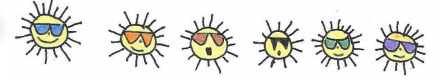
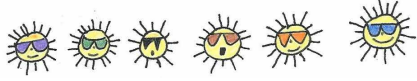


Ferguson

NEIGHBORHOOD

2021 NEWS 2021



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the DOG DAYS of SUMMER

Have you ever wondered what is meant by the dog days of summer? For many, the “dog days,” are those summer days that are so devastatingly hot that even dogs would lie around panting. But originally, the phrase had nothing to do with dogs, or those hot lazy days of summer. Instead, the dog days is actually a reference to the fact that, during this time, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth and part of the constellation Canis Major, the Greater Dog. This is why Sirius is sometimes called the Dog Star.

In the summer, Sirius rises and sets with the Sun. On July 23rd, specifically, it is in conjunction with the Sun, and because the star is so bright, the ancient Romans believed it actually gave off heat and added to the Sun’s warmth, accounting for the long stretch of sultry weather. They referred to this time as diēs caniculārēs, or “dog days.”

Thus, the term Dog Days of Summer came to mean the 20 days before and 20 days after this alignment of Sirius with the Sun—July 3 to August 11 each year.

Summer Heat: It’s All About The Tilt

While this period usually is the hottest stretch of summer, the heat is not due to any added radiation from Sirius, regardless of its brightness. The heat of summer is simply a direct result of the Earth’s tilt.

During summer in the Northern Hemisphere, the tilt of the Earth causes the Sun’s rays to hit at a more direct angle, and for a longer period of time throughout the day. This means longer, hotter days.

Personally, I just try to stay cool and hydrate. But, as I think back, the only times I was bitten by dogs (plural) was during those dog days of summer.

DOG DAYS OF SUMMER FOLKLORE

Old-timers believed that rainfall on the Dog Days was a bad omen, as foretold in this verse:

Dog Days bright and clear
Indicate a happy year;
But when accompanied by rain,
For better times, our hopes are vain.

“Dog Days are approaching; you must, therefore, make both hay and haste while the Sun shines, for when old Sirius takes command of the weather, he is such an unsteady, crazy dog, there is no dependence upon him.”

–The Old Farmer’s Almanac, 1817

Keep cool and keep those dogs cool. Make sure your dogs have plenty of water and a shady place to lay down.

Papa Deau



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“Bringing our Community Back Together!”

Sunday 3:00-6:00 p.m.
Savoy Banquet Center - 119 South Florissant Road.

SAVE THE DATE SEPTEMBER 12, 2021



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- Tickets available on line NOW!
- Sunday Event Tickets \$30
- Tickets go on sale at local businesses and the Farmers Market August 14
- Outdoor Food Tasting Event
- Many of your favorite Food Vendors are back
- Beer Wine and Spirit Tastings
- Hands on Kids Activities
- Mark your calendars, Tell your friends
- Follow us on Facebook

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~ with ~
JAVIER MENDOZA

Saturday September 11, 2021 - 6 pm to ----
Heavy Appetizers and Open Call Bar - Limited Seating

*Come and hear the music from Javier Mendoza
Inside the Savoy Banquet Center and have the opportunity
to meet and speak with him in a relax setting.*


Tickets are \$100.00

Includes a ticket to Sunday’s Taste in Ferguson event



AUGUST NEWS AND EVENTS AT THE FERGUSON PUBLIC LIBRARY

For more information, please call the library at 314-521-4820 or visit us online at ferguson.lib.mo.us



OUR SUMMER READING CHALLENGE ENDS AUGUST 7!
LAST CHANCE TO WIN ONE OF OUR FABULOUS PRIZES JUST FOR READING!

VIRTUAL: DUNGEONS AND DRAGONS – TUESDAY, AUGUST 3 AT 6 PM
Join our adventuring crew on Zoom as we explore dungeons and fight mystical creatures together! Our crew is perfect for beginners, so no previous experience is needed. Ages 12 and up are welcome! **Registration is required.** Contact the library at 314-521-4820 to register, or visit our website.

IN PERSON: WILDLIFE PHOTOGRAPHY – FRIDAY, AUGUST 6 AT 5 PM
Learn how to use your smart phone's camera to take pictures of the great outdoors! This program will take place in person at January-Wabash Park. **Registration is required.** Contact the library at 314-521-4820 to register, or visit our website.

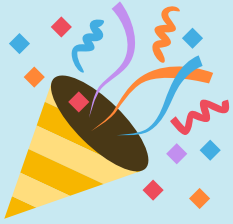
VIRTUAL: YUMMY ICE CREAM STORYTIME – SATURDAY, AUGUST 21 AT 2 PM
Join us on Facebook as we scoop up stories and songs all about ice cream! Head over to facebook.com/fergusonlibrary to join the fun.

AUGUST CRAFT KITS

Pick up a new FREE craft kit each week in August while supplies last!

- **August 2-7 - Pencil Backpack Tag:** Use beads to make a pencil that can hang from your backpack!
- **August 9-14 - Pencil Roll:** Keep your pencils and other school supplies neat and organized!
- **August 16-21 - Paper Bag Book Cover:** Make a cover to protect your books!
- **August 23-28 - Covered Pencil Can:** Decorate a can to keep your school supplies neat at home!
- **Aug. 30-Sept. 4 - Paper Binder Pockets:** Make custom pockets that fit into your binders!

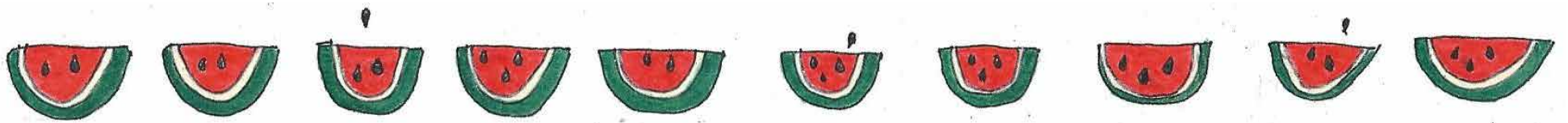
August Celebration Shout-outs



August 7th Happy 29th Birthday Brandon M. Fulks
 August 8th Happy 30th Birthday Faryn E. L. Burns
 August 28th Happy 49th Birthday Shontell I. Burns



Email Shout-outs to savoystl@yahoo.com - deadline is the 15th of each month



CROSSWORD

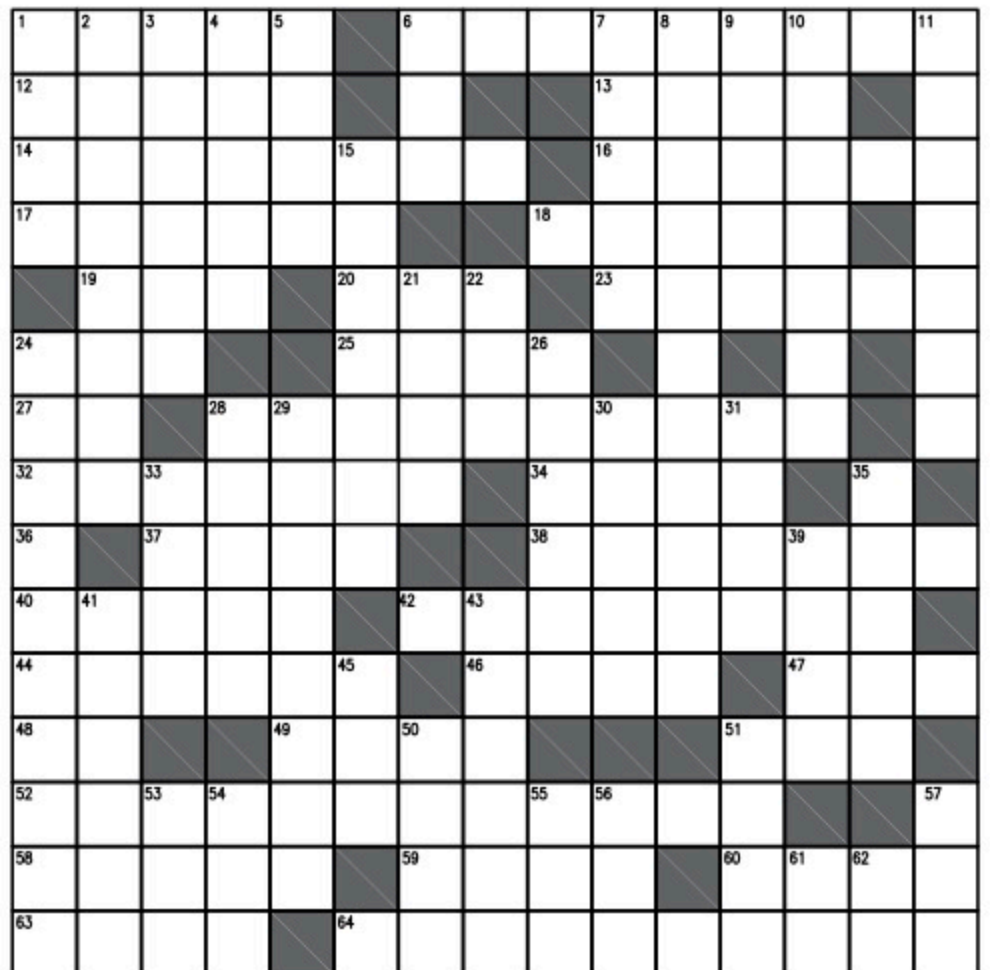
School's Out!
 By Robin Shively

ACROSS

1. Leans
6. Ames famously demonstrated to Carson his skill in throwing these
12. With 28 across, hit song by Mungo Jerry
13. Big name in retirement accounts
14. Moral zealots
16. Conflict
17. Well-beaten instruments
18. Sprat's diet
19. RPG
20. Saint in Portugal
23. Settle comfortably
24. Lincoln's son
25. It's not exactly humerus (but it's close)
27. He wants to phone home
28. When "the livin' is easy"
32. Sharpens again
34. R&B's Braxton
37. Ash containers
38. Web correspondence service
40. Act like a drama queen
42. Preferences
44. Felt
46. English buns
47. "Little" car in 60s hit
48. Beginning of Tigger goodbye
49. Barely a dent
51. Goddess of the dawn
52. With 28 across, Liza's acting debut movie
58. ___ of trust
59. Word with a double meaning?
60. Egyptian wader
63. Debt holder's security
64. Withdrawing

DOWN

1. Stones' logo
2. Flood (with)
3. Leave at the altar
4. "The ___ Man", 1949 film
5. Seven in Lisbon
6. "Unit" of fun
7. Mr. Bean
8. With 28 across, song that mentions a "County fair in the country sun"
9. Gillette Razors
10. Carve
11. Stage background
15. Takes for granted
21. Offerings for the needy
22. It's the loneliest number
24. What the second letter of 27 across stands for
26. He pulled a sword from a hard place
28. Types
29. Not necessary
30. Blows a horn
31. Quiet performer
33. Large Tasmanian pine
35. Santa makes, checks and receives them
39. Jason's ship
41. First person pronouns
43. Richly seasoned stew
45. Subtle insult
50. Knob on a plant stem
51. Modify text
53. Shot or shirt
54. Lay figure?
55. Patriotic ladies' grp.
56. Futbol cheer
57. NYC arena, for short
61. Prefix for centennial or lingual
62. A kind of crowd



Solution on page 14

Looking Forward

August 1 Girlfriend Day	September 6 Labor Day
----------------------------	--------------------------

Congratulations to all of our 2021 4th of July Parade Winners!

- Best Decorated:** Blessed Teresa Catholic Church
- Best Theme:** Friends of the Market Community Garden
- Best Musical Walking/Marching Group:** Spirits of New Northside Drill Team
- Best Walking/Marching Unit (No Music):** Ferguson Swim Team
- Best Antique Automobile Unit:** The Ferguson Observer
- The Mayor's Choice Award:** Blessed Teresa Catholic Church
- Len Winter's Memorial Award:** The Taste In Ferguson

Thank you to everyone helped us "Parade out of the Pandemic"

The Ferguson News Group may be reached

text/voice: 314 249-6323
 email: asroc873@charter.net
 Like us on Facebook @fergusonneighborhoodnews

This paper is made possible through volunteers and advertisers

Advertise with the paper

Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.
 Please send all ads to Tony: savoystl@yahoo.com

Volunteer with the paper

- Info Gathering
- City Meetings - attend and summarize City Council Meetings
- Other Meetings - assure all city-wide events summaries gathered
- Neighborhood groups
- Diversity Meetings
- Business Spotlight

Donate to the paper

Give a congratulatory shout out for only \$5

ARTFUL CONSIDERATIONS

by Glynis Mary McManamon, RGS

On Friday, August 6 at 5 pm, the Ferguson Municipal Public Library will be holding a program called Wildlife Photography. A photographer will show participants how to make the most of their smart phone's camera when taking pictures outdoors. This program will take place at January-Wabash Park, in the bandshell. Registration is required, and details on how to register can be found on our website (<http://ferguson.lib.mo.us/>), or people can call the library at 314-521-4820 to register.



Remember: the library continues giving out craft kits.

Art at the Market and Artists at the Market

August events at the Ferguson Farmers Market will include: August 7 Sr. Barbara Volk will lead an artmaking activity on "Butterflies." August 14, Byron and Vickie Rogers of B.A.G.S., Inc. (Be Art Gallery and Studio) will share about their organization and lead some artmaking, tying in with the market theme of "Jazz." August 21 during the Eco Fair Caitlin McCall will encourage creativity with recyclables: sometimes trash can be turned into treasures. August 28 Shannon Corgan will be our guest artist and Sr. Barbara Volk will show how to make "Egg Carton Flowers."

August Artist online at www.goodshepherdarts.org

Columbus, Ohio artist Gerrie McManamon will share her collages in "Tiny House World: Minimally Imagined Dwellings." Owning a home was always a huge goal for me. I saved for many years before purchasing a house. My dream would not have been realized without the support of my parents, so I am very fortunate. I know this is a huge dream for many people. A home provides security and stability. Therefore, I will be giving any proceeds from sales (after donation to GSAC and shipping costs) to address concerns around homelessness in Ferguson. Save the Date!

Yes, it's early, but not too early to plan for the second annual "Ferguson Children's Art Festival" set for Saturday, May 7, at the Ferguson Farmers Market. Invitations will go out to North County art teachers to have their students participate – and parents, grandparents and other relatives can help with that encouragement.

We're Moving...

GSAC has been closed since the pandemic lockdown. We will re-open office space in September at the St. Peter's UCC Community Resource Center in Ferguson. At that time we will have a new phone number. Until then it is 314-769-9806.

GSAC was overseeing exhibit space in the resource center prior to the pandemic and will resume that, extending a special invitation to undergraduate artists to mount solo and group shows in the space (2D visual art).

We have already got a Ferguson post office box, so if you want to write us that address is:

Good Shepherd Arts Center
PO Box 11042
Ferguson, MO 63135

We know you're out there!

We are especially interested in promoting North County and specifically Ferguson-based artists. Contact us at info@goodshepherdarts.org.



Young artist



Caitlin McCall



Tiny Art Village by Gerrie McManamon





Hello Ferguson!

by Marian Linck

I enjoy travel and visiting interesting places. I think many people do. There are many places to visit within the United States, so my travels are limited to the lower 48. We enjoy going to a beach, any beach at least once per year and then try a "bucket list" destination like Niagara Falls or Mount Rushmore later in the year. After being unable to go anywhere since March 2020, I was getting a bit stir crazy. My last story was about our visit to Indianapolis and the Mecum Car Auction. What a wonderful feeling it was to travel, mask-less and once again enjoy seeing smiling faces.

Our most recent trip was to the beautiful state of Kentucky. Kentucky is beautiful for its rolling hills, white fences surrounding the horse farms, beautiful homes, but most of all because of Bourbon.

We have visited the "Bourbon Trail" a few times, the first being in August 2014. My son claimed to be a "Makers Mark Ambassador", which I kind of doubted for some time. He claimed his name was on a barrel of Makers Mark Bourbon and when his barrel was aged long enough and ready to be bottled, he would get his "Golden Ticket". The Golden Ticket arrived, and he was entitled to a free VIP tour of the distillery, and he would have the privilege of buying a bottle from his barrel. The bottle would have a special label with his name on it and he would dip the bottle in the red wax himself. This was a big deal!

When you plan to visit one distillery. You may as well visit a few more including Jim Beam, Evan Williams, Four Roses, Woodford Reserve, and the list could go on. We toured distilleries, listened to the bourbon making process and we tasted plenty of bourbon. Let me assure you, after a few distilleries and the right equipment, we would know exactly how to make bourbon.

Now let us get to the point of this month's story. After the bourbon adventure with my son, I signed up to be a Maker's Mark Ambassador. Seven years and seven Christmas presents from Maker's Mark later I received my Golden Ticket!

We planned our adventure with my son and his girlfriend. We had visited most of the large distilleries during the prior two visits to the Bourbon Trail and decided to visit some small "craft distilleries".

The drive to Kentucky is uneventful and dull. Interstate highway through Illinois and Indiana is boring, however when you get to Kentucky and you see your first white fence surrounding a horse farm, you know you have arrived, and you can have a deep breath and take it all in. The next distinctive sight and sometimes aroma, is a Rickhouse. A Rickhouse looks like a barn except it has windows, lots of windows, and contains barrel after barrel of bourbon.

Our first distillery visit was in Indiana on the Green River. Oddly enough, the distillery was named "Green River". Now, you cannot visit a distillery without tasting the bourbon, well I guess you could, but what is the point? Our first scheduled tour was 10 am at Green River... and the bar was open! We carried our breakfast cocktails throughout the tour and tasted more of the bourbon from Green River at the end of the tour. From there we moved on to Lexington where the possibility for small distilleries is endless. Once again, we were schooled in the manner of the proper way to make bourbon, the mash must contain at least 51% corn, is aged in new charred oak barrels which can never be reused for bourbon, brandy, wine, beer, scotch, but never again bourbon. The bourbon is distilled to not more than 160 proof and can go into the barrel not more than 125 proof. Bourbon in the bottle can be no lower than 80 proof. The barrels sit in the rickhouses for at least two years.



After no less than 9 distilleries in 2 days it was finally time to visit Makers Mark and present my golden ticket. It was indeed a VIP tour. All of us were "Ambassadors". Most of us were seasoned Bourbon Trail hikers but we listened intently to the umpteenth time we heard about the making of bourbon. All any of us really wanted to do was get to the tasting where we could indulge in some of the high-end products Makers Mark creates as well as get our free tasting glass and then on to the big event, The Bottle Dipping!

Makers Mark has a distinctive red wax seal which is dipped by hand at the distillery, only this time it was our turn dip the bottle. We donned protective sleeves, rubber gloves and goggles and proceeded with quite the pomp and circumstance the event deserved.

The taste for bourbon, I believe is an acquired taste. Not everyone likes it. Acquiring that taste with the help of some good quality bourbon makes it much easier.

Once again, thank you for letting me share some of my adventures with you. Please send your comments or suggestions to Manhattanmarian@gmail.com.

So, now perhaps you know why Manhattanmarian is my email. A Manhattan is my favorite bourbon cocktail!

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All Proceeds Support Ferguson

Call 314-226-4077 for reservations and more details.

The time to sell is now!

Mortgage interest rates remain historically low, increasing the number of eligible buyers. In addition, inventory is still low, which can lead to a sale sooner than expected at the price you need.

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14th annual DWAIN BOLLINGER MEMORIAL

Dining In

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HANDICAPPED ENCOUNTER CHRIST
SAINT LOUIS - MISSOURI

An Evening of Entertainment and Dining to benefit the St. Louis Chapter of **Handicapped Encounter Christ (H.E.C.)**

September 18, 2021

6:00 p.m. - 9:00 p.m.

Savoy Banquet Center

119 S. Florissant Road

BASKET RAFFLES & MORE!

Mark your new-year calendar for this family event! ...All the Pasta you care-to-eat!

14th ANNUAL ENTERTAINMENT AND DINING EVENT

...to benefit our HEC Retreats!

Retreats are held annually with individuals with special needs in need of assistance paired with able bodied persons so all can experience time away with the Lord.

Donation is \$20/person for All-You-Care-to Eat Dinner & Entertainment \$30/couple "Free-Will offering" for entertainment only ~ Family Rates available!

Reservations accepted, but not required.

Questions? Call Pat: 314-570-3409 / Jeff: 314-524-0500 / Cedrick: 314-326-3981



The Best of Ferguson

by Teyuna T. Darris, M.A.



“Arial Collins--- Inspiration and Impact through Service”



Arial Collins, 2020

Each month, I get the privilege to sit and talk with people from all walks of life and share those stories with others to hopefully inspire and positively influence them along their journey. This month, I sat and talked with Ms. Arial Collins. I first met Ms. Collins while doing something that she, and I, are passionate about--- volunteer service.

Arial Collins’ mother encouraged her to complete a neighborhood survey in

Ferguson, and soon after they joined the Southeast Ferguson Community Association (SEFCA). After her mother’s death, in 2017, Arial continued her work with SEFCA in her honor. When she’s not volunteering, Arial serves in a different way as a Certified Community Health Worker at Mercy St. Louis. In this role, Arial works to alleviate the unique challenges uninsured and underserved community members experience.

Upon entering college, Arial wanted to promote financial stability to increase generational wealth for low-income families. However, along her educational journey, she soon realized that “...barriers strike and prevent people from staying on track to accomplishing many goals. I realized the first step is teaching people the tools to overcome these barriers.” In 2020, Arial earned the Bachelor of Science in Finance from Harris-Stowe State University. Prior to this, Arial graduated from Saint Louis Community College (Florissant Valley) where she earned the Associate of Arts in General Transfer Studies. Arial is also a proud graduate from McCluer South Berkley High School after transferring from Hazelwood Central before her senior year. Arial shared, “I was happy to graduate with my childhood friends”. Continuing “once a bulldog; always a bulldog”.

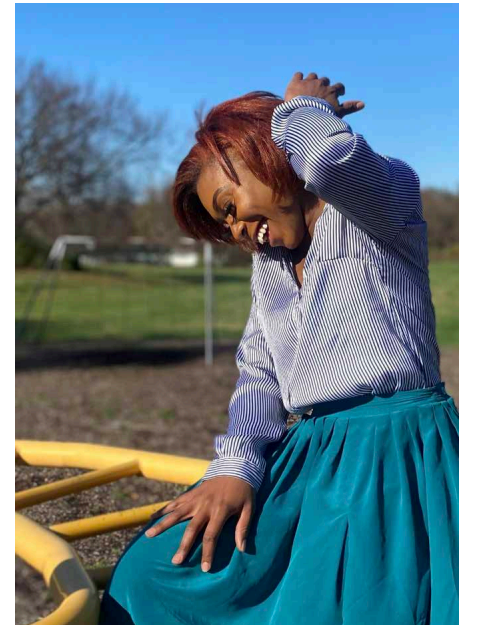
I asked Arial to tell me about her dreams and aspirations. She told me “My professional goal is to be in a position that allows me to redevelop organizations’ philanthropic efforts set forth by bringing awareness to the clients’ experiences and outcomes. I also want to build bridges between community and business because evidence proves the development of communities also benefits businesses.” Arial has a unique background as she served a stint in community engagement as an AmeriCorps VISTA,



Arial and her mother

in addition to completing the Neighborhood Leadership Fellows program with the Southeast Ferguson Community Association (SEFCA) in 2018. As an alumna of the UMSL Extension of St. Louis County’s Neighborhood Leadership Fellows, myself, I was excited to ask Arial what she thought about her experience in the program. To this, she replied, “I thought it showed the importance of having community representation at the big table.”

In conversation with Arial, I learned that she is the eldest of seven children, and that her parents have influenced and inspired her to dedicate much of her time and energy to volunteer service in support of people and communities in need. Arial told me that she watched her mother battle with substance abuse during a time when she was too young to help, She also shared that her mother won her battle with addiction by focusing on supporting positive outcomes for her friends, neighbors, and herself, during her critical times. Arial finds comfort in supporting people in the ways she was unable to support her mother. Moreover, Arial shared that she is grateful for her father for teaching her that everything has a system, and you must learn it. She continued, “My dad reminds me of my worth all the time and that I can accomplish anything once I work at it.” Arial says that she will remain dedicated to helping people and communities thanks to her father’s inspiring words, and her mother’s righteous example.

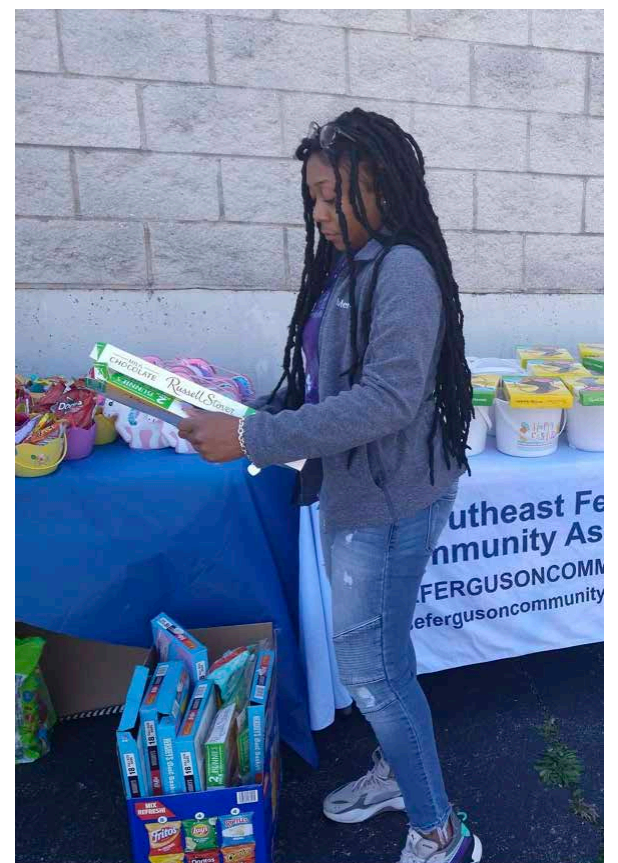


Arial visiting her former elementary school--- Airport Elementary School

When Arial is not volunteering, she enjoys making Bionic Glow scrubs, painting, writing poetry or cooking (concerning which she facetiously explained that she only likes to cook for up to a maximum of four people).

Of course, I took the time to ask Arial my favorite question: “What are the three things that make you awesome?” To this, she replied, (1) “I come from many different backgrounds which allow me to be versatile and adapt to any environment. (2) I’ll do anything to make my brothers happy, and (3) I can always find a way out of no way--- I’m relentless.” At the close of our interview, I asked Arial if there was anything else she wanted to share with our readers. She replied, “I want people to know that no one determines your fate but your determination to make it.”

On several occasions, I have witnessed the skill and passion with which Arial supports community causes in service to the Ferguson community. I’ve heard the kind words and expressions of gratitude that others shared because Arial’s work made a neighborhood meeting, a food giveaway, or even a community clean-up better. It’s always great to know that community servants like Arial are right here in our beloved hometown. One does not have to have a title to be a leader or a servant.



Arial helping to setup Easter baskets for a Southeast Ferguson Community Association event

Through Arial’s commitment to community service, she is a community leader in her own right. Arial’s inspiration leads to the positive impact she makes through service.

Ferguson City Hall Information

Highlights Of Six Months In Office June 16, 2020 thru December 31, 2020

My goal is to share a panoramic view of my first six months serving as Mayor of Ferguson. I was sworn into office during the COVID-19 pandemic, which came with minimal instructions on how to navigate the best approach for health and welfare of the citizens. We are now coming out of the pandemic thanks to the first responders with their acts of courage and kindness toward the citizens.



Many people are inquiring as to what I have accomplished during my term in office. My goal in this article is to share with the citizens HIGHLIGHTS of the work that I have accomplished during the first 6 months in office. Much of what is presented is abbreviated in order to conserve space and because some items are governed by legal matters therefore can't be shared publicly.

HIGHLIGHTS:

- Provided food and PPE to Ferguson's citizen who needed assistance and help to provide food and PPE to over 80,000 people with the Urban League.
- Lead the 2020 Census effort in North County after being appointed by County Executive Dr. Sam Page to the County Completed Count Committee. Partner with Emerson Family YMCA Complete Count Committee to be kept abreast of all the latest information about the 2020 Census. All of my efforts were focused in Ferguson.
- Worked with St. Louis County Health Department to ensure that Ferguson received mask for the community each month. The masks were distributed from the City Hall, the Community Center and the Police Station to all citizens who needed them.
- Jeff Blume, Interim City Manager and I held a meeting with County Executive Sam Page and later took him on a tour to Southeast Ferguson apartment complexes and a drive on Elizabeth Avenue to experience the poor conditions of the county road. We have received results from that meeting.
- Matt Unrein, Public Works Director and I completed an assessment of the city's infrastructure and the houses targeted for demolition in all wards.
- Engaged in conversation with the 42nd President of the United States Bill Clinton about the future of Ferguson.
- Planned and assisted in the coordinator with Emerson Family YMCA for the Backpack Give-a-Way with 4 Ferguson parks - each park received 350 backpacks, a total of 1,400 backpacks were given away.
- Declared State of Emergency and sent an announcement as to how it would affect Ferguson's citizens.
- Guest Commencement Speaker for Fall 2020 University Missouri at St. Louis, (UMSL) Commencement <http://www.umsl.edu> then press Commencement UMSL 2020
- Engaged in meetings with Jeff Blume, Interim City Manager to develop a plan for Burlington to acquire the old Toys R US building by implementing a Community Improvement District.
- Participated in meetings and videos with mayors, business owners and stakeholders plans and marketing strategies associated with the Rebuilding American Infrastructure with Sustainability and Equity, (RAISE) grant.

Month by Month Accounting

By sharing this abbreviated monthly accounting, you will come to know that the citizens are always my top priority. All highlights are grouped by months.

- Attended the federal status hearings and contributed my commentary.
- Attended and participated in the St. Louis Metro Housing Task Force Meetings, the Our Ferguson Steering Committee Meetings, The Avant Rebranding Committee Meetings, the Completed Count Committee Meetings for the 2020 Census, and the Mercy Clinic Meetings.
- Attended all St. Louis County Meetings for COVID-19 relief and the CARES Act.
- Halpin Park meeting with the Emerson Family YMCA.

June 2020

- Received calls from citizens and political leaders with congratulatory remarks.
- Responded to seniors seeking information on home repairs-by referring those citizens to Community Action Agency of St. Louis County, (CAASTL) for Weatherization, Rebuilding Together, and banks that are known for forgivable loans.
- Assisted with the Senior's Foodbank on the 3rd Tuesday of each month.
- Assessment of the infrastructure and continue corresponding with St. Louis County about the list of houses submitted for demolition.
- Received and responded to corresponds concerning potholes, speeding in neighborhoods, Pitbull dogs and more. All calls and

emails were referred to the City Manager.

- Attended virtual meetings such as the Missouri Municipal League Environment, Energy, and Sustainable Development Committee that I have served on for 4 years.
- Participated in the Juneteenth Celebration held by the Human Rights Commission in January Wabash Park

July 2020

- Received and responded to citizens' calls and emails regarding vacant properties, speeding, over- grown grass, shots fired and more. Like always I listened to their concerns and assured them that the City Manager will have the right staff person to get in contact with them.
- Participated in the Kinloch Cleanup.
- Assisted with Senior's Foodbank held at FYI Bay.
- Attended the EPA's Local Government Advisory Committee's meeting concerning the DRAFT REPORT: Risk Communication
- Communicated with Mayors concerning COVID-19 and reported our efforts at the with the Honorable Rochelle Walton-Gray Community Out-Reach Coordinator for St. Louis County.
- Participated in Washington University Practicum Students meetings with City Manager.
- Attended the Certificate of Needs Hearing for Emerald Heights LLC, in Jefferson City. Senator Gina Walsh made the motion that EHLLC receive the Certificate of Needs for 800 Chambers.

August 2020

- Received several calls from citizens that trash was not picked up on scheduled days. The issue was resolved.
- Received and responded to calls concerning speeding; shots fired; increase in traffic accidents and more - see FPD monthly report to Council.
- Coorindatored Senior 's Foodbank - FYI Bay.
- Demolition of Houses- Continued working with Matt Unrein, PWD, contacted Councilwoman Rita Days and County Executive Dr. Sam Page for support in the matter.
- Attended the Michael Brown Memorial Event in Canfield Green.

September 2020

- Cleaned up Ferguson Ave. with Councilwoman Fran Griffin, Latasha Brown, SEFC, and Erica Brooks.
- Received and replied to citizen's concerns regarding speeding, cars broken into, property dispute with neighbors.
- Held conversations with citizens to serve on the Mayor's Task Force
- Attended rally and press conference at the Urban League for 2020 Census.
- Attended the Ameren Community Voice Event via Zoom. -Mayor's Town Hall Meeting

October 2020

- Corresponded with and resolved citizens calls concerning 18 wheelers parking overnight at the abandoned Toys R Us building.
- Received and replied to concerns about speeding; shots fired; especially in Canfield Green Apartments, and more.
- EPA Meeting via Zoom
- Metro Mayors Meeting via Zoom

November 2020

- Received and replied to seniors' questions about where to receive vaccinations for the coronavirus.
- Dealt with calls about vehicles without license plates.
- Attended Flu shot distribution with Adopt A Block in Oakmont Townhouse Complex in Ward 3.
- Attended the Dental Care Mobile Van for Children program on the Urban League parking lot.

December 2020

- Received and replied to calls from citizens about vaccinations, speeding shots fired, trees falling, and more.
- Responded to a call from the Jennings' Mayor and subsequently attended meetings via Zoom with Ferguson's Staff, Jennings's Staff and S. Louis County Department of Transportation, concerning street closures in Jennings in Ward 3.
- As the Missouri representative for the Environmental Protection Agency, (EPA) Local Government Advisory Committee a was meeting held vial Zoom to review a draft report for the Risk Communication.
- First Christmas Address

The second half of my first year, January through June will be in the September issue of this paper.

Thank you. Mayor Ella Jones



Ferguson Community News Page is published monthly and is paid for by the City of Ferguson

City of Ferguson City Council: Ella Jones, Mayor; Linda Lipka, Ward 1; Phedra Nelson, Ward 1; Heather Robinett, Ward 2;

Toni Burrow, Ward 2; Fran Griffin, Ward 3; Naquittia Noah Ward 3; Jeff Blume, City Mgr; Public Relations Intern, (314) 524-5229

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Ferguson City Hall Information

Chief Armstrong Farewell Message

Greetings Ferguson Community,



At this point, I'm sure most of you have learned about my departure from the Ferguson Police Department. I just wanted to take some time to share and reflect on my time here in Ferguson. For starters, thank you so much for welcoming, not just me, but my family to this community. My family and I, loved this community and the great people we got to meet and connect with. As chief, I know people will be tough on me, but the joy I felt seeing how wonderful my family was treated here is something I will forever cherish.

Many people take to social media to express their frustrations with various things that affect their quality of life and their overall concern of safety in the community. We are not oblivious to those concerns and often times share in those same concerns. We know that bad drivers terrorize our streets at times, that vacant properties become havens for illegal dumping and vagrant activity. We know some people have pit bull dogs that are probably not grandfathered in under the city ordinance. While we would love to spend the majority of our time addressing these matters, we are often dealing with victims of domestic violence, victims of gun violence, victims of property crime, people having general disputes and working vehicle accident scenes. The concerns of the community are not being dismissed. We have limited resources and limited staff to address these issues and we have to prioritize our efforts and that does not always make everyone happy. We are looking at new ways to bring on more staff and I implore the community that now is not the time to be overly critical of FPD, but to lend your support and appreciation for the job they do every day, trying to keep this community safe.

Despite our challenges and lack of staff & resources, we have made significant progress over these last two years. Our progress on the consent decree implementation has progressed like never before. We have started working on updating some of our technology inside the department that will make us a more efficient organization. I know these type things are not as visible to the community, but they significantly contribute to our ability to provide a better service to the community.

I want to thank the members of the FPD for their hard work and dedication to this organization and community. I want to thank the many members of this community that have a genuine passion for seeing this community grow and prosper.

I wish to congratulate Frank McCall on his promotion to Chief. I have the utmost confidence in Chief McCall's ability to lead FPD and I encourage the community to give him and the department the support they need to do the tough job they have been called to do. Ferguson will always hold a special place in my heart and I wish nothing but success in its future. I bid you all farewell, until we meet again!

Chief Jason P. Armstrong

Ferguson's Family Movie Series

Join us on the 4th Friday of every month (June-August) for our Family Movie Series! We will have free popcorn a few surprises. You won't want to miss this popular summer event! Please note that in event of bad weather, check our Facebook @FergRec for updates.

Time: 8:30pm
Fee: FREE

August 27th: Fire and Police Station, 222 S Florissant Rd

Shakespeare's Othello at January-Wabash Park

We have partnered with St. Louis Shakespeare Festival to host a FREE showing of Shakespeare's Othello at January-Wabash Park.

Date: Wednesday, August 11th
Show Time: 6:30pm
Location: January-Wabash Memorial Park
Fee: FREE

The City wants to congratulate the individuals who were recognized for their work during the COVID-19 pandemic. The individuals were recognized during the June 22, 2021 Council meeting.

Terry Darnell Tyson

Pastor Terry Darnell Tyson has provided monthly food giveaways on airport road during the pandemic. We thank him for the dedication his has to this community

Don Stevens & Jerome Hurd

Don Stevens and Jerome Hurd have work tirelessly for countless hours packing and delivering food boxes, toiletries and PPE supplies to numerous Ferguson Senior households and families. Words cannot describe how much passion and dedication they have demonstrated-during these difficult times. We sincerely appreciate all their efforts and selfless action of strength to their neighborhoods and Ferguson Community.

Mike Koeller

For over 20 years Mike Koeller has always put his community first. He raised funds for various organizations to support children returning to school. Since the beginning of the COVID-19 pandemic, Mike has worked overtime to address the needs of the citizens. He made sure food was ready for distribution to the residents. Mike drove a forklift truck to help with the food give-a-ways for the Urban League. He also, personally, gave food away to anyone in need of such assistance. Mike is a true friend to all of us and a champion.

Larry Jones,

Pastor Jones has worked to provided food giveaways to the during the COVID-19 Pandemic. We appreciate the effort and dedication to the community.

Latasha Brown

From March until October 2020 LaTasha and SEFCA served 1100 families with 30 lbs boxes of fresh produce, PPE supplies, hygiene and cleaning supplies. In addition, school supplies were also distributed to support residents in Ferguson and neighboring communities such as Jennings and Dellwood.

Melanie Rondels

Miss Randels has been a resident of Ward 3 for several years. As a mother of two beautiful daughters, Miss. Randels has been a committed resident to empowering her people. She has served as the chairperson for the Human Rights Commission in our City of Ferguson, advocating for fair and equal housing. She has worked with Color of Change, an organization dedicated to improving policies and practices within the judicial system. After suffering a terrible house fire during the Pandemic where she lost most of her belongings, she didn't give up hope of her dreams and pushed forward to open her own business. Miss Randels now pushes her community forward through education, entrepreneurship mentoring, empowerment, and serving as an example of what you can accomplish when you have the will to thrive.

Field Rentals

Rentals are now available for our fields and courts at Forestwood Park and the Ferguson Community Center! For more information, visit <http://www.fergusoncity.com/597/Athletic-Fields-Courts>.

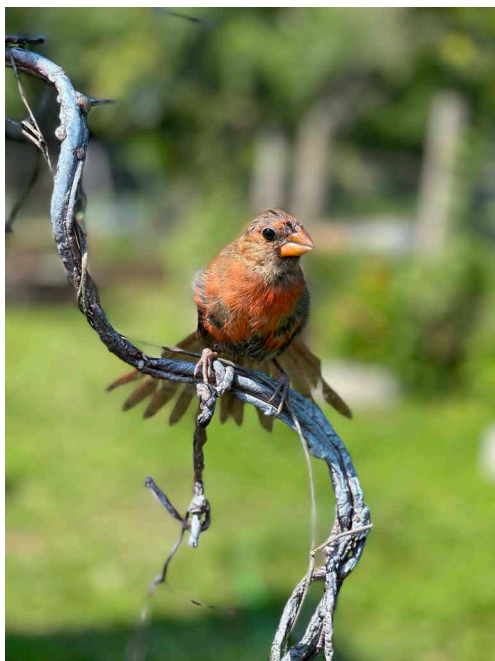
FERGUSON SUMMER CONCERT SERIES
- PLAZA AT 501 -

- AUG 13 | 7 PM - 9 PM
THAT 80'S BAND
- SEPT 3 | 7 PM - 9 PM
MCLOVIN
- SEPT 10 | 7 PM - 9 PM
BITTER PILL

Field Notes from Farm Girl - A little bird told me

Dear reader, in the midst of summer on a farm and a literal pileup of stories to share, instead I am continuing the evolving story of ‘Stan’ (Stan Musial), the baby cardinal fallen from a nest just after hatching. Update: I was wrong. Stan isn’t a female. As more feathers come it, I think we’re definitely going to end up all red.

At the end of my last writing, I had made the decision to patiently wait for nature to take its course and await the day that my sweet little bird companion might take to the sky to go live in the wild with all of the other local cardinals around our farm. As it happened, two days after writing my last piece, Stan did not return to the garden before sunset to hop back in the cage to go home. As I called out, I could hear that sweet voice high up in the trees outside the garden and just along our pasture’s edge. It was the farthest Stan had gone outside the boundary of our garden and it seemed like a bold move. I followed right up to just underneath the tree and looked up into the lush canopy. There halfway up the tree was a little red bird cozily nestled up to a cluster of deep purple mulberries. “I’ll be damned”, I thought. That’s pretty smart. Go find your very own berry tree. Well done! I wish I had thought of that! That showed great resourcefulness and I felt proud. When I called to get Stan to come down for the night (safe keeping), Little Bird, flew down to my feet, around me and then back up into the tree. If Walt Disney had been there, he would have translated that as Stan’s ‘Declaration of Independence’, and I slowly and sadly came to the conclusion that maybe that was the night we parted company. I went back home with a mixture of sadness but also happiness if this was the natural evolution of things. Maybe it’s like the first night your kid goes off to college and the house is quiet. Was this what they call ‘empty nest’ syndrome? I thought about Stan and hoped he was safe and happy. I wasn’t worried he would go hungry because he had essentially found the candy store of the local bird world. Before I closed my eyes to sleep, I made peace with the transition.



has opened up again. Stan has not flown to a tree far from the garden since that night. He is always within earshot so that if I call out, he will respond to let me know where he is. I will stay in the garden most of the day, and at different times, Stan will call to me to get my attention, and will then fly down to wherever I’m working to let me know it’s time for a snack. In the late afternoon, that snack is often followed by an afternoon nap where Stan makes a spot on my shoulder and dozes off for a bit. To anyone who’s a wildlife advocate with any simmering rage that I am keeping a wild bird as a pet, it is indeed not the case at all. I am the pet of the wild bird. To see all of this over the course of the day, another mature bird might point this out as the best example to other birds on how to train humans to do what they want. I can see the cartoon version of this in my head (think Fredbird meets Foghorn Leghorn). I do whatever this bird wants. I admit it. It is the most unlikely of scenarios but yet it is my reality.



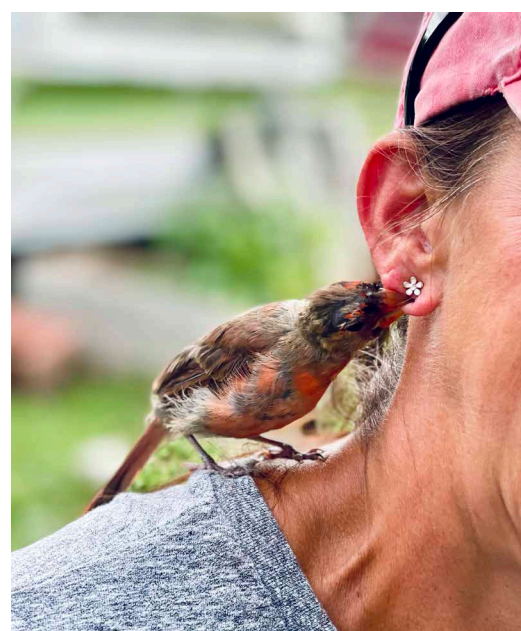
Some nights, instead of flying down to go home, and if the forecast seems ok, I won’t call out or look for Stan and he won’t call to see if it’s time to go home. I’ll pack up the increasingly heaving geese and head home without the birdcage. Every

morning like clockwork, as soon as I open the garden gate, my little bird friend flies down to me anxiously waiting to examine the picnic basket of bird goodies I have brought with me. Sometimes I wait and bring my own breakfast and we eat together. We talk while I eat my bagel and Stan munches meal worms, banana, blueberries and seeded sunflowers. From there we each do our own thing until the next snack break and then it’s the same routine repeated, with the nap added in in the afternoon after 3pm. Stan still stays in the trees of the garden, and we still stay connected by voice. I always answer when called, and in return when I ask for a check in, I always hear back.

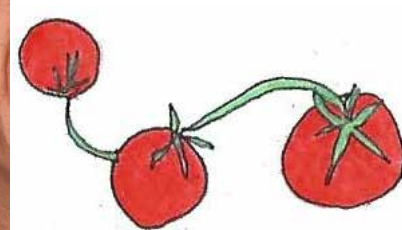


The next morning, I took my time getting to the garden. My baby geese that I hatched (6 total) still live on my porch at night and spent their days in the garden with me until they are big enough (and safe enough) to go live with the rest of our bird flock. Every morning, I pack them up into two giant cat carriers to take with me. As I passed the barn and made the turn down the road along the pasture to get to the back garden gate, a loud squawking could be heard above the noise of the jumbled caged geese. I stopped and walked to the fence where a small red bird with a face stained purple perched on a fence post to yell at me. Little Bird was chirping and squawking loudly with such force that his whole body shook. I scooped him up easily and brought him to the garden with me for bird breakfast, which he ate appreciatively. Unlike other days where he would take off to explore the trees of the garden while I worked, instead he stayed right with me. He was never more than a few feet away and keenly watching what I was doing. For the rest of that week and into the next, he stayed very close and was ready each night to hop back in the cage for the ride back home to get safely tucked in to bed on the porch just next to the sleeping geese. I’m still not sure what happened that night. Was it too scary or was it too much too soon? I don’t know but as weeks have gone on, our routine

I’m still unsure what to expect in the future. Will it always be like this or will Stan someday fly away? I feel much better knowing that at 2 months old he can fly well, can find food for himself, can find shelter in storms and gets along with the other Cardinals in the area. For my part, I will keep packing my bird treats, fruit & berries for the garden



as long as I have a breakfast companion and my company is desired. I will continue being happy to see my friend and patiently appreciate any time or attention that is lavished on me, and all the other things that come with being the tamed pet of a not-so-wild bird.



Office Ergonomics Part 2

By Robyn Lawrence DC
Get Well Family Chiropractic

Do you ever feel “chained to your desk?” If so, you are not alone. For many office workers and now work from home workers, spending all day behind your desk, at your kitchen table or worse on the floor at your coffee table can have a detrimental effect on physical and mental health. Simply put ergonomics is the science of equipment design as it applies to operator fatigue and discomfort.

Managing Your Mouse

According to a study of 2,374 office workers in Japan, “the inconvenient arrangement of the mouse in relation to the body,” along with the mouse being at an inappropriate height to the desk, set workers up for arm, wrist, and neck pain (Sangyo Eiseigaku Sasaki 2004;46:201-12).

The traditional computer mouse forces workers to overuse muscles in their arms, shoulders, neck, and upper back. Often leading to vertebral subluxations and related problems.

If you have a traditional mouse, send it packing. Replace it with a more ergonomic-friendly variety, such as a touchscreen or ball-roller. These devices require much more subtle movements and restrict movement to mostly one or two fingers.

If your mouse isn't built into your keyboard, place it conveniently as possible to minimize arm and wrist movement. Never place a mouse at a different level than the keyboard (for instance in a lower folding drawer). And don't leave your hand resting on top of the mouse when you're not using it. Look at the way your hand is bending upwards from the wrist the next time you use your mouse, and you'll understand why maintain this posture can result in pain.

Keying in on Keyboards

If you are like most office workers today, your computer keyboard is a flat, one-piece unit. The geometry of these conventional keyboards, however, forces the wrists into a downward deviation – simultaneously turning the forearms outward.

Two-piece, slanted keyboards – with a triangle of open space between each half – keep wrists and forearms at near neutral positions. And studies show that “experienced ten-digit touch typists readily adapt (within 10 minutes) to these individual alternative keyboard features, and can type with approximately the same speed and accuracy as with the conventional keyboard.” (J Orthop Sports Phys Ther 2004;34:638-49).

If getting a new keyboard is not an option, the next best thing is to focus on incorporating the following tips into your daily routine:

- Periodically release the tension in your shoulder and allow your arms to relax comfortably. If your chair is positioned at the correct height, this posture will occur naturally.
- “Float” your hands slightly above the keyboard while typing, rather than resting your wrists on a desk or wrist pad. The horizontal pad should only be used during rest periods between keying. And keep your touch light: Don't beat on the keys.

Easing Eye Pain

Computer Vision Syndrome (CVS), also referred to as digital eye strain, describes a group of eye- and vision-related problems that result from prolonged computer, tablet, e-reader and cell phone use. Many individuals experience eye discomfort and vision problems when viewing digital screens for extended periods.

The most important factor leading to the syndrome is the angle of gaze at the computer monitor. Pain in computer users is diminished when gazing downwards at angles of 14 degrees or more. (Bol Asoc Med P R 2004;96:103-10)

So, to protect your eyes, align your computer monitor at or just below eye level. It's also important to minimize glare. Ceiling lights, desk lights and office windows can cause glare that results in teary, itchy and watery eyes. Worse yet, glare can also spark migraine headaches.

Remedies include relocating your workspace or purchasing anti-glare filters for your monitor. You can also experiment with adjusting your monitors color and contrast buttons to reduce eyestrain.

Blue light from computer screens and digital devices can decrease contrast leading to digital eyestrain. Fatigue, dry eyes, bad lighting, or how you sit in front of the computer can cause eyestrain. Symptoms of eyestrain include sore or irritated eyes and difficulty focusing.

There are a few ways to decrease exposure to blue light:

- Screen time: Try to decrease the amount of time spent in front of these screens and/or take frequent breaks to give your eyes a rest.
- Filters: Screen filters are available for smart phones, tablets, and computer screens. They decrease the amount of blue light given off from these devices that could reach the retina in our eyes.
- Computer glasses: Computer glasses with yellow-tinted lenses that block blue light can help ease computer digital eye strain by increasing contrast.
- Anti-reflective lenses: Anti-reflective lenses reduce glare and increase contrast and also block blue light from the sun and digital devices.

As always, our chiropractic office is committed to keeping your spine, nervous system and overall health on the straight and narrow. If you have any questions or concerns about how the ergonomics of your workplace may be affecting your health, plan on discussing it with us on your next visit. If you are not currently a part of our family give us a call for a convenient first appointment with one of our doctors.

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A CHECK OFF THE BUCKET LIST!

“Melissa Etheridge in Ferguson”

WOW, what an honor it was to meet the incredible awesome and talented Melissa Etheridge who I have loved and followed since her first album in the late 80s. Melissa opened up her heart, voice and compassion to help Cathy's Kitchen with their re-grand opening. The energy and excitement was felt throughout the restaurant. I will never forget the day Melissa Etheridge put her arm around my back for a photo, mind blown! This was definitely a check off my bucket list. Oh, by the way, the food was fantastic.



photos by Sandy Sharp

Financial Focus – Inflation Fear

by Joan Cleaveland (cleav73@sbcglobal.net)
 Business Manager for St. Joseph Parish in Cottleville
 Lindenwood University – BA Business Administration

Last month, I may have seemed a little blasé about inflation. While I may not be too worried, I understand how the headlines about the “threat” or “fear” of inflation may cause alarm for some people. Seeing inflation as the mortal enemy which monetary policy must try to control does make one wonder. We’re also balancing the recovery as the economy re-opens and many people have concerns as they watch prices increase and supplies unable to keep up with demands. For the past twenty years, the Federal Reserve has kept inflation holding around 2%. While that does have advantages, the questions now are, can they or should they continue to maintain low interest rates just to keep inflation down? One positive aspect about inflation today is that it isn’t your seventies kind of inflation. Things are different today, and perhaps just reducing outside influences on economic adjustments will allow a less painful correction period. Let’s hope the Fed is up to the challenge.

So what’s changed in the past fifty years? First there’s Global trade which has more than doubled in that time. Depending on our Global partner’s in trade we may experience some inflation abroad. When the tariffs were raised with the Chinese, we saw prices on washers and dryers move up as a result of increased costs in production. And of course, the response of the Chinese is “back at you” with tariffs on our exports. Sometimes our own businesses suffer in this process of imposing tariffs on other countries exports. As some prices go up it affects other goods and possibly wages. So one theory with regard to trade has been to remove all tariffs and let the market work. A little inflation may help an economy recovering from a lost year of production due to the pandemic. There may be some value in less interference from our central bank.

Another change has been our demographics. Fifty years ago Baby Boomers were still children or just becoming young adults and the voting age requirement dropped to 18 from 21. When a population produces less than it consumes, inflation is the result. This category of our population is made up of retirees and children. The working age people would likely produce more than they consume. If these two groups offset each other, inflation could stay level. But the Baby Boom Generation seems to be the largest group, so some inflation may be on the horizon.

The third major difference has been the growth in retail sales on-line. In the seventies, we rarely ordered things by mail. If we did it was probably enrolling in Columbia Records to get a dozen records for the price of one by using a mail in form from a magazine. Today and even more so in just the past few years shopping on-line has really soared. The pandemic

only made ordering on-line easier for those quarantined or just stay home to avoid crowds. Local shops with store fronts have found themselves at odds with on-line stores. With their overhead, they are fighting for business and often must lower prices just to make sales and keep customers. This is often referred to as the “Amazon effect.” And just last year many storefronts closed or had to add on-line options, often reducing staff. As some recover will they be able to add workers or for that matter find workers? As the economy starts up we’ll see a different world and we will all need to adjust.

None of these influences were around fifty years ago, so we don’t have the experience to learn from to avoid bad choices. With trade, some of our choices are more about nationalism and protectionism, especially in the past several years. Perhaps that is the wrong approach. Since trade typically benefits both trading partners in a positive way, it would seem that doing away with tariffs would improve the economies of both countries involved. If we were to actually be part of an open international trading system, the benefits worldwide might make us all more productive.

When we think about the producers and consumers of goods in relation to our demographics, we are in the shortage of workers stage. As I mentioned earlier the number of people of working age is less than previous generations. We aren’t the only country to recognize this. China recently began allowing more than one child per couple because they don’t have enough workers. Their population has been dwindling and they are seeing the effects. Maybe we just don’t have enough people of working age. While I do find that hard to believe, it could dispel the complaint that people are just lazy or don’t want to work because they are receiving benefits that exceed what they could earn in an unskilled job they could get easily. No matter what the reason we do need to be concerned if we have more consumers than producers. If left alone would this problem also correct itself with more efficient methods of production or could the answer be more robots? This type of a correction may be easier to handle because supply and demand will force corrections to occur.

So back to my question of just what if anything the Fed should do with our monetary policy to influence the market. The answer may be as simple as nothing. If you have any questions or comments please contact me at cleav73@sbcglobal.net.

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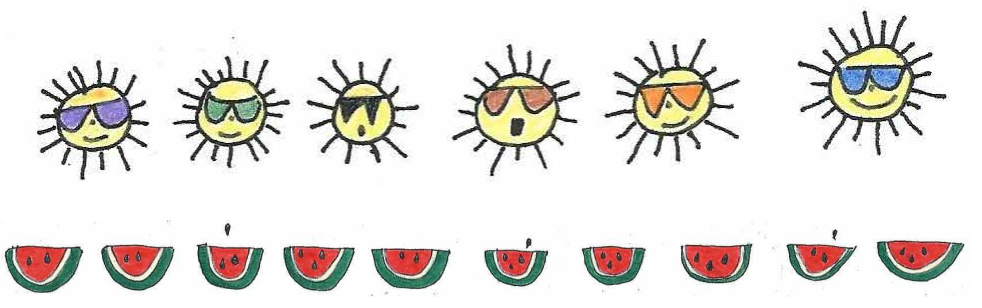
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Nominate a Ferguson resident or Ferguson based group to be Ferguson's Fourth Annual Human Rights Advocate of the Year!

The purpose of the Human Rights Commission (HRC) is to prevent or eliminate discriminatory practices by making recommendations to the

Ferguson City Council with regard to actions, policies, or legislation. There is a complaint process to investigate cases of discrimination in housing, employment, and public accommodations (please see our website at www.fergusoncity.com/533/Human-Rights-Commission). The HRC is also dedicated to educating the community on human rights.

The Commission is seeking nominations for its annual human rights award. Nominees should be individuals or groups who have made specific, significant contributions to improving civil rights, human relations or civility in our community. The Ferguson HRC would like to award a group, an adult individual, and a young person working for human rights in our community. We welcome nominations demonstrating success in the following areas, among others:

HOUSING: People or organizations who have ensured compliance with fair housing laws; who have worked to increase the availability of accessible housing; who have worked to make affordable housing more available through advocacy.

EMPLOYMENT: People or organizations who employ a diverse workforce; who stress fair employment practices; who have implemented successful training programs; who have established and implemented effective affirmative action plans; who have worked for fair employment through advocacy.

PUBLIC ACCOMODATIONS: People or organizations who are known for welcoming initiatives in terms of diversity in their businesses and other groups that need the support of Ferguson residents. These people or organizations go out of their way to accommodate people regardless of race, color, religion, national origin, ancestry, sex, gender identity, sexual orientation, disability, age as it relates to employment, or familial status as it relates to housing. They have been involved in developing accommodations and advocating for people with disabilities; who actively strive to hire people with disabilities; who have been instrumental in fighting for the rights of people with disabilities.

Who do you think has worked to uphold human rights (civil rights) in Ferguson?

Nominations can be for:

- An adult (age 21 and above):
- A young person (up to age 21):
- A group working in Ferguson:

Name of nominated person or group: _____

Why do you make this nomination? Give reasons with evidence of the person or group's activities based on the three areas of human rights specified above AND/OR bringing the community together in working for justice on other human rights issues. You can attach additional information, if necessary, to this form.

Nominee Name _____ Telephone _____
 Street Address _____
 City _____
 Email _____
 Address _____

Your Name _____ Telephone _____
 Street Address _____
 City _____
 Email _____
 Address _____

Nominations are due on October 18, 2021. Please send or email this form to Ferguson Human Rights Commission, 110 Church Street, Ferguson, MO 63135. Email address: HumanRightsCommission@fergusoncity.com

The Ferguson Human Rights Advocate of the Year award winner will be announced in the Fall of 2021!

Tina Garrison Returns to SSM Health DePaul Hospital as President

BRIDGETON, MO – June 30, 2021—SSM Health named Tina Garrison as the new President of SSM Health DePaul Hospital on May 18, 2021. This is a homecoming for Tina, who previously served as Vice President of Operations at DePaul Hospital from 2012-2018. Since 2018, she has served as President of SSM Health St. Clare Hospital in Fenton, MO.



"It is an honor to return to DePaul Hospital," Garrison said. "I am excited to continue our work providing exceptional health care service to the region."

During her tenure as Vice President of Operations, Tina helped lead DePaul to top decile performance in employee and physician engagement. She also oversaw a \$60 million plan to expand and modernize the DePaul campus.

"This hospital plays an important role in the local community," Garrison said. "We offer comprehensive medical care, including the only Level II Trauma Center in North County and a Comprehensive Stroke Center."

Tina holds a bachelor's degree in Health Care Management from Southern Illinois University at Carbondale and a master's degree in Public Administration from the University of Evansville. She has been included in North County Incorporated's "30 Leaders in the Thirties" recognition and is a past winner of St. Louis Business Journal's "40 Under 40 Award."



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Bringing Our Community Back Together

The theme for the 9th Annual Taste in Ferguson fundraiser event is all about Bringing our Community Back Together. Last year we had to modify our event due to Covid 19 and we were able to host drive-thru event. It was very successful, but we are happy to be back this year hosting a live, outdoor, food tasting event which will take place on Sunday, September 12th from 3pm to 6pm at the Savoy Banquet Center in downtown Ferguson.

We've all have gone through a lot this past year. For us the theme, "Bringing Our Community Back Together", is more than just some words on our promotional pieces, it's about getting together again, enjoying delicious food, listening to music, sitting at the picnic table, seeing old friends, and meeting new friends. That's how we envision bringing our community back together. Come out and show support to our first responders, and watch the kids have fun. We are excited to announce St. Louis's own Javier Mendoza is coming in from Nashville to perform live on the big stage for your music entertainment.



Food vendors will be outside under the white tents and some vendors will be inside serving up their delicious food samples. As of this writing here is the lineup of our food vendors. Adam's Smokehouse, Amore' Pizza, Café De La' Sha Catering, Drake's Place, King of Soul, Helfer's Pastries and Deli Café, Just Chicken, Mann Meats, Mimi's Bar and Grill, Paul's Market, Red's the One and Only BBQ, Rice House, Sam's Club and Sugary Bliss Candy Buffets. More vendors to come.

Will be selling several selections of local craft beers, as well as good old Bud products along with a variety of wines. Spirit vendors will be back selling samples of bourbons, whiskey, and vodka. In addition to food, music, family and friends, there will also be a variety of kids activities.

The Ferguson Police and Fire Departments will go at it again in their friendly food competition to win the coveted bragging rights trophy. The police won in 2019, so the fire department has their sights on winning it back this year.

Tickets for Sunday's Taste in Ferguson event are \$35.00, kids 10 and under are free. You can purchase tickets now online at thetasteinferguson.com. Tickets will be available starting



August 14th at the Ferguson Farmers Market, Paul's Market, Robinwood Automotive and at the Greater North County Chamber of Commerce office. For more information visit our website; thetasteinferguson.com or follow us on our Facebook page.

We are adding few new things to the 9th annual Taste in Ferguson event. Some of our food vendors will be entering a contest with a separate specially prepared dish that will be graded by a panel of judges for the chance to win The Taste in Ferguson Golden Apple Award. Judges will be grading their entries based on the E.A.T. methodology used in many world class food competition. E is for Execution; A is for Appearance; and T is for Taste.

New this year we are hosting a Saturday evening event inside the Savoy. A special listen engagement with Javier Mendoza. Come out and listen to the music from Javier and have the opportunity to meet and speak with him in a relaxed setting. Starting at 6pm on Saturday, September 11. There will be delicious appetizers and an open call bar throughout the evening. Tickets are \$100 and includes a ticket to Sunday's afternoon Taste in Ferguson event. This is a limited seating event. Tables of ten are \$1000. Tickets for this special event can be purchased online or at the locations listed above. All proceeds from Saturday's event will go towards our memorial scholarship funds.

We have partnered this year with Greater North County Chamber of Commerce in promoting our event. Some of the event proceeds will be going towards supporting their high school senior's scholarship fund. It's all for education!

Every year the proceeds from The Taste in Ferguson event fund the Robbie McGartland and Samantha Lipka memorial scholarships for our local youth.

Over these past 8 years we have seen the positive effects on many students and their families as we assisted them with their grade school, high school, and college education.

For sponsorship opportunities or to donate please visit our website.

We look forward to seeing you on Sunday September 12th, enjoying delicious food, great entertainment, and having fun! Come on out and show your support for our local youth, food vendors and our communities.

All of us will be a part of Bring Our Community Back Together.





Under The Hood With Robinwood
By Bob McGartland

Right Now, Maintaining Your Current Vehicle Could Be a Better Cost Option!

One of the most obvious results of the global pandemic is seen by driving by any of the new car dealers in our area.... inventories are at all-time lows! Most of the major automobile manufactures were shut down for two or more months due to Covid, and the lack of building vehicles for that time is now showing up across America. The other “huge” issue is the shortage of microchips that every new vehicle requires.... the engine, gauges, safety, and entertainment all require microchips to operate. Thousands of new Ford pickups are sitting at a Kentucky speedway right now waiting for chips. Every vehicle manufacturer is facing the same challenge.

The basis of economics is supply and demand. When supply goes down, the price goes up. As you can imagine, the tight supply of new vehicles is forcing prices higher, plus be prepared for delivery times to be months instead of weeks. The same challenges are impacting the used car market: Dealer inventories of used vehicle are directly proportional to new car inventories, so the used vehicle supply is limited as well. Just like new cars, this tight supply results in higher prices for used cars. Recent automotive industry news indicates that used vehicles are currently 30% higher due to the current supply and demand issues.

So, what are your options? With the current shortage of used vehicles, trading in or selling your current vehicle will definitely generate top dollar.... but then what? That top dollar offer for your current vehicle will be quickly offset by a higher price for the vehicle you are purchasing to replace it.....and when will you get it?

Right now, another good option is to keep old reliable going. To start with, I would recommend having a

comprehensive bumper to bumper inspection performed on your vehicle. The inspection report should list the areas that are in good operating condition. The inspection should list any safety related items or problems that could cause progressive damage if not repaired now. It should list any maintenance services that are due now and finish the report with any maintenance services that would be due in the next three to six months. Getting some overdue maintenance and or some needed repairs done to your vehicle is usually way less money than the sales tax you would pay on buying a new or used vehicle. If the inspection report indicates your vehicle is at the end of its useful life, at least you know if you have a little time to see if the current market conditions change and the car prices start to stabilize or you're heading out to explore what's for sale.

In the meantime, **KEEP YOUR CURRENT VEHICLE IN TOP OPERATING CONDITION** while the new & used automotive market has time to return to some sense of normalcy. Manufacturers are building vehicles at a pre-pandemic pace, and the microchip manufacturers are doing everything they can to fill the demand. That famous saying “this too shall pass” is certainly in play for the entire automobile industry. So, when you have your next oil change, visit with your automotive service provider, and make sure you are keeping up with the specific recommended services for your vehicle.... these recommended services will keep your vehicle in top operating condition and provide you with a peace of mind driving experience. By keeping up on vehicle maintenance, your overall cost of driving your vehicle will also drop because your vehicle service provider will identify potential problems BEFORE they become more serious.

Summer is going by fast.... Labor Day is around the corner. I hope everyone is enjoying a great summer! As always, if you have any questions or concerns about your vehicle, please stop in or give Robinwood Automotive a call.

Lightning Protection in Trees

by Phil Berwick / Living Tree Care

I am going to speak about lightning protection in trees. After more than forty years in the trade of tree care, a single old wound from a single lightning strike I've found time and again to have been the cause of eventual unsafe decay in a tree leading toward the need to remove it. Ferguson is no stranger to flailing wind, lightning storms, and falling trees. There are three ingredients for a thunderstorm: moisture, instability and lift. Ferguson has had the ‘moisture’; it's had its share of ‘INSTABILTY’, so now it's time for a ‘LIFT’. Since I feel a thunder clap of TREEOLOGY in my bark, let me touch on lightning bolts and trees.

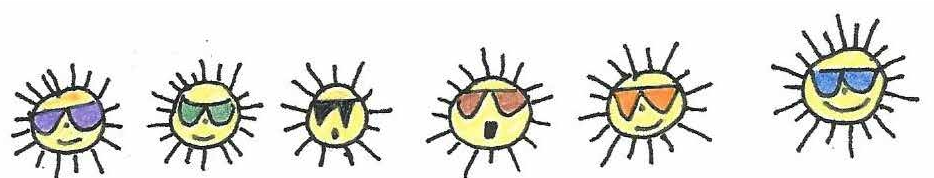
A lightning protection system is the best investment that anyone can make, especially in a large irreplaceable, favorite tree. Tree surgery, in the case of a tree that has received a lightning strike, assists the wound in sealing over, that is, if other than the blown out bark, the tree survives the blast. There is a waiting period of at least a couple weeks before it can be decided if the tree can be saved. But preventing the damage in the first place is well worth saving an irreplaceable shade tree and avoiding large removal costs. In 2005 my tree company was hired to install lightning protection systems in twelve of Forest Park's 150 year old “Heritage Oaks”.

If a large Shade Tree gets struck by lightning, and the tree is in close proximity to a house, very often times, many electrical components inside the house and inside the walls of the house

can become damaged. Although the lightning protection system in the tree cannot guarantee that the house will not get struck, more often than not it has in fact protected the house from getting struck by lightning.

For lightning to happen, water droplets turn to ice particles, bouncing crazily in a cloud. Positive charges, (Protons) rise to the top of the cloud, as the negative charges (Electrons) fall below the cloud. At the very same time, in synchrony, a positive charge is following that ‘thunder cloud’ just below the ground. The trees (and other tall objects) send out FEELERS. There are 2,000 thunderstorms occurring worldwide, each producing over 100 lightning strikes a second, that's a million lightning bolts a day. Something to consider.... In the storms of life... without letting ourselves get too fried.

Let's be like trees, and send our FEELERS up together Ferguson, for we may as well get a charge out of life!
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St. Louis sports icons Ozzie Smith and Craig Berube join the Legends Charity Challenge presented by World Wide Technology with Jack Nicklaus and Tom Watson – Pairings Announced

Legends Charity Challenge exhibition to benefit First Tee of Greater St. Louis and PGA REACH

ST. LOUIS – Officials of the Ascension Charity Classic presented by Emerson announced that former St. Louis Cardinals Hall-of-Fame shortstop Ozzie Smith and St. Louis Blues Stanley Cup-winning head coach Craig Berube are the third and fourth members of the tournament’s signature event, the Legends Charity Challenge presented by World Wide Technology. Smith and Berube join golf’s greatest champion Jack Nicklaus and Missouri native and World Golf Hall-of-Famer Tom Watson to create a powerhouse foursome that will compete in an exhibition match to benefit charity.

The Legends Charity Challenge will take place on Saturday, September 11, following the final pairing of the tournament’s second round, and will begin on Hole No. 10 at Norwood Hills Country Club.

“Bringing together two St. Louis legends like ‘The Wizard’ and our Stanley Cup-winning coach Craig Berube, with arguably the greatest golfers of all time, is a dream come true for our inaugural event,” said Nick Ragone, Executive Vice President, Chief Marketing & Communications Officer, Ascension. “It’s going to be one highlight of so many for St. Louis fans and most important, proceeds will benefit two amazing charitable organizations.”

The pairings for this marquee competition will feature Nicklaus and Smith versus Watson and Berube in a nine-hole team scramble, match-play format. The teams will compete for a \$25,000 purse to benefit First Tee of Greater St. Louis and PGA REACH. Each hole will be given a dollar value that will be awarded per hole to the winning team’s charity. Nicklaus and Smith will compete for PGA REACH, with Watson and Berube teeing it up for First Tee of Greater St. Louis. The team that has won the most money for its charity at the end of nine holes will be declared the winner of the inaugural Legends Charity Challenge presented by World Wide Technology.

The first playing of the Ascension Charity Classic presented by Emerson is set for the week of Sept. 6-12 after being forced to reschedule from October 2020 due to the global pandemic.

Tickets for the tournament can be purchased at ascensioncharityclassic.com. Two types of weekly admission options are available, a Clubhouse Ticket as well as a Grounds Ticket. Daily tickets are also offered. Tickets start at \$20, and kids 16 and under can attend for free with a ticketed adult. All three rounds of the Ascension Charity Classic presented by Emerson will be broadcast on Golf Channel. Internationally, telecasts air in excess of 170 countries and territories, reaching more than 340 million potential households, and distributed in 15+ markets via GOLFTV.

For more information about the Ascension Charity Classic presented by Emerson, including ticket, pro-am and hospitality availability, visit the Ascension Charity Classic website at ascensioncharityclassic.com. For the latest news and updates on social media, follow the tournament on Twitter at [@ascensionccg](https://twitter.com/ascensionccg), on Facebook at facebook.com/ascensioncharityclassic and Instagram at [@ascensioncharityclassic](https://instagram.com/ascensioncharityclassic).



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Crossword Solution from page 2

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SSM Health DePaul Hospital and St. Louis Area Foodbank Receive Grant as Part of Food is Medicine Program

BRIDGETON, MO – SSM Health DePaul Hospital and the St. Louis Area Foodbank are partnering to alleviate food insecurity in North St. Louis County. The partnership is part of the Food is Medicine program, a Feeding America initiative which is funded by the Anthem Foundation. The St. Louis Area Foodbank recently received a \$65,000 grant from the Anthem Foundation for the project.

SSM Health DePaul Hospital staff will screen patients for food insecurity, and if a need is identified, patients will receive enough food for several meals for themselves and their household when they are discharged. Patients who screen positive for food insecurity will be connected with the St. Louis Area Foodbank for additional food, nutrition education, and valuable community resources such as helping them apply to the Supplemental Nutrition Assistance Program to ensure their food needs continue to be met.

“Food insecurity is a significant health care concern in our community,” SSM Health DePaul Hospital President Tina Garrison said. “By partnering with these organizations to try to meet even a portion of the food security needs is the first step in meeting the full health care needs in this area.”

“The St. Louis Area Foodbank is honored to partner with our friends at SSM Health DePaul Hospital in helping break cycles of food insecurity right here in our backyard. The generous investment from Anthem will help us truly transform lives to ensure fewer people go to bed hungry, and more people are living healthier, longer lives,” said Meredith Knopp, President and CEO of the St. Louis Area Foodbank.

The food pantry is the second partnership between SSM Health DePaul Hospital and St. Louis Area Foodbank this summer. In June, the two organizations joined with Operation Food Search to host a food distribution event at the DePaul Hospital campus. The event provided food to over 160 families.

SSM Health DePaul Hospital and the St. Louis Area Foodbank will hold a grand opening event for the food pantry this summer. The grant is part of a \$1 million gift made by the Anthem Foundation to Feeding America®.



Ferguson Has A History Museum

Actually, Ferguson has had a Historical Society since 1972. The museum is called the History House and it is located behind the Ferguson Community Center on Smith Avenue. Inside you will find displays of historic Ferguson artifacts, photographs and documents dating back to the early days of Ferguson. Items in the collection have been gathered over the years from residents who have donated items to the society. Visitation is by appointment by contacting Kathy Eckberg at eckberg7@aol.com.

Now we get down to the real reason for this article – the Ferguson Historical Society needs help. We are funded through yearly memberships (\$10.00 annually) and the work of the dedicated Board of Directors. The City of Ferguson gives the space for the museum to use. History, however, does not exist only in the past – history is being made every day. The Historical Society needs input and items which reflect the Ferguson of today and the future. That is where you, a citizen of Ferguson, need to step up.

First – we need some interested people to become involved. Many of the Board members have been on the board for over 20 years and need a break. Board meetings are held monthly during the morning – BUT – meeting times can change. Docents would allow the museum to be open on a scheduled basis. Volunteers do not need to have been in Ferguson a long time – new residents with an interest in Ferguson and its history are welcome.

Second – the Board members need better contacts with the current history of Ferguson. YES – all history is not old – history is being made every day. The Historical Society needs input and items from younger Ferguson citizens.

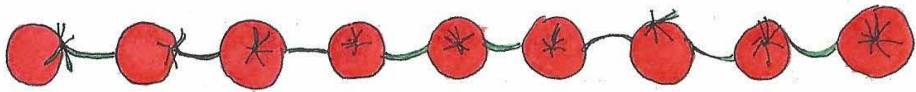
Third – The Ferguson Historical Society does not even have a web site. The Society does have a Facebook page. The Historical Society is not mentioned on the Ferguson web site. We need help moving into the 21st century.

Finally – As a not for profit (501c3) the Historical Society needs to get some financing – some ways of bringing in money, perhaps through grants, so we can expand and improve access and displays. Current Board members could use help in this area.

The history of Ferguson is an important record to keep – and to expand. As Ferguson transitions as a community, new records must be added. The current Board simply cannot do all these necessary things without help from the community. – without help from YOU.

Interested? (we hope you are). Please contact Jerry Benner at fjbenner@mindspring.com.

“The Ferguson Historical Society is dedicated to preserving and promoting the history of Ferguson Missouri. Membership is open to all sharing our interest.”



Blessed Teresa of Calcutta Catholic School

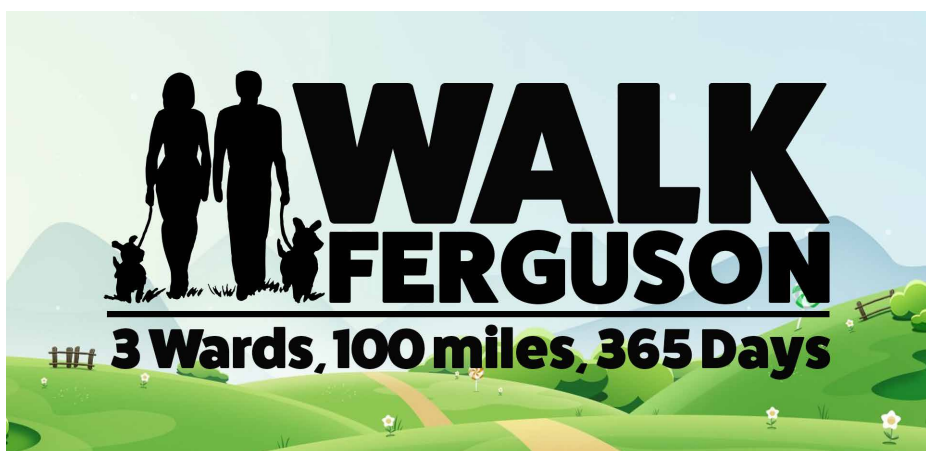


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submitted by the Ferguson Eco Team

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Americans use 100 billion plastic bags a year, which require 12 million barrels of oil to manufacture. ... Up to 80 percent of ocean plastic pollution enters the ocean from land. At least 267 different species have been affected by plastic pollution in the ocean. 100,000 marine animals are killed by plastic bags annually. Try to use less plastic bags and Please remember to recycle your plastic bags.

One last thing: If you want to see an eye opening movie on plastic. Go to the discovery channel on the Internet and look for The Story of Plastic.



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