

Ferguson

NEIGHBORHOOD

SINCE NEWS 2021



Serving Ferguson and Surrounding Communities



Welcome to the Neighborhood - Ferguson Chophouse

Meet the owners of the new Ferguson Chophouse, Kirk Saunders and Kevin Green. Neither of these guys are strangers to the restaurant business.

Kirk Saunders started working for his father at the early age of 14 as a busboy at the West Bourgh Country Club. He found his passion and has been in the restaurant industry all his life. He continued on working as a waiter, maître d during his career, and as a front house manager these last 22 years. Now he is fulfilling a lifelong dream with his good friend Kevin, owning his own restaurant.

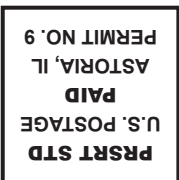
Kevin Green's formal training started back in the early 90's as a chef who graduated from Sullivan University in Louisville, Kentucky, as well as The Culinary Institute of America in New York. Since then, he's led kitchens at a senior living facility and at Kreis' Steakhouse in Frontenac. He was a chef for Guido's "On The Hill" in St. Louis and Charlie Gitto's. In 2020 he and his wife Marion opened their own restaurant - West End Bistro, an upscale fine dining restaurant in the Central West End.

Now this dynamic duo is coming together at the former Vincenzo's Restaurant to bring Ferguson an array of dishes that will tempt your appetite. Their menu will feature some favorite appetizers like toasted ravioli, shrimp scampi along with oyster Rockefeller as well as weekly chef specials. Their salads will be changing with the different seasons of the year. For dinner there's a nice selections of steaks, chicken, lamb chops, and weekly chef seafood specials. You will still find a couple of old Vincenzo's favorites, like lasagna and fettuccine on the menu. You'll need to save room for dessert. Chef Kevin is also a pastry chef. He will be making all of the desserts in house. Those of you who become regular patrons can request a special dish; if it's in Kevin's wheelhouse, he will certainly make it for your next visit. They have a full bar, with a wine list available from moderate to high end wines. Oh boy sounds delicious!

(Continued on page 9)

On-line edition: fergusonsmallbusinessdistrict.com/

POSTAL CUSTOMER
ECRMSS



312 Calverton Rd.
St. Louis, MO 63135



FERGUSON INDOOR WINTER FARMERS MARKET

MAR 21 • 9am-12pm



Produce, meat, fresh bread and bakery items, hot breakfast, healthy juices, handmade crafts, and live music!

TWO WINTER MARKETS LEFT!
March 21 and April 18

St. Stephen's Episcopal Church
33 N. Clay, Ferguson





March News and Events at the Ferguson Public Library

For more information, please contact the library at 314-521-4820 or visit us online at fergusonlibrary.net



Youth Events

Stories and Songs for Little Ones Join us for storytime! Ages 0-5. Wednesdays at 10 am	Lego Club Drop in and build! Ages 6-11. Saturday, March 21 at 2 pm
Animals of the Endangered Wolf Center - NEW DATE! Learn about the different animals that make their home at the Endangered Wolf Center. You'll even get to meet an animal in their care! Thursday, March 19 at 11 am	

Adult Events

Game Night Relax with a game! Adults and teens. Monday, March 2 at 6 pm	Readings on Race Book Club <i>Why Does Everything Have to Be About Race?</i> by Keith Boykin. Monday, March 9 at 6 pm
Conversations and Coffee Discuss today's news and events. Tuesday, March 10 at 6 pm	Black Author Book Club <i>Can't Get Enough</i> by Kennedy Ryan. Wednesday, March 25 at 6 pm

Paper Flowers
Learn how to make flowers out of paper! Adults and teens.
Thursday, March 26 at 6 pm

All Ages Events

Fiber Arts Social Club Looking to work with some fellow crafters? This is the group for you! Bring your latest project and chat while working. Beginners welcome! Thursday, March 12 at 6 pm	Cultural Cuisine Travel across the world with food! This month, we'll celebrate St. Patrick's Day with corned beef, cabbage, and other Irish treats. Wednesday, March 18 at 6 pm
Susan B. Anthony: HERStory Meet suffragist Susan B. Anthony! Watch history come alive as Susan travels through time to join us and host Rebecca Now for an interview. Wednesday, March 25 at 6 pm	March Craft Kits <ul style="list-style-type: none"> • Mar. 2-7: Dot Sticker Art • Mar. 16-21: Cloud Keychain • Mar. 30 - Apr. 4: Balloon Painting <p>Pick up a free kit while supplies last!</p>

If You Have Items of Interest, Contact - garynadeau2@gmail.com



March Celebration Shout-outs

- Feb 25 Happy 3rd Birthday Grace Wilkes
- 7 Happy Birthday Sandy Tricamo
- 8 Happy Birthday Frank Fujarski
- 13 Happy 2nd Birthday SynCere Wilkes
- 14 Happy Birthday Jack Bowes
- 20 Happy Birthday Richard Bowes
- 24 Happy Birthday Jody Schneider
- 28 Happy Birthday Luke Nadeau



Email Shout-outs to garynadeau2@gmail.com - deadline is the 15th of each month

March at a Glance



- 1 Trout Season Opens 
- 3 Forestwood Neighborhood Meeting 7-8 PM
- 12 Ferguson Woods Neighborhood Meeting 6-7:30 PM
- 8 Daylight Savings (Spring Ahead)
- 17 St. Patricks Day
- 20 Eid al-Fitr
- 21 NorthHills Neighborhood Meeting 10-11 AM
- 23 South West Neighborhood Meeting 6-7 PM
- 29 Palm Sunday

IT'S THE LAW!

A reader posed this question after being scolded by another driver for not stopping on a four lane road while a school bus was unloading. The reader was traveling in the opposite direction. What does the law say about when you must stop for a school bus?

In Missouri, when a school bus stops on a 4-lane road (or a highway with four or more lanes) to load or unload children, only traffic traveling in the same direction as the bus is required to stop. Drivers moving in the opposite direction on a 4-lane road do not have to stop, but should proceed with caution

Key Missouri School Bus Laws for 4-Lane Roads (RSMo 304.050):

Directional Requirement: Only vehicles behind the bus must stop. Opposite-direction traffic may continue, even if the bus has red lights flashing and stop arms extended.

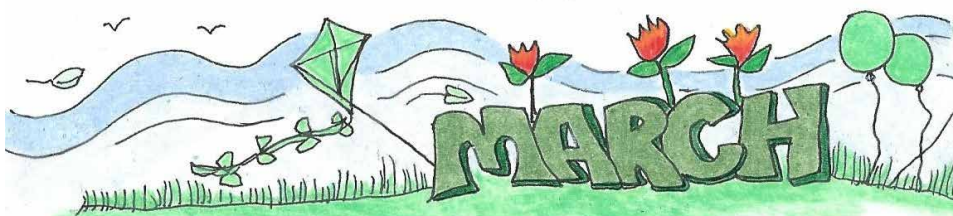
Divided Highways: If a 4-lane road is divided by a median or barrier, only traffic on the same side as the bus must stop.

Safety Exception: If the bus is on a 4-lane road with no divider, traffic traveling in the opposite direction should still exercise caution.

Penalty: Passing a stopped school bus when required to stop is a serious violation that can result in fines, points on a license, or further legal action.

Always remain vigilant for children who might be crossing the road, even if the law does not require you to stop

Please continue to keep officer Travis Brown and his family in your thoughts and prayers.



PRAY FOR PEACE

The Ferguson Newspaper Group may be reached

text/voice: 314 249-6323
 email: garynadeau2@gmail.com
 Like us on Facebook @fergusonneighborhoodnews
 On-line edition fergusonsmallbusinessdistrict.com/

This paper is made possible through volunteers and advertisers

Advertise with the paper

Copy for ads for the paper must be received by the 15th of the month for inclusion in the following month's paper.
 Please send all ads to Gary: garynadeau2@gmail.com

Volunteer with the paper

- Info Gathering
- City Meetings - attend and summarize City Council Meetings
- Other Meetings - assure all city-wide events summaries gathered
- Neighborhood groups
- Diversity Meetings
- Business Spotlight

Donate to the paper

Ferguson Newspaper Group
 312 Calverton Road
 St. Louis, Mo. 63135

Give a congratulatory shout out for only \$5



PROUD
 People Reaching Out for
 Unity and Diversity
Established 1995

Ferguson Mayoral Candidate Forum

Sponsored by PROUD, with candidates

Adrian Shropshire and Nick Kasoff

Thursday, 19 March, 6:00 - 7:45 p.m.

Ferguson Public Library

35 North Florissant Road, Ferguson, MO 63135

The event will also be streamed via Zoom:

Meeting ID: 831 4480 1328
 Passcode: 176777

More information is available through:
www.proud-ferguson.org



The event is geared for an adult audience, but all ages are welcome

April 7,
2026



April 7, 2026

SAFETY • SECURITY • STAFFING

Safe Schools.
Supported Students.
Supported Staff.
Strong Community.

Proposition S is an operating tax levy increase that would provide funding to:

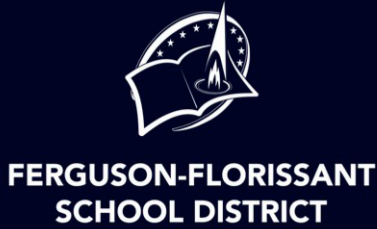
- Improve school safety and security
- Add staff to help community members with RECA documentation and records requests
- Address other essential staffing needs
- Support competitive pay for non-administrative employees
- Expand academic services

If approved by voters on April 7, Prop S would increase Ferguson-Florissant School District's operating levy by 48 cents. This would result in an additional investment of less than \$9 a month for the homeowner of a \$120,000 home in Ferguson-Florissant School District. Seniors approved for the St. Louis County property tax freeze would see no change.

Learn more about Prop S by visiting www.fergflor.org/PropS

If you have questions about Prop S, please email PropSQuestions@fergflor.org.

Paid for by Ferguson-Florissant School District, 8855 Dunn Road in Hazelwood, MO.



Ferguson City News - March 2026



UPCOMING EVENTS & PROGRAMS

WWW.FERGREC.COM



ADULT EGG HUNT

March 27 | 7PM | Community Center | \$12/Person (Pre-Registration Required)



BUNNY BRUNCH

April 4 | 10 AM | Community Center | \$16/Person (Pre-Registration Required)

COMMUNITY RESOURCE FAIR

April 15 | 9:30AM-Noon | Community Center | FREE



Opening Day is May 2nd | 8AM-Noon | Plaza at 501
WWW.FERGUSONFARMERSMARKET.COM

ARTFUL CONSIDERATIONS

by Kimberly Kabak Epperson

March 1st, 7:00 am-8:00 pm, FREE
Laumeier Sculpture Park 12580 Rott Rd,
Saint Louis, MO 63127

Begin Again: 50 Years and Counting

Begin Again: 50 Years and Counting celebrates Laumeier Sculpture Park's 50th anniversary with a fresh, playful look at five decades of bold ideas and creative risk-taking. Featuring rarely seen sketches, models, photos, and behind-the-scenes materials—plus audio and video moments straight from the artists—the exhibition shows how art at Laumeier is always evolving. From works that once lived in the Park to projects that never made it off the drawing board, Begin Again embraces change, experimentation, and the beauty of impermanence. Organized by decade, the show invites visitors to time-travel through Laumeier's history, reflect on what makes the Park so special, and add their own stories through the Laumeier Stories digital project.



March 7th at 7:00 pm and March 8th at 3:00 pm, FREE
St. Stephen's & The Vine Episcopal Church 33 N Clay Ave. Ferguson,
MO 63135

A Brick and a Bible presented by Bread & Roses

Step into a powerful, rarely told chapter of St. Louis history with the true story of the 1933 Funsten Nutpickers Strike, led by Black women who organized more than 2,000 workers across five factories in defiance of poverty wages, dangerous conditions, and Jim Crow segregation. Brought to life with an original jazz and blues score, this moving production celebrates courage, faith, and collective action—placing St. Louis at the heart of the labor and civil rights movements. Bread & Roses invites you to experience this unforgettable story at St. Stephen's & The Vine Episcopal Church in Ferguson through two special pay-what-you-can performances. Tickets are free to reserve, making this an exceptional opportunity to see powerful, community-centered theater at a price that works for you.

March 14th, 2:00 pm, \$51 – \$160
Stifel Theatre 1400 Market St, Saint Louis, MO 63103

Peppa Pig: My First Concert

Peppa Pig is bringing her very first concert adventure to Stifel Theatre on March 14—and everyone's invited to jump in! Joined by Mummy Pig, Daddy Pig, George, and baby sister Evie, Peppa explores the sounds of a live orchestra in a joyful, interactive show made just for young audiences. Kids will hear beloved songs from the series like "The Bing Bong Song", mixed with exciting classical music from The Nutcracker, Beethoven, Mozart, and more. With chances for little ones to participate and make music alongside Peppa, this lively concert is the perfect first orchestral experience. Children 12 months and under may attend free when seated on a parent or guardian's lap.

March 18th, 7:00 pm, \$38-98
Anheuser-Busch Performance Hall 1 Touhill Circle, St. Louis, MO
63121

Swan Lake by International Ballet Stars

Step into the enchanted world of Swan Lake, where love and magic come alive through the iconic choreography of Marius Petipa and Lev Ivanov, set to Tchaikovsky's unforgettable score. This stunning production features all-new, hand-painted sets and over 200 custom scenic elements, creating a dreamlike stage experience. Performed by world-class ballet artists from around the globe, every moment—from the "Dance of the Little Swans" to Odile's dazzling 32 fouetté turns—celebrates classical ballet at its most powerful and expressive. Presented in two acts with one intermission. Family-friendly for ages 3 and up.

March 26th, 7:00 pm, \$20 – \$55
Albion Theatre 501 N. Grand Blvd. St. Louis, MO 63103

Rosencrantz & Guildenstern Are Dead

What if you're trapped in a story where you're not the hero? Rosencrantz and Guildenstern Are Dead flips Hamlet on its head, following two confused sidekicks who suddenly find themselves swept up in a world they don't fully understand. As events spiral around them, Rosencrantz and Guildenstern wrestle with fate, free will, friendship, and the unsettling realization that their choices may carry little weight in the grand scheme of things. Equal parts absurd, hilarious, and thought-provoking, this tragicomedy invites audiences to laugh, ponder, and experience Shakespeare from a completely unexpected angle. Part of the St. Louis Shakespeare Festival's 2026 season.

CROSSWORD

Free Bananas!

By Robin Shively

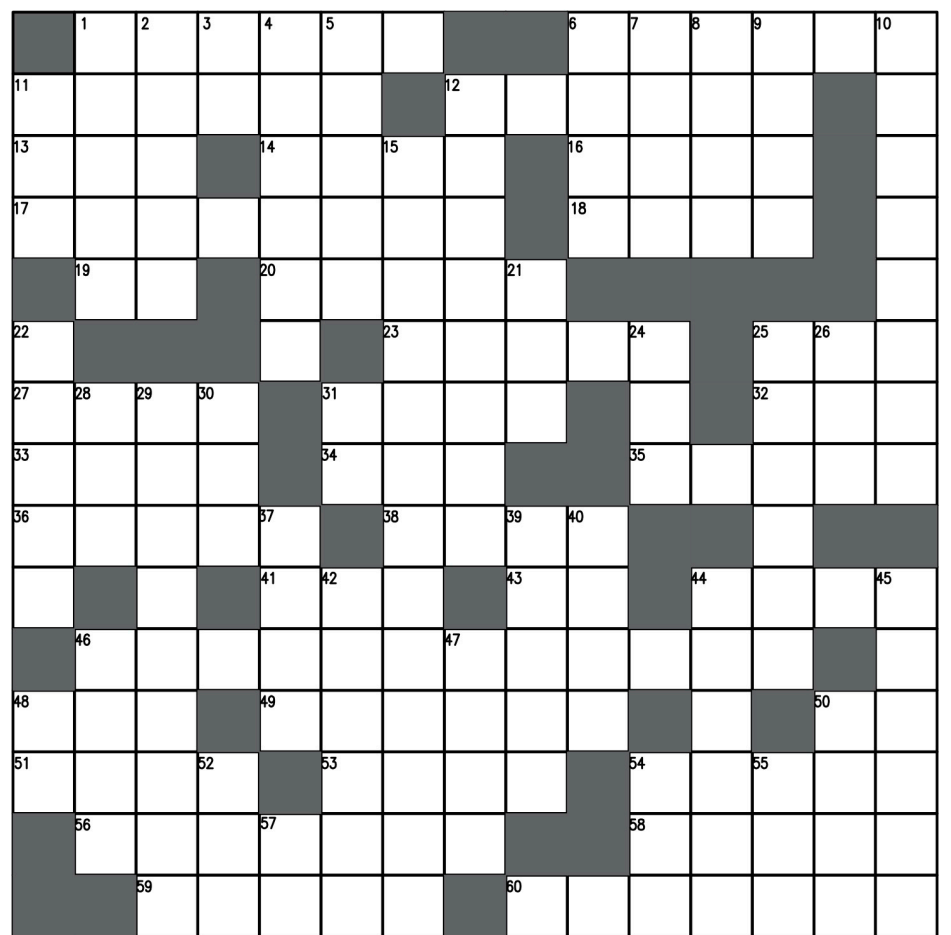
ACROSS

1. Gathered fabric
6. Bolt's bolt?
11. Closest pal
12. Rhyming enjoyable sprint
13. Stevedores' org.
14. Great detective of kid's books
16. Tiny bit
17. Huck Finn musical
18. Start of a Christmas story
19. ___ la vie
20. Grass
23. Cabal
25. H.S. math
27. Injure
31. Pear variety
32. Masked drama
33. Inventive notion
34. Musician Brian
35. Jem's sister
36. Fend off
38. Burnt ones are smoking good eating!
41. ROTC relative
43. On location
44. Competition for cars or candidates
46. Training program for potatoes?
48. Dot follower
49. King genre
50. Chimney Rock st.
51. O'Hara family home
53. Tempo
54. Former bull
56. Tropical malady
58. Ferber novel
59. Hero's hardware
60. Transparency

DOWN

1. Artifact
2. Grammar subject
3. 12 in.
4. Finale
5. Abandon
6. Two jiggers
7. Place for a figurehead
8. ___baga
9. Barefoot Contessa and name-sakes
10. Dusk
11. Crumb catcher
12. Scottish-American comedian Craig
15. 2.2 mile route on former Wabash right of way
21. It may be an S.A.S.E.
22. Skin opponent
24. Sit-up targets
25. Parka
26. Reed or Grant
28. Fruit drink
29. Change instructions for computer
30. Name for a girl born this month?
31. Word in famous soliloquy
37. Scottish bay or arm of the sea
39. Crusoe creator
40. Don't do this for Bond
42. Priyanka's maiden name
44. Certain college or university head
45. What "E" stands for in an Einstein formula
46. Over-fill
47. Largest dolphin
48. Extra work hrs.
50. Irish god of war
52. It may be pale
54. U.S. no. issuer
55. Sushi shrimp
57. Julian BC successor

Solution on page 13



TRIVIA

1. According to NASA, within 3 seconds how long did the Wright Brothers first flight last on December 17, 1903?
2. What late TV personality was known for wearing an article of clothing created by Nancy Mcfeely Flagg?

(Answers on page 13)





Hello Ferguson!

by Marian Linck

Another month. Another scramble to write something interesting and engaging. Dear readers, you must know that I do not lead an exciting life. I am not a world traveler. A trip to Florida for me is a dream come true and exciting.

On that note, I was able to travel to Miami Florida a couple of weeks ago. The people we traveled with are wonderful and it is nice that there is a beautiful high rise two-bedroom two-bathroom condominium for us to stay in at no cost. Bonus!!

Miami is amazing. I was constantly amazed by all the high-rise living spaces. Just one giant building after another. Traffic in the Miami area is a nightmare, and I was grateful not to have to be in the driver's seat. Our "driver" was very skilled at maneuvering around the traffic.

I was hoping to go to the beach and collect some sunshine; however, the weather did not cooperate in the least. Our host took us to a Japanese Garden and Little Havana and some great restaurants. Going to Miami when there is eight inches of snow in St. Louis is a glorious opportunity. We are back home and resume our usual schedules. My husband is back in his home office. I get to work at the Country Club on Fridays.



Japanese Garden

One of my favorite routine events is going to the Bridgeton Recreation Center. My friend and I go there on Tuesday mornings. She has some mobility issues and needs to use a cane when walking. Her mobility issues magically disappear when we get in the water. We walk the lazy river for an hour. In that hour we solve all the world's problems. There are other ladies at the pool walking as well, usually the same crowd every Tuesday. We have all gotten to know each other and conversations are non-stop. This group of ladies, all seniors, are fun and we all are planning to "save the world". A few more hours on the river we will have accomplished world peace. You are welcome.



View from our friends' Condo

Last month I wrote about happiness. The positive vibe in the pool while we are all walking is strong. I can feel sad when the day begins on Tuesday morning, but after an hour on the river, I am always physically revived, mentally happier, and ready to face whatever the day brings.

I am so blessed to have my friend go to the lazy river. We are a lot alike and agree on a lot of things. If we disagree it does not become a big deal that leads to screaming, and yelling. We agree to disagree. We would never jeopardize our friendship and weekly exercise routine over a disagreement neither of us can do anything about. There is a lesson here some folks could learn from.

I had an idea this week for this article while we were walking and shared it with my friend. I cannot remember. Reminder...I am OLD and my brain is full. I texted her and all she could produce was old time natural remedies and comfort food.

Ok, full disclosure while on my visit to Miami I tripped on a root at the Japanese Garden and my face forcefully met a short concrete lantern or something similar. The bump on my head was enormous, and the resulting black eye was a sight to see. Do not go to the bottom of this article to look for a photo of me and said black eye. I am not sharing. You are lucky I am even admitting to being in such a situation. My friend suggested Witch Hazel for the bruises. I do think the bruising cleared more quickly. So, here is my medical advice for the month.

Now to her recommendation of "comfort food". My reply to her was that all food is comfort food! She agreed. Everyone's version of comfort food is different. Do you crave sweets or bread when you need comfort? Many do. My comfort is yes, something "bready" but also spice. I really enjoy a Chick-fil-A spicy chicken sandwich when I am feeling abandoned, lonely, or just sad. Good thing Chick-fil-A does not have a Ferguson location!

Once again, thank you for reading my ramblings. I love hearing from you. My husband refers to the few emails I have received as my "fans". Thank you to my "fans". You may join the fan club at manhattanmarian@gmail.com.



My concrete friend



Fish Fry IS BACK!

LENTEN FISH FRIES

BLESSED TERESA SCHOOL
OF SACRED HEART PARISH
150 N ELIZABETH AVE.

**Friday Nights Mar. 6th,
Mar. 13th, Mar. 20th, & Mar. 27th**

4:00pm - 7:30pm every Friday

Fish, Shrimp, Fries, Spaghetti, Pizza, Mac & Cheese,
Cole Slaw, Hush Puppies & more for purchase



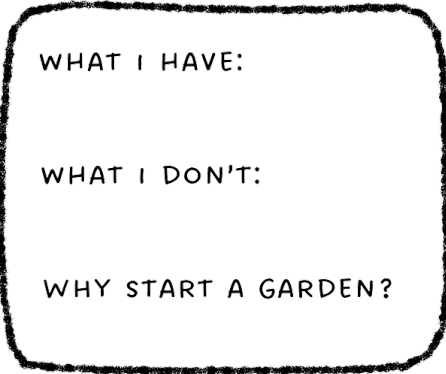
**DINE IN, CARRY OUT,
& DRIVE THRU**

EarthDance's Tips For Planning and Planting your Garden

March is the time to start planning and planting your garden—whether in your patio flower pots, in your backyard, or at a community garden, we believe that gardening is possible everywhere with the right planning.

Here are some gardening basics from amazing EarthDance farmer Jena Hood! Jena will be coaching our Spring Training for Gardeners course series this March - April. Check out more details about Spring Training at the end of this article!

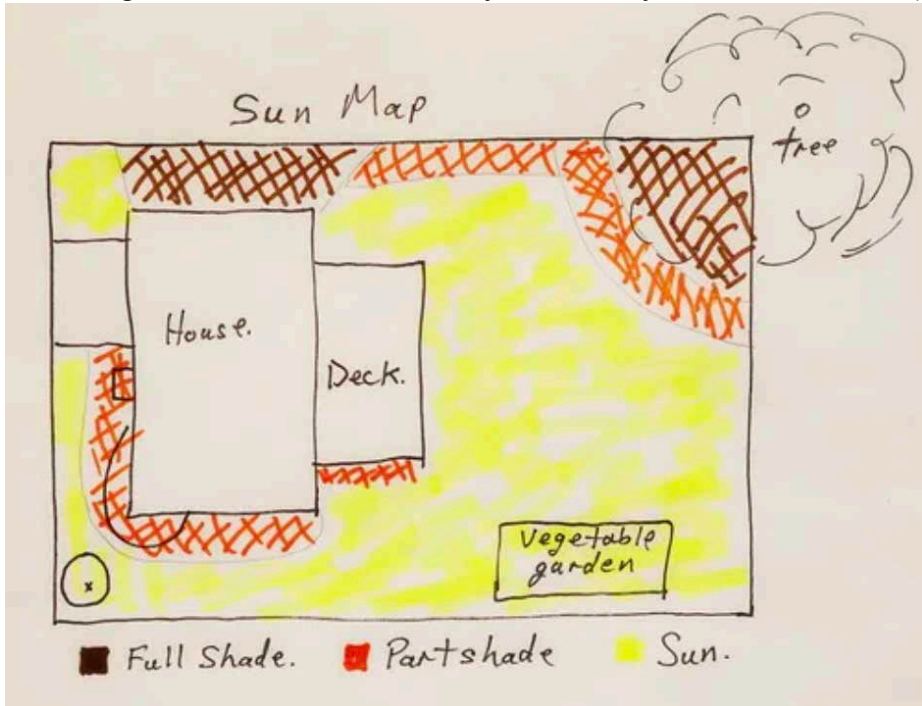
Establishing your “why, what, and how” are crucial for brand new gardeners. We encourage you to take the time to sit down and write out these three categories. Why you want to garden sets your purpose: maybe you want to help feed your family more healthy fruits and vegetables, or connect with your neighbors, beautify your space, or get outside and move more in 2026.



Try this writing exercise to set your gardening goals.

Your “what” brings you back to reality by asking “What do you have to work with?” You might have old bags of leaves, a patio that gets lots of sun, a garden hose, eager-to-learn children or grandchildren, or extra free time to research and develop your skills.

Planning how you will build your garden is usually the most involved part of the process. Mapping your garden is Farmer Jena’s suggestion. Over the course of a weekend, try paying attention to the sun patterns in your planned garden space. Identify where there may be full shade, partial shade, and full sun. Somewhere that receives at least 6-8 hours of full sun a day is your best bet. It’s important to also identify where you have water access, trees, hard or uneven surfaces, soil quality/type (many city lots are built on top of old structures which may leech heavy metals into the soil!),



Create a “sun map” of your space to decide where to put your garden and what to plant



For some seeds, it's the perfect time to start germinating indoors!

and most importantly: effort. You may need to dig up rocks or roots, build a fence to keep out deer and other critters, or cut down an invasive bush.

Gardening is a marathon, not a sprint—it’s best to start small so you don’t get burnt out too early. Maybe this year you just start with containers to learn the ropes, before building a raised bed later down the road.

Now what to plant? Consider the availability of veggies at your grocery store. Maybe you want to grow tomatillos instead of cabbage or carrots, which are readily available. Certain veggies are far superior when homegrown, it’s almost a shame not to consider them (we’re thinking of garden lettuce and tomatoes). Also, homegrown herbs are far less expensive than grocery store herbs.

Be prepared to take care of your plants throughout the growing season. Going on a summer vacation? Remember that tomatoes and zucchinis are growing strongest in the middle of summer. If you’re gone part of the summer, you need someone to look after the crops or they will suffer. Or, you could just grow cool-season crops such as lettuce, kale, peas, and root veggies during the cooler months of late spring and early fall.

As a beginner, consider growing vegetables that are not only easy to grow but that are also really productive. Cucumbers, squash, beans come to mind. Broccoli, while delicious, is not the most productive garden vegetable in our climate; it’s a cool season crop that takes a long time to grow, and you only end up with a small return in the way of usually one head of broccoli.

Are there certain vegetables that are particularly meaningful to you? Farmer Jena has fond memories of picking okra with their grandma. “We’d sit around the table, learning how to cut it up to put in the freezer so we’d have okra year round. I’ll always grow okra in my garden not just because they’re delicious and beautiful plants, but because of the memories associated with it.”

This information and more are explored in the first two classes of our Spring Training for Gardeners program! Registration for the Full Course (and Full Course plus!) ends on 3/18 but a la carte classes are available throughout March and April. All classes are available at a Pay What You Can rate! More information at earthdancefarms.org/farmers/spring-training.



A delicious homegrown tomato can be the first big milestone for many gardeners.



If you're thinking of building raised beds, try the EarthDance “Bed Building Basics” class this spring!

FERGUSON TWILIGHT RUN

5K★10K
1-MILE FUN RUN

March is a good time to START training for Ferguson Twilight Run **Race partner Big River Running Company to host 5K, 10K training**

Ferguson, MO – **Is running or walking Ferguson Twilight Run something you want to do, but not sure how or where to start?**

We can help through a program called Start Training And Racing Today, or START, with Big River Running Company. START is for people who are new to running and walking, or who want to get back into a routine after taking some time away, and for people who want structured and fun ways into fitness. There are two levels of START – a 5K program and a 10K program.

The program is free and requires registration. The first session is March 7. Learn the details about START 5K and START 10K so you can lace up, train and cross the finish line at your pace!

Ferguson Twilight Run

Ferguson Twilight Run is Saturday, May 16, 2026. Runners and walkers of all abilities will enjoy one-mile, 5K (3.1 miles) and 10K (6.2 miles) distances on routes that are USATF-certified by Big River Running Company.

- The race starts and finishes at Plaza at 501, located at the intersection of Florissant Road and Suburban Avenue.
- Festivities start at 4:30 p.m. and end by 10 p.m.
- Race times will be announced in the coming weeks. Check fergtwilightrun.com for details.
- Participants receive a T-shirt and finisher medal; age-group winners will receive customized awards.
- Baby joggers/strollers and service dogs are welcome, but pets must stay at home.
- Register at fergtwilightrun.com. You can sign up as an individual, create a team, join an existing team, or be a virtual participant.

Follow Ferguson Twilight Run on Facebook, Instagram, X and YouTube for information about course routes, street closures, packet pick up, registration, announcements, volunteer opportunities and more.

Donnie White Sr. Memorial Beneficiary Award

The Donnie White Sr. Memorial Beneficiary Award donates proceeds to nonprofits in North St. Louis County. Named in memory of race planning committee member Donnie White Sr., we remain humbled and honored by his leadership and support for Ferguson Twilight Run. With the blessing of his family, we are grateful to share his spirit with the nonprofit organizations in our community.

To date, more than \$140,350 has contributed to local programs and services that are committed to impacting positive, healthy outcomes. Past beneficiary recipients include Emerson Family YMCA, EarthDance Organic Farm School, A Red Circle, Girls on the Run Ferguson-Florissant School District and Strength and Honor Mentoring and Tutoring.

Become a Sponsor or Vendor

Sponsors and vendors make a strong community impact at Ferguson Twilight Run. There are opportunities for area businesses, community organizations, family groups and individuals to support Ferguson Twilight Run as a sponsor or vendor.

Learn more about sponsorships at fergtwilightrun.com.

History

Ferguson Twilight Run debuted in May 2010 as the first evening race in North St. Louis County. The run/walk encourages a sense of community while supporting a common interest. Proceeds are donated to nonprofits in north St. Louis County that promote the healthy and sustainable benefits of fitness.

CONTACTS

Dwayne T. James, 314-325-2197 racedirector@fergtwilightrun.com
Nez Savala, 816-678-9071 miss_tv@yahoo.com

The Vine Educational Workshop Series, “Do you know...”

Spring 2026

St. Stephen's & the Vine Episcopal Church Ferguson
33 Clay Ave. Ferguson, MO 63135 314-521-0138
www.ststephensandthevine.org

Come join us as we gather speakers and information to share with our friends and neighbors! As we kick-off our inaugural Workshop Series, “DO YOU KNOW...”, we offer an informal and relaxed setting, in the heart of Ferguson, for our neighbors to drop in and learn about valuable community resources that can improve the quality of life through expert speakers addressing topics relevant to our community. Through the expertise of these community partners, we can bring resources to improve and strengthen our community.

Our First series will focus on Education, Housing and Personal Finance. Depending on the success, interests and feedback expressed in surveys and conversations we receive from the spring series, we hope to continue offering relevant workshops in the future.

March 11, 2026, 6:00 to 8:30 p.m.

The first workshop, **“Do you know about the A+ Program?”** This session is ideally suited for prospective Middle School age teens & their parents.

UMSL Advisor, Dr Tchule Moore, UMSL School of Social Work- The A + program allows participants to earn an associate's degree, receiving two years of education at a community college, that is transferable to a bachelor's program. Unfortunately, not many students take advantage of this program. Despite the name, students are not required to earn straight A's, but this program does utilize ALL four years of a student's high school experience.

March 25, 2026, 6:00 to 8:30 p.m.

The second workshop, **“Do you know how to apply to a University, College or Trade School?”**

University of Missouri- St. Louis Panel consisting of Zak Tierney, Assistant Director in Admissions, along with an Academic team of Administrators at the University of Missouri- St. Louis This presentation will discuss the challenges to completing the application and essay, applying for Financial Aid, registration & preparation for taking the SAT/ACT entrance exams and other considerations relevant to pursuing an education after high school.

April 15, 2026, 6:00 to 8:30 p.m.

The third workshop, **“Do you know how to purchase a home?”**

April 26, 2026, 12:00 to 1:30 p.m.

The fourth workshop, **“Do you know the components of End-of-Life preparations?”**

May 20, 2026, 6:00 to 8:30 p.m.

The fifth workshop will be **“Do you know how to create a personal budget, the significance of your credit score and how to communicate and discuss financial matters with loved ones?”**

Laura DeVore Watt, M.Ed.

University of Missouri-St. Louis
wattl@umsl.edu

St. Stephen's and the Vine

Neighborhood Leadership Academy Final Project Fall 2025

laurawatt1206@gmail.com



March is Pet Anxiety Month

Is your pet feeling stressed, anxious, or overwhelmed?

You're not alone! Anxiety in pets is more common than you think, and it can show up in many ways:

- Excessive pacing
- Hiding
- Loss of appetite
- Destructive dog chewing/cats biting
- Shaking, whining, heavy breathing
- Excessive meowing or barking
- Clinginess or fear of being alone
- Scratching up the furniture
- Not using the litterbox



OUR HECTIC LIFE. Our lifestyles are becoming more and more hectic and we oftentimes don't even notice the effect our stress has on our pets. Pets naturally pick up our energy. Have you ever noticed that if we are extremely sad, our dog stays extra close to us. Sometimes even licking tears running down our cheeks. If we are excited, our pets share that joy with extra tail wags and smiles. Cats do, too. Most of us experience a crazy busy life with stress at our jobs, deadlines, even irritating traffic. And fireworks, moving, and spats with our spouses or children cause tension. If there is screaming and fighting in your home, you will often times find your dog or cat hiding in a closet or cat hiding under a couch. Knowing all of these things gives you another reason besides us wanting peace, to work on a less stressful home environment for your dogs and cats.

PHYSICAL CONDITIONS. Signs of stress in pets can also be linked to underlying physical health conditions, for example muscular or arthritic pain, dietary sensitivities or skin problems, to name just a few. They can also be the cause of physical disorders, such as stress cystitis in cats. So, if your dog or cat is suddenly displaying signs of stress, a visit to your veterinarian is the first place to start. Our wonderful neighborhood veterinarian, Ferguson Animal Hospital, would be happy to help. You can reach them at (314) 524-0707.

PREVENTION. Prevention is always better than cure and there is a lot you can do to socialize and acclimate your dog or cat to all the things they may come across later in life, that may cause stress. Start early to provide as many positive life experiences as possible, done in calm, gentle ways, being careful not to overwhelm your pet. Make sure that they are enjoying each experience. This will help your furry companion form positive associations with these things so that they are able to cope well with them when they are older.

There are some simple things that you can do to help keep the energy positive and peaceful at home, aside from being at peace ourselves.

MUSIC or TV. Did you know that soft, soothing music can promote peace? There are some great tunes on YouTube that are specifically made to keep your dog or cat at peace and relaxed. And playing these tunes may even help you become more relaxed and help keep a positive mind set. Search for dog and cat calming music on the internet. Or even leave the TV on. Animal Planet is a good choice. And did you know that cats really do LOVE to sit in front of a big screen tv or laptop computer watching videos of birds or a fish tank. There are special videos online made just to entertain your cat for hours on end.

CATS GET LONELY & BORED, TOO. Although there are many memes about cats being more independent than dogs, cats definitely do get lonely and bored when you are away, especially if they don't have another cat buddy to hang out with. Providing cats with lots of toys, scratching posts, high perches and sunny windows with soft fuzzy blankets will make a huge difference in their wellbeing when you are away. You can find some pretty great interactive cat toys on Amazon for some much-needed activities to help keep your cat busy and mentally well.



I HAVE ANXIETY.

SEPARATION ANXIETY. If your dog displays signs of separation anxiety, freaking out when you leave the home, there are methodical ways to help them overcome this fear of abandonment. When we bring home a new dog or cat, changing a home environment can be very overwhelming to them. And many of these animals come with baggage such as fear of abandonment. Or being kept in a cage too long. This link can help you help them with lasting solutions for overcoming the fear of being left alone. <https://www.wikihow.com/End-Dog-Separation-Anxiety-With-Desensitization>

SEPARATION ANXIETY REHAB: It's a long process but will absolutely

work and is worth the time and effort in the long run, to help cure their separation anxiety for good.

Here is how. Get into a routine before you leave, to prep your dog and signal that you are leaving. Put on the tv, give them a special treat, and tell them you will be right back. Do this for just a minute or so at first, even if you just go to your car and come right back inside. You can set up a camera to see what your pup is doing as well. As soon as they get upset (give at least 30 seconds), come right back in and don't make a fuss. Increase the time as your pup increases their calmness. REPEAT OVER AND OVER.

It will take time and repetition but it WILL WORK. If you leave pup too soon, and force the separation anxiety, it will worsen and it will trigger even more anxiety. Continue to follow these steps over and over, for days and weeks extending the time that you are gone. This is basically reassuring them that you will be back and are not abandoning them forever.

Another great thing to do is to make a safe space for them, such as placing an ottoman in front of a front facing window so they can watch for your car and your return.

FEAR OF BEING CRATED or CAGED. If you force caging your dog and they have crate fear along with severe separation anxiety, they will likely completely freak out in a kennel and it likely won't get any better. Being locked away is too much for some dogs to handle because of their past baggage. You have to work through the fear and get to the root cause. Desensitizing really works!! Also think outside of the box. Set up a heavy-duty pen in your living room next to a window so that your dog doesn't feel so boxed in. This really does make a difference. You can find "dog pens" on Amazon in many different heights, sizes, and even extra heavy-duty pens, too for those bigger dogs.

They will eventually do so well with being able to watch out the window, knowing that you WILL return, that their fear will be gone because they know you are coming back.

Before you leave, plan to give them a good bit of exercise too. If you get their energy out before you leave, this will help them find their peaceful state of mind, much easier. And leave a KONG, frozen overnight, filled with Greek yogurt or peanut butter to give them something to do while you are away.

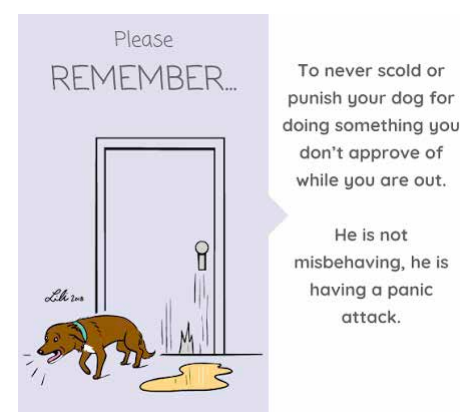
DOGS & CATS ENJOY HAVING ANOTHER DOG OR CAT FRIEND. As the popular oldies song by "Three Dog Night" goes, "One is the Loneliest Number". And it's true. Adding another dog or cat friend to your family can really help, too. Most dogs and cats are social animals and if they have a dog or cat buddy to hang out with, especially when you are gone, will provide them with much needed company to share life with. We have our busy lives that we live, work, church, gym, etc., and all they have is being left alone at home, while we lead our busy lives. I always think that 2 is much easier than 1. NOTE: Of course, bringing home a dog or cat friend for your dog or cat requires important introductions to guarantee a successful experience.



Go to our website here and click on the IMPORTANT TIPS tab: Fergusonanimalcoalition.org

So, the next time you must leave the house to live your life, make it as positive of an experience as possible for your dog or cat. And when you are home, keep in mind the mental effect that yelling, playing super loud music or even having underlying tension may have on your companion animal. They feel stressed just like we do.

Ferguson Animal Coalition
Dara Ashby
E: dara@fergusonanimalcoalition.org
W: fergusonanimalcoalition.org





Body Language of Feline Anxiety



Slight crouching



Major crouching

More Subtle Signs of Fear & Anxiety



Dilated Eyes



Ears Turned Back, Furrowed Brow



Staring, Focused on Object



Hiding, Looks Half Asleep



Laying on Side, Tail Flicking



Hair Raised, Staring, Ears Turned Back



Walking with Flat Back, Tail Down, Head Down



Ready to Jump Off Perch



Suddenly Grooming, Excessive Grooming

© 2010 Veterinary Information Network

Welcome to the Neighborhood - Ferguson Chophouse

Continued from Page 1

Kirk and Kevin will be opening with dinner only, Thursday through Monday from 4:30pm to 10:00pm. They will be closed on Tuesday and Wednesday. The back patio will open up once the weather gets nicer later in the spring. At the same time, they will also be open for lunch. The downstairs room is being refinished for private parties, business meetings and functions that can accommodate up to 60 people. This area will be ready later in March.

Kirk was asked by others why not just call the restaurant Chophouse? He said it is fitting to call it the "Ferguson Chophouse" as he is proud to open an upscale restaurant in Ferguson.

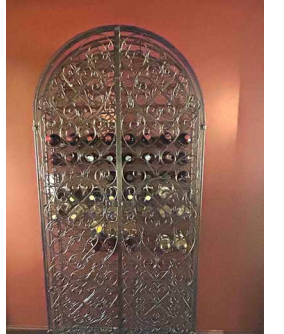
From drinks to desserts and everything in between there will be something for everyone at the Ferguson Chop House. So, make plans or reservations to come out and show your love and support to Kirk, Kevin and their staff for their commitment to our community.

Ferguson Chophouse,
242 S Florissant Road Ferguson Mo. 63135
314--455-3720

website fergusonchophouse.com

Bon Appetit!

Story by Bob McGartland



SIGNS

Your Cat May Be Dealing With

Separation Anxiety

DON'T PANIC!

Helping Dogs With Separation Anxiety

- 1 UNDERSTAND:** Separation Anxiety is like a panic attack.
- 2 REMEMBER:** An anxious dog is not giving you a hard time. He is having a hard time.
- 3 RECOGNIZE:** Dogs communicate stress via body language.
- 4 IDENTIFY:** Learning history (cargo shipment, schedule change, singleton pup, etc) and genetic factors which contribute to separation anxiety.
- 5 USE:** More than single factor solutions like a crate and a Kong.
- 6 RESOLVE:** Use a desensitization protocol.
- 7 SUPPORT:** Work only with positive reinforcement.
- 8 THINK:** Teamwork – collaborate with your veterinarian, trainer, and other support.
- 9 KEEP TRACK:** Data helps see the non-linear progress.
- 10 IMAGINE:** Relaxation is possible!

positheanimalwellness.com

IN MEMORIAM

Dorothy Jean Seiter
1934 - 2026



Dorothy was the heart and soul of the former Ferguson Times

Dorothy Jean Seiter, 91, of Ferguson, MO passed on February 16, 2026. Born on December 23, 1934 to Joseph and Jane Meiners. Dorothy was sister to six siblings and aunt to 50 plus nieces and nephews. (give or take)

Dorothy was passionate for life. She loved Martinis, Family, Ferguson, the St. Louis Cardinals, her country, which you could see in her red, white and blue décor, reading, and an occasional martini.

Dorothy was preceded in death by her late husbands, Ted Lammert, married May 5, 1956 and Roman (Bud) Seiter, married January 14, 1977.

Upon marrying Ted, Dorothy moved to Ferguson where she began her life as a Mother to six; Ann (Robert) Stephenson, Jean (Bob) McCarty, Don (Dodie) Lammert, Laura (Kurt) Cavin, Ed (Erin) Lammert, and Ellen (Bob) Smith, Grandmother to 15; Justin, Michael, Simon, Sam, Nikki, Denny, Jason, Sonya, Kyle, Kaley, Ryan, Jenny, Shawn, Mandy, and Tim, and Great Grandmother to 15.

Dorothy worked at McDonnell-Douglas, Goodwin Brothers Printing Co., and Wetterau, Inc before opening her advertising business, Cider Studios. After closing Cider Studios, Dorothy freelanced for SuperValu before going on to publish the Ferguson Times for 20 years before retiring at the age of 86.

Best Dorothy Quote: "There's more to life than just work".

Service will be held at St. Elizabeth Ann Seton Catholic Church in St. Charles, MO on March 3rd, 2026. Visitation, 10am, with a service to follow at 11am.

Dorothy strongly believed in keeping libraries an integral part of everyone's lives. In lieu of flowers, contributions can be made to the Ferguson Municipal Library.

In closing, when Dorothy was finished with her day or when the ice clinked in the bottom of her martini glass, she would sing "Show me the way to go home, I'm tired and I want to go to bed. Had a little drink about an hour ago and it went straight to my head."

"Goodnight Dorothy"



What is Raghib Drinking?

By Raghib

I get asked a lot of questions about wine. Some of my answers are simple and some are more complex. For this month's column, I want to share with you some of the questions about wine that I am asked and provide you with some answers.



Q: What is the best bottle of wine you have ever tasted?

A: Well, there are a few. This is not an easy question to answer because I have had some excellent bottles of wine. I will limit my answers to those available domestically that you can access without a wine club membership, because I want my readers to enjoy wine that is accessible to them. The two that come to mind are Pas de Cheval Finale 2021 and Opus One 2006. Both are Cab and they were absolutely perfect.



Q: What wine would you recommend for a beginner?

A: If you have never tried wine, Missouri wines are a great place to start. My introduction to wine was St. James Sweet Velvet Red wine. It was inexpensive and really started me on my wine journey.

Q: What is the most that you have spent on a bottle of wine?

A: Nope (LOL). I can't answer that question (LOL). Someone else reads these articles too (LOL).

Q: Is decanting wine necessary?

A: I always recommend decanting (if you have a decanter) or uncorking your wine and letting it sit. How long you let your wine decant or sit will depend on the type and age of the wine. I have let older bottles of Cab decant for hours and newer bottles sit for 15-30 minutes. Oxygen plays a very important part of releasing the compounds in the wine and enhancing the flavor. Additionally, for older bottles of wine, decanting allows you to separate the wine from the sediment that accumulates at the bottom of the bottle over time.



Q: I've read that you need different wine glasses for red and white wine. Is that true? Do wine glasses make a difference?



A: Wine glasses can make a difference. I liken wine glasses to cutlery. Yes, you can cut a nice steak (from Paul's market) with an average steak knife, however, a nice high quality Zwilling steak knife will enhance your experience. As a general rule, white wine glasses are narrower and have smaller bowls. Red wine glasses are rounder and have larger bowls. Now, if you want to go down the rabbit hole of wine glasses be prepared because there are wine glasses for the different types of red and white wines. However, there is a universal wine glass for white and red wine wines that I highly recommend. The Glasvin Universal Wine Glass can be on the expensive side, but it is well worth it.

They come in sets of two and you will spend about \$80.

Q: I am on a budget and I am getting more into wine. Are there wines that taste good but are easy on my pockets?

A: Yes. Spanish reds are great tasting and will be easy on your pockets. Laya is a good introduction into Spanish reds. It's a blend of Garnacha and Monastrell grapes. You can buy it in most places for under \$10.



Q: What gives red wine its color?

A: Not to get into the weeds, but red wine gets its color by being fermented with the grape skins, white wine gets its color by being fermented without the grape skins, and rosé gets its color by briefly being in contact with the grape skins.

Q: Do you receive any type of compensation from the wines that you recommend in your column?

A: No. The wines that I recommend in this column are wines that I love.

Q: Are wines with screw caps inferior to wines that have corks?

A: The short answer is no. Both screw caps and corks prevent wines from going bad. However, if you are collecting and storing wines in a cellar to enjoy at a later date, wines with corks may be better long term.

Happy Tastings!



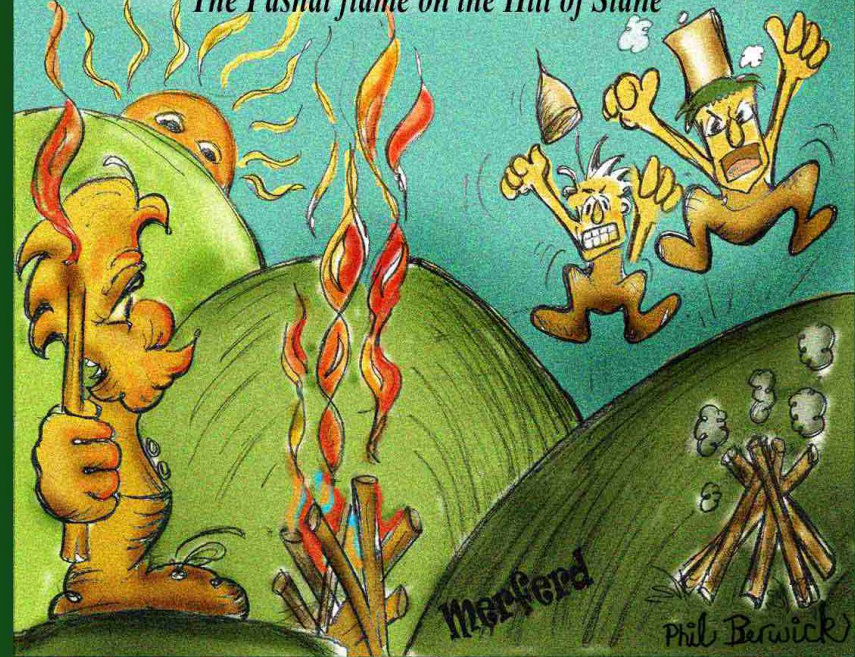
The legend of St Patrick driving snakes out of Ireland is partially true.

HE DROVE OUT THE DEMONS

FRIENDS OF THE PAPER PAGE By Phil Berwick



When Patrick lit the Fire of Christ The Pashal flame on the Hill of Slane



To help Keep this paper, become a monthly 'FRIEND' For electronic payments call 314-524-3440 and ask for Danielle, or mail checks to Ferguson Newspaper Group 312 Calverton Road St Louis Mo 63135

The Author/Artist is an Arborist & Abolitionist, freeing kids in Pakistan from bonded labor. See FreedomCry.Life

Wendell Phillips 'Phil Berwick 'Phil' 314-568-8367

freedomcryinfo@gmail.com Merferd.com

Financial Focus – Fifty Years Ago, not much different.

By Joan Cleaveland (cleav73@gmail.com)

Lindenwood University – BA Business Administration

Most people I talk to are worried about the economy and feel that things in our country are worse than they have ever been. As someone who has been around for a while, I recall other times when we've had similar feelings. About fifty years ago the country was in crisis – we had just pulled out of the Vietnam War, inflation was ridiculously high, we just went thru the political scandal of Watergate and our dependence on foreign oil was driving the costs of energy sky high. While the racial strife and riots from the 1960's had subsided, in the aftermath we had to adjust to changes being made to level the playing field for all. The era of separate but equal was over. Social policies to improve education, health, housing, race relations, crime, transportation and welfare reform were the main focus. Hindsight is 20/20 and looking back on many of the changes implemented we can now see they did not have the intended results. The political climate was quite different than today and while both sides didn't always agree, it did seem that there was more civility. A little more civility could be the key to moving us towards some common goals.

When things are somewhat chaotic, people worry more. For those just graduating or going off to college, employment may be an issue. Choosing a path and the right studies to prepare you for an uncertain future can be troubling. Fifty years ago we didn't have the internet or social media and changes happened slower than they do today. Going from a rotary dial phone to a push button phone wasn't a great leap, it was an easy adjustment. Today our phones seem to be a part of us and are updated on their own pretty often. Getting used to the new updates can be challenging for many of us. And those in an established career choice, may have worries about Artificial Intelligence or jobs being eliminated with other efficiencies. And planning for a future retirement has many thinking about the social programs that exist today – will they be different or non-existent in the future? And of course, the currently retired wonder how long they can depend on social security. So things may feel bleak to those who haven't experienced the way things were fifty years ago.

The way to deal with difficult times is just the tried and true guidelines for everyone, have an emergency fund, get and keep a job, always be learning and live within your means. Hope for the best and prepare for the worst! Not sure who said that, but it has been around for a long time and pretty much sums up the goal for all of us. As I've mentioned in previous columns, the one thing everyone should have is an emergency fund to help you weather the hard times. Often people don't believe they can live on less and suggest there is nothing left at the end of the month to put into savings. So this is why we often hear that a family today would not be able to handle an unexpected expense of \$400. And this is why the insurance industry has got in the game of covering these unexpected expenses with policies to solve this dilemma. I haven't signed up for one of these policies because fifty years ago I started putting about \$20 a month into my home & car repair fund. As time passed the amount I would add grew because the costs of repairs grew too. Often I didn't have enough to cover a repair, but what I did have made it less painful. To build up an emergency fund you may have to make sacrifices.

As we look to the future, being willing to do jobs that need to be done while searching for your dream career is a learning experience. Gone are the days of working for the same company for thirty or more years and then retiring. In the service sector, there seem to be jobs a plenty. Every retail store or restaurant seems to be hiring. Some worry that our population is not keeping up with the demand for workers. Another anomaly is that many people believe they shouldn't take a job unless it meets their criteria. Remember income is income and we all need some to survive. If you are just starting out, the experience of working as a team in the retail world can help you later in life. Dealing with customers and providing a service helps develop a proficiency in that field and increases your value in the employment market.

Learning is a life time endeavor, so no matter what you are doing, always be learning. Enjoying your work is a dream for everyone. If you go into your job with enthusiasm, it will show in your effort and may open other doors to new interests. Volunteering in a field you are interested in can help get your foot in the door and give you the knowledge to find out more about that line of work. While you may not get any income, the expertise you gain may help you in the future. Meeting others in that area can also expand your contacts and open up other opportunities for you.

Living within your means can help make you a rich person. Debt is something to avoid and should only be used for major purchases like a home or a car. Taking on debt to improve your education or training for new skills is a wise investment because it can help increase future earnings. At least once a year, everyone should review their monthly expenses and see if anything can be eliminated or reduced. Comparing your monthly income to the expenses can also identify areas that may need to be cut back. And if you do have needs for increasing your income perhaps a second job for a few months can help. In my early years of working I always got extra work at Christmas which made it easier to get through the holidays. Sometimes cutting a few small expenses like coffee on the way to work can really save money for you. And you can still plan some fun in your life by finding ways to make a little extra or look for free events.

While thinking about the last fifty years, I looked at a New York Times article that appeared fifty years ago. It gave a glimpse of what was on the minds of the people. It was an election year 1976 and the Republican Convention was in Kansas City. My first child was born a week before the convention and we lived a few blocks from the convention center. Gerald Ford was the nominee and lost his Presidency to Jimmy Carter. The Times article stated "If the American people are to make the best use of this election year opportunity, it is vital that their choice of candidates be based on substantive programs and not merely personalities, on national debate and not on image-making." So keep in mind, you can survive these times by focusing on the things you can control. And of course, being a good citizen is also on that list, so make the best of your opportunity to vote. If you have any questions or comments you may send them to cleav73@gmail.com.



MIMI'S SUBWAY BAR & GRILL
46 N. Florissant Rd., Ferguson MO
The BEST FOOD in Ferguson!
314-524-6009

ST. PATRICK'S DAY MENU
MARCH 17, 2026

**CORNERED BEEF, CABBAGE & RED
POTATOES PLATE \$9.95**

**CORNERED BEEF & SWISS ON SWIRL RYE
SERVED WITH POTATO CHIPS \$7.95**

BOWL OF RUEBEN SOUP \$6.95

**SUPER SUB (HOT OR COLD): HAM,
TURKEY, ROAST BEEF, SWISS &
AMERICAN ON FRENCH BREAD SERVED
WITH POTATO CHIPS (lettuce, tomato &
mayo upon request) \$12.95**

Note: (regular menu not available)





Under The Hood With Robinwood
By Bob McGartland

Maintenance is EASY Breakdowns are EXPENSIVE!

In today's mobile world, our vehicles have become more and more important to our daily activities. The day has arrived where the investment we make in a vehicle is getting more expensive than what we pay for our homes. Some people's car or lease payments are larger than their house payment or rent. Given this incredible love affair we have with our cars, pickups, vans, and S.U.V.'s, all of us at Robinwood are amazed at the number of vehicles we see that require major repairs that could have easily been prevented with regular maintenance. Without a doubt, the best thing about preventative maintenance is the money and inconvenience it saves you by preventing a very expensive breakdown.

Whether you have been driving your vehicle for days or years, it has an easy-to-follow factory recommended maintenance plan based on the miles you drive. These suggested maintenance services cover all the important areas of your vehicle. Here are 7 common examples of areas you will hear a professional service advisor discuss with you about your vehicle:

1) Have OIL & FILTER CHANGES done RELIGIOUSLY. Let me repeat this, have Oil and Filter Changes done Religiously.

Your engine oil keeps your vehicle operating at the proper internal temperature and lubricates the components. Your oil and filter get dirty, and the oil breaks down over time. Going 500, 1000 or a couple of thousands of miles past that oil sticker on the windshield is asking for trouble.

2) ROTATE YOUR TIRES every 6,000 to 8,000 miles.

All tires wear. Front tires will wear faster than rear tires, so by rotating the tires you will have all 4 tires wear at a much more even rate. When your tires are off, we can see your brakes and inspect them as well. Identifying worn brakes early will prevent a much more expensive repair down the road. Keeping your vehicle in safe operating condition should be top priority.

3) Have your ALIGNMENT CHECKED once a year or 12,000 miles.

Alignments make sure your tires are running parallel to each other and perpendicular to the driving surface and prevent early wear and tear of your tires. Proper alignment is also a safety issue as it prevents your vehicle from drifting right or left while driving and braking.

4) REPLACE WIPER BLADES once a year.

Wiper blades are easy to forget, but critical to your visibility. Worn out blades create streaking and possible smears that impact your view of the

road at the worst time. The sun and environmental elements in our area break down the rubber in the wiper blades.

5) Have your BATTERY TESTED at each oil service.

A sudden and unexpected dead battery is an unwanted problem. In most cases they occur at the worst time possible stranding you some place you do not want to be. Most batteries have a 4-to-5-year life span. Yet we have seen batteries fail as early as one year old.

6) CHANGE YOUR FILTERS inside and out at various mileage intervals.

The air filter prevents contaminates, dirt, debris, dust and other "gunk" from entering the engine. If the air entering your engine is impacted, so is your mileage. The air filter should be inspected once a year. Depending on the types of roads you drive on, air filters potentially are replaced every 20,000 to 30,000 miles.

Does your vehicle have a cabin air filter? If so, it is responsible to clean the air in the passenger cabin before it enters through your heater or AC. Cabin air filters remove pollen, dust and other pollutants. The cabin filter should be inspected once a year. Replace this passenger comfort filter every 15,000 to 20,000 miles.

The fuel filter is the last line of defense removing debris as fuel enters the engine. Over time, these filters get restricted and cause the electric fuel pump to work harder. In turn this can prematurely wear out the fuel pump. Replace the fuel filter every 3 years or 30,000 miles. Many of the newer vehicles don't have external fuel filters so this maintenance isn't needed. We still see older vehicles that have fuel filters that get overlooked.

7) CHANGE THE OTHER FLUIDS the engine coolant, transmission, brake and drive train fluids. These fluids have different service intervals depending on vehicle manufacture recommendations and how the vehicle is used. Example: If the vehicle is towing a trailer, the transmission and drive train fluids would need to be changed more often.

These are the most common areas that require regular maintenance. An annual vehicle physical will help identify if any other maintenance or repairs are needed at that time. At Robinwood we keep computerized records for all our customers and track all services. We will keep you informed of the maintenance issues that should be performed during your upcoming service.

In closing, proper preventative maintenance can be easily scheduled and planned out for your convenience, saves you money, protects your investment for years to come, prevents breakdowns and most importantly keeps you, the owner and all your loved, ones riding in your vehicle safe.

As always, if you have any vehicle issues you would like to discuss, stop in, or give Robinwood a call. Visit us at robinwoodauto.com



FERGUSON CHOPHOUSE

242 S. Florissant Rd
Ferguson, MO • 314-455-3720
Hours: Thurs-Mon, 4:30-10pm
fergusonchophouse.com
"Ferguson's Steak House"

St. Louis Small Jobs Construction

Carpentry	Doors	Windows
Decks	Floors	Roof Repair
Plaster	Drywall	Siding
Gutter Cleaned	Interior Painting	Kitchens
Vanities	Exterior Painting	Sinks
Bathrooms	Bathtubs	Faucets
	Garbage Disposals	

Over 40 years experience Licensed & Insured

Call Today for Free Estimate
(314) 782-0148

LUTHERAN RESALE SHOP OF JENNINGS



6701 W. Florissant at Hodiament
314.389.9970 • Mon - Sat, 10am - 3pm

- Clothing, furniture, housewares, electronics, books, toys, puzzles, uniforms, much, much more.
- All volunteer = proceeds to charity
- Follow FB for Monday specials and unique vintage finds
- Shoppers/donations/volunteers welcome

PAY WHAT YOU CAN TO GROW A HOME RUN GARDEN THIS SPRING!



Retail value:
\$99 Online Course
\$299 Full Course
\$443 Full Course Plus
\$29 A la carte online
\$36 Add-on workshop




SAVE THE DATE:
THE ANNUAL EARTHDANCE
PLANT SALE MAY 1ST - 3RD @ 233 S DADE

www.earthdancefarms.org/farmers/spring-training

God Speaks!

by Doug Neely

MARCH 2026

Once again, our christian church calendar does not mesh well with our "earth standard" calendar. This year, I will use that as additional time to celebrate the coming of lent.

1 Peter 5:6-7 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.

When you humble yourself to God, you submit to Him your all. You accept that you are a sinful being, and only He can tell you what you are doing wrong, and only He can make you see your sinfulness. If you fully accept Him as your one and only God, He will forgive you your sins, and lead you to Him and His will. Let go of this world's sinful nature, and let Him show you His path for you.

Let Him take away your anxiety (or sinfulness). He will make a new person of you, and He will lead you in His ways and protect you, and forgive you of your sins. Yes, He loves you, and will care for you in all of your needs. No one loves you this much.

Ask Him to take you into His arms today, and your life will change for the better, in all ways. You will find true happiness when you put God in charge of your life.

Now, go get baptized to seal the deal!

If you want to learn more, or just discuss any of this, send me an email at: fergusoncomputercorner@aol.com put the phrase I need some God stuff into the subject field, and include your telephone number in the text of your email.

God's love to you and to yours!

Crossword Solution from page 4

	1	R	U	3	F	4	F	5	L	E		6	S	7	P	8	R	9	I	N	10	T	
11	B	E	S	T	I	E					12	F	U	N	R	U	N					W	
13	I	L	A			14	N	A	T	E			16	I	O	T	A					I	
17	B	I	G	R	I	V	E	R				18	T	W	A	S						L	
	19	C	E			20	S	E	D	G	E											I	
22	S						H			23	J	U	N	T	24	A		25	A	26	L	G	
27	H	A	28	R	29	M				31	B	O	S	C			B		32	N	O	H	
33	I	D	E	A						34	E	N	O				35	S	C	O	U	T	
36	R	E	P	E	L			37		38	E	N	D	39	S						R		
								41	O	C	S			43	A	T		44	R	A	C	E	
								46	C	O	U	C	H	T	47	O	F	I	V	E	K		
48	O	R	G				49	H	O	R	R	O	R				C			50	N	E	
51	T	A	R	A			52			53	P	A	C	E			54	S	T	E	55	E	
							56	M	A	L	A	R	I	A				58	S	O	B	I	G
							59	M	E	D	A	L					60	C	L	A	R	I	T
																							Y

TRIVIA ANSWERS

1. 12 seconds
2. Mr. Rogers (his sweaters were knit by his mother)

source: Team Trivia



Georgia Rossel
314-323-7547



Devendra "Max" Ahuja
314-215-1823

Buying, Selling or Investing let us help you with all of your Real Estate needs!



ANDY WURM TIRE & WHEEL

Specializing in Tire & Wheel Packages

201 S. Florissant Rd. • Ferguson, MO 63135

(314) 522-3040

Over 10,000 Tires in Stock!

Over 400 Wheels on Display!



TPMS Experts!



www.andywurm.com



Mon. - Fri. 7:30 - 6:00 • Sat. 7:30 - 2:30

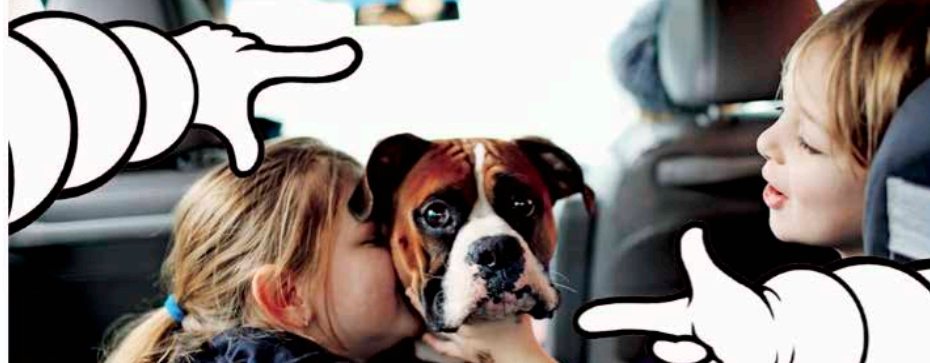


Lose track of the miles with the longest-lasting tire from Michelin, and focus on what really matters – the memories made along the way. Stop in today.

Copyright © 2018 Michelin North America, Inc. All rights reserved. The Michelin Man is a registered trademark owned by Michelin North America, Inc.

FOR THE LONG HAUL AND THE LITTLE MOMENTS.

THE MICHELIN DEFENDER TIRE



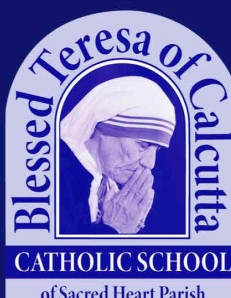
REGISTRATION NOW OPEN

Accepting students for 2026-27

Preschool through 8th grade



- ✓ Catholic Values
- ✓ STEM Initiatives
- ✓ Integrated Technology
- ✓ Community Service
- ✓ Athletics
- ✓ Tuition Assistance



314-522-3888

150 N. Elizabeth Ave.
Ferguson, MO 63135

www.btcschool.org

SCHEDULE YOUR PERSONAL TOUR TODAY!

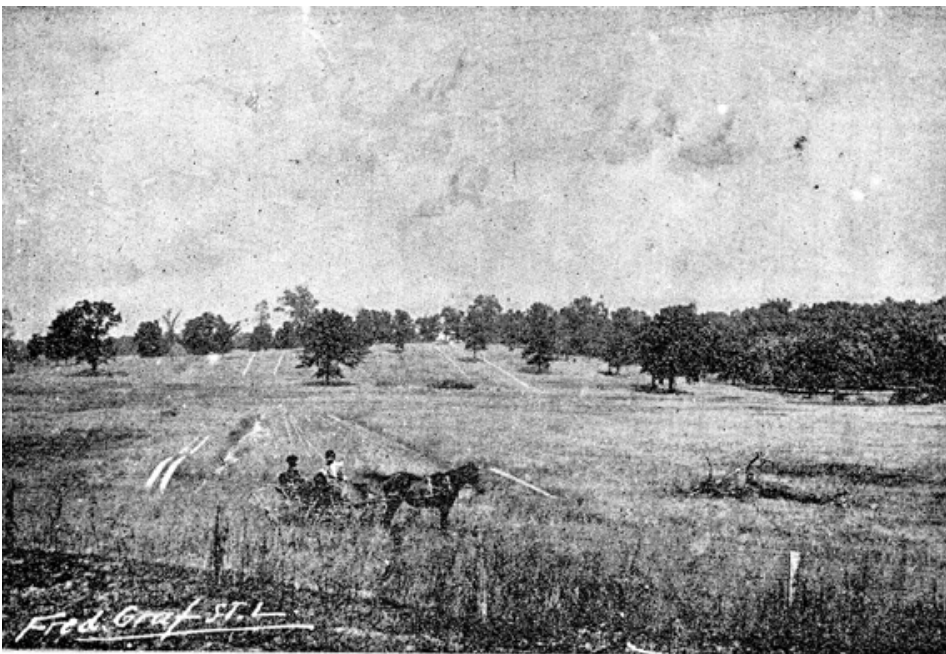
We look forward to welcoming you!

Ferguson Has A History Museum

Ferguson, indeed, does have a Historical Society and a History Museum and we are moving forward with the help of our readers of the past weeks. We encourage any of you reading this article to join in the conversation. Contact information is at the bottom of this article.



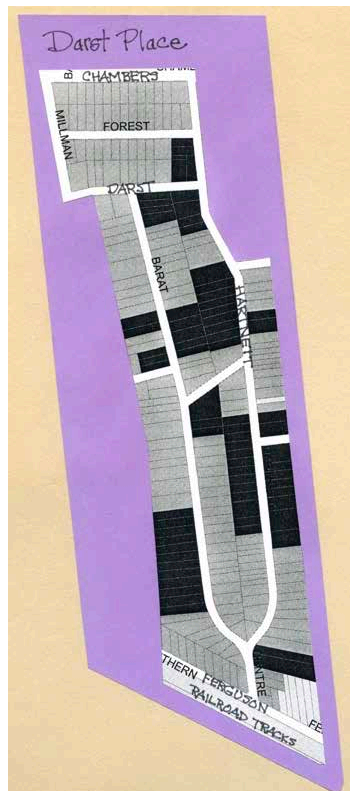
booklet goes on to list a number of the “successful” people who currently lived in Ferguson – you needed to know you were in good company. I went down that list and compared that list with the Ferguson Landmarks Commission’s list of Century Homes. I came up with four homes that are still in Ferguson (and looking good).



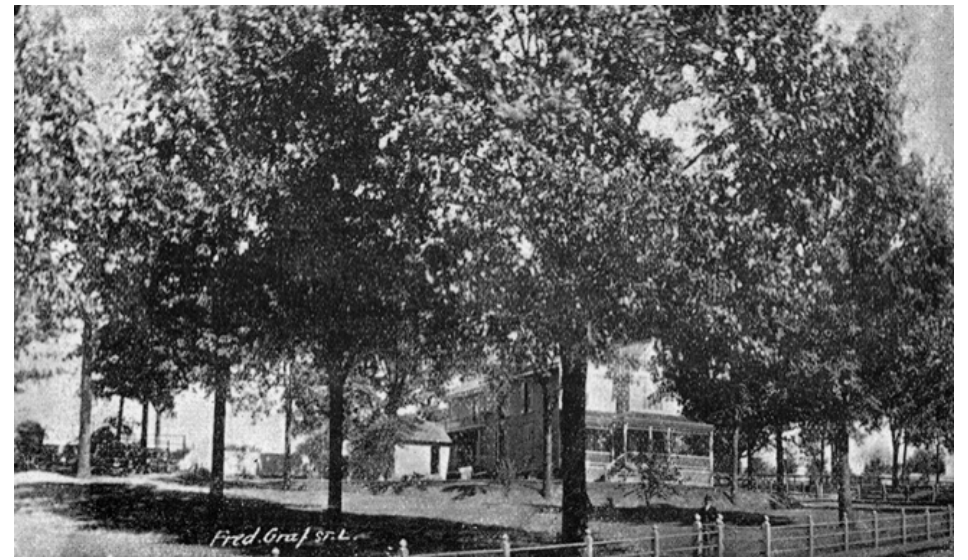
VIEW ON DARST PLACE.

The focus of this month’s article is to continue last month’s article on Darst Place. Darst Place was (actually still is) a “subdivision which goes way back to the 1890’s. It is a fascinating little 4 x 6 advertising booklet, produced in 1891, designed to get people to move to the Ferguson area. It was published by E. S. Guignon & Bro.. Remember that 1891 is just shortly before Ferguson became a formally recognized city (1894). The title is “Suburban Homes – Darst Place”. In this month’s article we are continuing to explore what this booklet has to say, and also what it tells us about the Ferguson area in the early 1890s – still in the days of horse-and-buggy transportation, kerosene lighting, water from wells, outdoor toilets, and coal fired heating. This was also true of the City of Saint Louis – but multiplied there a thousand-fold. Homes only feet apart, the commercial horse-and-buggy traffic with the attending waste, in winter the massive amount of coal smoke along with the noise of daily commerce. The picture of Darst Place shows a pastoral Ferguson field. On page 3 of the booklet, it gives the whole story: *“The suburban home, as now understood, is a comparatively recent innovation, the result of the introduction of the cable and electric railways. The country seat and the summer residence by the sea or in the mountains have always been the concomitants of wealth, but the suburban home is an entirely novel feature of social life.”*

A quick review of where Darst Place is in current Ferguson. It is actually six current streets – Forest, Millman, part of Darst, Barat, Hartnett and Centre. The area is shown on a more modern map to the right. Currently these streets are full of nice, usually brick, middle-class homes built between 1900 and the 1960’s. If you check St. Louis County record’s they will indicate that these homes are part of the Darst Place Subdivision.



As mentioned last month, this booklet does not appear to appeal to lower ranking families. Ferguson at the end of the 19th Century was an appealing place to move your family. The



The home above is the Horace P & Laura A, Coulter Home located on South Clay.



Above is the Home of James & Ida Waters, located on North Elizabeth

Some of the names of these people include the names of several of Ferguson’s streets: Col. Thomas Thoroughman (Attorney), Edward Tiffin (Wabash RR), T. H. Coppenger (Attorney) and C. A. Cunningham (an elevator company) to name a few.



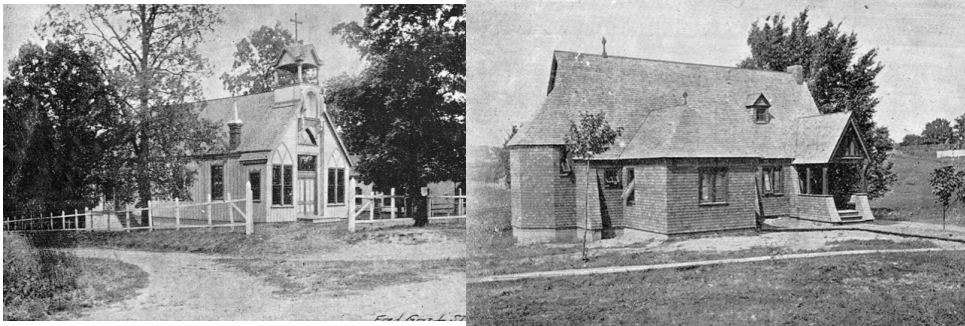
The Home of Lawrence W. Day, located on Hereford.



The house of Dr. George Case, located on Wesley.

The booklet pushed more than “successful” neighbors. Ferguson also had many community assets to provide for the family.

A quality education was a necessity for any family moving into an area. Ferguson had had an education system since 1867. In 1880 Ferguson had a brand-new K-10th grade school – Central School. Ferguson also had churches, including Presbyterian, Catholic, & Episcopal.



And what about water? Here is what the Darst Place booklet says:

“The supply of water for domestic uses should be very carefully considered in determining the availability of any locality for a home. It will not do to buy a home site first and afterwards discover that no water can be had. All suburbs of St. Louis are not equally blessed in this particular, and none in the same degree as Ferguson. There are some localities, not very remote from the city, where, it is said, water has been sold at a premium over beer”

Part of the beauty of Ferguson is that water was readily available – the reason the North Missouri Railroad (later Wabash) located in Ferguson

was the availability of January’s Pond (Wabash Lake). Most residents had a well – and you did not have to drill that deep to get “sweet” water. Most homes had either cisterns or wells or both.

Darst Place would have lots no less than 100’ frontage and 150-350’ deep. Sidewalks and roads free “from any accumulations of mud and water”. Darst Place was planning for its own railroad depot – the Wabash had promised (We haven’t seen that yet) and had 32 trains running daily in Ferguson. The company was also predicting the extension of an electric railroad soon (streetcars – and they did come).

Finally, the booklet states:

Ferguson will soon centralize public attention as the most select suburb of St. Louis, and home sites on Darst Place are desirable not only because of the special advantages and merits of the place, but because they can never depreciate in value. The city is being built westward and prices of real estate must necessarily increase with the growth of population.”
“The terms upon which home sites in Darst Place are offered to the public are only Ten Dollars cash, the the balance in small monthly or weekly payments. If you really want a home in this lovely suburb call and see us”

As we noted last month, that \$10.00 would amount to around \$250.00 in today’s money. Still, not a bad down payment. Next month we will offer a summary of Patricia Washington’s presentation of “From Sundown Town to “Burn It Down”. We will also look into Ferguson’s relationship with “the Mother Road” – historic Route 66, which turns 100 years old in 2026.

Look for the opening of our new website, Fergusonhistoricalsociety.com.

If you have any suggestions, questions, or items to donate to the Ferguson Historical Society, please contact Jerry Benner at fjbenner@mindspring.com. If you wish to become a member or make a money donation, you can send it to Ferguson Historical Society at 716. N. Elizabeth Ave, Ferguson, MO 63135. You are also welcome to visit the History Museum. Please email me at the address to set a date and time to visit. Board meetings are on the third Wednesday at 6:30 PM. Interested people are invited to addend the meetings. We have capabilities to do oral histories and would love to add to our collection on any Ferguson or North County subject. “The Ferguson Historical Society is dedicated to preserving and promoting the history of Ferguson Missouri. Membership is open to all sharing our interest.”

PA ROBINWOOD AUTOMOTIVE & TIRE
 "Automotive repair by people who care!"
 524-3440 • robinwoodauto.com

Celebrating 43 Years of Service

During our anniversary month, let's help our local brothers and sisters in need. Bring this coupon in and receive \$20.00 off any repair or service over \$100.00. For each coupon redeemed we will donate \$43.00 to the local St. Vincent DePaul food pantry.
 (Not valid with other offers. Expires 3-31-'22-28-26)

Premier Plumbing Solutions P8563, D8563

Say "I Love Ferguson" When presented your bill and receive..... \$10 OFF

Lawrence
 Master Plumber / Drain Layer / Licensed / Bonded

- No Service Charge • Free Estimates
- 10% Senior Discount (Maximum of \$50)
- Compare our Price on Water Heaters

524-0222

onyx business & print center
 611 S Florissant Rd, Ferguson, MO 63135
 314.733.5096
 info@onyxbpc.com | www.onyxbpc.com

HOURS OF OPERATION
 Monday - Friday 9a - 5:30p
 Saturday 9a - 12 noon

BANNERS/SIGNS	BUSINESS CARDS	COLOR COPIES	ENVELOPES
PROGRAM BOOKLETS	SOUVENIR JOURNALS	PRESENTATION BOARDS	BLACK & WHITE COPIES
OBITUARIES	LARGE FORMAT	WINDOW PERF	

we print your vision

Limbs R Us

- Tree Removal
- Tree Trimming
- Brush Clearing
- Stump Grind
- MBE/DBE Certified
- Fully Insured w/Workers Comp

314-323-7319

Line art provided by Sharon Nadeau

FAIRWAY CONSTRUCTION

Roofs - Siding - Gutters & More **314 521-0434**

FERGUSON LIONS HALL RENTAL

49 North Clark • 314-226-4077

Picture your Baby Shower, Wedding Shower, Wedding Reception, Graduation Party, Family Gathering, or Other Special Occasions in this spacious hall and large parking area. Holds a maximum of 75 people.

All Proceeds Support Ferguson

Call 314-226-4077 for reservations and more details.

ROBYN L. STRANQUIST
 ATTORNEY AT LAW

101 Darst Road
 St. Louis, Missouri 63135
314-808-5666

LICENSED IN MISSOURI & ILLINOIS

KENNEDY FENCE

8632 WABASH AVE. * ST. LOUIS, MO 63134 * 521-0936

Living Tree Care INCORPORATED

We are in the Business of Saving Trees

Living Tree Care

Trimming
 Consultation
 Preservation
 Removal

314-568-8361

RUUD Ask about rebates on a new furnace & air conditioning system. Call for free quote and analysis.

Ask about our ductless Mini splits for those unconditioned spaces.

KNOWLES Heating & Cooling

We service all brands Phone 521-0284

DRIVEez

Vehicles \$10,000 or Less - Guaranteed Credit Approval - New Options Every Day

APPLY ONLINE
 www.goDRIVEez.com
(314) 227-1395

829 S Florissant Rd, Saint Louis MO 63135

Why do it the hard way?

SPORTSPRINT

TEAM, CORPORATE, AND PROMOTIONAL APPAREL

FERGUSON, MO 314-521-9000
 6197 BERMUDA DRIVE

O'FALLON, MO 636-240-5000
 211 SOUTH MAIN

SPORTSPRINT has you covered! Since 1973.
 CUSTOM SCREEN PRINTING, EMBROIDERY, AND PROMOTIONAL PRODUCTS
 WWW.SPORTSPRINT.COM

A+ rating BBB

HOME IMPROVEMENT SERVICE
 Repairing & Remodeling Specialists

- Carpentry • Plumbing • Electrical • Painting • Roofing • Siding • Ceramic Tile
- Windows • Doors • Decks • Tuckpointing • Concrete • Gutters • Wood Flooring
- Kitchens • Bathrooms • Basements • Leafproof Gutter Protection

Serving all of North County - SENIOR DISCOUNTS

Established in 1977

Big or Small We do it All! Licensed & Insured

MARK & JOE RUFFINO Phone 868-4122 Cell 740-2176