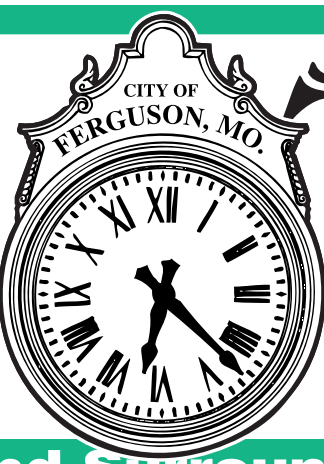


Ferguson Times

Established 1894 Oct. 1999



Serving Ferguson and Surrounding Communities



Ferguson Farmers' Market

Check out our new location:
Plaza at 501 (501 So. Florissant Rd.)

Saturday, August 3rd

Special Events: Germanfest! Music, crafts, food, beer samples! - 8am - 12pm
Taste in Ferguson Info and Tickets 8am - 12pm
Washington University - Strassmann-Queller Lab: Fun Science Games! 8-12
Christian Hospital - BJC Medical Group - Health Information
Live Music: The Wurst Bavarian Band 9am-11am

Saturday, August 10th

Special Events: Style-Tan-Eous Fashion Show 10am
Taste in Ferguson Info and Tickets 8am-12pm
Art in Motion - Help paint a Metro bus! 9am-11am

Saturday, August 17th

Special Events: Eco Fair 8am-12pm
Taste in Ferguson Info and Tickets 8a,-12pm
Live Music: Quantum Leap 9am-11am

Saturday, August 24th

Special Event: Taste in Ferguson SampleFest! 9am-11am
Live Music: Forrestwood Boys 9am-11am

Saturday, August 31st

Special Events: Almost Picasso Paint Demo 9am-11am
Taste in Ferguson Info, Tickets, and Samples 8am-12pm
Live Music: Salt of the Earth 9am-11am



Come Visit Us Saturdays, Now thru October 8am - Noon

Check our website, FergusonFarmersMarket.com
"LIKE" us on facebook

Vendors:

EarthDance Organic Farm School, Howie Farms, Pearson's Produce, Sugar Plum Punk Bakery, St. Stephen's and The Vine, Missouri Honey, La Fuente Tamales, BeDazzle Wood, The Stained Tree, Gibbs Plants & More, Alpacas of Troy, Brick River Cider, Christie's Jamaican Plates and Bakes, Delhi Sustainable Farms, Sushi Sasuba, Vit'l'z, Oberweis, Cool Delights, Harley's Pawsome Treats, Ferg Mddl School Student Gardeners, Glow Naturale, Czechthatbead, Kay's Kreations, Ann's Fused Glass, Cupcakes Creations, Friends of the Market Food Booth, Eastlynn Art, Muddah's Creations, Houston Candles and More, Art by Cynthia, This, That, and the Other, Stone Botanicals, Goose Creek Soap

City Introduces New Ferguson Police Chief

Eighteen-year police veteran Jason Armstrong was named the new police chief on June 25. He will take the reigns from Frank McCall, who served as the interim police chief after Delrish Moss stepped down late last year.

Armstrong joined the Georgia Forest Park Police Department in 2001. He held nearly every position with the department, including Interim Chief of Police.

Monday, July 8 was his first day on the job.

A press release from Ferguson Mayor James Knowles III said Armstrong's focus is "not only to reduce crime but to foster positive community relations through a variety of community initiatives and partnerships."

Ferguson's mayor says Armstrong is the right fit, and he thinks Armstrong and McCall will make a good team. "We found a candidate who is going to be great, who we think is going to be transformational and inspiring, and bring new life and new leadership to our department."

The Ferguson Police Department is comprised of sixty-two, including forty-five officers and seventeen civilian support staff. The officers are all police academy graduates and certified peace officers by the Missouri Department of Public Safety. Three supervisors as well as the chief are graduates of the FBI National Academy. Many officers have



Jason Armstrong

bachelors or advanced degrees. All officers participate in advanced continuous training in numerous areas of law enforcement.

In addition to uniformed patrols of policemen and criminal investigation detectives, the department is supplemented with four K-9 officers, a bicycle patrol, and a traffic unit. The department has its own correctional facility, maintains evidence and property, and on-site indoor firearms range.

The police department's relationship with the community is enhanced by commitment of personnel to the positions of community relations, business liaison, Drug Abuse Resistance Education ("DARE"), and school resource officers.

One City Council Meeting in August
Tuesday, August 27th, 7:00 p.m. at City Hall
10 Church Street

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POSTAL PATRON



FRIDAY, AUGUST 9 – THE 80'S BAND
FRIDAY, AUGUST 23 – VOTE FOR PEDRO

7:00 p.m. to 9:00 p.m.

501 So. Florissant Road • 524-5197

Open to all ages, the live entertainment will feature a wide variety of music styles. Guests are encouraged to bring lawn chairs and are welcome to bring their own picnic baskets or coolers. No glass please. Concession items will be available for purchase on site.

The concerts are FREE to the public.

If You Have Items of Interest, Contact The Ferguson Times – cider@att.net



FERGUSON
main street

We have many opportunities available for those of you who would like to lend a hand and volunteer your time for the betterment of our community.

Look for future information in this space as to how Ferguson Main Street and you can contribute to the improvement of Ferguson.

<fergusonmainstreet.org> 314.882.1337

The Palmer method of penmanship - we started to learn this in 2nd grade and had to practice on specially lined paper every day - in pencil. You didn't get to go to using a pen until 4th grade.

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising.

I decided to take an aerobics class for seniors.

I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

Grass starting to brown, flowers wilting, school busses on the roll, summer clearance sales for everything from cars to clothing, Farmers Markets loaded with bounty; it must be August and time for the late summer edition of the Plumbers Crack.

I'm going back in time a little bit about an article a couple of years ago. It has to do with home remodeling and home sales. The real estate market has gone crazy this year and there seems to be no end in sight. Home inspections are the number one cause of nervous breakdowns in the selling process.

If you're putting your home on the market, have your real estate broker recommend someone to do a walk through of your home before they list it. Some of the companies I work for have me do a walk through on the plumbing and get tips on how to make it presentable or to catch little things the homeowner can do themselves without paying us to do it after an inspection.

If your buying or selling in unincorporated St. Louis County, you really don't need to hire a home inspector because County does this on every sale for occupancy. They are tough and strict. You can still buy and sell 'as is', but buyer still has to have that inspection before they can move in or rent it.

If you're buying 'as is' you need to definitely get a home inspection for structural or any other plumbing, hvac, and electrical hazards. Make sure you get a real estate company that knows about all the local codes. There are probably 20 different communities that do their own inspections or partial inspections. Find out their rules and regulations before you buy or sell. Then, if need be, hire a contractor to look at if for you.



If you're buying a house that you really want badly, work with the seller on some items. Some real estate home inspectors get carried away and are way too knick picky. The old saying goes with us tradesman (If you want everything new . . . buy a new home).

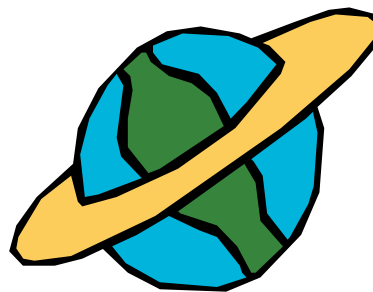
The most important thing to know when you're buying or selling is get an agent who works for you not one that wants a quick sale and commission. A good agent is like having a guardian angel you can see at your side throughout the whole process.

Well my friends I hope that little tidbit of information helped a little bit. We are coming upon the dirtiest time of year with political campaigns. Stay civil with your friends and neighbors. Agree to disagree and be thorough in your decisions. Don't rely on social media or networks to influence your decisions.

In the meantime watch out for our children; school is starting. Pay extra attention when driving around school zones. Check on your neighbors and the elderly in this heat. Be kind to one another and hug them babies.

God Bless You All
Oh Baby

And Now a Word from Our Planet



Take a walk and bring along gloves and a trash bag to pick up litter – a good way to take care of both your body and the environment.

(This message is provided by the Ferguson Eco Team.)



WINDOW RESTORATION
BY:

Painted Effects CONTRACTING llc
314-769-1413



Maintaining Yesterday For Tomorrow

P8563, D8563

Premier Plumbing Solutions

Say "I Love Ferguson" When presented your bill and receive.....

\$10 OFF

Dave Walters (Oh Baby)
Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222

The Ferguson Times may be reached . . .
by phone: 314-524-1958
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net
Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.



AUGUST EVENTS at the FERGUSON PUBLIC LIBRARY

For more information, please call the library at 521-4820 or visit our website at ferguson.lib.mo.us



CHEF BANANAS - THURSDAY, AUGUST 1 AT 6 PM

Celebrate the end of summer with us and Chef Bananas in a wacky, wild, banana-filled magical comedy show! All ages are welcome.

SEWING AND CRICUT MACHINE ORIENTATION - MONDAY, AUG. 5 AT 2 PM

Ever wanted to learn how to use a sewing machine or create Pinterest-worthy craft projects? Come learn how with us! Once you attend one of our orientations, then you will be able to reserve time to use either a sewing machine or our Cricut machine. For more information, please call the library and ask for Rachelle.

HOW DO COMPUTERS WORK? - SATURDAY, AUG. 17 AT 11 AM

Take apart some old computers with us! You'll learn about the hardware that makes a computer go. All ages welcome! Children must be accompanied by an adult caregiver.

RENTER'S RIGHTS - WEDNESDAY, AUG. 21 AT 6 PM


Are you a renter who is unsure of your rights and what legal protections are available to you? Learn what you need to know with us and the Legal Services of Eastern Missouri!

BEAT THE HEAT AND DIVE INTO AN ONGOING PROGRAM TODAY!

- Monday, Aug. 5 at 6:30 pm - Learn to Sew
- Saturday, Aug. 10 at 10 am - Yoga @ the Library
- Monday, Aug. 12 at 6 pm - Readings on Race Book Club
- Saturday, Aug. 17 at 12:30 pm - Ferguson Card and Paper Club
- Tuesday, Aug. 20 at 10 am - Ferguson Needles Club
- Tuesday, Aug. 25 at 5 pm - Tuesday Night Book Club
- Every Monday at 10 am - Ferguson Sewing Club
- Every other Friday at 3 pm - Genealogy Drop-In



School Supplies
& Book Bags!



Free For The
Entire Family!

5th Annual Ferguson Unity Weekend

Theme: Unity In Diversity
August 2nd and 4th, 2019

Youth Activities
& Workshops!

Hot Dogs, Chips
& Cotton Candy!

Morning Event: Friday, August 2, 2019
Opportunity Fair
10:00 AM - 2:00 PM
Ferguson Community Center
1050 Smith Avenue
Ferguson, MO 63135 Host: MODOT

Event: Sunday, August 4, 2019
Backpack Giveaway Volunteer Assembly
Time: 12:00 PM
Event Time: 2:00 - 5:00 PM Emerson
Family YMCA 3390 Pershall Rd.
Ferguson, MO 63135

Evening Event: Friday, August 2, 2019
Souls Never Forgotten
Remembering missing loved ones and
loved ones loss due to violence
Assembly Time • 6:00 PM Event Time •
7:00 PM January Wabash Park
Ferguson, MO 63135
Host: Ferguson Human Rights Commission

For more information call Octavia Pittman at 314.524.5152,
Phedra Nelson at 314.521.1822 or Gina Montgomery at 314.453.1877.

Learn How to Avoid Heat-related Illnesses and Death

The human body is normally able to regulate its temperature through sweating, until it is exposed to more heat than it can handle. Heat exhaustion and heat stroke can escalate rapidly, leading to delirium, organ damage and even death. In 2017, 87 people died in the U.S. from exposure to excessive heat, according to Injury Facts.

People most at risk include:

- Infants and young children, especially if left in hot cars
- People 65 and older
- People who are ill, have chronic health conditions or are on certain medications
- People who are overweight

When the body loses excessive water and salt, usually due to sweating, heat exhaustion can occur. According to the free NSC First Aid Quick Reference app, signs and symptoms include:

- Sweating
- Pale, ashen or moist skin
- Muscle cramps (especially for those working or exercising outdoors in high temperatures)
- Fatigue, weakness or exhaustion
- Headache, dizziness or fainting
- Nausea or vomiting
- Rapid heart rate

Uncontrolled heat exhaustion can evolve into heat stroke, so make sure to treat victims quickly:

- Move victims to a shaded or air-conditioned area
- Give water or other cool, nonalcoholic beverages
- Apply wet towels, or have victims take a cool shower
- Heat Stroke
- Seek medical help immediately if someone is suffering from heat stroke.

Signs include:

- Body temperature above 103 degrees
- Skin that is flushed, dry and hot to the touch; sweating has usually stopped
- Rapid breathing
- Headache, dizziness, confusion or other signs of altered mental status
- Irrational or belligerent behavior
- Convulsions or unresponsiveness

Immediately take action:

- Call 911
- Move the victim to a cool place
- Remove unnecessary clothing
- Immediately cool the victim, preferably by immersing up to the neck in cold water (with the help of a second rescuer)
- If immersion in cold water is not possible, place the victim in a cold shower or move to a cool area and cover as much of the body as possible with cold, wet towels
- Keep cooling until body temperature drops to 101 degrees
- Monitor the victim's breathing and be ready to give CPR if needed

DO NOT:

- Force the victim to drink liquids
- Apply rubbing alcohol to the skin
- Allow victims to take pain relievers or salt tablets

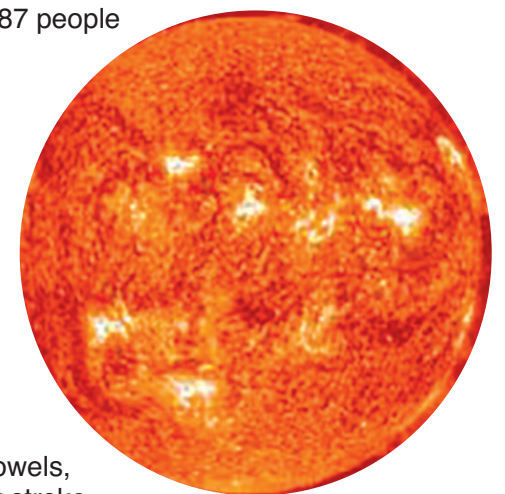
The best way to avoid a heat-related illness is to limit exposure outdoors during hot days. According to the Centers for Disease Control and Prevention:

- Air conditioning is the best way to cool off
- Drink fluids, even if you don't feel thirsty, and avoid alcohol
- Wear loose, lightweight clothing and a hat
- Replace salt lost from sweating by drinking fruit juice or sports drinks
- Avoid spending time outdoors during the hottest part of the day, from 11 a.m. to 3 p.m.
- Wear sunscreen; sunburn affects the body's ability to cool itself
- Pace yourself when you run or otherwise exert your body
- Keep Each Other Safe

If your job requires you to work outside in hot weather, you and your supervisors can take precautions to minimize the risk of heat-related illnesses. The National Institute for Occupational Safety and Health recommends:

- Working shorter shifts until workers have adjusted to the heat
- Staying hydrated and drinking before you get thirsty
- Watch out for co-workers exhibiting signs of heat exhaustion or heat stroke
- Take time to rest and cool down

In your community, please check in on neighbors who are elderly, house-bound or otherwise may be reluctant to ask for help. You can offer to host them in the air-conditioned comfort of your living room on hot days, drive them to a local cooling center, or call relatives or city services to arrange for them to stay cool.



Ferguson Community News Page

Ferguson, still a promising future!

By Mayor James W. Knowles III

"It's your reaction to adversity, not adversity itself that determines how your life's story will develop."

Dieter F. Uchtdorf,
Apostle of Church of Latter Day Saints



As I look back at my Ferguson Times Article from August 2014, it seems so far from the reality of what that month was like in the City of Ferguson and so out of touch from what the issues of the day were at that time. Of course, these articles are written 1-2 weeks before the end of the previous month and no matter how long I delay writing these articles, and how timely I attempt to make the discussion, nothing can predict issues that will arise between writing the article and publication. In August 2014, after months of study and planning, the city was unveiling its plan to grow our community and annex the unincorporated areas North and East of the Ferguson City limits. The article focused on that effort, which due to the events of 2014, was abandoned to focus on the unrest and the recovery.

At the time that article was written, no one even considered that anything like the unrest of 2014 would or could happen in the City of Ferguson. The city had already endured a great deal and came together to rebuild after two devastating tornadoes ravaged our community in 2011 and 2013. The City had several economic development successes along the S. Florissant Rd. Business District and seemed to have momentum for continued development. The City had recently led an effort with neighboring Dellwood to secure grant funding for a transformational economic development effort along W. Florissant that would come to be known as the Great Streets Initiative. The preliminary plans and renderings for that effort had been unveiled to the public just weeks before my August 2014 article. Just over a year before, the city replaced our aging Fire House #1 and was in the process of renovating our outdated Police Department and the City was closing in on completion of our first Community Center. Signs of progress were everywhere, but unseen hurdles lay ahead.

The city certainly hadn't experienced an easy road over the past couple decades, suffering from flight out of the inner ring suburbs, decline of both of our major economic corridors, the housing collapse of 2008, and of course two tornadoes. But leading into August 2014, the community certainly seemed to be one that persevered in the face of adversity. It wouldn't be until August 9th, 2014, that the community would truly know the meaning of adversity and experience its first existential threat.

As we look around our community today and talk to residents and business owners, opinions on the state of our community vary greatly. Some of that variance is due to whether you look at the situation like a glass that is half full or rather you are inclined to call it half empty. However, the most significant difference in opinions can be attributed to the difference in expectations and priorities. Prior to 2014, the community's priorities seemed united in focus on the issues relating to blight and community and economic development. While those priorities persist for many, the issues related to 2014 unrest and the subsequent reforms have added additional goals and tasks for a city government starved of human and economic resources. Nonetheless, the City has strived to take on both sets of priorities and do so with less resources than ever before.

The challenges that Ferguson faced before August 2014 remain, and progress on addressing those issues has been slow the past few years. The events of 2014 and the ensuing Federal Consent Decree have only added to those challenges. But, after the tragic events of 2014, the ensuing unrest, and the tumultuous period of changes within City Hall, objectively it is nothing short of amazing to look around and see where this community is today.

By fall of 2014, the obituary of Ferguson had been written by national and international media outlets. No community, especially one as small and resource starved as Ferguson would be able to weather the storm that engulfed this community and this region. It wasn't long after that the local media joined in the chorus, and soon groups like Better Together tried to use Ferguson as the rally cry to forward their agenda to rid the region of all our communities and local police departments. The media was wrong. Better Together failed. Ferguson survives.

But survival isn't enough, and it hasn't been an accurate description of what we've been doing. In fact, we haven't just survived; in fact we are again beginning to thrive. The city has achieved multiple years of balanced budgets and retained a healthy financial reserve that protects us from future financial crises. Our economic outlook is up, with developments taking root in all of our business districts. City staff and volunteers have worked together to continue the legacy of our tremendous community events like the Ferguson Farmer's Market, the Fourth of July Festival, our summer concerts, and Streetfest to name a few. Meanwhile the city has made tremendous progress in police and court reforms to improve relationships in some of our most disaffected neighborhoods

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Aug 6 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	TBA	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskepark.neighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Ferguson Library Large Conf. Room	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Aug 8 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	TBA	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	Aug 5 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage 314-705-0993 rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	TBA	Fire Station #1 200 So. Florissant	
Southeast Ferguson	Aug 14 5 pm	Empowerment Ctr. 9420 W. Florissant	Latasha Brown 314-465-9757 brownlatsham@go.wustl.edu

Ferguson City News?

How do you get your Ferguson News?

- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

Did You Know?

NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon. You can submit a request for records using the Record Request icon.

VISIT OUR WEBSITE: www.fergusoncity.com

You can do all this and more on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit <http://www.fergusoncity.com/57/Boards-Commissions> or contact your City Clerk at City Hall.

COUNCIL MEETING

Tuesday, August 27th at 7 pm in the Council Chambers at City Hall.

in our community. By any measure, the city has achieved greatly in the face of adversity.

In my 15 years in office, Ferguson has seen tremendous growth and improvement that has outpaced most of our neighbors. Along the way, we have also seen numerous setbacks which have given rise to the concern, can we make it? Now in our 125th year as a city, we have shown time and time again through the years, that we still have a promising future!

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Fran Griffin, Ward 3; Byron Fry, Interim Ward 3; Jeff Blume, Interim City Mgr.; Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Pages

Silver Sneakers, Free
Drop in, \$5/visit
Or register for the session and save:
\$35 Member; \$40 Resident; \$45 Non-Resident

Be sure to get to the Recreation Office to register
or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Parks & Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily \$1/ Yearly \$50
Resident Adult – Daily \$3/ Yearly \$85
Resident Senior – Daily \$1/ Yearly \$50
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200
Non Resident Adult – Daily \$5/ Yearly \$200
Non Resident Senior – Daily \$3/ Yearly \$120
Non Resident Family – Yearly \$300

NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)
Resident Adult – \$9 per month (12 month agreement)
Resident Senior – \$6.00 per month (12 month agreement)
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)
Non Resident Adult – \$18 per month (12 month agreement)
Non Resident Senior – \$12 per month (12 month agreement)
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

AQUATICS

HOURS OF OPERATION
SPLASH Phone (314) 521-1313
Open Daily May 25 through August 11*

Open Swim:
Mon, Thurs, & Sun (1:15 pm - 6 pm)
Tues** & Sat (1:15 pm - 7 pm)
Wed & Fri (1:15 pm - 8 pm)
Adult Swim daily (12 pm - 1 pm)

*Date subject to change
**Close at 5:00 p.m. on Tues for swim meet—
June 11, 18, 25 & July 2

The Splash will be closed for Municipal Swim League North Conference Prelims and Finals
Saturday, July 20—Sunday, July 21

DAILY RATES

Open Swim: \$3.50 Residents
\$6.50 Non-Residents
(children under 3 FREE)

After 4pm: \$2.50 Residents
\$5.00 Non-Residents
(children under 3 FREE)

Adult Swim: \$2.50 Residents
\$4.50 Non-Residents
(children under 3 FREE)

Tues. Rates: \$2.00 Residents
\$5.00 Non-Residents
(children under 3 FREE)

MEMBERSHIP OPTIONS

Wabash Club Memberships:
Individual: \$50 CC Members; \$65 Residents; \$125 Non-Residents
Family: \$99 CC Members; \$135 Residents; \$210 Non-Residents
50 % discount - beginning July 5. (only on above memberships)

Mini Member: \$25
(Resident's ONLY) *10 individual entries (for a single person)
Multi Use Card: \$35
(Anyone) *10 entries into the pool (can be used for guests)

Silver Sneakers, FREE

Drop in, \$5/visit
Or register for the session and save:
\$35 Member; \$40 Resident; \$45 Non-Resident

Blast From The Past Days

Enjoy deeply discounted concession items with the price admission.
Age: Included with open swim admission
Day: Thursday
Dates: August 8th
Location: Splash at Wabash Aquatic Complex
Hotdogs \$1.00
Popcorn \$1.00
Small Soda \$1.00
Snow cones \$1.00

Dog Splash

Bring your dog out for an evening of swimming and socializing.
Age: Open to All Ages – (must be with an adult)
Date: Sunday, August 11th
Time: 6pm-8pm
Location: Splash at Wabash Aquatic Complex
Fee: \$10/Dog and 1 Human; \$3/Additional Human

Back to School Splash

Back to school blues have you down? Come cool off at the Splash on more time before the pool season ends. Event will include fun games, discounted food items and attendance prizes.
Age: Open to All Ages – (under 13 must be with an adult)
Date: Saturday, August 10th
Time: 7pm-9pm
Location: Splash at Wabash Aquatic Complex
Fee: Free to Members; \$5 Resident; \$8 Non Residents

PROGRAMMING

Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Children must be potty trained.
Age: 3 ½-6 years old
Days: Monday or Saturday
Start Date: Mon, July 29th-Sept. 23rd (No class 9/2)
Mon, Sept. 30th-Nov. 18th
Time: Mon 5:45pm-6:40pm
Sat 10:00am-10:55am
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.
Age: 7 - 13 years old
Days: Mondays or Saturdays
Start Date: Mon, July 29th-Sept. 23rd (No class 9/2)
Mon, Sept. 30th-Nov. 18th
Time: Mon 6:45pm-7:40pm
Sat 11:00am-11:55am
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.
Age: 16 & Up
Days: Mondays
Start Date: Mon, July 29th-Sept. 23rd (No class 9/2)
Mon, Sept. 30th-Nov. 18th
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

PROGRAMMING (Con't)

Tap & Ballet Dance

A wonderful opportunity to learn creativemovement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes or bare feet. Children must be potty trained.

Age: 3 1/2 - 7 years old
Days: Wednesdays
Start Date: Wed, July 31 to Sept 18 and Wed. Sept 25 to Nov. 13
Time: 5:45 pm-6:40 pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Hip Hop/ Jazz Dance

High energy class, starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes or bare feet.

Age: 8-13 years old
Start Date: Wed, July 31 to Sept, 18 & Wed, Sept 25 to Nov 13
Time: 6:45-7:40pm
Location: Ferguson Community Center
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for Fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Start Date: Wed, July 31 to Sept, 18 & Wed, Sept 25 to Nov. 13
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students
\$5 more for each additional student
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

Open Play Basketball

Come to the Ferguson Community Center for pick up basketball games. (Half court only) Days are subject to change.

Days: Tues, Wed, Fri, Sat, & Sun
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays
Times: 3:00pm- 6:00pm
Location: Community Center
Fee: FREE/Member; Daily Fee/Resident; Daily Fee/Non-Res.

Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players.

All equipment will be provided.

Age: 18 and older
Days: Wednesdays and Fridays
Time: 9:00 am to 12:00 pm
Location: Ferguson Community Center
Fee: Daily rates apply

Evening Pickleball- NEW!

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but it can develop into a quick, fast paced and competitive game for experienced players. All equipment will be provided.

Ages: 18 and older
Days: Thurs., May 2nd—Sept.5th
Location: Community Center

Time: 3:00pm—9:00pm
Fees: Daily Rates Apply

FITNESS

Beginners Yoga Class- NEW!

This yoga class is designed to meet the needs of those who are new to yoga and are perfect for any fitness and activity level! This class will introduce the principles of alignment and breathing techniques in a flow of postures. Students will be introduced to yoga through step by step verbal instructions.

Age: 16 & up
Date: Tues, July 9th to Aug. 13th & Tues, Aug. 20th-Sept. 24th
Time: 6:30pm-7:30pm
Location: Ferguson Community Center
Fee: \$60/Member; \$65/Resident; \$70/Non Residents
Drop in: \$10/Members; \$12/Residents; \$15/Non-Residents

Chair Yoga-NEW!

You don't have to sit in a chair to do yoga! This form of yoga is increasing in popularity and is accessible to everyone, especially adults 55+. Chair yoga is a gentle form of yoga that is done in a chair using the chair as support. This class is also ideal for those who are less mobile or have suffered from some types of injury.

Age: 16 & up
Date: Thurs, July 11th to Aug, 15th & Thurs, Aug. 22nd-Sept 26th
Time: 6:30pm-7:30pm
Location: Ferguson Community Center
Fee: \$60/Member; \$65/Resident; \$70/Non Residents
Drop in: \$10/Member; \$12/Resident; \$15/Non Resident

Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 16 years & up
Days: Mondays or Wednesdays
Start Date: Mon, July 15 to Sept. 9 (No class Sept. 2) and Mon. Sept 16 to Nov 4
Wed., June 26 to Aug, 1 & Wed, Aug 21 to Oct 9

Time: 6pm-7pm
Location: Ferguson Community Center
Fee: \$25/Members - 1 day per week; \$30/Residents - 1 day per week' \$35/Non-Residents - 1 day per week

Additional Days:
\$10/members add day; \$15/residents add day;
\$20/non-residents add day

Will Fit Core Class

A class for anyone who wants to tighten up their midsection, carves a stronger core, and sculpts total-body definition through intense core work. Set to upbeat music, you'll work your entire core and learn new exercises to help sculpt the body. This class is for all fitness levels and is a great way to fit a quick but challenging workout into your busy day.

Age: 16 & up
Days: Tuesdays
Start Date: Tues, July 16 to Aug, 20 & Tues, Aug 27 to Oct 8
Time: 6:00-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PREREGISTRATION REQUIRE

Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes

resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped bands, cross cables, and bodyweight exercises incorporated for a complete body workout!

Age: 16 & up
Days: Thursday
Start Date: Thurs, July 18th- Aug 22nd and Thurs, Aug 29th- Oct 10th
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members

\$30/Residents
\$35/Non-Residents

PRE-REGISTRATION REQUIRED

Will Fit Bootcamp

Boot camp with Will Fitness! A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp. Participants will be indoors and outdoors. We will run sprints; perform lots of pushups and various forms of plyometric and interval training with little rest between exercises and challenging workout.

Start Date: Sat, Aug 17th - Sept 21st
Time: 10:00am-11:00am
Location: Community Center
Fee: \$30/Members; \$35/Residents; \$40/Non-Residents

All Ability Levels Welcome, Preregistration Required

Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

Silver Sneakers Classic/Chair Yoga

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support. In addition, the yoga activities will increase flexibility, balance and mental clarity.

Days: Tuesdays and Thursdays
Dates: Ongoing
Times: 8:55 to 9:55 am
Fee: FREE/Silver Sneakers Members-\$3/ Everyone Else

Silver Sneakers Cardio Circuit/ Yoga

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support. Please bring your own mat.

Days: Tues & Thurs
Dates: Ongoing
Times: 8:35am-9:40am
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages

Beginner Bundle
Includes Fitness Assessment* and 1 personal training sessions.
Fee: \$70/ Members
\$80/ Non-Member

Beginner Bundle +
Includes Fitness Assessment* and 2 personal training sessions.
Fee: \$95/ Members
\$105/ Non-Member

1 Session
Fee: \$35/ Members
\$40/ Non-Member

3 Session
Fee: \$90/ Members
\$105/ Non-Member

5 Session
Fee: \$170/ Members
\$195/ Non-Member

Training for Two

All prices are per person

1 Session
Fee: \$30/ Members
\$35/ Non-Member

3 Session
Fee: \$80/ Member
\$95/ Non-Member

5 Session
Fee: \$145/ Member
\$175/ Non Member

SPECIAL PROGRAMMING

Ferguson Summer Movie Series

Come join us for the Ferguson Summer Movie Series. Movies at the Community Center and parks will be free and include complementary popcorn, be sure to bring your lawn chairs and/or blankets and take this opportunity to enjoy a beautiful night under the stars. Movies start around 8:30 pm!

LOCATION	DATE	MOVIE
Plaza 501	Saturday, August 31	Dumbo (PG)

In case of inclement weather movies will be cancelled.

Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.

Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.
ID Costs \$5 processing fee per dog
(max three dogs per household)

Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change. Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program.

Park Bench Dedication \$1,000

Call or visit our website for more information

Nerf War Birthday Packages- NEW!

Join us for our Nerf War theme birthday party packages! We will host your child's Nerf War birthday party for up to 25 participants. You will receive a 3 hour party block, 1.5 hours in the gym with one of our staff supervising the Nerf War. Then the last 1.5 hours you have a room dedicated for you to have food/drinks, cake, and open presents. The cost includes all nerf bullets, safety glasses, bunkers and the party room. Must reserve 2 weeks prior.

A \$100 security deposit is required at time of birthday party rental.

Days: Saturdays and Sundays
Times: Sat, 2:00pm-5:00pm
Sun, 1:00pm-4:00pm
Location: Ferguson Community Center
Fee: \$200 Residents; \$240 Non-Residents

ADULT PROGRAMMING

Weekend Winery Tour

Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons pre-registered for these trips to make. Cost covers transportation.

Ages: 21 and up
Date: Saturday, September 21st
Time: 10am-6pm
Fee: \$10/Residents; \$15/Non-Residents

Area Casino Day Trips

Need a day out and about? Come test your luck at an area casino each month! The trip only includes transportation to the casino. Must have a minimum of 10 patrons pre registered for the trip to make.

Fee: \$5 Residents
\$8 Non-Resident

Location: Ferguson Community Center
Time: 10:00am-4:00pm
Wednesday, August 28th—River City Casino
Wednesday, September 25th—Lumiere Place

Mystery Meal

If you love good food and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good food and good friends. Due to the popularity of this program, residents have registration priority. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal. A minimum of 10 patrons required for trip.

Dates: Fri, Aug. 9th (10 am pickup)
Fee: \$32/Members; \$37/Residents \$42/Non-Residents

Monthly Day Trips

Join us for a trip to a St. Louis Area Museum. Fee includes transportation only. A minimum of 10 patrons pre-registered is required for the trip.

Location: Ferguson Community Center
Time: 12:00pm-4:00pm
Fee: \$5 Residents **, \$8 Non-Residents**
Friday, July 12 St. Louis Art Museum
Friday, Aug 30 St. Louis Arch Grounds

**** Entry fee for all these museums is free any extra cost is on your own. All of these are self-guided tours.**

Fairmount Horse Races

Grab a friend or two and join us for a fun-filled day of horseracing at Fairmount Park. Cost includes a racing program, a deluxe buffet lunch, transportation, admissions, taxes and tips.

Age: 21 and up
Date: Tues. August 13th
Time: 5:30pm-11:00pm
Fee: \$38 Residents
\$42 Non-Residents

ADULT OVERNIGHT TRIPS

Biloxi, MS

Two nights in Tunica, Mississippi staying at the Gold Strike hotel each way. Three nights in Biloxi with a day trip to New Orleans and a shrimp boat tour. Comps while in Biloxi, MS include: \$25 Free Play (1st Night), each additional day receive a \$15 food credit. Comps while in Tunica include: \$15 Free Play each night & 1 breakfast or lunch buffet per night of stay. Fee includes: motor coach transportation, all lodging, 2 special tours and some meals. The Beau Rivage Hotel and Casino is gorgeous!

Registration deadline is August 22nd
Date: Sun, Sept. 22nd- Fri. Sept. 27th
Time: 7:00 am - 9:00pm
Location: Ferguson Community Center
Fee: \$650/Residents
\$680/Non-Residents
(double occupancy)
\$260 additional for single

FAMILY PROGRAMS

Family Nerf War-SUMMER EDITION!

Grab your friends and family and head to the Community Center for this exciting event! Each participant needs to bring a Nerf gun. Soft tip darts will be provided along with safety glasses. Pizza and drinks will be served during the event.

Pre-registration is required

Ages: All Ages
 Date: Friday, August 16th
 Time: 6:30pm-8:30pm
 Location: Ferguson Community Center
 Fee: \$8/Child, \$10/Adult

ATHLETICS

Cup In Hand Kickball (Coed)- NEW!

Calling all teams for a unique and new way to play Kickball! We will be hosting our first Cup in Hand Kickball league at Forestwood Park. The rules are simple, basic kickball with a twist. All players must have a cup with ANY liquid in their hand while playing. This is a coed league, therefore there must be a total of 3 women and 3 men with a maximum of 12 players on the field at a time. This is a 6 week season + playoffs.

For more information on the league please call 314-521-4661.

Ages: 21 and up
 Days: Wednesday, Sept. 11th to Oct. 16th
 + 2 Weeks of Playoffs
 Times: 6:00pm-9:30pm
 Location: Forestwood Park
 Fee: \$250 Residents; \$300 Non-Residents

Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.

Scenes from last year's Taste In Ferguson



Sing-a-long with the band, sampling, dancing with Little Caesar, face painting and cooking demos were all part of the fun filled day.



The Annual
THE TASTE
IN FERGUSON
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Tickets \$30.00 • Children 10 & Under FREE



Will the DOJ live up to its agreement with Ferguson?

Reprinted from the St. Louis Post Dispatch

Since March 2016, the city of Ferguson has been operating under a consent decree with the U.S. Department of Justice, entered into after the death of Michael Brown. The quarterly court hearing on Ferguson's progress occurred on July 2.

The consent decree monitor noted that Ferguson had completed its court reforms and that the Missouri Supreme Court was now fulfilling its oversight responsibilities. The monitor complimented Ferguson on updating police policies but noted that Ferguson had failed to achieve its goals in police training and community policing. The monitor noted that there wasn't much more she could do until the city made more progress.

Left unsaid was why Ferguson is behind: It doesn't have enough police officers. The Department of Justice assured residents it wasn't trying to force a purge of the police department, but that's pretty much what has happened since 2016. Most of the officers from that time are gone. Ferguson has struggled to recruit officers and is currently down 12 from the required 50. Ferguson barely has enough officers to keep its streets patrolled, let alone sending officers for training or to walk neighborhoods.

The consent decree required Ferguson to increase police salaries to raise it to the top 25% for the region and to help in recruiting African American officers. Try as the city has been doing to comply, Ferguson can't print money. Ferguson passed two tax increases and benefited from a county tax increase, but this was offset by other drops in revenue, including a significant drop in traffic-ticket revenue.

Ferguson got in trouble for ticketing for profit, starting in 2011. Before then, when public safety was the sole focus, traffic enforcement generated about \$1.3 million annually for the city. Last year Ferguson received \$314,000 from traffic enforcement.

People make themselves feel good by saying they're against ticket quotas, but try living in a town where they don't give out enough tickets to enforce basic public safety. Ferguson's streets are racetracks now. The police department is so short-staffed, officers don't have time to enforce traffic laws. Ferguson has struggled to give its officers even a 5% raise, and is nowhere near reaching the region's top 25%.

During negotiations, the Department of Justice tried to force the city to

sign the consent decree without disclosing the terms to residents. Ferguson's leaders refused, forcing Justice officials to publicly release the proposed consent decree. Residents were stunned at how sprawling it was, more appropriate for a city the size of Chicago than a bedroom suburb of 22,000.

Fully satisfying the decree would have required 20% tax increases on Ferguson's mostly African American, mostly working-class population — the very people the consent decree was supposed to help. Every Ferguson councilperson, African American and white, including now-St. Louis Prosecutor Wesley Bell, initially voted against the proposed consent decree.

Justice officials were shocked — cities don't say no to the Department of Justice. But by any measure the proposed consent decree was financially untenable for Ferguson. Federal authorities eventually relented and signed a side agreement softening the consent decree. Over and over, Justice officials assured residents that the department wasn't trying to bankrupt Ferguson and would be flexible if the requirements proved to be unworkable.

Things aren't working. We need that flexibility now.

Ferguson will spend \$300,000 this year to pay the consent-decree monitor and attorney costs, which total 2% of the city's budget. Everybody involved in the case knows Ferguson won't have enough officers to satisfy the training and community-policing requirements this year. There won't be any progress for the monitor to monitor.

But if Ferguson were allowed to self-report for one year instead of paying the monitor, that \$300,000 could be used to give every Ferguson police officer a \$6,000 raise and significantly boost recruiting. We would have a chance to rebuild our police department, actually implement the training and neighborhood policing requirements and start enforcing traffic laws again.

Justice officials insisted to that the only goal was to see Ferguson succeed. Now is the time to prove it. Ferguson's best chance of succeeding is by putting every possible dollar into police salaries. If the Justice Department recommends self-monitoring, the judge would likely agree. Let's hope federal officials live up to the promises they made to the residents of Ferguson.

Blake Ashby
is a resident of Ferguson

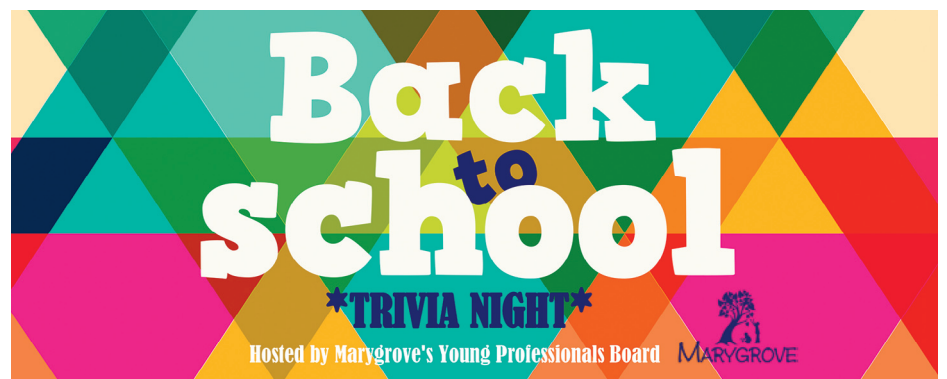
Fishing at January-Wabash Lake



Pictured above is the Kids Fishing Tournament and Family Fishing Day on June 8th at January-Wabash Lake. The event was a collaboration with the Missouri Department of Conservation and the Ferguson Parks and Recreation Department.

Sunfish, Trout, Black Bass, White Bass, Catfish, Crappie are caught in the lake. Fishing permits are required.

In the winter (November 1st through January 31) rainbow trout are stocked regularly by the Department of Conservation. Certain regulations are stipulated for trout fishing.



AUGUST 24, 2019

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or contact gballard@mgstl.org or 314.584.6124

BEER PROVIDED/FOOD AND DRINKS WELCOMED

The Best of Ferguson

by
Ruffina Farrokh Anklesaria, M.A.
will not have a column for few months,
but will return in the near future.



Financial Focus

By Joan Cleaveland (cleav73@sbcglobal.net)
Business Manager for St. Joseph Parish in Cottleville
Lindenwood University – BA Business Administration

Nickeled and Dimed

A few months ago I purchased a new car. It's been about twelve years since I've done that and the change to automobiles during that period is pretty amazing. There's a computer screen right on the dashboard, I feel like I'm at mission control. My last car didn't even have remote locks or remote starting. So for the first time ever, I was afraid not to purchase the extended warranty at the very least on the computer software and hardware. In the past I have advised against doing extended warranties. Often you can save money by just keeping up with regular maintenance and saving a little each month to be prepared for car repairs. Knowing how much I rely on my car and how little I know about technology in these new cars, I figured the safer bet was to go with the minimal warranty on the computer parts.

Another adjustment was the fact that new cars don't have CD players. They are typically, set up with a Sirius XM radio service free for a six month trial. Once you've used Sirius radio they believe you'll be hooked and willing to spend a mere \$5 or more each month just to have it. Since I listen to talk radio most of the time in the car, my first six months of free Sirius XM wasn't even used. So when the mailings and calls asking me to subscribe for a small monthly fee started, I wasn't prepared to tell them what I like or didn't like about Sirius music. After talking to me, the person on the other end probably just figured I was too old to appreciate a vast array of music at my fingertips with no commercials. Being closer to retirement makes me a bit grouchy when someone wants me to part with my hard earned money to pay for something I've gotten used to having to buy once, like a CD, cassette tape or record album. Even if it is only \$5 a month too many of these little niceties could really add up.

This entire episode got me thinking about just how much people spend on today's tech conveniences. Not too long ago, I mentioned a recent study that showed most Americans could not handle a \$400 unexpected financial emergency such as a car repair. So I wondered if there might be a correlation. Could the same people who can't seem to muster up \$400 for an emergency be "nickel and dimed" with apps, television access and music access subscriptions? A survey done by Waterstone Management Group found that 84% of people have no idea how much money they are spending each month on tech subscriptions. The survey involved 2500 people who were first given just 10 seconds to estimate the amount they were spending per month on digital service devices and subscription boxes. Their guesses averaged \$79.74 a month. When they were given more specific examples with services named, their guesses increased by 40%. For their final guess they were shown an expanded list of categories of services including the internet and cellular services required to use these new conveniences and the average estimate increased by 197% from the first guess. Now they felt their actual spending was more like \$237.33 per month. Hmmm, that's over half the amount needed to cover that \$400 emergency.

And from the looks of new things coming out it may get worse. Just a few years ago most people had internet, phone and television services. Over the past several years, so many streaming services that can offer more choices in music, games and video have taken off. Yet the real explosion seems to be in the e-commerce retailers selling monthly subscription services. In just five years from 2011 to 2016 they went from \$57 million in sales to \$2.6 billion. Shopping on-line and getting regular deliveries of clothes, food, beauty boxes, etc. is becoming the new norm. Shopping Centers are becoming extinct as more and more people purchase goods on-line. Businesses like the trend towards subscription spending – rather than a single purchase – the subscription continues to give a steady stream of income to the retailer. What's not to like. Like I mentioned earlier, owning a record album meant I could play it anytime I want to and I only paid a couple of dollars just once. Of course, wanting to listen to music in my car meant smaller recordings were needed – first the eight track tape, cassette and then the CD. With all of these the producer would receive payment for the music initially and I owned it forever.

Here in the modern world people want to get more tech savvy with smaller devices and access anywhere for everything we need or want. And that demand is met with subscriptions to keep everything accessible with our phones or other electronic devices like a "fit bit" or a tablet. And paying for software programs just once is becoming a rarity. The subscription keeps you constantly up to date. And knowing how quickly things change these days, who wants to be stuck with a Windows XP operating system or Windows 7 at the end of this year. When I was the age of millennials today, things moved a lot slower. MTV was new and we got cable when it came to our neighborhood. Even back then I was somewhat frugal, the cost of cable helped put it into the "want" not "need" category. As a young family, we found it more important to do other things that didn't involve paying for television and cancelled it after the first year.

Today with so many new features and new apps out there, I can understand how difficult it is to keep up. So adding a new subscription or app does seem to be the way to go, so you don't get left behind. Anything you want to do like start an exercise program, manage your money or diet can be made easier by downloading an app. And while some are free many have a minimal cost. And these costs become automatic hitting your credit card or

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bank account – it is easy to forget about how much you are spending.

In the survey I mentioned earlier, recognizing just how much you are spending with auto payments is a first step. If you find that you are spending close to the survey's amount of \$2,847 annually, it may be time to take a closer look. With that extra money you could set up an emergency fund or put it towards retirement. If you have any credit card debt this could help pay it down. Just listing all of the monthly subscription fees and what they provide is a good exercise. Ask yourself how much each subscription is being used. And the obvious question about being a "need" or a "want." If you are able to eliminate a few services you may want to re-direct that monthly amount into your savings account. Just going thru this review periodically is a good idea.

Just twenty-five years ago financial planners would promise to help people save money by reviewing existing spending habits. They would suggest cutting out the morning Starbucks or Cable TV, and re-directing those funds to a retirement fund that could make a better future. Today I imagine those financial planners may be looking at the cost of convenience with subscriptions. It is easy to get nicked and dimed into the poor house – so don't let it happen to you.

If you have any comments or questions, please e-mail me at cleav73@sbcglobal.net.



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these lasting changes in food sys-
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the need for, and the promise of,

EarthDance in the numbers below.

31%
The Rodale Institute's 30-year
Farming Systems Trial of organic
and conventional production sys-
tems shows that organic matches
conventional yields and outper-
forms conventional in years of
drought by 31%.

58
That's the average age of an Amer-
ican farmer—17 years older than
the average American worker.

30 million
The estimated market for local
foods in the St. Louis area.

77%
The percentage of EarthDance Ap-
prentices that go on to work or vol-
unteer in sustainable agriculture.

We believe..
in seeding the change we seek
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greens, beginning farmers learn
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thrives, and everyone has a hand in
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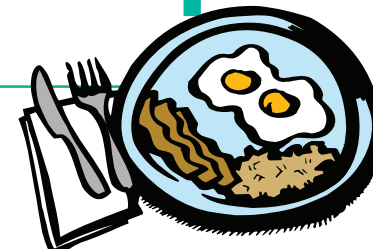
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flowers, bread, honey, sweets, prepared food, gifts and much more.

Edward Jones Perspective

by Joe Meyer

How Does Social Security Fit Into Your Retirement Income Strategy?

It might not be on your calendar, but Aug. 14 is Social Security Day. Since it was enacted on Aug. 14, 1935, Social Security has provided some financial support for millions of Americans during their retirement years. While Social Security benefits, by themselves, probably aren't enough to enable you to retire comfortably, they can be a key part of your overall retirement income strategy – if you use them wisely.

To help you make decisions about Social Security, you will need to answer these questions:

When should I start taking my benefits?

You can take Social Security once you reach 62, but if you wait until your full retirement age, which will probably be between 66 and 67, you'll get much bigger monthly checks, and if you wait until 70, you'll get the biggest possible payments. Before deciding when to begin receiving your benefits, you'll need to weigh a few factors, including your estimated longevity and your other sources of income.

How should I consider potential spousal benefits?

If you are married, or if you're divorced but were married for at least 10 years, you could receive up to half of your spouse's full retirement benefit (offset by your own benefit, and reduced if you claim early). If you outlive your spouse, you could claim survivor benefits, which can provide either your own benefits or 100% of your deceased spouse's, whichever is larger. Consequently, the higher-earning spouse might want to postpone taking benefits for as long as possible to maximize the survivor benefit.

How much can I earn without reducing my Social Security benefits?

If you are younger than your full retirement age and you are receiving Social Security, the Social Security Administration will withhold \$1 from your benefits for each \$2 you earn over a certain threshold (which, in 2019, is \$17,640). For the year you reach your full retirement age, your benefits could be withheld by \$1 for every \$3 you earn over \$46,920. But once you reach your full retirement age, you can earn as much as you want without your benefits being withheld, although your benefits could still be taxed, depending on your income.

How much of my pre-retirement income will Social Security replace?

Generally speaking, you should expect Social Security to replace slightly more than a third of your pre-retirement income. However, the higher your income during your working years, the lower the replacement value of Social Security will be.

What other sources of retirement income should I develop?

Contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored retirement plan. You may want to consult with a financial professional, who can look at your entire retirement income picture and recommend moves to help you achieve the lifestyle you've envisioned for your later years.

Keep in mind that your decisions about Social Security filing strategies should always be based on your specific needs and health considerations. For more information, visit the Social Security Administration website at socialsecurity.gov.

One final word: You may have concerns about the stability of Social Security. While no one can predict the future, many potential solutions exist to put the program on more solid footing. Consequently, try to focus on the actions you can control.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

This information is believed to be reliable, but investors should rely on information from the Social Security Administration before making a decision on when to take Social Security benefits. It is general information and not meant to cover all scenarios. Your situation may be different, so be sure to discuss this with the Social Security Administration prior to taking benefits.

Joseph Meyer, CFP®
Financial Advisor
Edward Jones
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Sworn Again America

There are so many things pulling us apart, what's one thing that can pull us together?

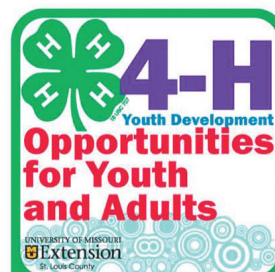
Join us on
Saturday, August 17th
2:00pm
to take a symbolic oath of citizenship

The process to become a naturalized citizen in the United States includes the taking of an oath. In this spirit, we encourage all citizens, no matter of race, creed, or religion, to take a symbolic oath to renew civic vows!

For more information, contact Rachele @ 314-521-4820



Ferguson Municipal Public Library
35 N Florissant Ave
Ferguson, MO 63135



LET'S COOK

DATE:
July 15th-19th
OR
August 5th-8th

TIME:
1-3 PM

AGES:
entering
4th-6th grade

LOCATION:
Eliot Unitarian Chapel
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Kirkwood, MO 63122

COST: \$50.00
Per participant per session
DEADLINE:
Friday before session

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- Interested in learning how to cook or kicking your culinary skills up a level?
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- All children will have the opportunity to make one of the 2-3 recipes prepared each day and of course will have a chance to enjoy the "fruit" of the labor with a meal at the end of each day.

All classes are taught by:

MU Extension Nutrition and Health Education Specialist, Leslie Bertsch.

Pre-registration Required

Register at:
extension.missouri.edu/stlouis/classes.aspx



See notes about July class in registration page

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Trivia

All answer begin with the LETTER "P"

1. Tabu, Poison or Beautiful.
2. Face dust.
3. Russian Tsar who was more than good.
4. Bird in a Pear Tree.
5. An old pink telephone named for royalty.
6. San Diego baseball team.
7. Losing a horse race by a nose.
8. Country split from India in two pieces.
9. Single biggest body of water.
10. A frilly French canine.
11. This Tom looks through windows.
12. Where Pirates steal bases.
13. What disturbed the Princess' sleep.

See answers at bottom of page 23.

P

August Events



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Music and Movement Class!

Join us for a relaxing hour of strengthening Aug 8th & 22nd at 1:00 pm

Cardinal Celebration

with entertainment by "James B. McClaren". Complimentary Lunch following. Tuesday, Aug 13th at 10:30 am.

RSVP by Aug 9th 314-838-3877

Stay Well!

"Baby Animals with the St. Louis Zoo" Thurs., Aug 22nd at 9:30 am. Complimentary Breakfast 9:00 am RSVP by Aug 16th 314-838-3877



Under The Hood With Robinwood

By Bob McGartland

Do Engines Need a Tune Up?

Older cars and engines may need a tune up every 30,000 to 45,000 miles. The machining of engine parts has greatly improved over the years. New cars made today, do not have points, caps and rotors, or spark plug wires. Most modern cars do not need a tune up in the traditional sense.

The reason is that nothing can be adjusted because computers control it all. A tune up for a modern car mostly includes services such as spark plug replacement, air filter and fuel filter replacements, and a few other tasks. If you notice the vehicle running poorly, lacks power going up a hill or when you feel that quick drop out like the engine misses a beat, it's time to get to the shop to see what is going on.

Preventive maintenance of replacing spark plugs, per the vehicle maintenance schedule based in the owner's manual, is very beneficial. Most spark plugs last 100,000 miles. Yet, at Robinwood, we see many cars with 150,000 miles or more and spark plugs haven't been replaced. What's happening here is the spark plug keeps working but the little gap at the end of the spark plug gets bigger and bigger. As the gap grows, the ignition coil must deliver more electrical power to jump the gap. So, when you feel the engine miss firing it could be the ignition coil has gotten

so weak it can't do its job anymore. Now the ignition coils and the spark plugs must be replaced, leading to a more costly repair.

Another issue we have seen is if the engine is driven too long with a miss fire condition, the catalytic converter is damaged. When the engine miss fires, it raises the exhaust temperature that flows into the catalytic converter. Over time, this increased temperature will start to melt the material inside the converter. It can get to the point where the exhaust is clogged up and the car has no power to go up hills. If the miss fire condition is corrected early, bigger and costly problems can be avoided.

When you notice the engine isn't running right or the check engine light comes on, don't wait too long.

Modern cars last longer because sensors constantly control fuel flow and spark, so the engine has good fuel economy and low emissions. When things go array, the computer can't do its job.

At Robinwood, we support the importance of routine service and maintenance to keep your vehicle reliable and keep you safe on the road. In the long run you save money when you get your vehicle serviced routinely.

We hope you are enjoying the summer and are creating some great family memories!

The Month of August

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire.

Fans of Elvis Presley mourn each Aug. 16th, the day the famed singer died in 1977.

On Aug. 24th in 79 A.D., the volcano Mount Vesuvius erupted, destroying the city of Pompeii and others.

People born in August fall under the sun zodiac signs of Leo and Virgo. Leos are known to be dramatic, creative and outgoing. Virgos have acute attention to detail and are the people most likely to dedicate themselves to serving. They also are loyal, hardworking and analytical.

On Aug. 21, 1911, the Mona Lisa was stolen from the Louvre Gallery and not recovered for two years.

Sirius, also known as the dog star, which rose at the same time as sunrise during the month of August in ancient Roman times.

Ferguson Municipal Public Library presents:

Renter Rights

Everything you need to know about renting and more

Wednesday, August 21st 6:00 - 7:30pm

Susan Alverson, Co-manager of the **Housing Law Program of Legal Services of Eastern Missouri**, will walk attendees through the complicated laws of renting in Missouri, explaining renter rights and legal procedures.

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Traveling With Marveena



by Marveena
Miller
Shanahan

Lake Taneycomo is a man-made lake on the White River in the Ozark Mountains. With over 2,000 (approx.) acres of surface area and 40 miles of shoreline, it is an extremely popular fishing lake. The average temperature, 58 degrees, is stocked annually with over 750,000 rainbow and brown trout. Last week we spent a week in Branson, staying on Lake Taneycomo.



Lake Taneycomo originated when the White River was confined by the completion of the Powersite Dam in 1913. From 1913 until 1958 it was a warm water lake. In the 1920s and 1930s, tourists began to be drawn to the lake and its nearby communities. The completion of Table Rock Dam in 1958 changed the source of water to Taneycomo from that of the White River's flowing waters, to the bottom tailwater of Table Rock Lake from the dam spillway and made it into a cold water lake. The resulting cold water made swimming and water sports undesirable. Tourism declined sharply in Rockaway Beach and started shifting to Branson and Table Rock Lake. Although tourism declined, fishermen found that the chilly water of Lake Taneycomo made it one of the top trout fishing lakes in the country. Lake Taneycomo offers a variety of recreational activities including hiking, sightseeing, hunting, fishing, swimming, boating, and water skiing. People accessing Lake Taneycomo are able to visit area restaurants, accommodations, shopping, and shows in the Branson area.



Letter to the Editor

Ferguson's character is not defined by its residents or government but by its volunteers. Our city is able to offer numerous activities which are unmatched in neighboring municipalities because of the community spirit of untold volunteers. The 4th of July parade and festivities which have entertained area families for decades is but one example. The men and women who set up and take down the region's only farmers' market is another. However, let's not forget those who put on the Twilight Run, the Streetfest, or the Northern Lights parade and festival. The Volunteer Flower Department landscapes downtown public spaces.

Volunteer efforts are not limited to outdoor activities, either. A volunteer association, The Fliers, supports the many programs of our own municipal library. Volunteers in the Ferguson Caring League and the three food pantries in Ferguson work tirelessly helping their neighbors. The volunteers who support EarthDance are helping new generations learn about organic foods and farming at one of the oldest such farms west of the Mississippi and volunteers with the Ferguson Historical Society keep alive our 125 year old heritage by educating residents on one of the oldest municipalities in St. Louis County.

Volunteerism is a significant part of Ferguson's uniqueness and the ones mentioned are only the tip of the civic iceberg. Take the time to appreciate the volunteers you encounter and make the time to volunteer your ideas and energy to one of our community's organizations, many of which have mailboxes at city hall. Be mindful that dependable fresh faces are always at the top of any volunteer organization's wish list. With your participation Ferguson will continue being a special place.

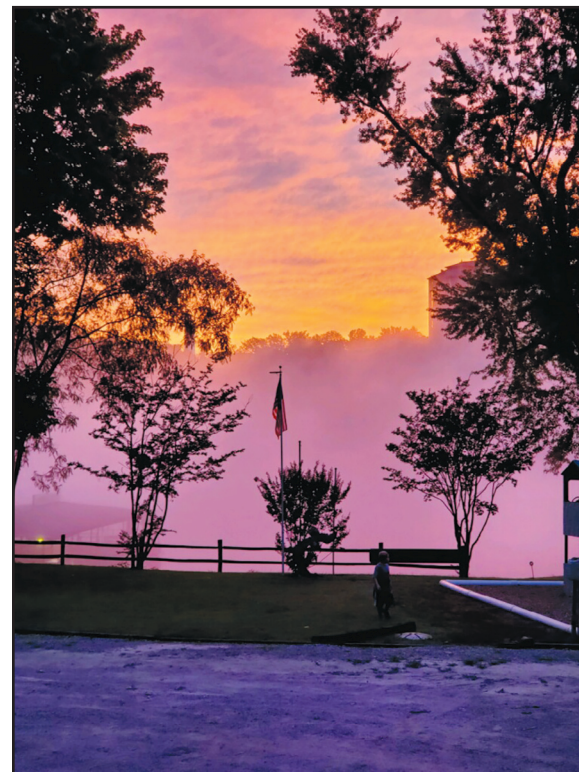
John McDonald

If you haven't been to Branson, or haven't been in a while, there is something for everyone. There were 13 of us with a variety of interests and ability, and all of us managed to find plenty to do. If you are looking for rides and excitement, Silver Dollar City is the place to go. The rides are top notch and the venue is one of the cleanest and most friendly parks I have visited.



The newest coaster, Time Traveler, is the world's fastest, steepest and tallest spinning coaster and lives up to the hype. Silver Dollar City has eight thrill rides and over 20 family and children rides. Silver Dollar City has great food options and a lot of shopping opportunities; it was a great way to spend two days, but get there early, it fills up quickly.

If you are looking for more excitement, there is a ropes course, zip lining, mountain coasters, water slides, and snow tubing. If you are looking for more family friendly options, there are multiple miniature golf venues, go kart tracks, and laser tag. There are multiple museums including Hollywood Wax, World's Largest Toy, Titanic and an average of 50 live performance shows a night on the strip. You can rent a speed boat and go tubing on Table Rock Lake, highly recommended, or rent a pontoon boat and relax with family at sunset.



The Branson Landing has a lot of fun options, shopping, a fantastic Mexican restaurant, bowling, moonshine tasting, tethered balloon rides, and a train ride that takes you into Arkansas.

Branson was not what I thought and I was pleasantly surprised with the amount of activities available. Although we went and did a lot, others in the group barely left the lake. It was a place you truly could do as little or as much as you wanted.

Nominate a Ferguson Resident or Group for the second Ferguson Human Rights Advocate of the Year Award!

Nominees should be individuals or groups who have made specific, significant contributions to improving civil rights, human relations or civility in our community. Nominations are due on **September 1, 2019**. Nomination forms can be found at <https://www.fergusoncity.com/533/Human-Rights-Commission>. The award will hopefully be presented near Human Rights Day in December!

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- Breathing problems
- Nursing difficulties
- Sleep disturbances
- Allergic reactions
- Chronic infections



Even minor misalignments can impact the function of other systems as the nerve system is an extension of the brain which carries information from the brain to the body. The nerve system is crucial for proper functioning of the circulatory, respiratory, digestive, hormonal, eliminative, and immune system.

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It is important to remember that chiropractic care does not treat disease, but aid the body in the natural healing process. Parents today are seeking safe alternatives to traditional medical treatments and chiropractic care is often the solution as it is a natural, drug-free, holistic means of correcting conditions at the core rather merely treating symptoms.

Dr. Robyn's Office Hours:

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youngest you'll ever be.
So . . . get up and do something!



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July 10th, 2019 meeting minutes
Reported by Keith Kallstrom
(Keith.Kallstrom@gmail.com)



Police Chief Jason Armstrong opened the July 10th, 2019 meeting of Ferguson OnWatch, welcoming everyone.

The June 2019 crime stats were passed out. Based on the FBI Uniform Crime Report (UCR), a new format, NIBRS is coming next year. According to the resource guide published by NACJD (<https://www.icpsr.umich.edu/icpsrweb/NACJD/NIBRS/>) The National Incident Based Reporting System (NIBRS) is a reporting system used by the U.S. law enforcement agencies to report data relating to crimes. For each crime incident coming to the attention of law enforcement, a variety of data are collected about the incident. These data include the nature and types of specific offenses in the incident, characteristics of the victim(s) and offender(s), types and value of property stolen and recovered, and characteristics of persons arrested in connection with a crime incident. Incident-based data provide an extremely large amount of information about crime. The information is also organized in complex ways, reflecting the many different aspects of a crime incident. Following a multiyear study, a "Blueprint for the Future of the Uniform Crime Reporting Program" was developed. Using the "Blueprint" and in consultation with local and state law enforcement executives, new guidelines for Uniform Crime Reports were formulated. The NIBRS is being implemented to meet these guidelines.

NIBRS offers law enforcement and the academic community more comprehensive data than ever before available for management, training, planning, and research. The implementation will be at a pace commensurate with the resources, abilities, and limitations of the contributing law enforcement agencies.

It is important to stress that while NIBRS is being implemented, the traditional UCR reporting format is still being used extensively.

Welcome Chief Jason Armstrong

Our new Police Chief, Jason Armstrong, comes from the Atlanta GA area, a community named Forest Park. After graduating from North Carolina Central University, he served the last 18 years at Forest Park, GA. At Forest Park he held just about every position, starting at Patrol Officer, then Sergeant, Lieutenant, Captain, Interim Operations Major, and Interim Police Chief.

Forest Park is a community similar to Ferguson, as to its border location to a major city, population of 20,000 residents, and similar demographics. The Chief's experience will transition well to our community. He reports that the crime situation between Forest Park and Ferguson is very similar too .

The Chief has a wife and a 13 yr old son and a 4 year old daughter. They are currently in Georgia until he gets settled in.

The Chief heard from some in attendance about concerns about Assistant Chief Frank McCall continuing on in service to Ferguson. He reported he has had several cordial conversations with Frank, and is willing to continue to work with Frank on the Consent Decree issues.

Priorities for Ferguson

When asked what his priorities would be for Ferguson, aside from the recruiting that needs to go on, the Chief reports his 1st priority is the learning curve for the assessment period, including seeing how to function on a daily basis, and staying on top of Best Practices for the police force. His 2nd priority will be dealing with the events that could take place with the 5th anniversary of Michael Browns' death. He also intends to improve our use of Social Media, as he had initiated a Social Media Improvement at Forest Park, GA.

Next meeting date

Our next Ferguson On Watch meeting is August 14th 7:00 PM at City Hall. Have a safe month!



Zion Lutheran Church is having a
Back to School Carnival!

**When: Thursday,
August 8th**

Time: 4:30pm-6:30pm

**Where: Zion Lutheran
Church**

123 Carson Road

Free Fun for everyone!

Games! Prizes! Face Painting!

Hot Dogs!

Come on out and celebrate with us
before the summer is officially over!

Birthday Membership Meeting
 Thursday, August 8th
 Moolah Temple Grand Ballroom
It's the Chamber's 68th birthday!

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CHAMBER CARES

Collecting donations of Back-to-School Supplies!
 Last year we had more donations than ever before.
 Please bring your donations to the August 8th meeting.

Sherlock's Pal



Although I have two left feet, I like to dance around with the concept of truth. (I have learned to ask for “non-dancing” shoes at Payless.) Last month I noted that we humans do not have an absolute corner on the market of truth and fact. We do have a corner on the market of ambiguity, however. The books I have written in the past and am currently working on suggest that if nothing else I am a follower, if not a fan, of ambiguity.

My first book's subtitle is “A Pastor's Struggle with Christology” (if you don't know that is, don't worry about it) and the proposed subtitle of the book I am currently writing is “A Pastor's Struggle with Morality.” (I know. Those titles might be a red flag to some pastors-on-pedestals folks out there.) If ambiguity started a Facebook page I would immediately friend “him” or “her”. Pardon my pronoun ambiguity, but in this day of gender fluidity I'm not exactly sure what pronoun ambiguity would use.

In his most recent book, 21 Lessons for the 21st Century, Yuval Harari claims that because of the size and complexity of the world today—as opposed to when human beings knew only a handful of people in their foraging clans—we are no longer capable of fully understanding the world's major moral problems. Therefore, in trying to get a handle on our enormous problems we have to either downsize or deny them altogether. Our brains just aren't big enough to do much else, especially the non-multi-taskers out there. Harari says we often resort to four methods as we try to comprehend gargantuan issues.

The first is to downsize an issue by replacing its complexity with a simple, clear plot, such as one side of a conflict is “bad” and the other side is “good.” Star Wars anyone?

The second method is to focus on a touching human story that ostensibly stands for the whole conflict. Show a picture of a puppy in distress and presto, we have moral clarity! (By the way, I love puppies.)

The third method is to rely on conspiracy theories because, well, they're just so much fun! (By the way, have you ever tried to “one up” a conspiracy theorist? The next time your numbskull neighbor denies the moon landing, say to him, “You mean, you are one of those mindless followers that believes the moon actually exists?”)

The fourth method is to rely on a dogmatic ideology, either secular or religious. If something confuses you and you're not sure what your specific ideological camp is “supposed” to think, then watch your favorite cable news channel or listen to your go-to guy on the radio. They have all the answers.

I don't think any of those methods are very appropriate, but they are understandable, given the complexity of the world's problems. I propose that the best place to begin our ascent out of this moral laziness is to become aware that we are using one or more of these four methods. As Socrates said, “The unexamined life is not worth living” . . . and he wasn't just talking about a prostate exam.

Dr. Jimmy Watson (pronouns “he” “his” “him” and sometimes “it”)
 Pastor, Immanuel United Church of Christ
 Ferguson, Missouri
 sherlockspal@yahoo.com

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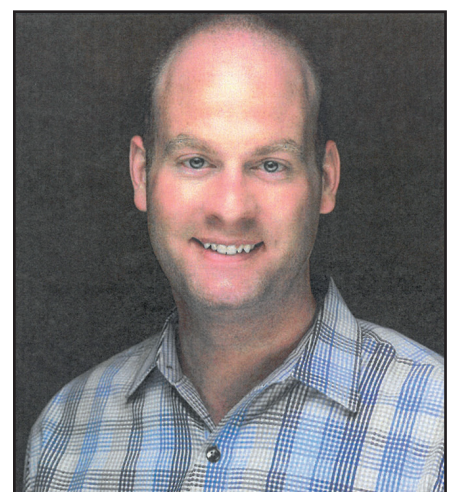
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August, 2019 By Bob McCarty

How to Paint your House to Last

It's that time of year, and if your home is in need of a fresh coat of paint, now is the time to start getting your ducks in a row. We have just come out of a couple of weeks of some pretty warm weather and before long, it will begin to cool down, but before it gets too cold, you'll want to get this project completed.

Keeping a good solid coat of paint on the wood parts of your home protects it from the effects the weather can play. The paint protects the siding, trim, doors, and windows from rot and other pests who might want to set up residence in the wood.

This month, we'll talk about getting your house ready for the winter, and if you follow these guidelines, for many seasons to come.

If you want a long-lasting paint job, there are a few things that will need to be done first. Preparation, preparation, and preparation. I can't say enough about preparation. A paint job is only as good as the preparation. If you were going on a long car trip, you wouldn't jump into the car without checking the oil and filling up the gas tank. That's preparation. We'll go over the preparation process this month, before we chat a bit about the painting part. So here we go:

Preparing to Paint your House

Wash the surface; you will need to make sure that all dirt and any contaminants are cleaned from the surfaces of your home. You may not see them, but believe me, they're there. And don't go out and get a pressure washer! If a pressure washer is used incorrectly, it would do more harm than good. Even a professional can be overzealous when using a pressure washer. Large chips of paint could be flung all over your yard creating more work than necessary, and other damages I won't go into, but you don't want.

Your garden hose with a pressure nozzle on the end should be sufficient as your water supply. You will also need a house cleaner and a brush. I recommend you talk with the paint store representative, tell them how you plan to clean the house and they will recommend the best cleaner for the job. All you need to do is squirt the house and the shrubbery close by, scrub with the cleaner, and rinse off. (Don't forget to rinse your shrubs.) Allow the house to dry completely, a couple of days should suffice if it doesn't rain.

Scrape away any loose and flaking paint; you will want to cover the ground and any plantings you have close to the house to control any falling paint chips and dust. Scrap away the loose, bubbled, and flaking paint to a sound surface. If you don't remove all of the loose and flaking paint, you will be painting again soon, and you don't want that. You will want to sand the area and the rough surfaces around the scraped area to create a smooth transition. This will give the new paint something to hold onto.

Repair any rotted wood; you may find some areas where the wood has grayed. Sand this area back enough to reveal good brownish wood. If you have smaller holes and cracks, these can be filled with products such as spackle. If there are any soft areas around these smaller imperfections, you will want to remove all of the soft or punky wood to make sure there is no rot lying beneath the surface. Paint will not stick to rot and that rot will keep getting worse if it's not removed. If you find larger areas of rot, you may want to do an epoxy repair. I recommend E. B.'s Kwikwood, (Lowe's) or Abatrons WoodEpox (OnLine). Just follow the directions on the can.

Caulk and Prime; or should I say prime, then caulk. Make sure to hit all of the scraped, bare wood areas and patched spots with an oil-based primer. Go ahead and take the primer right over onto the painted area that wasn't removed during the scraping process. This will help keep any moisture from seeping under that good, tight paint that wasn't removed. If you want, and I would recommend, do a total prime, with an exterior water-base primer. This will help the paint adhere and cover better. Caulk all gaps where siding and trim meet. A rule of thumb would be to caulk all vertical gaps and leave any horizontal gaps caulk free, such as the bottom side of the siding. If you have a gap above a door or window frame, I would caulk that area to keep any moisture from infiltrating behind the trim, but leave the bottom side alone. This allows for the wood movement with the change of the seasons and to allow any moisture that gets behind the trim to drain out.

There you have it. Preparing for the painting of your home will allow the finished product to perform for many years of service.

Next month, we'll pick some colors and get your house painted. Until then, Bob is on the Job.

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FPD New Draft Policies

The Ferguson Police Department (FPD) has posted four (4) new draft policies and three (3) appendices to their website. These four policies and appendices will be available for public comment until Friday, August 2, 2019. Feedback can be provided in a variety of forms: email, redline edits, bullet points, etc. DOJ will accept feedback at Community.Ferguson@usdoj.gov. These policies will also be sent to FPD officers for their review and comment during this period. All feedback will be considered prior to these policies being finalized and going into effect. As soon as policies are finalized using the feedback received, the final versions will be posted on FPD's website. The Parties will continue to welcome feedback at any time after the policies are finalized. That feedback will be considered on an ongoing basis and during the required review of policies that will occur one year after they are implemented.

- Non-custodial Interviews, Investigatory Stops and Detentions
- Search Warrants and Warrantless Searches along with two appendices on (1) FPD Consent to Search Form 003 and (2) Search Warrant Risk and Planning Factors Powers of Citation and Warrantless Arrests
- Miranda Decision and one appendix of FPD Form 002 (Miranda)

Please note that some of these policies reference policies that have yet to be developed, including policies governing traffic stops, correctible citations, limited English proficiency services, interactions with juveniles, and processes for resolving charges. The Parties anticipate turning to development of those policies in the future.

Thank you for your continued involvement as we roll out these draft policies. As always, please feel free to reach out to DOJ or FPD with any questions and concerns.

KateLyn Smith
Contract Community Outreach Specialist
Civil Rights Division - Special Litigation Section
U.S. Department of Justice. 202-616-4578

Ferguson by Foot

By: Margaret Wolfinbarger



There comes a time when every community discovers their identity. Contrary to popular opinion, this is not determined by national or even local media. It happens at a personal level when people coalesce. It happens in schools, churches and local organizations as people work together toward a common purpose. Sometimes there is a precipitating event that prompts a self-evaluation, such as during the 1963 mayoral election in Birmingham, Alabama. Bull Connor, the notoriously racist mayor was voted out of office, making clear the people's desire for fair treatment of minority groups. But this discovery was only the beginning. Once they determined who they were, they needed to decide how to fulfill their destiny.

One might argue that a city doesn't have a destiny. After all, a large city is made up of various individuals—all with different plans for their lives. If every human being consists of the sum of their choices, communities are no different. While personal identities are formed by the content of one's character, cultures form by the characteristics of the people who live there.

Have you ever wondered what Ferguson's destiny is? More importantly, have you ever wondered what your role is in contributing to that destiny? I moved to Ferguson, Missouri when I was 23 years old. I bought a house on Lawrence Avenue and began raising my then 7-month-old son. I had no concept of community, no idea what it meant to be a good neighbor, and no vision for the future. I was a very self-focused individual. I was concerned about my career, my family, and—in my free time—the pursuit of pleasure. Of course, I was friendly with the people I lived next to, but I didn't want to get sucked into their messes. When the woman who lived across the street became embroiled in a domestic abuse situation, I struggled with how to respond. I called the police when necessary and checked in to make sure her children were okay, but when her house went into foreclosure and she was forced to move, I was relieved. I thought to myself, "There was nothing I could really do anyway. She made her choices. I'm glad I don't have to deal with that problem anymore."

Apathy is ugly, and a characteristic I exhibited for far too many years. I thought only of how things affected me, not how my inaction affected others in my community. I am ashamed to admit how morally ambiguous I really was. For example, I refused to take personal responsibility for checking on the elderly and I was stunned when the old man next door died. I share this because—whether I like it or not—I too contributed to Ferguson's destiny.

For the past 9 years I have been on a journey to learn who I am and how I fit into the world. That journey began when I chose to surrender to God all of the ugly characteristics I saw in myself. I then asked Him to remake me in His image. This can be a messy process, but it has been wholly beneficial. He is the one who has given me the strength to overcome my addictions and—in the process—begin to help others overcome their own. Ferguson was the place where that journey began and for that reason I know that God loves Ferguson and the people who live there. That is why I write this column. If you are reading this, I have prayed for you because you are precious and dearly loved.

I have known many heroes in Ferguson over the years. The first was James Williams—the pastor of New City Fellowship. He showed me the true meaning of grace in 1997 when he befriended me and showed me the hungry children who lived in Kinloch. I met Jill McCoy when I was desperate for a babysitter for my children. She treated me like a sister and cared for my boys like they were her own. I got to know Leah Atkins at the deli counter at Shop N Save and she taught me the meaning of kindness when she provided a reference for my son so he could get his first job. The strange thing is, none of them live in Ferguson today.

We all have a responsibility to contribute to the community that we live in. My friend Stefanie—who does live in Ferguson—told me that her approach to life is this: If we have anything at all, we have something to give. Therefore, she feeds the hungry children that live near her. They all know her house is a safe place to play and to eat. This comes at great personal cost, but she does it because it is the right thing to do—and because when she was a child, she knew what it was to be hungry and not have the money to buy food.

Dear reader, today is your day. Your neighbors are hungry, they are poor, they are sick, and they need you. They don't need a million dollars. Some of them just need 30 minutes of your time to listen and show loving kindness. We all have the choice to contribute to Ferguson's destiny. Today, what choice will you make? For more inspiration, follow me on my blog: www.destinationdiscipline.com



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- BG Resource
- Bi-State Development/Metro Bus
- DMH Eastern Missouri Psychiatric Hospital
- Delaware North Sports Services at Busch Stadium
- Emerson Family YMCA*
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- General Motors Wentzville Assembly
- Home Depot
- Independent Contractors
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- Penske Logistics
- Republic Services
- STL Construction Career Center
- St. Louis Community College – Workforce Solutions Group
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- Superior Healthcare Services
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The Note ©

By James Vincent Morales 2016

The summer of 1969 was coming to a close, which meant another semester at Griffith School was near. Along with new shoes, notebooks, Crayons® and pencils, new friends were going to be made. My new friend was named Timmy. He was blond as the sun and a true friend. As with true friends, I knew Timmy would never do anything to harm me or cause harm to befall me...or so I thought.

One day at recess, Timmy taught me a new word. Our friendship was so close that he even taught me how to spell it. Now, I had no idea what my new word meant or how to use it in the Queen's English. All I knew is that it sounded "Cool". It was an aggressive sounding word that ended in a "K". It was an easy word to master with just 4 letters to its sum. The "F" made it fun and the "K" made a point. The two letters in between were just fillers.

Having expanded my vocabulary with the riches of my new word, I, James Morales, decided to use my new word in a Magnificent Opus in the form of a Note. To add flavor to my Note, I made my teacher the object of my thesis. Never-mind she was pregnant, or as in the "Good Book", "She Was Great With Child". She was going to be my subject matter, be it in the form of a noun, verb, adjective, pronoun, or a preposition; it mattered not. Later on in life I found my new word would fit all those grammatical mechanics.

With my #2 pencil in hand, I created a masterpiece, second only to the Declaration of Independence or the Magna Carta. I folded my note neatly and attempted to hand my Note to Timmy, who was sitting next to me in class.

Now, it is to be noted that there has

been millions of dollars spent on studying ESP, the Cosmos, and Big-foot, but not a single "Buffalo Nickel" has been spent to prove that teachers, all teachers, have eyes behind their heads. As this account will prove, beyond a shadow of a doubt-they do...! TRUST ME!

Facing the chalkboard, my teacher said calmly "James Morales, bring that note to me." Knowing in my heart that my infraction was minor, I delivered the note uncontested. She carefully unfolded it and read it, her lips moving in silence, her eyebrows lowering with every word she read and when she was finished, she gave me a look, later on to be known as "The Look". (In my life I have seen the "The Look" only one other time and that was from my ex-wife when I gave the wrong answer to the dead-end what were you thinking question "does this dress make me look fat?") It was that kind of look that told you that trouble, misery, and pain was not far away.

My teacher turned and walked to the chalkboard where the "Red Button of Doom" lived, keeping an incredulous eye on me the whole time. She pressed the button and a voice came through the speaker.

"May I help you? "The secretary said.

"Yes...James Morales will be coming down to give The Principal a note that James wrote."

"Send him down. The Principal is waiting."

"The Principal is waiting." Those words evoked TERROR in any student, teacher, janitor, or cafeteria worker at 200 Day Drive. Our Principal stood 9 feet, 14 and 1/2 inches tall at the shoulders. He had hands

as big as a loaf of bread. He had many names and many guises. "The Scourge of Scranton", "The Murderer of Memphis", "The Terror of Toledo", "The Atlanta Assassin", and today, "The Fear of Ferguson". Griffith school lore had it that he buried kids, who had a slight breach of character, under the monkey bars in the playground. All one had to do was look for the fresh dirt. Such was to be my Fate.

"James, take this note to the office and give it to the secretary", my teacher said.

She was kind enough to open the door for me. She told me to "hurry along now because they are waiting." Later on in life I thought that if she'd had a gun she would have used it on me in that empty hallway.

It's was a sobering thing to walk down a hallway with nobody around but me. Alone... well, me and my "Note". The hallway was long, eerie, cold and empty, kind of like a crypt. It was one of those walks that you wish would last forever and that you would never get there, but you're going to get there, you're just going to run out of steps. There was a stairwell at the end of the hallway I had to go down to get to the office. 13 steps: the same number of steps to the Gallows. How fitting. I am sure the Ferguson Department of Education did that on purpose.

I opened the door to the office and was surprised to see that there wasn't a Priest to be found. Not only was I to have a wretched demise, but my soul didn't stand a chance either. We were both doomed. No Last Rites, no last meal, no cigarette, even though I didn't smoke, but what did I have to lose that wasn't going to be taken from me anyway... like my Life...? I gave "the Note" to the secretary. She opened it and read it, her eyes getting wider with each word. When she was finished she gave me the same look as my teacher (and my ex-wife) did. She didn't even bother to fold it as she hurried herself and my Note to the Principal's office, keeping a despicable eye on me as she almost tripped on the corner of the desk next to the Principal's door.

I didn't think it was possible that a person could turn their head almost 360 degrees like an owl until that day. (The next time I saw a head move like that was in the movie "The Exorcist®"). She knocked on the door and went right in, not even waiting for a response from its occupant.

She was in there a long time, probably 5 minutes. What were they talking about? How all my words were spelled correctly or the quality of my syntax or maybe whether or not to cut off my fingers and pull my teeth out to hinder a police investigation? I was sure that is was the latter.

The door opened up and it was him, all 9 feet, 14 inches, 827 pounds of him. Without saying a word he walked over to me, laid his massive, freakishly huge hand on my shoulder and led me to his lair...office. All eyes followed me in my death march and they all crossed themselves and fell into silent prayer.

One of them even produced a Rosary, the beads flowing through her fingers as she hurried the "Hail Mary's" and the "Litany of the Saints" before it was too late. Another lit a candle under the memorial picture of President John F. Kennedy. It was THAT dire.

Shoulders rolled down, looking at the ground, I lumbered into his office, hearing the door close and lock behind me. I noticed a bag of lime and a shovel in the corner. Maybe he is a farmer after school; if only to be so lucky. He said only 4 words to me. Oddly enough, the same number of letters in my new word. Was it just a coincidence? I think not.

"Put your hands there." Pointing to the top of his desk where the outline of two hands, with dried blood and fingernail scratches, one on the left and one on the right, just waiting for the next victim. I assumed the position, hands in the proper place, waiting for my end; then the Principal took "IT" out from the bottom drawer of his desk. There "IT" was... the instrument of Wisdom, Hope, Knowledge, and the American way: a paddle. It was 4 feet long and inlaid with razor blades and fish hooks with bits of dried flesh hanging off the barbs... or at least that's what I thought.

It was time. I prepared myself to count my lickings until unconsciousness or death overtook me, whichever came first. He started in...1, 2, 7...16... 128!! It was done. I opened my eyes and saw the sun and birds in the trees...I was ALIVE!!!.... "Now go back to your classroom and don't ever use that word again" was all he said. The first thing that I thought of was "what word?" Then my eyes were opened - my new word. The one that my best friend in the whole wide world taught me and even how to spell it!

The Principal opened the door and I walked out under my own power. He kept the note which kind of annoyed me. Surely I must get something as a memento. Then it HIT me. I did get something...a sore southern hemisphere and timeless Wisdom, Hope, Knowledge, and Understanding. These were priceless commodities: one and all that would carry me through the rest of my life and away from prison. I walked out of the office a new person, older, seasoned and educated by a deserving violence brought on by my Manifesto.

The next day I told Timmy what had happened and he said he was sorry and he should have done more research on our new word before the "Coming Out". He also said he was glad to see that there wasn't any fresh dirt under the monkey bars. Now that's a true Friend, my Timmy.

THE END

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The Ferguson Computer Corner

by Doug Neely!



AUGUST, 2019

Since there are no "biggies" of note on WinCalendar for this month, i will get right into it.

First, i want you to go watch this video. Or not. Or, maybe after you have read this column. We all need a good laugh now and again, and if this month's column doesn't do it for you, this video will. Seriously.
https://www.youtube.com/watch?v=buoNv4v_UKE

i did a search for the following, and it is taken directly from this site:
<https://royal.pingdom.com/20-bizarre-and-funny-ways-people-have-broken-their-computers/>

You have REALLY got to read this. And since I already made you type in the address for the video, i feel badly making you do it again to read from this website; therefore, i am placing a complete copy of it below. So, at the risk of making you lazy, here it is. ENJOY!

Sometimes bad things just happen, we all know that. And sometimes they happen to our loved ones (we're talking about our computers here). For the last five years the data recovery company Kroll Ontrack has been publishing a yearly list of strange ways people have broken their computers and/or hard drives. We here at Pingdom have gone through those press releases and handpicked the funniest and most bizarre incidents, for your reading pleasure.

On to the list!

(We've saved the weirdest incident for last...)

1. Aaaaalmost there! When you've managed to sail around the world, you don't expect to capsize on the last day of your journey. However, this is exactly what happened, with a laptop on board that had been used to document the whole trip.
2. Gone fishing, part one. A lawyer on vacation brought her laptop with her when going fishing with her father, thinking she'd be able to keep up with business at the same time. This backfired when a friend of her father's, furious that she had brought her laptop with her on board, threw it overboard. The lawyer jumped after it.
3. Safe in the oven. Thinking it was an ideal hiding place for his laptop while he was away on vacation, a man put his laptop in the kitchen oven to protect it from potential burglars. Unfortunately his wife came home before he did, and turned on the oven to do some cooking...
4. Gone fishing, part two. A fisherman brought his laptop with him on his rowing boat to play some games while waiting for the fish to bite. Then he decided to stand up, and fell overboard together with his laptop.
5. Hard drive on acid? A scientist was doing an experiment involving acid, which he (of course) managed to spill on an external hard drive. Picture the scene from Alien where the acid melts through the floor...
6. Academia greasing incident, part one. What do you do if your hard drive is squeaking? Certainly not what this British scientist did: He drilled a hole through the casing and poured oil inside. At least the squeaking stopped, but so did the hard drive.
7. Anti ant. A photographer in Thailand discovered that his external hard drive had gotten full of ants. His solution to this problem was to open the cover and spray the interior with insect repellent. He managed to kill both the ants and the hard drive in one fell swoop.
8. Don't drop a computer from a helicopter. Really. If you bring a laptop onto a helicopter, whatever you do, hold on to it tight. Employees of a global telecom firm did not heed this advice and (accidentally) dropped a laptop from a helicopter while doing work in Monaco.
9. Want conditioner with that? If you pack your laptop together with fluids, make sure they don't leak... On a flight from London to Warsaw a man had his shampoo leak all over the contents of his bag, including seeping into his laptop.
10. Going bananas. A man left an old banana on top of his external hard drive. As it rotted, its contents seeped into the hard drive, ruining the circuitry.
11. Academia greasing incident, part two. Apparently you really shouldn't mix academics with technology, because here's another greasing incident. A university professor was hearing a squeaking noise from the hard drive in his new desktop computer. His solution was to open the case and spray the inside of the drive with WD-40.
12. Heavy pottery. While rearranging her office, a woman managed to drop a five pound piece of clay pottery directly onto the hard drive area of her laptop. The hard drive contained a book she'd been working on for five years. Lesson: Don't hold heavy stuff over your laptop, especially if you don't have backups.
13. Hammer + laptop = bad idea. If you have a temper problem, don't keep a hammer in the same room as your computer. Or even nearby. A frustrated writer smashed her computer with a hammer, leaving a clearly visible hammer imprint on the top cover. Gee, wonder why it broke?
14. Creepy laptop filling. An old laptop had been stored away in a warehouse for 10 years. When it was decided that the data on it should be recovered, it turned out the whole computer was stuffed full of dead and decaying cockroaches.
15. Flash drive? When a worker at a medical company had finally completed 1,200 customer billing entries after several days of work, lightning

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You forget names... But it's OK because your old friends forgot they even knew you!!!

- struck a transformer just outside the building, taking everything out, including the storage with all the prepared bills.
16. Steel beam on laptop = not good. During the construction of a large office building, a steel beam fell right on a laptop computer (with the building plans) and crushed it.
 17. Flush away your troubles. Here's another person with a temper problem. A man became so furious when his laptop was acting up that he threw it into the toilet and flushed repeatedly.
 18. If at first you don't succeed, back over it. A woman put her laptop on top of her car while she got in. She forgot about it and started driving, making the laptop slide off the back of the car. She then put the car in reverse and ran the computer over. People do this with sodas and coffee mugs all the time, but with computers?
 19. More wheeled incidents. People obviously love running things over, computer equipment included. Examples include a laptop run over by a "people mover" at an airport, and a backpack with external hard drives that was backed over by a truck (ouch). But the winner has to be the following entry:
in the strange laptop computer destruction contest has to go to this one. Although it's very unclear exactly how it happened, a laptop computer apparently got run over by, of all things, an AIRPLANE.

We hope you enjoyed this list. Truly cringeworthy examples, aren't they? One of the most amazing things is that in most (or all?) of the cases above, the data on the storage devices could be saved.

ME GO NOW!

Just because i didn't mention God yet, doesn't mean you don't have to go church. i've missed for the last couple of months due to my leg being sliced up. So if you have found the above to brighten your day a bit, THANK GOD for your happy life. He does bless us all so wondrously!
Thank Him in your prayers! PRAY for all of us!

...it is now safe to turn on your puter!

IF YOU would like to ask Doug for some of his FREE PUTER ADVICE, call him at: *314*521*1789* most any day in the mid-afternoon or evening hours. Disregard the outgoing message. When you here the beep, leave your message, along with your phone number, and he will call you. The email will return for your use shortly; THANK YOU for your patience. God's blessings to us all!

Artful Considerations

by Robin Shively

“Art is when you hear a knocking from your soul – and you answer.” - Terri Gillemets



The August exhibit at Good Shepherd Arts Center, entitled “SPARC,” will open on August 3, with an evening reception from 7:00 till 10:00 and run through August 24th. Taylor Deed, an organizer of the show, describes “SPARC” as “A curation of St. Louis based artists showcasing their work in the nature of art as activism, Blackness as spirituality, and the global, collective, creative revolution ignited by the movement and Spirit of Ferguson, MO.”

Artists to be featured are Ysef, Artdivo, Kflakko, Kyla Hawkins, Brock Seals and taylorthemirror. In addition other artists may join and contribute to the show. In addition to the exhibit at GSAC, there will be other events held during the month of August connected with “SPARC.”



On August 9th from 5:00 till 9:00 p.m. Good Shepherd Arts Center hosts “Art-N-Party”, a back-to-school supply drive and party. All school supplies and donations collected at this free, family-friendly event will benefit music and art programs at Ferguson schools. Bring the kids, donate some art supplies and enjoy the party! Good Shepherd Arts Center is located at 252 S. Florissant Road. Additional information about the Arts Center’s events may be found on their website, www.goodshepherdarts.org.

Save the date, October 4, when the Arts Center hosts the opening reception for “Three Women: Visions and Voice,” an exhibit by ArtFiber St. Louis. Ferguson resident Laura Saunders Kaiser will be joined by fellow fiber artists Deb Lewis and Pat Owac. The three members of ArtFiber St. Louis are putting together this exhibit as part of the “Innovations in Textiles” collaborative event which will be presented during the fall throughout the St. Louis region. If you just can’t wait, you can see creations of the three artists of ArtFiber St. Louis currently on display at the Richmond Heights Memorial Library, 8001 Dale Avenue.

Cindy O’Hare and her popular “Bee in the Bucket” art pieces constructed entirely of flowers, leaves and natural elements, was featured in the July issue of Design STL. Cindy, from Florissant, has familial ties to Ferguson and her notecards were favorites of patrons at Corners Gallery here. It was a nice article about her Bee in the Bucket story. Congratulations to Cindy on the good exposure!

To submit information about local artists and art events to be included in future columns, contact Robin at cornersframing@gmail.com.



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St Louis Planetarium

In Forest Park

The StarBay is the central open area in the Planetarium where you can observe the projection of more than 9,000 stars and deep sky objects onto a 24-meter dome, creating a brilliant star field. Visitors can look up and see what the actual night sky would look like without the interference of weather, pollution or city lights. The giant dome shaped room at the top of Planetarium has a carpeted floor and benches on which to sit. If you wish to lie down on the floor and look up at the star display, mats are provided for you comfort. Children particularly enjoy this viewing position.

Special features allow Planetarium staff to demonstrate eclipses, meteor showers and other celestial phenomena. The immensity and clarity of the view creates a sense of wonder that stimulates the imagination.

Currently there are seven shows from which you and your family can view. Each show is viewed at a different time each day. Call the Planetarium and they will give you ticket prices and the times of the show on the day you wish to visit. 314.289.4400



Show Descriptions

Live Sky: Magnificent Moon

In this star show we will explore a few of the myths, phenomena, misconceptions and hoaxes related to the Moon and the Apollo Program to better understand our silent neighbor in space and to show how anyone can study and explore the Moon from our backyards. After the star show visitors can join Planetarium staff as they continue to explore concepts related to the Moon through demonstrations.

Live Sky: The Constellations

For ancient astronomers, the constellations were not only the products of scientific pursuits but often times also served as a means to understand their world and their very existence. Cultures around the world developed rich traditions seeped in astronomy that included their own interpretation of the constellations. Join us for this live presentation as we explore all about the constellations in our night skies.



Planetarium dome showing the constellations in graphic detail.

The Little Star That Could

The story of an "average" star who travels the universe in search of planets. Along the way he makes many discoveries about stars, planets, galaxies and himself. We also offer Feeling the Stars, a version of The Little Star That Could adapted for children who are blind or have low vision. Please call 314.289.4400 for more information.

Live Sky: Tonight

See what is currently visible in the night sky including constellations, planets, the current Moon phase and any other special astronomical events such as meteor showers or comets, etc. We will also feature current space exploration such as the rovers on Mars.

Teachers: This show is recommended for all age groups and can be tailored to fit a particular age group.

Metal Moons

Born in a time of intense political intrigue, satellites have been circling the earth since the late 1950's. Today's world has become heavily dependent on these "metal moons" some of which are even visible from your own backyard! See "Metal Moons" today and learn more about artificial satellites and find out how you can actually spot some of them orbiting high overhead.

Live Sky: Mission Mars

People have been fascinated with Mars from the time humans began observing the planet thousands of years ago. Learn how observing the red planet has helped us develop a better understanding of solar system and our place with in it. See how humans have observed Mars through the aid of telescopes and robotic explorers and experience how future astronauts may view stars from a Mars base.

Campfire Star Stories

Developed for Young Learners, gather around the campfire and discover the many changes we see when day changes to night throughout the year. Hear the seasonal sounds of nature and see stars twinkle across the sky as the wonders of the Earth's cycle are revealed.

Call us at 314.289.4400 to reserve your package or purchase them at our Box Office in the main lobby or Planetarium lobby today.

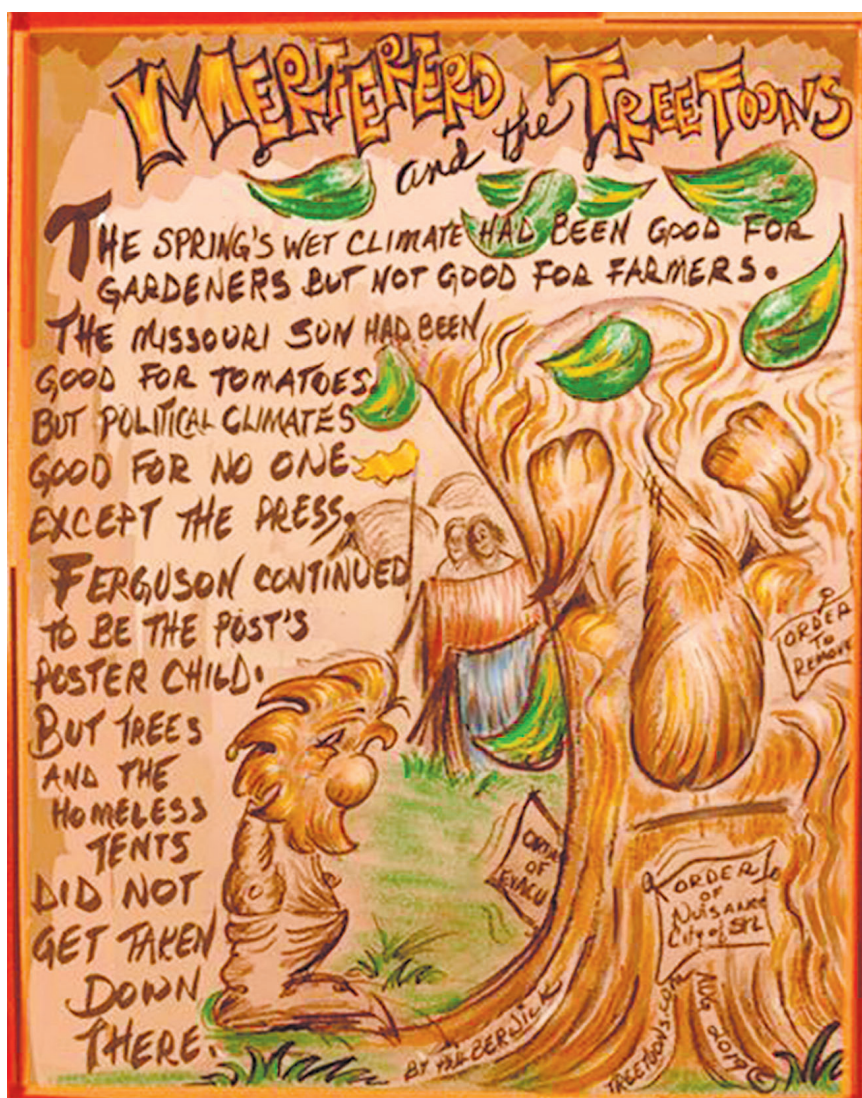
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with our telescope

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Roof

I started going to the library shortly after I moved to Ferguson. My husband and I bought a house that needed a lot of work, but, of course, no money to fix things. I began going to the Ferguson Library to devour the books in the How-To section.

At that time, the library was located where the council chambers are now in City Hall on Church Street. The "How-To" section was in the "upstairs balcony". I would get one of those little stools, sit down (I could bend my knees in those days), and begin reading about all the projects I wanted to start.

One of the first projects I encountered was how to install asphalt roof shingles. If you can imagine, none of those old books said to remove the old shingles unless there were three roofs already installed. In case you are unaware, today, no reputable company will install a roof over even one layer of old shingles.

I didn't use this roofing knowledge until the early 60's when a tornado hit Ferguson and ripped all the screens and shingles off our house. The insurance paid to have a new roof installed but, of course, we bought the shingles and did the work ourselves. I would open the square of shingles and feed them to my husband who was nailing them down. After 10 minutes of watching how it was done, I got my own hammer and began nailing. "Easy Peasy" I thought.

Then I got to the peak of the roof over the concrete driveway. "What would my kids do if I fell and was killed . . . or worse . . . crippled?" I thought. I froze. Try as he may, my husband could not talk me into coming off the roof. He finally had me scoot to the middle of the roof on my fanny and then slide down the slope.

Fast forward 15 years. Different house, different roof, different husband. We bought a house on foreclosure (it was all we could afford). Three layers of roof and most of the shingles curled on the edges. I called a number of roofers who would pull up in front of the house, take one look at the roof, and head down the street. What to do? What to do?

My oldest son, Don, was 16. I hired him and his friend to take shovels up on the roof and strip all the old shingles. I had no idea what a terrible mess that would be. Not only were there shingles (and nails) all over the ground around the house, but the black grit was everywhere in the yard and in the house. It took me months to get rid of it all. It wasn't until that December I ventured up in the attic. In these old houses, before they had plywood, the roof boards were just planks with small spaces between. Everything in the attic was covered with black grit, necessitating a major cleaning before I could bring down the Christmas decorations.

But . . . I'm getting ahead of myself. Back to the now stripped-down roof. My husband traveled from early Monday morning until late Friday evening. But it was the middle of summer and the kids were home from school. "I read the book; we can do this." We managed to nail down the tar paper. I wasn't aware how important lining up the tar was until I realized the lines on the tar paper helped keep the rows of shingles straight. Oh well.

My two sons (Don and Ed) would carry the shingles up to the roof (two story house). I started the roof edge and showed the girls how to nail on the shingles. One of my daughters had hurt her hand a few weeks before the roof episode, but she was game to man a hammer so she did her part.

We finished the front of the house, and time to start on the back. Someone had to go out on the edge with the driveway below. OK, I said to oldest son; "It's either me or you - we'll draw straws." . . . I lost . . . There was no way I was going out on the edge of that roof. Don good naturedly? started the row of shingles while I hid my eyes,

Up high on the roof, we could see the storm clouds gathering. "Double Time" I yelled as all seven of us hammered as fast as possible. We finished before the storm and I breathed a sign of relief when we all got safely off the roof.

Late that Friday my husband drove in the driveway and was pleasantly surprised that the roof was finished. It was too dark for him to really see the black roof, but I found him out in the backyard the next morning. "It's not even," was his comment. I guess I knew after that comment that I was going to stay married to him, even if some times I wanted to choke him.

Answers to Trivia, Page 12

- | | |
|--------------------|------------------|
| 1. Perfumes | 8. Pakistan |
| 2. Powder | 9. Pacific Ocean |
| 3. Peter the Great | 10. Poodle |
| 4. Partridge | 11. Peeping |
| 5. Princess Phone | 12. Pittsburgh |
| 6. Padres | 13. Pea |
| 7. Photo finish | |

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Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

- Chef Bananas at the Library Thurs., Aug. 1
- 5th Annual Unity Weekend – YMCA and Jan.-Wab. Fri. & Sun., Aug. 2-4
- Teen Screen Movie – "Rush Hour" – St. Peters UCC Sat. Aug. 3
- Learn to Sew & Cricut Machine Orientation – Library Mon., Aug. 5
- Digital Skills for Everyday Tasks Workshop – Library Wed., Aug. 7
- Zion School Carnival Thurs., Aug. 8
- N/W Chamber Membership Meeting – Moolah Temple Thurs., Aug. 8
- 501 Concert Series – "The 80's Band" Fri., Aug. 9
- Ferguson Veterans Group Planning – Comm. Ctr. Sat., Aug. 10
- Yoga at the Library Sat., Aug. 10
- Reading on Race Book Club Mon., Aug. 12
- Jeremy Nunes, Comedian – St. Peters Fri., Aug. 16
- How Do Computers Work? – Library Sat. Aug. 17
- Card and Paper Club Sat., Aug. 17
- Symbolic Oath of Citizenship – Library Sat., Aug. 17
- Needles Club – Library Tues., Aug. 20
- Renters' Rights – Library Wed., Aug. 21
- Trivia Night – Library Fri., Aug. 23
- 501 Concert Series – "Vote for Pedro" Fri., Aug. 23
- Marygrove Trivia Night – Kirkwood Community Ctr. Sat., Aug. 24
- Tuesday Night Book Club – Library Tues., Aug. 27
- Ferguson City Council Meeting – City Hall Tues., Aug. 27
- Last Day for Human Rights Advocate of the Year Nomination. . . Sun., Sept. 1
- Taste in Ferguson – Savoy. Sun., Sept. 8
- Community Picnic – St. Peters UCC Sun., Sept. 8

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