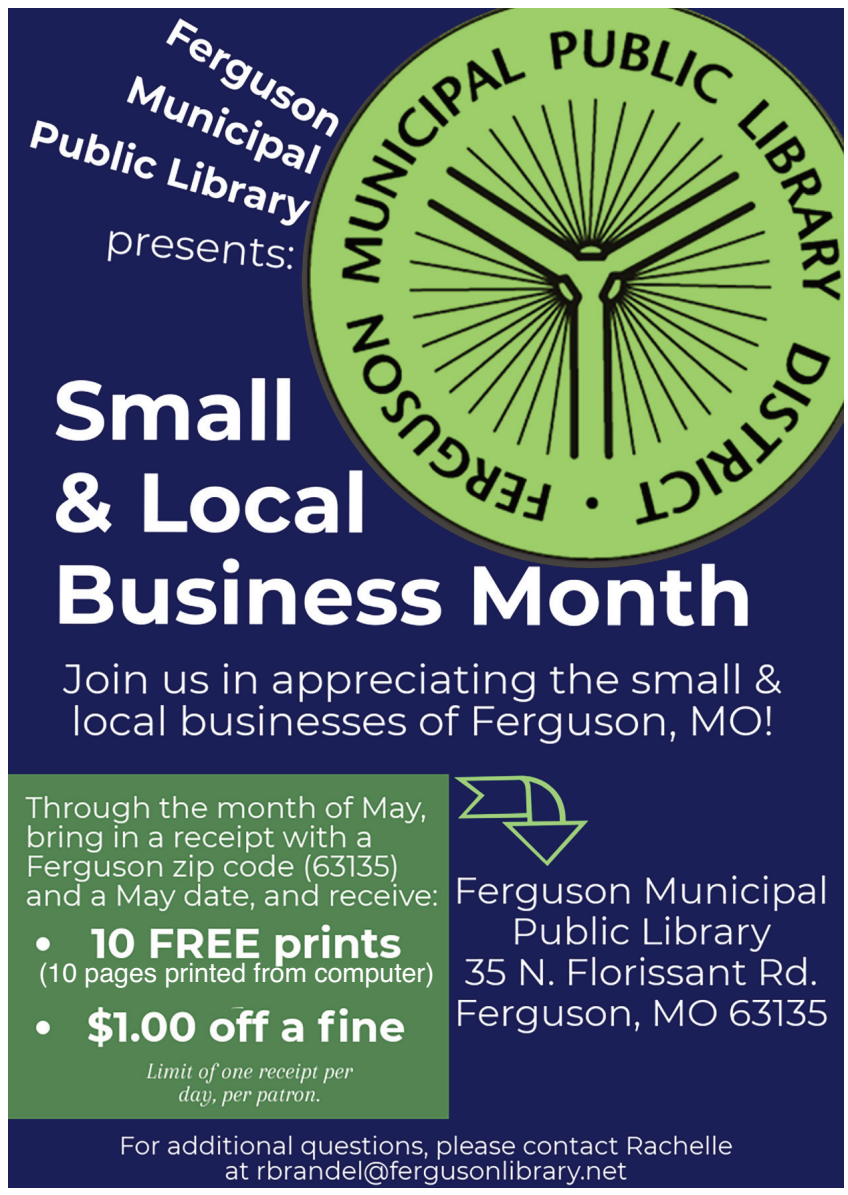
mileage out of some of your existing investments, too. Suppose, for instance, that some of your stocks are paying you dividends, which you take as cash. If you don't really need this income to support your lifestyle, you might consider reinvesting the dividends so that you can own more shares of the dividend-paying stocks. Over the long run, increased share ownership is a key to helping build your portfolio.

Establish new habits. Spring cleaning doesn't have to be just about physical activities – it can also involve a new set of habits on your part. For example, instead of placing your unread magazines in an ever-expanding pile, try to read and recycle them quickly. You can also develop some positive habits as an investor, such as "paying yourself first" by regularly putting some money in an investment account each month, even before paying all your bills. You can also avoid some bad habits, such as overreacting to market downturns by selling investments to "cut your losses," even though those same investments may still have strong growth potential and may still be suitable for your needs.

Doing some spring cleaning can make you feel better about your living space today. And applying some of these techniques to your financial situation can help you gain a more positive outlook for tomorrow.

Joseph Meyer, CFP®
Financial Advisor
Edward Jones
409 S Florissant Rd., STE 1
Ferguson, MO 63135
(314) 524-6333
www.edwardjones.com







Trivia

All answer begin with the LETTER "L"

L

1. Kemo Sabe.
2. Millionaire station wagon.
3. Sore throat soother you suck on.
4. What Thomas Jefferson bought while out shopping.
5 Brides sometime wear this delicate open fabric.
6. Custer's last stand.
7. A convict forever.
8. Vein of ore that can sometimes be a mother.
9 Girl on a curds and whey diet.
10. Neither a borrower nor a _____ be.
11. Grand or petty, it's a real steal.
12. Recreation area formed by Bagnell Dam.

See answers at bottom of page 23.

March Events



See some old friends and discover some new ones!

We Offer:

- Wellness & Exercise Programs
- An Excellent Array of Entertainers, Trips & Fun Activities
- 1 & 2 Bedroom Residences
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Join us every Mon. & Wed. at 1pm
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Chair Yoga!
Join us for a healthy mind and body every Friday at 1:00 pm with a certified aerobics instructor

Music and Movement Class! Join us for a relaxing hour of strengthening April 11th and 18th at 1:00 pm

Spring Celebration
With "Jim Edwards". Complimentary Lunch with Entertainment Tuesday, April 9th at 10:30 am.
RSVP by April 5th
314-838-3877

Stay Well!
"The Benefits of Laughter" with ENVISION Home Health Thursday April 18th at 9:30 am
Complimentary Breakfast 9:00 am
RSVP by April 12th
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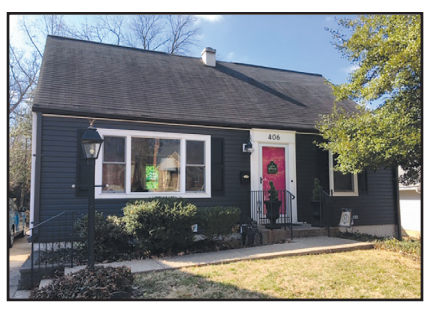
401 ADAMS **$214,500**

Take a few extra minutes when you make your drive-by past this stunning four+ bedroom home...it is amazing and so is the neighborhood! Pull over and park the car and walk Adams and S Clay and Allen Place and Catherine, It is a pretty relaxing and quiet time first of all and secondly, you will realize that there is no other place in the entire county quite like it. History runs deep in this neighborhood and the adjacent streets like Church, N Clay, Maple, Almeda and Elizabeth add the frame to the picture of what Ferguson looked like more than one hundred years ago.
401 Adams is a recognized century home that has been restored. It is a large home, generously sized rooms and is set up for quick and easy entertaining. The large patio will be the perfect spot for summer bar-b-ques and setting up "play pools". The garage is an oversized two car that is heated. Two lenders that we work with have already extended special financing packages, one of which is quoting a very low down payment and reduced closing costs. Give us a call and we will get you moving. (314) 495-2304

54 Spring



Tucked back in a quiet neighborhood close to Central Elementary School, this full brick ranch features three bedrooms, two baths, a walk out, partially finished lower level and a two car garage. A very cozy wood burning fireplace located in the living room, takes the chill off of early spring evenings. The kitchen is updated and the hardwood flooring is beautiful! It is ready for your next move! Give us a call for a visit! (314) 495-2304



406 Robert Ave **Coming Soon!**

Keep an eye out for this stunning Cape Cod to hit the market! With four bedrooms and two full baths and close to schools (Lee-Hamilton and BTC) this is the perfect home for the first time or trade-up buyer(s), with or without kids and fur babies. Very nice landscaping, a beautiful new custom kitchen, wonderful hardwood and updates to roof, siding, windows and doors are a few of many features. This home is located a block away from Jeske Sculpture Park with its bike and hiking trails. Get moving and call us today to explore the numerous financing options... then GET MOVING!

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Under The Hood With Robinwood

By Bob McGartland

Oh, Those Annoying Potholes

Over the winter, the cold temperatures and weather can cause some significant damage to the surface of the roads. Potholes will form when the soil under the pavement becomes weak or displaced. Ice and running water can disrupt the soil under the pavement, thus resulting in a pothole. When a vehicle drives over these spots, the pavement will start to crack and chip away. All potholes start small, but will grow into larger ones as traffic increases.

If you hit a pothole, it can end up causing you a lot more money and time if you do not have it checked as soon as possible. There are several areas that you should have checked. This includes shocks, struts, front and rear suspension components, tires, and the alignment of the tires. Since the tires are the only part of the vehicle that touch the road, they are the most prone to damage. This can include tread separation, flat tires, or sidewall bulges. As you hit the pot hole, the tire makes impact and it may slice the rubber. You may also experience air loss from the tire as well.

Along with the tires, the wheels should be inspected. If you hit the pothole at a hard angle and with force, you can end up bending or cracking the wheel. A bent wheel will result in an uneven ride or vibration at higher road speeds. A chip in the wheel can easily be noticed as some of the rim is missing where it meets the tire. Cracks in the wheels can be more difficult to spot. If the crack is ignored too long, it can result in the crack becoming larger and may ruin the wheel. The wheel will then need to be replaced.

It's always best to have the vehicle properly inspected after hitting an extra deep pothole. The suspension of the vehicle can also become damaged after hitting a pothole. The suspension absorbs impacts to help provide a smooth ride. If you hit a pothole suddenly and with force, the suspension components can become damaged.

Misalignment, broken ball joints, damaged shocks, and broken struts can all occur if you are losing the battle with the potholes in the roads. You may notice an alignment problem based on how the vehicle is steering. If it is off center, then there is an issue. You may also start to notice your vehicle pulls strongly to the right or left. Also, you could notice the handling may feel loose when driving. Any odd sounds, vibrations, or bumpy rides can be a sign the suspension has problems.

Always use caution when driving, and especially in the Spring. You will want to avoid the potholes, but if you happen to hit one, try to slow down and go over it as carefully as possible.

To help keep your ride smooth and comfortable, schedule an appointment at Robinwood so we can make sure your vehicle is safe and reliable! Our cars need to be road worthy, even if our roads aren't car worthy.

PROUD

People Reaching Out for Unity and Diversity

Our next meeting is scheduled for:
Saturday, 06 April
10:00 a.m.
Ferguson Public Library

email: proud.ferguson@gmail.com
Alan Mueller – 314.831.9300 Chuck Henson – 314.565.4829

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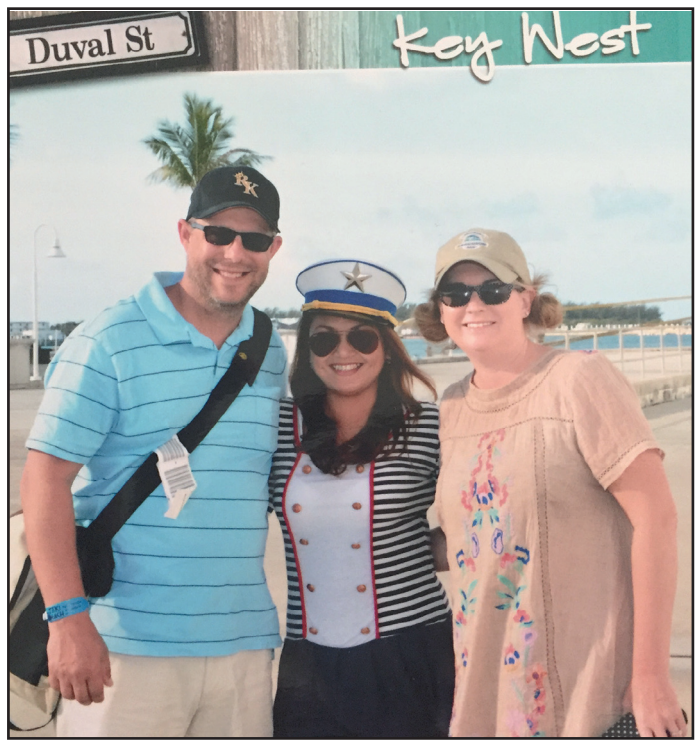
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Traveling  With Marveena

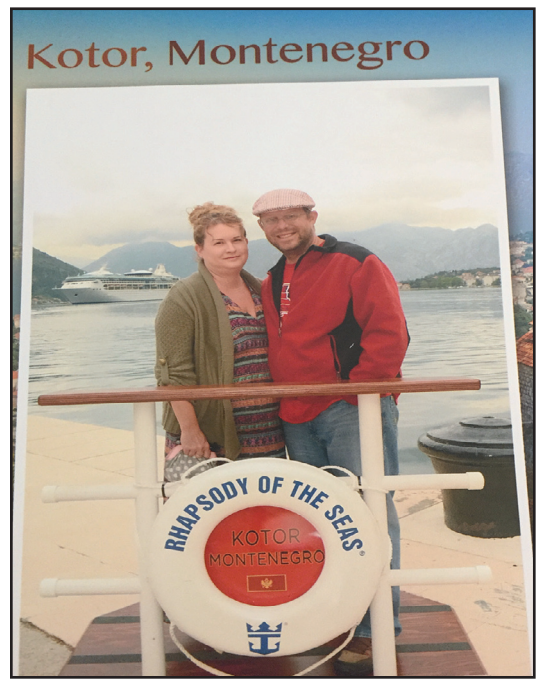
by Marveena Miller Shanahan

I just booked our sixth cruise; we are heading to Bermuda; seven nights out of New York. Our first cruise was in 2015 to the Caribbean and since then we have cruised through the Mediterranean, to Cuba, around almost everywhere in the Caribbean. This article is not about the destinations but the different experiences with cruises. A quick google search shows the idea of cruising for leisure was introduced in 1835 by Arthur Anderson and two years later he founded the Peninsular Steam Navigation Company, now the P&O cruise line . . . still operating today. The most famous cruise ship, Titanic sank in 1912, and in 1914 cruising was halted because of World War I. World War II saw most cruise ships being used for transporting troops and resulted in many ships being destroyed. Cruising became very popular in the 1970's and 1980's and by 2013, 21.12 million people cruised. Cruises continue to become increasingly popular with new destinations, new ships and new lines added frequently; it is expected that by 2019 there will be over 25 million cruise passengers.

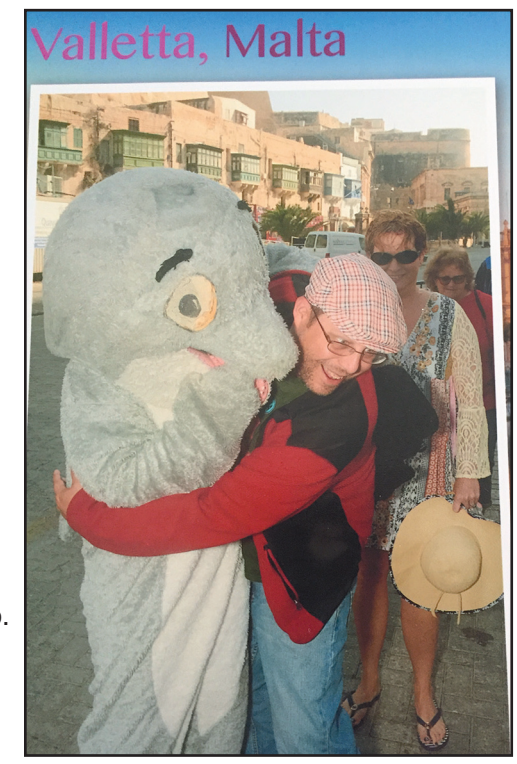


I never wanted to cruise, I hated everything cruising represented, simple travel, (no pain no gain) and all the excess, it seemed completely unappealing, but after arranging every vacation, including the month we spent in Europe I gave in and let Chris pick our next trip...so a cruise it was, and I loved it! The first cruise was a seven-night Caribbean cruise leaving out of San Juan, Puerto Rico, and visiting the British Virgin Isles, St. Kitts, Barbados, St. Lucia, and St. Maarten and I think we did everything wrong. We overpacked, we purchased everything on the boat before we left for the cruise, we over-booked excursions and were exhausted by the time we got home. Even feeling like we did everything wrong, we had so much fun and promised to do better next time. We met great people, visited beautiful beaches and had a lot of fun; we also learned a lot of what to do and more what not to do. Don't book all your activities before you get on the boat; they had spa specials, 1/2 price drink package options, additional shore excursions and daily special activities once you are on the ship. Excursions do sell out quickly so if you absolutely must swim with the dolphins or cruise the canals, book it, but otherwise wait. Don't overpack; you will have no place to go with everything and you really should unpack when you get on board. The rooms are tiny and trying to live out of a suitcase was terrible. About half way through the trip I unpacked, and it greatly improved the room issue. It was at that point I realized half of what I packed stayed in the suitcase under the bed. The next trip I packed half.





Our second cruise was April of 2016 and it was a larger boat and a longer trip (12 nights) departing from Barcelona and finishing in Venice, with stops in Corsica, France, Naples, Italy, Palermo, Sicily, Valletta, Malta, Rimini, Italy and Kotor, Montenegro. Once we were on the boat the captain asked everyone to prepare for rough seas. Apparently, the seas between Spain and France in April are incredibly dangerous and our first night was terrifying. I barely slept and the shipped rocked all night and around 3:00 a.m. two distress calls went out over the speaker with a third message asking everyone to stay in their rooms. We had made fast friends with our cabin steward and he knocked on our door and told us to remain calm, but the boat had been stuck on top of two waves and had bent, blowing most of the windows out on the third floor, causing the collapse of the walls between the rooms and items had been swept to sea. We arrived at port and the ship was a mess, but the staff tried their hardest to clean while people were in town. Unfortunately, most everyone on the 3rd floor was sent home because there were no extra rooms in which to move them. I am glad it was our first night on the boat because if it had been our last, I am not sure I would have ever cruised again. The rest of the cruise was fantastic, incredible ports and stunning views. We visited Pompei, Mt. Etna and the canals of Venice, the trip was amazing, but I learned cruising is not all parties and dining; when things get serious, they get serious quickly and people can get hurt. My next point is . . . do your research on the cruise you are contemplating. Research weather patterns and the timing for cruises where you want to go; the water between Australia and New Zealand is also very choppy and prone to extreme storms in the spring so maybe not the best time to go. I would have still chosen to go. I would have just been more prepared, and I would have taken the free Dramamine for sure.



Our third cruise was an eight-day Christmas cruise to Central America with stops in Guatemala, Honduras, Belize and Mexico. It was our first Norwegian Cruise, our first cruise without the drink package, our first during Christmas and our first time in an ocean-view room. This was our least favorite cruise. The ports were great, but the service was terrible, the boat was not festive as advertised and we didn't enjoy the open dining and I hated not having a balcony. One of our favorite parts of cruising is meeting new people; I don't think we even talked to anyone on that boat. The cabin stewards are different depending on your cabin location, too. If you are looking for a festive holiday excursion, Norwegian cruises is not your best option.

Our forth cruise was a seven-day
Caribbean cruise to the Cayman Islands, Jamaica, and Mexico. We were back to our balcony suite and learned to splurge and buy specialty dining; it is worth it. We have learned by now, many excursions are the same from island to island so we didn't book anything in Mexico, we just wandered around town. We didn't have to be anywhere at any particular time, and we didn't have to fight the crowds trying to get off the bridge, which can sometimes be overwhelming, and we had traditional Mexican food with views of the Gulf. Lining up to exit the boat can be one of the most stressful parts of the day and careful planning is needed. Make sure you know where and when you are supposed to be and make sure you have everything you need, there is no time to go back to your room because you forgot your camera or your sunscreen. If you choose an excursion that leaves at 8, plan to be at your meeting spot by 7. Then you will attempt to exit with hundreds of other people at the same time. Once off the boat the experience is usually well organized, hosted by a local tour guide and very enjoyable.

Our fifth cruise was a four-day cruise to Cuba and the Bahamas. It rained the entire time. Which is my last point to cruising – you can't control the weather. If the waves are gigantic, it rains the entire time, it is too cold to enjoy the pool or you have to switch ports at the last minute, roll with it, it can be disappointing but there is so much to do on the boat it can still be an enjoyable trip. If you have booked your excursion, you are going in the rain, there are no rainchecks. I struggle when people say it isn't the destination it's the journey but with cruising it really is the journey.

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Why is Chiropractic Care Different From Traditional Medical Care?

Traditional medical care is an important tool in your overall health. The focus is on germs and blood. The medical approach puts chemicals into your bloodstream to change the way your body works. Besides the side effects, drugs often ignore the real cause of the problem which may be the integrity of your nervous system.

Chiropractic is different from the medical field because it produces results by helping your nervous system work the way it should. The nervous system controls your blood, your blood pressure and millions of other details. Your brain, spinal cord and the rest of your nerves control every aspect of your body. Hinder the links between your brain and your body and ill health can result. A common source of hinderance comes from the moving bones that encase the spinal cord, which is your "information super highway". A thorough chiropractic examination helps locate areas of nervous system compromise. The intent of the chiropractic spinal adjustment is to restore your body's ability to regulate and heal itself, without drugs, without surgery.

So if you have aches and pains, and are tired of taking pain pills, or they don't work anymore; or if your medical doctor has prescribed a medicine to calm your nerves (such as Prozac); or if you have other issues you would like to address, please make an appointment with Dr. Robyn. She may be able to help.

Chiropractic is safe, simple and it's all natural.

Dr. Robyn's Office Hours:
Monday, Wednesday, Thursday 10:00 am to 1:00 pm – 3:00 pm-6:30 pm
Tuesday, 3:00 pm to 5:30 pm Sarurday, 9:00 am-Noon

Soroptimist Golf Tournament

Soroptimist International of Greater St. Louis (SIGSL) is hosting the Grace Zykan Memorial Golf Tournament on **Friday May 17**, 2019 at Eagle Springs Golf Course. Individual entry fee is $100 for adults and $80 for high school and college players. After May 9, 2019 registration fee increases by $5.00. Registration includes 18 holes with cart, lunch, dinner, drink tickets, awards for longest drive and closest to the pin and goodie bags. Registration and lunch begins at 11:00 am, shotgun start scramble at 12:00 pm with dinner and awards at 5:00 pm. Eagle Springs Golf Course is located at 2575 Redman Avenue, St. Louis, MO 63136. Gentlemen golfers will again be welcome. Online registration and payment is available on their website www.soroptimiststlouis.com.

SIGSL is also looking for sponsors and donations. All sponsors and donors will be included on marketing materials and social media. Each sponsorship level has its own specific benefits. Most sponsorship opportunities are limited and on a first come, first served basis. Donations are welcome in the form of in-kind items for raffles, silent auction and attendance prizes.

Soroptimist International of Greater St. Louis is a member of a worldwide organization dedicated to improving the lives of women and girls. Over the past 45 years SIGSL has contributed over $600,000 to community organizations and education scholarships. Soroptimist are women AT their best, working to help other women BE their best.

For more information please contact Pamela Lee 314-398-3940 or send an email to info@soroptimiststlouis.com or visit their website at http://www.soroptimiststlouis.com/

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March 2019 meeting minutes
Reported by Keith Kallstrom
(Keith.Kallstrom@gmail.com)

Asst Chief Alan Eickhoff opened the March 13th, 2019 meeting of the Ferguson OnWatch, welcoming everyone.

Do not leave your car running.
Car thieves look for cars that are warming up unattended. Do NOT start your car and leave it unattended. Asst. Chief Eickhoff began by repeating this warning. He told of one case where the lady started her car, and left it to go back inside. Before she got inside, she saw her car driving away.

Do you pump your own gas? LOCK YOUR DOOR while pumping the gas. Don't let them see you put your purse in the trunk or they will know which trunks to pop open.

Take a picture of your car with the license plate showing.
If your car is stolen, the police will ask you what the license plate number is. Also, take a picture of is your insurance card and your driver license. The officers can check the status of your license by using your photo.

Burglars steal tools from garages.
If you are in your back yard, close and lock your garage door, as burglars like unlocked garage doors to steal tools stored in your garage.

Parking Lot safe spots.
There are 2 safe spots on a parking lot. One is in your car, and the other is in the store. Be aware of your surroundings before you exit your vehicle and walk to the store. If you are in a house and getting ready to exit to your car, look and observe your surroundings. If you see suspicious looking people talking to each other, get back inside and call the police. Your report can save a life, even your own.

Homicides
There were 3 homicides since the beginning of the year, and in all of them the victims knew the perpetrators.

Police Hires
We had a new officer hired last week, a new one hired this week, and we are anticipating 2 more in the next 2 weeks. We are also trying to put 1 or 2 in the April police academy. The police department is terribly short in Dispatch.

Pepper Spray Upgraded.
Todays' Pepper Sprays can be used in multiple positions, and can fire upside down, for about 15-20 feet.

Next meeting date:
Wednesday, April 10th, 7:00 PM at City Hall. Have a safe month!

Ferguson Twilight Run Receives Runners Choice Award

In February, the Ferguson Twilight Run received the Runner's Choice Award from Big River Race Management. Thank you to everyone who voted! The Ferguson Twilight Run has also received the Best Neighborhood Support Award for five years, the Best Post-Race Atmosphere Award, and the Most Growth at a Large Event Award.

Not Too Late to Join Couch to 5K Training

This nine week training program for beginning runners and runners looking to get back into shape began training specifically for the Ferguson Twilight Run in March. But you can still participate. Spend three evenings each week (Mon/Wed/Fri) at 6pm at Forestwood Park (806 Ferguson Ave). Each workout lasts less than one hour, including warm ups, cool downs, and stretching. Email Coach Shelton at patshelton60@yahoo.com to register and receive additional information. The C25K program is free, and you do not need to be a Ferguson resident to participate. All you need are a good pair of running shoes and determination to get off the couch!

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Community Garden at Plaza 501



Pictured above are plans for the community garden as visualized last fall. Below are recent photos of the actual building of the raised garden plots that will be planted soon.





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PRESERVATION DAY

Ferguson - Sunday, May 19

10 am Historical Wood Window Repair and Restoration Demonstration -- 485 Airport Road in MainStreet District. This Place Matters!

Florissant - Sunday, May 19

12 Noon High Tea at Gittemeier House, 1067 Dunn Road; and 1860's farmhouse; followed by 2 pm tours at the Old St. Ferdinand Shrine, 1 Rue St. Francois Street, celebrating its bicentennial. This Place Matters!

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BOB ON JOB

April, 2019
By Bob McCarty

Last month, we talked about doing an inspection of your older home so that you could develop a plan to make sure everything is in top notch order. You may have noticed over the winter months that your historic windows may have done a little rattling during those breezy days and maybe a cracked window pane. Is it time to replace your windows or would you rather do some repair/maintenance and save them for another 100 years?

Let's talk about how to assess your windows to ensure that you don't needlessly throw a lot of money out the window.

First, you must assess the historical significance and architectural quality of the historical windows in your home. During the assessment of your windows, there are four parts to be looked at to determine the importance of your windows in your home.

Your windows will make up 20 to 30 percent of the walls of the exterior of your home and determining if you're thinking of the historic significance of your windows, think of the 50-year rule, if they are at that age or older, it is ideal to save your windows.

Next, you will want to determine the visibility of your windows. For instance; the front of your house can be seen from the street, what about the back and the sides? Is your home really close to another building on one side, or is the front and one side more prominent? We are working on a home in the city and the front, of course can be seen from the street, as well as one side. The back can be viewed from the alley and the other side is about five feet from the neighboring house. Even though all of your windows are important, the more prominent ones really need a lot of TLC. You won't have to pull out all the stops to repair the windows on the back and other side. Next, you will need to inspect the integrity of the material used in all of the parts of your window. Do you still have the original windows? If so, they more than likely have the original old growth wood. The old growth wood is much better than the wood you can buy today. Today's wood is grown fast to keep up with demand. It has not built up a resistance to rot and insects like it's older, more stable cousin.

Is there rot on the sill? Are all of the joints sound or has the elements played havoc on them? All of this can be checked as you do your assessment. You can check for material integrity with sight and an awl or icepick. If you find an open joint or an area that you suspect rot, just push the point of your awl into the area and you will be able to tell pretty quickly.

Don't forget to inspect the inside too. This often-overlooked part of an assessment can open your eyes to some things you might not see from the exterior. Look for water marks on the frame and the surrounding area. Check the jamb, the area that holds the sash and allows easy up and down movement of the window. Does the top sash open or is it painted shut? In this day of turn off the furnace / turn on the A/C, you would be amazed if you were to open the top sash at how well that can help keep your home cool. Maybe not A/C cool, but cooler than having just the bottom open.

Historic window design is another consideration to take into account when doing your assessment. Do you have arched or segmented arch windows? What about curved windows? If you were to decide to replace your windows, then you would be out of luck finding a replacement company to be able to make you new windows. And if they said they could make it work, you would have a rectangular window set into an opening with an arch or that curved window frame would be built out enough to fit a flat window in its place. If you have muntins, the piece of wood between the smaller pieces of glass, then you could lose the decorative detail that was painstakingly made, probably by hand, and it would be gone forever being replaced with a flat, non-descript grid attached to the sash, somehow, to replicate a true divided light window.

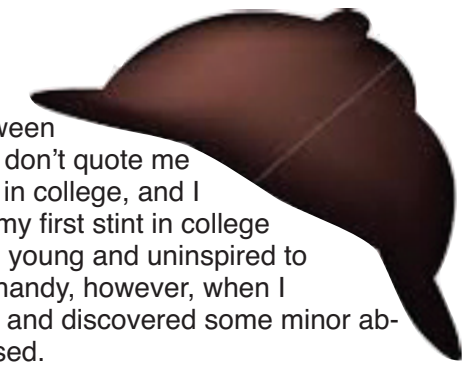
The final part of this plan is to determine how to rehabilitate your windows. Could you just sand the wood area and paint or did you find some wood rot during your inspection? Was there a piece of broken glass that can be replaced or has the bottom rail rotted and needs to be replaced with another piece of wood? These are all questions you will need to ask yourselves during the assessment of your home's windows.

Just remember, the window that needs to be replaced is the window that is missing. The old historic windows can be maintained as opposed to the maintenance-free, replacement window, will have to be replaced. Then that replaced window will go to the dump and never be heard from again until it is dug up in an archeologic dig a million years from now. That is, if someone can figure out where to sustain life on the universe's garbage heap.

If you are interested in getting some ideas on how to repair your windows, there will be a demonstration on May 19 from 10:00 a.m. to noon. It will be held here at Painted Effects at 485 Airport road, in good ol' Ferguson. The 19th is a Sunday.

Until next month, Bob is on the Job. Happy Spring.

Sherlock's Pal



Sometimel think I must be insane. Before I continue with this wild assertion I need to distinguish between mental illness and insanity. Please don't quote me here. I only minored in psychology in college, and I took most of those classes during my first stint in college right out of high school when I was young and uninspired to study. These courses did come in handy, however, when I "analyzed" my very stable parents and discovered some minor abnormalities. They were never amused.

I understand enough about mental illness to be dangerous. While some folks have an actual diagnosis, I suspect that all of us are mentally unhealthy to one degree or another. Much like physical health, our mental health could always use some "exercise."

Concerning insanity, I also understand there are two types: legal insanity and Einsteinian insanity. The latter I like to call "Einsanity." According to a dictionary I found while dusting off my newly acquired used bookshelf, legal insanity is defined as "unsoundness of mind or lack of the ability to understand that prevents one from having the mental capacity required by law to enter into a particular relationship, status, or transaction or that releases one from criminal or civil responsibility." As far as I know, I may be touched in the head, but I don't think I am legally insane.

I am, however, "Einsane." Albert Einstein once said (or may have said it multiple times and no one bothered to count), "The definition of insanity is doing the same thing over and over again and expecting different results." I haven't yet imagined all the many ways I might be Einsane. There are too many to count. For example, I might be Einsane in that I expect different results from working out at the gym. I keep expecting to drop twenty pounds after walking on the treadmill for thirty minutes. Perhaps I might to better if I lay off the post-gym "reward" of a chocolate shake.

I also might be Einsane in that I expect different results from my weekly responsibility of preaching. I continue to imagine that someday, after a great sermon, the sky will open up, the angels will sing in harmony, and a voice from heaven will say, "Well done," and the voice will not be responding to the question, "How do you want your steak?" By the way, how would God want God's steak cooked? And is there a cow out there that would be acceptable to the divine palette? These are questions that keep me up at night.

Aside from working out and preaching, the other "doing the same thing over and over again and expecting different results" activity in which I engage is accumulating bookshelves and expecting my office to become better organized. In truth, as I collect more (or larger) bookshelves, I simply accumulate more books to fill those bookshelves. Eventually, my bookshelf space is occupied like a New Orleans fleabag hotel during Mardi Gras. There is no longer any available space. New books are stacked in conspicuous places and my office décor becomes more crowded, unevenly spaced, and aesthetically displeasing. And so the cycle continues, I seek out more shelves, expecting different results.

I'm no Einstein, and yet I truly believe I suffer from Einsanity. But so what? After I write a masterpiece sermon I'm going to the gym and the bookstore because that's how I roll.

Dr. Jimmy R. Watson
Pastor, Immanuel United Church of Christ
Ferguson, Missouri

Please write to me over and over again at sherlockspal@yahoo.com.



Ferguson by Foot

By: Margaret Wolfinbarger



On the coldest day this Spring, I drove home from work with a heavy heart. The loved one of a dear friend was losing her battle with pneumonia and there was nothing I could do about it. I had prayed for healing but healing was not happening. My friend stood at my desk and told me that in addition to the pneumonia, his beloved had endured a stroke as well. The doctors were not holding out hope and family began to drive in to see her for—quite possibly—the last time. The cold, gray clouds that clogged our view of the sun were being pushed around by an awful wind that also snatched the hope from our hearts. I thought of her young son and what the future would mean for him without his precious mother.

I arrived home that day and sat in my car—unwilling to make the short walk into my house. I noticed my boxer dogs standing in the window—ready to greet me with howls of delight—but I was not ready to accept their affection. Instead, I stared out of the window of my car and cried for my friend because I knew what it meant to pray for healing and be denied the miracle I longed for. My sister was widowed last year at 40 years old and left to raise 5 children without her beloved. It seems the only constant we know in life is death.

The people of Ferguson know a lot about death. The death of one man precipitated the death of hope for many people in our region. Worse, we watched helplessly as the media vultures descended and picked at the bones of the dead. I remember stopping to talk to a reporter. I asked her, "Why can't you tell some of the good stories about Ferguson?" She said, "That's not the story we want to tell." And I was angry. How dare they make a profit from our misfortune? And still, there are some people who celebrate our sadness. They say we deserve to suffer.

I recently read that the owners of the Whistle Stop have closed the business. Another death. I thought about the first time I took my children there on a hot day and enjoyed a cold ice cream cone. I remember trying to catch the melting drips with my tongue while we waited for a train to rumble by. We were innocent then.

I wonder if this is how the disciples of Jesus felt as they watched him cry out in agony from the cross. They had hoped he would rescue them from the oppressive regime of their day. They had followed him and seen him perform miracles. He raised a dead man. He cast out demons. He touched the eyes of a man born blind and restored his sight. He told a man who was lame to stand and walk and the man was suddenly able. They must have wondered where God was while the man who claimed to be his son hung gasping for air; naked and bloody. What must they have thought when he cried out, "It is finished!" and stopped breathing?

I sat in front of my house and thought of the king who once wrote a song to God of his own agonies. "Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me; my enemies trample on me all day long, for many attack me proudly. When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?" (Psalm 56:1-4). I wondered if I could still trust the God I have read about in the bible. He seems awfully cruel lately. He has allowed so many things to injure me or those I love, and I wondered if I still believe He is good. My tears dripped from my chin onto a spreading stain on my blouse. Then I remembered another line in the song. "You have kept count of my tossing's; put my tears in your bottle. Are they not in your book?" (Psalm 56:8). God sees my pain. God knows I am hurting.

I looked up from my position in the car and noticed the ground beneath the windows of my house. Dark green sprouts jutted up into the cold air; the first leaves of spring. Tulips! I got out of my car and walked closer. The leaves were firm and crisp. The wind would not move them even though it was blowing through my coat. These tulips were particularly meaningful because they were a gift from a dear friend. I wondered how I could have forgotten that I planted them.

Then I remembered the rest of the story. I remembered that after Jesus died on that cross—after he was placed in the grave—two of his followers, two women named Mary—found the stone rolled away and his body missing. An angel told them, "Do not be afraid, for I know that you seek Jesus who was crucified. He is not here, for he has risen, as he said." And then Jesus himself met them and said, "Greetings!" What joy must have flooded their hearts to see the one they loved and believed in full of life.

There are many people who don't believe that Jesus was God. They don't believe the resurrection happened. The walk through life experiencing all of the death and not really knowing what happens next. They grieve without hope. But when I look at the tulips I remember that God is mighty. He is the God that not only raises dead plants, but dead people. Every spring we experience the miracle of things we thought were dead coming to life and we are filled with joy. What must it be like when we wake from the shadow of death and experience the light of God shining onto our faces? I imagine it is not unlike the joy we experience when we first come to know Jesus was the son of God who took on our mantle of sin and killed death forever on the cross.

Right now we walk in the shadow of death, but shadows cannot really harm us, can they? So we cling to hope. Hope for Ferguson. Hope for my sister. Hope for the rest of us who grieve. God is still good. He proved it when he sent His only son. Jesus conquered the grave. Death no more has dominion. For more inspiration, follow me on my blog: www.destinationdiscipline.com.

You're Invited!

MARYGROVE
Spring Fling

Thursday, April 25

10:30 a.m.
Lunch buffet – Noon

Norwood Hills Country Club

$30 Donation to the Kids at Marygrove

Contact Gabby Ballard
314-584-6124
gballard@mgstl.org

Attendance Prizes
Silent Auction
Raffle
Pot O' Gold

William F. Garvey Jr. (Bill), 64 formerly of Ferguson, died February 21, 2019, at St. Clare Hospital with his family present. Mr. Garvey was born to Floyd and Georgene Garvey on May 31, 1954. He is survived by his mother, sisters Barbara Betz (John), Marilyn Smith (Terrence), niece, nephews, grand niece and grand nephews. Mr. Garvey was preceded in death by his father, sister Paula, special friend Peggy Panion and faithful dog Tessa.

Mr. Garvey received a biology degree from UMSL. He worked for the Washington University Research Department and Monsanto. He was a handyman by trade.

He cherished memories of his extensive travels and loved sharing them with his niece and nephews. Like his father he loved to garden.

Visitation was held on Friday, March 1 from 11-12 pm, with funeral ceremony following at Valhalla Chapel of Memories at noon. Interment was private.

The King of Kings

A Silent Movie with Pipe Organ Accompaniment
Mark Gifford, Organist

Travel back in time and let the warm and majestic sounds of the theater organ transform this epic story of the life of Christ before your very eyes! Following the movie, refreshments will be served in the Fellowship Hall. Free and open to the public!

Friday, April 12th at 7:00 p.m.

1425 Stein Road at West Florissant
Ferguson, MO 63135

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music@stpeterschurch.org

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The Saving of a Cemetery



President of Friends of Father Dickson, Ernest Jordan and Phil Berwick, planting one of ten 500 pound balled columnar English Oaks along the main road of Living Tree Care and Friends of Father Dickson Cemetery

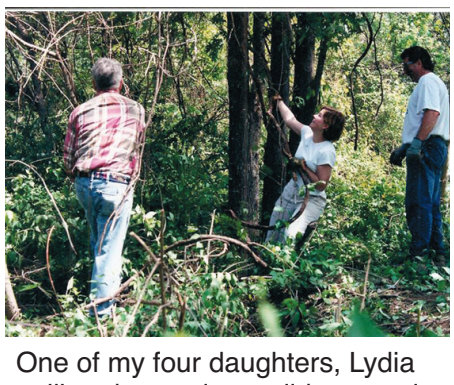
I would like to share about our twenty years of involvement with this historical cemetery, and having been a part of saving it from commercial interests. We've removed dead trees and walls of honeysuckle, we've planted flowers and new trees, and more.

It is hard to imagine that for much of the past 'modern' history, the white bones of the black man, woman and child were not allowed in the same ground as the white bones of a white man, woman and child.

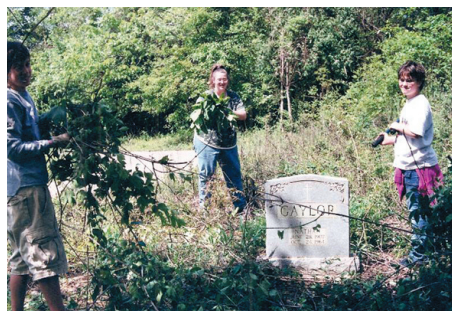
Hence, most black congregations had their graveyards behind or to the side of the church building. Father Dickson became St Louis' first all black cemetery in 1903 and contains the remains of approx 12,000 souls.

Before and after photos down through the years

There were beaten paths where loved ones would visit the graves after the cemetery fell into neglect in the 70's.



One of my four daughters, Lydia pulling down a long wild grape vine. By hiring us to trim your trees.... You are helping us continue to volunteer where needed







Age old vines being dragged out by a precious age old volunteer



These young men were from one of the schools that have come to help from time to time. Their project was straightening out many of the head stones.



This was erected in honor of Father Dickson and the order of twelve, the states that took part in the Underground Railroad.

Please feel free to visit and read the placards and take the virtual guided tour.

Volunteers, along with our own crews, and our tree customers.





As the years progressed, the cemetery, not in perpetual care, was being cared for... perpetually!



Dave Trask, is an army veteran who for several years has spent many summer days voluntarily mowing the 13 acres.

Friends of Father Dickson
845 South Sappington Road,
Crestwood Mo

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Wendell Phillips (Phil) Berwick

Medical Equipment Donation Drive

SATURDAY, MAY 4th, 2019
9:00 a.m. to 2:00 p.m.

Clean the attic, garage or basement and make a tax-deductible donation of your medical equipment at one of the designed Walgreen's drop off location on May 4th

These items only please:
We can only accept donations of manual wheelchairs, shower chairs, tub transfer benches, canes, crutches, walkers, Rollators (seated walkers), grab bars, elevated toilet seats, portable commodes, lift chairs, seating cushions / back supports, folding ramps, diapers, bed pads and Invacare electic hospital beds.

In our area, drop off spot is

Walgreens

460 North Lindbergh / Hwy 67, Florissant, MO
(Lindbergh and Washington)
314-831-6448

For donations or for free medical equipment throughout the year, St. Louis HELP's Collection and Distribution Center is open Tuesdays and Thursdays from 9am to 2pm in Crystal City.
St. Louis Help 636-933-9393 - www.stlhelp.org

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Ashley is a Lifelong Ferguson resident

Denise Thimes and Wesley Bell to Headline Ferguson Youth Initiative Jazz Brunch

The Ferguson Youth Initiative announces its annual gala fundraiser will be held on Saturday, **April 6, 2019** at the Ferguson Community Center. The FYI Empower Youth Jazz Brunch will be an opportunity to celebrate the development and achievement of youth from the communities of North St Louis.

The event will feature music by local Jazz notable Denise Thimes and her band, a keynote address by new St Louis Prosecutor Wesley Bell, and a performance by the Jennings High School Jazz Band.

For nine years FYI has worked to empower teens from community in north St Louis county through community service, education programs, and safe, creative social events. The annual FYI banquet fundraiser is an opportunity to recognize and strengthen the partnerships among community stakeholders that enable FYI's work.

"Working with youth gives us all a hand in creating a brighter tomorrow in our communities," said FYI Executive Director Aaron Harris. "Empowering teens to find and develop their talents and prepare for adulthood is joyful work. But it's a group effort. FYI is only as strong as the partnerships we forge with the school districts, the private sector and our sister organizations."

The FYI Empower Youth Jazz Brunch will be on April 6, 2019, at the Ferguson Community Center from 10 A.M to 2 P.M. Tickets and sponsorship information are available at:
https://www.brownpapertickets.com/event/4070364

Timing is of the Essence When It Comes to Stroke Victims

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) ...she said she had just tripped over a brick because of her new shoes.

They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening.

Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

Thank God for the sense to remember the '3' steps, STR. Read and Learn! Doctors say a bystander can recognize a stroke by asking three simple questions:

S *Ask the individual to **SMILE**.

T *Ask the person to **TALK** and SPEAK A SIMPLE SENTENCE (Coherently)
(i.e. Chicken Soup)

R *Ask him or her to **RAISE** BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke -------- Stick out Your Tongue

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other, that is also an indication of a stroke.

The Ferguson Computer Corner

by Doug Neely!

APRIL, 2019

there are, to be sure, some very important holidays (Holy Days) arriving this month. id est:
14th PALM SUNDAY
18th HOLY THURSDAY
19th GOOD FRIDAY
21st EASTER (JESUS LIVES!)
20th thru the 27th PASSOVER
and NO, the 15th is anything but a holiday, tho some may celebrate that after their taxes have been sent in, especially if they get $$$ back! :)

One Whole Thingie, Or 2 Thingies?, dept.
it has come to my attention that a LOT of people think of their puter (whether desktop, notebook, or tablet) as one homogenous thingie, not often being picky enough to see it as two thingies. well, it IS TWO thingies! what you see, hear (sometimes), feel & touch is the HARDWARE, which, from a standpoint of weight, size, and cost, is the major portion. the other, without which the hardware cannot function, is SOFTWARE. now, M$ (Microsoft) sees this as ONE thingie, and they strongly desire us to see it that way also. M$ has always wanted us to see their Windows Operating System Software as inextricably melding with the hardware, and being the major portion of it. seems that M$ is indeed succeeding in their efforts.

later, when most, if not all of us, accede to that, it will be easier for us to accept the future Windows operating systems. not too far in the future, Windows will not be so separable from the hardware, if at all. it will come loaded onto the hardware, as now, but if somehow they become separated, neither will ever function again.

and during this period, we will be paying for the LOAN of Windows, so that M$ will have a steady and dependable flow of $$$ burgeoning their coffers. Windows will be RENTED to us from M$. missed a payment? that's to be expected. however, don't expect your puter to run; when payment is accepted, your puter will again work for you. until next year, or next month. that will probably be your choice, as will the choice of what software programs you want to rent. but if you don't pay up, ALL of YOUR important data files will be held for ransom, until you pay the ransom, naturally. M$ knows that this system will work for them. all they have to do is follow the plan. easy-peasy!

The Here And Now, dept.
your puter is made of hardware & software. they can be separated, or mated with new mates. because the Windows 8, 8.1 (9) and 10 operating systems are the only Windows being supported by M$ (10 being fully supported, the others less so with partial support), unless you upgrade by following Microsoft's upgrade (financial input) plan, your puter will one day be no longer upgradeable (useless). unless, of course, you buy a new puter, which will have the newest version of Windows installed.

many of you still have Windows 7, Vista, or even XP. be honest, now, but are you being told you MUST upgrade, but when you try to do that, a window pops up and tells you that you can't?look, if the first ford car could have been continuously upgradeable, many of us would never buy a new one. nothing in this world can be upgraded forever. everything has a limit. not only that, but be advised that Windows 8, 8.1, and 10 are NOT backwards compatible. be careful if you want to "upgrade" an older puter to any of them, as it may not work well, and you will be out a LOT of $$$. just F.Y.I.

this all means that in order to keep the value of your computer investment, you will have to look at other operating systems. unless you have already been looking around for a replacement for Windows, you think that you have got to buy a new puter. well, you don't.

i suggest giving Linux a try. everyone that i have given it to has pretty much loved it. it is intuitive, runs on more puters than any other operating system, is highly compatible with your hardware, and is FREE, and comes with a FREE office suite, which is also compatible with M$ office. if you want more info, contact me.

ME GO NOW!
well, i'm sure i have to go somewhere and do something. i probably need to go to church. there will be extra services this month, you know. if you find yourself in this situation, but don't have a church picked out, maybe you'd like to try mine. it's an LCMS Lutheran church, and it is Grace Chapel in Bellefontaine Neighbors, immediately past Lewis & Clark at Chambers. (look to your left after you pass under the bridge!) call the church office at *314*868*3232*. or call me. whatever works for you! :)

...it is now safe to turn on your puter!
If you would like to contact Doug, call him at *314*521*1789* in the PM hours. If you get the machine, pay no attention to the outgoing message, wait for the beep, and leave a short message. When emailing, be certain to put the phrase i need puter advice into the subject line, and include your phone number in your message. Use this address: fergusoncomputercorner@aol.com
Either way, he will be in touch. Enjoy the holidays, and have a blessed Easter! God's blessings to us all!

Artful Considerations

by Robin Shively

April, 2019

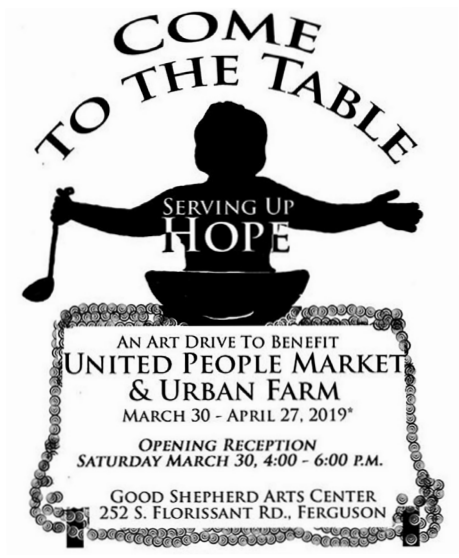


"Spring unlocks the flowers to paint the laughing soil." - Bishop Reginald Heber

"Spring adds new life and new beauty to all that is." - Jessica Harrelson

GOOD SHEPHERD ARTS CENTER

252 S. Florissant Road
Ferguson, Missouri 63135
314-522-1155
www.goodshepherdarts.org
info@goodshepherdarts.org



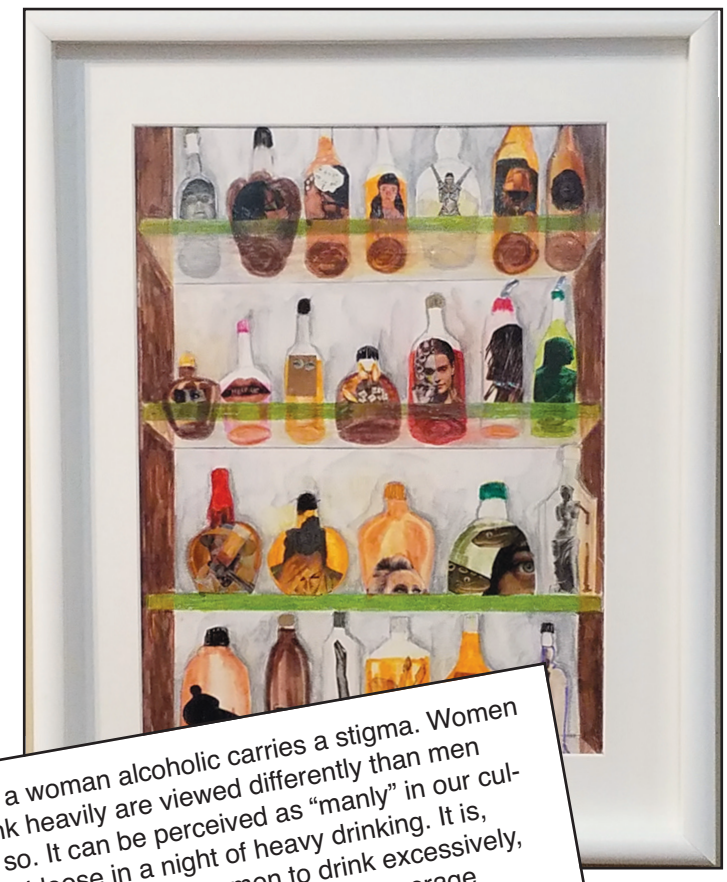
The calendar tells me that Spring has officially arrived! Also arriving soon are a couple of upcoming events to note: March 30 from 4:00-6:00 p.m. Good Shepherd Arts Center, 252 S. Florissant Rd., kicks off its benefit art show, "Come to the Table: Serving Up Hope." GSAC will sell art to raise funds for United People Market. Artists will benefit as well, receiving 50% of the proceeds. This exhibit differs from traditional art shows because buyers can immediately remove art to take home when they purchase it, instead of having to wait till the end of the show. As pieces are purchased, the gallery will replace them with new ones. This is an exhibit of varied styles and media, so there will be something to match everyone's price range and preferences.

"Child's Play" is scheduled to open at G.S.A.C. on Sunday, May 4, with a reception 2:00-4:00 p.m. The May exhibit's full title is "Child's Play: Creative Act as Contemplation." This is the fourth annual show that has featured works by Catholic sisters, brothers and priests. However, this year, leaders of all faiths have been invited to participate. "Child's Play" is scheduled to open on Sunday, May 4, with a reception 2:00-4:00 p.m.

"Beauty presents in Diversity: The Human Experience through Their Eyes", G.S.A.C.'s March exhibit of work in which the artists shared how their unique perspective influences their art. The very interesting show ending on March 30th, represented a variety of ethnic, religious, (dis)abilities, and other "frames of reference". I thoroughly enjoyed viewing the art and accompanying artist's written statements about how they approached the creative process. For those of you not able to attend this very nice exhibit, enjoy these photos of some of the art on display.

I began this column with two inspirational quotes about the beauty of Spring, but I'm ending with a quote from someone familiar with Spring in the Midwest.

"In the spring, I have counted 136 different kinds of weather inside of 24 hours." *— Mark Twain*

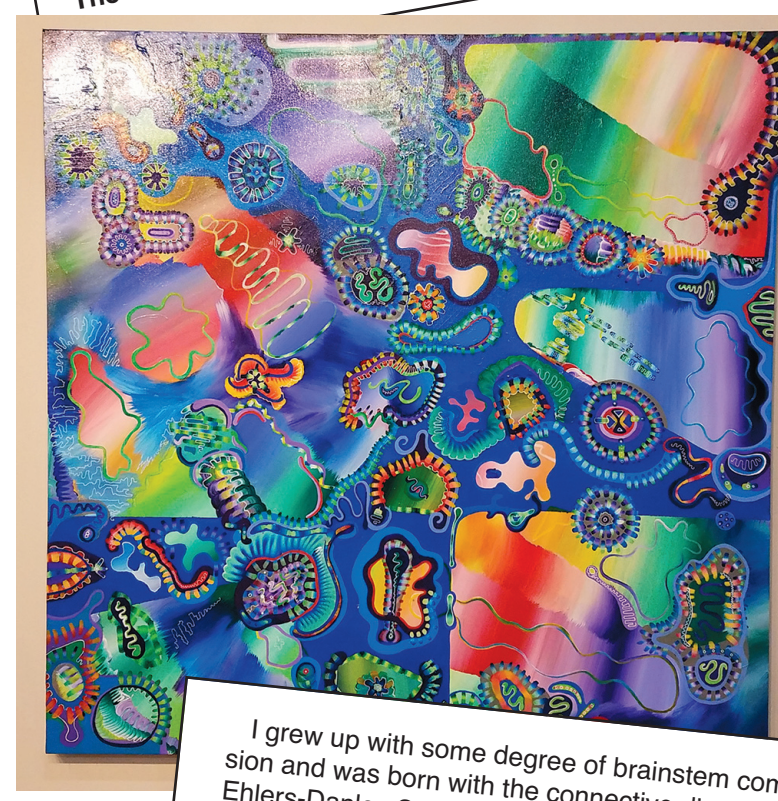


Being a woman alcoholic carries a stigma. Women who drink heavily are viewed differently than men who do so. It can be perceived as "manly" in our culture to cut loose in a night of heavy drinking. It is, however, unladylike for women to drink excessively, especially in public. Alcohol affects the average woman differently, more quickly, more strongly that it affects the average man. It often causes more physical damage in women than in men.

For me, alcohol relieved anxiety, calmed fears, and made me feel "normal". Then it began to work against me. Fortunately, I found an alternative in the twelve steps. The steps have allowed me to do more than "function" because it was recovery that allowed me to become the artist I am. I could not produce the collage you are looking at if I had not stopped drinking and begun recovery.

Recovery has given me a slightly off-beat sense of humor, and a broad view of life.

Anonymous Woman
The Liquor Cabinet



I grew up with some degree of brainstem compression and was born with the connective disorder, Ehlers-Danlos Syndrome, leaving me forever living a different life than most. In 2013, when I lost control and endurance in my hands, I developed a unique style to tame what I could still control. I have adapted to my movement constraints by paying close attention to the order of color choice, the way a brush is loaded with paint, and the directionality of brushstroke.

I also have difficulty with stereoscopic vision which makes the perception of depth and movement quite difficult and leaves me in whirlwind of motion, whether things are moving or not. If you look carefully, you will notice many micro "worlds" within a single painting.

A year ago, I traveled to Maryland to have a radical neurosurgery which has since helped me recover much of the motor control I was losing. Only as of this past April can I normally grip a paint brush for limited periods and so have since begun a new exploration of fine line work.

Jasmine Raskas
Puzzle Particles

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The Best of Ferguson

by
Ruffina Farrokh Anklesaria, M.A.



Jeffrey Blume, Interim City Manager



I had the pleasure of interviewing Jeff Blume, our Interim City Manager. Some of the things he told me made me super proud to have Ferguson as my hometown and to rub shoulders every day with some of the awesome residents we have here. Did you know, for example, that our Mayor, Hon. James W. Knowles III, earns very little in his position, just $350 a month, and the members of our City Council, just $250 a month, with Councilwoman Heather Robinett, accepting zero dollars remuneration! When I think of the trying times our city has been through, and how our Mayor stood tall and led us through it all, I was truly amazed that he did so mainly for the love of our city, not the money! He never even mentioned this point when I interviewed him for my column! Hats off to you Honorable Mayor! And to you, members of our City Council, for the yeoman service you give for the benefit of our residents!

In the same vein, I discovered that firefighters from our two fire houses respond to about 3,800 calls a year, far more than most comparable cities, and that they, like all of our other city employees, earn in the bottom 25% compared to other cities of comparable size. They are a bunch of really dedicated people keeping our city together, rooting for each other, and believing in our community! I had no idea that my meeting with Jeff would have pumped me up so much with pride, but it did! Jeff is cut from the same cloth as these dedicated employees of our city. He was on the brink of retirement and he and his wife, Sharon, had already bought their retirement home in Milwaukee, Wisconsin, when the outgoing City Manager, De'Carlon Seewood, asked him to stay on and train yet another replacement to fill his position. Without skipping a beat, Jeff accepted. He loves our city, loves his job, and says he wouldn't be here if he didn't believe in our city and our people! He holds Ferguson dear to his heart and says, "Nothing will harm this city; not on my watch!"

Jeff brings a wealth of experience to his new position. Immediately prior, he was Director of Finance for 11 years. He has a Master's in Business Administration from the University of Missouri St Louis (UMSL) and two Bachelor's degrees from the same institution: a B.A. in Chemistry; and and B.S. in Accounting. Years before he graduated with his degree in chemistry, he took up a position in quality control at Mallinckrodt Chemical Works. One day, he decided that he did not want to be shuffling beakers for the rest of his life! As part of his degree program in chemistry, he had to learn German or Russian, as many research papers were written in these languages. He had chosen German. He approached his company to give him a stint in Germany but instead they recommended that he turn his attention to business courses. So he picked up accounting and discovered his new passion!

He spent 6 years in public accounting as a Certified Public Accountant, working at Touche Ross Accounting that changed names to Deloitte and Touche and then to Deloitte. He worked at an Australian company, Arthur Anderson; Slay Industries (trucking); Sigma Aldrich, a publicly traded company; and 8 years at the company where he said he had the best experience of his life, Quest Diagnostics. I asked him what made his experience at Quest so outstanding. He said every morning their Chief Executive Officer announced that "half a million people are waiting to hear from us!" He said this immense responsibility impacted him greatly and he loved it! He then became the Chief Financial Officer of a real estate development in the Central West End in St Louis.

In 1997, the same time he started at Quest, he and his wife bought a home in Pasadena Hills and made a non-traditional move from south to north county. He decided to see what local government was all about and went to aldermen meetings. There he discovered that he and the Mayor had attended the same high school and this sparked a kinship between them. When the Public Works Commissioner had a heart attack, Jeff took his position. A couple of years later when the treasurer retired, he accepted that position. Jeff said he "never shied away from a challenge, ever!" It turned out that the City attorney, Stephanie Karr, was also city attorney for Ferguson. When the Director of Finance position opened up in Ferguson, Stephanie recommended that Jeff apply for it. And that is how we have this dedicated public servant in the lap of Ferguson!

Jeff works tirelessly, pulling 60-hour work weeks, having little time for anything else. He's totally committed to his job and to the people of Ferguson. In our discussion on the impact of the Mike Brown incident on our city, he revealed that the city spends about half a million dollars a year on monitorship as mandated in the Consent Decree by the Department of Justice; and on professional services related to defending litigation related to the incident.

I learned from Jeff that our city has about 120 full-time employees and 15-20 of them live right here in Ferguson. These include police, firefighters, staff of the public works department, covering street maintenance, parks' maintenance, city administrative staff, inspectors and code enforcement officers. He said that their administration was "one person deep", with no assistants to the city manager or finance director.

Jeff informed me that the director of planning and development was trying to get the Vacant Structures Initiative off the ground at this time. Under this initiative, owners would be encouraged to have their properties tenanted or be fined for not doing so. He reminded me that the lifeblood of a city consisted of parks for enjoyment, shopping for downtown, business and meals; and a good housing stock. North County is an older community with older pre-war homes that had just two bedrooms and one bath. Gentrification was a reality our city has to face as well. Maintaining property value is therefore fundamental to the stability, growth and progress of our city and the implementation of this new initiative will assist in doing so.

Hats off to Jeff Blume for his dedication to the people of Ferguson! Congrats to him for representing the very Best of Ferguson!

The author teaches the Transcendental Stress Management program and conducts retreats at home and abroad. She is recognized as a spiritual leader specializing in giving Shaktipat by sight (transference of spiritual energy) and enabling others to have refined perception through the opening of their third eye. Email: rfanklesaria@gmail.com
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FLIERS (Friends of the Ferguson Library)

SPRING BOOK SALE



Thursday, April 25
4:00 to 7:30 pm

Friday, April 26
9:00 am to 5:30 pm

Saturday, April 27
9:00 am to 3:00 pm

Ferguson Municipal Public Library Auditorium
35 No. Florissant Road

Special categories for this sale include: vintage "Life" magazines; vintage mysteries by Erle Stanley Gardner, Biggers, and Van Dine; lots of library discards consisting of reference books and adult and juvenile fiction.
For more information, contact Janie Norberg at (314) 521-4663.



The 27th Annual Letter Carriers' Stamp Out Hunger® Food Drive is on Saturday, May 11, 2019.

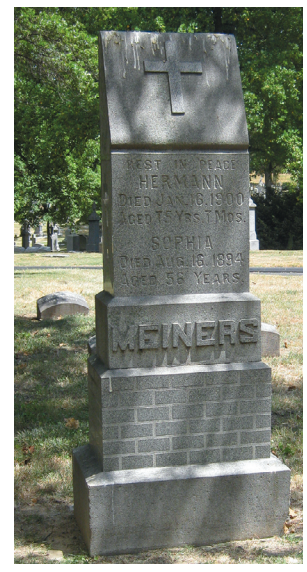
When do I put out the food? On the second Saturday of May, just set out your non-perishable food well before your letter carrier's normal pick-up time. The earlier the better! Note that he or she will be delivering and collecting mail as usual, on top of collecting food donations, so that pickup time could be slightly later than usual. Your letter carrier might also have helpers. A good rule of thumb is to have the bags by your mailbox by 9 a.m.



Ask Grandma

I often wonder how many people can visit the gravesites of their ancestors? I think of my great grandchildren at “Show and Tell” showing a photo of the tombstone of their great, great, great, great grandparents located right here in St. Louis.

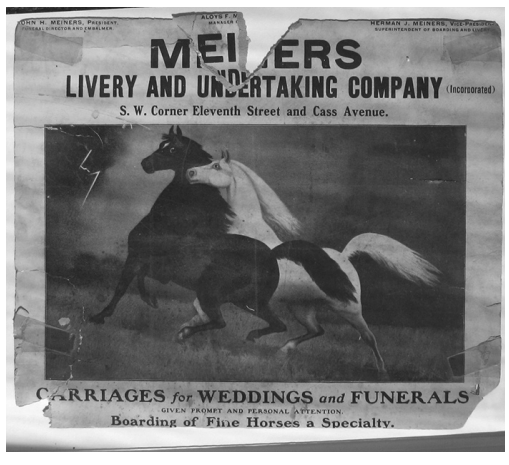
My great grandfather migrated from Germany to St. Louis in 1843 and settled in Florissant. After about 2 years he moved to North 10th Street, directly across the street from St. Joseph’s Shrine (a German parish church at that time). Herman must have been a staunch Catholic because he left Germany because the Kaiser was preaching he ruled by divine right. Herman became a sexton here at St. Joseph’s, a position he held in Germany. Priests took care of the spiritual aspect of the church, and sextons were in charge of the finance and maintenance.



His name was Herman, an enterprising young man and began buying property near St. Joseph’s Church, erecting buildings and then renting them out. He obtained a wagon (called a dray) and would meet the riverboats docking at the Port of St. Louis. He would then transport merchandise from these boats to their destination businesses in the area. When a particularly virulent cholera epidemic hit St. Louis in 1866, St. Joseph’s Church had as many as 25 funerals a day. “Dray Herman” was called upon to take the cholera victims to Calvary Cemetery, wrapped in sheets, bury them and burn their belongings. It was in this way Herman found himself in the undertaking business.

Because this was way before the introduction of the automobile, it was necessary for Herman to have a variety of horses to transport his hearses. He then added a Livery service to his undertaking establishment. He boarded horses, but he also rented out black horses and black carriages for funerals and white horses and carriages for weddings and festive occasions. Brown horses pulled the ambulance.

When Herman was 33 years old, he married Sophia, a 20 year old German immigrant. They had 8 children, one of them, John, my grandfather.



When they were old enough 3 sons joined Herman in the Livery and Undertaking business. Their trademark was a well known painting of black and white horses rearing at a bolt of lightning. My father had kept that calendar and I drew a copy of it when I was in high school. Dad had it framed and we gave it to grandpa for his birthday. Grandpa was a strict disciplinarian and very gruff. When I presented him with the picture, he cried. Never before nor anytime after, did I see grandpa show any emotion.

But let’s get back to the Livery and Undertaking business. John (my grandfather) was President, Funeral Director and Embalmer. Aloysius was Manager, and his twin brother Herman was Vice President and Supervisor of Livery and Boarding. Some of the other children in the family moved to Kansas City. It is difficult to track that segment of the family because the names (particularly Herman and Aloysius) keep being repeated through the generations.



Incidentlly, the picture I drew of the horses was returned to me when Grandpa died. It hung in the family home until my parents died and my sister and her husband bought that house. On my 60th birthday, my sister had it reframed with the original calendar (pictured above) in a plastc envelope attached to the back. The picture now hangs in my daughter’s house, but the calendar (well over 100 years old) has almost disintegrated.

Answers to Trivia, Page 12

1. The Lone Ranger
2. Limousine
3. Lozenge
4. Louisiana Purchase
5. Lace
6. Little Bighorn
7. Lifer
8. Lode
9. Little Miss Muffin
10. Lender
11. Larceny
12. Lake of the Ozarks

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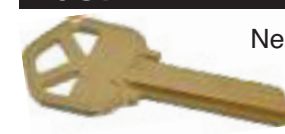
Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

VOTE . . . . . Tues., Apr. 2
Paint Pour – Library . . . . . Thurs., Apr. 4
Genealogy Drop In – Library . . . . . Fri., Apr. 5
Marygrove Family Fitness Weekend . . . . . Fri., Sat., Sun., Apr. 5, 6, 7
PROUD Meeting – Library . . . . . Sat., Apr. 6
Manager Certification Prep – Library . . . . . Sat., Apr. 6
Teen Screen “The Outcasts” – St. Peters UCC . . . . . Sat., Apr. 6
FYI Youth Jazz Brunch – Community Center . . . . . Sat., Apr. 6
Reading on Race Bookclub – Library . . . . . Mon., Apr. 8
Researching Your Home History – Library . . . . . Wed., Apr. 10
Neighborhood On Watch Meeting – City Hall . . . . . Wed., Apr. 10
DIY Terrariums – Library . . . . . Thurs., Apr. 11
Northwest Chamber of Comm. Meeting – Orlando’s . . . . . Thurs., Apr. 11
King of Kings Silent Movie – St. Peters UCC . . . . . Fri., Apr. 12
Teen Talent Competition – Fox Theatre . . . . . Sat., Apr. 13
Yoga – Library . . . . . Sat., Apr. 13
Hello Spring Storytime – Library . . . . . Tues., Apr. 16
Ferguson Council Meeting – City Hall . . . . . Tues., Apr. 16
Environmental Film – St. Stephens . . . . . Wed., Apr. 17
Better Together Forum – Community Center . . . . . Thurs., Apr. 18
Genealogy Drop In – Library . . . . . Fri., Apr. 19
Ferguson Indoor Market – St. Stephens . . . . . Sat., Apr. 20
Domestic Violence Talk – Immanuel . . . . . Mon., Apr. 22
Tuesday Night Book Club . . . . . Tues., Apr. 23
Ferguson Council Meeting – City Hall . . . . . Tues., Apr. 23
Urban Fiction – Library . . . . . Wed., Apr. 24
Marygrove Spring Fling Luncheon – Norwood C.C. . . . . Thurs., Apr. 25
FLIERS Spring Book Sale – Library . . . . . Thurs., Fri., Sat., Apr. 25, 26, 27
City Wide Cleanup . . . . . Sat., Apr. 27
STEAM Academy State Competition – Mizzou . . . . . Sat., Apr. 27
Senior Resource Expo – Community Center . . . . . Wed., May 1
Medical Equipment Donation – Walgreens Florissant . . . . . Sat., May 4
Mouse Races for 4th of July – Community Center . . . . . Fri., May 17
Ferguson Twilight Run . . . . . Sat., May 18
Preservation Day – Various Venues Ferguson & Florissant . . . . . Sun.,May 19

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