

Serving Ferguson and Surrounding Communities



Ferguson Farmers' Market

CELEBRATING OUR 14TH YEAR!

Saturday October 5th: FALL FESTIVAL 8:00 am to Noon

- Christian Hospital Presents Breast Cancer Awareness
- Washington University Strassmann Queller Lab - Fun Science Games!
 - Evolution of birds and their beaks!
- Live Music: Buckhannon Brothers, 9-11



Saturday October 12th:

- Pumpkin Recipe Contest! Judging 10:30am
 - Bring your best pumpkin recipe by 10:15 am
 - Market Bucks to winners! 1st - \$30, 2nd - \$20, 3rd - \$10
- Live Music by: Ragged Blade Band 9am-11am

Saturday, October 19th:

- Last Market of the Outdoor Season
 - Kids - Halloween Costume Contest 10:15am
 - Sign-up at the information booth by 10am
 - Consolation prizes for all. Special prize to winner.
 - Adults - Pumpkin Carving Contest! Judging 10:30am
 - Bring your pumpkin to the market to carve starting at 8am.
 - Carving ends at 10:15am
 - Market Bucks to winners! 1st - \$30, 2nd - \$20, 3rd - \$10
- Live Music by: Riff Raff Jazz Band 9am-11am

Ferguson Indoor Winter Market begins Saturday, November 16 and continues every third Saturday through April 18 at St. Stephens Episcopal Church 33 N. Clay, Ferguson



OCTOBER EVENTS at the FERGUSON PUBLIC LIBRARY

For more information, please call the library at 521-4820 or visit our website at ferguson.lib.mo.us

Halloween Design on a Dime - Saturday, October 5 at 10 am

Halloween costumes don't have to be expensive or elaborate! Join us and learn how to make some simple costume pieces just in time for Halloween. Registration is required.

Wreath Making - Saturday, October 12 at 12 pm

Make a beautiful fall wreath to decorate your home, just in time for the fall holidays! Registration is required.

FLIERS Fall Book Sale - October 17-19

Find your next favorite read at the FLIERS Fall Book Sale!

All proceeds benefit the library.

Thursday, October 17: 4-7:30 pm

Friday, October 18: 9-5:30 pm

Saturday, October 19: 9-3 pm

Get Your Business Online with Google - Wednesday, Oct. 23 at 5

Speaker Bryan Caplan, partner in the Grow With Google project and CEO of BJC Branding, will show businesses how to elevate their digital presence! For more information and to register, please call the library or visit us online.

Monster Bash! - Thursday, October 31 at 4 pm

Join us before you head out to trick or treat for some crafts, games, and treats at our annual Halloween party! All ages welcome!

Monster Movie Series - Fridays in October at 4 pm

Get into the Halloween spirit with some great spooky movies! For more information and a list of films, please call the library or visit us online. There will be NO movie shown on Friday, October 18.

TREAT YOURSELF TO ONE OF OUR ONGOING PROGRAMS!

To see a full list of what we offer, visit our online calendar at ferguson.lib.mo.us/calendar or find us on Facebook at facebook.com/fergusonlibrary/

**Sunday, November 24th
2:00 to 7:00 p.m.**

FERGUSON NORTHERN LIGHTS

Lighted Parade Starts at 5:00 p.m.

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David J. Halloran 1944-2019

Dave Halloran, age 75, Ferguson, MO, passed away September 9th, 2019. He grew up in Baden and graduated Chaminade and St. Louis University with an Accounting Degree.

Dave was a Firefighter/Medic with the City of Ferguson for 35 years, and retired as Assistant Chief. He was the husband of Mary Beth (Bee) Halloran and has three children, David Jr., Greg and Kevin.

Dave served as Ferguson Rotary Club President. He also chaired the successful committee to Restore the Ferguson Depot. His skill as a photographer served many wedding clients and businesses.

His hobby was model railroading and he created many RR layouts that will continue to be exhibited by volunteers. Pictured on Page 16 is just one of the 100's of miniature houses Dave created for his layouts. Dave owned a railroad conductor's uniform and would wear it and share railroad stories at any of the Railroad association functions and Ferguson Caboose events as well as Ferguson Historical get-togethers such as the Lawn Parties where he provided the venue at his historic home and acted as host.

He is survived by his wife, Carol Halloran, his sons and grandchildren, and numerous friends.

Burial was private in Calvary Cemetery.



FERGUSON

main street

Ferguson MainStreet Volunteering

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in".
~Author Unknown

Okay, this is what you'll want to do. . . Close your eyes; click your heels together three times; and say, "I love Ferguson."

Did you do that? If you didn't, then maybe this isn't the article that suits you right now. And if that is the case, don't worry, you'll come around.

As you probably know, one person cannot make a community that is the community where you would want to live. It takes everyone. Have you seen the movie; 'Beauty and the Beast'? Well during one of the opening songs, everyone in town is performing their jobs that made up their village. The butcher, the baker, I don't remember if there was a candlestick maker, but you get the gist. I know what you're thinking, "but those are their jobs and I have my own job to do." Everyone has their own jobs but the era that this movie is set, if it wasn't for the butcher, not everyone would be able to put meat on their table, the baker made sure everyone had fresh baked goods, and they wouldn't have been able to see when the sun went down if it wasn't for the candlestick maker. It takes everyone to be able to pitch in to help make their community home.

So, what does that have to do with Ferguson? A lot!

If we were to count on our elected officials to instruct our administrative staff to take care of everything, there wouldn't be enough time to get the things that were needed done. Let alone, the things that we take for granted and the things we enjoy. Those are the things that wouldn't get done if it wasn't for volunteers.

Would there be a Streetfest? What about Northern Lights? These are just a couple of things that wouldn't get done without volunteers. The 'Ferguson Farmers Market' wouldn't have even been considered without volunteers.

Today, I'm asking for your attention to consider volunteering. Let's think of it as, 'Helping to create the Ferguson that I would want to move into, if I didn't already live here.' That's it. Step up, pitch in, and make our community something we can be proud of.

In the very near future, we'll be asking for your help. If you love Ferguson, you'll want to be the first in line. Keep your eyes open. This will be your call to action. fergusonmainstreet.org. 314-882-1337

"Volunteers do not necessarily have the time; they just have the heart."
~Elizabeth Andrew

The Plumber's Crack

By Oh Baby bigohbaby@sbcglobal.net

Note: This column is a repeat of the October 2018 column.

Trees turning, temperatures dropping, farmers markets displaying their bounty, football and hockey in full swing, baseball season coming to an end. It must be October and time for another edition of the Plumbers Crack.

Before I started this months edition, I was having a tough time trying to find something to write about. Over 15 years of *The Crack* I pretty much covered everything that flows or blows. Then I saw on the news about the water situation in Flint, Michigan. Thought the problem was over but it was back in the news again and looks like some politicians are being prosecuted. I got to thinking about our drinking water in the St. Louis area. It's considered some of the best in the country. The question is, is it the same for all of us?

The problem in Flint basically came down to lead piping and an infrastructure that was way past its usefulness. Working in the Plumbing trade over 45 years, I've seen a lot of bad piping, and there is still a lot of it around. In the city of St. Louis and older parts of St. Louis County there are thousands of lead water services and crusty old water mains. I don't remember the year, but sometime in the early 90's we were told we could no longer repair lead services. I think that was a great idea. In the city they require you to replace the line from the yard stop in to the house, for which the homeowner is responsible. We use a fitting that clamps on to the lead and connects to copper. Wait a minute, what about the lead from the main to yard stop? According to the city that's ok because it's their responsibility to replace that part and they don't unless they have a leak. This is potentially more dan-



gerous than not touching it at all. When you cut that lead you're breaking loose that coating that has built up on the inside of the pipe.

Another good change they made to shirk their responsibility is any rehabbed house has to have the whole water service replaced from the main to the house. It also is a great law. That way the city and county are free from any expense and the homeowner gets the whole bill. Our system may not be bad as what they have in Flint but there is a lot of lead piping in town.

One more little tidbit for you. No matter what the water company tells you, if your water service springs a leak or your yard stop is broken, St. Louis County, not the water company will make that repair for free. Your taxes pay for this. It does not apply to commercial customers, just residential.

Before I finish I want to apologize to those who are offended by my closing every month. I've gotten some bad feedback that it's boring and that it's a news type article and that I should keep God out of it. So just for this month I'll leave the boring stuff out but I won't leave God out. So GOD BLESS YOU ONE AND ALL.

Oh Baby



WINDOW RESTORATION
BY:

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Effects

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314-769-1413

Maintaining Yesterday For Tomorrow



P8563, D8563

Premier Plumbing Solutions



Say "I Love Ferguson"
When presented your
bill and receive..... **\$10 OFF**

Dave Walters (Oh Baby)
Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222

The Ferguson Times may be reached . . .
by phone: 314-524-1958
by mail: Dorothy Seiter, 16 Sandringham, Ferguson, MO, 63135
or by email: cider@att.net
Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.

Fall Season Fire Safety Tips



Safety Matters

As summer turns to fall, it's a good idea to refresh your memory on fall fire safety tips. Some safety tips are the same regardless of the time of year, but many safety concerns are seasonal, particularly those that involve keeping your home warm.

There is nothing more important than the safety of your family. Everyone in your home needs to know how to behave responsibly to reduce the likelihood of experiencing a fire. However, because fires can start at any time without warning, it is also very important that the members of your household know how to react in the event of a fire. It's a good idea to review fire prevention and safety tips with your family every fall, and several other times throughout the year.

*Time Changes Mean Battery Changes

Get in the habit of changing the batteries in your smoke detectors and carbon monoxide detectors every fall and spring when changing the clocks for Daylight Savings Time. It is also a good idea to make it standard procedure in your household to verify that all fire extinguishers are fully charged and in working order when you adjust the clocks each season.

*Home Heating Tips

No matter what type of device you use to heat your home, making sure your heating devices and/or systems are in good working order is an important part of learning some fall fire safety tips. Many things can go wrong with heating equipment during the spring and summer months. Verify that everything you need to keep your home warm throughout fall and winter is in good working order before you experience the first cold snap of the season.

*Central Heating System Safety Tips

Get your central heating system cleaned, inspected and serviced by a certified HVAC (heating, venting and air conditioning) contractor every year before using it. If you have a gas heater, make sure that you have a sufficient quantity of fully functioning carbon monoxide detectors installed in your home.

*Space Heater Safety Tips

Make sure that any space heaters are surrounded by at least three feet of empty space. Never place clothing or any other objects on a space heater to dry. Do not place space heaters near furniture or drapery. Turn space heaters off when you leave the house or go to bed. Avoid storing any combustible items near heaters.

*Fireplace Safety Tips

Get your chimney inspected each year to make sure that it is safe. Hire a chimney sweep to clean out your chimney every fall. Repair any cracks in fireplaces. Use fireplace screens to keep sparks and fire debris inside the fireplace. Do not ever use gasoline to start a fire in the fireplace. Never leave a fire unattended. Make sure that combustible materials are not stored within three feet of your fireplace. For natural gas fireplaces, get all connections and lines inspected before use each season. Remember that outdoor fireplaces can be just as dangerous as indoor units, and observe all safety precautions when using them.

*Fire Safety Tips for Holiday Decorations

Do not use candles in Halloween jack-o-lanterns. Flashlights are much safer. Make sure that children's costumes are made with fire retardant materials. Use only fire retardant holiday decorations. Verify that all holiday lights and extension cords have been tested by an organization such as Factory Mutual or Underwriters Laboratory.

*Outdoor Fall Fire Safety Tips

Clear your roof and gutters of unnecessary build up of debris, such as pine needles and leaves. Learn the outdoor burning regulations in your area, and do not engage in illegal burning of leaves and other outdoor debris.

How would you spend
\$650,000 ?

VOTE OCTOBER 7 - 12, 2019

PROMISE ZONE PARTICIPATORY BUDGETING

Vote for projects within the categories of:

- Mental health
- Peer support
- Youth engagement
- Violence prevention

Projects created by **US Decided by US**

ST. LOUIS ReCAST For voting locations or to learn more about the projects go to **ReCAST-STL.org**
PROJECTS FOR COMMUNITY WELL-BEING

Taste in Ferguson A Huge Success

The Ferguson Police Department would like to thank everyone that came



out to the Taste in Ferguson and contributed to the Police vs. Fire cook off competition. This year's competition featured pulled pork sliders by both teams. Team FPD was led by Chief Armstrong who is not new to the BBQ world. Chief Armstrong operates "Strongarm BBQ" as a hobby in his spare time.

Both teams agreed that the money raised would be donated to Ferguson Police Officer Kevin Hill, who is recovering from a major surgery. Once again, thanks to everyone who contributed and thanks to Ferguson Fire Department for a great competition.



The winning Ferguson Police Department team.

Old Ferguson West Block Party

LET'S HAVE A GREAT TIME WITH OUR NEIGHBORS!!
Grilled food will be provided.
Please bring a dessert!!!

<p>DATE: SUNDAY OCTOBER 6TH</p>	<p>TIME: 2PM-5PM</p>	<p>LOCATION: TIFFIN AVENUE (BETWEEN GEORGIA AVE AND HARVEY AVE)</p>
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Ferguson Veterans Group Meetings

Open to all Vets and spouses. Ferguson Community Center, 1050 Smith Ave 63135. Saturday October 18th, 1300-1400hrs. We will not meet in November or December. We'll resume Saturday, 1300-1400hrs January 18, 2020.

Questions call LaRae Jackson
314-474-4524

Ferguson Community News Page

In honor of our perfect knight, our last Boy Scout

By Mayor James W. Knowles III

On my honor, I will do my best, to do my duty, to God and my country, and to obey the Scout Law; To help other people at all times, To keep myself physically strong, mentally awake, and morally straight.

– The Scout Oath, Boy Scouts of America



It's October, so in St. Louis we are usually gearing up for baseball playoff season. At the time I'm writing this, our Cardinals have secured a playoff spot and are on their way to the NL Central Division Championships. Let's hope this month ends with a World Series Championship!

As Cardinal Nation begins to talk about the playoffs, we also like to reminisce about this town's tremendous baseball legacy. While listening to some local sports pundits recently, I heard them make a familiar reference to Stan Musial that got me thinking. It wasn't the reference to the familiar moniker "the Man", that got me thinking. It was the reference to Stan Musial being baseball's "Perfect Knight". It was a title given him by former baseball commissioner Ford Frick. The reference wasn't just in honor of how perfect Musial played the game of baseball, but how he lived his life. With all the fame, glory, pressure, and of course money that influences baseball, few find themselves unphased by it all, and Stan was an exemplar of how to do it, on and off the field.

While listening to the discussion about what made Stan Musial special, and the qualities that earned him the title baseball's "Perfect Knight", I began to contemplate the recent loss of our own perfect knight. Although never referred to as such, he has many of the same knightly qualities as Stan. In fact, for 40 years he held a job here in Ferguson as one our modern-day knights. The job I'm referring to, is that of a police officer.

Knights of the Chivalric Age lived by code of principles that each one of them were bound to uphold. While they were noble in their positions and given great power to dispense justice, they were at their core servants. In fact, the word knight is derived from an old English word for servant.

Our knight, which recently retired from our department, probably has never considered himself as such. Though he didn't live by an ancient chivalric code, he did undoubtedly live by a modern code of similar meaning and equal importance. That code being the Boy Scout code. For many years within the department and in the community, he was affectionately known for being a Boy Scout.

His name is Lt Craig Rettke. For the last four decades he has served our community in many roles in our Police Department: as a patrolman, as a detective, as a Sergeant, and as a Lieutenant. Outside the department, when not wearing the blue and white of his police uniform, you can see him in khaki and olive drab as a Scoutmaster in the Boy Scouts.

Like many that have served in our department, I've had the honor and pleasure of working under Lt Rettke while I was a Police Dispatcher in my college years. In the over 20 years that I've known him, he has been a true exemplar of that modern knightly code of the Boy Scouts. It is an example he set for the officers that he served with and that served under him, as well as the countless young boys that he helped mold into men in our community.

The Boy Scout Code is: that a scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent. This code embodies the things we should all strive to be in our lives, even if we sometimes fall short. Those who know Lt Rettke probably would seldom refer to him as cheerful, though I'm sure in retirement it will be much easier to live up to that part of the code.

In the department, and in the community, regardless of the color of his uniform, Lt. Craig Rettke endeavored to live up that code each and every day. His example has undoubtedly impacted countless men and women throughout his life, and I can give a personal testament that he has certainly impacted my own.

Over the years, I've had the honor and pleasure of working alongside some great men and women within the Ferguson Police Department. Few of the old-timers remain, many of them have now retired, and many unceremoniously have left over the past 5 years. The loss of each of them has been felt, but few as much as the loss of Lt. Rettke.

I am glad that many of the wonderful new officers had the chance to serve with Lt. Rettke, even if only for a while. I hope that his lasting legacy of living strictly to an honorable code of conduct endures in our department and within our new officers. I want to thank all the great men and women who have in

Ferguson Neighborhood Organizations

Dates & times subject to change. Check www.fergusoncity.com
 Unsure of your group? Call 314.524.5257

Group	Next Mtg.	Location	Contact
Forestwood Park Neighborhood Group	Oct 1 7 pm	Emmaus Bible Chapel 900 Highmont	Donald Stevens 314-561-0379
Jeske Park Neighborhood Assn.	Oct 10 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Stephani Von Drasek jeskeparkneighborhood@gmail.com
Nesbit-Newton	TBA	Nesbit-Newton Park	Paul Beins 314-869-5080 pbeins@yahoo.com
Northwest Ferguson	TBA	First Baptist Church 333 N Florissant	Shelley Davis leeshel57@sbcglobal.net
Old Ferguson East Neighborhood Assn.	TBA	Ferguson Library Large Conf. Room	Glenda Rickard 314-524-8115 glenda.rickard@mercy.net
Old Ferguson West Neighbors	Oct 24 7 pm	Ferguson Community Ctr. 1050 Smith Ave	Larry Robinett ldrobinett@gmail.com
Robert-Superior Neighborhood Group	TBA	Ferguson Community Ctr. 1050 Smith Ave	TBA
Southwest Ferguson Neighborhood Group	TBA	Fire Station #1 200 So. Florissant	Atefa Young atefayoung@yahoo.com
Wabash Neighborhood Assn.	TBA	First Baptist 333 N Florissant	Shonnette Morgan sdenisemor@hotmail.com
North Hudson Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith	Mary Simmons hudsonhills63135@gmail.com
North Hills Neighborhood	TBA	Fire Station #1 200 So. Florissant	Keith Kallstrom 314-524-1720
North Elizabeth Neighborhood	TBA	Ferguson Community Ctr. 1050 Smith Ave	Renee Benage 314-705-0993 rbenage@sbcglobal.net
Ferguson Woods	TBA	North Hills Methodist 10771 Trask Dr	Donald Moore 314-226-3109
South Ferguson	TBA	Fire Station #1 200 So. Florissant	
Southeast Ferguson	Oct 9 5 pm	Empowerment Ctr. 9420 W. Florissant	Latasha Brown 314-465-9757 brownlatsham@go.wustl.edu

Ferguson City News?

How do you get your Ferguson News?

- Like our Facebook Page: City of Ferguson, MO
- View Updates on Charter Channel 993

Did You Know?

NOTIFY ME

You can sign up to receive notices of meetings, hearings and other postings by registering your email address using the Notify Me Icon.

You can submit a request for records using the Record Request icon.

VISIT OUR WEBSITE: www.fergusoncity.com

You can do all this and more on the city's website. For more information contact Octavia Pittman, City Clerk at 314-521-7721 or opittman@fergusoncity.com

EVER WONDERED HOW YOU CAN GET INVOLVED WITH YOUR CITY GOVERNMENT?

Consider volunteering on a Ferguson Board, Committee, or Commission. We have multiple vacancies available. The list includes committees like the Architectural Review Board, Plan Commission, Park Board, Personnel Board and others. For more information regarding vacancies, requirements, roles and responsibilities and/or how to apply, visit <http://www.fergusoncity.com/57/Boards-Commissions> or contact your City Clerk at City Hall.

COUNCIL MEETINGS

Tuesdays, September 8th and 22nd at 7 pm in the Council Chambers.

the past or present serve us, and especially the one that best exemplifies our "perfect knight", our last Boy Scout.

On behalf of a grateful city, we appreciate your many years of service and we will miss you LT.

Ferguson Community News Page is published monthly and paid for by the City of Ferguson.

City of Ferguson City Council: James W. Knowles, III, Mayor; Linda Lipka, Ward 1; Ella Jones, Ward 1; Heather Robinett, Ward 2; Toni Burrow, Ward 2; Fran Griffin, Ward 3; Byron Fry, Interim Ward 3; Jeff Blume, Interim City Mgr.; Public Relations Intern, 314-524-5229.
City Hall: 110 Church Street, 63135, 314-521-7721. Website: www.fergusoncity.com. **Contact Us by Email:** Information@fergusoncity.com

Ferguson Community News Pages

Be sure to get to the Recreation Office to register or call us at (314) 521-4661.

COMMUNITY CENTER

Don't forget to pick up the new Parks & Recreation brochure with a complete list of programming offered throughout Ferguson at the Ferguson Community Center or online at www.fergusoncity.com

Facility Rentals

Use one of the Ferguson Community Center's Multipurpose Rooms for your next event or gathering. These spacious rooms are perfect for any occasion. Also, newly opened is the Ferguson Event Center, a 5600 square foot air-conditioned facility with a stage toward the front of the room, which can accommodate up to 450 guests for your next wedding reception or family reunion. Call up to the Ferguson Community Center for booking information, pricing, and any additional information at (314) 521-4661.

Memberships

Resident Youth – Daily \$1/ Yearly \$50
Resident Adult – Daily \$3/ Yearly \$85
Resident Senior – Daily \$1/ Yearly \$50
Resident Family – Yearly \$165

Non Resident Youth – Daily \$3/ Yearly \$200
Non Resident Adult – Daily \$5/ Yearly \$200
Non Resident Senior – Daily \$3/ Yearly \$120
Non Resident Family – Yearly \$300

NOW OFFERING MONTHLY PAYMENT OPTIONS

Resident Youth – \$6 per month (12 month agreement)
Resident Adult – \$9 per month (12 month agreement)
Resident Senior – \$6.00 per month (12 month agreement)
Resident Family – \$16 per month (12 month agreement)

Non Resident Youth – \$18 per month (12 month agreement)
Non Resident Adult – \$18 per month (12 month agreement)
Non Resident Senior – \$12 per month (12 month agreement)
Non Resident Family – \$28 per month (12 month agreement)

Each patron is required to have an I.D. card which can be purchased at the front desk of the community center. Residents must present 2 forms of identification to receive a resident ID card. There is a \$5 fee for each card. If the card is lost/stolen, a new card can be issued for \$5.

PROGRAMMING

Adult Social Dance

Are you planning to go on a cruise, attend a wedding reception or a reunion? If you are, then you'll need to take this class. You will learn to dance to any music, fast or slow. Simple basics in various dance styles will be taught and soon you'll have the confidence to join the fun on the dance floor. Partners or singles are welcome. Private dance classes are available. Wear comfortable clothes and hard soled shoes, no tennis shoes or sandals.

Age: 16 & Up
Days: Mondays
Start Date: Mon, Sept. 30th-Nov. 18th
Time: 7:45-8:40pm
Location: Ferguson Community Center
Fee: \$40/Members; \$45/Residents; \$50/Non-Residents

Private Dance Lessons

Are you going to a wedding, on a cruise, or will you be attending a social event that includes dancing? Are you an engaged couple that need to learn a routine for their first dance? Or do you just want to learn to dance for fun and fitness in a class designed to teach you the styles of dance you want to learn? Private dance lessons are the answer. Classes are taught by Diane Brown, instructor and choreographer of 30 years. Diane can teach you most any style of dance including Ballroom, Latin, Swing, Salsa, Hip Hop, Tap and Ballet. For wedding dances, she can teach the bride and father-of-the- bride and the entire wedding party, as well as the bride and groom, a dance to the music they have selected for that special day.

Fee: \$45 for a one hour class for up to 4 students
\$5 more for each additional student
Beginner's discount: receive a discount for 6 classes if paid in full at the first class. \$38 per class.

FITNESS

Beginners Yoga Class— NEW!

This yoga class is designed to meet the needs of those who are new to yoga and are perfect for any fitness and activity level! This class will introduce the principles of alignment and breathing techniques in a flow of postures. Students will be introduced to yoga through step by step verbal instructions.

Age: 16 & up
Date: Tues, Oct. 1-Nov. 5
Time: 6:30pm-7:30pm
Location: Ferguson Community Center
Fee: \$60/Member; \$65/Resident; \$70/Non Residents
Drop in: \$10/Members; \$12/Residents; \$15/Non-Residents

Chair Yoga—NEW!

You don't have to sit in a chair to do yoga! This form of yoga is increasing in popularity and is accessible to everyone, especially adults 55+. Chair yoga is a gentle form of yoga that is done in a chair using the chair as support. This class is also ideal for those who are less mobile or have suffered from some types of injury.

Age: 16 & up
Date: Thurs, Aug. 22nd-Sept 26th
Time: 6:30pm-7:30pm
Location: Ferguson Community Center
Fee: \$60/Member;
\$65/Resident;
\$70/Non Residents
Drop in: \$10/Member; \$12/Resident; \$15/Non Resident

Aerobics

This fitness program is designed for all skill levels. High Impact Aerobics will improve your heart rate, increase energy levels, as well as improve strength and flexibility.

Age: 16 & up
Days: Mondays or Wednesdays
Start Date: Mon, Sept. 16th-Nov. 4th
Wed, Aug. 21st-Oct. 9th
Time: 6:00pm - 7:00pm
Location: Ferguson Community Center
Fee: \$25/Members - 1 day per week
\$30/Residents - 1 day per week
\$35/Non-Residents - 1 day per week

Additional Days:
\$10/Members add day
\$15/Residents add day
\$20/Non-Residents add day

Will Fit Core Class

A class for anyone who wants to tighten up their midsection, carves a stronger core, and sculpts total-body definition through intense core work. Set to upbeat music, you'll work your entire core and learn new exercises to help sculpt the body. This class is for all fitness levels and is a great way to fit a quick but challenging workout into your busy day.

Age: 16 & up
Days: Tuesdays
Start Date: Tues, Sept 17th— October 15th
Tues, October 29th— Dec 17th
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PRE-REGISTRATION REQUIRED

Jump Rope Fitness Class

This class is based on plyometric, otherwise known as jump training! Come for an athletic based, high intensity workout. Please come wearing proper athletic shoes that support your feet and joints

Age: 16 & up
Days: Wednesday
Start Date: Thurs, Sep 18th – Oct 16th
Thurs, Oct 30th – Dec 18th
Time: 6:00pm-6:30pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PRE-REGISTRATION REQUIRED

Resistance Band Class

Join Will Fitness as he guides you through a 45 minute full body workout that utilizes resistance bands. This workout will get your heart rate up and strengthen you in new ways without picking up a single weight! Looped bands, cross cables, and bodyweight exercises incorporated for a complete body workout!

Age: 16 & up
Days: Thursday
Start Date: Thurs, Sep 19th – Oct 17th
Thurs, Oct 31st – Dec 19th
Time: 6:00pm-7:00pm
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PRE-REGISTRATION REQUIRED

Walk this Weigh

A group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training designed in a way that pushes the participants harder than they'd push themselves. Participants may be indoors and outdoors. Format and routine change weekly. Instructor acts as a coach to ensure proper technique and alignment. All Ability Levels Welcome

Age: 16 & up
Days: Saturdays
Start Date: Sept 21st
Time: 10:00am-11:00am
Location: Ferguson Community Center
Fee: \$25/Members; \$30/Residents; \$35/Non-Residents

PRE-REGISTRATION REQUIRED

Silver Sneakers Program

Silver Sneakers is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity. Unlock the door to greater independence and a healthier life with Silver Sneakers. With certain Medicare plans you can be eligible to join this program. Silver Sneakers provides a free fitness center membership and free select classes at the Ferguson Community Center. Call the Ferguson Community Center to find out if you qualify for this fabulous program, 314-521-4661.

Silver Sneakers Classic/ Chair Yoga

This class is designed for seniors or someone who is starting to workout for the first time. Have fun and get moving through a variety of exercises designed for a total body workout that will increase muscular strength, range of movement, and activity for daily living skills utilizing hand held weights, tubes and a Silver Sneakers ball. A chair is made available for seated and/or standing support.

Days: Tues & Thurs
Dates: Ongoing
Times: 8:55 am-9:55 am
Fee: FREE/Silver Sneakers Members; \$3/ Everyone Else

Silver Sneakers Cardio Circuit/ Yoga

Silver Sneakers Cardio Circuit combines fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles, and a Silver Sneakers ball is alternated with low-impact aerobic choreography. A chair can be used for standing support. Please bring your own mat.

Days: Tues & Thurs
Dates: Ongoing
Times: 7:55 am-8:45 am
Fee: FREE/Silver Sneakers Members; \$3/Everyone Else

Personal Training

Get into shape with the Ferguson Community Center's personal trainers. We now offer personalized training for all of your fitness goals! Group training, one on one, meal plans and fitness assessments.

Individual Packages

1 Session

Fee: \$35/ Members; \$40/ Non-Member

5 Session

Fee: \$150/ Members; \$175/ Non-Member

SPECIAL PROGRAMMING

Wayside Park Unleashed (Dog Park)

Ferguson's Dog Park features a large and small dog area and is open from 7 a.m. to 9 p.m. daily. Dog Park ID required. Owners will need to bring up-to-date shot records: rabies, DHPP, and Bordetella to the Ferguson Community Center to obtain ID. Yearly Memberships are free for residents or non residents in possession of a valid 2018 ID.

ID Costs:\$5 processing fee per dog (max three dogs per household)

Park Dedication Program

The City of Ferguson offers a great way to honor or remember a loved one, celebrate a milestone, or simply to have a lasting part in one of our parks. Our Tree Dedication program started in 1989 and has seen over 350 dedicated trees to our City. A Spring and Fall dedication ceremony are held.

The Spring ceremony generally is on Arbor Day (first Saturday in April) and the Fall date is generally the fourth Saturday in October, dates are subject to change.

Tree Dedication \$200

In addition to our tree program we are pleased to offer our new park bench dedication program.

Park Bench Dedication \$1,000

Call or visit our website for more information

Nerf War Birthday Packages– NEW!

Join us for our Nerf War theme birthday party packages! We will host your child's Nerf War birthday party for up to 25 participants. You will receive a 3 hour party block, 1.5 hours in the gym with one of our staff supervising the Nerf War. Then the last 1.5 hours you have a room dedicated for you to have food/drinks, cake, and open presents. The cost includes all nerf bullets, safety glasses, bunkers and the party room. Must reserve 2 weeks prior.

A \$100 security deposit is required at time of birthday party rental.

Days: Saturdays and Sundays
Times: Sat, 2:00pm—5:00pm; Sun, 1:00pm-4:00pm
Location: Ferguson Community Center
Fee: \$200 Residents; \$240 Non-Residents

YOUTH

Preschool Playdate

Are you and your kiddo tired of being in the house and need something to do? Join us for our monthly Preschool Playdates that children and parents experience together. Each month we will take on a different theme and activity. All of our activities will involve sensory play while making new playdate friends! Grab your friends and bring them to our Preschool Playdates!

Registration deadline is the Monday prior to each session.

Ages: 1-5
Dates: Wednesdays, October 16th, Nov 13th, December 11th
Time: 9:30am-10:15am
Fee: \$3/Residents; \$5/Non-Residents

Spectacular Spooktacular

Whether Halloween is your favorite time of year or not, you will not want to miss our Spectacular Spooktacular Kid's Night Out! Grab your friends and come enjoy crafts, games, food, and more. The evening would not be complete without pizza and creepy crawly deserts! Come dressed in your Halloween costume to be entered into our costume contest!

Registration deadline is Tuesday, October 15th.

Ages: 5-12
Dates: Friday, October 18th
Time: 6:00pm-9:30pm
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

Little Goblins Trick or Treating

Bring your Little Goblin or Ghoul to the Community Center for some trick or treating fun! Participants are encouraged to wear costumes. There will be spooky crafts, pumpkin decorating, and a small snack will be provided. We will end this spooky day with trick or treating around the Community Center. Parent participation is required.

Registration deadline is Thursday, October 17th.

Ages: 1-5
Dates: Monday, October 21st
Time: 10:00am-11:30am
Fee: \$6/Member; \$8/Residents; \$10/Non-Residents

Paint and Pizza Night

Join us for a night of painting galore at the Community Center! We will provide the paint and supplies, while you provide the creativity. Come enjoy pizza and refreshments while using you paint away the night.

Registration deadline is Monday, November 4th.

Ages: 5-12
Dates: Friday, November 8th
Time: 6:30pm-8:30pm
Fee: \$12/Member; \$15/Residents; \$18/Non-Residents

Beach Bash

Are you tired of the cold weather? *You will be by the end of November!* Come join us for our Beach Bash at the Community Center to forget about the cold weather and have some fun with friends! We will have pizza, games, crafts, & a movie. Grab a friend or two and dress in your best Hawaiian outfit. **Registration deadline is Tuesday, November 19th.**

Ages: 5-12
Dates: Friday, November 22nd
Time: 6:00pm-9:30pm
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

Holiday Drop and Shop

Holiday shopping with children can be stressful. Let us take them while you make the holidays magical. We will have supervised games, crafts, and movies throughout the day. You can drop off your child anytime between 9:00am-4:00pm. If your child is present between 11:00am-12:30pm, they will be fed pizza for lunch! Please bring snacks and a water bottle.

Ages: 5-12
Dates: Saturday, December 14th
Time: 9:00am-4:00pm
Fee: \$20/Residents; \$25/Non-Residents

Register before Monday, December 9th for \$15/Child.

Santa's Little Workshop

Calling all of Santa's little helpers! Santa is coming and needs your help with the last minute Christmas details. Santa and his elves have requested that we make letters to Santa, ginger bread houses, Christmas cards, and more! Who knows, maybe Santa will come visit all of his little elves! Parent participation is required. **Registration deadline is Friday, December 13th.**

Ages: 1-5
Dates: Wednesday, December 18th
Time: 12:30pm-2:30pm
Fee: \$8/Member; \$10/Residents; \$12/Non-Residents

TEEN

Teen Night Out: Fright Fest

Fright Fest offers terrifying haunted mazes, roaming zombies, the scariest clowns on the planet and spooky shows ... leaving no tombstone unturned to bring the ultimate sensory overload for every range of fear. Once the clock hits 7:00p.m., the ghouls come out to haunt the park. Registration fee includes admission and travel costs. Teens must bring money for dinner at Six Flags. All teen trips are chaperoned by Ferguson Community Center staff. **Registration deadline is Tuesday, October 1st.**

Ages: 13-17
Dates: Saturday, October 12th
Time: 3:00pm-10:00pm
Fee: \$25/Residents; \$30/Non-Residents

Register before September 30th for a \$5/child discount.

Recess 101

The Community Center has a special deal for Ferguson-Florissant School District students on early dismissal/no school dates throughout the school year. Come join us for open gym, game room, computer lab, and pizza! Once admitted, teens must stay inside the building.

Pizza will be served at 1:00pm.

Ages: 13-17
Dates: Friday, October 18th
Time: 12:00pm-3:00pm
Fee: \$2/participant

Teen Night Out: City Museum

Join us for our teen night out at the City Museum. Expect the unexpected; City Museum is a hundred-year-old warehouse in downtown St. Louis in which artists have repurposed the pieces of old cities to build miles of tunnels, slides, climbers, bridges, and castles. From secret passages and grand galleries, to playgrounds and ball pits. Registration fee includes admission and travel costs. Teens must bring additional money if they would like snacks or souvenirs. All teen trips are chaperoned by Ferguson Community Center staff. Registration deadline is Friday, November 1st.

Ages: 13-17
Dates: Saturday, November 16th
Time: 6:00pm-11:30pm
Fee: \$10/Residents; \$15/Non-Residents

Teen Night Out: Holiday Lights Spectacular

Do you love Christmas light displays? We will be taking our Ferguson Teens on a Holiday Light tour throughout some of St. Louis's favorite light displays. We will begin the night at the Community Center for sandwiches then head to Ted Drewes for Hot Chocolate before we venture down Candy Cane Lane. We will then visit Winter Wonderland in Tilles Park! Grab a friend or two and come along this wonderful holiday lights spectacular!

Registration deadline is Monday, December 9th.

Ages: 13-17
Dates: Saturday, December 14th
Time: 6:00pm-10:00pm
Fee: \$10/Member; \$12/Residents; \$15/Non-Residents

Volunteer Day

Need volunteer hours for school or do you love to volunteer in your community? We will be hosting our 1st Annual Ferguson Teen Volunteer Day! We will have a wide variety of volunteer opportunities for the teens to do throughout the day. We will cap off the day with pizza and refreshments to thank you for all your hard work! **Please sign up with the Ferguson Community Center by October 11th.**

Ages: 13-17
Dates: Sunday, October 20th
Time: 1:00pm-6:30pm
Fee: FREE

SPECIAL EVENT/FAMILY PROGRAMS

Family Tailgate

Do you love the Kansas City Chiefs and tailgates, but don't want to drive to all the way to Kansas City, MO? Join us for our 1st Annual Family Tailgate in the parking lot of the Ferguson Community Center. Come enjoy the Kansas City Chiefs take on the Indiana Colts for a 7:20pm kickoff on the big screen! We will have free backyard games available.

Ages: All Ages
Dates: Sunday, October 6th
Tailgate Begins: 5:00 pm
Kickoff: 7:20 pm
Fee: FREE

The Ferguson Fall Spooktacular

Join us for our first annual Fall Festival located at the Community Center! We will be having our annual trick-or-treat event, but with a twist this year! The Fall Festival is welcome to all ages so grab your family and friends and join us for an evening full of events! We will have trick-or-treating, Halloween theme rooms, hayrides, S'mores, and so much more!

Ages: All Ages
Dates: Friday, October 25th
Time: 5:00 pm – 9:00 pm
Fee: FREE

Family Game Night

Join us for a fun-filled family game night at the Ferguson Community Center! We will have various types of board games and puzzles for your family to enjoy. Enjoy desserts and refreshments while you spend quality time with family and friends. **Registration deadline is Monday, October 28th.**

Ages: All Ages
Dates: Saturday, November 2nd
Time: 6:30 pm – 9:30 pm
Fee: \$10/Child and Adult; \$2/Each Additional

Breakfast with Santa

Join us for a morning of pancakes and a visit from Santa! Santa is flying his reindeer down from the North Pole to visit his friends at the Ferguson Community Center. We will have crafts and photos with Santa! Admission includes all you can eat pancakes, sausage, orange juice, and all activities. Grab your family and friends for a morning with Santa! Pre-registration is required for this event, space is limited.

Registration deadline is Thursday, December 5th.

Ages: All Ages
Dates: Saturday, December 7th
Time: 9:00am – 11:00am
Fee: \$5/Child; \$8/Adult

Register before November 25th for \$3/Child, \$5/Adult.

Cookies and Cards

Are your kiddos bothering you to decorate Christmas cookies, but you don't want the mess? We have the perfect solution for you! We will be hosting a Cookies and Cards event at the Community Center. We will have cookies

galore for families to decorate and WE will clean up the mess! We will also have a card making section for all those Holiday cards you need to complete. **Registration deadline is Monday, December 9th.**

Ages: All Ages
Dates: Friday, December 13th
Time: 6:30 pm – 8:30 pm
Fee: \$10/Child and Adult; \$2/Each Additional

Holiday Lights Contest

The Ferguson Holiday Lights Contest is back by popular demand! Do you have the most cheerful and bright lights on the street? Enter into our Holiday Lights Contest to show off your amazing light display. You don't have to be super fancy to enter, as we will have different style awards. We can't wait to see who will claim bragging rights for this year's Holiday Lights Contest. To enter, submit your address to thecenter@fergusoncity.com. All displays must be set up and turned on by 7:00pm, December 8th. For more information on the contest visit www.fergrec.com.

Dates: Sunday, December 8th
Time: Judging Begins at 7:00pm

ADULT PROGRAMMING

Area Casino Day Trips

Need a day out and about? Come test your luck at an area casino! Fee includes transportation only. All residents can receive door to door pickup. Departure is from the Ferguson Community Center. A minimum of 10 patrons pre-registered is required for trip.

Ages: 45 and Up
Dates: Wednesday November 6th - Casino Queen
Time: 9:00am Pickup
Departure 10:00am - Return 3:00pm
Fee: \$5 Residents; \$8 Non-Residents

Ghosts & Goblins Game Day – NEW!

Come out to play a variety of games like Yahtzee, Dominos, Cards, and many more! Dress up in your favorite Halloween costume for best dress will win a prize. Includes: lunch, games, and attendance prizes.

Ages: 45 & Up
Date: Wednesday October 30th
Time: 10:00am-2:00pm
Fee: \$8 Members; \$10 Residents; \$12 Non-Residents

Registration Deadline: Wednesday October 23

Bountiful Feast Bingo

For a cornucopia of fun, make plans to attend this fall's harvest time lunch and bingo. A bountiful lunch consisting of roasted turkey and stuffing, green beans and pumpkin pie will be served. Then try your hand at bingo. We'll also have lots of attendance prizes with chances to win!

Ages: 18 and Up
Date: Thursday November 21st
Time: Doors Open at 11am-3:00pm
Fee: \$14 Members; \$16 Residents; \$20 Non-Residents

Mystery Meal

If you love good food and enjoy fun-loving people, then this program is for you! Every trip is an adventure, so register to enjoy the day with good food and good friends. All residents can receive door to door pickup. Fee includes transportation via the Jolly Trolley and meal. A minimum of 10 patrons required for trip to make.

Ages: 18 and Up
Dates: Tuesday October 15th and Wednesday November 13th,
Time: 10:00am Pickup – Departure 11:00am
Fee: \$32 Members; \$37 Residents; \$42 Non-Residents

Holiday Gift Wrapping Brunch – NEW!

While we help to wrap gifts, enjoy a delicious holiday brunch. You may bring up to three gifts per participant. Will have wrapping paper on hand but you are more than welcome to bring your own.

Ages: 45 and Up
Dates: Thursday December 19th
Time: 10:00am-1:00pm
Fee: \$5 Members; \$7 Residents; \$10 Non-Residents

Registration Deadline: Friday December 13th

ADULT EXCURSIONS

Isle Casino – Cape Girardeau

Bring along your good luck charm at the Isle Casino in Cape Girardeau, MO. You will receive \$5 in free play and a \$10 food voucher for Fairdays Restaurant or Lone Wolf Restaurant. Remember that you must have valid state id with you. Cost Includes: motor coach transportation, lunch, and all gratuities.

Registration Deadline November 1st

Ages: 21 and up
Date: Thursday, November 14th
Time: 8:30 am – 7:00 pm
Fee: \$45/Residents; \$55/Non-Residents

It's that time of year again when thoughts turn cookies, presents, family, & holiday

Holiday Lights Tour Spectacular

lights! We will begin our "lights" tour at Rotary Park in Wentzville, MO for their spectacular Holiday Night Lights. The evening will climax with a trip through the Celebration of Lights in Fort Zumwalt Park. What a light display they put on each year! We will stop at Golden Corral for a buffet dinner prior to this "light" activity. Cost includes: motor coach transportation, meal, admissions, taxes and all gratuities.

Registration Deadline December 3rd

Age: 21 and up
 Date: Tues, Dec 17th
 Time: 4:00 pm-9:30 pm
 Fee: \$58/Residents; \$65/Non-Residents

Ranch and Chips

Do you love the Casino and Clydesdales? There are two baby Clydesdales expected in late September! We will stop at the Isle of Capri Casino for gambling and lunch. While at the Isle of Capri you will receive \$2 off the buffet lunch and \$10 in free play. After the casino we will travel to the Warm Springs Ranch for a tour of the Home of the Budweiser Clydesdales. Cost Includes: motor coach transportation, lunch, and all gratuities.

Registration Deadline September 26th

Ages: 21 and up
 Dates: Thursday, October 10th
 Time: 7:00 am – 6:00 pm
 Fee: \$75/Residents; \$85/Non-Residents

Pacific Northwest and California

Explore the majestic Pacific Northwest and California on this 8-day adventure, from the wilds of Mount St. Helens and the Columbia River Gorge to the sophistication of Portland, Seattle and San Francisco. Travel along Oregon's beautiful coast, making stops at Oregon Dunes National Recreation Area, Yaquina Lighthouse, Newport and Coos Bay. Explore Oregon's Wilderness on a Rogue River cruise. Visit Redwood National Park's Avenue of the Giants. Explore Eureka, a historic timber and fishing village. Cross the Golden Gate Bridge and discover the "City by the Bay," San Francisco. Don't miss one of America's most beautiful regions! Join us for an informational meeting with Collette on October 28th @ 6:00pm at the Ferguson Community Center.

This trip has NO minimum! You will travel with Collette no matter how many people register. **Registration Deadline is April 20th**

Ages: 21 and up
 Dates: Sunday, September 20th – Monday, September 28th
 Time: Flight Departure-TBD
 Fee: Single: \$3,949/person; Double: \$2,999/person
 Triple: \$2,949/person



ATHLETICS

Cup In Hand Kickball (Coed)- NEW!

Calling all teams for a unique and new way to play Kickball! We will be hosting our first Cup in Hand Kickball league at Forestwood Park. The rules are simple, basic kickball with a twist. All players must have a cup with ANY liquid in their hand while playing. This is a coed league, therefore there must be a total of 3 women and 3 men with a maximum of 12 players on the field at a time. This is a 6 week season + playoffs.

For more information on the league please call 314-521-4661.

Ages: 21 and up
 Days: Wednesday, Sept. 11th to Oct. 16th
 + 2 Weeks of Playoffs
 Times: 6:00pm-9:30pm
 Location: Forestwood Park
 Fee: \$250 Residents; \$300 Non-Residents

CS

Open Play Basketball

Come to the Ferguson Community Center for pickup basketball games. (Half court only.) Days are subject to change.

Days: Tues, Wed, Fri, Sat, & Sun
 Location: Community Center
 Fee: FREE/Member; Daily Fee/Resident
 Daily Fee/Non-Resident

Open Play Volleyball

Come to the Ferguson Community Center for pick up volleyball games.

Days: Mondays and Thursdays
 Times: 3:00pm– 6:00pm
 Location: Community Center
 Fee: FREE/Member; Daily Fee/Resident
 Daily Fee/Non-Resident

Pickleball

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. All equipment will be provided.

Ages: 18 and older
 Days: Wednesday and Friday
 Location: Community Center
 Time: 9:00am-12:00pm
 Fees: Daily Rates Apply

Ferguson Intermediate Big 3 Basketball League

Calling all teams for Big 3 Basketball! Come on out and show your stuff for our Tuesday Intermediate League in 3 on 3 basketball! The league is managed under house rules. Each team will play 6 weeks along with a playoff tournament (if your team qualifies) at the end of the season. The team with best regular season record will receive t-shirts. The playoff champions will receive a trophy.

Ages: 18 and up
 Dates: Tue, Sept 24th – Oct. 29th
 8 weeks + playoffs (if your team qualifies)
 Time: 6:30pm – 8:30pm
 Location: Ferguson Community Center
 Fee: \$ 150 Residents \$ 165 Non - Residents

Field Rentals

Field rental space is available at the Ferguson Sports Complex at Forestwood Park. Payment is due in full before a field permit will be issued (Requests within 48 hours of use may not be accepted). A refundable \$100 deposit is due at the time of payment on all reservations.

Rental Prices	Field #1	Fields 2-5
Daytime	\$10/hour	\$10/hour
Lighted	\$20/hour	\$15/hour
Grooming Fee	\$15	\$10

Help us keep the fields playable: do not use when wet and report any unsafe field conditions immediately.

Trunk or Treat

Join us for our Annual Trunk or Treat

Friday, October 25, 2019
 Time: 5:00 - 7:00 PM.
 Place: North Hills United Methodist Church
 10771 Trask Dr.
 Ferguson, MO 63136
 (314) 524-1686

Fun / Games / Treats
 Also enjoy the Corvette Show in our Parking Lot.

TRUNK OR TREAT!
Thursday, October 31st
 5:00-pm to 8:00pm!
 Zion Lutheran Church
 123 Carson Road
 Ferguson, MO 63135

Come join us for sweet treats, a cake walk every 15 minutes, story time, and other spooky fun activities!
 Hope to see you there!!!

ST PETERS UCC – 1425 STEIN ROAD

SAT, OCT 26TH 2-4PM

Trunk or Treat

Free Event!
**HOT DOGS
 POPCORN
 ACTIVITIES FOR KIDS!**

Children must be accompanied by adult

Farmers Formal



Farmers Formal provides the roots to help EarthDance sprout change. With your help, we can continue growing the good food movement.

Volunteer at Farmers Formal, **Friday, October 25, 2019**, and receive a complimentary ticket! The ticket includes up to 2 adult beverages, bottomless nonalcoholic beverages, endless local chef and farmer inspired cuisine, entertainment, and mingling with chefs, farmers, and friends of the foodie community.



Questions? Contact Program Coordinator, Chelsea Burdge at chelsea@earthdancefarms.org



Florissant Valley Symphony

FREE!

Join Us!

The Florissant Valley Symphony's string orchestra will perform a concert featuring everything from light classical and folk tunes to modern pop numbers. Come out and support the excellence of a local and talented group of performers. Following the concert, refreshments will be served in the Fellowship Hall.

Friday, October 18th @ 7pm



1425 Stein Road @ West Florissant
Ferguson MO 63135

(314) 521-5694
music@stpeterschurch.org

St. Peter's UCC

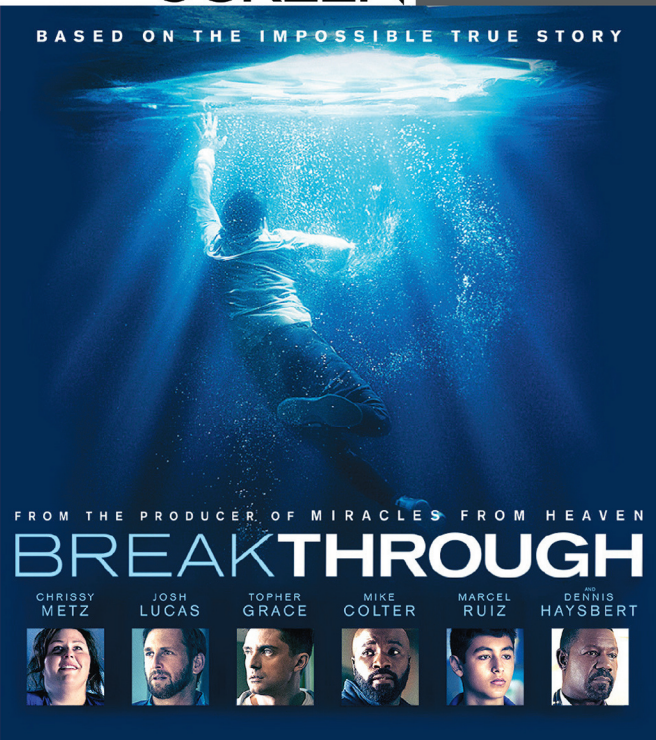
MOVIES. SNACKS. DEEP CONVERSATION. COMMUNITY. ALL FREE. AGES 12-19

Saturday 10/5/19

6 pm

St. Peter's UCC

1425 Stein Rd.
Ferguson, MO
314-521-5694



Monster Movie Series

Oct. 4th



Oct. 11th

Ferguson Municipal Public Library



35 N. Florissant Rd
Ferguson, MO 63135

4:00-6:00 PM
EVERY
FRIDAY

MOVIE & SNACKS are FREE

Oct. 25th



Route 66 Classic Car Show on the Historic Chain of Rocks Bridge!

Dozens of Classic Cars and Modern Mussel Cars will be displayed right on the Historic Old Chain of Rocks Bridge overlooking the Mississippi River!

**Saturday October 12th, Noon-4
270 and Riverview**

Beer-Outside, Nomi's Food Cart, Paparazzi, Hempworx, St. Louis Public Library, Boy Scouts with their delicious Popcorn, and Grammy's Gifts and

Delights are just a few of the vendors coming! Silent Auction. Free Gun locks provided by Women's Voices Raised for Social Justice.

Classic Cars and Vendors wanted. Proceeds go back into the community. Sponsored by Chain of Rocks Community Association, Great Rivers Greenway, Baden Special Business District and Alderwoman Middlebrook. 50/50 Raffle tickets available!

Contact: Event Chairperson Janet Wilson 314 489 6359
Chain of Rocks Community Association
Like us on fb [corca2stl](https://www.facebook.com/corca2stl)
<http://corca2stl.org/photos-2018-route-66-car-show.html>

Financial Focus

By Joan Cleaveland (cleav73@sbcglobal.net)
Business Manager for St. Joseph Parish in Cottleville
Lindenwood University – BA Business Administration

The Cashless Society

Last month's column ended on a rather disturbing note with concerns about what might happen if the internet or power went out for a long period of time. With the future possibility of needing an iPhone to make a purchase because cash is no longer available or accepted is a bit concerning for even some who embrace the cashless society. We've become accustomed to things being pretty reliable and when things do go down they are back up pretty quickly. Today back-up generators seem more popular with many ordinary homeowners, so they don't suffer when the power goes off in the winter. Perhaps there will be some back-up system available for internet outages in the future. In any case, commerce must go on - the ability to pay and receive value for goods sold or purchased will continue because of the need. And we've all heard that "necessity is the mother of invention."

If we look for some advantages of moving towards a payment system that doesn't involve actual cash, it seems there are several. First and mentioned in my previous column is the ability to trace criminal activity. Today banks and other retailers are required to file a Currency Transaction Report when someone makes a deposit or withdrawal with a large sum of cash. The CTR is also required if the amount is perhaps less than the limit for a report, but the customer or transaction seems suspicious. So a criminal may work hard to limit the amounts being used to purchase something like a car or a home. And transacting small amounts over a long period of time may mask some funds being put into bank accounts. But, if all payments are required to be in the form of a plastic card or a transfer by iPhone, small time criminals will lose their ability to make money. They might become better citizens being productive within the system. However, those cyber criminals will be working on ways to hack the system for their own benefit and those working to stop them will have job security.

Another aspect of crime that may decrease would be the theft by breaking and entering or just mugging someone to obtain some quick cash. While stealing a plastic card may enable the thief to make some purchases before the theft is reported, it isn't likely to get them any cash if everything is paid via iPhone or plastic. And security codes or PINs can prevent a criminal from using them and they may be traceable. A couple of years ago my granddaughter had her iPhone and purse stolen as she was getting out of her car in front of a relative's home in Kansas City. Within minutes the police were able to track her phone. They also noted other similar robberies from people just getting out of their cars were happening on the route the iPhone was being tracked to. The thieves were apprehended and aside from being frightened, my granddaughter recovered what had been stolen. If cash isn't needed in the future, the government could save money by not having to print more currency or mint more coins. The cost to mint a dollar's worth of pennies is \$1.66 and a dollar's worth of nickels is \$1.62. The larger coins – dimes and quarters actually cost less to mint. And currency printing costs range from 4.9 cents up to 12.3 cents depending on the bills value. So, it would stand to reason that any savings might end up being spent on preventing electronic thefts and cybercrime. If you are a coin collector, maybe the value of your collection will increase even more quickly when less is being minted. And I've heard of situations where someone desperate for something had stolen valuable coins only to use them to purchase something – probably candy – a friend told me how his mother caught him using old silver dollars from her jewelry box to go to the corner store. My son used the mint set of coins we purchased in Philadelphia as a souvenir to get enough money for concert tickets when he was a teenager. Having nowhere to spend actual cash would prevent these types of thefts.

As with any innovation, many of the population will be at a disadvantage. People with dementia or other disabilities making it difficult to manage an iPhone or remember a PIN will require some help. For those who are poor and possibly immigrants, a system without cash may also present challenges. So, these types of situations will need to be addressed. Perhaps new job opportunities could involve assistance to these groups. And of course, protecting these people from those who might take advantage of them is another concern. Perhaps extra safety cautions could be added to aid those who need it.

And what about young children? As a child I remember collecting soda bottles and returning them to get 2 cents per bottle. With enough change we could then run off to the candy store to spend our money. I also remember the first time my children were able to use their own saved up money to make a purchase and handle the transaction by themselves at the cash register – they were so proud. In the future, I suppose a reloadable gift card could be used to pay allowances. Then the child could do shopping with the gift card – it might require them to use some math skills to keep track of their spending. Learning to make sure they got the right change was a skill, we had to teach our children. For younger parents teaching their children about the funds loaded on a card and how to manage it will be an important lesson. When they are old enough to start using an iPhone, it will be time for another lesson. However, as we all know children are watching us daily; by the time they are old enough to use an iPhone they have probably picked up knowledge along the way. And before you know it they will be teaching you the latest features of the iPhone.

Meet Your Government Representative

Interested in government? Have matters to discuss with government officials?

Stop by for a 5 min., one-on-one session with your Ferguson City officials!

Saturday November 9th @ 1:00PM

Auditorium
Ferguson Municipal Public Library

Ferguson Municipal Public Library, 35 N. Florissant Rd., Ferguson, MO 63135

FLIERS (Friends of the Ferguson Library)
FALL BOOK SALE

Thursday, October 17
4:00 to 7:30 p.m.
Friday, October 18
9:00 a.m. to 5:30 p.m.
Saturday, October 19
9:00 a.m. to 3:00 p.m.

All proceeds go to the library and all workers are volunteers

Library Auditorium
35 No. Florissant Road

Special categories for this sale include LOT of library discards consisting of mysteries, fiction and large print books. We also have Star Trek books and magazines, lots of children's books and older "out of print" books.

For more information, call Janie Norberg at (314) 521-4663

Another casualty of using less cash is the need for traveler's cheques. For those too young to remember, you used to be able to purchase traveler's cheques at banks. The most popular was American Express and you would sign them at the teller window and then in your travels, you would sign them again to make a purchase. The establishment would accept the cheques as if they were cash and typically give you any change in the form of cash. If you lost your traveler's cheques you could go by a bank or American Express office to get lost cheques re-issued. They were always touted to be safer than cash and were widely accepted throughout the world. A friend of mine recently ran across some traveler's cheques he had purchased about 10 years ago – just as they advertised he was able to take them to the bank and deposit them just last month.

Today the better choice is to use a credit card when traveling – traveler's cheques are not accepted as widely as they were in the past before ATMs and credit cards. It is certainly more convenient using a credit card and that's really the bottom line – going cashless can be safer and more convenient; we just need to embrace the change.

Next month, I'll look at other forms of virtual cash – and the differences. If you have any comments or questions, please e-mail me at cleav73@sbcglobal.net.



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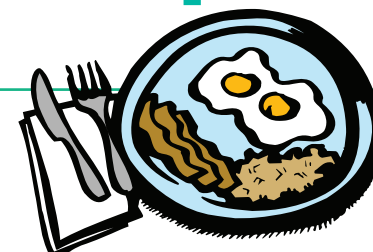
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OCTOBER 5, 2019

3-9 PM

SCHEDULE OF EVENTS:

3:00 - COLOR RUN & FAMILY GAMES

3:30 -7:00 - GAME BOOTHS OPEN

3:00 -5:00 - BBQ BURGERS AND DOGS

5:00 -7:00 - FRIED CHICKEN DINNER

5:00-7:00 - GAME TRUCK & LASER TAG

6:00 - 9:00 MUSIC

8:30 - RAFFLE DRAWINGS



BTC Craft Fair

Saturday, November 16, 2019
9 a.m. - 2 p.m.

BTC Parish Hall
120 N. Elizabeth Ave., 63135

FREE to Attend

\$5 Lunch will be available

(Hot Dog, Chips, Cookie and Drink OR
Nachos with Cheese, Cookie and Drink)

For more information contact Laura Steinman
314-488-0527 or LauraSteinmann@yahoo.com



Edward Jones Perspective

by Joe Meyer

Not Too Soon for End-of-Year Financial Moves

We've still got a couple of months until 2019 draws to a close, but it's not too early to make some end-of-the-year financial moves. In fact, it may be a good idea to take some of these steps sooner rather than later. Here are a few suggestions:

- **Boost your 401(k) contributions.** Like many people, you might not usually contribute the maximum amount to your 401(k), which, in 2019 is \$19,000, or \$25,000 if you're 50 or older. Ask your employer if you can increase your 401(k) contributions in 2019, and if you receive a bonus before the year ends, you may be able to use that toward your 401(k), too.

- **Add to your IRA.**

You have until April 15, 2020, to contribute to your IRA for the 2019 tax year, but the more you can put in now and over the next few months, the less you'll have to come up with in a hurry at the filing deadline. For 2019, you can put up to \$6,000 in your IRA, or \$7,000 if you're 50 or older.

- **Review your portfolio.**

It's always a good idea to review your investment portfolio at least once a year, and now is as good a time as any. But don't make any judgments based solely on your results over the past 10 months. Instead, look carefully at how your portfolio is constructed. Is it still properly diversified, or has it become overweighted in some areas? Does it still fit your risk tolerance, or do you find yourself worrying excessively about short-term price swings? These are the types of factors that might lead you to make some changes, possibly with the help of a financial professional.

- **Don't forget about your RMDs.**

Once you turn 70½, you generally need to start taking withdrawals – the technical term is “required minimum distributions,” or RMDs – from

your traditional IRA and your 401(k) or similar plan. After the first year in which you take these RMDs, you must take them by the end of each year thereafter. If you don't withdraw at least the minimum amount (calculated based on your age, account balance and other factors) you face a penalty of 50% of what you should have taken out – a potential loss of thousands of dollars. So, take your RMDs before Dec. 31. The financial services provider that administers your IRA or 401(k) can help you determine the amount you must withdraw.

- **Think about next year's opportunities.**

It happens to almost all of us: A year has passed, and we haven't taken the actions we had planned. So, start thinking now about what you want to do in 2020 from a financial standpoint. Can you afford to ratchet up your investments in your retirement plans? If you have children or grandchildren, have you started saving for college? Have you considered ways to protect your financial independence if you ever need some type of long-term care, such as an extended nursing home stay? If these or other items are on your financial to-do list, start planning now to get them done next year. Time goes quickly – so don't get left behind without having taken the steps to keep moving toward your financial goals

Joseph Meyer, CFP®
Financial Advisor
Edward Jones
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(314) 524-6333
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Buying a Home A Beginner's Guide

Everything you need to know about looking for and buying a home.

**Saturday
Nov. 2nd
1:00 - 2:00pm**

**Led by:
Maria R.
Yaksic,
Realtor**



For more information
call 314-521-4820

Ferguson Municipal
Public Library
35 N. Florissant Rd.
Ferguson, MO 63135



Community Gardens of Hope Hill “Garden Festival”



**Saturday, October 19, 2019
4:00 - 7:00 PM**

North Hills United Methodist Church
10771 Trask Dr. – Ferguson, MO
(314) 524-1686

Activities: Games, discovering things in the Garden, cutting a pumpkin from the garden, cooking from the garden, crafts, and fun for all.

Dinner: Soup and salad dinner using vegetables and herbs from our own garden.

Trivia

All answer begin with the LETTER “R”

1. McClown
2. Noisy decade
3. Theory about mothers, fathers brothers and sisters
4. Parsley, sage and thyme's girlfriend
5. She let her golden hair down
6. Cowboy circus
7. Almost a Miss America
8. Sophisticated sugar
9. Rodent 50-yard dash
10. Reddish Brown oxide
11. The “R” in *Mayberry R.F.D.*
12. Viper that may amuse a baby
13. Teddy's riders

See answers at bottom of page 23.

R

Membership Meeting

Thursday, October 10th
Orlando's Event & Conference Center
Wear Orange & Black or a costume!
Trick or Treat!

Sponsors

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THURSDAYS FROM 4-6 PM



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Music and Movement Class!

Join us for a relaxing hour of strengthening October 10th & 24th at 1:30 PM

Pumpkin Celebration

With Entertainment by "Elizabeth LaKamp" Complimentary Lunch following, Tuesday, October 8th at 10:30 am RSVP by October 4th 314-838-3877

Stay Well!

"Keeping The Brain Healthy" with ENVISION Thursday Oct. 17th at 9:30 am. Complimentary Breakfast 9:00 am RSVP by October 11th 314-838-3877



Under The Hood With Robinwood
By Bob McGartland

2019 The Taste in Ferguson A Grace Filled Day

The days leading up to Sunday September 8 had been nice and sunny. Just the right temperatures for the month of September. That Sunday morning the skies opened up with rain and lightning. We had a crew of volunteers from the UMSL men's basketball team and Marquette High School baseball team. These guys were ready and willing to do what it takes to get our event set up. Yet at times the rain was so heavy we had to wait it out. After a while the heavy rain slowed to a light rain, so we were able to continue set up. The rain didn't dampen our spirits. By 11:30 am the rain had completely stopped and we were able to dry off the tents and tables and finish up for our food vendors to arrive at 12:30. A grace filled morning.

It was around 1 pm that the sunshine broke through the clouds. By two o'clock the sun was out, the clouds were gone, the parking lot was drying out. Our dedicated crew of volunteers assisted the food vendors in preparing their booths and putting the final touches on the set up. By 3pm we were on time and ready to open the entrance for our attendees. I believe our two angels in heaven, Robbie and Sam had something to do with our good weather. A grace filled two hours.

For the next three hours, thanks to a new group of volunteers and our gracious hosts Tony and Lisa Lonero, the 7th annual The Taste in Ferguson fundraiser event took place at the Savoy Banquet Center. We had 25 amazing food vendors who brought their best dish to serve to our largest crowd so far of 1300 people. Adam's Smokehouse, Amore' Pizza, Beast Butcher & Block, Breakaway Cafe', Cafe' De La Sha Catering, Cork Wine Bar, Drake's Place Restaurant, Earthdance Organic Farm, Helfer's Pastries and Dei Cafe', Just Chicken, Mann Meats, Om Turtle Cafe', Pantera's Pizza, Papa Murphy's Pizza, Paul's Market, Peel Wood Fired Pizza, Pho Long Restaurant, Red's The One and Only BBQ, Sam's Club, Simply Thai, Starbucks, That's So Good Pop-Up Buffet, The Pasta House Co, The Rice House and TKO Grill. Among 9 new food vendors this year; joining us were two new to Ferguson restaurant's, Om Turtle Cafe' and Just Chicken along with the new owners Austin and Michele Hamblin of Cork Wine Bar.

Fredbird came out to join the fun. The enthusiastic Marquette High School Cheerleads did a great job of entertaining the kids throughout the event.

The Ferguson Police and Fire Departments had their annual cookoff

competition to determine who had the best Smoked Pork Butt Slider this year. The Ferguson Police Dept. won the bragging rights trophy. This friendly competition between the two departments is much more than winning a trophy. They came together to support former Ferguson Police Officer Kevin Hill. They collected \$685 for Kevin to help with ongoing medical expense.

We invited Todd Shelton as our special guest. The former McCluer South Berkeley High School coach who is now paralyzed from a tragic event needs a handicap equipped van. Through the generosity of Brian Owens, we raffled off 4 sets of tickets to his and Michael McDonald's concert at the Touhill on September 29th. The raffle raised \$700 towards Todd's new van.

The winners of the Gourmet Gauntlet food vendor competition were announced at 6pm. Best BBQ: Adam's Smokehouse; Best Chicken: Just Chicken; Best Dessert: Helfer's Pastries and Deli Cafe'; Best International: Simply Thai; Best Vegetarian: Cork Wine Bar. Winners were chosen by Ferguson Mayor James Knowles. Mann Meats won the Mayor's Choice trophy.

Last but not least, volunteers from the Marquette High School Football and Soccer teams came at 6:15 to help break down the event.

With sunny skies, the tastings of great food, the pouring of beer, wine and spirits, the sounds of music from the bands, the entertainment of three local chefs, the laughter of children, the reunion of family and friends, the conversations, the smiles, the handshakes, the hugs and the high fives exchanged, our fellow brothers were supported, winners were chosen and a large diverse group of people were joined together as community that Sunday afternoon. A grace filled 3 hours.

Thank you for the generous help and support from all our sponsors, our food vendors, all who attended, all our volunteers, the City of Ferguson and the tireless effort from the planning team. Because of so many, the 7th annual The Taste in Ferguson was another successful event. We will continue our efforts in the memory of Robbie McGartland and Samantha Lipka by providing scholarships back to our local youth and support other local youth organizations.

Sincerely, Bob McGartland P.S. Mark your calendar for the second Sunday in September, 9-13-20, for the 8th annual Taste in Ferguson

My article on cars will return next month.



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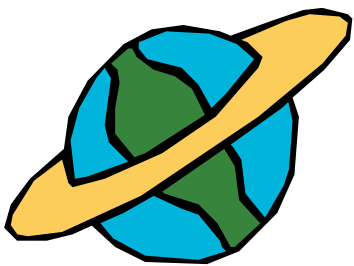
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Sincerely, David Kuechenmeister
Missouri Stream Team 888

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Traveling With Marveena



by Marveena
Miller
Shanahan

Looking at the calendar, I saw a four day holiday weekend coming up, Labor Day, and you know what that means, time to plan a trip. After a little research, we decided to head south to San Antonio and spend a long weekend on the River Walk. I had not been to Texas since I was little and even then I stayed with my grandpa, who was overseeing a new building in downtown Houston so I didn't see much. San Antonio is a short two-hour flight from St. Louis and their airport is very easy to navigate. A quick 15 minute cab ride and we arrived at our hotel on the River Walk. We didn't get checked in until after midnight on Thursday, and although I'm sure the bars and clubs were still open, we opted to stay in and get an early start on Friday.



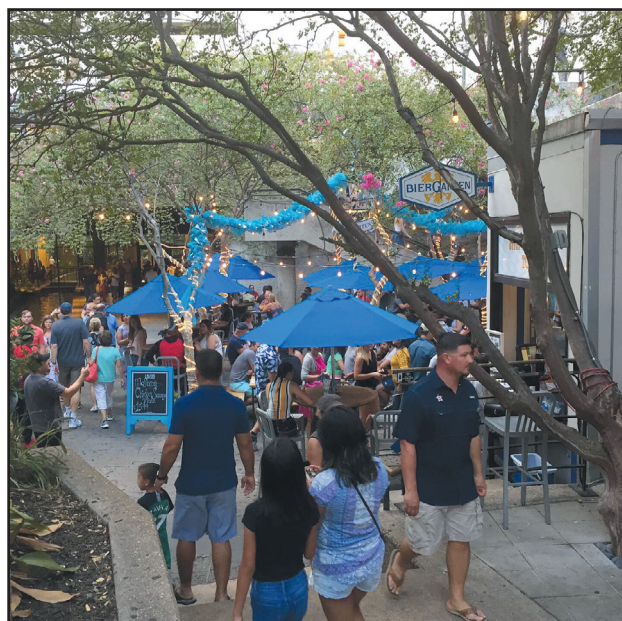
River Walk sees over 11.5 million visitors annually and was very crowded with it being a holiday weekend. In 1929, after the city suffered a huge flood from a hurricane, the idea for the San Antonio River Walk was conceived by a young 27 year old architect by the name of Robert H. Hugman. However, it would take 10 years to gather funding, mostly from the Federal government through the Works Progress Administration, part of Franklin Roosevelt's New Deal. A staggering figure for the time, the estimated cost was \$455,000; the project was completed in 1940. The first hotel on the River Walk was opened in 1962 but what really drove growth was HemisFair '68, the official World's Fair in 1968. Throughout the years the River Walk has been extended and improved and now covers 15 miles. I found it interesting that some of the extensions are funded by the businesses themselves. For example, we stayed at the Drury Plaza Hotel and the Drury funded their share of the extension, from their hotel to the previous end of the River Walk. There are new hotels, new extensions and a lot of construction on the south end of the River Walk. It is constantly evolving, growing with no end in the near future.

Our first venture on Friday was to visit the Alamo and it was remarkably smaller than I had imagined. Going early Friday morning meant we avoided the crowds and we were through in about 30 minutes. In addition to the actual fort they also feature a movie and living history demonstrations. Next we proceeded across the street and got on our Hop-On, Hop-Off bus. There are 15 stops and after we completed a route and figured out where and what to do, we decided to stop at



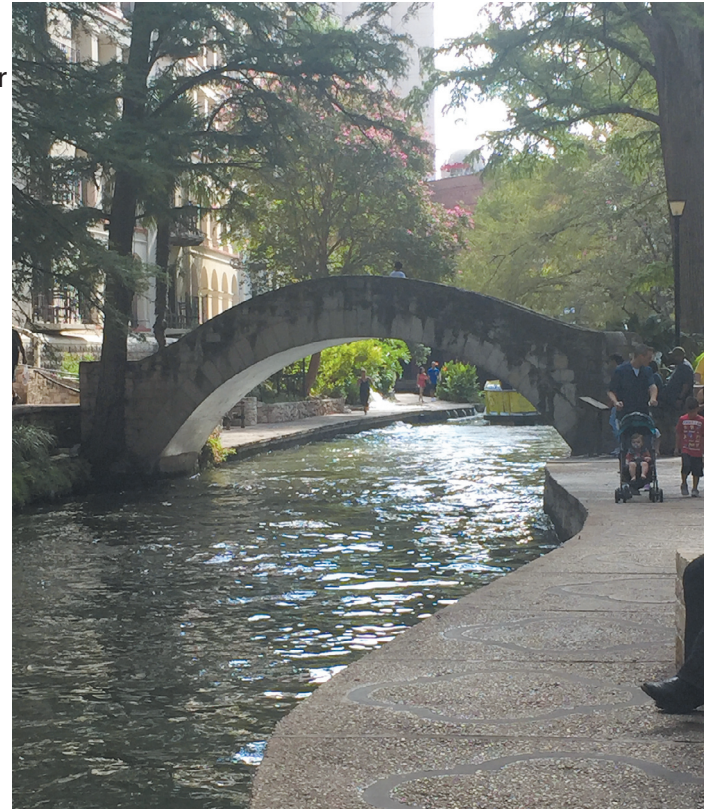
Augie's BBQ Smokehouse. The BBQ was delicious; Chris couldn't stop talking about it the entire weekend. After lunch we headed to VFW Post 76, the oldest VFW post in Texas. My dad is very active in the VFW and I always stop and get him a shirt. This VFW, located on the River Walk, was beautiful and they have live music, a large outdoor seating area, and the cheapest beer on the River Walk. We stayed and talked with the bartender for a bit, hopped back on the bus and finished the route. We walked around downtown and headed back to the hotel to drop off our purchases.

Friday night we stayed on the River Walk, doing a boat tour at dusk and visiting some of the many local shops. I had the famous Big Red Margarita, which was too sweet to finish, sampled a few other options from the margarita bar and we headed back to our hotel around midnight. The San Antonio River Walk boat tours are a must. One stroll down the River Walk and you'll see the guided tour boats cruising down the water. Interestingly the architect, Robert H.



Sidewalks line both sides of the river.

Hugman, actually designed the archways along the river to be high enough for gondolas and small boats to pass under. Before the tour boats, there used to be paddleboats you could rent, which I think I prefer, but the tour boats were fun. Chris kept saying the River Walk reminded him of Venice and on the tour we learned the River Walk design was based on the canals in Venice and other areas in Europe.

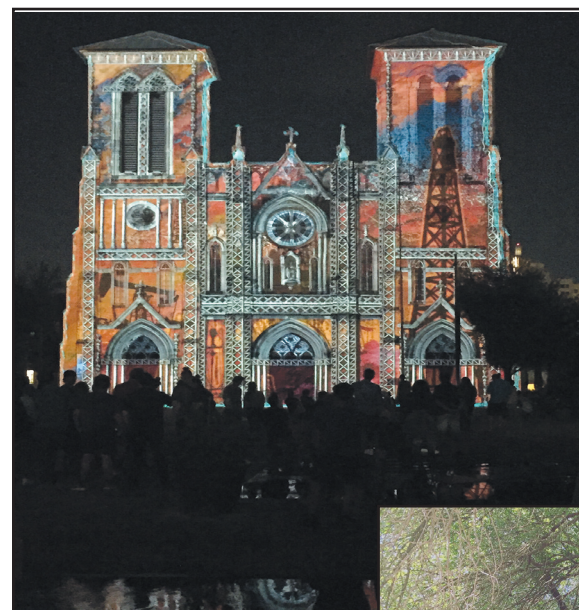


Saturday we headed back to the bus and took the first stop, Pearl Brewery. It's a super cool area with lots of shops, bars, cafes, green spaces, and very expensive lofts; a definite stop! It is pricey but the Pearl is an interesting area and not far from the River Walk. Back on the bus we decided to stop at the Southtown, the Arts District and King William, an area filled with Victorian-inspired neighborhood. The King William area was established in 1967, and is one of the most expensive areas to live in San Antonio. We looked up a four-bedroom, 2,277 sq. ft. home listed for \$620,000. The architecture is interesting; the area is very walkable and close to the River Walk, but very pricey. Next we stopped at The Friendly Spot, an old ice house, where they had sangria on tap and beers were two for \$5.00. Although the temps were in the 100's, lots of places, including The Friendly Spot, only have outdoor seating. We stayed for about an hour, that's all the heat I could take, and headed back to the hotel to cool off. We stayed on the River Walk for dinner, having seafood and the most delicious Banana Fosters ever.

Sunday we walked around early before the crowds woke up and settled on brunch at the oldest Mexican restaurant on the walk, Casa Rio. We waited about 45 minutes for a table outside, as I just had to sit out along the river. The food was delicious but the crowds were loud and made it hard to hear the person next to you. We visited more shops, walked along more of the River Walk and finally decided we should try a jumbo 60 oz margarita we kept seeing. I am pretty sure it had more sugar than tequila but still it was fun. We just wandered around the River Walk some more and finished the evening with a gorgeous laser light show.

Monday we walked around downtown, I bought myself a pair of cowboy boots, we were in Texas after all, and had lunch at the famous Buckhorn Saloon. My opinion, skip the Buckhorn and head back to Augie's. By then it was time to head to the airport and back home. San Antonio was a great place to visit. If you decide to rent a car, you can visit Sea World, Six Flags, the Zoo and the Botanical Gardens. If you haven't visited, I would definitely recommend it!

If you would like to see more photos, or the laser show, follow me on Instagram!



The laser light shows are not to be missed.

One of the 200 year old banyon trees that line the City Walk bank.



The Building of River Walk

In 1921 a hurricane in the Gulf of Mexico caused the San Antonio River to flood. The City of San Antonio, which is located on a bend of the river, was especially hard hit with as many as 50 lives lost.

A native and architect, Robert Hugman proposed a flood gate at the north end and a dam at the south end of the river bend. When the river flooded, just close the floodgate and the dam could regulate the flow.

Although the original plan was to pave over the area, Hugman envisioned a commercial development that would showcase shops and businesses.

With crucial funding in 1939 under the Works Progress Administration, construction began. One of the boat excursions available at the River Walk is a visit to the flood gate.

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Chiropractic Treatment May Relieve Your Vertigo

It's hard to focus on anything when the room feels as if it's constantly spinning due to vertigo. The condition affects nearly 40 percent of us at some point in our lives, according to University of California San Francisco Health. If vertigo has disrupted your life, chiropractic treatment may offer the relief you desperately need.

Vertigo can be caused by:

- Injuries. You may first notice vertigo after a head or neck injury.
- Misalignments and Dislocations. Vertigo may be more likely to occur if your spine isn't aligned properly or your vertebrae are dislocated.
- Inner Ear Problems. Your inner ear plays an important role in balance. Infections and conditions that affect the inner ear can be the cause of vertigo.
- Your Habits. Vertigo can sometimes occur if your diet is unhealthy or you consume or use caffeine, alcohol or other substances that affect the nervous system.

A Visit to the Chiropractor Can Improve Your Symptoms. So if you suffer from vertigo, Chiropractic care offers a natural solution for your condition. Contact us to schedule an appointment.

Dr. Robyn's Office Hours:

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our FERGUSON 2040



Join us for the

Second OurFerguson Community Workshop

What

A community analysis & visioning workshop to guide the City of Ferguson's comprehensive plan

When

Monday, October 21, 2019
6:00pm to 8:00pm

Where

Ferguson Community Empowerment Center
(Urban League)
9420 West Florissant Avenue, 63136

Bring your family—
all ages welcome!

Share your voice and
ideas for Ferguson's future

Learn more about the city's
challenges & opportunities

OurFerguson is the City of Ferguson's first comprehensive planning effort since 1997. This plan will outline a long-range vision for the city's approach to land use, housing, jobs, business, open space, and more. The plan will also clarify, align, and fill gaps between the many other initiatives in and around Ferguson.

At this workshop, the planning team will present feedback from the first workshop alongside **analysis about challenges and opportunities** that could shape the city's future. Analysis will focus on the **economy, neighborhood conditions, housing, open space, transportation, development, and quality of life.**

Visit OurFerguson.com and the OurFerguson page on Facebook at fb.me/ourferguson. We will update the website and Facebook page regularly, so please visit often. If you have any questions or ideas, reach out to us at info@ourferguson.com.



Fall Church RUMMAGE SALE

Friday, October 4th
5:00 p.m. to 7:30 p.m.
and
Saturday, October 5th
8:30 a.m. to 1:00 p.m.

We have held this Unique Sale for Many Years
and Our Prices Can't Be Beat

All proceeds support local women and children's charities!

So, if you're looking for:

Jeans, Dress & Work Clothes, Shoes, Children's Clothes & Toys,
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Items, Small Furniture, or any of our 100s of other items.

We look forward to seeing all our Faithful Shoppers
and Welcome All to come check out this Sale.

Donations are welcome BUT MUST BE PREARRANGED BY
calling the Church Office (314) 521-0138

St. Stephen Church 33 No. Clay (corner of Darst and Clay)
"The Church with the Red Roof"

Voting Restrictions

The Ferguson-Florissant (North County) Branch of the American Association of University Women will sponsor a panel discussion on restrictions to voting in the US. This panel of professionals has worked diligently to expose hindrances to voting and will address the issues surrounding this.

Voting is at the very basis of our democracy. Citizens should be ever vigilant of its operation and validity.

This discussion will occur on **Saturday, October 19**, at 10:00 am in the Community Room at the First Presbyterian Church, 401 Darst, in Ferguson. Refreshments will be served.

The presentation is open to the public. For information, call 314-522-0413, 314-831-5359, or 314-921-7109.

Dave Halloran's Miniatures

Dave literally made hundreds of these miniatures for train layouts. The one pictured measures 2 inches by 4 inches. Notice the fine detail including the bench on the front porch.



Sherlock's Pal



I love puns. Some people think I'm funny, but I'm only punny. Some people say that puns are the lowest form of humor, but I say that puns are dry wit and therefore the lowest form of humidity. The first thing I do when I wake up in the morning is think about possible puns. By the way, it just dawned on me that the sun came up this morning.

The second thing I do is turn on the news. Unfortunately, when I watch the news these days I suffer from Righteous Indigestion. Because I felt ill, I went to see my doctor. He sent me to a surgeon. As I was talking with him, I thought, "You know, I bet surgeons always wear the same uniform because they are superstitchers."

Later that day I officiated at a funeral in a beautiful old cemetery. I spotted a gravestone with the name "Otto B. Harder" and thought that although Otto died during the Great Depression in 1937, he must have had a relatively easy life. (True story)

I was hungry after the funeral, so I stopped on my way home to get Chinese food. It dawned on me there that if pot stickers lived up to their name, we wouldn't be able to eat them. After I ate, I decided to go for a walk at Cahokia. I saw a sign there that says, "Please do not climb on mounds" and thought, "I prefer Almond Joy climbing anyway."

As most of you know by now, I am a local clergy person. I especially enjoy religious puns. In that vein I have come up with a few titles for my denomination, the United Church of Christ, and a few of my friends:

- Un-tied Church of Christ: The United Church of Christ if it were on Reality TV
- Prusbyterians: Environmentally friendly Presbyterians
- Pistolpalian: gun-toting Anglicans
- Mythodists: Methodist biblical literalists
- LexLutherans: Lutherans who hate Superman
- South Park Baptists: Potty-mouthed Southern Baptists
- 'Merican Baptists: Northern Baptists with a southern accent
- Cathoholics: Catholics that enjoy Mass just a little too much
- Despicables of Christ: Evil Disciples of Christ
- Pentecoastals – Pentecostal Christians who live, ironically, on the East and West coasts
- Re-Assembly of God: Pentecostal Christians that keep getting born again

I hope these puns are not upsetting to anyone. In fact, if anyone has a bone to pick with me, you have my permission to eat the whole thing by yourself.

Dr. Jimmy Watson
 Pastor, Immanuel United Church of Christ
 Ferguson, Missouri
 If you have any religious puns to share, please write to me at sherlockspal@yahoo.com.



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October, 2019 by Bob McCarty

I've been stumped for the past few weeks. I couldn't think of anything interesting to share with you this month. I said to myself, "Self, what have you been doing that is interesting lately?" I replied to myself, "Self, you've been restoring the frames of a couple of art glass windows." Then it came to me. Bending wood, now that's interesting.

What follows is a visit to our conversation from September, 2018. Enjoy, again.

As we restored the original sash/frame that the art glass has resided for the past 128 years, we found that most of the wooden glaze rails were in really bad shape. We found some areas of these rails in sound shape and replicated them using the same type and pretty close to the same age as the wood that was originally installed. Some glaze rail is straight, some is curved, and some is arched. The straight pieces were a no-brainer, to a degree. We just mitered them to fit around the glass. The curved were a bit more of a challenge. What we did was to make a mold of the area that we were curving and got it good and wet, curved and clamped it around the mold for a few days, mitered them in place with the straight pieces and Boom, we were done. The arched pieces were a lot more involved and that's what I would like to talk about this month; bending wood.

I did some internet research and learned about steaming wood so that we could bend the wood around the arched part of the sash/frame using the least number of seams or joints. I could have used five or six different pieces and got it to fit, but the more seams involved, the more trouble we would encounter with these seams. I wanted to get it down to one, maybe two seams at the most.

We built a steam box out of PVC pipe here at the shop and while we were in the process of steaming the glaze rails, the pipe melted. Quite comical. We built a box out of some pine boards that we picked up at the big box store. We used one by tens by six-foot-long, with three dowel rod shelves to hold the wood in the middle of the box so that the steam could envelope the wood. Hooked up the steamer and we're off to the races.

We were using reclaimed Douglas Fir because the original window is made out of this material. The profile was cut to make the glaze rails and they were placed in the steamer. The wood sat engulfed in steam in the box for approximately one hour. We pulled out a piece and slowly bent it around the shape of the arch. As we bent the wood around the sash, we heard creaks and cracks as the wood was forced into a position in which it not accustomed. Before we were able to get the glaze rail bent, we heard that unwelcomed sound of the wood cracking into smaller pieces. After exhausting our supply of Douglas Fir glaze rails, I remembered my research, Red Oak is a wood that bends well.

We dimensioned the Red Oak to the thickness of the original glaze rail, cut the profile and ripped it to size. We placed the new pieces of glaze rail into the steam box for about a hour, pulled out a piece and bent it completely around the arched part of the sash, which we were using as a mold. I didn't hear one crack, or even a creak. We did it. We were able to get the piece of wood to bend all the way around the arch of the sash.

Of course, bending one piece around the entire arch of the sash wasn't easy, and I needed clamps, lots of clamps to hold the piece of wood in place while it created a memory of that position. What we did was to create a seam in the direct middle of the arch, which made it easier to get the ends angled to meet the edge of the groove that held the glass and the glaze rail.



So, why didn't the Douglas Fir bend like the Red Oak? One of the reasons that the Douglas Fir didn't react well to the bending process was because it was reclaimed lumber. The glaze rails I had made using the old growth Douglas Fir had some checks and an occasional split that had been caused by a nail from 100 years ago.

Reclaimed wood has been in service for quite a long time and for some reason or another, it's purpose was interrupted. Luckily, someone was able to save these wood timbers, joists, beams, and other pieces from being surrendered to the landfill. When using reclaimed, old growth wood, you will find lots of small holes from nails and areas that had been drilled or notched. There's a lot more waste, but well worth the time that you will recognize when the newer wood that your neighbor has used is being

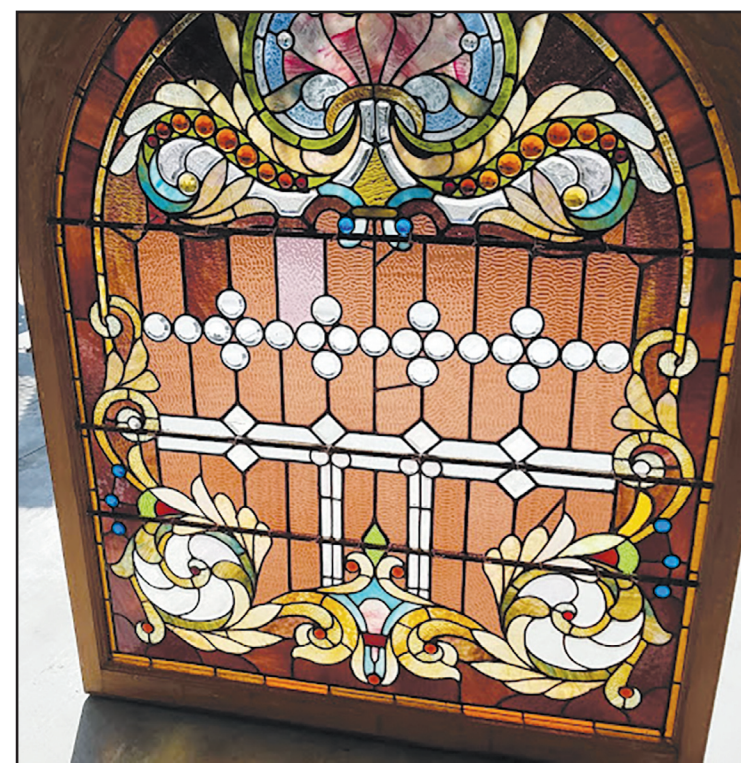
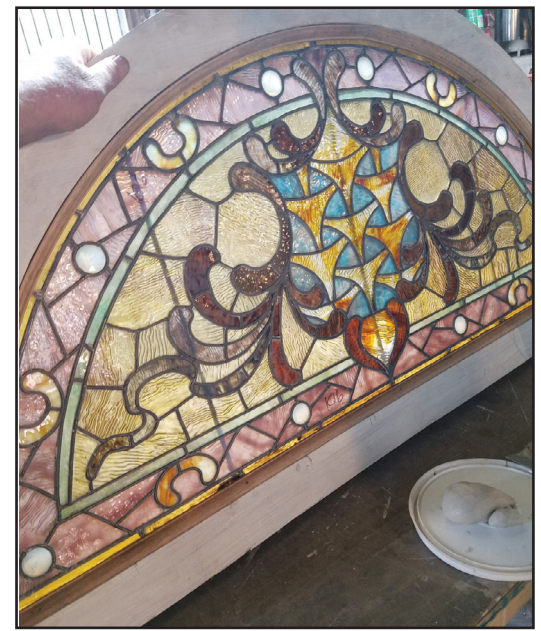
replaced in 15 to 20 years and yours looks like it did when it was installed. There's value in old growth wood. It's been around for many years and was allowed to grow at its natural rate, while building up a resistance to rot, insects, and decay. The new woods you find today being used are grown fast to keep up with supply and demand. It is not allowed to build up these resistances of its distant cousins, old growth wood.

Back to bending. If you think about it, the wood being bent is be pushed and pulled in different directions. If you look at the arch, the convex side, top, is longer that the concave side, bottom edge. When your bending the wood around the arch, the grain on the convex side is being stretched and the grain on the concave side is being smoothed together. I don't think smoothed is a scientific word, but you get the idea.

Another reason that the Red Oak (hard wood) bends so much easier than Douglas Fir (soft wood) is the cellular makeup of the different species. In all woods, there are the annual rings or grains and between these grains is the xylem. The xylem is shaped like straws which allows the nutrients from the ground which are absorbed through the roots to be sucked up into the tree, rewarding itself with new growth. In Red Oak, these straws are larger and longer than they are in Douglas Fir. Of course, if I had used new Douglas Fir, I could have gotten the same results as I did with the Red Oak, to a certain extent.

The new Douglas Fir would need to be soaked for a few days so it could absorb as much water as it could. At this point, it would have been put into the steamer and steamed for about an hour before it could be bent into place. I would have had to allow it to sit for an additional day in the form before the clamps came off and it would have been a couple of weeks after it was installed before it could have been painted.

Different woods bend at different rates but what I found in my research is that hard woods bend better than soft woods. I plan to compare some of these different woods for more bent wood projects.



To the left is a photo of the window sash that we bent wood for this past month.

That's all I have about wood bending for now. So, until next month, Bob is in the Sauna. And if what they say is true, about one hour per inch before I start to bend, I only have to steam for about a week.

Have a great month. Bob

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Ferguson by Foot

By: Margaret Wolfinbarger



I received an entertaining piece of fan mail in response to one of my columns this summer. This gem of a note has been marinating in my mind—not because it was typed with a manual typewriter and single spaced, not simply because it was intended to hurt my feelings—but because it made me laugh so hard. Unfortunately, he misinterpreted the spirit with which I write and chose to shame me. Sorry, Buster. Instead you are now fodder for my column.

The column he "critiqued" had to do with me celebrating my less-than-perfect body. Regular readers know I lost 140 pounds by walking the streets of Ferguson and have maintained that weight loss since 2011.

But like most of my readers—and most of humanity—I do not have a perfect body. Simply put, I jiggle when I wobble down the sidewalk. But rather than feel self-conscious, weird, or ugly, I choose to embrace my uniqueness and celebrate my ability to move. I do this because so many people cannot. And one day I may not be able to either.

The writer began, "Apparently you were elected or volunteered for the defense of obese America."

I was confused when I read that because I hate obesity. I wish everyone was born with a perfect body and never struggled to stand, walk, or swack obnoxious children. But since Helena Christensen has cornered the market on the best body in the world, I will have to settle for my jiggle belly and all that it entails. Which, by the way, it utterly awesome—especially when I'm dancing in my living room, much to the chagrin of my teenager.

"Warm weather is the season of indecent exposure. Today, it is fashionable to let it all hang out in the invasion of gross obesity."

As I read those sentences, I imagined a space ship landing on earth. I saw a herd of fat, green aliens swarm the pristine beach where the writer was lounging in his or her cabana only to be so horrified by the sight, that he dropped his seaweed-fortified bran bar in the sand. The poor man.

"The bacon and cheese out there will kill you."

Jim Gaffigan does a splendid bit in his acts where he deadpans, "Even the frying of bacon sounds like applause." Indeed. If bacon means death, I'll die clapping. And why must the author attack cheese? My friends at the Schnucks deli counter know that life without muenster cheese is not worth living. How, you ask? Because I tell them every time I buy it.

"Cheese and bacon are apparently constitutionally mandated by law. If they don't kill you, we will drown in euphemisms like "relaxed fit", the label on jeans which means designed with extra material in the thighs for fat."

I just want to state for the record that the writer is wicked smart! What an excellent idea. Politicians take note, we will vote for you if you can pass legislation for the mandate of cheese and bacon. Also, doesn't the author realize relaxed fit jeans solve the problem of perpetually pesky pants that shrink in the drier?

The author ended with a "biology lesson" which I gladly share with my readers. The differing body types are "endomorph, ectomorph and mesomorph (rotund, skeletal, and muscular)". He also made references to POW camps and the Donner-Reed party of 1846 although I'm not sure what he was trying to imply there. He did not list the "jiggly belly" body type—of which I am a proud member, but that's okay. It's challenging for the "body-perfect" to imagine the struggles of the "less than". Still, I think the author would appreciate the recent article in Daily Mail about Helena Christensen.

Helena was recently lambasted for wearing a black, bustier top in public by none other than ex-Vogue editor Alexandra Shulman because—gasp—she dared assault our eyes by exposing so much skin at the ripe old age of 50.

The author of my fan letter wrote, "Both genders expose more than we care to see from head to toe. Photos of people more than 100 years ago show them fully dressed with taste sans AC."

I wonder if he meant that even fully dressed they liked to taste bacon. Well, duh!

For more inspiration, follow me on my blog: www.destinationdiscipline.com.

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comprised of two separate units, each unit is a bit over 700 square feet, and is served with separate HVAC and electrical service. #100 is the former site of two bakeries and has a fully developed kitchen. #102 was a salon/barber shop and has hard pipe and electrical for at least three to four stations. There is a brick patio at the rear for outdoor dining possibilities and plenty of parking. Interest rates are low and the rent from one side will pretty much pay the mortgage. CALL US TODAY!



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Word Usage

Clue: Centuries ago, a clue (or clew) was a ball of yarn. Think about threading your way through a maze and you'll see how we got from yarn to key bits of evidence that help us solve things.

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Duchesne Music Teacher Receives Music and Arts Grant

D Hannah Sherer, a music teacher at Duchesne Primary School, is the recipient of a 2019 Music and Arts Grant from California Casualty. The grant, in the amount of \$250, will be used to purchase music and movement supplies.

Since 2018, California Casualty has been subsidizing music and arts programs by awarding grants. The grant is designed to foster creativity in schools such as choir, band, dance, film, theater, computer arts and graphics or any K-12 curriculum that employs art for learning.

"We want to help students soar with music, dance, fine arts and other creative outlets," said California Casualty AVP Brian Goodman.

About the Ferguson-Florissant School District:

The Ferguson-Florissant School District, located in suburban St. Louis, serves more than 11,000 students from preschool through 12th grade with an excellent comprehensive educational program. Fully accredited by the state of Missouri, the Ferguson-Florissant School District operates seven Pre-K through 2nd grade schools, six intermediate schools (3rd through 5th grade), two sixth grade centers, two middle schools, two A+ and NCA-CASI-accredited high schools, a cutting-edge STEAM middle school and a STEAM high, a student-centered learning Innovation School and an alternative school. In addition, the District includes a nationally-recognized early education program, the award-winning Challenger Learning Center space education facility and the Little Creek Nature Area, a 97-acre nature preserve which offers experiential learning opportunities for students in science, biology, ecology and related areas of study.

Police Officer Jill Gronewald opened the September 11th, 2019 meeting of Ferguson OnWatch, welcoming everyone.



The August 2019 crime stats were passed out and reviewed. As one of the attendees was a victim of a house break-in during July, I counted up the "Property Damage" accounts for August and came up with 43 incidents, all over town. "Burglary" accounted for 21 incidents in August. Of these 64 incidents of property damage and burglary, 1/3 of them occurred in the apartment complexes off of West Florissant Ave. If the apartment managers could send a weekly report of which units are vacant, then verifying who should be in an apparent vacant apartment, it would result in a much more productive investigation. With only a 20% occupancy, it is easy to see why these apartment complexes can no longer afford to have their own security company, like they used to.

Lock it or Lose it

If you look around the community, you'll see some new yard signs that say "Lock it or Lose it" on them. This is a new promotion endorsed by the National Neighborhood Watch organization. Around the country, as well as in Ferguson, thieves like to try car doors to see if they are locked. If not, then they look for things to steal, including the car itself.

The same thing goes for sheds. Jill stopped a man pushing a lawn mower down the street at 2:00 am one morning and asked what he was doing. When she checked the serial number on the mower with reported burglaries, she was unable to confirm the mower as stolen property.

Crime stopper tip: Take a photo with your phone of the serial number on your mower. That way, if it is stolen, you'll be able to report the serial number of the stolen mower. Photograph the back of your TV's too!

For those of you in Sector 2, (south of Chambers, West of Elizabeth) wave at Jill the next time you see her. That's her sector now.

Next meeting date: Our next Ferguson On Watch meeting is **Wednesday, October 9th** 7:00 PM at City Hall. Have a safe month!

Girl Scout Gold Award

Girl Scouts of Eastern Missouri is pleased to announce Molly Prescott, a student at Hazelwood West High School, has recently earned the Girl Scout Gold Award demonstrating extraordinary leadership through a remarkable community service project.

The Gold Award is a shining example of what a girl can achieve as these recipients have stepped up to generate long-lasting solutions for real-world challenges at local, national and global levels. Open only to girls in high school, these young leaders are taking matters into their own hands and making a difference in the worlds of STEM (science, technology, engineering and math), education and legislation. Gold Award Girl Scouts like Prescott are creating a brighter future for us all! Prescott was recognized with other Gold Award Girl Scouts during a special ceremony at Lindenwood University in St. Charles this past June.

For Prescott, a 12-year Girl Scout, giving back is an integral component to her life. So, when Hurricane Harvey hit Texas in 2017, Prescott joined a mission trip and traveled south to provide hurricane relief. When Prescott returned home, she knew she wanted to use the power of the Gold Award to help fund even more community service trips. This G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)™ earned the organization's highest community service award by transforming her church's storage closet into a "snack shack."



Leading a team of volunteers, Prescott sanded, epoxied, filled cracks, fixed chairs, moved supplies and assembled shelving. Now, because of her hard work, time management skills and vision, the First Baptist Church of Ferguson has a space dedicated solely to fundraising. Prescott's "snack shack" is full of sweets and treats available for purchase which will remain in her management until she graduates high school. Afterward, the church's youth group plans to take over and sustain the space.



The Best of Ferguson

by
Ruffina Farrokh Anklesaria, M.A.
will not have a column for few months,
but will return in the near future.



Labor Law Breakfast Presentation

Dr. Jake Rosenfeld, Associate Professor at Washington University and Author of *What Unions No Longer Do*, will discuss his latest research into what determines our pay. Specifically, he will include how unions affect the pay of the nonunion workforce and the roles in how pay secrecy policies impact compensation rates. This will be a great presentation. We hope to see you there. Breakfast is at 8:00 a.m. The program starts at 8:30 a.m.

Wednesday, October 9, 2019
8:00 a.m. to 9:30 a.m.
IBEW Local 1439
(2121 59th Street, St. Louis, MO 63110)
\$20/person (Includes breakfast)

Dr. Jake Rosenfeld is Associate Professor with Washington University
Call Amy at 314-400-7632 to register

The Ferguson Computer Corner

by Doug Neely!



OCTOBER, 2019

Holy Days in October:
Rosh Hashana (ends) 1st
World Communion Sunday 6th
Yom Kippur starts 8th
Columbus Day 14th
World Mission Sunday 20th
Reformation Day 31st
All Hallowed Saints Eve 31st

There are some other Holy Days and some other dates honored this month, but too many to mention here. Why not look them up for yourself at wincalendar.com by clicking on the name. This will show you a brief description for that day. Most interesting!

ANOTHER INSTALLMENT OF PUTERTALES, dept. to begin with, your puter is probably just fine, and only the software is: (pick one: dead, sick, dying, weird, gone fishing, not speaking to me, etc.) _____ (put your choice into the empty space) yeah, I know--- some of you would like to put your puter into an "open space", i'm sure. Still, the fact may yet remain that there is nothing wrong with the hardware part of your puter.

I got an email recently about Windows 10 being squirrely. So I thot "what's new about that?". Then I called the lady at the other end of the phone line. Asked her a bunch of questions about the sick patient. Some time later, armed with more info, I asked that she bring it over.

Short story shorter, I futzed around with it a bit, and found out it was not infected, as had been a good possibility. No, it was Windows 10 itself.

You see, this puter was not old; maybe about 2-3 years old. The poor thing still has a lot of life in it. Now it appears that 10 did not originally occupy the drive on my patient; likely it was Windows 8/8.1, or maybe even 7.

it was at this point that I started considering (brainstorming, if you will) other considerations. (I will not bore you with the details that my retrospection exhumed from the cobwebbed areas of my gray matter.) basically, I recalled that Windows 10 was built to NOT be backwards compatible with older hardware. By "older", I mean 2-3 years old or older. Which is exactly how old this cute little puter was. When I came to this earth-shattering revelation, I knew that Windows

10 had to be excised from our patient, and some other, more age-appropriate Operating System had to be installed so that the patient could live a full and productive life.

ENTER UBUNTU LINUX, dept. after the necessary explanation had been proffered, the owner of this lovely RED HP notebook told me that 8/8.1 was not to her liking, we were left with only ONE real solution: UBUNTU! I assured her that she would like it. She was not fully onboard. I told her that it was either UBUNTU or 8/8.1, and that was it. I then told her I would install whatever she wanted if she didn't like UBUNTU, but I asked her to please try it first. She did. She LOVED it! UBUNTU returned FULL and PROPER functionality to her beautiful notebook! Not only that, it now starts up, runs, and shuts down much faster than it ever did. Notebook and owner lived happily ever after! :)

IF you have an old puter which was "downgraded" to Windows 10 (OR running 8/8.1), and is not running the way it should, and if 7 is not an option, consider UBUNTU. When you install 8, 8.1, or 10 onto an older puter, it may not, as in the case above, be capable of installing the proper DRIVER SUPPORT for the hardware. This is why so many users go back to 7. NOW you have another choice: UBUNTU LINUX!

ME GO NOW!
I think it would behoove me to make preparations for the Holy Days we are about to celebrate, and eat some butterscotch pie that Y so lovingly created for us. (yes, it comes served with a healthy dollup of whipped cream on top, as is proper!) throughout this month, go with God, and be blessed!

...it is now safe to turn on your puter!

IF YOU would like to ask Doug for his FREE puter advice, email him at: fergusoncomputercorner@aol.com. Be certain to put the phrase "i need puter advice" into the subject field, and put your local phone number into the body of your email, so he can call you with advice. Of course, you can always phone him, in the afternoon or evening of most any day at: *314*521*1789*. HAPPY HALLOWEEN!



Drip Irrigation Made Easy

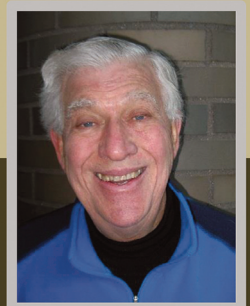
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Wednesday, October 9th

6:30 to 8:00 p.m.

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Usage

Nice: This word used to mean "silly, foolish, simple." Far from the compliment it is today!

Silly: Meanwhile, silly went in the opposite direction: in its earliest uses, it referred to things worthy or blessed; from there it came to refer to the weak and vulnerable, and more recently to those who are foolish.

Awful: Awful things used to be "worthy of awe" for a variety of reasons, which is how we get expressions like "the awful majesty of God."

The Community is invited to bring their pets to the

Pet Blessing

on
Sunday, October 6th, 2019. at 2:00 P.M.

at
the January- Wabash Park Pavillion # 1.

All are WELCOME ! Please come and enjoy the fun.

Artful Considerations

by Robin Shively

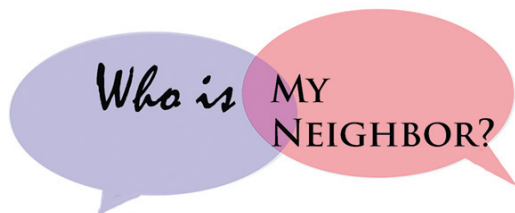
“Art and love are the same thing: It's the process of seeing yourself in things that are not you.”

– Chuck Klosterman



On October, 4th, Good Shepherd Arts Center, 252 S. Florissant Road, hosts an artists' reception from 5 till 7 p.m. for the opening of “Three Women: Visions and Voice,” an exhibit by ArtFiber St. Louis. This exhibit is part of the “Innovations in Textiles” collaborative event which will be presented during the fall throughout the St. Louis region. Ferguson resident Laura Saunders Kaiser, along with fellow fiber artists Deb Lewis and Pat Owoc are the members of ArtFiber Saint Louis. The show runs through Saturday, October 26. GSAC will be closed the week of October 28 and will reopen on Wednesday, November 6.

Good Shepherd Arts Center has issued a Call for Art, inviting high school and undergraduate students to submit work that portrays the breaking down of barriers for a juried show entitled “Who Is My Neighbor?”



The theme of the exhibit is to look beyond race, faith, age, gender and geography to explore what often divides, as well as unites. The deadline for submissions is October 15th. Interested students can pick up an application from Good Shepherd Arts Center during its regular business hours of Wednesday through Friday, from 10 a.m. till 5 p.m., and Saturday, from noon till 5 p.m. They can also email info@goodshepherdarts.org or find the application near the bottom of the “exhibits” page at <https://www.goodshepherdarts.org>. The exhibit will open Sunday, November 24 with a reception from 2:00 – 4:00 p.m. and will run through Saturday, December 21. There will be first, second and third place honors, plus specialty awards.



During the month of September, Good Shepherd Arts Center was presented with a “challenge grant” in which a donor offered to match donated funds. The campaign was still “live” at the time this article was written, but more than

\$4,000 of the \$5,000 goal had already been raised. The final amount will be reported in the next issue. GSAC would like to thank everyone who contributed, attended the Y-ART Sale and responded to the direct appeal at the Ferguson Farmers Market.

The month of September also brought the announcement of the dissolution of the Northern Arts Council (N.A.C.), a registered non-profit with the mission “To enrich the cultural landscape of North St. Louis County by hosting and promoting fine art events, and by working to build a spirit of community among local artists and arts supporters”. The following is a direct quote from NAC's announcement on its facebook page.

“NAC was established to support the arts and artists in North St. Louis County. In 2006 a small group of local citizens began meeting to discuss the lack of nearby cultural and arts opportunities. They decided to formalize this group to help support arts and artists in the north county area. Thanks to the energy and support of numerous volunteers, business owners and local higher education institutions, including University of Missouri-St. Louis, and St. Louis Community College at Florissant Valley, as well as the City of Ferguson, MO, the Northern Arts Council provided creative experiences to the community through a variety of arts programming. NAC hosted ongoing exhibits and events showcasing local artists, and brought numerous artists and others together for fun and community.

“The Northern Arts Council (NAC) has officially dissolved as a non-profit. All remaining funds have been donated to Good Shepherd Arts Center (GSAC), a local organization with a similar mission. Though the decision to end NAC was difficult, we feel confident about the work that GSAC is carrying forth. We are pleased to see that similar programming and energy has evolved in our community, at Good Shepherd Arts Center, and look forward to what's to come!

“Much gratitude to past board members, numerous volunteers, supporters of the arts, local businesses and business owners, and so many other supporters. We appreciate you immensely! We hope you will continue to support local arts, artists and culture in our community. Supporting the arts benefits the community in so many ways! We invite you to check out and support Good Shepherd Arts Center, which now has a 4 year history in North St. Louis County, in the heart of Ferguson.”

I want to personally extend my gratitude to the members and volunteers of the Northern Arts Council for all the creative experiences they have brought to this community and the support they have given to local artists and art events. Thank you!



Northern Arts Council “Aboriginal Dot Art” as seen at the Ferguson Farmers Market.



Leakage on Keystone” by fiber artist Deb Lewis.



“Ribbons of Hope” community art project started by N.A.C. at the Farmers Market.

To submit information about local artists and art events to be included in future columns, contact Robin at cornersframing@gmail.com.

Fun Things to Do that are FREE or Under \$10

Jewel Box in Forest Park

1 Wells Drive, McKinley Dr, St. Louis, MO 63110,
PHONE 314-531-0080

Hours: Monday through Friday from 9 a.m. to 4 p.m., Saturday from 9 a.m. to 11 a.m., Sunday from 9 a.m. to 2 p.m.

Cost: \$1 per person (free on Monday and Tuesday until noon)



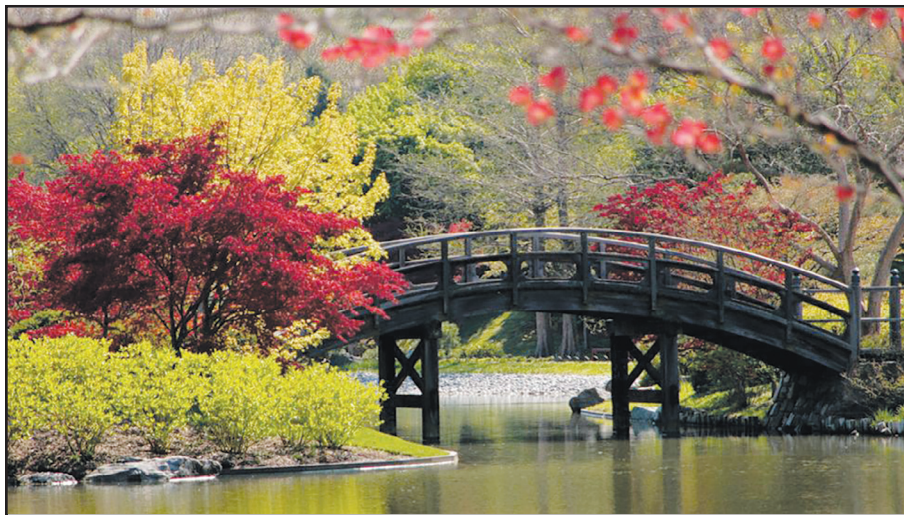
The Jewel Box is one of the most beautiful attractions in St. Louis' Forest Park. The 50 foot tall, glass-walled greenhouse is filled with hundreds of plants and flowers. The selection changes according to the season. For example, poinsettias greet visitors in the winter and Easter lilies in the spring. The outdoor grounds are also filled with many blooming flowers. The Jewel Box is a great example of art deco design and is listed on the National Register of Historic Places.

Missouri Botanical Garden

4344 Shaw Blvd, St. Louis, MO 63110, USA
PHONE 314-577-5100

Hours: Daily from 9 a.m. to 5 p.m.

Cost: \$6 for St. Louis City/County residents, children 12 and younger are free



Missouri Botanical Garden is a perfect spot for anyone who enjoys the natural beauty of the outdoors. This green oasis in the city has nearly 80 acres of plants and flowers in a variety of settings. Highlights include the traditional Japanese Garden (pictured above), Tower Grove House and the giant Climatron filled with tropical plants. The Missouri Botanical Garden has been welcoming visitors for more than 150 years and is listed as a National Historic Landmark.

Although there are many festival throughout the year at the Garden, a visit any day, any season is a delightful experience. If you can possible get there before the first frost in October, you will be rewarded with not only the beautiful fall colors of the vast varieties of trees and shrubs, but also the final splurge of color from the thousands of flowers that grow literally, everywhere.

There is a whole list of other attractions in the area that cost \$10 or less, including: the Butterfly House, Museum of Transportation, Ted Drewes, Confluence Tower, International Photography Museum, Mastodon State Historic Site and many more.

Things to do in Your Garden

- Sweep up any fallen leaves that harbour fungal spores and provide ideal hiding places for slugs and snails.
- Lift and divide any overcrowded perennials while the soil is still warm.
- You can take hardwood cuttings from deciduous shrubs now.
- Prune climbing and rambling roses once they've finished flowering, and tie in the stems before autumn winds cause damage.
- Clear up fallen rose leaves to prevent diseases such as black spot from over-wintering. To avoid the spread of damaging fungi, don't compost the leaves.
- Clear overhanging plants from pathways to maintain access around the garden.
- This month is the ideal time to plant hedges and move trees and shrubs.

Immanuel UCC *Card/Game Party* **LUNCHEON**

Thursday, October 10th

Doors open at 10:00 a.m. – Lunch at Noon

Lunch includes: Ham Sandwiches,
Homemade German Potato Salad and a variety of
Homemade Desserts

Many Raffle Prizes

Bring your friends for a table of card playing
and a enjoy a day of fun

Event Tickets: \$10.00

Tickets sold in advance

Call for Tickets: 314-521-7324

Immanuel UCC, 221 Church Street, Ferguson

ANNUAL WURSTMARKT FAMILY STYLE SAUSAGE DINNER



Saturday, November 2, 2019

11:30 am - 7:00 pm

**Immanuel United Church Of Christ
Fellowship Hall**

221 Church Street, Ferguson

Adults \$11

Children \$5

Carry-outs
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Sausage (our own recipe),
Sauerkraut, Mashed Potatoes, Green
Beans, Applesauce,
Homemade Pies
(Uncooked sausage for sale)

For more information call: 314-521-7324



Ask Grandma

I used to live on Tiffin Avenue here in Ferguson. My husband and I bought that house in 1977 for \$20,000. That particular house was once rented to Virgil McCluer (the first superintendent of the Ferguson-Florissant School District, and the person for whom McCluer, McCluer North and McCluer South is named).

The \$20,000 price was a steal at the time, even though many of the windows did not close, there were no screens nor storm windows, and there were no gutters. The separate garage leaned on a 45 degree angle, and the roof was rotten with curling shingles. Nonetheless, we were very pleased with our purchase – it was what we could afford – and we were anxious to begin on the many repairs.

My husband was a born do-it-yourselfer, and I was brought up with much of the same resourcefulness. We first took on the problem of the plumbing. The former tenants had poured sand down all the drain traps. Taking apart the p-traps and cleaning them was really no problem. But we had to consider installing another bathroom. My six children were ready to move in with us, and one bathroom just wasn't going to make for agreeable mornings. We took a small cedar closet in the upstairs hall and made a half-bath. Right next door to that closet was an existing full bath. There was no bathroom on the first floor. There was a roughed-in bathroom in the basement (toilet only and no enclosure – that eventually became a quite nice full bath).

In the meantime, the kids were moving in on April Fools Day. My husband rigged up a hose and a shower curtain in a basement corner and that took care of the morning showers until the other bathrooms could be finished. It was quite an interesting traffic pattern for a month or so.

Next . . . the windows. The old wooden windows were in surprisingly good shape, but most of the ropes were missing or broken. If Bob McCarty were around at that time, we certainly could have used his help.

The roof was a big problem (if you read last month's column). No roofer would give us a bid, so we tackled that as a family. It didn't look all that great, but it was water tight.

I don't remember putting up the gutters, so we must have hired someone to do that chore. Never did install gutter guards, so cleaning the gutters was on our annual fall clean-up list.

There were two huge elm trees in the front yard. I could tell by looking up and down the street that at one time Tiffin Avenue (formerly Florence Ave.) had been lined up and down with trees. Most of those trees were gone except the two in our front yard, and a few others. I could tell that those trees were in distress because from the upstairs windows you could see the sap leaking down the trunks. "We have to have the trees cut down," I announced one spring morning. My husband put up a fight, but I waited until he went out of town and then called a tree man.

Of course it was too much money, but I was afraid that the trees would fall on the house. One huge branch extended over our front bedroom. As the tree man went to work, he found that most of both trees were hollow. The branch extending over our house was not only hollow, but was filled with rain water. I shudder to think what "might have been".

To replace those trees, I purchased two small maples, but had them placed in the space between the street and the sidewalk. I have visions of tree lined streets like the place where I grew up. Those two trees are still standing, but, as I write this, (the second week of September) I notice that the leaves are beginning to turn red. I understand that is the result of the excessive rainfall we've experienced this summer. I hope that's true because I would hate to see those trees die.

Eventually, all the repairs were done (even the garage set perpendicular again), and we sighed a relief. Then . . . 25 years passed, and all the repairs that were to last 25 to 30 years began to crumble. You just can't win.

About that rugbie tournament I wrote about last month – it turns out it was just a men's tournament – and the women were invited as perhaps "comic relief". To everyone's surprise, the St. Louis Sabres won both games and were very pleased to have beaten a team that had been playing rugbie almost from the day they learned how to walk.

Answers to Trivia, Page 12

- | | |
|---------------------|-----------------|
| 1. Ronald McDonald | 8. Refined |
| 2. Roaring twenties | 9. Rat race |
| 3. Relativity | 10. Rust |
| 4. Rosemary | 11. Rural |
| 5. Rapunzel | 12. Rattlesnake |
| 6. Rodeo | 13. Rough |
| 7. Runner up | |

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Calendar of Events In and Around Ferguson

Complete Details of These Events Throughout the Paper

Rummage Sale – St. Stephens	Fri., Sat., Oct. 4, 5
Halloween Design on a Dime – Library	Sat., Oct. 5
Teen Screen Movie <i>BreakTHROUGH</i> – St. Peters	Sat., Oct. 5
BTC Fall Festival	Sat., Oct. 5
Paul's Market 59th Anniversary	Sat., Oct. 5
Pet Blessing – January Wabash Park	Sun., Oct. 6
Ferguson On Watch – City Hall	Wed., Oct. 9
Labor Law Breakfast	Wed., Oct. 9
Drip Irrigation Made Easy – MU Ext. Office	Wed., Oct. 9
Card Party / Luncheon – Immanuel	Thurs., Oct. 10
Northwest Chamber Membership Meeting – Orlando's	Thurs., Oct. 10
Route 66 Classic Car Show – Chain of Rocks Bridge	Sat., Oct. 12
Wreath Making at the Library	Sat., Oct. 12
Ferguson City Council	Tues., Oct. 14
Ferguson On Watch Meeting – City Hall	Wed., Oct. 16
FLIERS Book Sale – Library	Thurs., Fri., Sat., Oct. 17, 18, 19
FREE Flo Valley Sympony – St. Peters	Fri., Oct. 18
Garden Festival – North Hillds United Methodist	Sat., Oct. 19
Voting Restrictions Discussion – 1st Presbyterian	Sat., Oct. 19
Ferguson Veteran's Meeting – Community Center	Sat., Oct. 19
2nd <i>OurFerguson</i> Community Workshop – Community Ctr.	Mon., Oct. 21
Get Your Business OnLine With Google – Library	Wed., Oct. 25
Trunk or Treat – North Hills Methodist	Fri., Oct. 25
EarthDance Farmers Formal	Fri., Oct. 25
Trunk or Treat – St. Peters UCC	Sat., Oct. 26
Ferguson City Council	Tues., Oct. 28
Trunk or Treat – Zion Lutheran	Thurs., Oct. 31
Monster Bash! – Library	Thurs., Oct. 31
Beginners Guide to Buying a House – Library	Sat., Nov. 2
Wurstmarkt – Immanuel	Sat., Nov. 2
Meet Your Government Rep – Library	Sat., Nov. 9
BTC Craft Fair	Sat., Nov. 16
Ferguson Northern Lights	Sun., Nov. 24

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