

Serving Ferguson and Surrounding Communities



## Ferguson Farmers' Market

**Saturday, September 7**

**Special Events:** Gateway Greening 8am-noon – Information, seed packets, seed starting activity 8am-noon  
 Cristian Hospital – Mental Health Jeopardy  
 Taste in Ferguson Info and Tickets  
 Washington University - Fun Science Games! 8am-noon  
**Live Music:** Maggie Dailey 9am-11am



**Saturday, September 14th**

**Special Events:** Craft Fair 8am-noon  
**Live Music:** Wurst Bavarian Band 9-11am

**Saturday, September 21st**

**Special Events:** Alpacas of Troy 8am-noon  
 Ferguson Library  
**Live Music:** McKendree University Jazz Combo 9am-11am

**Saturday, September 28th**

"Small Market due to Ferguson StreetFest - No Special Event"

**Come Visit Us Saturdays, Now thru October 8am - Noon**  
 Check our website, FergusonFarmersMarket.com  
 "LIKE" us on facebook

## Ferguson StreetFest 2019

Friday, September 27, 4 to 11 p.m.  
 Saturday, September 28, 3 to 11 p.m.



### Held at 501 Plaza

(501 So. Florissant Rd., Ferguson)



Great live entertainment include

Friday:

Smoking Lyons . . . . . 5:00-7:00 pm  
 Dirty Muggs . . . . . 8:00-11:00 pm

Saturday:

Funky Butt Brass Band . . . . . 4:00-7:00 pm  
 Dogs of Society (Elton John Tribute Band) . 8:00-11:00 pm

NO COOLERS PLEASE

For updated information go to: [www.fergusonstreetfest.com](http://www.fergusonstreetfest.com)

**THE TASTE IN FERGUSON**  
**Sunday, September 8, 2019 • 3-6 p.m.**  
 See Complete Details on Page 9



**Last Concert of the Season. See you next Spring!**

## FERGUSON CONCERT SERIES

**FRIDAY, SEPTEMBER 13 – RUBY AND THE GENTS**

**7:00 p.m. to 9:00 p.m.**

**501 So. Florissant Road • 524-5197**

Open to all ages, the live entertainment will feature a wide variety of music styles. Guests are encouraged to bring lawn chairs and are welcome to bring their own picnic baskets or coolers. No glass please. Concession items will be available for purchase on site.  
**The concerts are FREE to the public.**



## September Events at the Ferguson Public Library

For more information, please call the library at 521-4820 or visit our website at [ferguson.lib.mo.us](http://ferguson.lib.mo.us)

**Books and Cookies - Saturdays starting Sept. 7 at 2 pm**  
 Like books? Like cookies? Join us and the Literacy Initiative for a delicious program! Kids in grades 3-5 will read a book together before enjoying some fun reading activities. An adult caregiver must stay in the building during the program.

**Candle Making - Saturday, Sept. 14 at 11:30 am**  
 Learn how to make dipped candles to take home and enjoy! Kids will make their own honeycomb candles as well. Registration required.

**Volunteer Fair - Saturday, Sept. 21 at 10 am**  
 Are you looking to give back to your community? Think volunteering is just for kids? Then stop by the volunteering fair where numerous volunteer organizations will be available to talk with you about their opportunities!

**Comic Book Crafts - Wednesday, Sept. 25 at 6 pm**  
 Get creative with old comic books! We will make magnets, buttons, pictures, and much more. All supplies will be provided!

### LEARN SOMETHING NEW AT AN ONGOING PROGRAM TODAY!

- Monday, Sept. 9 at 6 pm - Readings on Race Book Club
- Saturday, Sept. 14 at 10 am - Yoga @ the Library
- Monday, Sept. 16 at 2 pm - Sewing Machine and Cricut Orientation
- Monday, Sept. 16 at 6:30 pm - Learn to Sew!
- Saturday, Sept. 21 at 12 pm - Ferguson Card and Paper Club
- Tuesday, Sept. 24 at 5 pm - Tuesday Night Book Club
- Every Monday at 10 am - Ferguson Sewing Club
- Every other Friday at 3 pm - Genealogy Drop-in
  - Upcoming dates: Sept. 6, Sept. 20, Oct. 4 and Oct. 18

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## School Bus Safety

Students are about 70 times more likely to get to school safely when taking a bus instead of traveling by car. That's because school buses are the most regulated vehicles on the road; they're designed to be safer than passenger vehicles in preventing crashes and injuries; and in every state, stop-arm laws protect children from other motorists.

**Different by Design:** School buses are designed so that they're highly visible and include safety features such as flashing red lights, cross-view mirrors and stop-sign arms. They also include protective seating, high crush standards and rollover protection features.

**Protected by the Law:** Laws protect students who are getting off and on a school bus by making it illegal for drivers to pass a school bus while dropping off or picking up passengers, regardless of the direction of approach.

Seat belts have been required on passenger cars since 1968; and 49 states and the District of Columbia have enacted laws requiring the use of seat belts in passenger cars and light trucks. There is no question that seat belts play an important role in keeping passengers safe in these vehicles. But school buses are different by design, including a different kind of safety restraint system that works extremely well.

Large school buses are heavier and distribute crash forces differently than passenger cars and light trucks do. Because of these differences, bus passengers experience much less crash force than those in passenger cars, light trucks and vans.

NHTSA decided the best way to provide crash protection to passengers of large school buses is through a concept called "compartmentalization." This requires that the interior of large buses protect children without them needing to buckle up. Through compartmentalization, children are protected from crashes by strong, closely-spaced seats that have energy-absorbing seat backs.

Small school buses (with a gross vehicle weight rating of 10,000 pounds or less) must be equipped with lap and/or lap/shoulder belts at all designated seating positions. Since the sizes and weights of small school buses are closer to those of passenger cars and trucks, seat belts in those vehicles are necessary to provide occupant protection.

### Bus Stop Safety

The greatest risk to your child is not riding a bus, but approaching or leaving one. Before your child goes back to school or starts school for the first time, it's important for you and your child to know traffic safety rules. Teach your child to follow these practices to make school bus transportation safer.

### Safety Starts at the Bus Stop

Your child should arrive at the bus stop at least five minutes before the bus is scheduled to arrive. Visit the bus stop and show your child where to wait for the bus: at least three giant steps (six feet) away from the curb. Remind your child that the bus stop is not a place to run or play.

### Get On and Off Safely

When the school bus arrives, your child should wait until the bus comes to a complete stop, the door opens, and the driver says it's okay before approaching the bus door. Your child should use the handrails to avoid falling.

### Use Caution Around the Bus

Your child should never walk behind a school bus. If your child must cross the street in front of the bus, tell him/her to walk on a sidewalk or along the side of the street to a place at least five giant steps (10 feet) in front of the bus before crossing. Your child should also make eye contact with the bus driver before crossing to make sure the driver can see him/her. If your child drops something near the school bus, like a ball or book, the safest thing is for your child to tell the bus driver right away. Your child should not try to pick up the item, because the driver might not be able to see him/her.

## The Plumber's Crack

By Oh Baby [bigohbaby@sbcglobal.net](mailto:bigohbaby@sbcglobal.net)

Flowers wilting, temperature bearable, days getting shorter, football in full swing, baseball winding down, pep rallies and marching bands in full swing, Farmers Market bursting at the seams with bounty. It must be September and time for another edition of the Plumbers Crack.

Well my friends I want to talk about a subject that's irritating me as a plumber. Water lines. You'd think water lines would make a plumber happy, and normally they do. My problem is the different types of water lines. Let's start with copper. Copper is the premium of water distribution. It's connected with fittings and lead free solder or pressed together with special equipment. The biggest problems with copper is people want to steal it and it's expensive. Other good qualities are the types of shut off valves you can use with copper are much more sturdy and won't break as easy as other fitting. Oh and you can hang things from it (not people!).

The next best thing to happen to plumbing is Pex Pipe. It comes in Red Blue or white. It's a flexible plastic that's clamped or pressed together. Unlike copper if it freezes it won't break or split. The copper miners hate it because there is no resale or scrap value. The pipe itself is reasonable. If you use brass connectors they get a little pricy but over all, it's a lot more reasonable to purchase and install.

Now I'll talk about the pipe plumbers hate. PVC is great for drain systems but just the opposite for water distribution. If you want to make a connection or add piping to PVC or CPVC you have to let the glue set up fo 12 hours minimum to guarantee it not blowing apart. They make a quick setting glue or cement that's supposed to set up much faster but don't trust it, especially if you have good water pressure. Another problem with CPVC



or PVC is it's brittle. If something hits it, it can crack and your out of business. The other thing that bothers me is the primer and cement used to join this pipe can't be healthy.

Years ago they outlawed lead solder because they say it can eventually contaminate the water supply. I believe the same thing should be done with this glue and primer used on PVC pipe, and I believe that day is coming. Manufactures will tell you to use the newest thing on the market called shark bite fittings for connections and repairs. They do work but I've seen them blow apart countless times. The thing about shark bites is the pipe needs to be smooth and perfectly cut in order to have a better chance of holding. If you're a do-it-yourselfer get some advice from a plumber before you attempt to use plastic water lines or just save this article.

Well my friends that's all I have for you this month. I hope some of this information was useful. If anything else it might help you nap a little better. So until next month watch out for our children at bus stops or while they are walking to school . . . slow down. Check and get to know your neighbors. Check on the elderly; offer a ride. Hug and nurture them babies. Support your local law enforcement; if you see something say something; that's what keeps neighborhoods strong.

God Bless you all.  
Oh Baby



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The Ferguson Times may be reached . . .  
by phone: 314-524-1958  
or by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135  
or by email: [cider@att.net](mailto:cider@att.net)

Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.

## Moody's Upgrades Rating and Assigns Positive Outlook

It is with great pleasure that the City of Ferguson announced that on Wednesday August 1, 2019, Moody's Investor Services upgraded its rating on all three of the City's outstanding debt issues.

Specifically, Moody's upgraded the city's general obligation unlimited tax rating to Ba1 from Ba3 and upgraded to Ba2 from B1 and to Ba3 from B2, the city's appropriation debt issued for more and less essential purposes, respectively.

Moody's made the announcement in a PRESS RELEASE on Friday, August 3, 2019. In part, Moody's commented, "The credit profile of Ferguson, MO (Ba1 stable) benefits from the city's improved financial performance and reserves coupled with notable progress and implementation of the DOJ consent decree."

Interim City Manager Jeffrey B. Blume stated he was delighted that Moody's had recognized that in the last three years, the City has added to its fund balance both overall and, in particular, with respect to its General Fund. In addition, it has proposed a balanced budget for its General Fund in each of those years.

Mr. Blume further remarked that the real credit for this achievement goes to the mayor and council, stating that they could have succumbed to the wishes of some and continued to erode financial reserves. Instead, they made the hard decisions to insist on balancing the budget solely with current revenues and thereby rebuild the City's financial reserves. Mr. Blume also credited the City's senior staff, noting they work hard every day to spend as little as necessary and continue to deliver needed services to the City's residents and businesses.

Mayor Knowles added that he was especially grateful for Mr. Blume's more than eleven years of service to the city, first as its Director of Finance and, for the last six months, as its Interim City Manager. Mayor Knowles added that the City would not be in the excellent financial shape that it is in today without Mr. Blume's superior financial leadership through all of the hard times.

Mr. Blume agreed with Moody's statement, "Progression toward substantial completion of the DOJ consent decree will continue to play a significant role in the city's financial performance with protracted implementation likely to result in significant additional costs that will stunt material financial improvement." He noted that in the last three fiscal years, the City has already spent more than \$1 million on consent decree compliance activities and expects the current year's expense to exceed \$500,000. He stated this is one of the reasons that reaching substantial compliance within the next two years is his highest goal.

Moody's Investor Services PRESS RELEASE may be found on the City's website, or on Moody's website <https://www.moody.com>.

If you require additional information please contact Jeff Blume, Interim City Manager at 314-524-5252 or by eMail at [jblume@fergusoncity.com](mailto:jblume@fergusoncity.com).



### GOVERNMENT FINANCE OFFICERS ASSOCIATION NEWS RELEASE

The Certificate of Achievement for Excellence in Financial Reporting has been awarded the City of Ferguson by Government Finance Officers Association of the United States and Canada for its comprehensive annual financial report (CAFR). The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

An Award of Financial Reporting Achievement has been awarded to the individual(s) or department designated by the government as primarily responsible for preparing the award-winning financial report.

The CAFR has been judged by an impartial panel to meet the high standards of the program, which includes demonstrating a constructive "spirit of full disclosure" to clearly communicate its financial story and motivate potential users and user groups to read the CAFR.

For more information contact: Michele Mark Levine 314.977.4700  
email: [mlevine@gfoa.org](mailto:mlevine@gfoa.org)

## GRANT OPPORTUNITIES!

St. Louis ReCAST is seeking proposals from organizations interested in providing services in the St. Louis Promise Zone.

Awarding projects up to **\$75,000** in the categories of

- Mental health
- Peer support
- Youth engagement
- Violence prevention

Through a participatory budgeting process

**Deadline to apply September 13<sup>th</sup>\***

[www.stlouisco.com/YourGovernment/BidsandRFPs](http://www.stlouisco.com/YourGovernment/BidsandRFPs)



Learn more at [ReCAST-STL.org](http://ReCAST-STL.org)

\*Date is subject to change

## Important Information About Your Trash Service

Republic Services provides the trash service for the residents of the City of Ferguson. They provide excellent services which many other municipalities do not have the benefit of aside from normal trash pick up. This includes; recycling and unlimited yard waste pick up. Many trash haulers limit the amount of yard waste that can be placed for each pick up and they pay additional charges for recycling and/or are not provided with a recycle container, especially of the size that we are provided. However, recently there has been an increased problem of trash being placed in the recycle containers, which Republic Services cannot pickup.

In order to take advantage of all of the services and to assure your trash, recycling and yard waste are picked up properly there are a few things that are required of the resident/customer:

- **TRASH:** Must ONLY be placed in the blue trash tote/container provided by Republic Services.
- **RECYCLING:** Must ONLY be placed in the smaller brown or blue recycle tote/container provided by Republic Services.
- **YARD WASTE:** Can NOT be placed in either of the containers provided by Republic Services and must be placed in either a trash container provided by the resident clearly marked as yard waste or paper yard waste bags available at local hardware stores. Do not blow yard clippings or leaves to the street.
- **BRUSH/BRANCHES:** Must be cut to 4 foot lengths and bundled (must be tied with string or twine) no larger than 18 inches in diameter (so they can be easily handled by one person) and can be placed at the curb outside of the yard waste containers.
- **LARGE ITEMS:** For disposal of appliances, furniture, etc. can be picked up by Republic Services, but you must schedule this with Republic Services by calling (636) 947-5959.
- **SENIOR DISCOUNT:** If you are 65 years of age or older and own your home you qualify for the Senior Discount. In order to get the discount, please bring your ID to City Hall to verify your date of birth. The public works department will notify Republic Services and your discount will be reflected on the next bill.

### ADDITIONAL TRASH INFORMATION:

- Trash, yard waste, and recycling are all picked up on the same day weekly.
- These items cannot be placed at the curb before 5:00pm the night before your scheduled pick up, but no later than 6:00am the day of your scheduled pick up.
- The containers must be removed from the curb by 10:00pm the day of your pickup and placed behind the front building line.

## Ferguson Veterans Group Meetings

Open to all Vets and spouses. Ferguson Community Center, 1050 Smith Ave 63135. Saturday September 21st, 1300-1400hrs and Saturday October 18th, 1300-1400hrs. We will not meet in November or December. We'll resume Saturday, 1300-1400hrs January 18, 2020.

Questions call LaRae Jackson  
314-474-4524

# Ferguson Community News Page

## Our scars show proof our resilience

By Mayor James W. Knowles III

*"Scars show toughness: that you've been through it, and you're still standing"*

Theo Rossi— American Actor



By now most people know that being Mayor is not a full-time job, of course some days it seems to take up all or most of my time. As my full-time profession, I work for a company that owns and operates motor vehicle license offices across the state of Missouri. Though I'm an executive in the company, dealing mainly with administrative issues, from time to time I still find myself training managers in our offices and even working the counter processing transactions when needed. It's that time, doing the most basic job in our company, that I still love the most. It's an opportunity to interact with the general public all day. Most everyone must come through the license office at some point during the year. People of all ages, races, and backgrounds come to take care of their business, and, for me, those interactions and conversations with customers are often enjoyable, and sometimes enlightening.

Last month, while working the counter in the Florissant Office, a customer came through my line that made me ponder things that were then transpiring in our community. It was the week of the 5-year anniversary of Michael Brown's death and the ensuing unrest. Media from all across the world had taken this opportunity to spend the previous weeks trying to relive the events of the past and pick at the scars that exist in our community and with some of our residents. While most of us wished to talk about the healing and the future, others (especially the media) simply wanted to re-live the pain of the past.

That week, in walks a customer to my line; an African American woman, probably in her late 50s. She is cheerful and pleasant with a glowing smile and a personality to match. All this even after waiting for 30+ minutes in line at the DMV, which is not enjoyable for anyone. I watched her hands as she proceeded to reach into her bag to grab her paperwork and I immediately noticed that her hands and arms were covered with scars and her fingers were mangled from what appeared to have been some severe trauma. As I waited on her I found myself momentarily speculating about her injuries and wondering about their source. What happened in this woman's life to leave her visibly scarred and debilitated? How long ago did this happen? Is she still in pain? I could not imagine my reaction if I had undergone such pain and left with terribly visible scars.

But in that moment of introspection, I was suddenly struck by how she carried herself so confidently, without hesitation or shyness of her scars. Instead of covering her wounds or handing her head in shame, she acted as if her hands and skin were as perfect and unblemished as a models. As I processed her transaction I felt as if her example gave me perspective about things in my life, and certainly about things we went through in our community.

I imagined what life would be like for this woman if she spent her days staring at her scars and reliving the trauma that caused them. I imagined how her life would be and what her demeanor walking into my office would be, if she were constantly reminded of the trauma, the pain, and agonizing over the scars that it left behind. It seemed she was clearly better off viewing those scars as proof of her strength, and resilience. A badge of honor over what she has overcome and how she has persevered, not a Scarlett Letter of shame over what had happened to her.

Five years after our community endured its own trauma, this community has done a great deal to heal and persevere. We have our scars, some visible and some not. No matter what is rebuilt in our community, as long as the internet and the media replay images of the events that happened here, we will always have that visible reminder of our trauma. But scars don't have to be a painful reminder of the trauma you faced, but rather a reminder about the obstacles overcome, the victory over adversity. And tearing at those scars are never productive, as that never truly allows for permanent healing to occur.

As a community, we shouldn't be self-conscious or embarrassed by our scars, but rather confident that they exist because we still exist; and that we have overcome and in large part have moved forward. I was glad to see that during

## Ferguson Neighborhood Organizations

Dates & times subject to change. Check [www.fergusoncity.com](http://www.fergusoncity.com)  
 Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Sept 3 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	Sept 12 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskeparksneighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Ferguson Library Large Conf. Room	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Sept 12 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	Sept 16 7 pm	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	Sept 16 7 pm	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage 314-705-0993 rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	Sept 16 7 pm	Fire Station #1 200 So. Florissant	
Southeast Ferguson	Sept 11 5 pm	Empowerment Ctr. 9420 W. Florissant	Latasha Brown 314-465-9757 brownlatsham@go.wustl.edu

## Ferguson City News?

### How do you get your Ferguson News?

- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

## Did You Know?

### NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon. You can submit a request for records using the Record Request icon.

**VISIT OUR WEBSITE:** [www.fergusoncity.com](http://www.fergusoncity.com)

You can do all this and more on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or [opittman@fergusoncity.com](mailto:opittman@fergusoncity.com)

### EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit <http://www.fergusoncity.com/57/Boards-Commissions> or contact your City Clerk at City Hall.

### COUNCIL MEETINGS

Tuesdays, September 10th and 24th at 7 pm in the Council Chambers.

the 5-year anniversary, those who wished to pick at the scar, point fingers, and stir emotions where overshadowed by those of us who wish to look forward and not relitigate the past. We shall always have the memory of the unrest that occurred here, but as long as this community stands tall and strong in its present day, the scars will continue to tell a story of triumph, not just be a reminder of tragedy.

*Ferguson Community News Page* is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Fran Griffin, Ward 3; Byron Fry, Interim Ward 3; Jeff Blume, Interim City Mgr.; Public Relations Intern, 314-524-5229.  
**City Hall:** 110 Church Street, 63135, 314-521-7721. Website: [www.fergusoncity.com](http://www.fergusoncity.com). **Contact Us by Email:** [Information@fergusoncity.com](mailto:Information@fergusoncity.com)

# Ferguson Community News Pages

Be sure to get to the Recreation Office to register or call us at (314) 521-4661.

## COMMUNITY CENTER

Don't forget to pick up the new Parks & Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at [www.fergusoncity.com](http://www.fergusoncity.com)

### Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

### Memberships

Resident Youth – Daily \$1/ Yearly \$50  
Resident Adult – Daily \$3/ Yearly \$85  
Resident Senior – Daily \$1/ Yearly \$50  
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200  
Non Resident Adult – Daily \$5/ Yearly \$200  
Non Resident Senior – Daily \$3/ Yearly \$120  
Non Resident Family – Yearly \$300

### NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)  
Resident Adult – \$9 per month (12 month agreement)  
Resident Senior – \$6.00 per month (12 month agreement)  
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)  
Non Resident Adult – \$18 per month (12 month agreement)  
Non Resident Senior – \$12 per month (12 month agreement)  
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

## PROGRAMMING

### Beginning Tumbling

This class starts off with coordination and balance exercises followed by basic tumbling skills such as forward rolls, back bends, and cartwheels. Simple balance beam skills will be taught. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet. Children must be potty trained.

Age: 3 ½-6 years old  
Days: Monday or Saturday  
Start Date: Mon, Sept. 30th-Nov. 18th  
Time: Mon 5:45pm-6:40pm  
Sat 10:00am-10:55am  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Junior Tumbling

After balance, control and coordination exercises, skills such as forward and backward rolls, cartwheels, round offs, and mat routines will be taught. Children will also learn balance beam routines. This class is a follow-up to the Beginning Class but no prior training is necessary. Gymnastic or ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes, or bare feet.

Age: 7 - 13 years old  
Days: Mondays or Saturdays  
Start Date: Mon, Sept. 30th-Nov. 18th  
Time: Mon 6:45pm-7:40pm  
Sat 11:00am-11:55am  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up  
Days: Mondays  
Start Date: Mon, Sept. 30th-Nov. 18th  
Time: 7:45-8:40pm  
Location: Ferguson Community Center  
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

### Tap & Ballet Dance

A wonderful opportunity to learn creativemovement along with simple dance steps and routines in tap and ballet. Tap and ballet shoes, leotard and tights are highly recommended but not required. No jeans, baggy clothing, tennis shoes or bare feet. Children must be potty trained.

Age: 3 1/2 - 7 years old  
Days: Wednesdays  
Start Date: Wed. Sept 25 to Nov. 13  
Time: 5:45 pm-6:40 pm  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Hip Hop/ Jazz Dance

High energy class, starts with a warm-up and stretching exercises followed by dance skills in hip hop and jazz which will be incorporated into dance routines. Jazz shoes highly recommended but not required. Stretch pants should be worn. No jeans or baggy clothing, tennis shoes or bare feet.

Age: 8-13 years old  
Start Date: Wed, Sept 25 to Nov 13  
Time: 6:45-7:40pm  
Location: Ferguson Community Center  
Fee: \$34/Members; \$39/Residents; \$44/Non-Residents

### Salsa & Swing Dance

Whether you're preparing for a special occasion or just want to dance for Fun and fitness, this class is for you. Salsa and Swing are two of the most popular dance styles in the St Louis area. You'll enjoy learning and moving to these fast paced dance rhythms. We'll start with basic steps and then various spins, rotations and other variations will be added on to give you a nice routine that you'll be proud of. Partners or singles are welcome. Private lessons are available. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up  
Start Date: Wed, Sept 25 to Nov. 13  
Time: 7:45-8:40pm  
Location: Ferguson Community Center  
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

### Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the- bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students  
\$5 more for each additional student  
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

## FITNESS

### Beginners Yoga Class— NEW!

This yoga class is designed to meet the needs of those who are new to yoga and are perfect for any fitness and activity level! This class will introduce the principles of alignment and breathing techniques in a flow of postures. Students will be introduced to yoga through step by step verbal instructions.

Age: 16 & up  
Date: Tues, Aug. 20th-Sept. 24th  
Time: 6:30pm-7:30pm  
Location: Ferguson Community Center  
Fee: \$60/Member; \$65/Resident; \$70/Non Residents  
Drop in: \$10/Members; \$12/Residents; \$15/Non-Residents

### Chair Yoga—NEW!

You don't have to sit in a chair to do yoga! This form of yoga is increasing in popularity and is accessible to everyone, especially adults 55+. Chair yoga is a gentle form of yoga that is done in a chair using the chair as support. This class is also ideal for those who are less mobile or have suffered from some types of injury.

Age: 16 & up  
Date: Thurs, Aug. 22nd-Sept 26th  
Time: 6:30pm-7:30pm  
Location: Ferguson Community Center  
Fee: \$60/Member;  
\$65/Resident;  
\$70/Non Residents  
Drop in: \$10/Member;  
\$12/Resident;  
\$15/Non Resident

### Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 16 years & up  
Days: Mondays or Wednesdays  
Start Date: Mon. Sept 16 to Nov 4  
Wed, Aug 21 to Oct 9  
Time: 6pm-7pm  
Location: Ferguson Community Center  
Fee: \$25/Members - 1 day per week; \$30/Residents - 1 day per week; \$35/Non-Residents - 1 day per week

Additional Days:  
\$10/members add day; \$15/residents add day;  
\$20/non-residents add day

### Will Fit Core Class

A class for anyone who wants to tighten up their midsection, carve a stronger core, and sculpt total-body definition through intense core work. Set to upbeat music, you'll work your entire core and learn new exercises to help sculpt the body. This class is for all fitness levels and is a great way to fit a quick but challenging workout into your busy day.

Age: 16 & up  
Days: Tuesdays  
Start Date: Tues, Sept 17th— October 15th  
Tues, October 29th— Dec 17th  
Time: 6:00-7:00pm  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PREREGISTRATION REQUIRE

### Jump Rope Fitness Class

This class is based on plyometrics, otherwise known as jump training! Come for an athletic based, high intensity workout. Please come wearing proper athletic shoes that support your feet and joints

Age: 16 & up  
Start Date: Thurs, Sep 18th – Oct 16th  
Thurs, Oct 30th – Dec 18th  
Time: 6:00pm-6:30pm  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PRE-REGISTRATION REQUIRED

### Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped bands, cross cables, and bodyweight exercises incorporated for a complete body workout!

Age: 16 & up  
Start Date: Thurs, Sept 19th— Oct 17th and Oct 31 – Dec 19  
Time: 6:00pm-7:00pm  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PRE-REGISTRATION REQUIRED

### Walk this Weigh

A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves. Participants may be indoors and outdoors. Format and routine change weekly. Instructor acts as a coach to ensure proper technique and alignment.

#### All Ability Levels Welcome

Age: 16 & up  
Days: Saturdays  
Start Date: Sept 21st  
Time: 10:00am-11:00am  
Location: Ferguson Community Center  
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

#### PRE-REGISTRATION REQUIRED

### Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

### Silver Sneakers Classic/Chair Yoga

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support. In addition, the yoga activities will increase flexibility, balance and mental clarity.

Days: Tuesdays and Thursdays  
Dates: Ongoing  
Times: 8:55 to 9:55 am  
Fee: FREE/Silver Sneakers Members—\$3/ Everyone Else

### Silver Sneakers Cardio Circuit/ Yoga

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support. Please bring your own mat.

Days: Tues & Thurs  
Dates: Ongoing  
Times: 7:55am-8-45am  
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

### Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

#### Individual Packages

1 Session  
Fee: \$35/ Members \$40/ Non-Member  
5 Sessions  
Fee: \$150/ Members; \$175/ Non-Member

## SPECIAL PROGRAMMING

### Ferguson Summer Concert Series

Open to all ages, the live entertainment will feature a wide variety of music styles. Guests are encouraged to bring lawn chairs. Visitors are welcome to bring their own picnic baskets or coolers. No glass please. Concession items will be available for purchase on site. The concerts are free to the public and offer the opportunity to enjoy live music.

Ages: All Ages  
Times: 7 pm - 9 pm  
Location: Plaza 501  
Fee: FREE  
Date: Friday, Sept 13  
Band: Ruby and The Gents

### Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID.

**Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.**

ID Cost: \$5 processing fee per dog (max three dogs per household)

### Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held. The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.

Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program.

Park Bench Dedication \$1,000

**Call or visit our website for more information**

### Nerf War Birthday Packages— NEW!

Join us for our Nerf War theme birthday party packages! We will host your child's Nerf War birthday party for up to 25 participants. You will receive a 3 hour party block, 1.5 hours in the gym with one of our staff supervising the Nerf War. Then the last 1.5 hours you have a room dedicated for you to have food/drinks, cake, and open presents. The cost includes all nerf bullets, safety glasses, bunkers and the party room. Must reserve 2 weeks prior.

Days: Saturdays and Sundays  
Times: Sat, 2:00pm—5:00pm  
Sun, 1:00pm-4:00pm  
Location: Ferguson Community Center  
Fee: \$200 Residents; \$240 Non-Residents

**A \$100 security deposit is required at time of birthday party rental.**

## YOUTH

### Preschool Playdate

Are you and your kiddo tired of being in the house and need something to do? Join us for our monthly Preschool Playdates that children and parents experience together. Each month we will take on a different theme and activity. All of our activities will involve sensory play while making new playdate friends! Grab your friends and bring them to our Preschool Playdates! Registration deadline is the Monday prior to each session.

Ages: 1-5  
Dates: Wed Sept. 18th, Oct 16th, Nov 13th, Dec 11th  
Time: 9:30am-10:15am  
Fee: \$3/Residents  
\$5/Non-Residents

## YOUTH (Continued)

### Pancakes and Pajamas

Join us for our Pancakes and Pajamas Kid's Night Out! Come dressed in your favorite pajamas and spend the evening with new and old friends. We will have games, crafts, puzzles, movies, and decorate pancakes! Registration deadline is Tuesday, September 17th.

Ages: 5-12  
Dates: Friday, September 20th  
Time: 6:00pm-9:30pm  
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

### Spectacular Spooktacular

Whether Halloween is your favorite time of year or not, you will not want to miss our Spectacular Spooktacular Kid's Night Out! Grab your friends and come enjoy crafts, games, food, and more. The evening would not be complete without pizza and creepy crawly desserts! Come dressed in your Halloween costume to be entered into our costume contest!

**Registration deadline is Tuesday, October 15th.**

Ages: 5-12  
Dates: Friday, October 18th  
Time: 6:00pm-9:30pm  
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

### Little Goblins Trick or Treating

Bring your Little Goblin or Ghoul to the Community Center for some trick or treating fun! Participants are encouraged to wear costumes. There will be spooky crafts, pumpkin decorating, and a small snack will be provided. We will end this spooky day with trick or treating around the Community Center. Parent participation is required.

**Registration deadline is Thursday, October 17th.**

Ages: 1-5  
Dates: Monday, October 21st  
Time: 10:00am-11:30am  
Fee: \$6/Member; \$8/Residents; \$10/Non-Residents

### Paint and Pizza Night

Join us for a night of painting galore at the Community Center! We will provide the paint and supplies, while you provide the creativity. Come enjoy pizza and refreshments while painting away the night.

**Registration deadline is Monday, November 4th.**

Ages: 5-12  
Dates: Friday, November 8th  
Time: 6:30pm-8:30pm  
Fee: \$12/Member; \$15/Residents; \$18/Non-Residents

### Beach Bash

Are you tired of the cold weather? Come join us for our Beach Bash at the Community Center to forget about the cold weather and have some fun with friends! We will have pizza, games, crafts, & a movie. Grab a friend or two and dress in your best Hawaiian outfit.

**Registration deadline is Tuesday, November 19th.**

Ages: 5-12  
Dates: Friday, November 22nd  
Time: 6:00pm-9:30pm  
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

### Holiday Drop and Shop

Holiday shopping with children can be stressful. Let us take them while you make the holidays magical. We will have supervised games, crafts, and movies throughout the day. You can drop off your child anytime between 9:00am-4:00pm. If your child is present between 11:00am-12:30pm, they will be fed pizza for lunch! Please bring snacks and a water bottle.

Ages: 5-12  
Dates: Saturday, December 14th  
Time: 9:00am-4:00pm  
Fee: \$20/Residents; \$25/Non-Residents

**Register before Monday, December 9th for \$15/Child.**

### Santa's Little Workshop

Calling all of Santa's little helpers! Santa is coming and needs your help with the last minute Christmas details. Santa and his elves have requested that we make letters to Santa, ginger bread houses, Christmas cards, and more! Who knows, maybe Santa will come visit all of his little elves! Parent participation is required. Registration deadline is Friday, December 13th.

Ages: 1-5  
Dates: Wednesday, December 18th  
Time: 12:30pm-2:30pm  
Fee: \$8/Member; \$10/Residents; \$12/Non-Residents

## TEEN

### Teen Night Out: Sportspalooza

It's Sportspalooza time! Join us for a night of sports and games at the Ferguson Community Center. We will be hosting a 3 v 3 half court basketball tournament throughout the evening. There will also be a Football Skills Session (30 min). Not interested in basketball or football? Don't worry we will have pickleball, kickball, soccer, and the game room available for you. Oh, and we cannot forget the pizza! Grab a friend or two and join us!

**Registration deadline is Thursday, September 19th.**

Ages: 13-17  
Dates: Saturday, Sept. 21st  
Time: 6:00pm-10:00pm  
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

### Teen Night Out: Fright Fest at Six Flags

Fright Fest offers terrifying haunted mazes, roaming zombies, the scariest clowns on the planet and spooky shows ... leaving no tombstone unturned to bring the ultimate sensory overload for every range of fear. Once the clock hits 7:00p.m., the ghouls come out to haunt the park. Registration fee includes admission and travel costs. Teens must bring money for dinner at Six Flags. All teen trips are chaperoned by Ferguson Community Center staff. Registration deadline is Tuesday, October 1st.

Ages: 13-17  
Dates: Saturday, October 12th  
Time: 3:00pm-10:00pm  
Fee: \$25/Residents; \$30/Non-Residents

**Register before September 30th for a \$5/child discount.**

### Teen Night Out: City Museum

Join us for our teen night out at the City Museum. Expect the unexpected; City Museum is a hundred-year-old warehouse in downtown St. Louis in which artists have repurposed the pieces of old cities to build miles of tunnels, slides, climbers, bridges, and castles. From secret passages and grand galleries, to playgrounds and ball pits. Registration fee includes admission and travel costs. Teens must bring additional money if they would like snacks or souvenirs. All teen trips are chaperoned by Ferguson Community Center staff.

**Registration deadline is Friday, November 1st.**

Ages: 13-17  
Dates: Saturday, November 16th  
Time: 6:00pm-11:30pm  
Fee: \$10/Residents; \$15/Non-Residents

### Recess 101

The Community Center has a special deal for Ferguson-Florissant School District students on early dismissal/no school dates throughout the school year. Come join us for open gym, game room, computer lab, and pizza! Once admitted, teens must stay inside the building. Please note that on Sept. 19th teens will be asked to leave at 3:00pm due to the gym closing. Pizza will be served at 1:00pm.

Ages: 13-17  
Dates: Thursday, September 19th  
Friday, October 18th  
Time: 12:00pm-3:00pm  
Fee: \$2/participant

### Teen Night Out: Holiday Lights Spectacular

Do you love Christmas light displays? We will be taking our Ferguson Teens on a Holiday Light tour throughout some of St. Louis's favorite light displays. We will begin the night at the Community Center for sandwiches then head to Ted Drewes for Hot Chocolate before we venture down Candy Cane Lane. We will then visit Winter Wonderland in Tilles Park! Grab a friend or two and come along this wonderful holiday lights spectacular!

**Registration deadline is Monday, December 9th.**

Ages: 13-17  
Dates: Saturday, December 14th  
Time: 6:00pm-10:00pm  
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

### Volunteer Day

Need volunteer hours for school or do you love to volunteer in your community? We will be hosting our 1st Annual Ferguson Teen Volunteer Day! We will have a wide variety of volunteer opportunities for the teens to do throughout the day. We will cap off the day with pizza and refreshments to thank you for all your hard work! Please sign up with the Ferguson Community Center by October 11th.

Ages: 13-17  
Dates: Sunday, October 20th  
Time: 1:00pm-6:30pm  
Fee: FREE

## SPECIAL EVENT/FAMILY PROGRAMS

### StreetFest

Ferguson StreetFest is North St. Louis County's largest annual outdoor music festival that draws thousands of visitors each September. Renowned for its great live music, crazy fun events and mouthwatering food vendors, the event has hosted some of the Midwest's top musicians and performers. Don't miss out on this year's great live entertainment. There will be crafts, food, artisans, and activities for kids and delicious food galore. You won't want to miss one second!

Dates: Friday, September 27th – 5:00pm-11:00pm  
Saturday, September 28th – 4:00pm-11:00pm  
Fee: FREE

### Family Tailgate

Do you love the Kansas City Chiefs and tailgates, but don't want to drive to all the way to Kansas City, MO? Join us for our 1st Annual Family Tailgate in the parking lot of the Ferguson Community Center. Come enjoy the Kansas City Chiefs take on the Indiana Colts for a 7:20pm kickoff on the big screen! We will have free backyard games available.

Ages: All Ages  
Dates: Sunday, October 6th  
Tailgate Begins: 5:00 pm  
Kickoff: 7:20 pm  
Fee: FREE

## SPECIAL EVENT/FAMILY PROGRAMS (Continued)

### The Ferguson Fall Spooktacular

Join us for our first annual Fall Festival located at the Community Center! We will be having our annual trick-or-treat event, but with a twist this year! The Fall Festival is welcome to all ages so grab your family and friends and join us for an evening full of events! We will have trick-or-treating, Halloween theme rooms, hayrides, S'mores, and so much more!

Ages: All Ages  
Dates: Friday, October 25th  
Time: 5:00 pm – 9:00 pm  
Fee: FREE

### Family Game Night

Join us for a fun-filled family game night at the Ferguson Community Center! We will have various types of board games and puzzles for your family to enjoy. Enjoy desserts and refreshments while you spend quality time with family and friends. **Registration deadline is Monday, October 28th.**

Ages: All Ages  
Dates: Saturday, November 2nd  
Time: 6:30 pm – 9:30 pm  
Fee: \$10/Child and Adult; \$2/Each Additional

### Breakfast with Santa

Join us for a morning of pancakes and a visit from Santa! Santa is flying his reindeer down from the North Pole to visit his friends at the Ferguson Community Center. We will have crafts and photos with Santa! Admission includes all you can eat pancakes, sausage, orange juice, and all activities. Grab your family and friends for a morning with Santa! Pre-registration is required for this event, space is limited. **Registration deadline is Thursday, December 5th.**

Ages: All Ages  
Dates: Saturday, December 7th  
Time: 9:00am – 11:00am  
Fee: \$5/Child; \$8/Adult

**Register before November 25th for \$3/Child, \$5/Adult.**

### Cookies and Cards

Are your kiddos bothering you to decorate Christmas cookies, but you don't want the mess? We have the perfect solution for you! We will be hosting a Cookies and Cards event at the Community Center. We will have cookies galore for families to decorate and WE will clean up the mess! We will also have a card making section for all those Holiday cards you need to complete. **Registration deadline is Monday, December 9th.**

Ages: All Ages  
Dates: Friday, December 13th  
Time: 6:30 pm – 8:30 pm  
Fee: \$10/Child and Adult; \$2/Each Additional

### Holiday Lights Contest

The Ferguson Holiday Lights Contest is back by popular demand! Do you have the most cheerful and bright lights on the street? Enter into our Holiday Lights Contest to show off your amazing light display. You don't have to be super fancy to enter, as we will have different style awards. We can't wait to see who will claim bragging rights for this year's Holiday Lights Contest. To enter, submit your address to [thecenter@fergusoncity.com](mailto:thecenter@fergusoncity.com). All displays must be set up and turned on by 7:00pm, December 8th. For more information on the contest visit [www.fergrec.com](http://www.fergrec.com).

Dates: Sunday, December 8th  
Time: Judging Begins at 7:00pm

## ADULT PROGRAMMING

### Weekend Winery Tour

Come join us every other month to indulge in fine wine. Must have a minimum of 10 patrons pre-registered for these trips to make. Cost covers transportation.

Ages: 21 and up  
Date: Saturday, September 21st  
Time: 10am-6pm  
Fee: \$10/Residents; \$15/Non-Residents

### Ghosts & Goblins Game Day – NEW!

Come out to play a variety of games like Yahtzee, Dominos, Cards, and many more! Dress up in your favorite Halloween costume for best dress will win a prize. Includes: lunch, games, and attendance prizes.

Ages: 45 & Up  
Date: Wednesday October 30th  
Time: 10:00am-2:00pm  
Fee: \$8 Members; \$10 Residents; \$12 Non-Residents

**Registration Deadline: Wednesday October 23**

### Bountiful Feast Bingo

For a cornucopia of fun, make plans to attend this fall's harvest time lunch and bingo. A bountiful lunch consisting of roasted turkey and stuffing, green beans and pumpkin pie will be served. Then try your hand at bingo. We'll also have lots of attendance prizes with chances to win!

Ages: 18 and Up  
Date: Thursday November 21st  
Time: Doors Open at 11am-3:00pm  
Fee: \$14 Members; \$16 Residents; \$20 Non-Residents

### Mystery Meal

If you love good food and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good food and good friends. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal. A minimum of 10 patrons required for trip to make.

Ages: 18 and Up  
Dates: Tuesday October 15th and Wednesday November 13th,  
Time: 10:00am Pickup – Departure 11:00am  
Fee: \$32 Members; \$37 Residents; \$42 Non-Residents

### Holiday Gift Wrapping Brunch– NEW!

While we help to wrap gifts, enjoy a delicious holiday brunch. You may bring up to three gifts per participant. Will have wrapping paper on hand but you are more than welcome to bring your own.

Ages: 45 and Up  
Dates: Thursday December 19th  
Time: 10:00am-1:00pm  
Fee: \$5 Members; \$7 Residents; \$10 Non-Residents

**Registration Deadline: Friday December 13th**

## ADULT EXCURSIONS

### Isle Casino – Cape Girardeau

Bring along your good luck charm at the Isle Casino in Cape Girardeau, MO. You will receive \$5 in free play and a \$10 food voucher for Fairdays Restaurant or Lone Wolf Restaurant. Remember that you must have valid state id with you. Cost Includes: motor coach transportation, lunch, and all gratuities.

**Registration Deadline November 1st**

Ages: 21 and up  
Date: Thursday, November 14th  
Time: 8:30 am – 7:00 pm  
Fee: \$45/Residents; \$55/Non-Residents

### Holiday Lights Tour Spectacular

It's that time of year again when thoughts turn cookies, presents, family, & holiday lights! We will begin our "lights" tour at Rotary Park in Wentzville, MO for their spectacular Holiday Night Lights. The evening will climax with a trip through the Celebration of Lights in Fort Zumwalt Park. What a light display they put on each year! We will stop at Golden Corral for a buffet dinner prior to this "light" activity. Cost includes: motor coach transportation, meal, admissions, taxes and all gratuities.

**Registration Deadline December 3rd**

Age: 21 and up  
Date: Tues, Dec 17th  
Time: 4:00 pm-9:30 pm  
Fee: \$58/Residents; \$65/Non-Residents

### Ranch and Chips

Do you love the Casino and Clydesdales? There are two baby Clydesdales expected in late September! We will stop at the Isle of Capri Casino for gambling and lunch. While at the Isle of Capri you will receive \$2 off the buffet lunch and \$10 in free play. After the casino we will travel to the Warm Springs Ranch for a tour of the Home of the Budweiser Clydesdales. Cost Includes: motor coach transportation, lunch, and all gratuities.

**Registration Deadline September 26th**

Ages: 21 and up  
Dates: Thursday, October 10th  
Time: 7:00 am – 6:00 pm  
Fee: \$75/Residents  
\$85/Non-Residents

### Pacific Northwest and California

Explore the majestic Pacific Northwest and California on this 8-day adventure, from the wilds of Mount St. Helens and the Columbia River Gorge to the sophistication of Portland, Seattle and San Francisco. Travel along Oregon's beautiful coast, making stops at Oregon Dunes National Recreation Area, Yaquina Lighthouse, Newport and Coos Bay. Explore Oregon's Wilderness on a Rogue River cruise. Visit Redwood National Park's Avenue of the Giants. Explore Eureka, a historic timber and fishing village. Cross the Golden Gate Bridge and discover the "City by the Bay," San Francisco. Don't miss one of America's most beautiful regions! Join us for an informational meeting with Collette on October 28th @ 6:00pm at the Ferguson Community Center. This trip has NO minimum! You will travel with Collette no matter how many people register.

**Registration Deadline is April 20th**

Ages: 21 and up  
Dates: Sunday, September 20th – Monday, September 28th  
Time: Flight Departure-TBD  
Fee: Single: \$3,949/person; Double: \$2,999/person  
Triple: \$2,949/person



## FAMILY PROGRAMS

### Family Nerf War-SUMMER EDITION!

Grab your friends and family and head to the Community Center for this exciting event! Each participant needs to bring a Nerf gun. Soft tip darts will be provided along with safety glasses. Pizza and drinks will be served during the event.

#### Pre-registration is required

Ages: All Ages  
 Date: Friday, August 16th  
 Time: 6:30pm-8:30pm  
 Location: Ferguson Community Center  
 Fee: \$8/Child, \$10/Adult

## ATHLETICS

### Cup In Hand Kickball (Coed)- NEW!

Calling all teams for a unique and new way to play Kickball! We will be hosting our first Cup in Hand Kickball league at Forestwood Park. The rules are simple, basic kickball with a twist. All players must have a cup with ANY liquid in their hand while playing. This is a coed league, therefore there must be a total of 3 women and 3 men with a maximum of 12 players on the field at a time. This is a 6 week season + playoffs.

For more information on the league please call 314-521-4661.

Ages: 21 and up  
 Days: Wednesday, Sept. 11th to Oct. 16th  
 + 2 Weeks of Playoffs  
 Times: 6:00pm-9:30pm  
 Location: Forestwood Park  
 Fee: \$250 Residents; \$300 Non-Residents

## ATHLETICS

### Open Play Basketball

Come to the Ferguson Community Center for pickup basketball games.

(Half court only.) Days are subject to change.

Days: Tues, Wed, Fri, Sat, & Sun  
 Location: Community Center  
 Fee: FREE/Member; Daily Fee/Resident  
 Daily Fee/Non-Resident

### Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays and Thursdays  
 Times: 3:00pm- 6:00pm  
 Location: Community Center  
 Fee: FREE/Member; Daily Fee/Resident  
 Daily Fee/Non-Resident

### Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. All equipment will be provided.

Ages: 18 and older  
 Days: Wednesday and Friday  
 Location: Community Center  
 Time: 9:00am-12:00pm  
 Fees: Daily Rates Apply

### Ferguson Intermediate Big 3 Basketball League

Calling all teams for Big 3 Basketball! Come on out and show your stuff for our Tuesday Intermediate League in 3 on 3 basketball! The league is managed under house rules. Each team will play 6 weeks along with a playoff tournament (if your team qualifies) at the end of the season. The team with best regular season record will receive t-shirts. The playoff champions will receive a trophy.

Ages: 18 and up  
 Dates: Tue, Sept 24th – Oct. 29th  
 8 weeks + playoffs (if your team qualifies)  
 Time: 6:30pm – 8:30pm  
 Location: Ferguson Community Center  
 Fee: \$ 150 Residents \$ 165 Non - Residents

#### Registration Deadline September 16th

### Women's Adult Volleyball-FALL

Calling all teams for women's adult volleyball! Come on out and strut your stuff for our Monday or Thursday Leagues!

Ages: 18 and up  
 Days: Mon, Sept. 9th—Nov 4th & Thurs, Sept. 12th—Nov. 14th  
 Times: 6:30pm-9:30pm  
 Location: Ferguson Community Center  
 Fee: \$190 Residents; \$205 Non-Residents

### Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

*7th Annual* GET YOUR TICKETS NOW!  
ONE PRICE BUYS IT ALL!

# THE TASTE IN FERGUSON

A FUNDRAISER FOR THE ROBBIE MCGARTLAND / SAMANTHA LIPKA MEMORIAL SCHOLARSHIP FUND

## September 8th, 2019 • 3-6pm

Event Emcee Tony Colombo  
(Dave Glover Show 97.1 FM Talk Radio)

EMERSON | CENTENE Charitable Foundation

Premier Event Sponsors

Food Sampling • Beer and Wine Tasting • Kids Activities

Savoy Banquet Center • 119 S Florissant Rd, Ferguson, MO

### "The Gourmet Gauntlet"

Vendors competing for cash prizes in the BEST of BBQ, Chicken, International, Pizza, Dessert and Vegetarian.  
Come join the fun and vote for who has the best dish!

Adam's Smokehouse	Pantera's Pizza
Paul's Market	Papa Murphy's Pizza
Red's The One & Only BBQ	Earth Dance Organic Farm
Smoki O's Bar-B-Que	Om Turtle Café
Mann Meats	TKO Grill
Drake's Place Restaurant	Cafe' De La' Sha Catering
Helper's Pastries & Deli Café	The Pasta House Company
Cork Wine Bar	Starbucks
The Rice House	Chicken Salad Chick
Pho Long Restaurant	Beast Butcher and Block
Simply Thai	That's So Good Pop-Up Buffet
Just Chicken	Hwy 67 BBQ
Breakaway Café	Sam's Club
Amore Pizza	

**Tickets \$30.00 • Children 10 & Under FREE**  
(\$35 at the door)

### BUY YOUR TICKETS AT

Participating Culinary Vendors Robinwood Automotive  
 Ferguson Farmers Market Saturday Mornings Online at [TheTasteInFerguson.com](http://TheTasteInFerguson.com)

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## THE TASTE IN FERGUSON



Sample as many delicious offerings as you wish from over 20 of the best restaurants in St. Louis! If that doesn't have you sold, it's also for a great cause: scholarship money for kids! This is, of course, the fabulous Taste in Ferguson.

The annual Taste in Ferguson charity event is celebrating its 7th year of bringing top-notch food, drink, and entertainment all to one venue in North County. If you're unfamiliar with this delicious event, you'll want to mark your calendars and attend this year, because it's bigger than ever and features new activities.

For more info and a list of participating restaurants or purchase your tickets, check us out on Facebook @TheTasteInFerguson and our website [www.thetastein Ferguson.com](http://www.thetastein Ferguson.com)

## Financial Focus

By Joan Cleaveland (cleav73@sbcglobal.net)  
Business Manager for St. Joseph Parish in Cottleville  
Lindenwood University – BA Business Administration

### The Cashless Society

It's coming faster than you might think. Paying for goods and services has gotten easier for those using smart phones for everything. Over the past few years we've seen cash purchases take a back seat to other forms of payments mainly plastic and using a smart phone. Today I still haven't embraced paying with my phone – it seems just as easy to put my card in the reader and get a paper receipt or have it e-mailed to me. Although I do purchase things on-line using my credit card and pay bills thru my on-line bank account, I don't really feel that comfortable using my phone for banking. Perhaps I'm old fashioned, it could be my age; it just doesn't seem necessary. There are many people I know in my age group who still write checks and use cash to make most purchases at stores. One friend asked about writing a personal check at a check-out lane recently and really slowed things down. It's easy to understand how frustrating it might be for those people behind him in line prepared to pay as the world seems to prefer today. I have at times even offered to use my card and let this friend write me a check to help speed things up.

In the past several months I've heard that Sweden is the number one economy in the world that has become nearly cash free. The predictions are that by March 2023, Sweden will be a completely cashless society. We aren't far behind with the same things happening daily as we are offered more choices of digital payment options. For nearly four centuries cash and checks were an accepted method of paying for goods and services. Although there was some reluctance with the use of checks in the medieval period, over time they became more accepted. It used to be said that you could write a check on a piece of toilet paper – just having the words “pay to the order of,” a date, a payee and a maker's signature was enough. However, accepting a check was a choice by the payee and as we've all heard some checks weren't worth the paper they were written on. By the 1950's computers came on the scene and with MICR (magnetic ink character recognition) encoding on checks things became faster and more secure. Now checks could be transferred to the proper bank and payment deducted from the proper account and passed on to the bank of the vendor for credit to his account. This was the world I grew up in. And when I first entered banking, I got to see how quickly the crooks learned how to deal with MICR and create phony checks.

Credit cards were fairly new – mostly they were store cards like Sears, Macys or JC Penney's. In earlier days some stores would give credit to regular customers just keeping a tally sheet and bill them weekly or monthly. When Master Charge (now Master Card) hit the scene it was a new convenience and soon most retailers had to start accepting it for payments. Those small store owners eventually replaced their store charges with credit card acceptance. While there are processing fees these cards made payments much easier and safer. Writing a check at the cash register took time and often the retailer's would keep a list of those they didn't want to accept checks from. Some small shops even posted the actual returned checks on the wall making it easy for the cashier to shame anyone trying to bring a check in that had a poor record.


By the mid-seventies, it was the ATM that came about to make life easier. No worries about making it to the bank before closing, with an ATM card you can get cash right from the machine. The second bank I worked for was one of the last to embrace the ATM. In that environment, I also didn't see the need. It was more practical to plan ahead and make sure I had my weekly spending funds and when they ran out the only way to get more cash was to write a check at the grocery store which in most cases required some type of agreement or store card to prove I'd been a good risk. To young people today this all probably seems quaint.

As fast as things are moving today there are many questions and of course one is: are the crooks moving just as quickly to take advantage of a cashless society? That seems to be one of the best reasons many advocates point to as a reason for going cashless. It was actually an increase in robberies that helped much of the progress to go cashless. Unions for bank employees, cab drivers, bus drivers and others pushed for a new way to handle payments without cash to protect their employees. The government also helped in 2007 by giving tax deductions for home services like cleaning, babysitting, home repairs and others which enabled people to start paying for these services without keeping a stash of cash. The need for cash has diminished so much that less than 18% of Sweden's consumers wish to pay cash for anything. And of course, that doesn't mean that there aren't still crimes; it may just be cyber thefts, rather than violent crimes.


An interview with Jonas Hedman, associate professor at the department of digitalization at the Copenhagen Business School, addressed many of the concerns that people have, especially those over 50. One big advantage is the ability to trace and possibly block criminal activities. On the other hand he admits that we can all be traced and certainly that is already the case with social media, so perhaps it is not as troubling. The other problems are the need for a smart phone for the elderly, those with dementia, immigrants or other less tech savvy groups. As he mentions anytime we move forward with technology some portions of the population will always be at a disadvantage. So those issues will need to be addressed.

Ferguson Municipal Public Library  
presents:

# YOGA @ THE LIBRARY



Come and learn basic Yoga techniques from  
Om Turtle instructor **Martha Philipp**



FLIERS (Friends of the Ferguson Library)

## FALL BOOK SALE

**Thursday, October 17**

4:00 to 7:30 p.m.

**Friday, October 18**

9:00 a.m. to 5:30 p.m.

**Saturday, October 19**

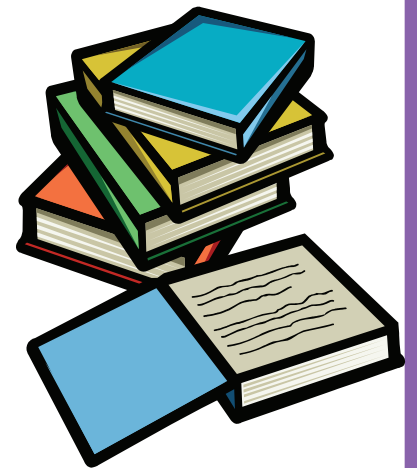
9:00 a.m. to 3:00 p.m.

All proceeds go to the library and all workers are volunteers

**Library Auditorium  
35 No. Florissant Road**

Special categories for this sale include LOT of library discards consisting of mysteries, fiction and large print books. We also have Star Trek books and magazines, lots of children's books and older “out of print” books.

For more information, call Janie Norberg at (314) 521-4663



Other problems being raised by groups who feel cash should not be eliminated have more to do with the issues of electricity going out or the internet breaking down. Hedman's response, “So, if the internet breaks down, the stores will be closed. Also, when it comes to grocery and food supplies, a typical store in Sweden keeps enough [goods on hand] for 24 hours. The rest of the food is either in warehouses or in trucks. If the internet breaks down, they won't know where to ship the things. In fact, they will not even be able to open the doors for the warehouses or the stores. The same thing would happen if the electricity systems were to break down. So having cash won't help in such a situation.” While that isn't very comforting the speed with which these problems can be managed will be the real question. We've all been in stores when the power has gone out and he is correct. Most of the time the power isn't out that long and even a few days can be manageable. Quite a few years ago, I was working at a bank when a water main break caused a power outage for most of the day. During that time banks did what they could to remain open allowing just a few customers in at a time, handwriting receipts and only cashing small checks – it was risky, but the closing of a bank was considered a bigger risk because many remembered the runs on banks during the Depression.

While I don't like to end on a sour note, I think next month we'll pick up on some more of the positives. If you have any comments or questions, please e-mail me at cleav73@sbcglobal.net.



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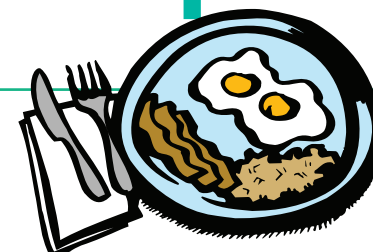
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Other Goodies



PROUD (People Reaching Out for Unity and Diversity) held their annual  
Evening in the Garden fundraising dinner on 27 July at EarthDance.

Their new events pavilion at the Mueller Farm (pictured to the right),  
provided a beautiful setting for our event. Rachel Levi, Managing Director  
of EarthDance, gave us a very informative tour of the farm (pictured  
above).

We also thank Tony Lonero and the Savoy Banquet Center for providing  
the wonderful dinner and decorations.

PROUD is deeply grateful for generous donations from:  
Washington Pro Security, Tim Larson, Mildred Clines, and AT&T.  
PROUD meets on the first Saturday of each month.

**PROUD Evening in the Garden**



**PROUD**  
People Reaching Out for  
Unity and Diversity



PROUD's next monthly meeting is this Saturday:

**Saturday, 07 September 2019, 10:00 - 12:00,**

Ferguson Library, Auditorium, 35 North Florissant Rd.

We will be planning up-coming events including collaborations with Race-  
Forward and hosting Courageous Conversations. Please let me know your  
recommendations and I will include them in the agenda.

Alan Mueller – 314.831.9300

# Edward Jones Perspective

by Joe Meyer

## Be Alert for Opportunities When Preparing for College Costs

Now that summer is winding down, it will soon be “back-to-school” time. When children are young, your logistics for the new academic year may involve little more than a trip to buy school supplies. But if you’d like to send your kids (or grandkids) to college someday, you need to plan far ahead to meet the financial demands. And, as part of your planning, you also need to be on the lookout for all opportunities to help pay those sizable college bills.

Specifically, you’ll need to be ready to take action in these areas:

**Financial aid** – You should start thinking about financial aid at least a year before your child heads off to college. For example, you can begin submitting the Free Application for Federal Student Aid (FAFSA) on Oct. 1, 2019, for the 2020-21 academic year. And if the past is any guide, you’ll always need to remember that Oct. 1 date for the next school year. The FAFSA helps colleges and the U.S. Department of Education evaluate your financial need and determine how much financial support your child requires. And since a lot of financial aid is awarded on a first-come, first-served basis, it’s a good idea to submit your forms as soon as possible once the application period opens.

**Scholarships** – Colleges and universities offer their own scholarships, but you’re not limited to them. In fact, you might be surprised at the number and variety of college scholarships available to your child or grandchild – but to find them, you may need to do some digging. Find out what’s offered from foundations, religious, ethnic or community organizations, local businesses and civic groups. Also, ask the high school guidance office for information. Your own employer might even offer small scholarships. You can find more information on scholarships on the U.S. Department of Education’s website.

**College-specific investments** – You might also want to consider an investment designed to help you save for college. You have several options available, each with different contribution limits, rules and tax treatments, so you’ll want to consult with a financial professional to choose an investment that’s appropriate for your situation.



**Community colleges** – Not every bachelor’s degree needs to begin and end at an expensive four-year college or university. Many students now fulfill some of their “general” education requirements at affordable community colleges before transferring to a four-year school – often saving tens of thousands of dollars in the process.

**Paying for college is challenging.** After all, for the 2018-19 academic year, the average annual cost (tuition, fees, and room and board) was \$21,370 for in-state students at public four-year colleges or universities; for four-year private schools, the corresponding expense was \$48,510, according to the College Board. And college costs will likely continue to rise over the next several years. But, as we’ve seen, by being proactive and having a plan in place, you can go a long way toward coping with these expenses and helping your loved ones enjoy the benefits of higher education.

Joseph Meyer, CFP®  
Financial Advisor  
Edward Jones  
409 S Florissant Rd., STE 1  
Ferguson, MO 63135  
(314) 524-6333  
www.edwardjones.com

Connect with me on LinkedIn

## Labor Day

Labor day began as a significant demonstration demanding rights for workers. In the late 1800s the average American worked 12-hour days and seven-day weeks to eke out a basic living. Children as young as 5-6 years old worked in factories and mines. Fortunately, those days are gone.

So are we celebrating today? The contributions and achievements of the 155 million men and women who are in the U.S. workforce.

### Trivia

All answer begin with the LETTER “Q”

1. Not quite a Big Mac
2. Hexagonal crystals
3. Doctor for ducks
4. Log Cabin, wedding ring or patchwork
5. Barbership Group
6. Former VP’S favorite bird
7. Who, what, when, where, why
8. 5 o’clock or 65
9. Adjective for “brown fox”
10. The Q in IQ
11. Royalty in the hive
12. The boss on the gridiron
13. Effective library sign

See answers at bottom of page 23.

# Q

# Making Candles

Ever wondered how candles are made? Then stop by and make some candles with us! Adults will dip beeswax, & ages 12 and under will make honeycomb wrap candles! Supplies are provided!

Ferguson Public Library | 14 Sept 2019 | Call to reserve a space:  
35 N. Florissant Rd. | 11:30AM -1:00 PM | 314-521-4820  
Ferguson, MO 63135

35 N Florissant Rd. Ferguson, MO 63135



**Q:** What did the pencil sharpener say to the pencil?  
**A:** Stop going in circles and get to the point!



## Learn to Sew!

If you’ve ever felt the desire to make your own clothes or mend a rip or tear, then come and learn the age old craft of sewing!

**1st Monday of every month**  
**6:30pm - 7:30pm**

Auditorium, FMPL  
35 N. Florissant Rd.

Contact rbrandel@fergusonlibrary.net



# September Events



**See some old friends  
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Join us every Mon. & Wed. at 1pm  
Exercise with a certified aerobics instructor from ENVISION Home Health.

**Chair Yoga!**

Join us for a healthy mind and body every Friday at 1:00 pm with a certified aerobics instructor

**Music and Movement Class!**

Join us for a relaxing hour of strengthening Sept. 12th & 26th at 1:00 pm

**Stay Well!**

“Fall Prevention Screening” with ENVISION Thurs., Sept. 19th at 9:30 am. Complimentary Breakfast 9:00 am RSVP by Sept. 13th 314-838-3877

**Fall Celebration** with entertainment by “Bryan Foggs”. Complimentary Lunch following Tuesday, Sept. 24th at 10:30 am.

RSVP by Sept. 20th 314-838-3877



**Under The Hood With Robinwood**  
By Bob McGartland

**What is the Tire Pressure Monitoring System?**

Keeping the tires properly inflated is important for your driving safety. If you are driving a 2008 or newer car, truck or SUV, it has a tire pressure monitoring system (TPMS) already installed. This feature became standard on all 2008 and newer models. Some older models may have the TPMS depending on their year and make.

The TPMS symbol will vary from manufacturer to manufacturer so please familiarize yourself with your vehicle’s system. The most common symbol looks like a cut away tire with the ! in the center of the tire. If a tire loses 25% of it’s recommended tire pressure, the TPMS light should appear.

Even though this is a good warning system, if you routinely carry a large number of passengers, or have heavy loads in your pick up, an underinflated tire can create handling problems and possibly leave you on the side of the road with a flat tire. When the TPMS light illuminates, we recommend checking the tire pressure on all tires. Only one may need air, but checking all of them is a good habit to have.

If the light is flashing, there could be a malfunction with the TPMS system. Your TPMS light may also flash if you

are using a spare tire and the vehicle cannot detect the sensor of the original wheel.

TPMS is a feature that improves your safety while driving. But it is only effective if drivers can identify and understand the light and are vigilant about checking their tire pressure.

A tire that is underinflated by just 5 pounds per square inch can potentially fail. An underinflated tire flexes more than a properly inflated tire, and that creates heat. Excessive heat can break down components and chemical bonds inside a tire.

It’s especially important to be vigilant about tire pressure when the weather is hot and vehicle speeds are high. As we head into the Fall weather with cooler temperatures air pressure will drop in tires. This is also a time to stay on top of your tire pressure. Most automotive shops will routinely check your tire pressure when your vehicle is in for service. Feel free to stop at Robinwood Automotive anytime and we will gladly check your tire pressure!

September in Ferguson means the 7th annual Taste in Ferguson fundraiser event will be taking place on Sunday September 8th, 3-6pm at the Savoy Banquet Center. See the display ad on page 9 for all the details. I look forward to seeing everyone there again this year.

**ZION LUTHERAN CHURCH**

123 Carson Road  
is Celebrating it’s

**110 Year Anniversary**  
of God’s Blessing

A special worship service will be **Sunday, September 15, 2019**, at 10:00 a.m. Guest speaker will be S. John Roth, Bishop, Central/Southern Illinois Synod. ELCA. All are welcome, Hope to see you there.



**Saturday, October 5th, 2019**  
Is Our

**59th ANNIVERSARY**

Drop by and help us Celebrate.  
More details next month in the  
Ferguson Times.

**The Month of September**

September 22nd is the Autumn Equinox.

The definition of a Harvest Moon is: the full moon closest to the fall equinox. The Harvest Moon was thus named because it rises within a half-hour of when the sun sets. In early days, when farmers had no tractors, it was essential that they work by the light of the moon to bring in the harvest.

This moon is the fullest moon of the year. When you gaze at it, it looks very large and gives a lot of light throughout the entire night. No other lunar spectacle is as awesome as the Harvest Moon.

September Gemstone: Sapphire  
September Flower: Morning Glory

More people are born in September than any other month!

**INTRODUCING THE MICHELIN® DEFENDER™ TIRE**  
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1- Based on internal wet braking test results versus Goodyear Assurance® ComfortRed™ touring tire size 185/65R15.  
2- 90,000 mile warranty for H- and V-rated tires; 80,000 mile warranty V-rated tires. See [michelinman.com](http://michelinman.com) for warranty details.  
3- Based on commissioned third-party wear test results versus Continental® ProContact™ with ECOPlus Technology tire size 215/60R16.



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## Traveling With Marveena



by Marveena  
Miller  
Shanahan

Eight hours from St. Louis is what many consider the best amusement park in the world. Cedar Point is located in Sandusky, Ohio, off Lake Erie. The park is comprised of 364 acres and features 72 rides, including 18 roller coasters, a water park, three hotels, a campground, two marinas, and a sports complex.

Cedar Point opened in 1870 and is the 2nd oldest amusement park in the United States; it became a popular vacation spot for the emerging middle class.



Through the years it has had many owners and a variety of visions but in the 1960's it was decided to open as a Disneyland like amusement center. 1964 saw the construction of Blue Streak, its oldest surviving roller coaster (named after the local high school sports team) that you can still ride today. In the 1970's Cedar Point featured several record breaking rides including

Jumbo Jet, Corkscrew, and Gemini. With new management in the 1980's and a new vision, new rides and coasters would propel Cedar Point to the #1 amusement park in the world. Cedar Point would continue to receive the "Best Amusement Park in the World" award for 16 consecutive years. The focus remains on building the largest, fastest, tallest roller coasters in the world.



We stayed at the beautiful Hotel Breakers, a beachfront hotel with 669 rooms, an indoor pool, several restaurants, bars and an arcade. Our room had a view of the park and was less than a three minute walk to the entrance. Along with free parking, a stay at the hotel also comes with a one hour early admit to the park. The park features several other accommodations, including a campground, an indoor water park hotel, a budget friendly hotel and a marina.



The rides are some of the most intense and most fun I've ever been on. Cedar Point has 18 roller coasters, 18 thrill rides, 10 family rides, two kids sections and a water park. We only had Friday night and Saturday so we opted for a Fast-Pass, priority boarding for the rides, and we still did not get through everything.

We visited Cedar Point for Halloween, 2018. HalloWeekends, as it is called, is a must for anyone who loves Halloween, haunted houses, and thrill rides. The event runs the weekends of September and October. Featuring six haunted mazes, six very scary 'scare zones', eight shows, fortune tellers, Halloween games and more Halloween decor than you can imagine; it is top notch for kids and adults. The haunted houses were well managed and with a Halloween Fast-Pass there was very little wait time.

Not to be missed is the "Night of the Living Feed", an all-you-can-eat Halloween themed buffet. The food was delicious, the characters were fantastic and the experience was the highlight of Saturday.

Although it rained the entire weekend, it was a fantastic way to spend Halloween and I highly recommend a visit!



## Invitation to Saint Louis Zoo Community Mapping Event

Throughout this year, the Saint Louis Zoo has been engaging North St. Louis County residents and organizations to shape educational offerings at and around the Zoo's North St. Louis County Campus. You have participated in focus groups, community listening sessions, taken a survey, or indicated interest in future engagement with the Saint Louis Zoo. The University of Missouri-St. Louis Community Innovation and Action Center and MU Extension have been supporting this engagement project by the Zoo. We thank you for sharing your insights with the Saint Louis Zoo to co-design future educational programs. Your input to date has highlighted types of educational programming most desired in North County.

Our next step in this process is community mapping of who currently provides programming in your area of interest, understand which programs you use or work with frequently, and how you would define success. We hope you can join us at one of two community mapping events.

**Tuesday, September 24, 2019 – 6-7:30 p.m.**

North Campus–Saint Louis Zoo, 12385 Larimore Road, St. Louis, MO 63138

**Saturday, October 12, 2019 – 10-11:30 a.m.**

Ferguson Community Center, 1050 Smith Avenue, Ferguson, MO 63135

Registration is required. As a thank you for attending the event, one participant per household will receive a \$25 VISA gift card. We also hope you will share the info about this community engagement event with other North County residents and organizations.

If you have any additional questions or want to register by phone, please contact one of the following Zoo staff:

- Julia Thorne: [jthorne@stlzoo.org](mailto:jthorne@stlzoo.org) or (314) 376-2315
- David Githinji, Ph.D.: [dgithinji@stlzoo.org](mailto:dgithinji@stlzoo.org) or (314) 376-2312
- Quinton Ward: [qward@stlzoo.org](mailto:qward@stlzoo.org) or (314) 376-2314
- Daria Keys: [dkeys@stlzoo.org](mailto:dkeys@stlzoo.org) or (314) 376-2313

# Get Well

## Family Chiropractic

For Pediatric Development & Adult Health

**Dr. Robyn Lawrence**  
314-524-2580

dr.robyn@getwellfc.com



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Florissant, MO 63031**

### Benefits of Visiting a Chiropractor During Pregnancy

Pregnancy is an exciting experience, but it is often accompanied by aches, pains, and other unpleasant symptoms. A chiropractor can offer relief and can even help to make for a smoother delivery. Although chiropractic care generally poses no risks for pregnant women, you should get your doctor's approval first. Here are a few reasons to get chiropractic care during pregnancy.

#### Less Nausea

Morning sickness, particularly common in the first trimester, can be one of the most disruptive symptoms of pregnancy. By aligning your spine, a chiropractor can help your nervous system function better and balance your hormones to keep nausea at bay. Some pregnant women experience nausea as a result of digestive issues, and chiropractic care can address those problems as well.

#### Pain Relief

As pregnancy progresses, your protruding abdomen and the weight of your baby create an exaggerated back curve that can lead to pain in the lower back and hips. A chiropractor can gently restore a more natural curve to your back, alleviating some of the pull on your spine and the surrounding muscles. Many pregnant women find that chiropractic care also provides relief from headaches caused by fluctuating hormones.

#### Easier Delivery

When your body is in alignment, your bones, joints, and nervous system can work together to enable it to function more efficiently. Women who receive regular chiropractic adjustments during pregnancy often have shorter labor and delivery times. A chiropractor can perform adjustments to align your pelvis and allow your baby to move into the proper position for birth. This can help you have a natural, noninvasive delivery without complications.

Get Well Family Chiropractic in Florissant, MO, offers a holistic approach to health and wellness. If you suffer from neck pain, back pain, or headaches, Dr. Robyn Lawrence and her wellness center team provide a variety of treatment options. Call (314) 524-2580 to schedule a chiropractic appointment or visit their website to learn more about their philosophy, techniques, and services.

*Dr. Robyn's Office Hours:*

Monday, Wednesday, Thursday 10:00 am to 1:00 pm – 3:00 pm-6:30 pm  
Tuesday, 3:00 pm to 5:30 pm Saturday, 9:00 am-Noon



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## SCHOOL SAFETY TIPS FROM THE FERGUSON POLICE DEPT

The Ferguson Community would like to welcome, both returning students and new students to area schools. Here are a few tips to keep in mind for a safe academic year:

- Be aware of your surroundings at all times
- Report suspicious activities
- Walk in groups
- Familiarize yourself with school policies
- Support your school's effort to enforce safe rules
- When riding the bus remain seated while the bus is moving
- Keep your hands, arms and head inside the bus at all times

Parents and guardians please remember to discuss an emergency plan with your children, which should include; a name, number, address and password to be utilized by only you and your child/children.

We look forward to working with the families to make more positive changes in our community. A great start promotes a greater finish.

SRO (School Resource Officer)  
M. Merriwether

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**Saturday, Sept. 21st  
10:00AM - 1:00PM**

Ferguson Municipal Public Library  
35 N. Florissant Rd., Ferguson, MO 63135

### Women's Voting Rights Celebration

The Ferguson-Florissant (North County) Branch of the American Association of University Women kicks off its centennial celebration of women getting the vote with an opening reception on Sunday, September 15.

The reception will be held from 2:00 to 4:00 pm in the Parlor of the First Presbyterian Church, 401 Darst, Ferguson. Virginia Minor, aka Barbara Kay, will visit and explain her actions in trying to get the vote for women. After unsuccessful attempts in lower courts, her case landed in the Supreme Court, where she was also defeated.

Refreshments will be served. For additional information, call 314-522-0413, 314-831-5359 or 314-921-7109. Information will be available at the reception on the many initiatives AAUW pursues for women's rights. Everyone is invited.



## Membership Meeting

**Thursday, September 12th**  
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## Sherlock's Pal



I remember the first time I was asked to write a CV as I was searching for employment. I had no idea what that meant so I looked it up and discovered that "CV" is an acronym for curriculum vitae. Because my Latin is rusty, I mean, non-existent, I assumed this had something to do with the classes I took in college, you know, something about the curriculum of my degree plan. I assumed that any prospective employer was super-interested in what I had learned in school. Nah, they only cared about my diploma, not the curriculum that got me the diploma!

Finally, I unearthed a sample CV and discovered that what I was being asked to do was produce a fancy resume, something with a little more pizzazz than an ordinary resume. Unfortunately, I had no pizzazz at that point in my life—I hadn't done anything interesting other than going to school and selling groceries—so let's just say that my CV left a lot to be desired. My CV is much longer these days, thanks to all the teaching, preaching, writing, and putting I've done through the years. Yes, I said "putting." In case you missed that particular *Ferguson Times* column, I have enjoyed a few stints as a "professional Putt-Putt putter" over the years. (I put "professional Putt-Putt putter" in quotation marks because of the surreal nature of being a professional Putt-Putt putter.)

Upon further investigation, I learned that the phrase "curriculum vitae" is Latin for "the course of your life." (I assume this is Latin because apparently the Latin's won an ancient war and declared their selves for all time to be "The Language We Use to Sound Smart.")

And it does sound smart to list all of one's life's accomplishment on a piece of paper with the heading (written in the language of the victors), "The Course of Your Life." If I am ever asked in the future to produce a CV I will definitely use that heading in English, snubbing the ancient Latin victors. After all, I don't want a naïve and inexperienced person to think that I am simply bragging about my course curriculum at Baylor University in the early 1990s.

A CV, in other words, is that which describes a person's life "flow" as if life were like a river. (If life is a like a river, then I guess the Grim Reaper is actually a malevolent beaver that dams up "the course of your life.") Not to belabor the river analogy, but sometimes I feel like my life is floating down a gentle river in a canoe; other times I feel like I'm standing on the bow of a speed boat riding the choppy waves of a cool and windy April morning.

Recently I helped my wife put together "the course of her life" on paper. While doing so, I realized that she is one-of-a kind. In fact, she probably has her own river. She is the only person in the known universe that can say (with a straight face): "I am a Catholic Woman Priest" (she's part of the worldwide women's priest movement that is, ahem, not recognized by the Vatican), a Kentucky Colonel (which is the highest civilian honor in the state of Kentucky), has studied and earned degrees in psychology, special education, art, and theology, and is married to a United Church of Christ minister who is a professional Putt-Putt putter. That's a weird river.

Dr. Jimmy Watson  
Pastor, Immanuel United Church of Christ  
Ferguson, Missouri

If your CV is sort of weird as well, please email me at [sherlockspal@yahoo.com](mailto:sherlockspal@yahoo.com). If you would like me to share bits and pieces of "The Course of Your Life," I would be happy to do so in future columns.



## Card & Paper Club!

If you like scrap booking or card-making, then you need to join our club! Each class will have one card craft with supplies provided!



**3rd Saturday of every month**

**12:00pm - 1:00pm**

Auditorium, FMPL  
35 N. Florissant Rd.

Contact [rbrandel@fergusonlibrary.net](mailto:rbrandel@fergusonlibrary.net)





## Garage/Estate Sale

**Saturday, September 14**  
all furniture and kitchenware,  
china pieces, and more

North Hartnett Ave.  
in Ferguson

Signs will be posted.



## Blessed Teresa of Calcutta

We welcome the Ferguson Community (especially anyone who has been away for a bit, or for quite some time) to join us for the celebration at the Eucharist for the Feast Day of our patroness . . .

### Mother Teresa of Calcutta

in living out the Gospel of Jesus by  
**"doing small things . . . with great love!"**

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September, 2019 By Bob McCarty  
**How to Paint your House to Last (Part 2)**

To continue with our project at hand, let's get your house painted so that you won't have to do it again for quite a few years. But first, let's recap what we have already done. As was said in our last conversation, you have cleaned the house,

scraped and sanded those scraped areas, repaired any rotted wood, primed and caulked. If you have done all of that, you are almost ready to paint. Let's pick some colors.

If you're not planning to paint using the same colors or you haven't already made your choices, you will need to do a little research. One way to find that perfect color is to drive around and look at how others have painted their houses. Find a style of house similar to yours and something you like. Just don't pick the same colors of your neighbor's house, go to a different neighborhood like Florissant, U-City, Webster, or Kirkwood.

Just pick out some colors similar to what you found or what you like and pick up some sample cans. These cans come in small quantities, but it's not really a paint that will protect your home. These paints don't have the same ingredients that the final finish will have but they will help you decide on a color. All you will need to do is put some color swatches on the north side of your house, allow to dry and look at these colors at different times of the day. Do this for a couple of days and if you really like what you're seeing, then you're ready to go. If it's not exactly what you want, keep looking. It's a lot cheaper to go this route than to paint the whole house and then decide you don't like it. The paint swatches should be large enough that you can see the color, my suggestion is to make the swatches at least four-square feet.

If you live in an old Victorian or similar house, you may want to do a search at how the people who built these houses used color. It's very interesting. One thing that I will share with you about painting a historical house, the window sash was painted dark, almost black, and the casing around the window was painted a lighter color. This is to create a shadow to add depth and interest to the house, as if a Victorian house needed more interest. Up to this point, the house is prepped and the color swatches have been approved and your neighbors are thinking, have they gone out of their minds. Let's get to the fun part, applying color.

I'm sure you've heard the old adage, 'you get what you paid for'. This is especially true with paint and the tools you will use to apply the paint. Don't be afraid to spend a few extra dollars on your paint. Higher quality paints cover better, the ingredients are of a finer quality, and those ingredients are ground finer than in a lesser paint. You add that all together and you get a paint job that will last longer. If you have used the sample paint swatches and you have some left over, just mix it into your first coat of paint. It won't hurt the paint any and you won't have half empty paint cans laying around. Of course, if you had to go through a lot of different cans of sample paints and you're not using those colors, you will have some cans stored in the basement, or some colors for some craft projects.

Brushes and rollers also need to be of a higher quality. Just don't scrimp on your tools because that will be the difference between a fine job and working harder to try to get that fine job. Better brushes and rollers hold more paint and stay together longer, even after cleaning. I have found that when using cheaper brushes, the paint tends to build up close to the feral where the bristles meet the handle; they begin to finger soon after beginning the job and you will have a hard time cutting a smooth clean line. If you plan to use a roller, the cheaper ones tend to roll some paint off of its edges leaving ridges or what we call ropes in the trade. If you don't catch these ropes before they dry, you'll need to sand them off or live with them.

A word about using a sprayer, especially if you don't use them often. You start to think, "I'll have this job done in no time." The trouble with that train of thought is that you will be putting the paint on too thick or too thin. If it is too thick, gravity will follow you and before the paint has a chance to dry, it'll sag, which causes more sanding. If the paint is too thin, you won't be getting the DFT (Dried Film Thickness), that is needed to protect your home. I do not recommend using a sprayer unless you have been trained to use one and are proficient with them.

Two coats. Always two coats. Remember those DFT's? You need a good film of paint on your house to protect it from Mother Nature. And don't think that if it feels dry that you can paint right away. If you apply the second coat before the first coat has dried thoroughly, you're asking for a premature paint failure. Check the back of the can for dry times and you will have a pretty good idea on how long each coat will take to dry thoroughly. Unlike in business, you start at the top and work your way down. This way, you will avoid any drips and splatters on the areas below where you're painting.

Don't paint in the direct sun. The heat of the sun will cause the paint to dry unevenly and faster than you want it to causing an early paint failure. Do you remember all of that scraping you did earlier? You won't want to do more of that until next time your house needs painting many years from now. Besides, working in the direct sun can become uncomfortable and comfort is always on my to do list. If you happen to step in a bucket of paint or any kind of spill, large or small, clean them up immediately. It will clean up easier than if you wait until it is dried. If you started at the top and you splatter some paint below where you're painting, just use your painters rag, (did I forget to mention 'Painters Rags'?) and wipe it off, by the time you get to that area, it will be dry enough to paint.

Clean your brushes with soap and water making sure to force any paint at the feral out of the brush. This can be done with soap and water and by rubbing the soapy bristles down and away from the feral. I use the three-bucket approach when cleaning my brushes. After the soap has been

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rinsed from the brush, I spin as much water out of the brush as I can by rolling the handle between the palms of my hand. I fill three buckets with clean water and rinse in each bucket, spinning out the water from the previous rinse before rinsing in the second bucket and so on. When the last rinse, when the water is clear in the bucket, one last spin around the palms and back into the sleeve that came with your brush and it will be ready for your next paint project.

Don't settle for a bargain basement paint job because the short-term savings inevitably ends with greater long-term costs. As with anything, doing work the right way is expensive and time consuming, but in the end, very satisfying. Now step back, pat yourself on the back, and enjoy your freshly painted house.

I hope you enjoyed my house painting tutorial and if you happen to be painting your house this year or in the next few years, you can use this to help you get a paint job that will last many years. Just remember, if you want your paint job to last, you will need to be doing an occasional inspection. If you see something that needs to be repaired or repainted, do it right away to avoid doing this all over again sooner than you want. Until next month, Bob is on the job. If there is anything that might interest you in old house maintenance, let Bob know at [paintedeffects@sbcglobal.net](mailto:paintedeffects@sbcglobal.net) and he will address your issue.

## Ferguson by Foot

By: Margaret Wolfinbarger



I remember the day I walked into Aldi and picked up an avocado. I had never considered consuming such a creature before, but a good friend of mine insisted they were healthy, and since I was desperate to lose weight, I was willing to try one.

The strange organism glared up at me from the bin like an inanimate reptile. I quietly wondered if it would sting me and looked around nervously before I picked up the weird fruit. I ran my fingers along the skin and quickly put it down. I picked up another one. I was no less consoled. My friend told me it was her favorite thing to eat but several questions immediately came to mind. How does one actually eat an

avocado? Does one peel it or eat it skin and all? More importantly, what does it taste like? Sweet? Sour? Bitter? Suddenly I thought of the 1983 television miniseries, "V" and wondered, is this what the aliens looked like before they hatched?

I thought about the time we went to Florida and my husband insisted we try fried alligator. He was actually drooling over the golden strands of fried monster and snatched at it like a starving gull as soon as the waitress set down his plate. Ten minutes later he was still chewing on the first bite. I had already spit mine out. I don't enjoy fried rubber.

I took my avocado to work. I set it on my desk and thought, "I'm going to eat that for lunch. It will make me thin. My friend said so." I watched it for a few hours and it didn't move so I called her. "Hey, how exactly does one eat an avocado?"

She laughed. I said, "I'm serious." She told me to peel it. "Do I need an orange peeler?" Silence. "Margaret, you just peel and eat it. Be careful. There's a seed in the middle."

The creature was hard—like a fossilized dinosaur egg. I pulled out my orange peeler anyway and went to work, but the darn thing wouldn't budge. I was confused. She said it would be easy. Why was I having such a hard time? I called her again but this time she didn't answer. I guess by this point she had arrived at the conclusion that I actually am a moron. I don't disagree.

Finally, I made some headway. Light green flesh appeared. I was excited. I had breached its armor and no pinchers emerged. I sniffed it but there was no smell. I poked at it and it did not recoil. It was relatively slimy and not at all appealing. Still, the promise of thinness beckoned. I set the creature back down. I stared at its exposed underbelly and said, "I've got this." Then I took a deep breath, sliced into the flesh, and was completely confused. It was still hard. I stabbed at it and the knife barely made a dent. Frustrated, I pried down on the impervious orb with one hand and sawed at it with the knife. I shaved off a sliver of mutilated beast and popped it into my mouth before I could chicken out.

Suddenly I was chewing paste. Not the good minty kind of paste one eats in Kindergarten at the beginning of the year, but rather the stale dried out paste that is stuck to the bottom of the jar a few months in. Nothing about the avocado was tantalizing to the taste buds. So I threw it in the trash. I wasn't even disappointed—just relieved I could check that item off my fad diet list.

When I ran into my friend a week later I told her I didn't understand how in the world she could eat such a strange food. She looked at me like I was the alien. Then she said, "Was it ripe?"

"Ripe? What are you talking about?"

"You have to let them ripen," she said. "It takes a few days for them to soften up." She paused and then said, "You do know they use avocados to make guacamole, don't you?"

Gulp.

Fast forward a few years and I am now an avocado expert. I happily give lessons to the avocado ignorant in the produce aisle, for which they are eternally grateful. And the morale of the story is, alligators and avocados have absolutely nothing in common other than their dark green skin.

For more inspiration, follow me on my blog: [www.destinationdiscipline.com](http://www.destinationdiscipline.com).

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between the garage and home, once a breezeway, has been transformed into a breakfast room just off of the kitchen. Large Living and Dining rooms provide lots of entertainment space as well, and the very private backyard is the perfect spot for the fire pit and bar-b-q. The Fall sales season has just begun and interest rates are terrific so give us a call today! Don't WAIT!

### Riverwood Estates

If you are looking for more living space and want to stay in the N County region, give Barrietta Killiebrew at 314 497-0229 a call to visit this wonderful home! This Riverwood Estates two story, features fresh updates to the kitchen and the four full and half baths.



The four bedroom home has been tastefully decorated throughout. Almost 3100 of living space is available for entertaining and family activities including a walkout lower level and the lot backs to wooded common areas. Riverwood Estates is close to shopping and Hazelwood West high school and within 3 miles of I-270 and I-370. Call Barrietta for your appointment to visit!

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## STLCC-Florissant Valley Unveils Emerson STEM Academy

**\$1M grant from Emerson made the dedicated space and enrichment programs possible**

Three engineering classrooms on the campus of St. Louis Community College at Florissant Valley are now home to the Emerson STEM Academy. The space, located at 3400 Pershall Road, in Ferguson, was dedicated Friday, Aug. 16 at 10 a.m. during a ribbon-cutting.

"We are extremely grateful to Emerson for their generosity and commitment to students in North County. Among other things, their \$1 million grant is making the renovation of this space possible and really speaks to the company's interest in sharpening young minds and pointing them toward careers in science, technology, engineering and math that are full of opportunity," said Dr.

Steve White, dean, science, technology, engineering and mathematics. By September, renovations will be complete and furniture and technology will fill the space that will house tutoring services for students as well as a computer lab and quiet place for studying.

The Emerson STEM Academy is open to students who attend high school in the College's service area -- Ferguson-Florissant, Hazelwood, Jennings, Normandy, Pattonville, Ritenour, Riverview Gardens and Special School District (North Tech) districts -- and are either part of the dual credit, dual enrollment or early-college academy program for high school students.

## Ferguson-Florissant School District Launches Safety Campaign, "Let's Be Clear, No Weapons in Our Schools!"

Dr. Joseph Davis, superintendent of the Ferguson-Florissant School District, announced the launch of a new safety campaign, "Let's Be Clear, No Weapons in Our Schools!" The campaign is an initiative of the district's comprehensive safety and security plan called CUBES, which stands for clear Communication, clear Understanding, clear Book bags, clear Expectations and clear Supports.

"We are launching the Let's Be Clear campaign in light of the many school shootings throughout the country, recent incidents of weapons on our campuses and Governor Parson's School Safety Taskforce Initiative," said Davis.

A major component of the campaign provides each student in grades six through 12 receiving a complimentary clear book bag.

"Secondary students were only permitted to use clear book bags starting with the first day of school in August," said Davis. The clear book bag comes with a small opaque zippered pouch to allow students to conceal personal items and valuables.

In addition to the Let's Be Clear campaign, the district's comprehensive security plan, CUBES, also allows for additional school resource officers (SROs) in secondary schools and security officers in all elementary schools. Previously, elementary schools did not have security officers.

"The officers will focus on building relationships and educating our students about safety, the students' role as citizens, and how to communicate and collaborate to have safe schools," said Davis. "The heart of this initiative is to build relationships and bridge gaps so that all of our students will grow to become lifelong contributors to the success of the societies in which they work and live."

The CUBES security plan also includes a revised Student Expectation Code with a more restorative approach, and additional social-emotional and behavioral supports, as well as, a commitment to keeping open lines of communication with students, parents and staff.

## Ferguson Area High School Seniors To Receive Free T-Shirt With Special Message

In an attempt to help curb the senseless innocent killings in our community, beginning with Ferguson, there is being launched an effort to encourage people to reverence and respect the right of human beings to exist.

A tee shirt is being given to all Ferguson area high school seniors. The tee shirts will have a slogan "I'M ALIVE. LET ME SURVIVE!" The shirts cost \$10 each and tax de-

ductible contributions are being sought throughout the community in order to cover the costs.

Individuals and businesses may donate funds to Grace Chapel Ministries, p.o. box 952, Florissant, Mo. 63032 or through its website [www.gracechapelministries.org](http://www.gracechapelministries.org). The ministry may also be contacted at 314-995-5013.

## You Should Be Concerned When This Plant Goes Vertical



**Take action to remove an aggressive, exotic vine that is invading Ferguson and Missouri.**

It's called wintercreeper euonymus, and it can tolerate full sun, heavy shade and moist soil conditions. It establishes easily in disturbed or neglected soil, so many places where humans have altered the landscape are prime ground for wintercreeper colonies. The vine's aggressive growth robs native plants of their chance to grow, preventing them from being vital food and nectar sources for beneficial wildlife such as pollinating insects.

Beyond the ground level impact (when it climbs trees and structures), the vertical vining growth of wintercreeper euonymus can impose structural damage, and potentially inflicting death to trees and shrubs.

Wintercreeper euonymus can be identified by its dense groundcover up to three feet in height. Its thick, glossy leaves are oval-shaped, no more than 1 inch in length, and easily identifiable by silvery white veins. Smooth, pinkish fruits mature in the fall.

In most cases, the vines are cut, treated and left on the tree to fall off on their own accord thereby eliminating bark damage.

This vine is everywhere in Ferguson. If it starts growing up your tree trunk, remove it immediately.

### The Best of Ferguson

by  
Ruffina Farrokh Anklesaria, M.A.  
will not have a column for few months,  
but will return in the near future.



## Crafters Needed

Blessed Teresa of Calcutta Craft Fair  
120 N. Elizabeth Ave., Ferguson, MO 63135

Saturday, November 16 | 9 am - 2 pm

\$25 A table

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Questions and Sign up (314) 488-0527 or  
[LauraSteinmann@yahoo.com](mailto:LauraSteinmann@yahoo.com)



# The Ferguson Computer Corner

by Doug Neely!



SEPTEMBER, 2019

...and the big holiday this month is LABOR DAY, and we will be celebrating it on the weekend of Monday the 2nd. (yeah, i know! you are celebrating RIGHT NOW, aren't you? well, that's ok, as long as you are sober when you read this column! LOL!)

Things We Wonder About, dept.

if not we, then some of us, or at least me! :) herewith, i present to you those wonderings that i have had recently. feel free to relate! :)

1. it seems that the world's most installed OS is Android. since Android is used (mostly) for cell phones and tablets, this seems reasonable to me. (note: i searched for COMPUTER operating system, NOT CELL PHONE OR TABLET operating system. does that suggest that people now consider their cell phones & tablets to be computers, and not their laptops/notebooks and desktops? that would be very interesting, would it not?)

2. what is the world's most popular windows OS?

in the early months of 2018, win10 became the most popular (read most installed) OS. this is a bit misleading, especially when you consider that win7 was no longer available for purchase, and support for it was dwindling away. also, when win7 got sick, and had to be re-installed, a lot of people lost their win7 installation "kit", and were forced to buy win10, artificially pumping up the numbers for win10, while lowering the numbers for win7, even tho most of us still wanted win7. i believe that most people today would prefer a supported win7 over win10, but this is not a choice we can make. it's kinda like saying i like the cool cars from the 50's, 60's and 70's, but those are not available choices, nor are PARTS any longer made; we are limited to much newer choices only. what's a body to do???

3. what is the most popular brand of computer?

we have a problem here, similar to the above. someone may want a Dell, but can only afford an LG (when you buy anything branded LG, you are supporting the Chinese MILITARY, as ALL OF THE PROFITS GO TO THEM. you see, the Chinese companies are OWNED BY THE CHINESE GOVERNMENT! didn't know that, did you?). there are many other reasons that someone would buy one brand over another. anytime you do a search for "most popular", the only way to do it is to use sales records, and that screws up the results. keeping this in mind, here are those results.

- 1) DELL
- 2) APPLE
- 3) HEWLETT-PACKARD (HP)
- 4) ACER
- 5) ASUS
- 6) LENOVO (LG)
- 7) SONY
- 8) ALIENWARE
- 9) SAMSUNG
- 10) TOSHIBA

many times i am asked which brand i prefer, and extreme disappointment ensues when i say i prefer UNCLE DOUGIE PUTERS! (you will not see this brand in any store or on any website; it is a "special order", so to speak. LOL!!! but, i will tell you this: i don't make my own laptops/notebooks, altho i could, it is just too time-consuming, and i still cannot get exactly what i want. yeah, i am kinda picky! therefore, i select on the basis of what works for me at the time i need one. over the years, i have selected one Dell 14", and 3 hp's, 17", 12", and 10". one more thing...i got them all used. then i fixed them. then i upgraded them. now they do what i want them to do, and they are reliable. and i like them. a lot. that's why i have four. one of these days i may have to make some tough choices again. oh, well!

4. what is the best OS?

well, here again, the internet is thinking: what is the most sold. most sold is not best, so i will tell you what i use, and you can make your own conclusions.

my pick for playing older games: XP and win7.

(honorable mention: win 3.1)

my pick for using the internet: Ubuntu Linux.

my pick for safest/most dependable: Ubuntu Linux.

my pick for traveling: Ubuntu Linux.

my pick for most enjoyable to use: win7.

(quickly moving up is Ubuntu)

my pick for writing this column: any of the above, however right now, i am using win8.1 on the dell

all-in-one "desktop" upstairs in the bedroom. it is a "newer" unit, and i had a copy of 8.1, and i do NOT like 10 at all, so i used 8.1, so as not to have to use one of my few remaining copies of win7. one day, i may decide to replace 8.1 with Ubuntu, but that's gonna be a while, like after 8.1 is no longer supported. at that time, i plan to run Ubuntu on everything, except for the gaming puters.

ME GO NOW!

i would caution you all that support for any OS will one day expire. the one

## Janice DeMarr Celebrates 25 Years of Working at Paul's Market



That's Janice at the far left, with Theresa Woytus and Patti Woodward-Ulmer.

If these ladies look familiar, it's no wonder. You've seen their friendly faces around Ferguson for many years. In fact, Janice DeMarr (pictured on the far left) will be celebrating 25 years of working in the community on Friday, September 6th. Janicee was employed at Rinderer's Drug Store before beginning as cashier / grocery associate at Paul's Market, which, incidentally, will be having their own 59th Anniversary Celebration in October.

Tracy Crump, co-owner of Paul's Market says "Janice is part of the fabric of Ferguson. She is trustworthy, honest and hard working." Drop by on September 6th to say 'Hi' to Janice and wish her a "Happy Anniversary".



## A United Community Helped Save Our Bus Route

Greeting Yes Sayers:

It's official! We retained our Bus Route #79 between Suburban and Dade Avenues, a well as Bus Route #38 South Florissant Road. Retro Reimagined, an entity of the Bi-State Development Agency/Metro had plans to discontinue our Bus Route #79 within the heart of Ferguson in the Fall of 2019. I thank God for that mustard seed of hope He planted within me, and the valley of change agents who chose to advocate and wait for someone else to make a difference. For every prayer, ordered step, meeting, letter, volunteer, phone call, media publication, interview, social media post, naysayer, moment of research petition and survey participant, all of the countless hours of pursuing this journey, and all of my believers, I say THANK YOU! The thought of walking a mile or more versus two blocks created a movement to retain our access to convenient, affordable and safe public transportation for Ferguson.

The schedule says we will have service on the weekdays, Monday through Friday on Route #79 North and South Bound from the North Hanley Transit Center. It will alternate between Suburban and Dade Avenues as well as Florissant Road until 7:00 p.m. After 7:00 p.m. and on weekends Route #79 will only service the Suburban and Dade route.

The lack of public transportation in our business district will drastically alter the economics in our community. It would be beneficial for the business owners and the consumers to advocate for services during these times. You can contact the Mass Transit Executive Director, Jessica Mefford-Miller at [jnmeffordmiller@metrostlouis.org](mailto:jnmeffordmiller@metrostlouis.org). To see our bus route and schedule, go to [Metro Reimagined.org](http://MetroReimagined.org).

Ms. Erica M. Brooks, Grassroots Organizer

A Ferguson Resident/A Tax-Paying Registered Voter/A Bus Rider

The Community is invited to bring their pets to the

## Pet Blessing

on  
Sunday, October 6th, 2019. at 2:00 P.M.  
at  
the January- Wabash Park Pavillion # 1.

All are WELCOME ! Please come and enjoy the fun.

thing that will NEVER EXPIRE is JESUS' SUPPORT. He will always be there for us, especially when we leave this old earth. then you can trust Him to take you to heaven to live forever with Him. He will support us forever! tho we do not deserve this, He loves us that much! BLESSINGS!

IF YOU would like to get some FREE answers to your puter issues, call Doug at \*314\*521\*1789\*. most any day during the afternoon or evening hours. You can also email him with a brief message at: [fergusoncomputercorner@aol.com](mailto:fergusoncomputercorner@aol.com)

Response will be by phone, so be sure to include your phone number. Also, you must put the phrase "i need puter advice" into the subject line of your email, so it does not get rejected. THANK YOU!

# Artful Considerations

by Robin Shively

"Paintings people really don't understand... They don't really get paintings. Quilts they do understand because everybody has a quilt in their house." - Faith Ringgold



On October 4th, Good Shepherd Arts Center, 252 S. Florissant Road, hosts an artists' reception from 5 till 7 p.m. for the opening of "Three Women: Visions and Voice," an exhibit by ArtFiber St. Louis. This exhibit is part of the "Innovations in Textiles" collaborative event which will be presented during the fall throughout the St. Louis region. Ferguson resident Laura Saunders Kaiser, along with fellow fiber artists Deb Lewis and Pat Owoc, are the members of ArtFiber Saint Louis. The group began in 1996 as Art Quilt Alliance, but in 2005 they took the name ArtFiber Saint Louis to reflect the widening interests of members.

Laura Saunders Kaiser is a mother of three young children and often draws inspiration from seeing a child's approach to creativity. Her own art is playful, experimental, and reflective of joy; as well as proof that sleep deprivation can be overcome by creative energy and caffeine. She enjoys dyeing her own fabrics, using texture, and incorporating indecipherable text elements into her pieces.

Deb Lewis, a former computer programmer, enjoys the free expression allowed by creating with fiber that programming lacks. Her fiber work is inspired by nature and often incorporates humor or whimsy. Up-cycled fibers, hand stitching and making her own fabrics play big parts in her work.

Pat Owoc bases much of her work on story. Early works dealt with family, ancestors, and animals; later works speak to the environment, politics, nature, health concerns and aging. Pat uses a wide variety of surface design techniques such as fiber reactive and disperse dyes, cyanotype and silkscreen to illustrate her stories. Her work is often embellished with antique ephemera, rusty nails and wire, and family photos.



Laura Saunders Kaiser



Deb Lewis



Pat Owoc



Good Shepherd Arts Center is holding a "Y-ART" sale on **Saturday, September 14th**, from 7:00 a.m. through 5:00 p.m. In addition to the opportunity to purchase art and art supplies at greatly reduced prices, some furnishings and office supplies will also be offered for sale. For more information, contact the GSAC at 314-522-1155.

If you are interested in volunteering by providing arts and crafts opportunities for children in our community, contact Good Shepherd Arts Center. They have been providing "Art at the Market" during this year's season of the Ferguson Farmers Market, and are looking for art activity facilitators for the 2020 season.

To submit information about local artists and art events to be included in future columns, contact Robin at [cornersframing@gmail.com](mailto:cornersframing@gmail.com).

## Flower Valley Quilting Guild To Hold Quilt Show September 21-22

The Flower Valley Quilting Guild, based in Ferguson for more than 30 years, will hold its 18th biennial show on Saturday, Sept. 21 from 9 a.m. to 4 p.m. and Sunday, Sept. 22 from noon to 4 p.m. at a new venue: St. Angela Merici church, 3860 N. Highway 67, Florissant MO 63034.

Admission is \$7 for anyone age 12 and over, at the door.

The show will feature more than 200 quilted items including full-size quilts, wall hangings, miniatures and clothing. Visitors can vote for their favorites in several categories on Saturday and ribbons will be in place on Sunday. The guild will hold a drawing for its 2019 raffle quilt on Sunday afternoon.



The quilt, "Blueberry Swirl" was designed, paper-pieced, and assembled by members of the guild out of batik fabrics that members contributed. It was quilted by Janice Davis.

Raffle tickets may be purchased at the door during the quilt show. Jennifer English of Florissant designed this year's raffle quilt. She will be the featured quilter in a special display of her work. She taught herself to

quilt while watching a quilting program on television over 30 years ago. She estimates that she has made at least 150 quilts, and that

she has given over 100 of them away to family and friends.

A new feature of this year's show will be a "bed turning" display of antique quilts owned by guild members. There also will be a brown bag raffle for gift items, demonstrations of quilting techniques, and a vendor aisle with fabric, patterns, books and accessories. Certified quilt appraisals by Ann Hazelwood will also be available.

The Men's Club barbecue wagon will provide concessions on site during both days of the show.

Flower Valley Quilting Guild was established in 1985. Approximately 70 members strong, the guild offers workshops throughout the year and annually donates dozens of quilts to local charities. General meetings are the third Thursday at 7 p.m. at Zion Lutheran Church, 123 Carson Road, Ferguson.

For more information about the show, call Debby Hughey at 314-723-5753 or visit the guild web site at <https://sites.google.com/site/flowervalleyquiltguild>

Because of vacations and prior commitments, last month's Ferguson OnWatch meeting was not held in August.

September's meeting will meet Wednesday, September 11 at 7:00 p.m. in City Hall.



## Ferguson Youth Initiative Calls for New Board Members

Help us build stronger communities, #SupportOurYouth



The Ferguson Youth Initiative (FYI) invites applications for new members of its Board of Directors. This call coincides with the start of a new school year and presents a unique opportunity to work in partnership with the Ferguson-Florissant School District, local and state officials, and the business community for the betterment of youth in north St. Louis County.

The online application may be found at:

[https://docs.google.com/forms/d/e/1FAIpQLSd7M59M838rRIQDw-PqaFpR0AZpZKrgJYOPmWmt2sVQKpP96Xw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSd7M59M838rRIQDw-PqaFpR0AZpZKrgJYOPmWmt2sVQKpP96Xw/viewform?usp=sf_link)

FYI is a community-based 501(c)3 nongovernmental organization established in 2010 to empower the youth of Ferguson and surrounding municipalities to become engaged and contributing citizens. Its programs include job-readiness training, computer literacy, safe after-school social and sports activities, monthly art and poetry slams, and bicycle maintenance. The FYI Ferguson Youth Advisory Board enables youth to work directly with the Ferguson City Council on public policy issues. All FYI programs were identified and created in response to the needs and requests of the youth of North County and are open to young people 13-19 years old.

FYI seeks a highly engaged and diverse Board of Directors. Its current members include the Superintendent of Ferguson-Florissant School District, the Principal of McCluer High School, a Councilwoman of the Ferguson City Council, an Alderwoman from Bellefontaine Neighbors, the Director of the University of Missouri Extension program, and local pastors and writers. Board members are actively engaged with the youth and a growing network of business and civic partners.

As FYI approaches its 10th anniversary, serving on its Board represents an opportunity to make meaningful change and contribute to the revitalization of North County communities through the development of a new generation of leaders and engaged citizens.

For more information, please visit [www.fyiferyouth.org](http://www.fyiferyouth.org) or contact Executive Director Aaron Harris at 314.749.5379. Applications should be submitted by Sept. 11, 2019.



## Ferguson Police Officer Act of Service

Officer Adams responded to a medical call where a resident cut off her toe while cutting her grass. The resident was taken to the hospital for additional medical treatment and Officer Adams finished cutting her grass for her. The Police Department and the City would like to commend Officer Adams for his true act of service.”

## Immanuel UCC Card/Game Party LUNCHEON

Thursday, October 10th

Doors open at 10:00 a.m. – Lunch at Noon

Lunch includes: Ham Sandwiches,  
Homemade German Potato Salad and a variety of  
Homemade Desserts

### Many Raffle Prizes

Bring your friends for a table of card playing  
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**Event Tickets: \$10.00**

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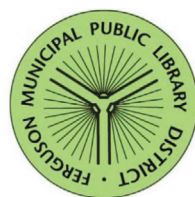
Call for Tickets: 314-521-7324

Immanuel UCC, 221 Church Street, Ferguson



Saturday, August 10th – at the Ferguson Farmers market

Volunteers help paint a Metro bus. Young and old helped paint the bus which is pictured above after its transformation.



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If you answered yes to any of these questions,  
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**Place: Volunteer Fair at Ferguson Municipal Public Library**  
35 North Florissant Rd., Ferguson, MO 63135

**TIME: Saturday, September 21, 10:00 a.m. to 1:00 p.m.**

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## Ask Grandma

When I was a kid (probably in grade school) my parents must have heard about an interesting game being played on Sunday afternoons in Forest Park. When the weather was nice and the sun was shining, there was plenty for the family to do on Sunday after church. But . . . on cool rainy days in the spring, with nothing better to do, we would head over to Forest Park and watch what we found out was a game called 'rugby'.

To my young eyes it looked like the males playing that game were grown men, but they probably were young high school and college kids. I don't know if these were 'pick-up' games, or were regular teams, because they were covered with mud from head to foot. Were they wearing uniforms? Who knows?

It was a rough game. If your team had the ball you were only allowed to run, pass or kick forward. The opposing team tackled you, but as long as you kept the ball when you were down, you could throw it to one of your players. Players wore tee shirts and shorts, shin and shoulder pads. They could also wear head guards.

When play was stopped, it was continued by holding a 'scrum'. Forwards from both teams would lock arms in a circle, one team facing the other. The referee would slide the ball into the middle of this circle and the players would push forward and kick the ball backwards to their teammates. There were players call 'scrum guards' who put their heads and shoulders between the legs of the forwards and pushed to help them drive the competitor's back into their own territory. This was very rough and very exciting.

I hadn't thought about these games until the last few years when my granddaughter started playing rugby for the St. Louis Sabres, a member of the Mid-American Rugby Football Union and she competed in the Women's Division II League. My granddaughter is 'scrum guard' and wears a knitted stocking hat to protect her ears.

The Sabres compete in tournaments throughout the country, and right now (August 31 to September 1) are in a tournament in Preston England where they will play the Preston Grasshoppers.

When I heard about this tournament, I immediately start making plans to fly to England to cheer her and her team to victory. Alas I didn't think about the 10 hour flight from New York. I'm just not sure I could manage 10 hours in a cramped airplane. What good would I be if I ended up in England with an achy back and swollen knees?

Still, I'll be there in spirit. Go Sabres!



Here are the Sabres. This is my granddaughter. You might know her. She was born and raised in Ferguson. Did you ever think there were this many young ladies in St. Louis who would want to play rugby?

### Origin of Word:

Fathom: It can be hard to fathom how this verb moved from meaning "to encircle with one's arms" to meaning "to understand after much thought." Here's the scoop: One's outstretched arms can be used as a measurement (a fathom), and once you have fathoms, you can use a fathom line to measure the depth of water. Think metaphorically and fathoming becomes about getting to the bottom of things.

### Answers to Trivia, Page 12

- |                    |                  |
|--------------------|------------------|
| 1. Quarter Pounder | 8. Quitting time |
| 2. Quartz          | 9. Quick         |
| 3. Quack           | 10. Quotient     |
| 4. Quilt           | 11. Queen Bee    |
| 5. Quartet         | 12. Quarterback  |
| 6. Quail           | 13. Quiet        |
| 7. Questions       |                  |

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## Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

Last Day for Human Rights Advocate of the Year Nomination . . .	Sun., Sept. 1
LABOR DAY . . . . .	Mon., Sept. 2
Books and Cookies for 3-5 yr. olds – Library . . . . .	Sat., Sept. 7
PROUD Planning Meeting – Library . . . . .	Sat., Sept. 7
Taste in Ferguson – Savoy. . . . .	Sun., Sept. 8
Community Picnic – St. Peters UCC . . . . .	Sun., Sept. 8
Readers on Race Book Club – Library . . . . .	Mon., Sept. 9
Ferguson Civilian Review Board – Council Chambers . . . . .	Mon., Sept. 9
Ferguson Sewing Club . . . . .	Mon., Sept. 9
Ferguson City Council . . . . .	Tues., Sept. 10
Ferguson On Watch Meeting – City Hall . . . . .	Wed., Sept. 11
Northwest Chamber Membership Meeting – Syberg's . . . . .	Thurs., Sept. 12
Ferguson Concert Series – Ruby and the Gents – 501 . . . . .	Fri., Sept. 13
Candlemaking for Kids – Library . . . . .	Sat., Sept. 14
Kids Garden Club – UMSL Extension . . . . .	Sat., Sept. 14
Yoga at the Library . . . . .	Sat., Sept. 14
Zion Lutheran Anniversary Celebration . . . . .	Sun., Sept. 15
University Women Meeting – 1st Presbyterian Church . . . . .	Sun., Sept. 15
Sewing Machine and Cricut Orientation – Library . . . . .	Mon., Sept. 16
Volunteer Fair – Library . . . . .	Sat., Sept. 21
Card and Paper Club – Library . . . . .	Sat., Sept. 21
Ferguson Veteran's Meeting – Community Center . . . . .	Sat., Sept. 21
Flower Valley Quilt Show – St. Angela Merci . . . . .	Sat., Sun., Sept. 21 & 22
Ferguson City Council . . . . .	Tues., Sept. 24
Tuesday Night Book Club . . . . .	Tues., Sept. 24
Comic Book Crafts – Library . . . . .	Wed., Sept. 25
Ferguson Streetfest – 501 Plaza . . . . .	Fri, Sat., Sept. 27 & 28

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